



2009 New Mexico Youth Risk and Resiliency Survey (YRRS) American Indian High School Students

Aggregate Report

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center

Albuquerque Area Southwest Tribal Epidemiology Center



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ACKNOWLEDGEMENTS

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2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS) American Indian

Introduction

This report contains aggregate results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS) for American Indian (AI) high school students.

The YRRS is a statewide survey of public school students in middle schools and high schools throughout New Mexico. The survey is organized into two major content areas: risk behaviors and protective (resiliency) factors, with a smaller section about academic behaviors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others.

How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. For each topic area a set of bar charts compares results for NM AI students to results for the entire state¹, compares the behaviors of AI boys to those of AI girls, and makes comparisons between grade levels among AI students.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there is a comparison between the state and NM AI students, a comparison between AI boys and AI girls, and a comparison of grade levels among AI students. The third section of the report presents results for the resiliency/protective factors among AI students.

NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.

¹ Rates for New Mexico were based on the Centers for Disease Control and Prevention YRBS sample.

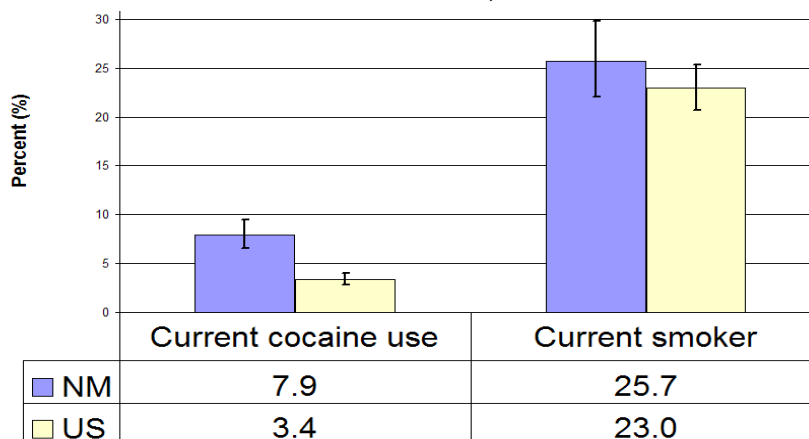
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each risk or protective factor, and provides a quick visual comparison between different groups of students reporting that risk or protective factor. A label for each bar presents the actual percentage of students who reported each risk or protective factor. For instance, the chart on page 17, Personal Safety: Injury, shows that 8.3% of high school students in New Mexico rarely or never wore seatbelts, while 11.8% of American Indian high school students rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. The results in this report are estimates because YRRS data are from a **sample** of students, and not the entire student body. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate of current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

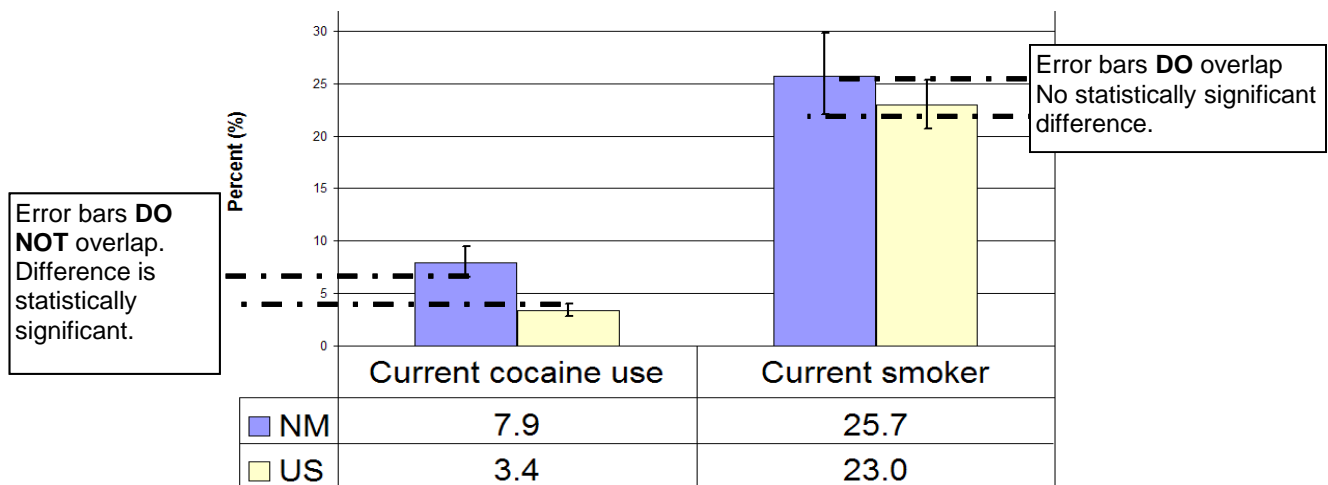
Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005



How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005



Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.

Demographic Information of AI High School Students

A total of 3,977 American Indian high school students participated in the 2009 NM YRRS survey. Students were categorized as American Indian if they reported AI alone or in combination with any other racial/ethnic group. Key characteristics of AI survey participants were as follows:

<u>Profile of students surveyed</u>	<u>Number of students</u>	<u>Percent (%)</u>
<u>Total</u>	3,977	100%
<u>Gender</u>		
Girls	1,942	48.1%
Boys	2,021	51.9%
<u>Grade Level</u>		
9th	1,253	31.5%
10th	1,044	26.0%
11th	913	22.0%
12th	736	20.1%
Other:	19	0.4%

NOTE: Raw numbers may not add up to the total number of students because of missing data. Data are considered missing when students refuse answering any question(s) during the survey.

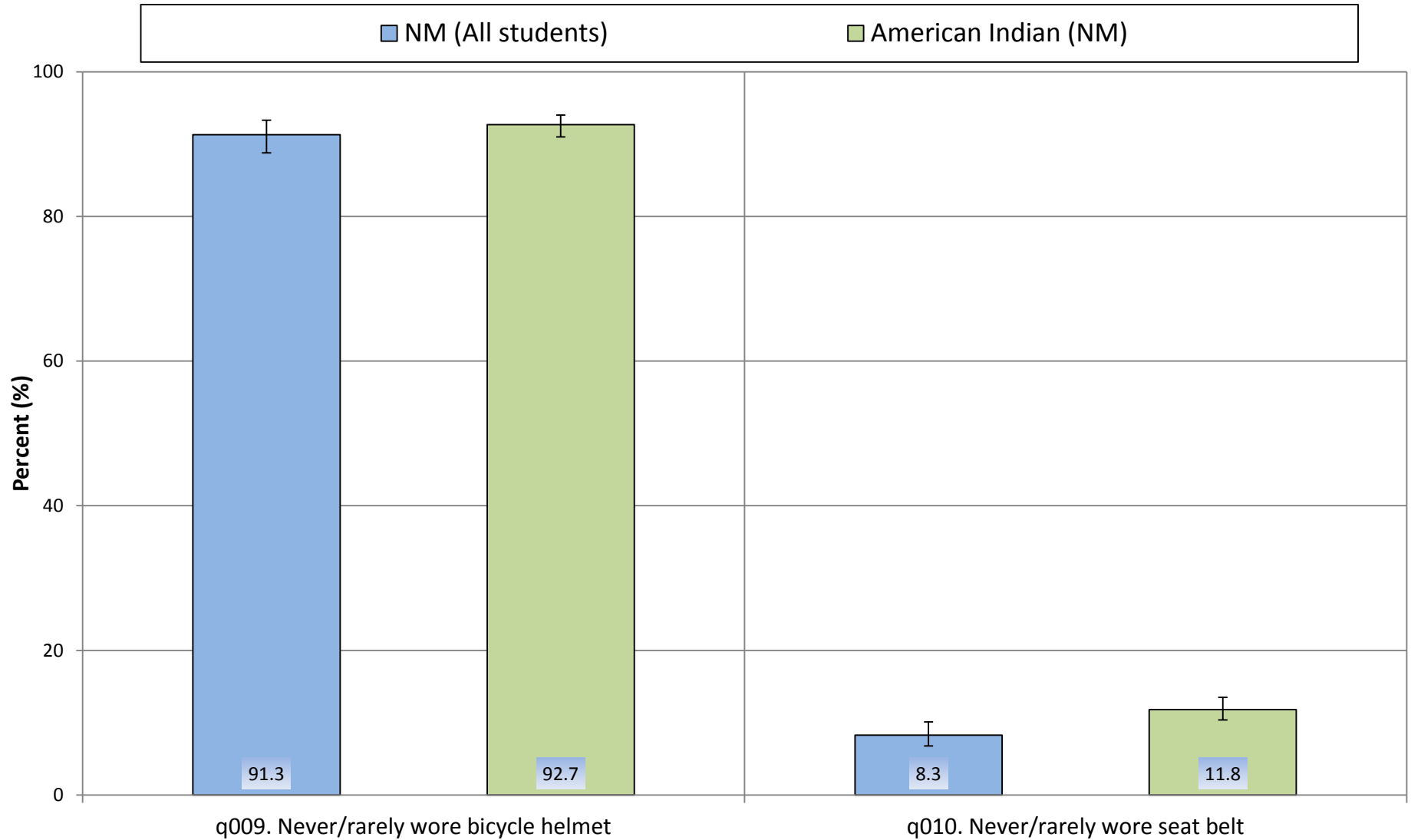
Risk Behaviors

Personal Safety: Injury

Personal Safety: Injury

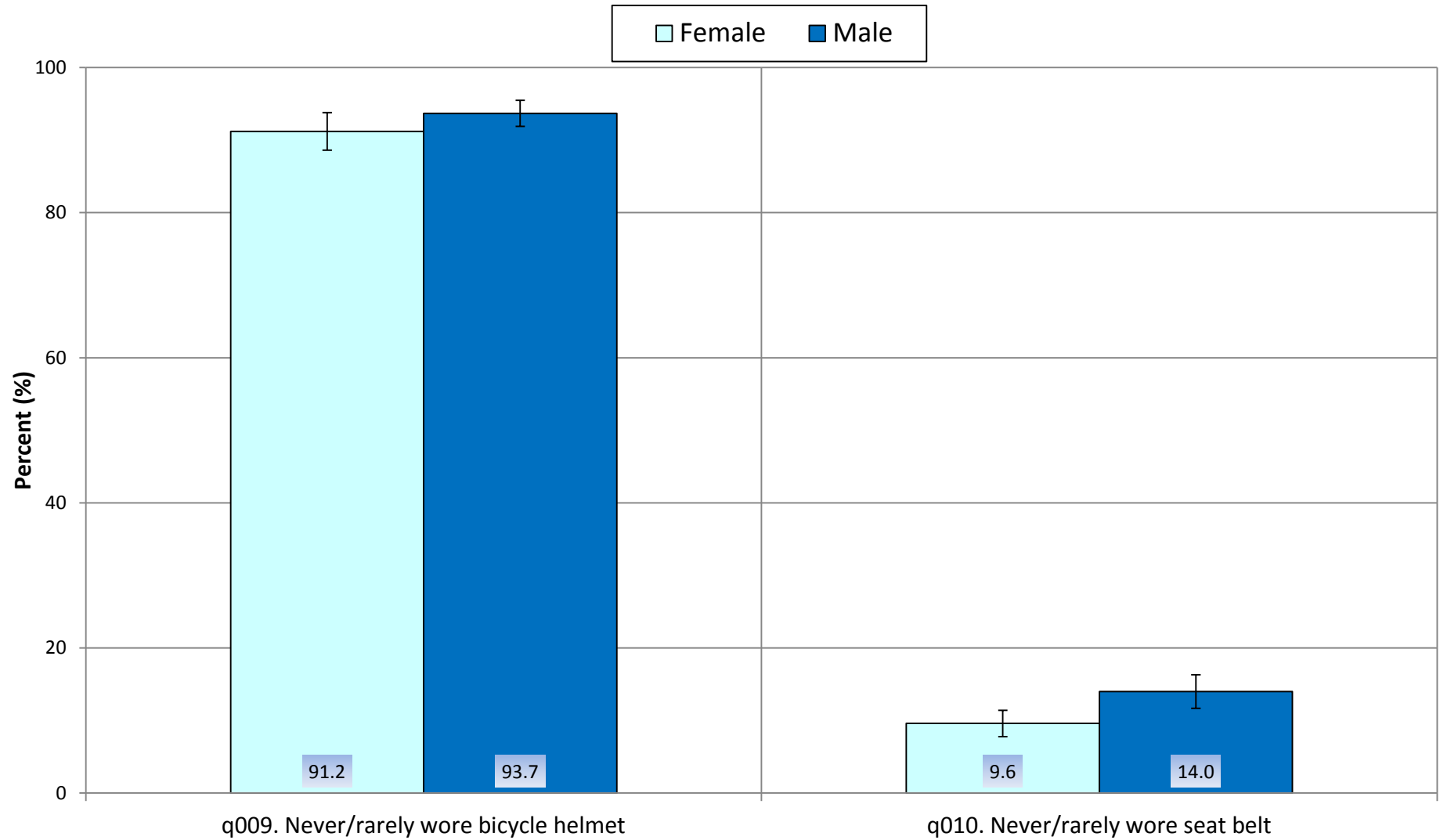
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



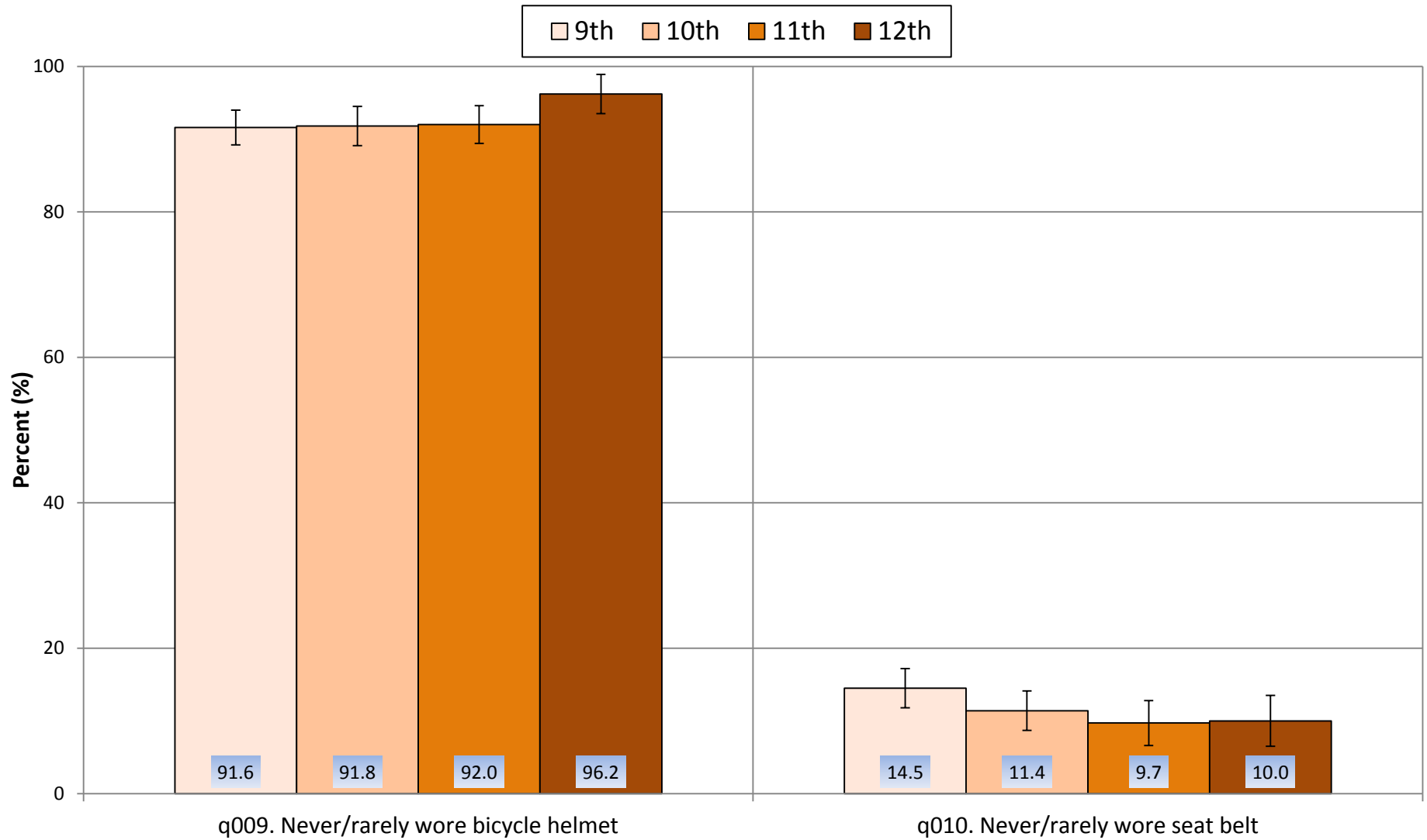
* Among those who rode a bicycle in the past year

Personal Safety: Injury by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Among those who rode a bicycle in the past year

Personal Safety: Injury by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

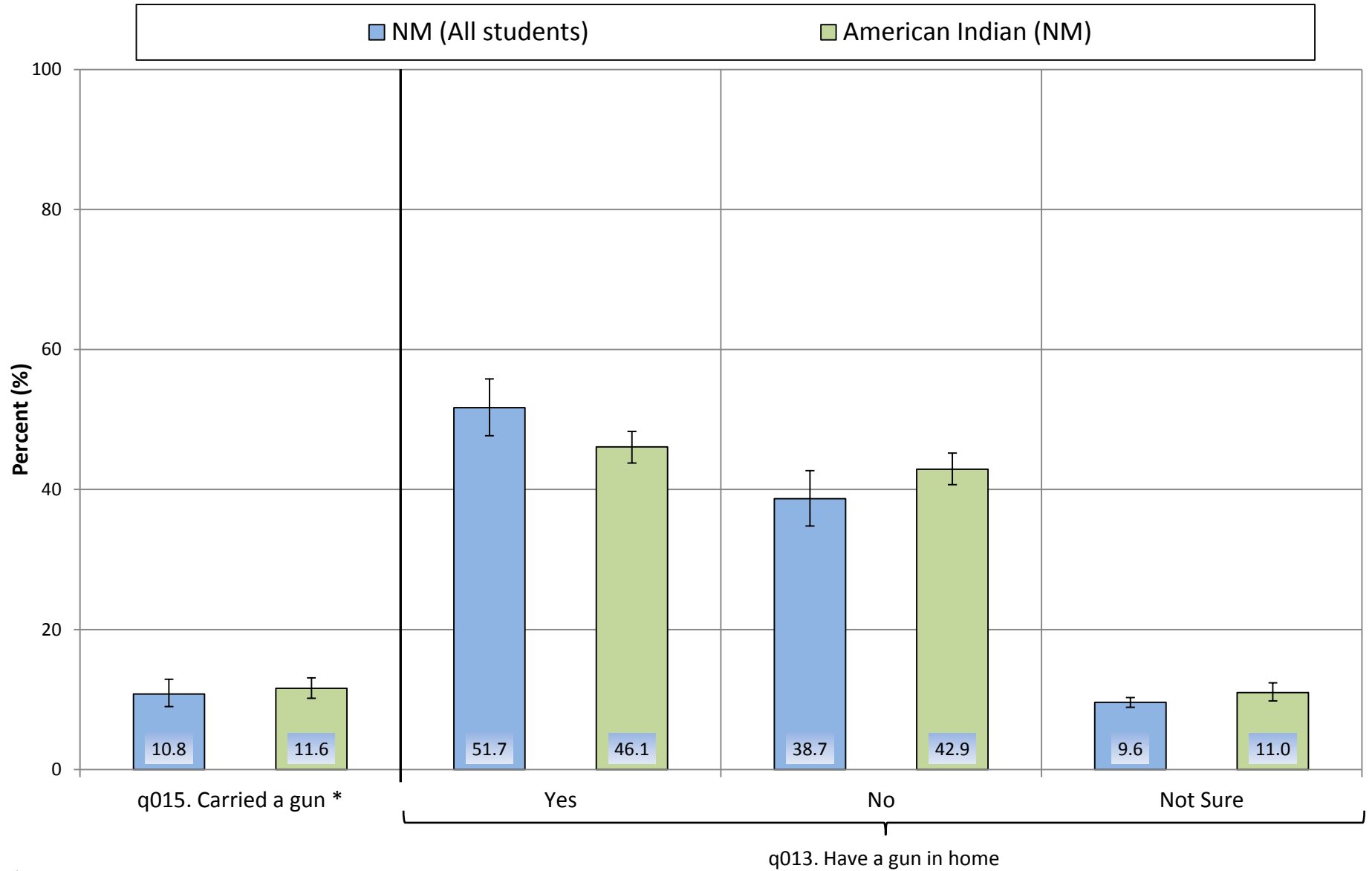


* Among those who rode a bicycle in the past year

Personal Safety: Injury

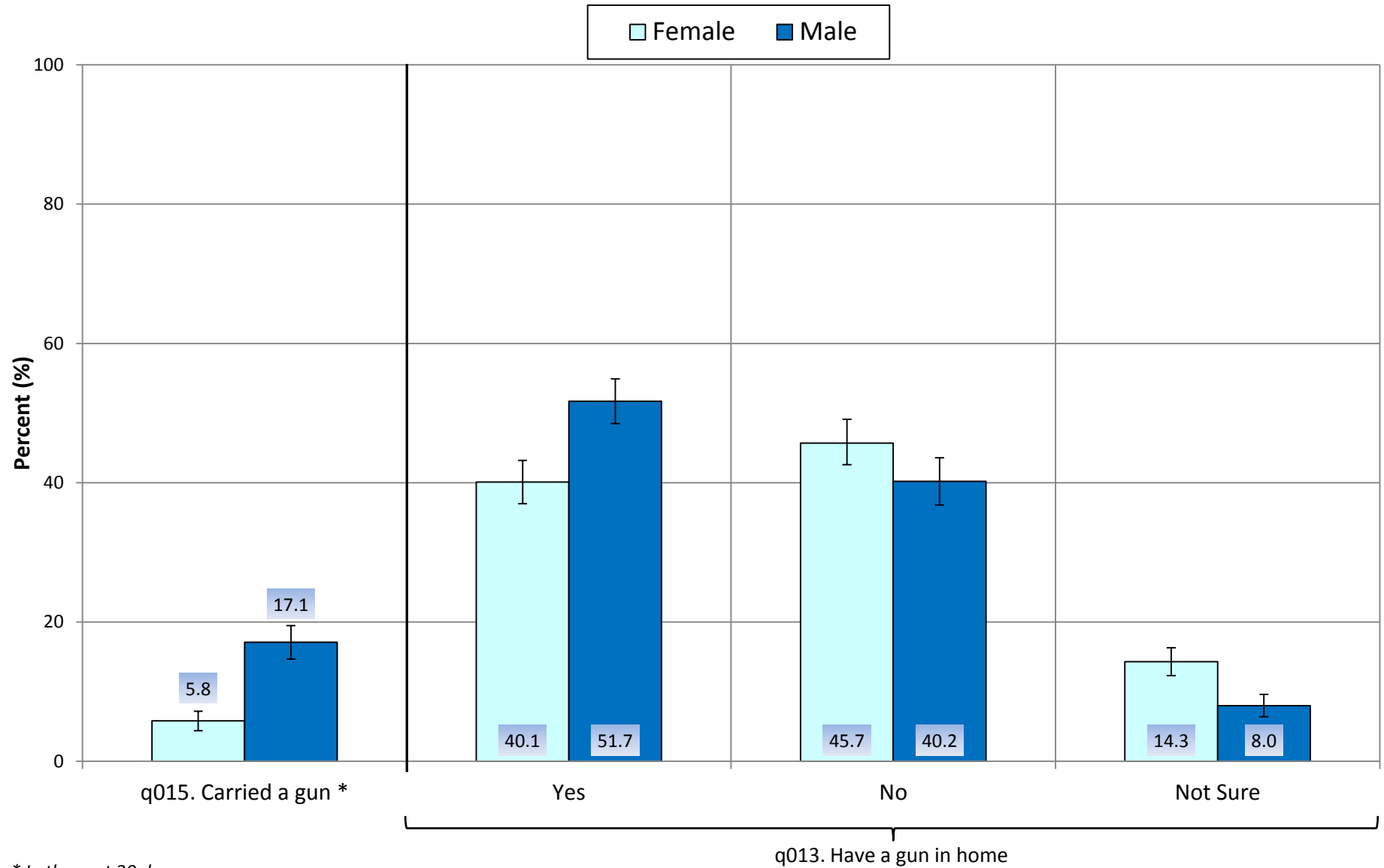
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



* In the past 30 days

Personal Safety: Injury by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

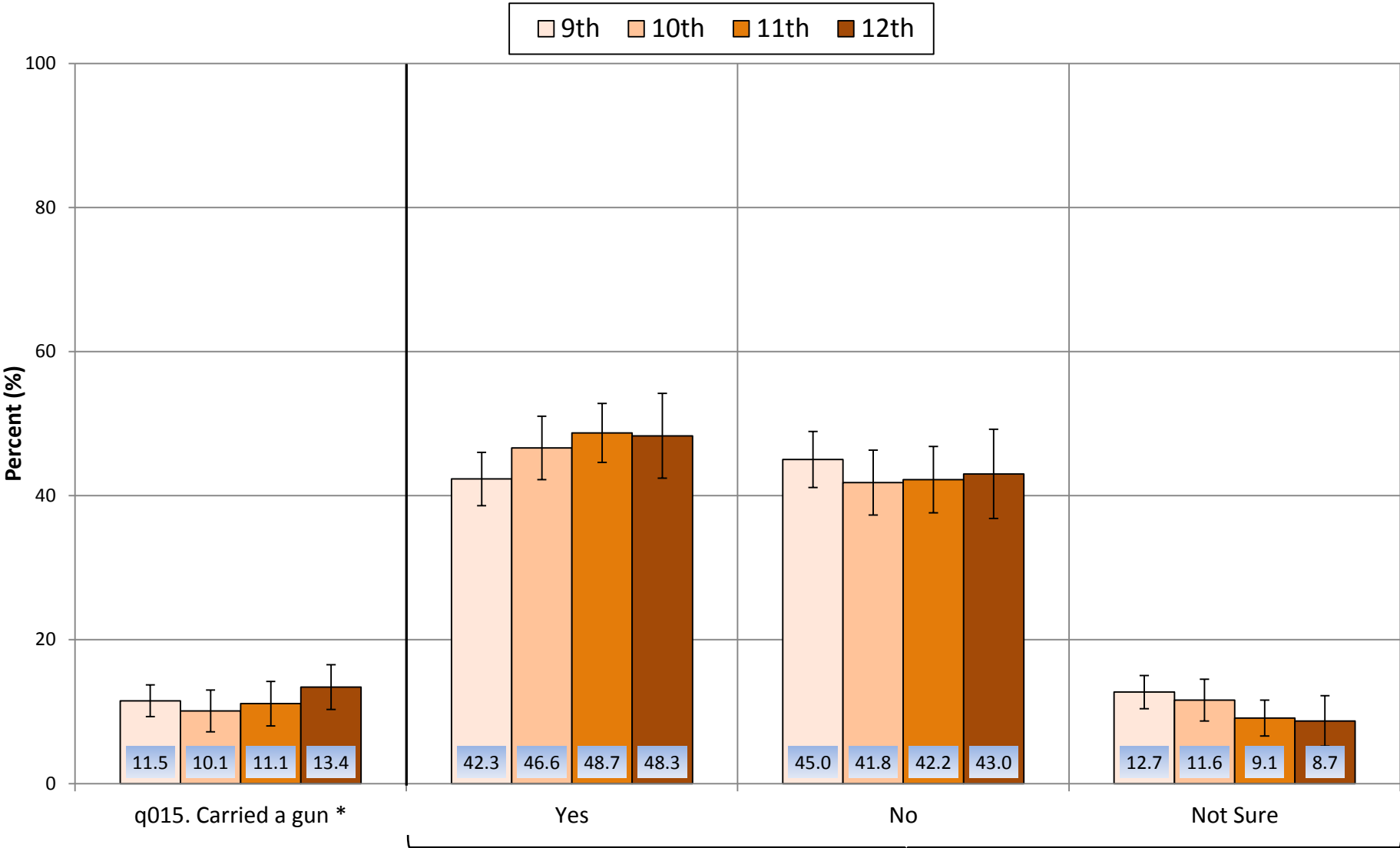


* In the past 30 days

Personal Safety: Injury

by Grade, American Indian Students

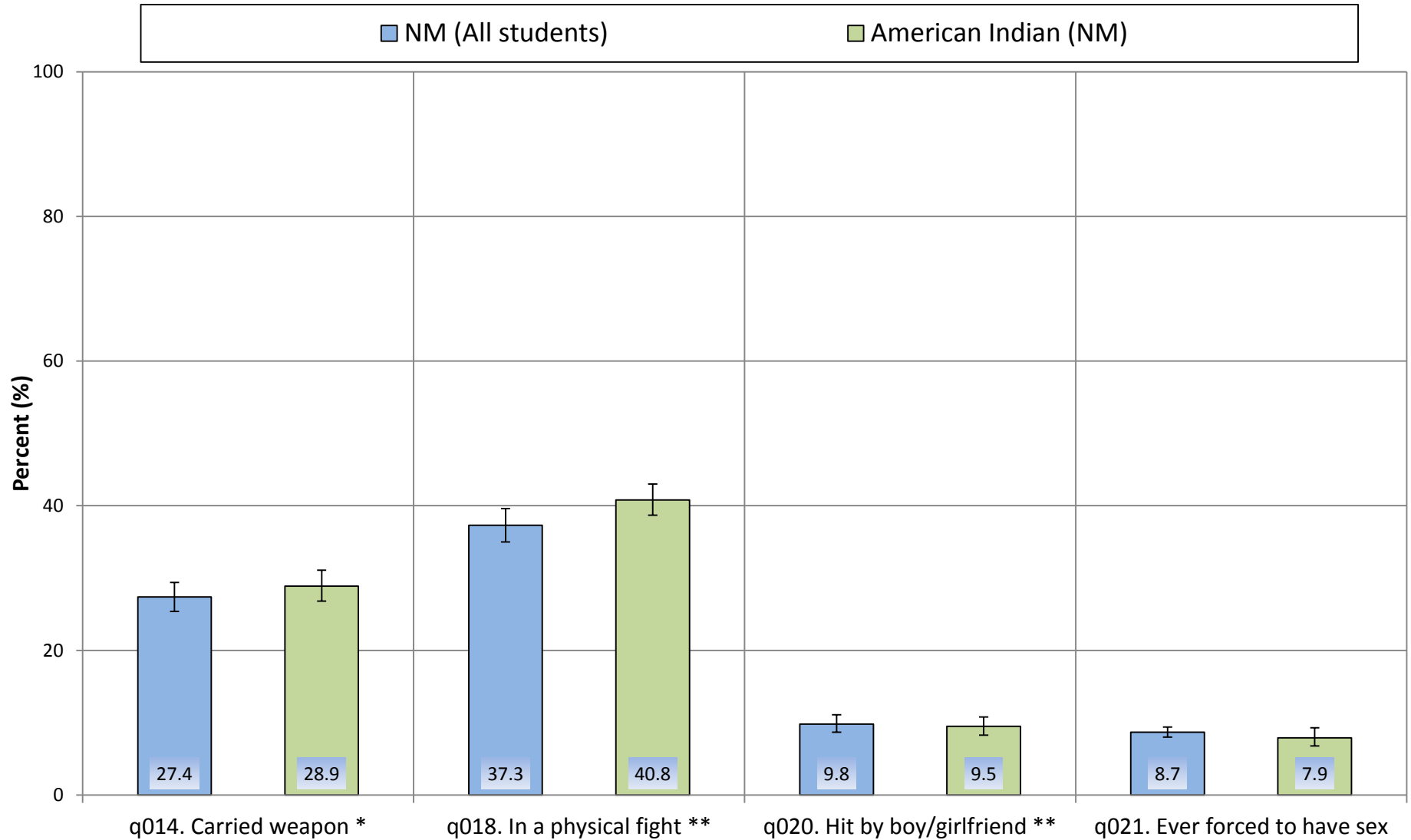
Grades 9 - 12, 2009 NM YRRS



* In the past 30 days

Personal Safety: Behaviors and Experiences Associated with Violence

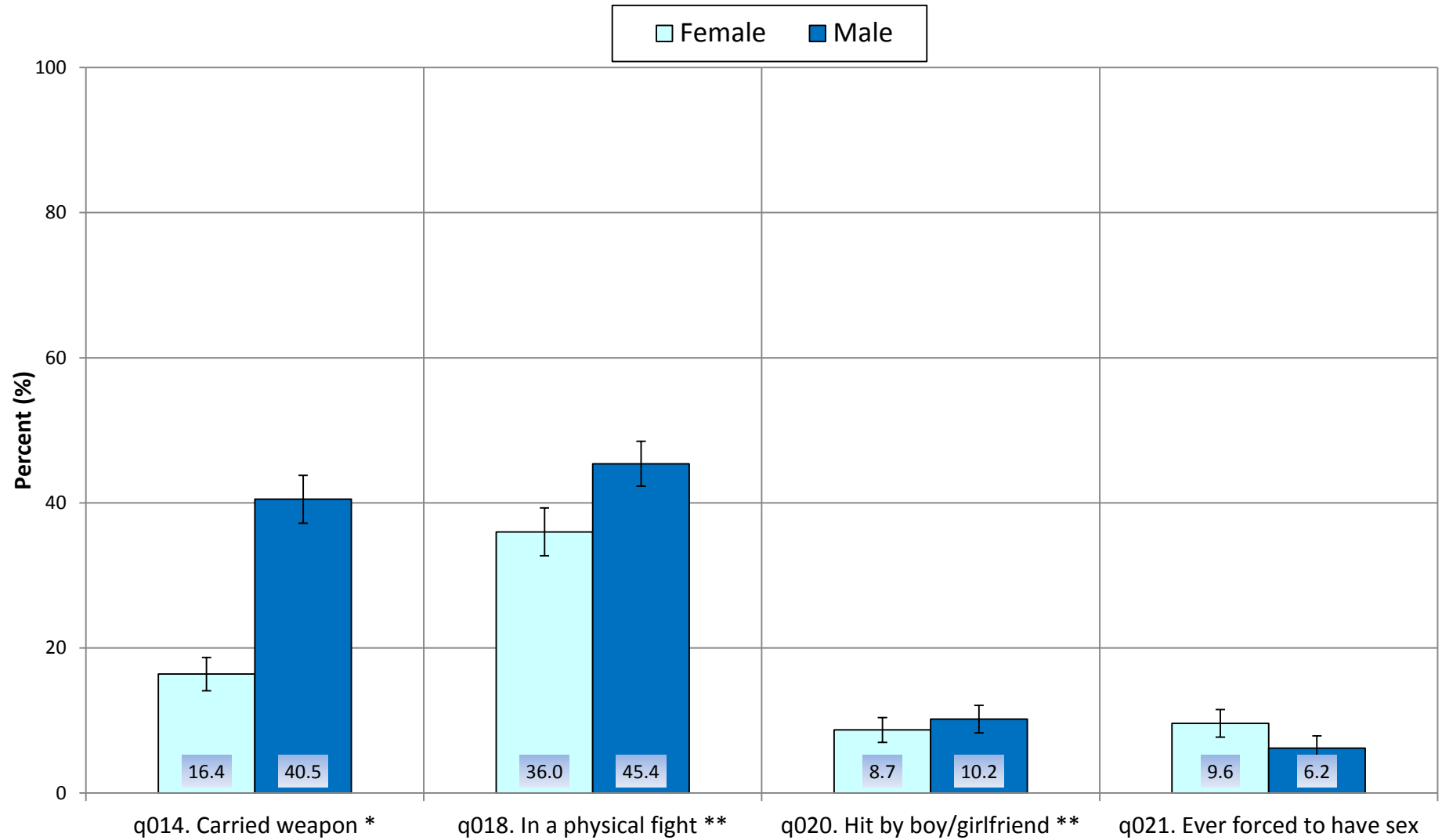
Personal Safety: Behaviors and Experiences Associated with Violence New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* Such as a gun, knife, or club in the past 30 days

** In the past 12 months

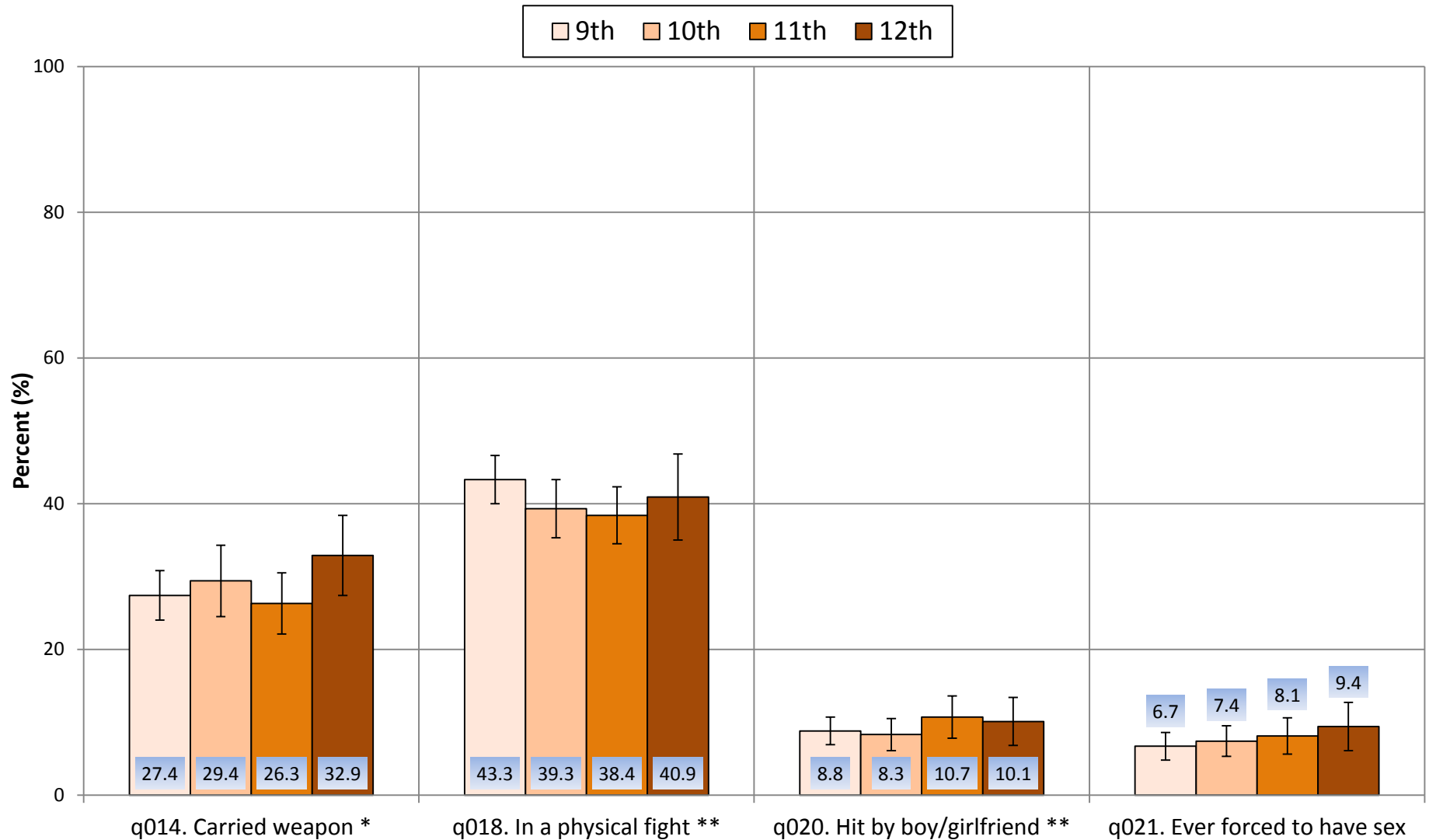
Personal Safety: Behaviors and Experiences Associated with Violence by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Such as a gun, knife, or club in the past 30 days

** In the past 12 months

Personal Safety: Behaviors and Experiences Associated with Violence by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

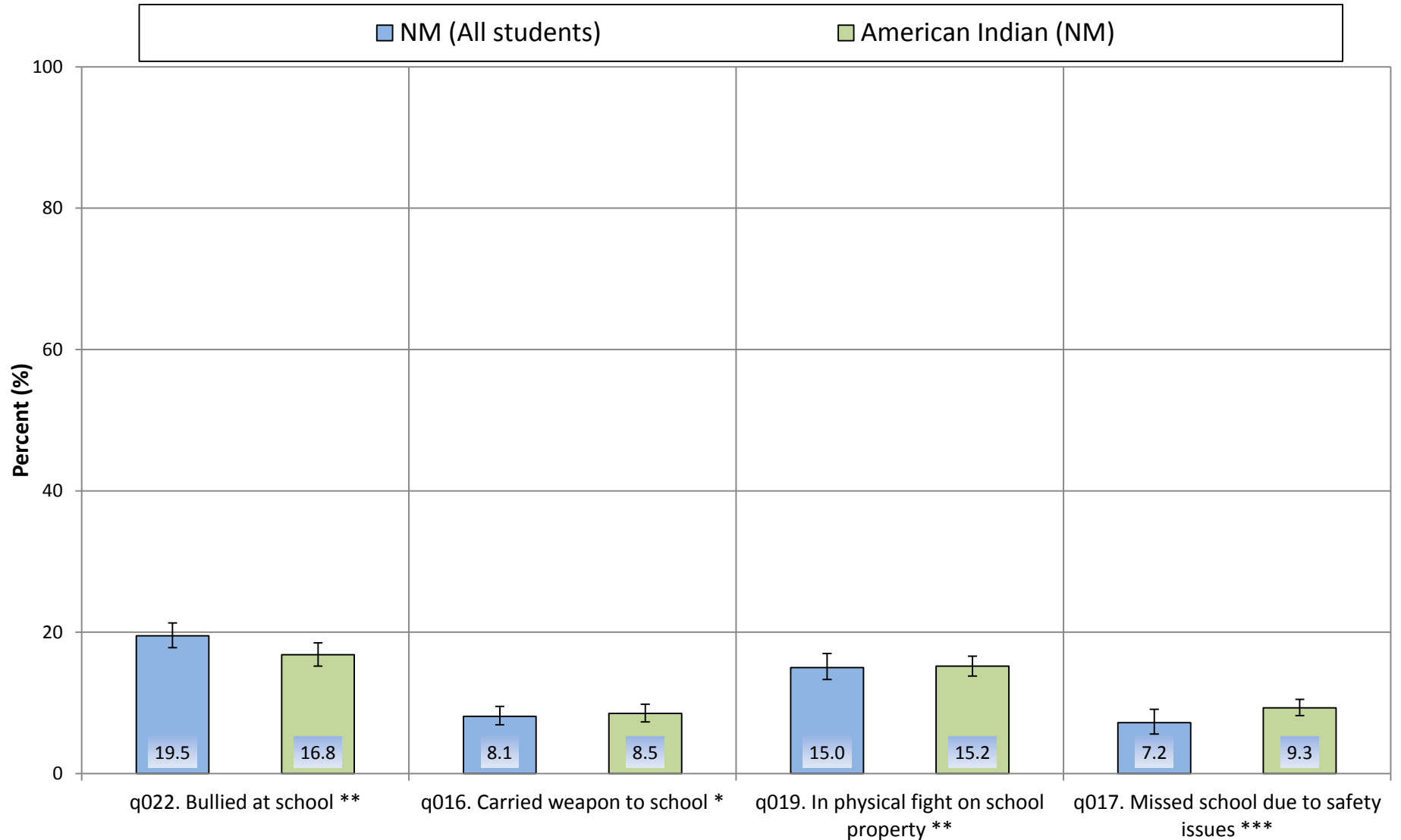


* Such as a gun, knife, or club in the past 30 days

** In the past 12 months

Personal Safety: Schools and Violence

Personal Safety: Violence and School New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS

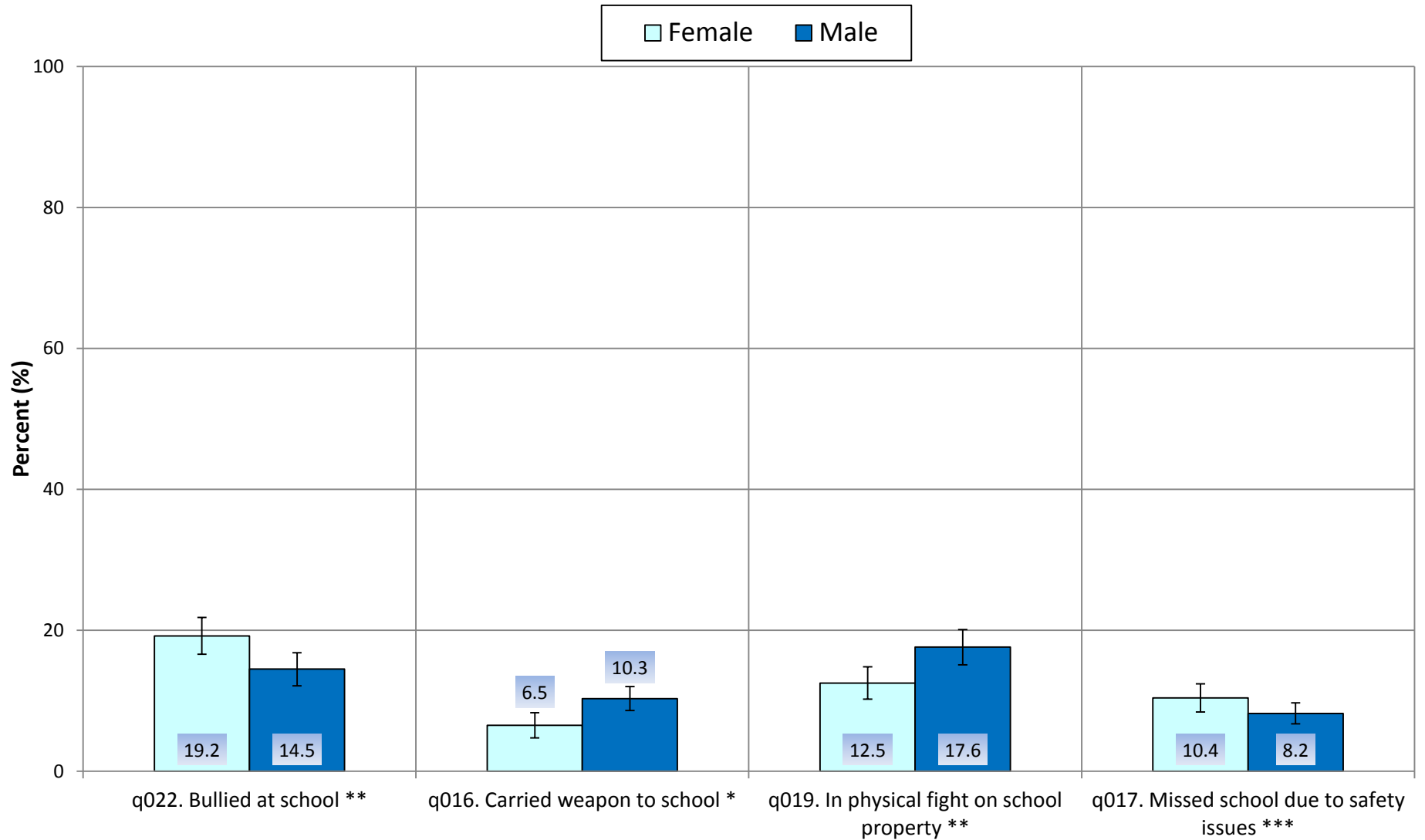


* Such as a gun, knife, or club in the past 30 days

** In the past 12 months

*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

Personal Safety: Violence and School by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

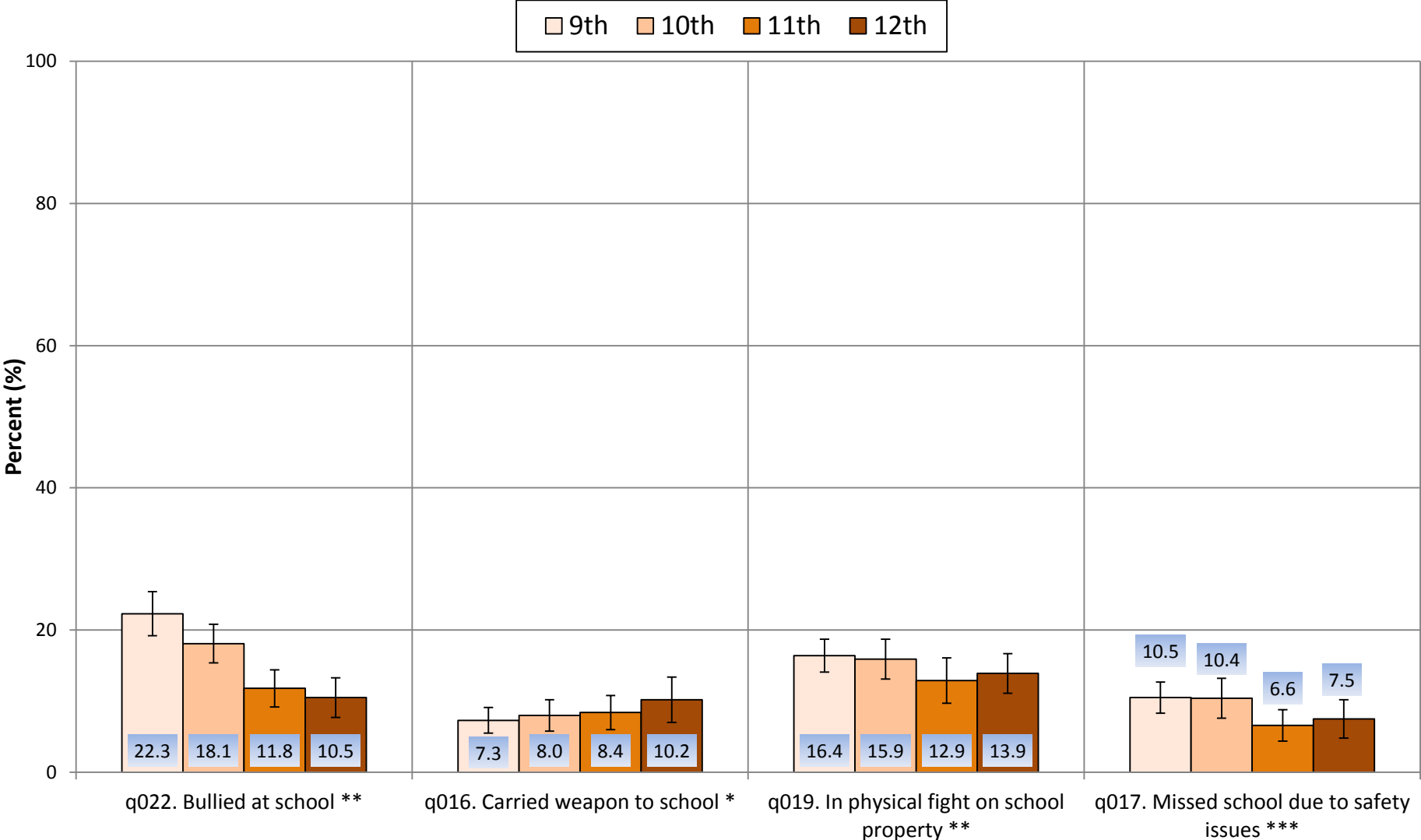


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Personal Safety: Violence and School by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



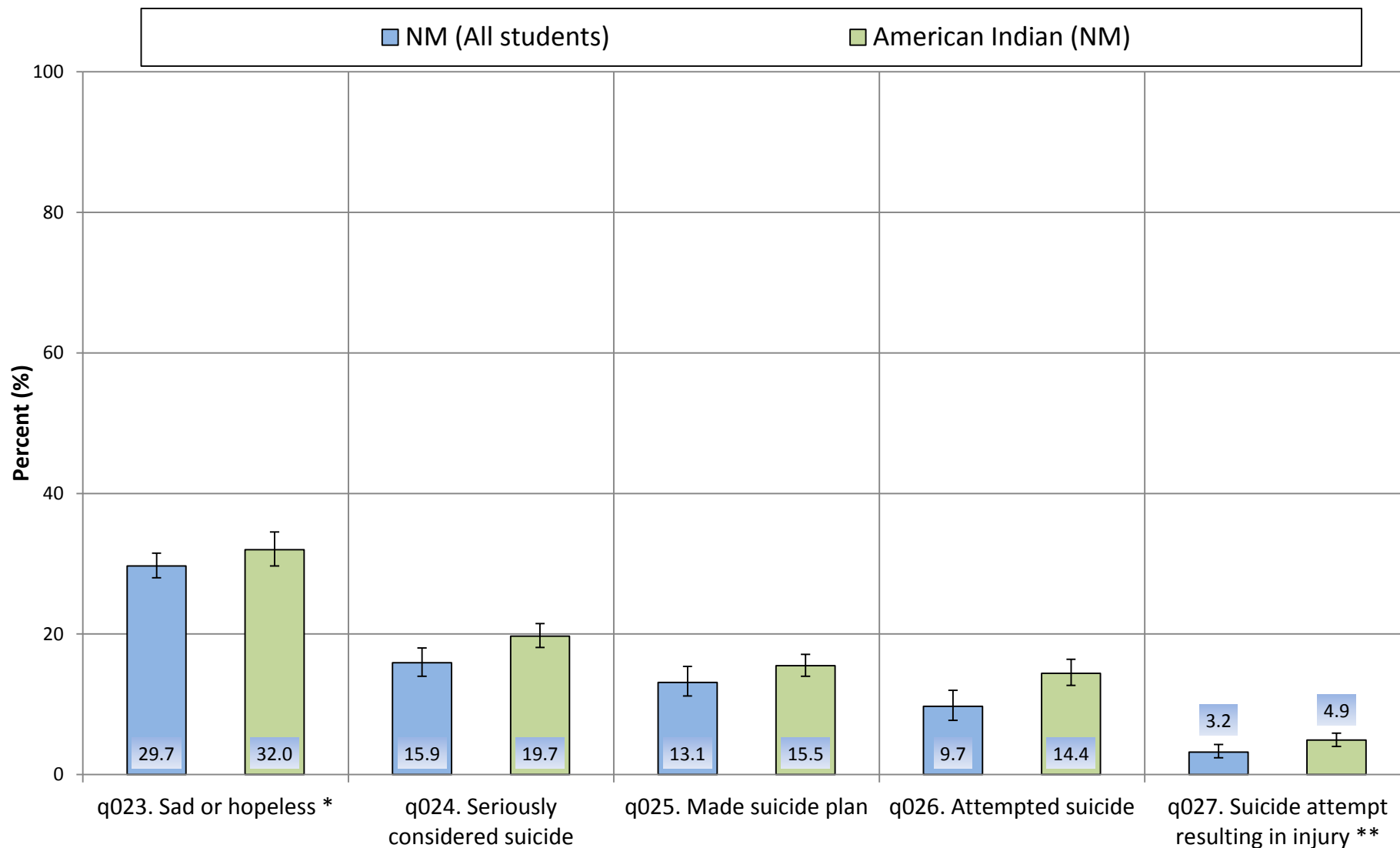
* Such as a gun, knife, or club in the past 30 days

** In the past 12 months

*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

Mental Health

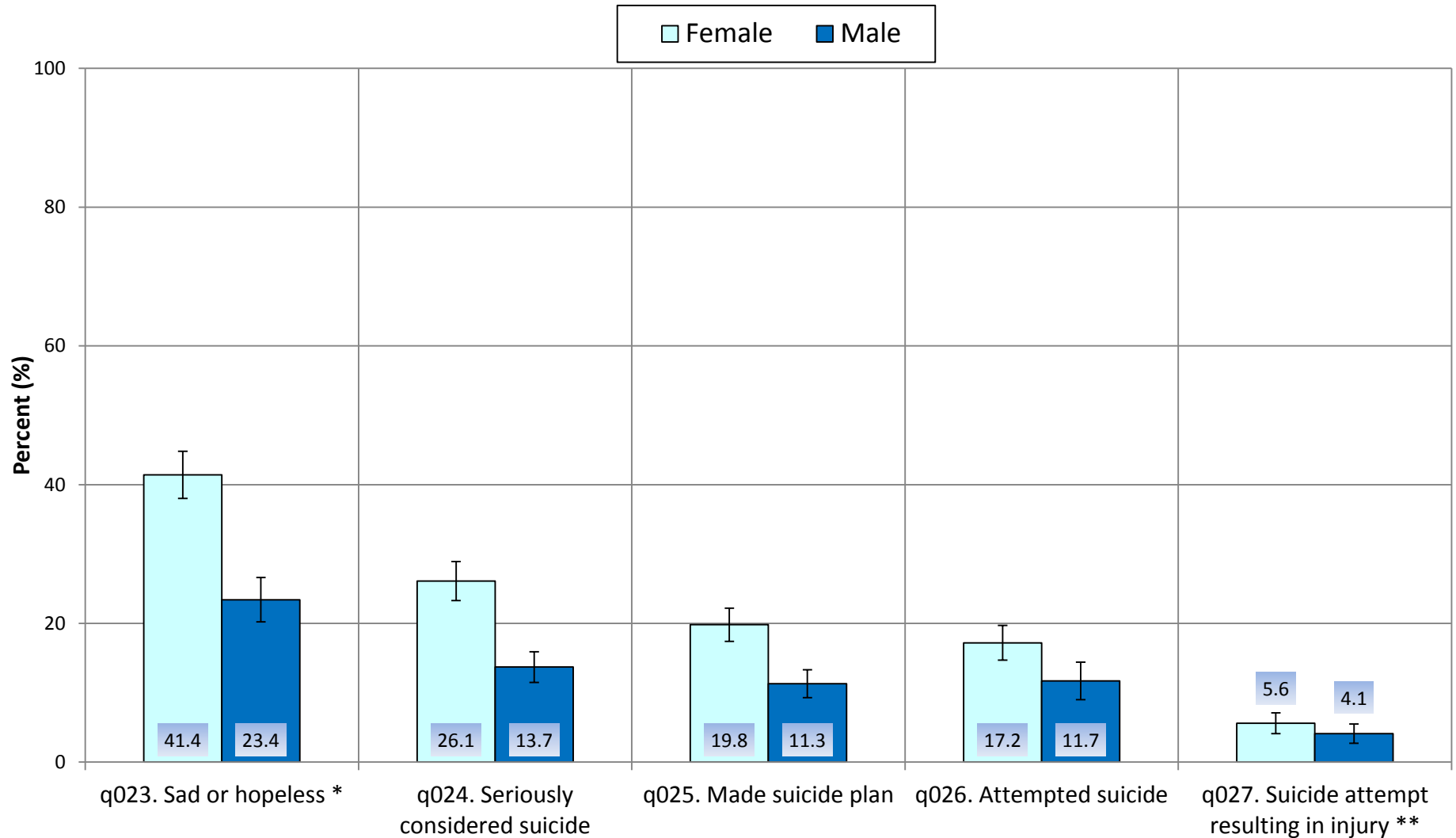
Mental Health: Suicide Attempts and Ideation in the Past 12 Months New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months

** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months

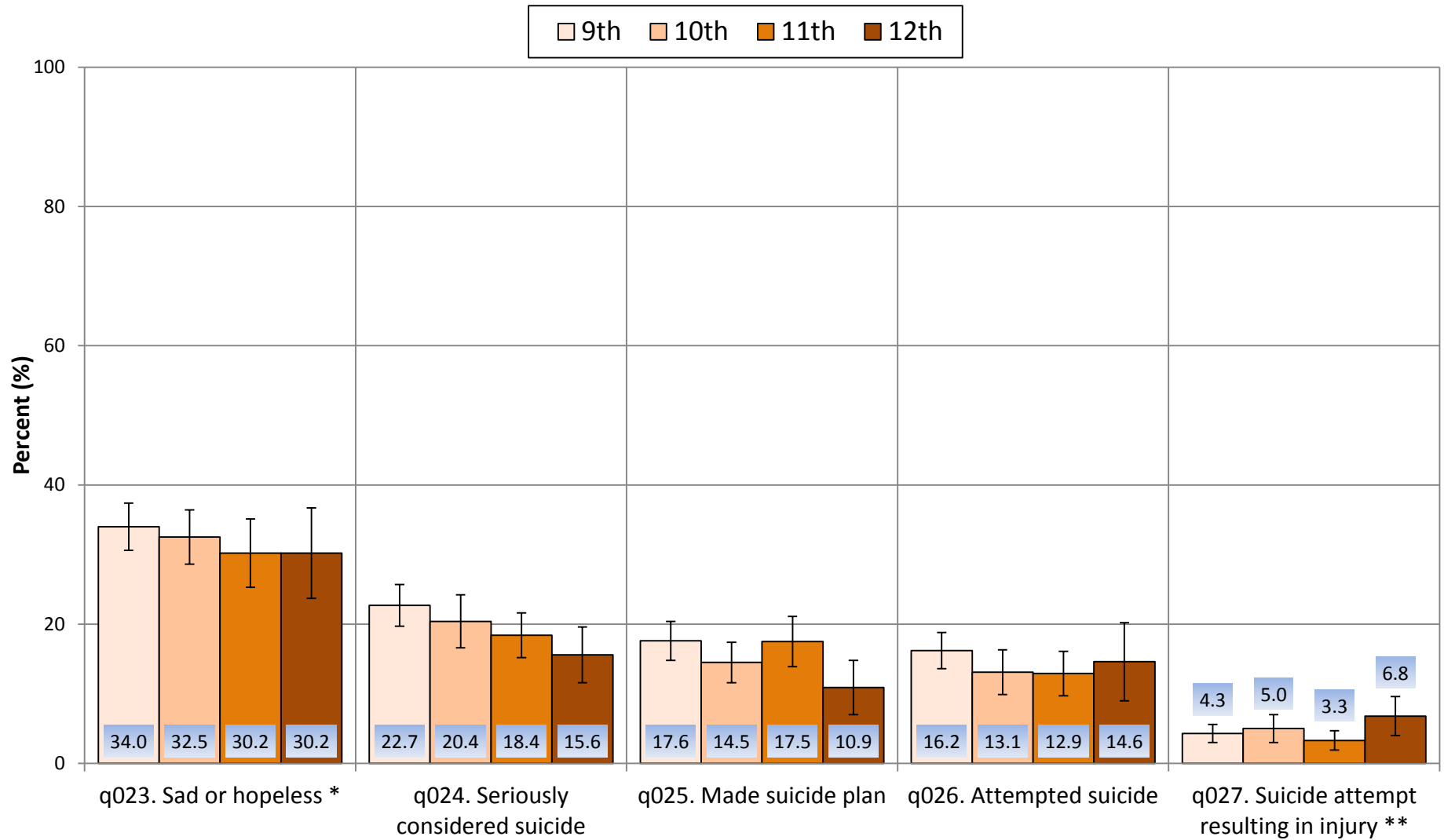
Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months

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Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months

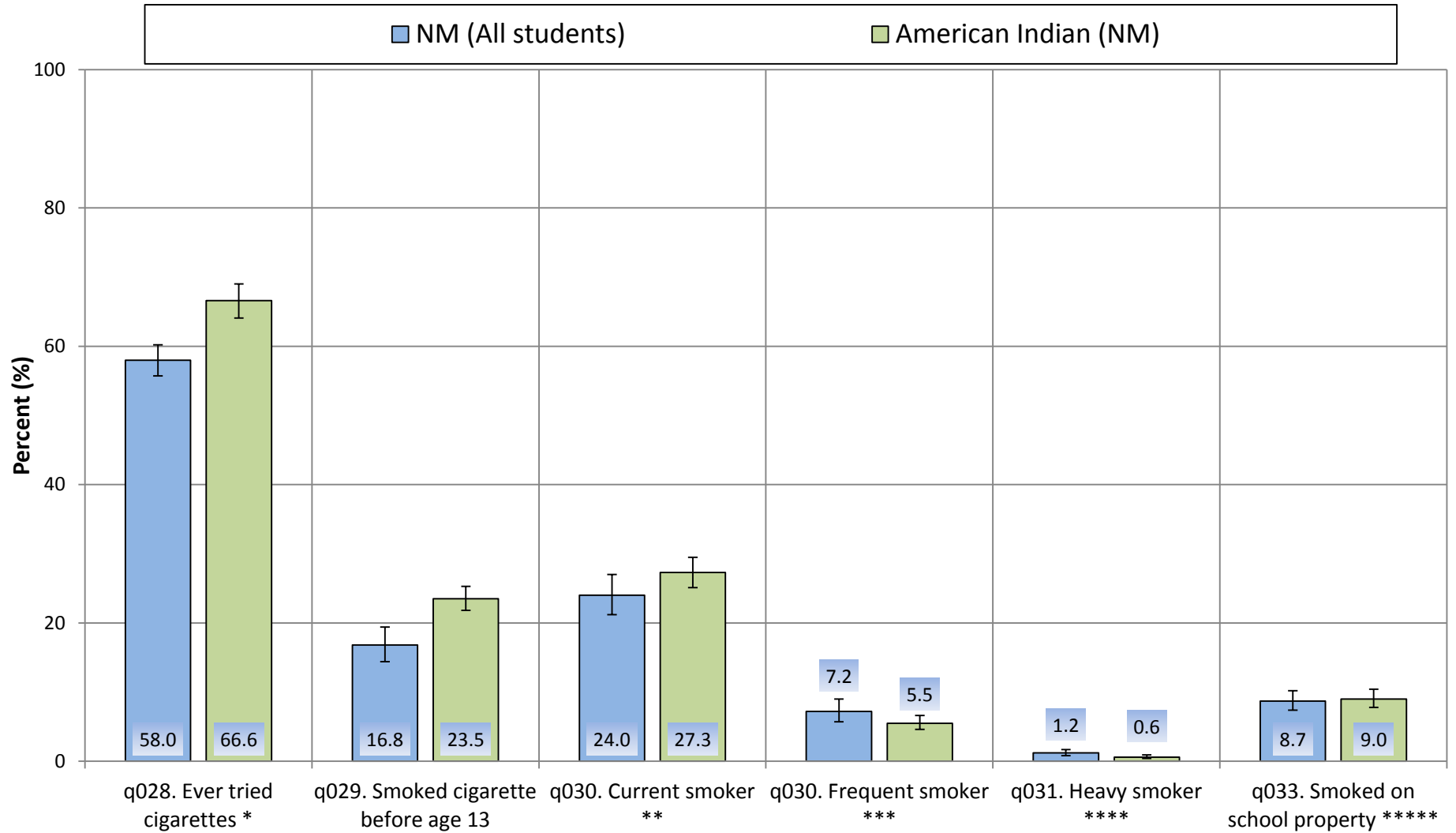
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months

Tobacco

Tobacco: Cigarette Smoking

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



* Ever tried cigarettes, even one or two puffs

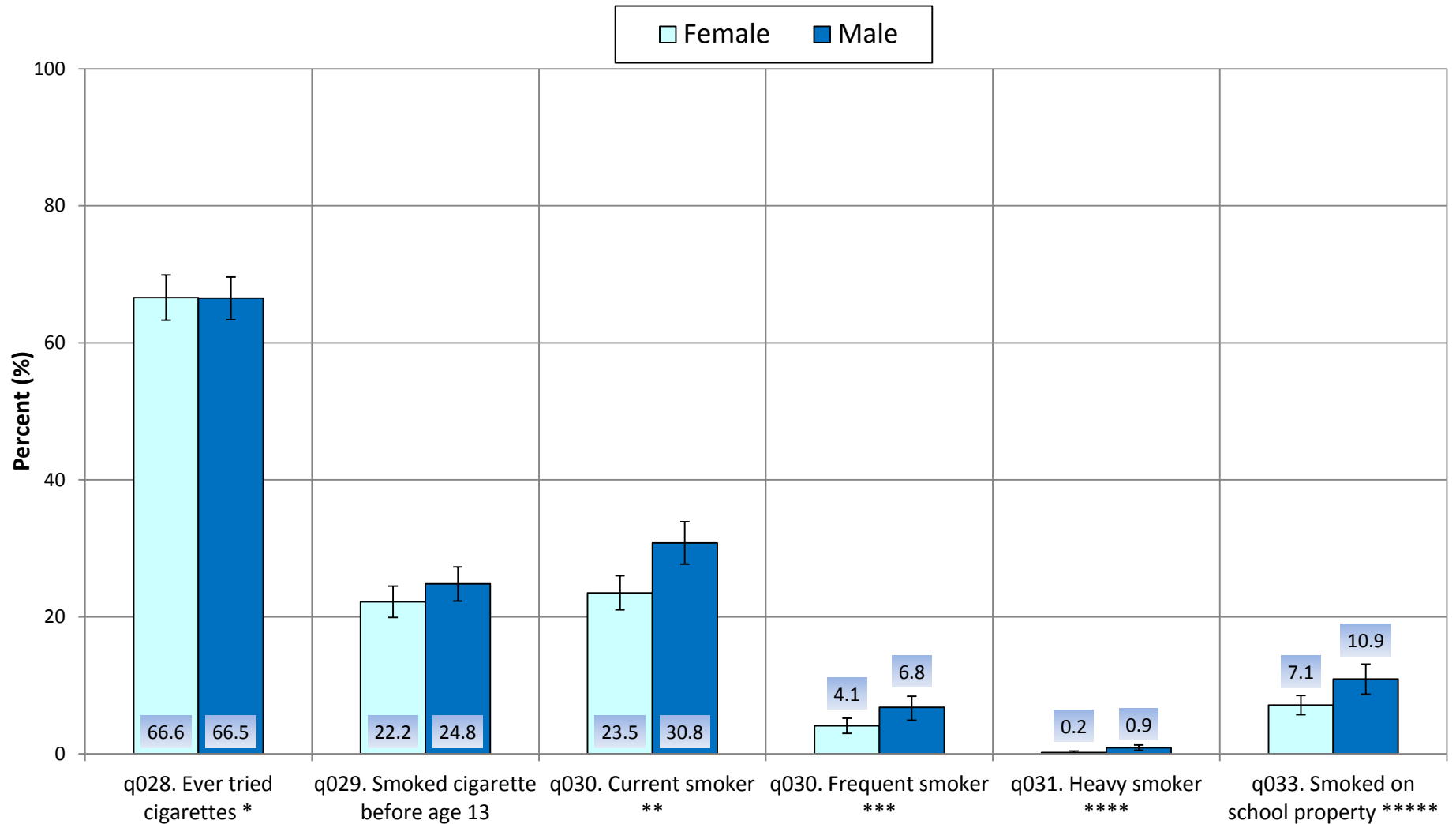
** Smoked cigarettes on at least one of the past 30 days

*** Smoked cigarettes on at least 20 of the past 30 days

**** Smoked at least 10 cigarettes per day on days that they smoked

***** In the past 30 days

Tobacco: Cigarette Smoking by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Ever tried cigarettes, even one or two puffs

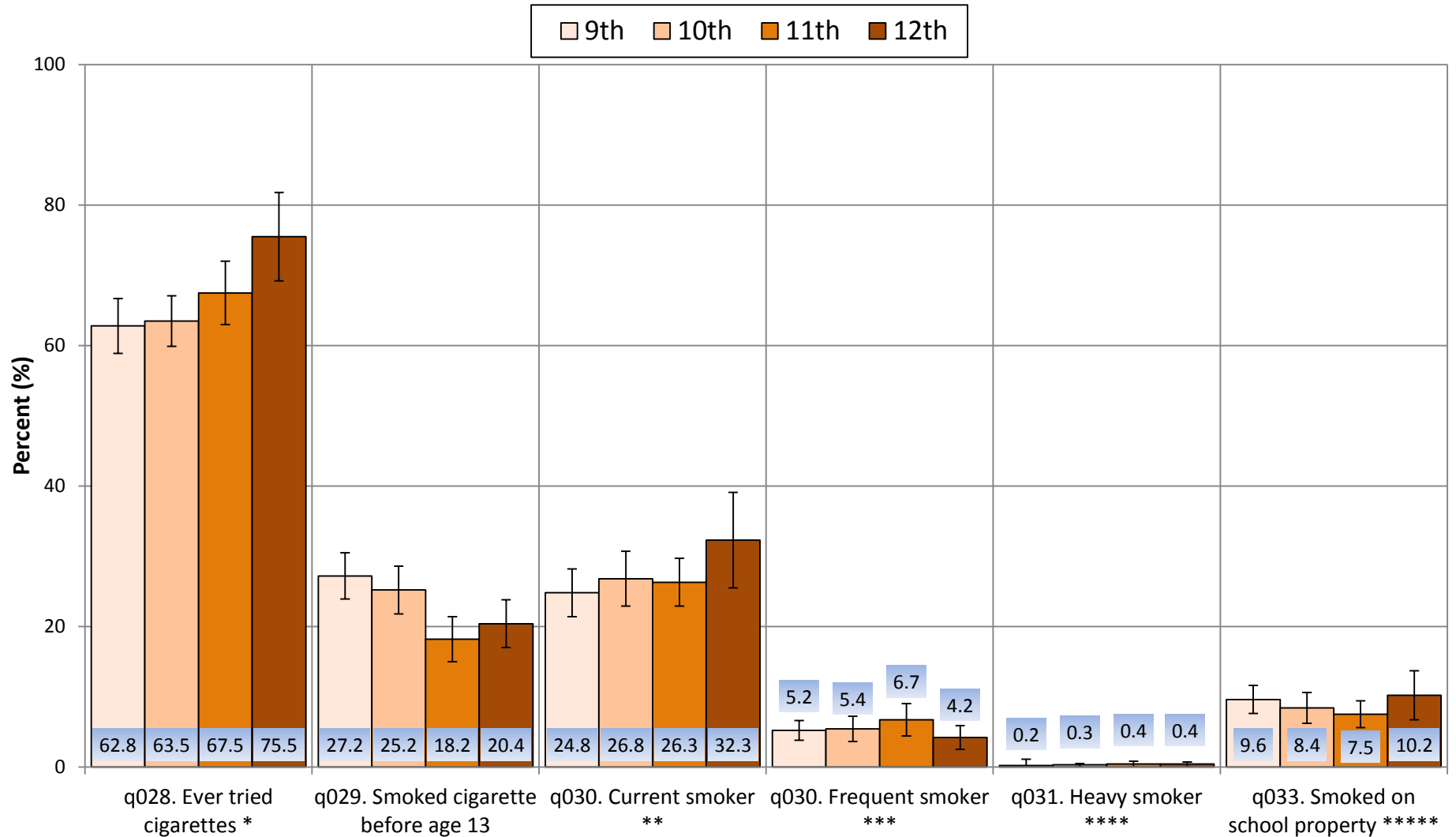
** Smoked cigarettes on at least one of the past 30 days

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**** Smoked at least 10 cigarettes per day on days that they smoked

***** In the past 30 days

Tobacco: Cigarette Smoking by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Ever tried cigarettes, even one or two puffs

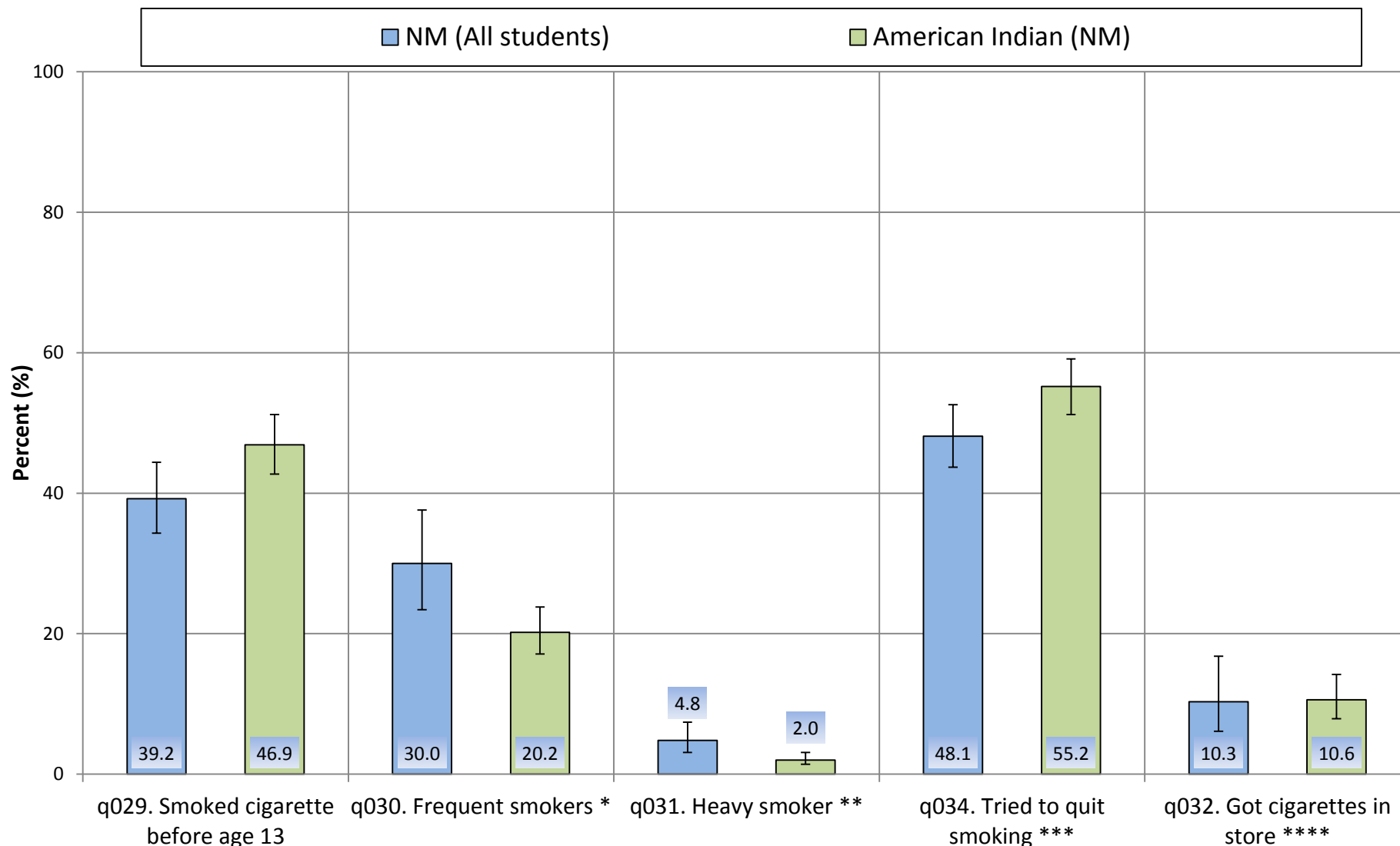
** Smoked cigarettes on at least one of the past 30 days

*** Smoked cigarettes on at least 20 of the past 30 days

**** Smoked at least 10 cigarettes per day on days that they smoked

***** In the past 30 days

Tobacco: Behaviors of Current Cigarette Smokers New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



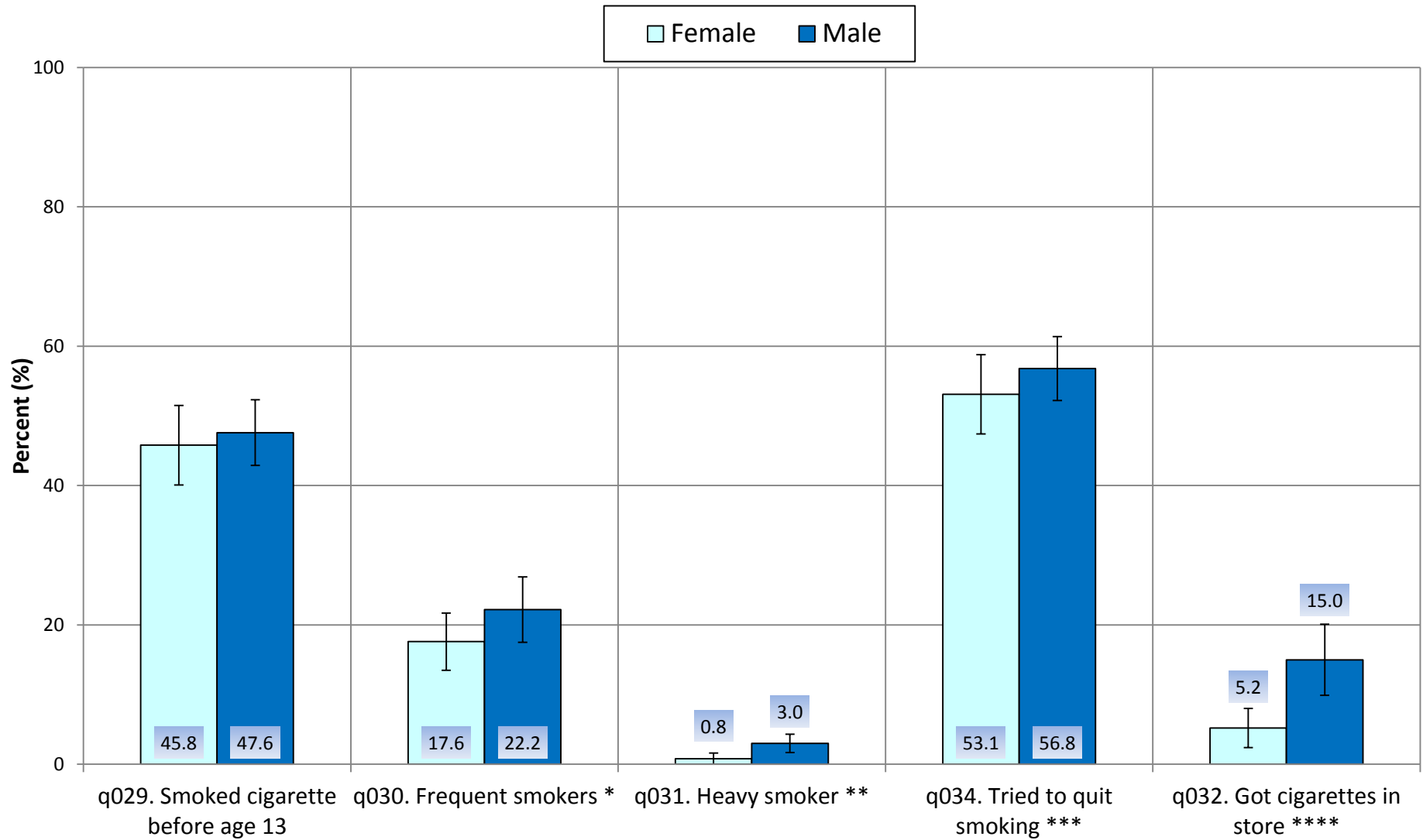
* Among current smokers, smoked cigarettes on at least 20 of the past 30 days

** Among current smokers, smoked at least 10 cigarettes per days on days they smoked

*** In the past 12 months

**** In the past 30 days, among current smokers < 18 yrs old

Tobacco: Behaviors of Current Cigarette Smokers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



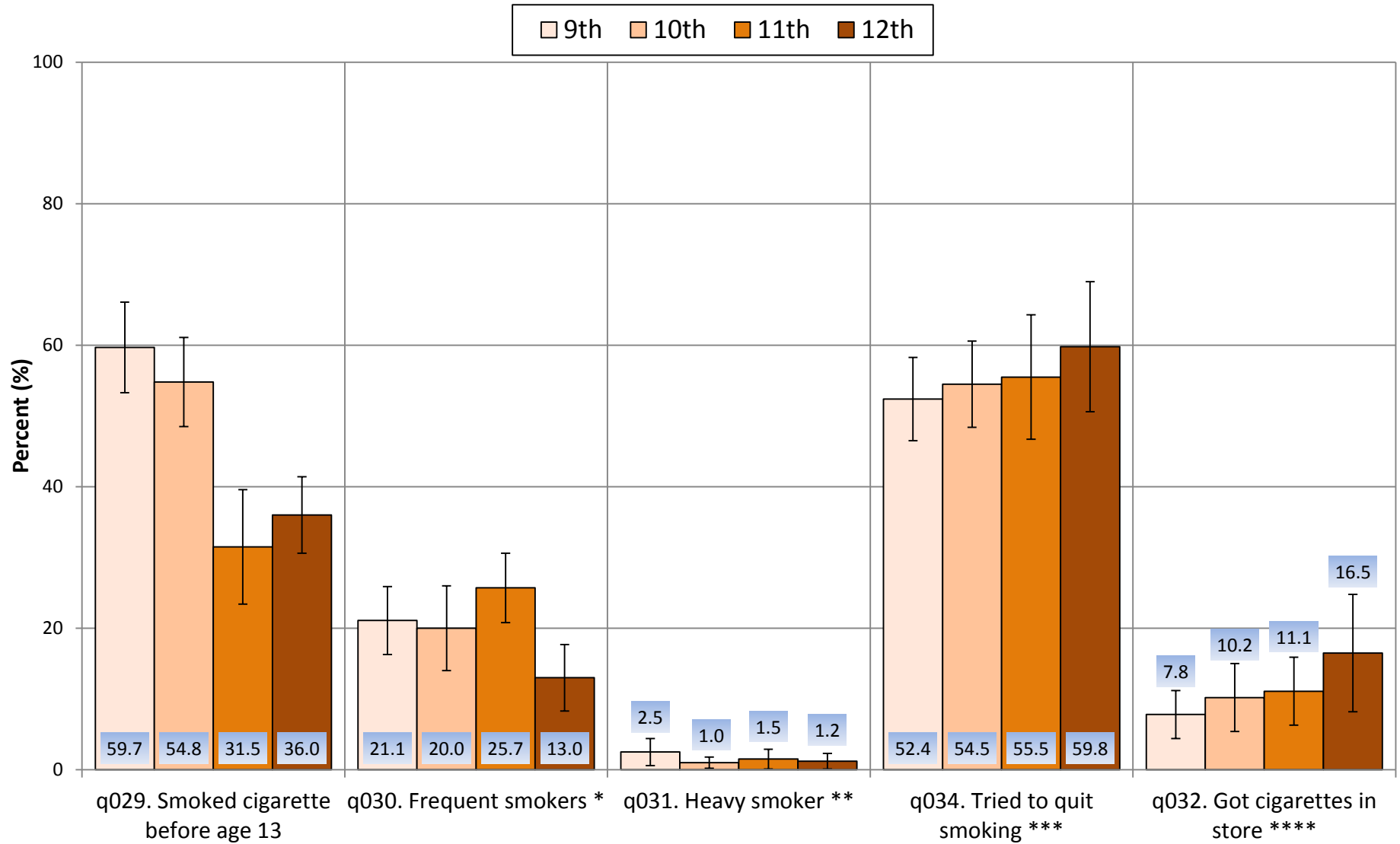
* Among current smokers, smoked cigarettes on at least 20 of the past 30 days

** Among current smokers, smoked at least 10 cigarettes per days on days they smoked

*** In the past 12 months

**** In the past 30 days, among current smokers < 18 yrs old

Tobacco: Behaviors of Current Cigarette Smokers by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Among current smokers, smoked cigarettes on at least 20 of the past 30 days

** Among current smokers, smoked at least 10 cigarettes per days on days they smoked

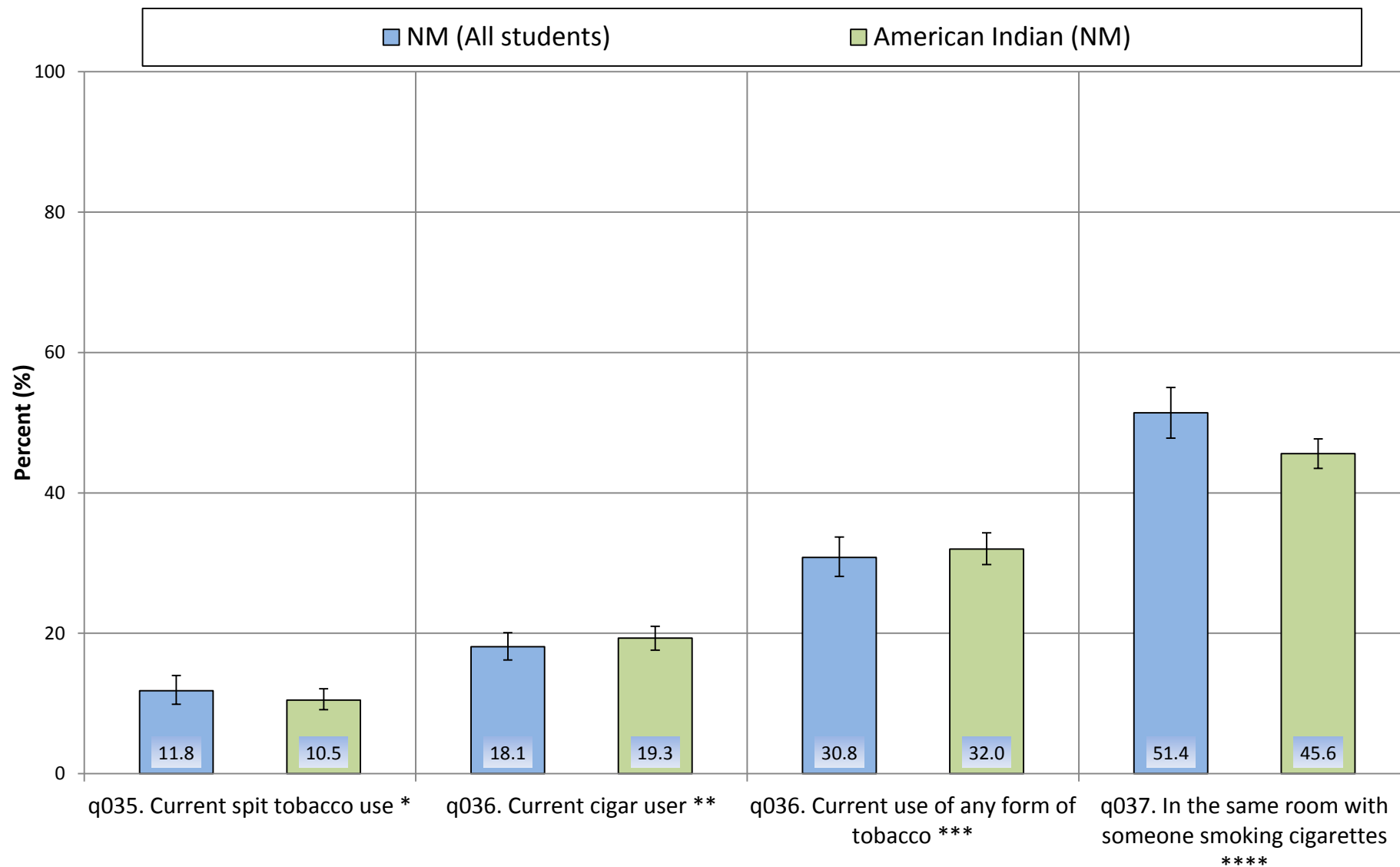
*** In the past 12 months

**** In the past 30 days, among current smokers < 18 yrs old

Tobacco: Other Use and Exposure

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



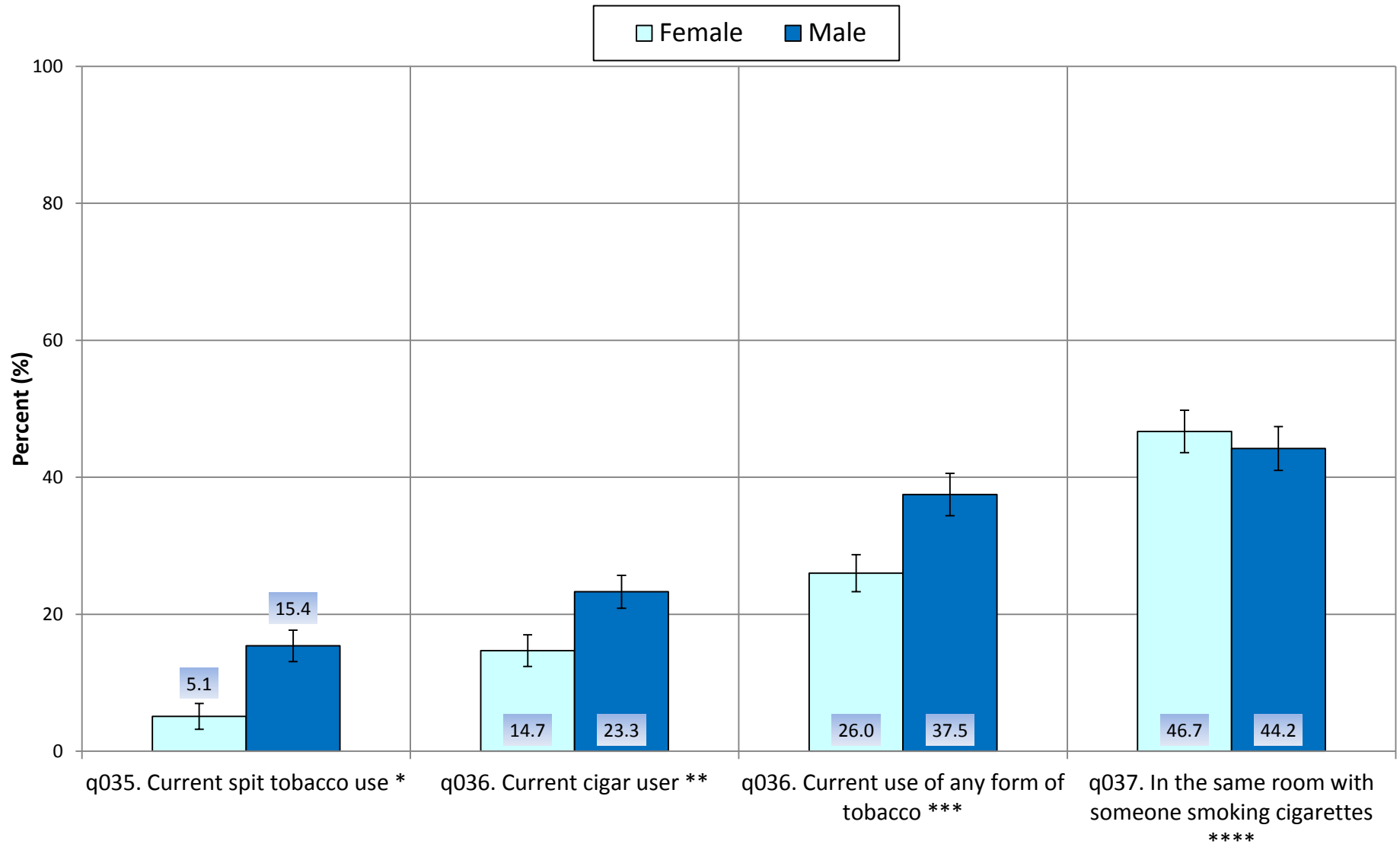
* Chewing tobacco, snuff, or dip, in the past 30 days

** Cigars, cigarillos, or little cigars, in the past 30 days

*** Cigarettes, spit tobacco, or cigars, in the past 12 months

**** In the past 7 days

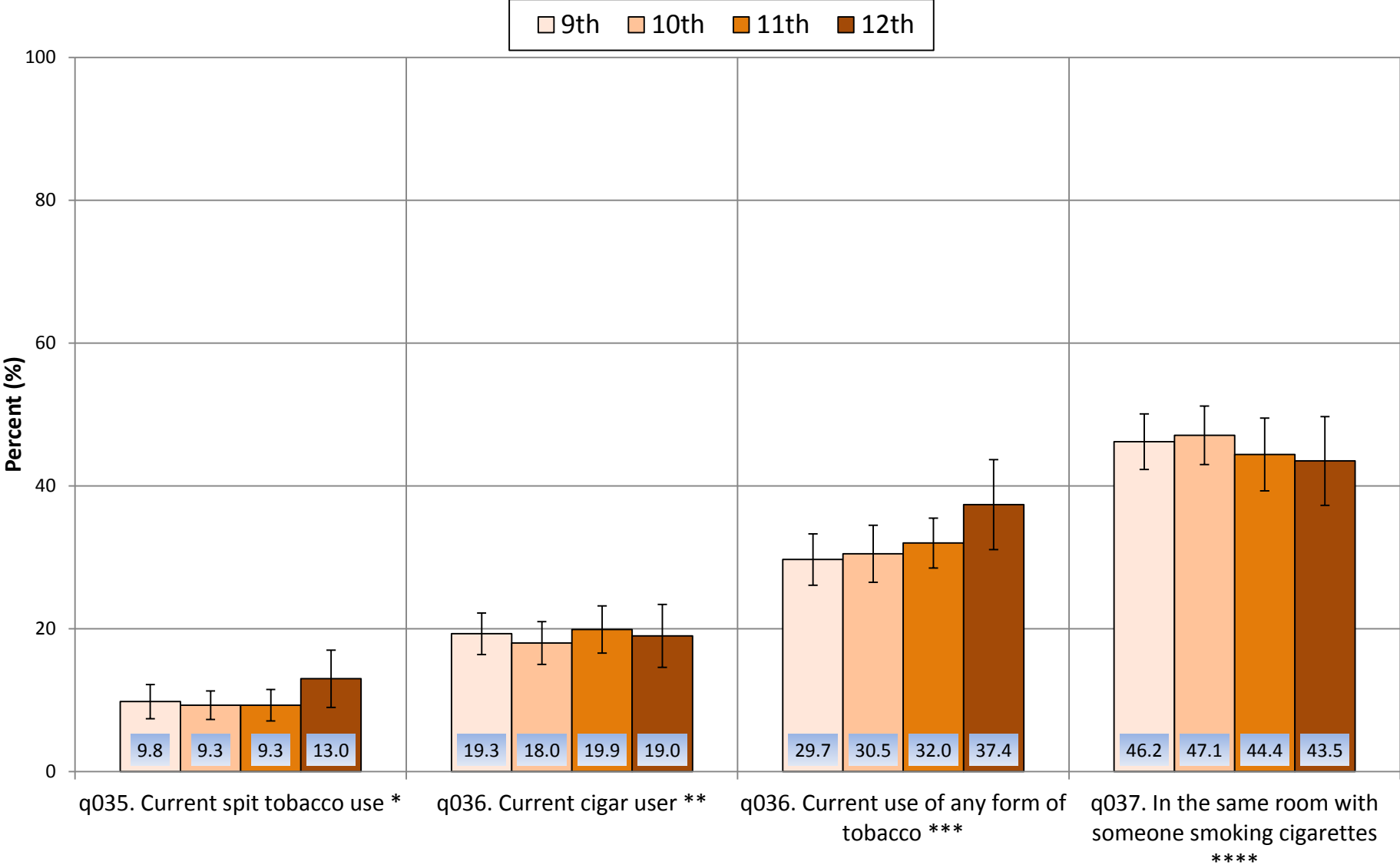
Tobacco: Other Use and Exposure by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Chewing tobacco, snuff, or dip, in the past 30 days
 ** Cigars, cigarillos, or little cigars, in the past 30 days

*** Cigarettes, spit tobacco, or cigars, in the past 12 months
 **** In the past 7 days

Tobacco: Other Use and Exposure by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



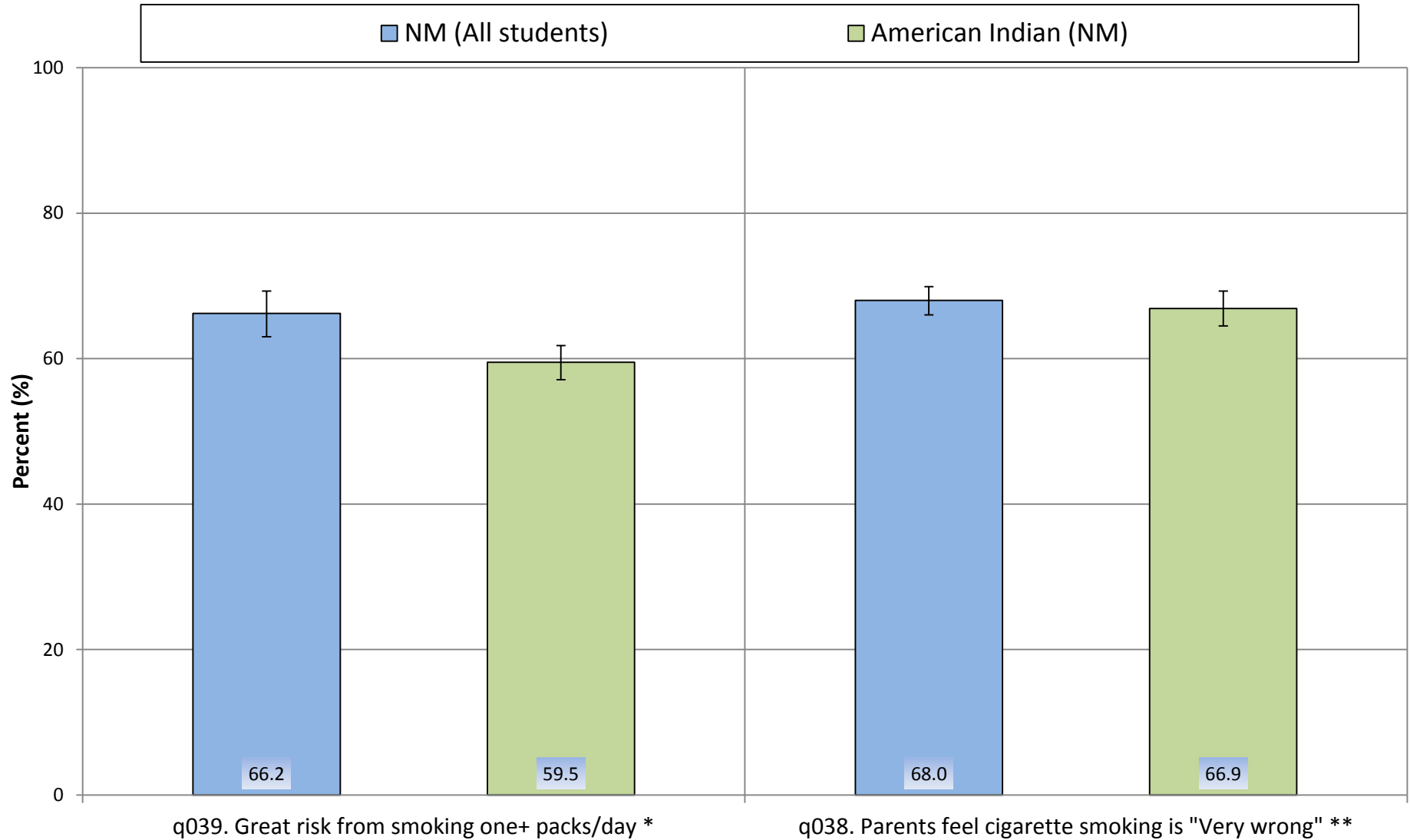
* Chewing tobacco, snuff, or dip, in the past 30 days
 ** Cigars, cigarillos, or little cigars, in the past 30 days

*** Cigarettes, spit tobacco, or cigars, in the past 12 months
 **** In the past 7 days

Tobacco: Parent and Student Attitudes

New Mexico (all students) and American Indian Students (all NM)

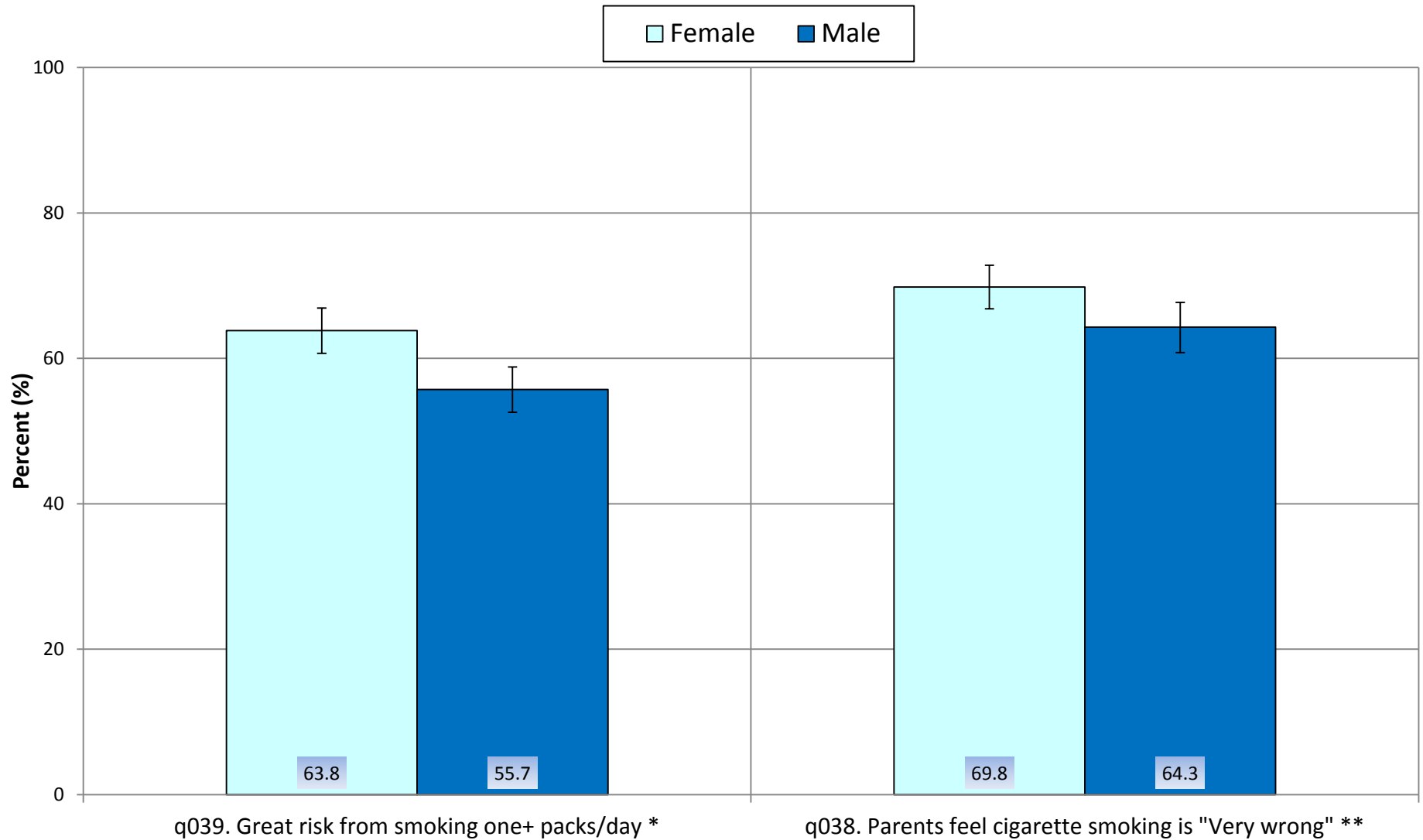
Grades 9 - 12, 2009 NM YRRS



* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes?

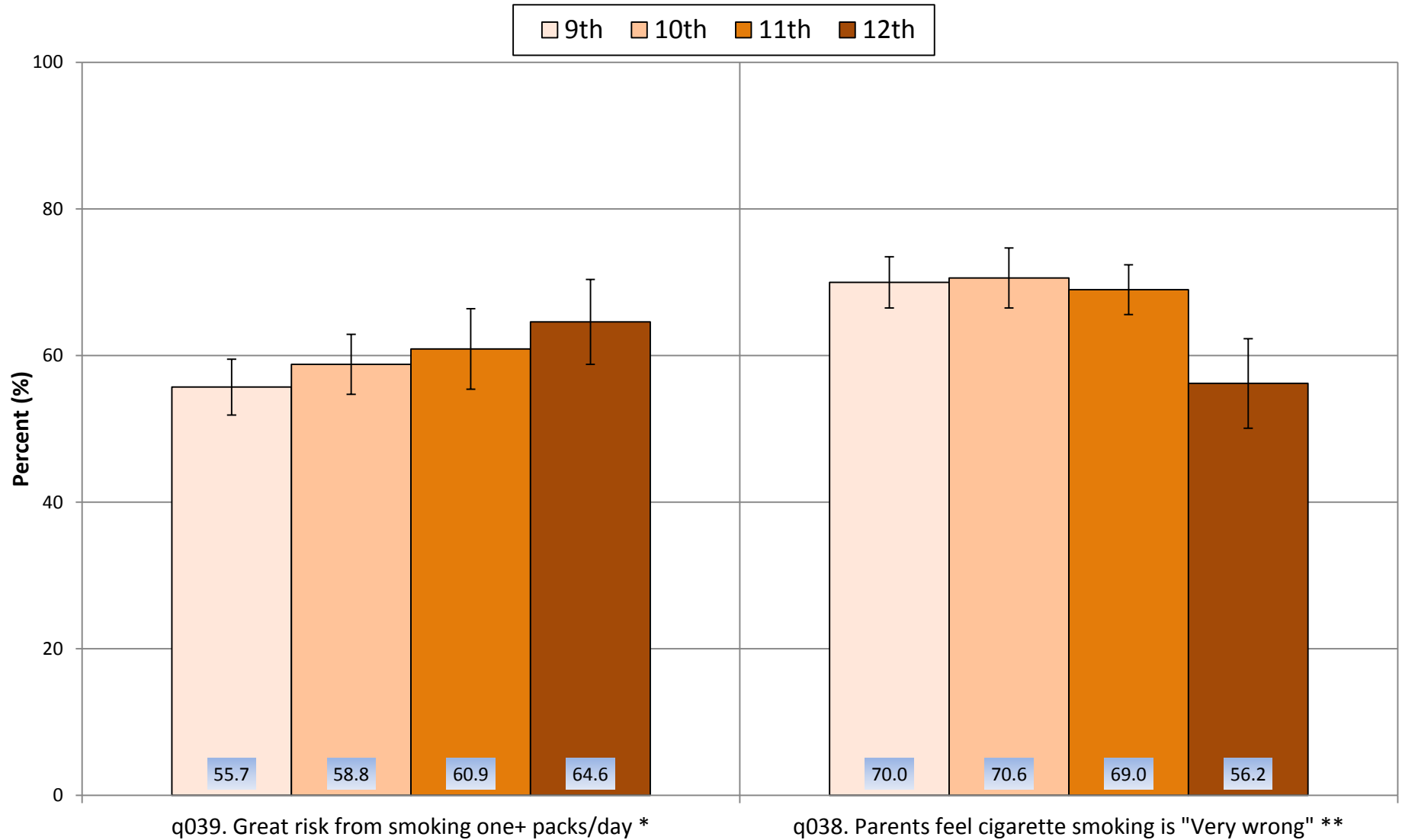
Tobacco: Parent and Student Attitudes by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes?

Tobacco: Parent and Student Attitudes by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



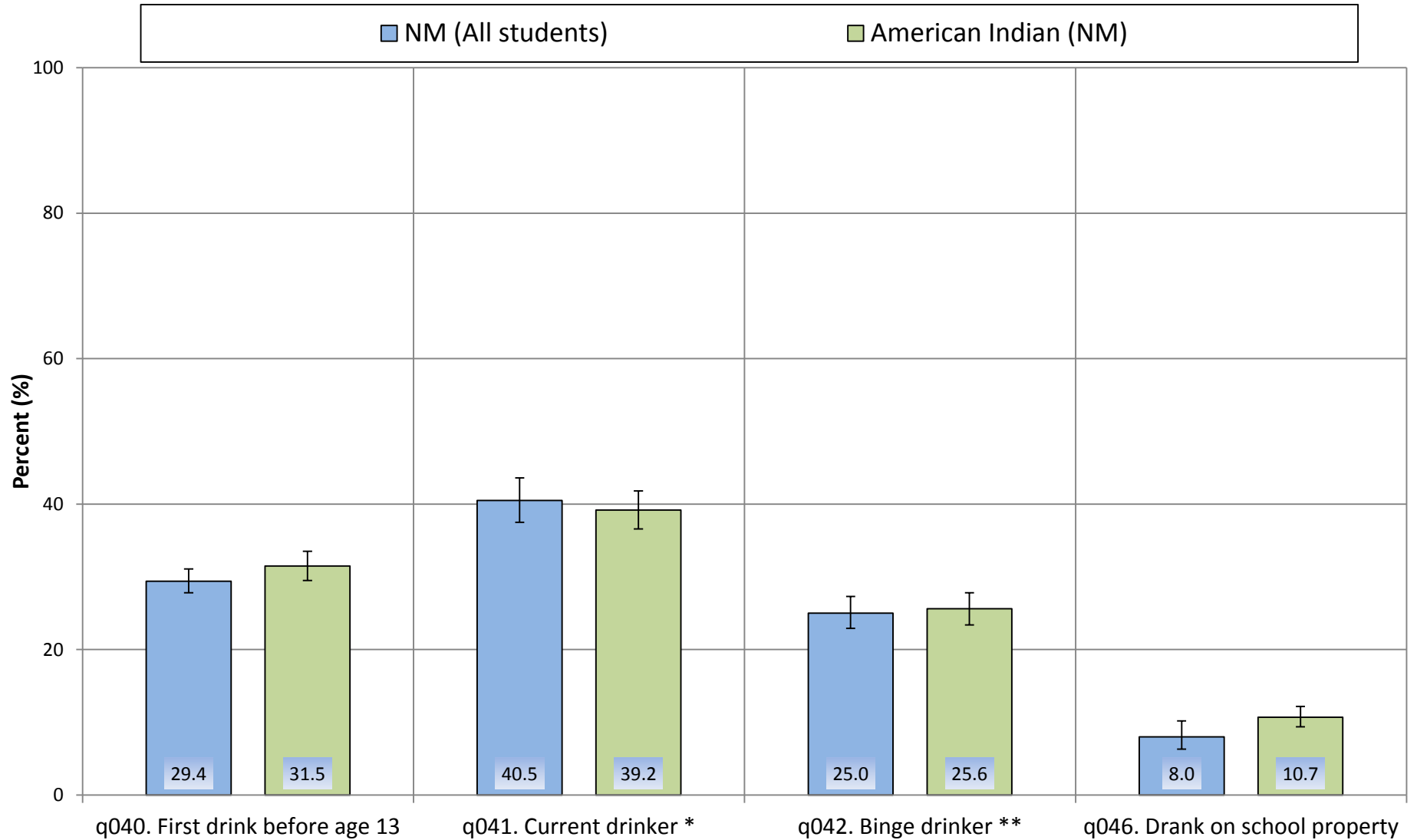
* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes?

Alcohol

Alcohol Use

New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS

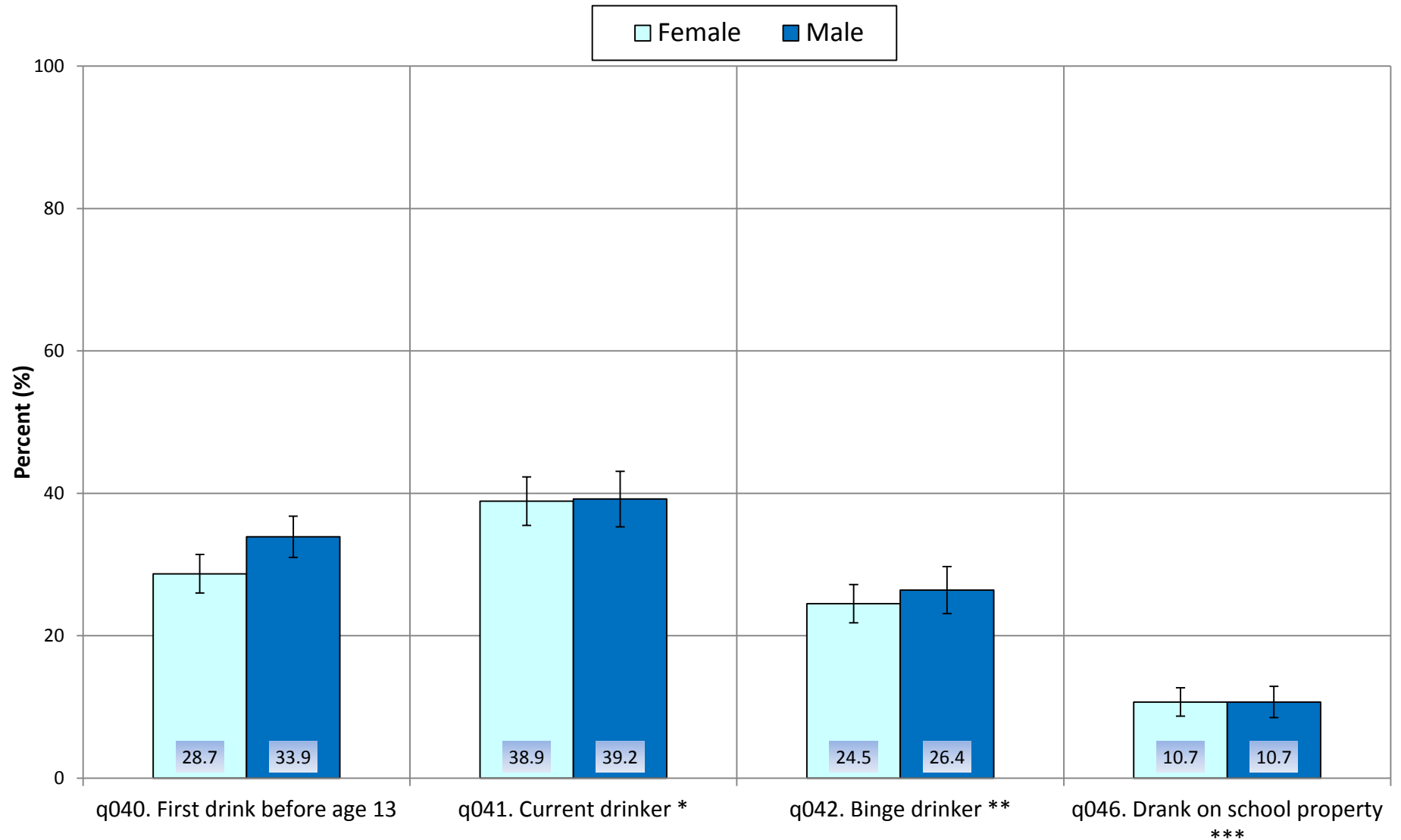


* Had a drink of alcohol on at least one of the past 30 days

** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

*** Had at least one drink of alcohol on school property, on at least one of the past 30 days

Alcohol Use by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

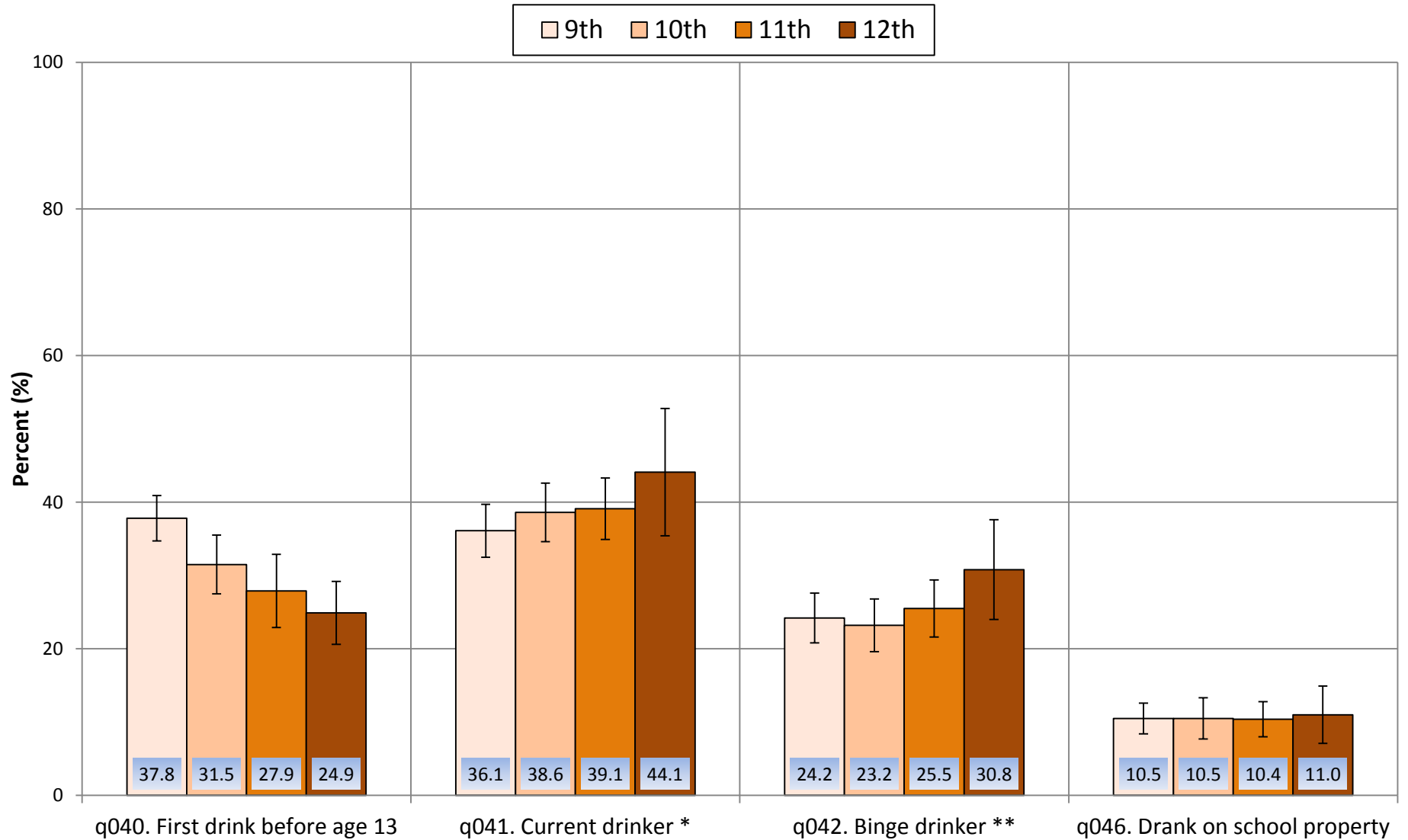


* Had a drink of alcohol on at least one of the past 30 days

** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

*** Had at least one drink of alcohol on school property, on at least one of the past 30 days

Alcohol Use by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Had a drink of alcohol on at least one of the past 30 days

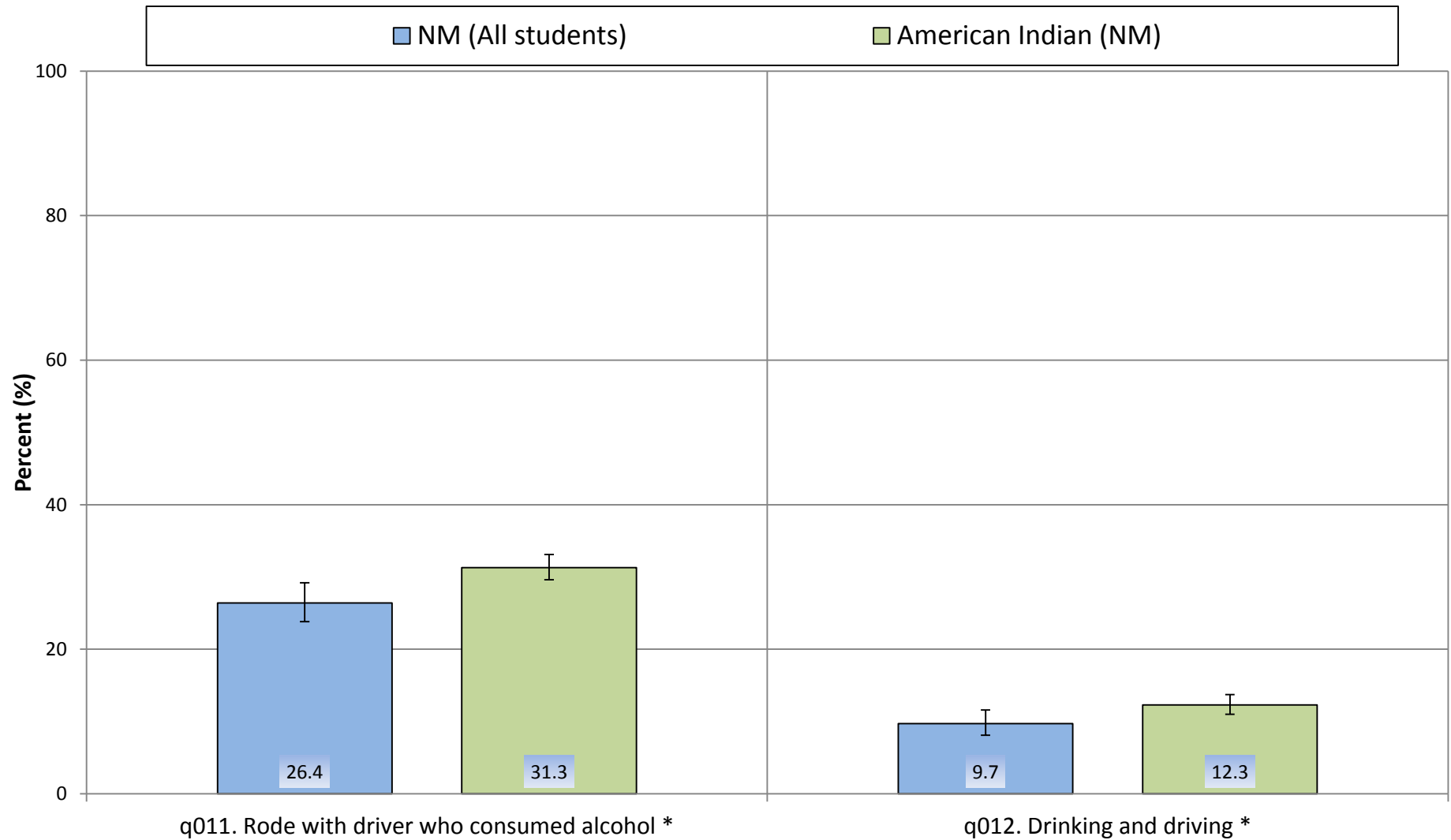
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

*** Had at least one drink of alcohol on school property, on at least one of the past 30 days

Alcohol Use Associated with Injury

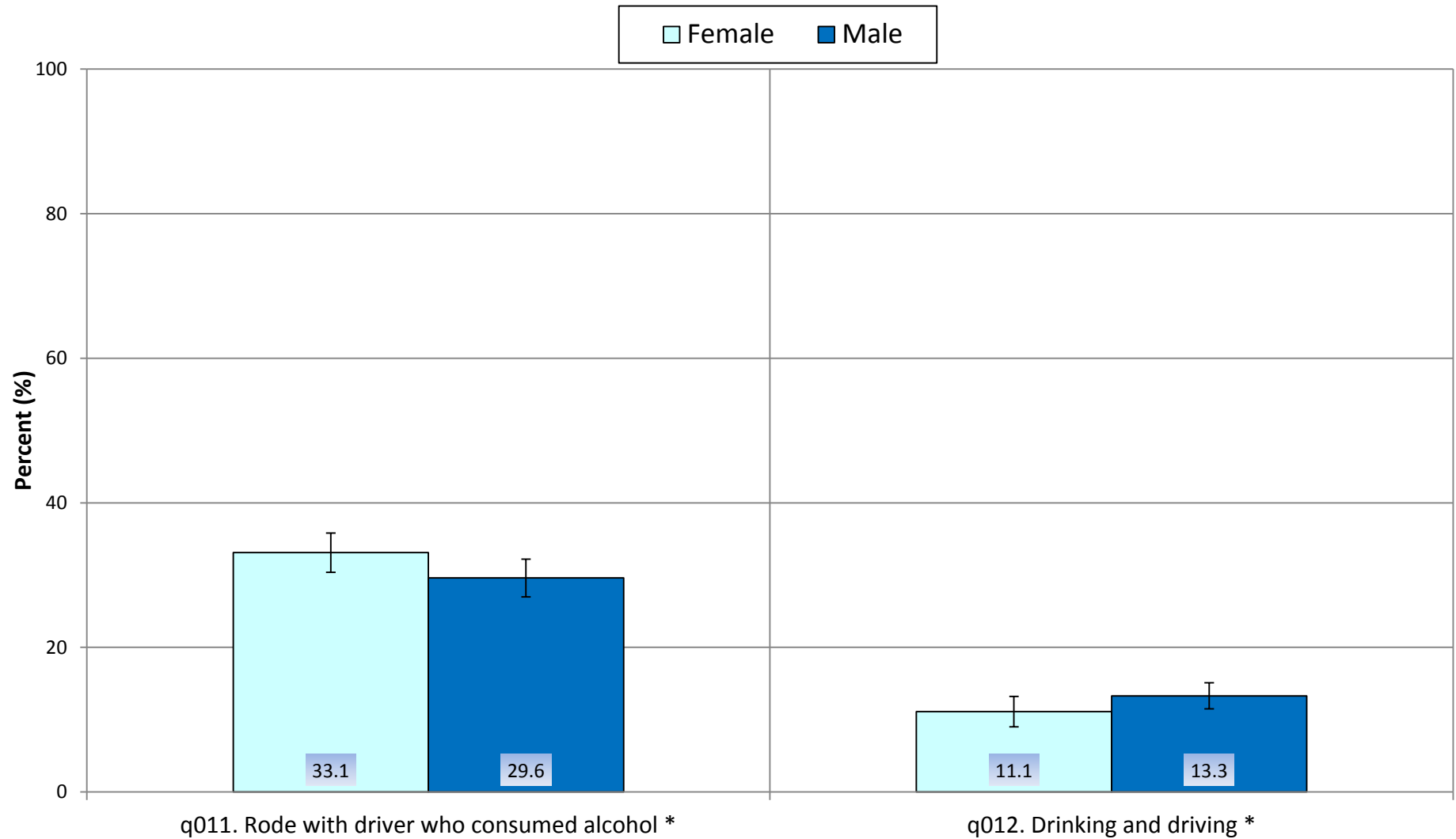
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



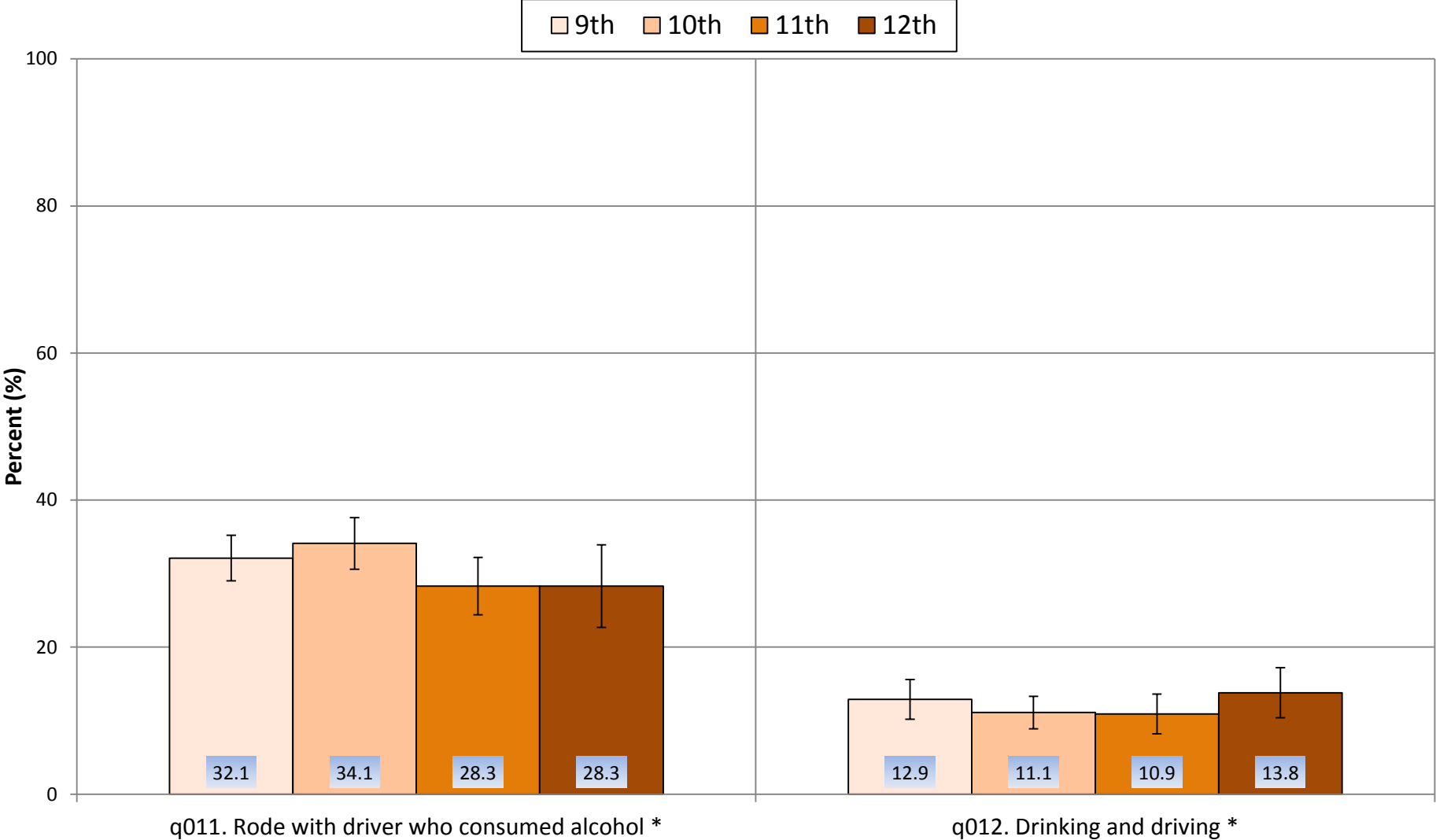
* In the past 30 days

Alcohol Use Associated with Injury by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* In the past 30 days

Alcohol Use Associated with Injury by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

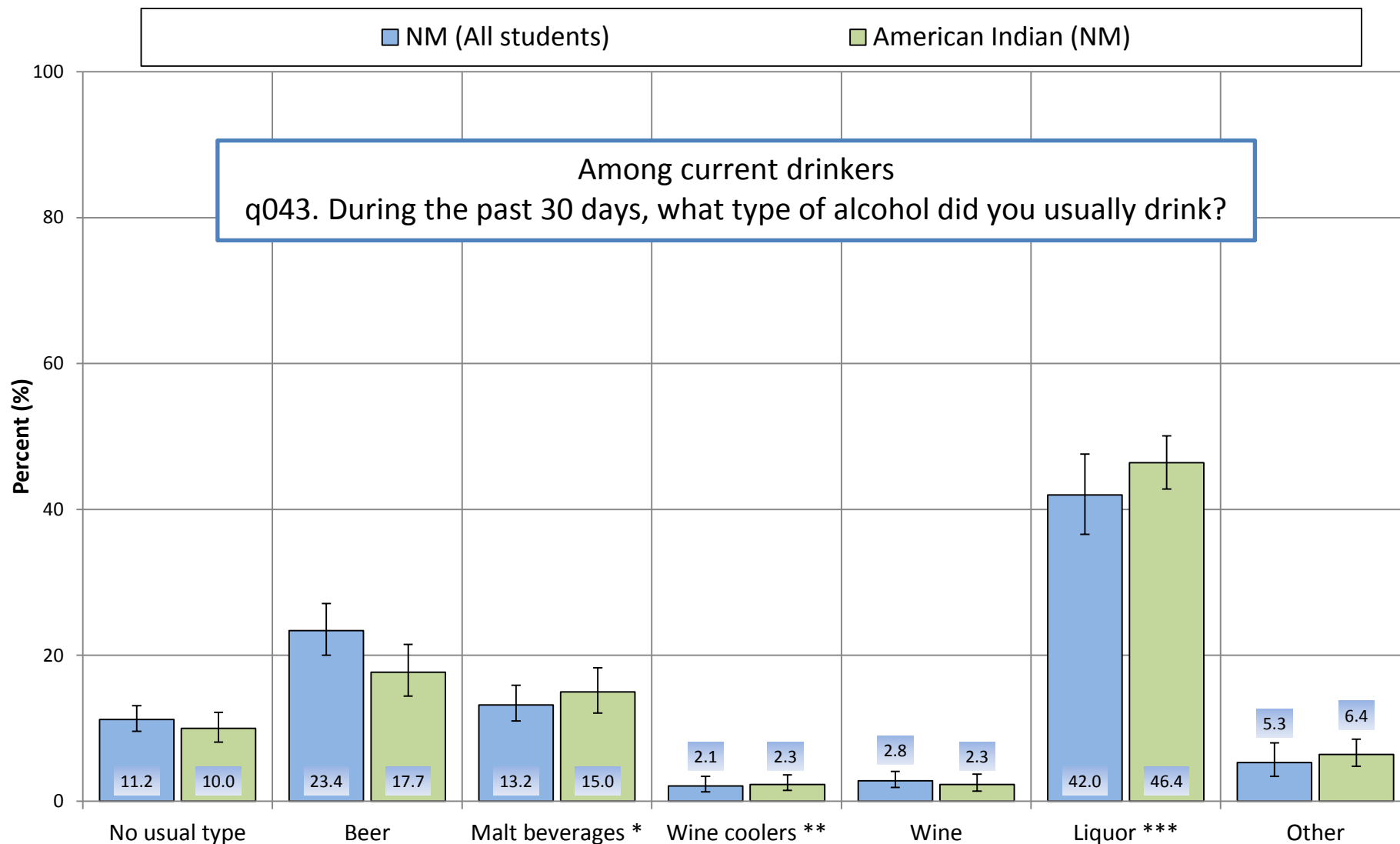


* In the past 30 days

Alcohol Use: Behaviors of Current Drinkers

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS

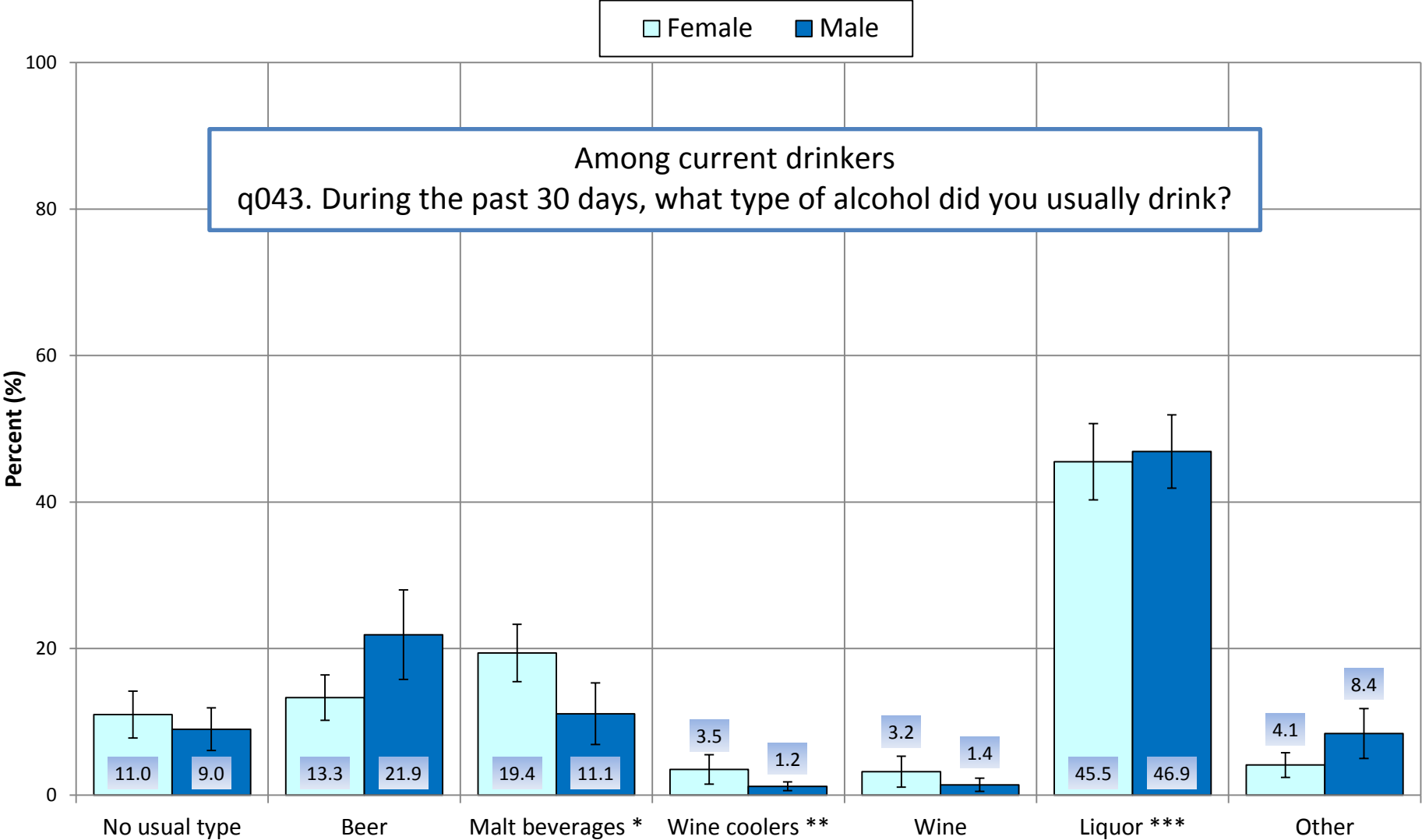


* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

** Such as Bartles & James or Seagrams

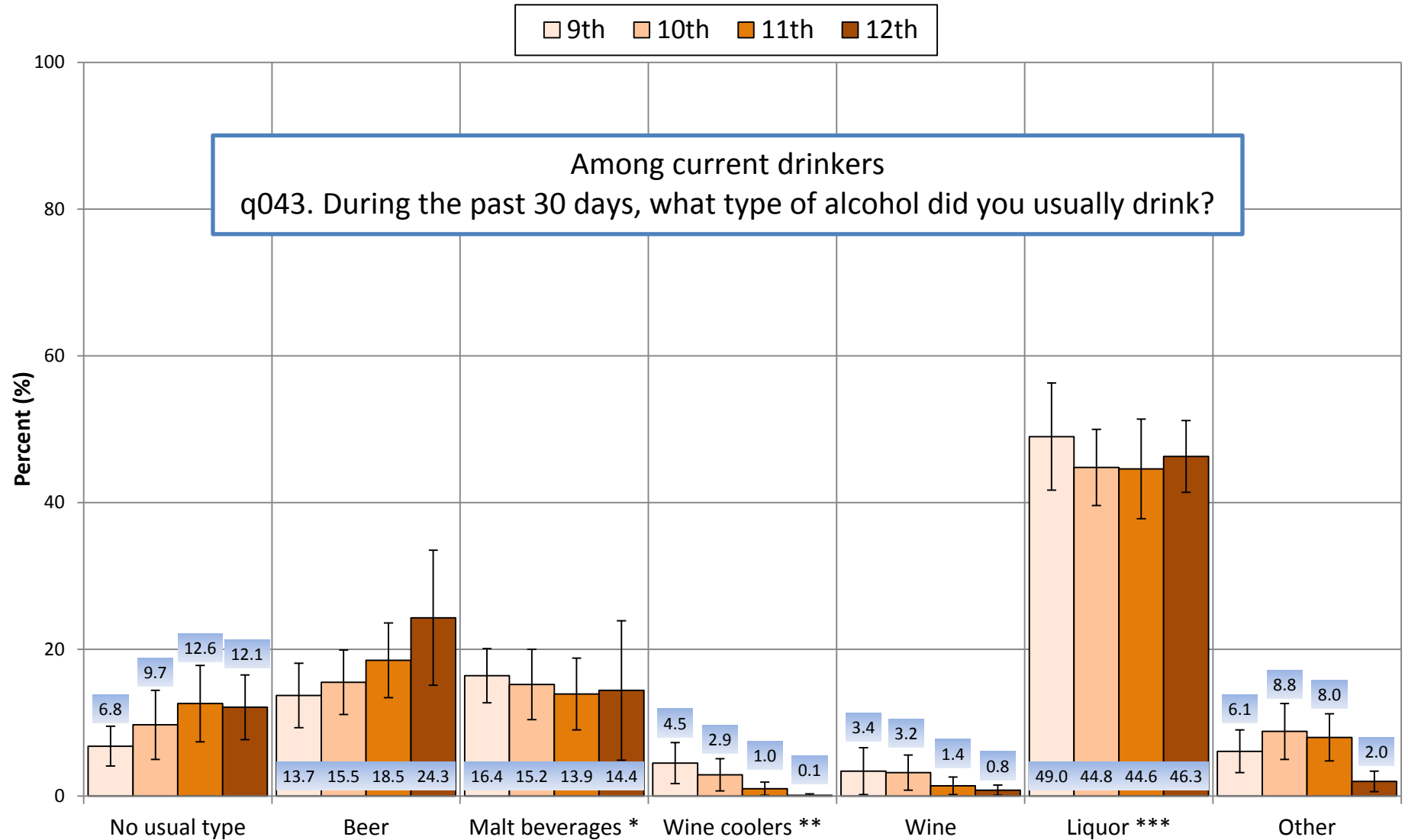
*** Such as vodka, rum, scotch, bourbon, or whiskey

Alcohol Use: Behaviors of Current Drinkers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
 ** Such as Bartles & James or Seagrams
 *** Such as vodka, rum, scotch, bourbon, or whiskey

Alcohol Use: Behaviors of Current Drinkers by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

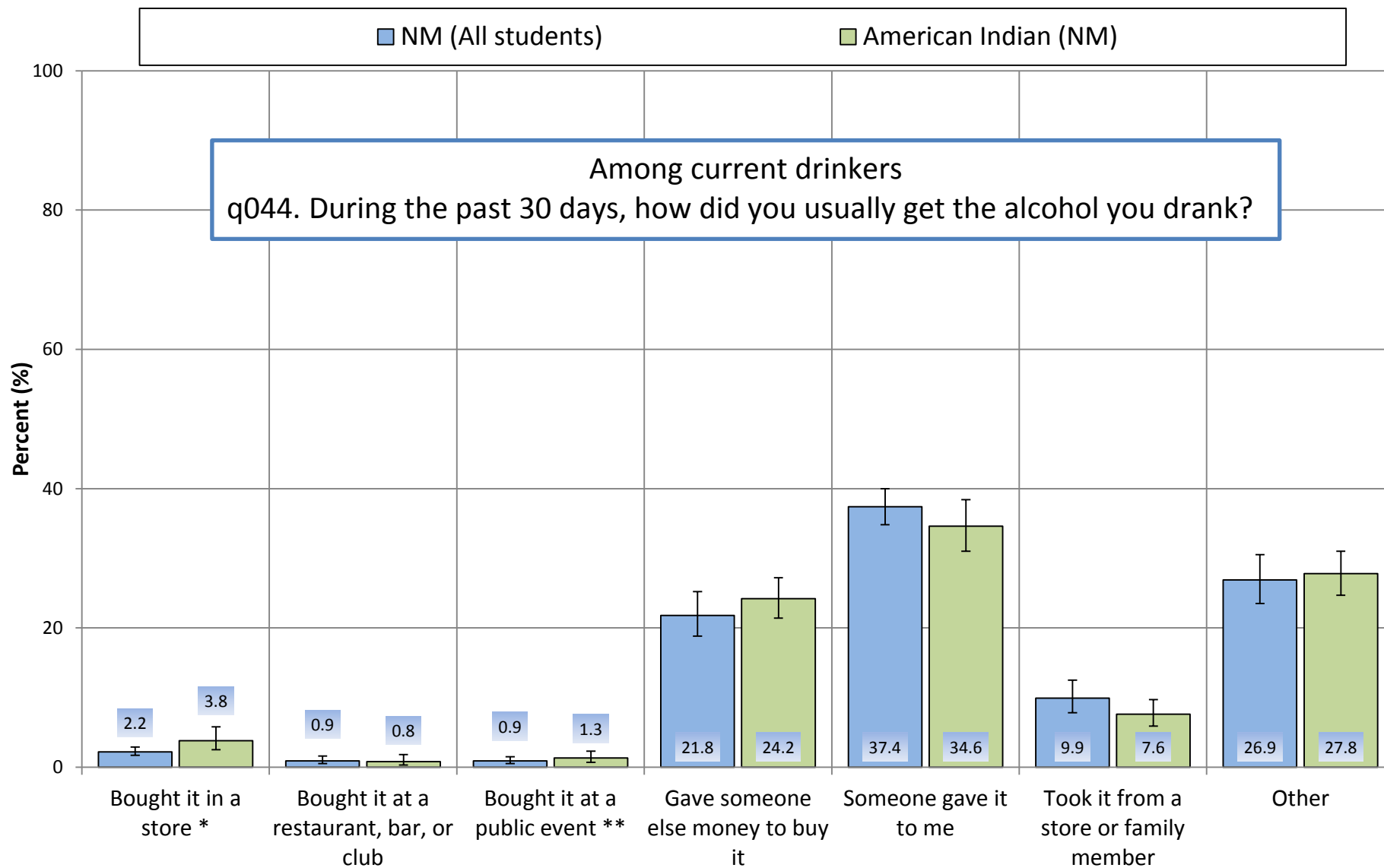
** Such as Bartles & James or Seagrams

*** Such as vodka, rum, scotch, bourbon, or whiskey

Alcohol Use: Behaviors of Current Drinkers

New Mexico (all students) and American Indian Students (all NM)

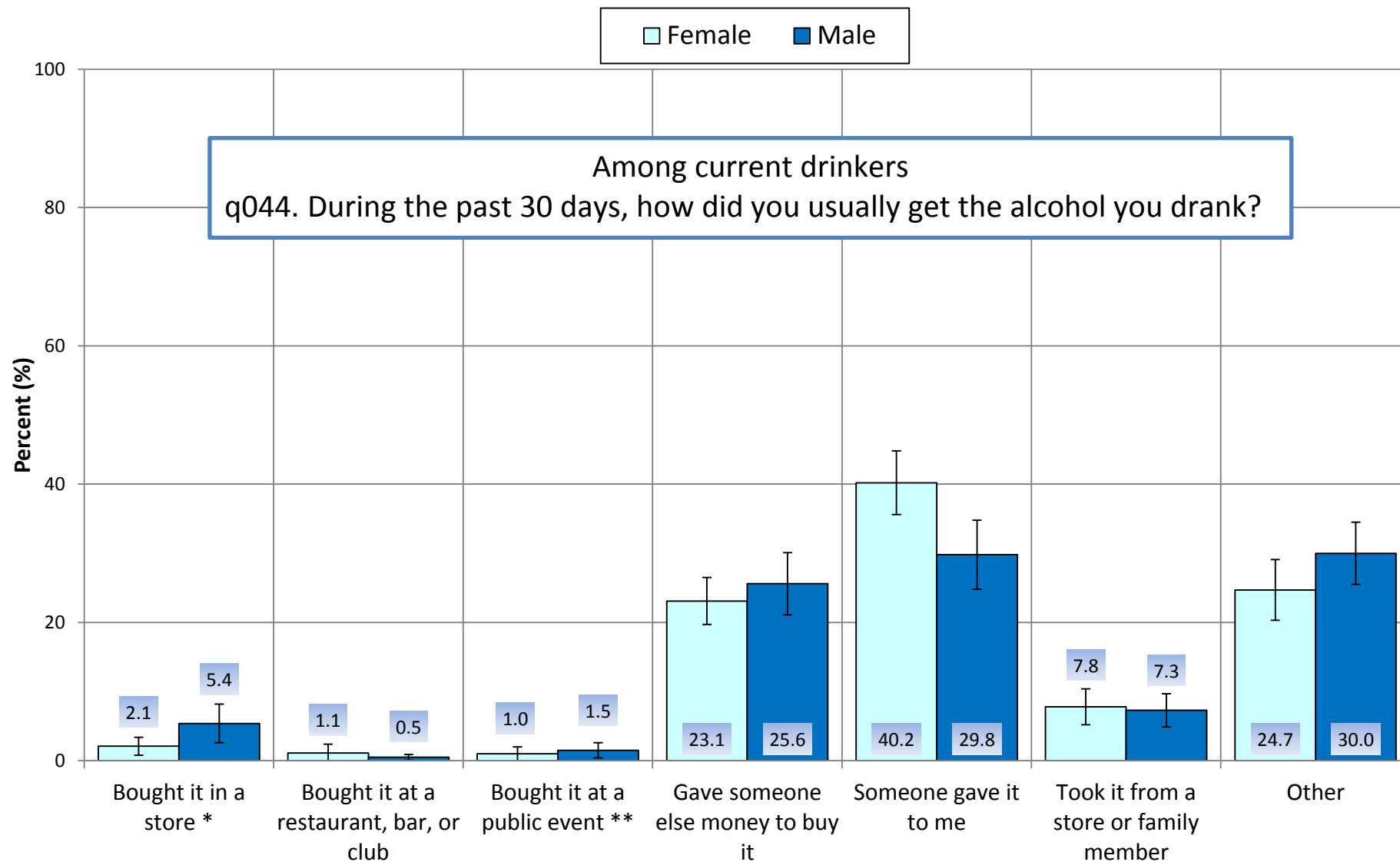
Grades 9 - 12, 2009 NM YRRS



* Such as a liquor store, convenience store, supermarket, discount store, or gas station

** Such as a concert or sporting event

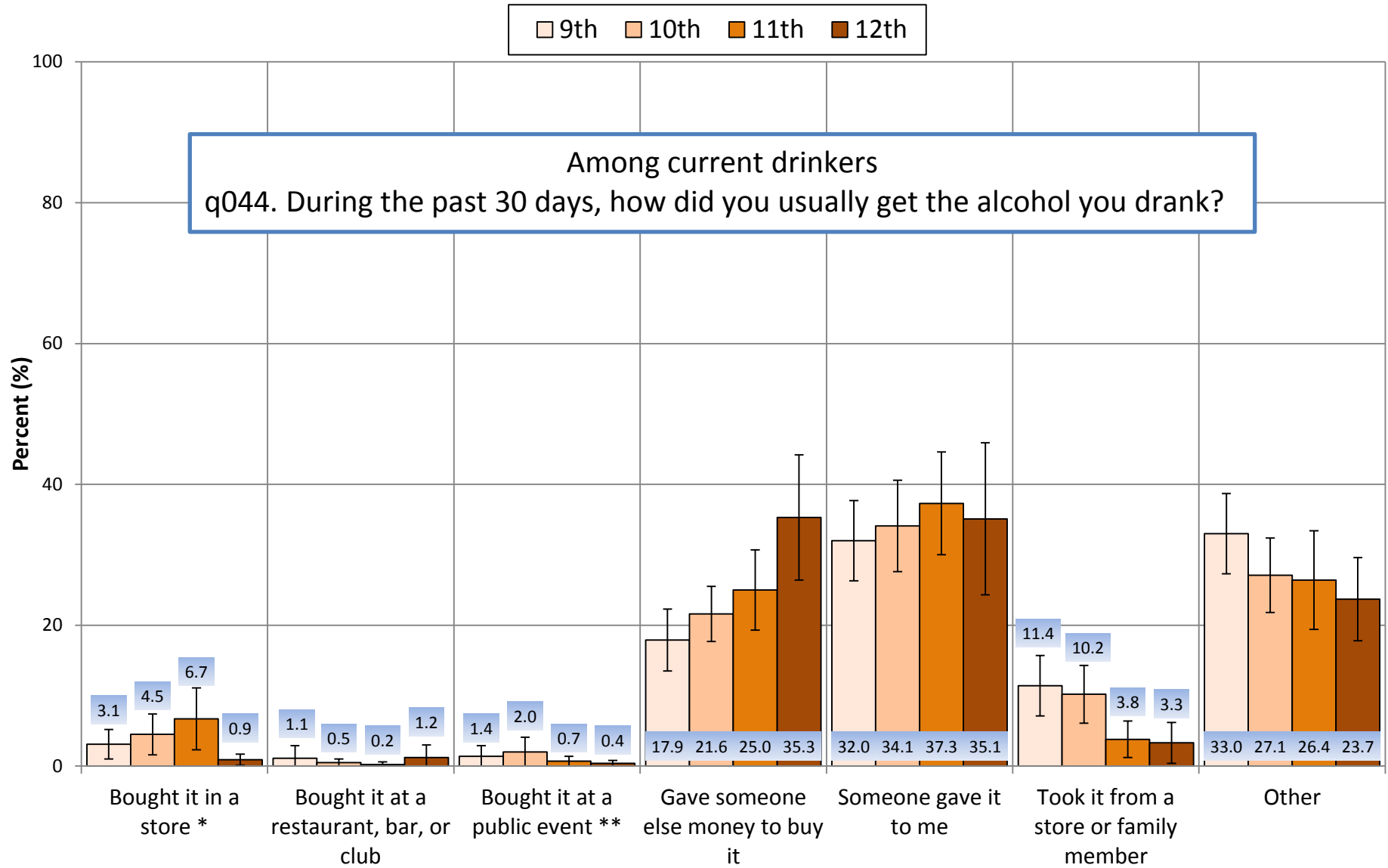
Alcohol Use: Behaviors of Current Drinkers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Such as a liquor store, convenience store, supermarket, discount store, or gas station

** Such as a concert or sporting event

Alcohol Use: Behaviors of Current Drinkers by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



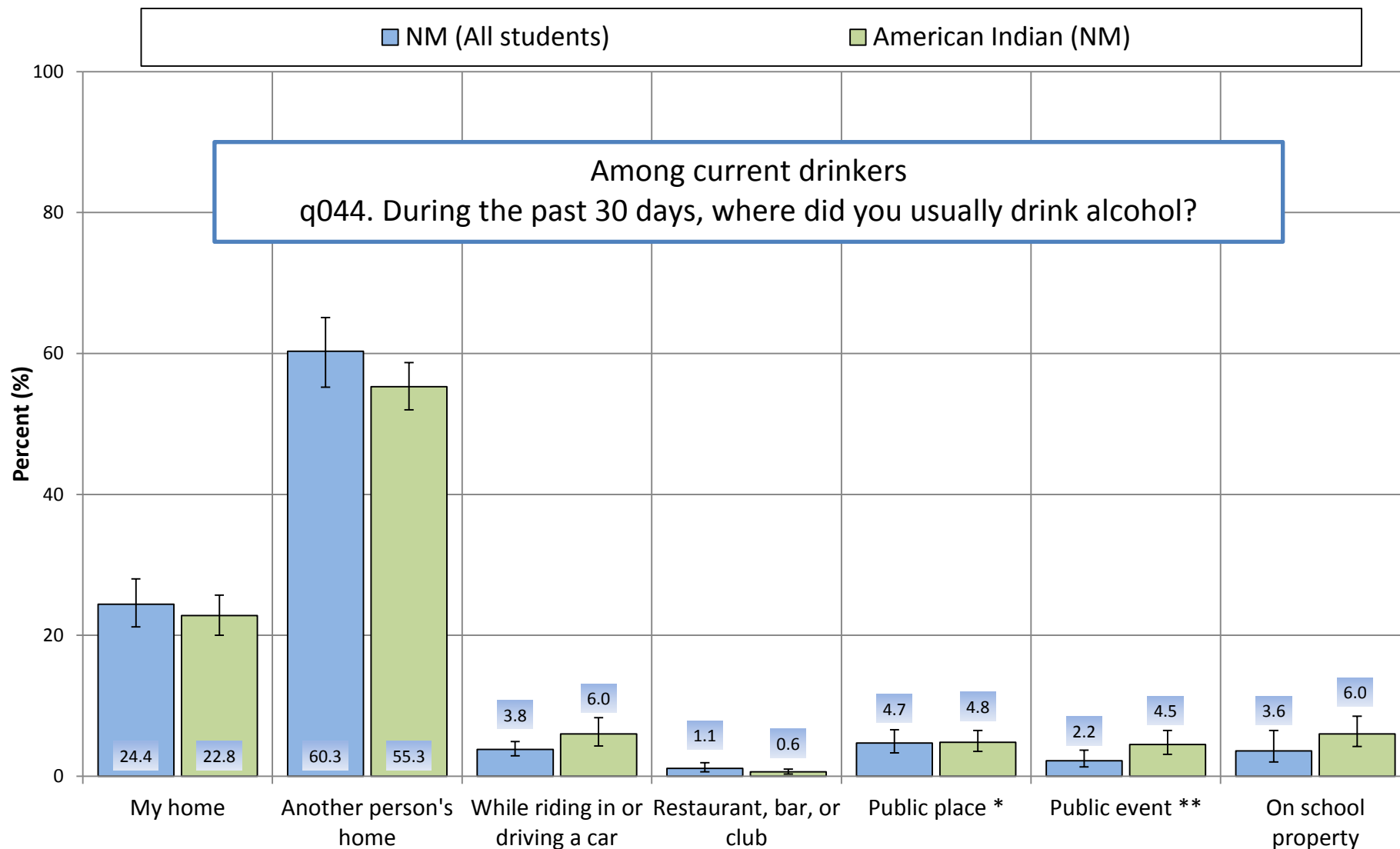
* Such as a liquor store, convenience store, supermarket, discount store, or gas station

** Such as a concert or sporting event

Alcohol Use: Behaviors of Current Drinkers

New Mexico (all students) and American Indian Students (all NM)

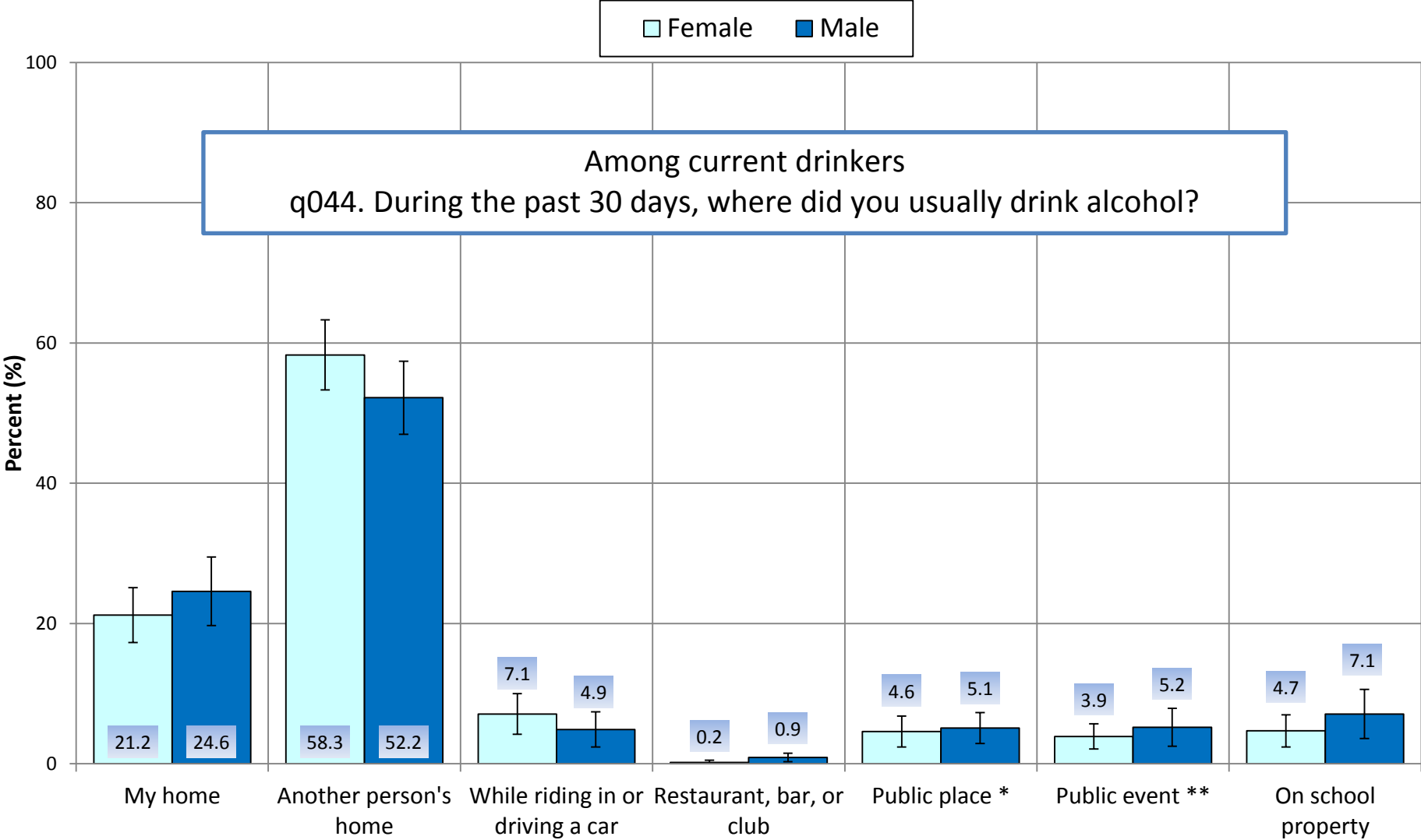
Grades 9 - 12, 2009 NM YRRS



* Such as a park, beach, or parking lot

** Such as a concert or sporting event

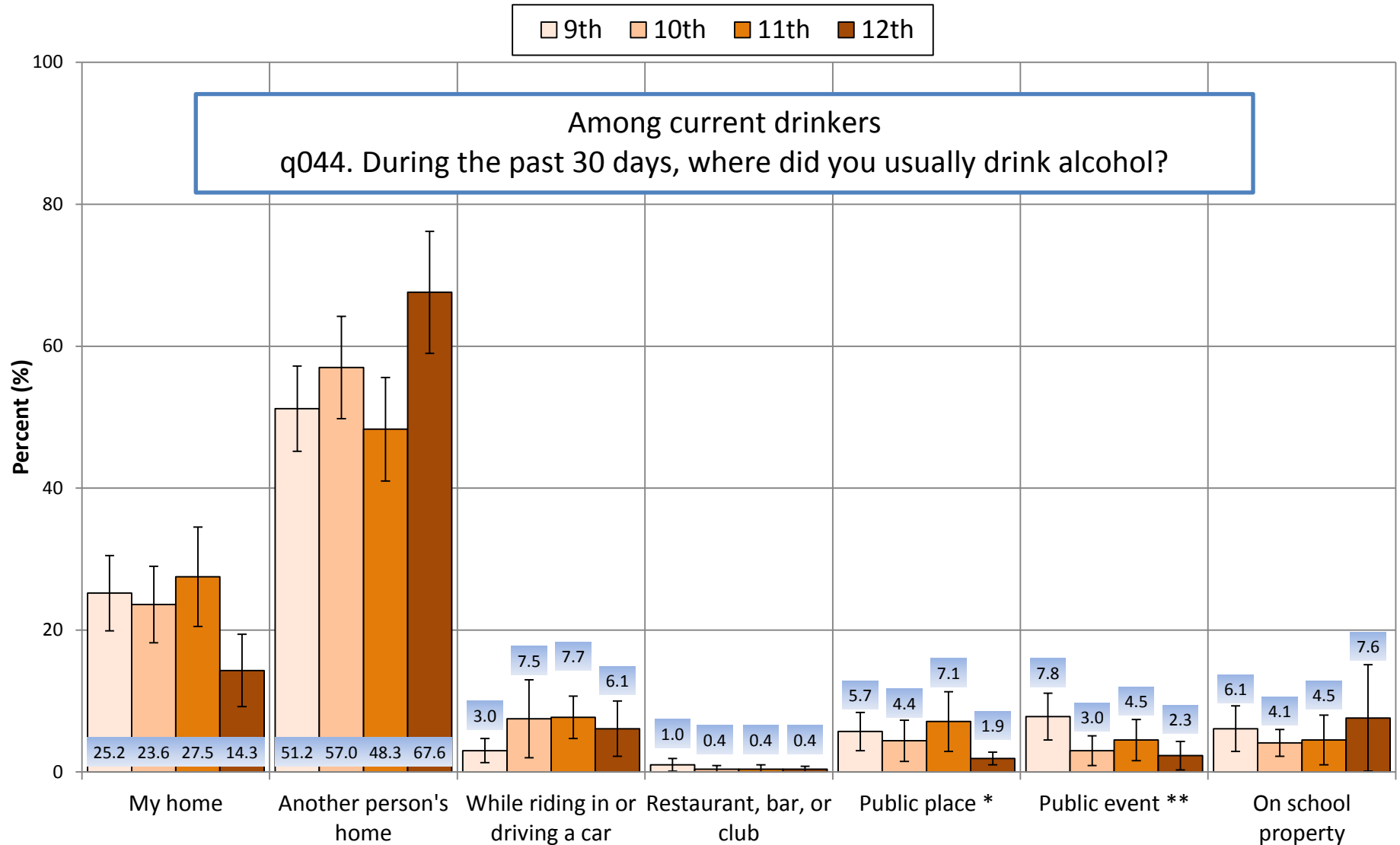
Alcohol Use: Behaviors of Current Drinkers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Such as a park, beach, or parking lot

** Such as a concert or sporting event

Alcohol Use: Behaviors of Current Drinkers by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

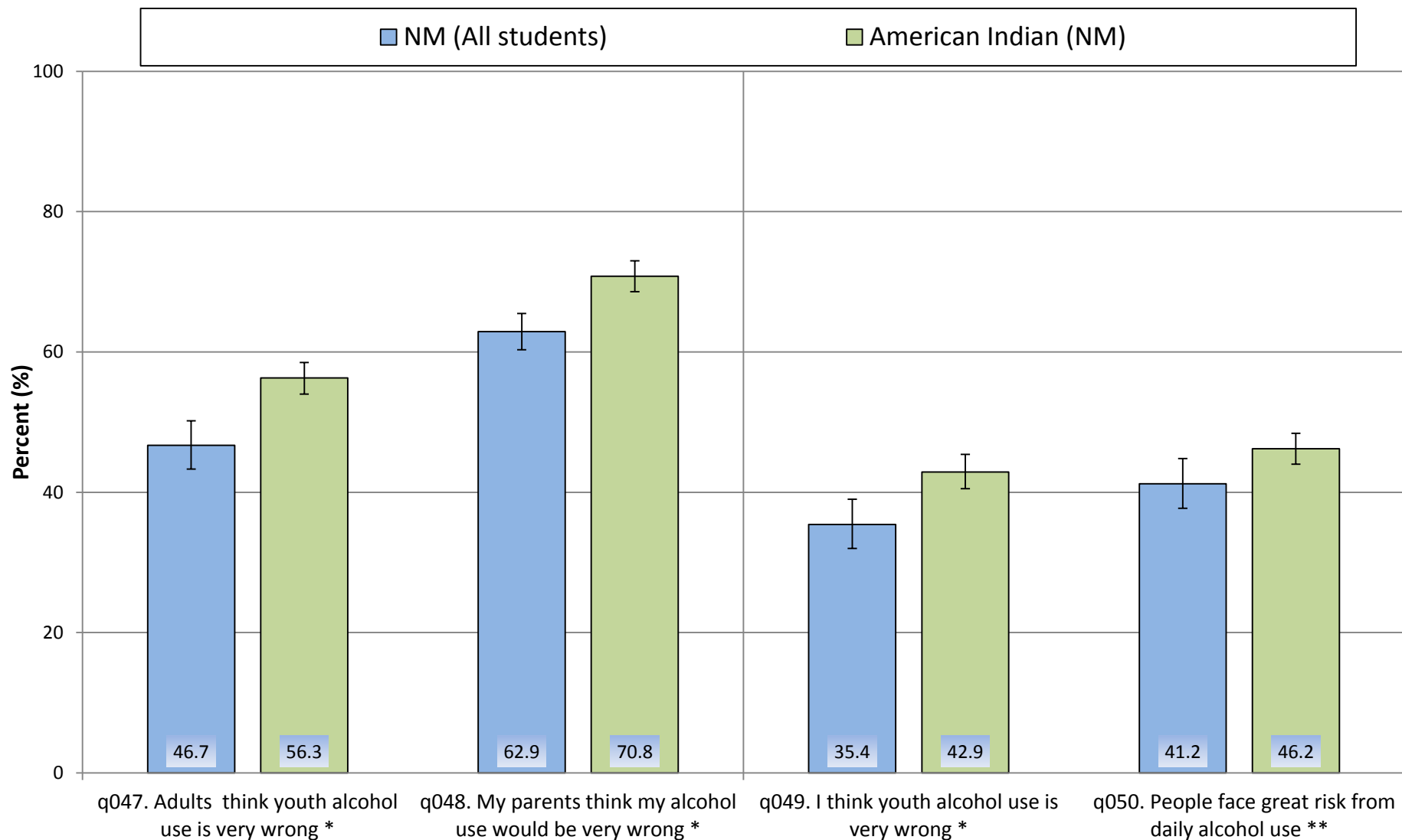


* Such as a park, beach, or parking lot

** Such as a concert or sporting even

Alcohol: Attitudes

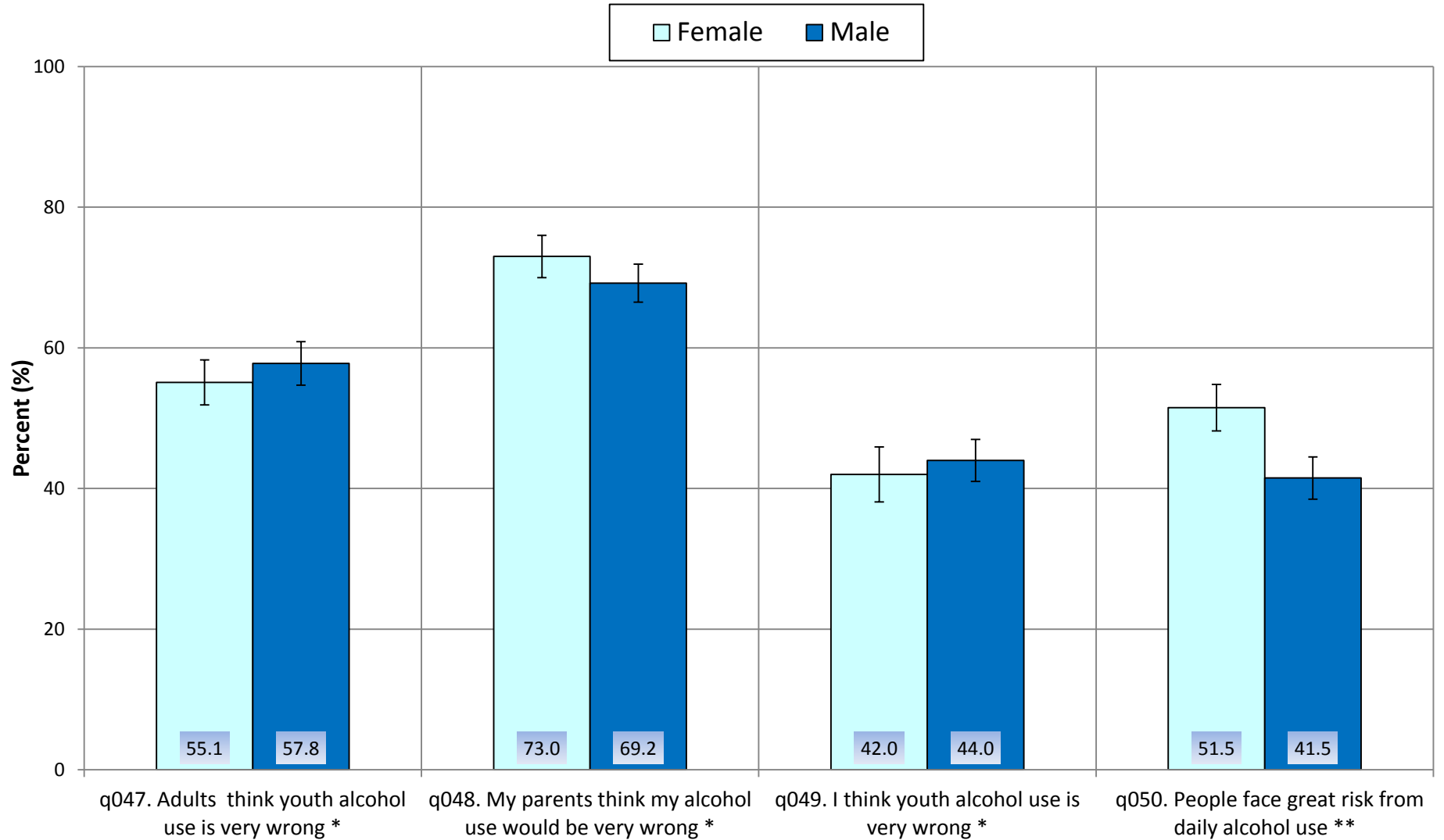
New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

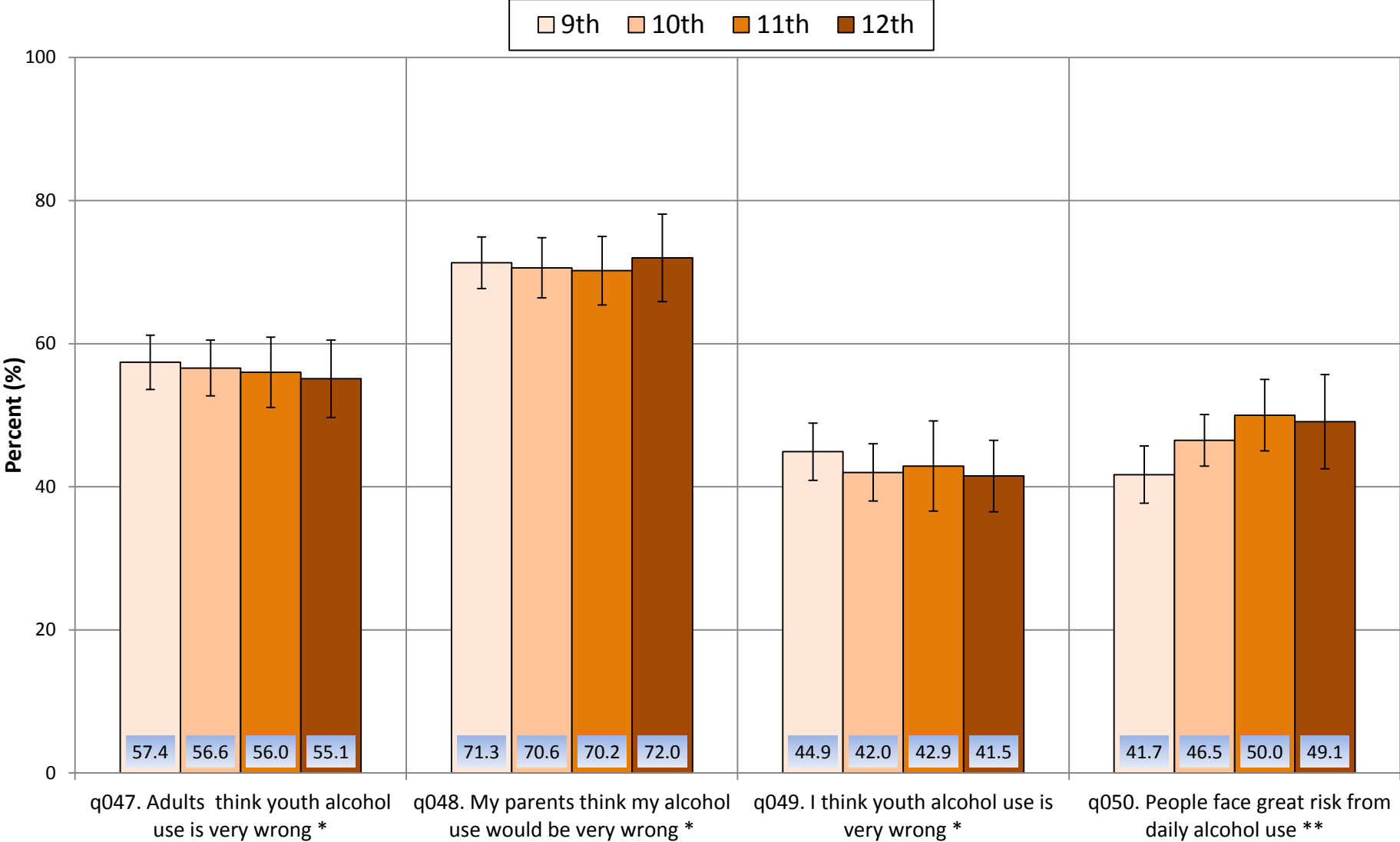
Alcohol: Attitudes by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

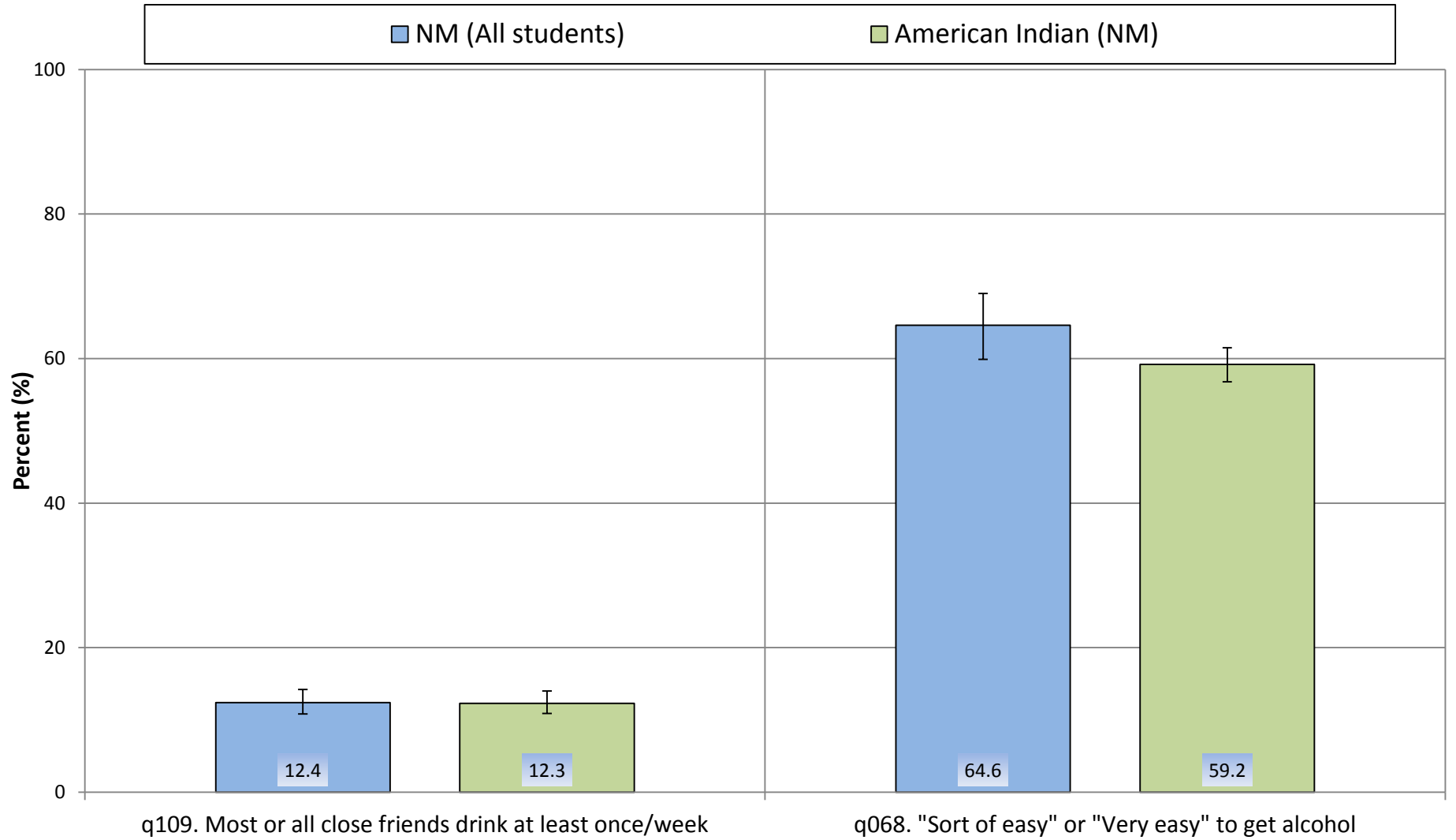
Alcohol: Attitudes by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



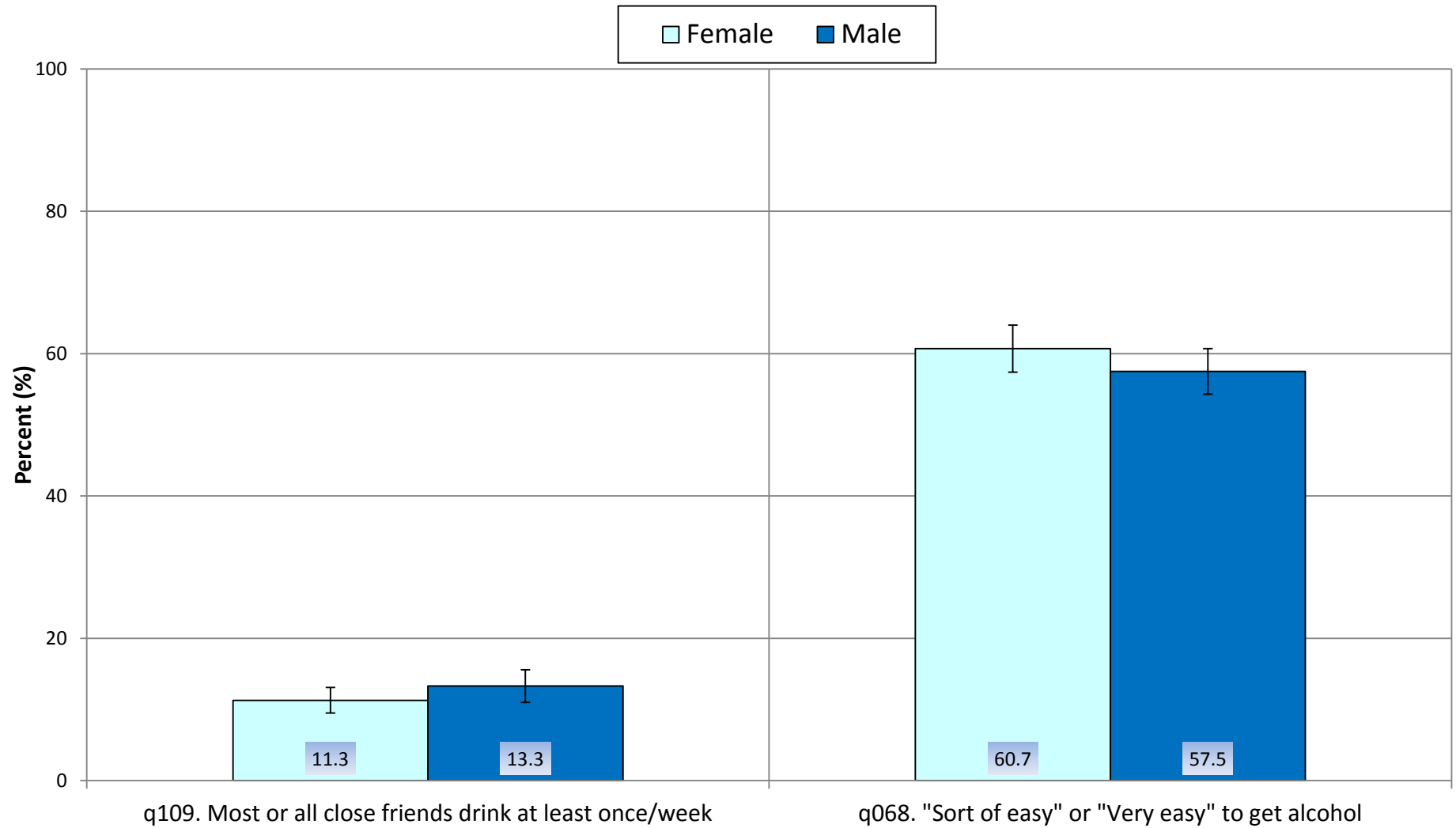
* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

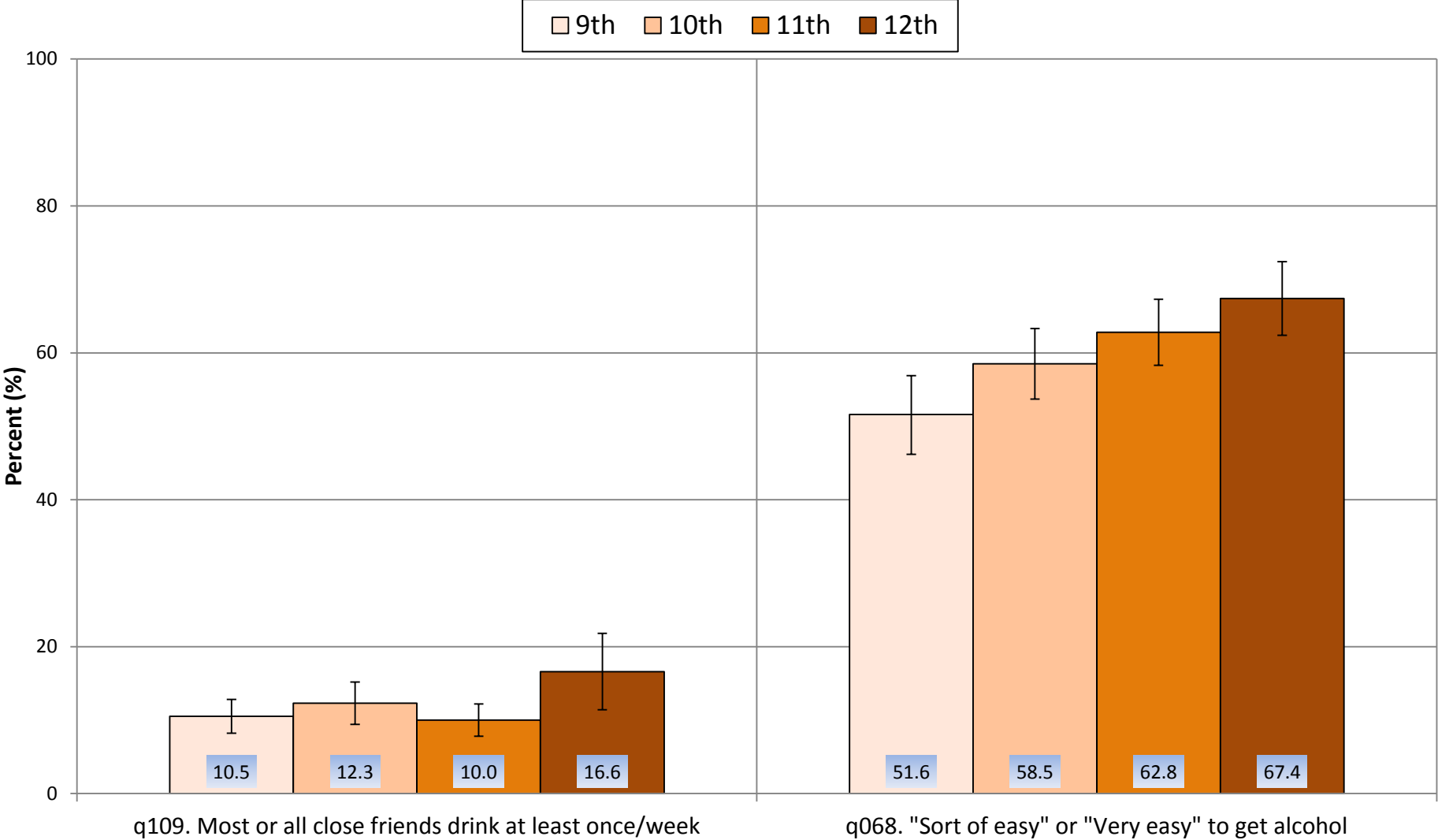
Alcohol: Access and Use by Friends
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



Alcohol: Access and Use by Friends by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

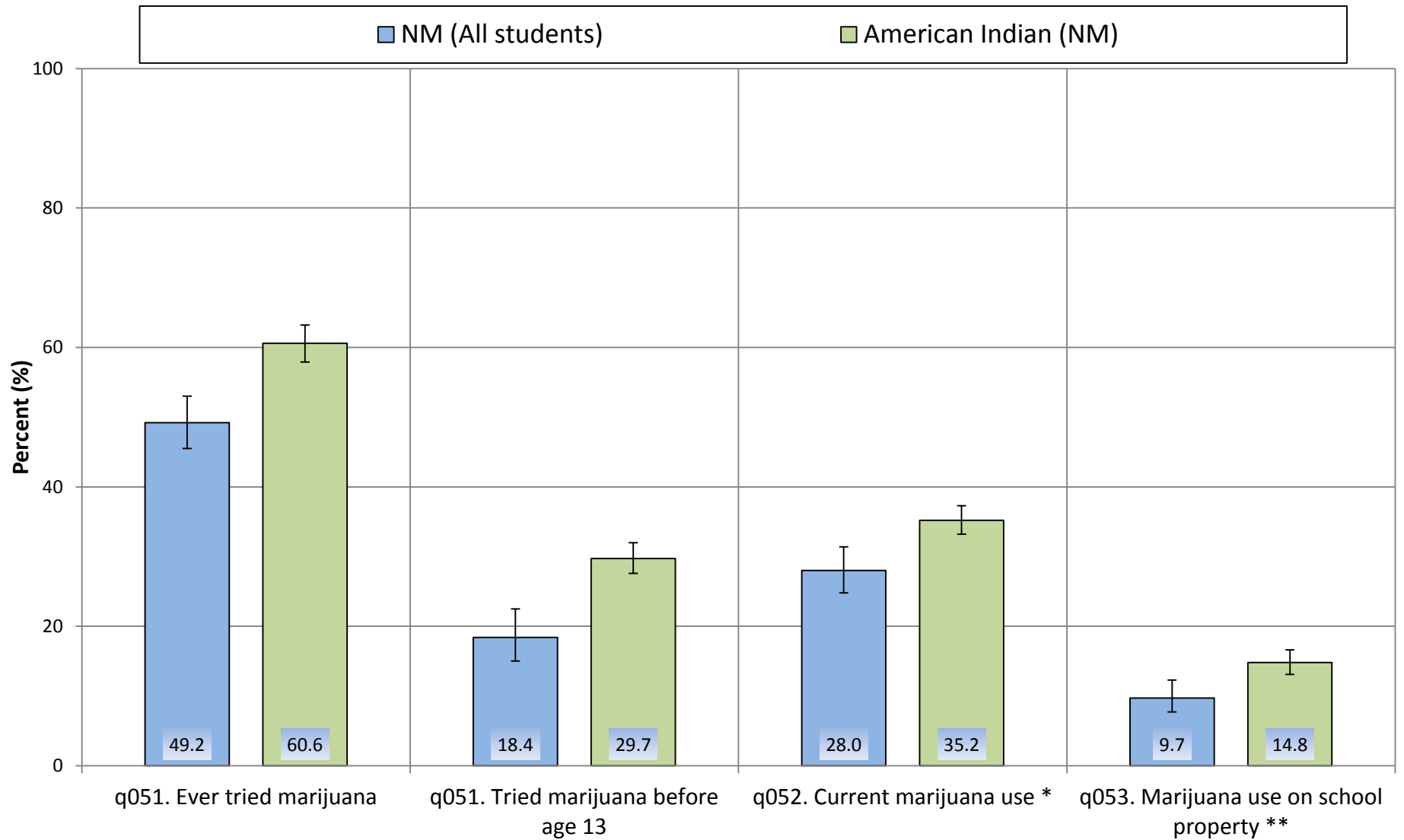


Alcohol: Access and Use by Friends by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



Drugs

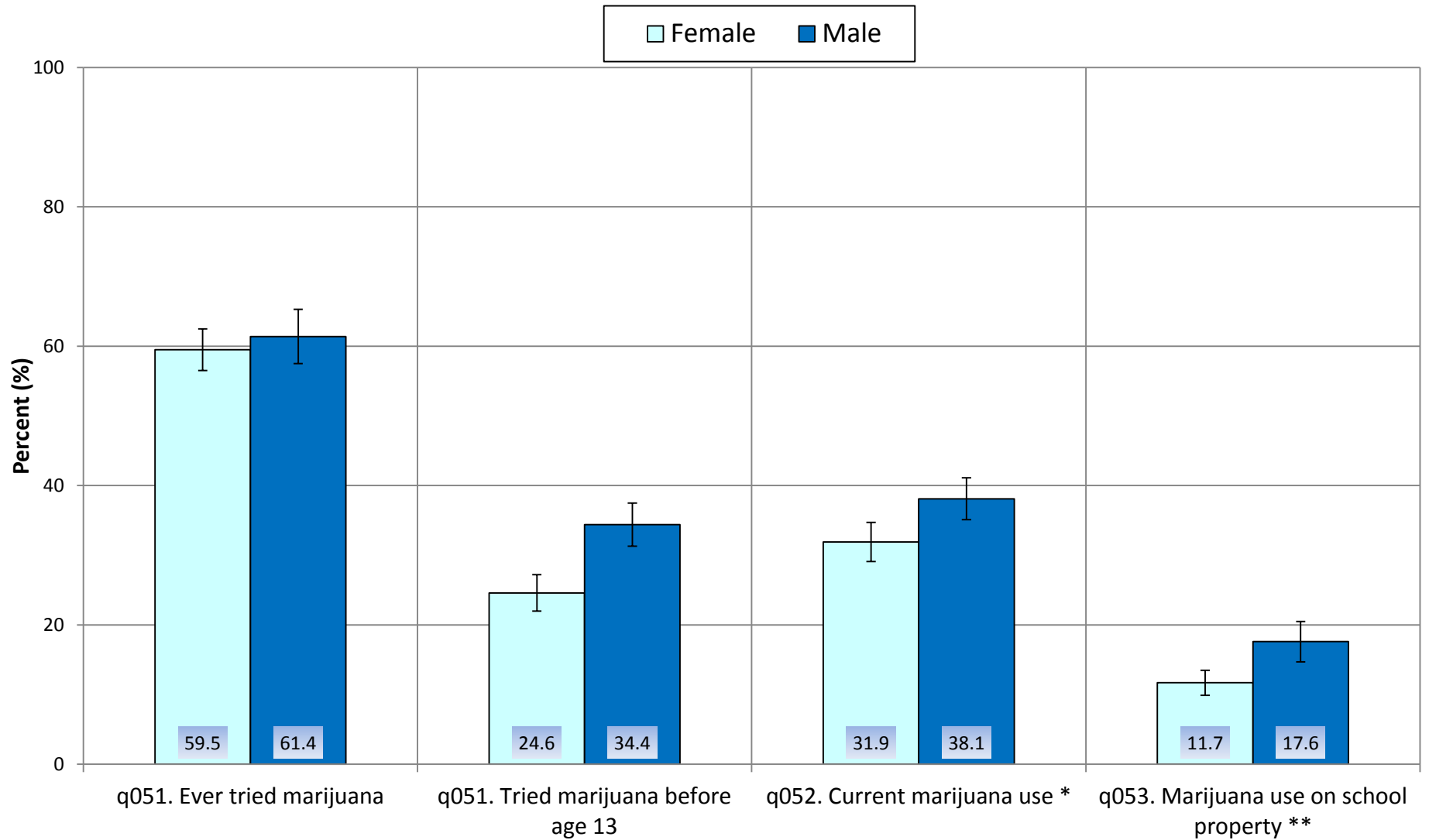
Marijuana Use New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* Used marijuana at least once in the past 30 days

** Used marijuana on school property at least once in the past 30 days

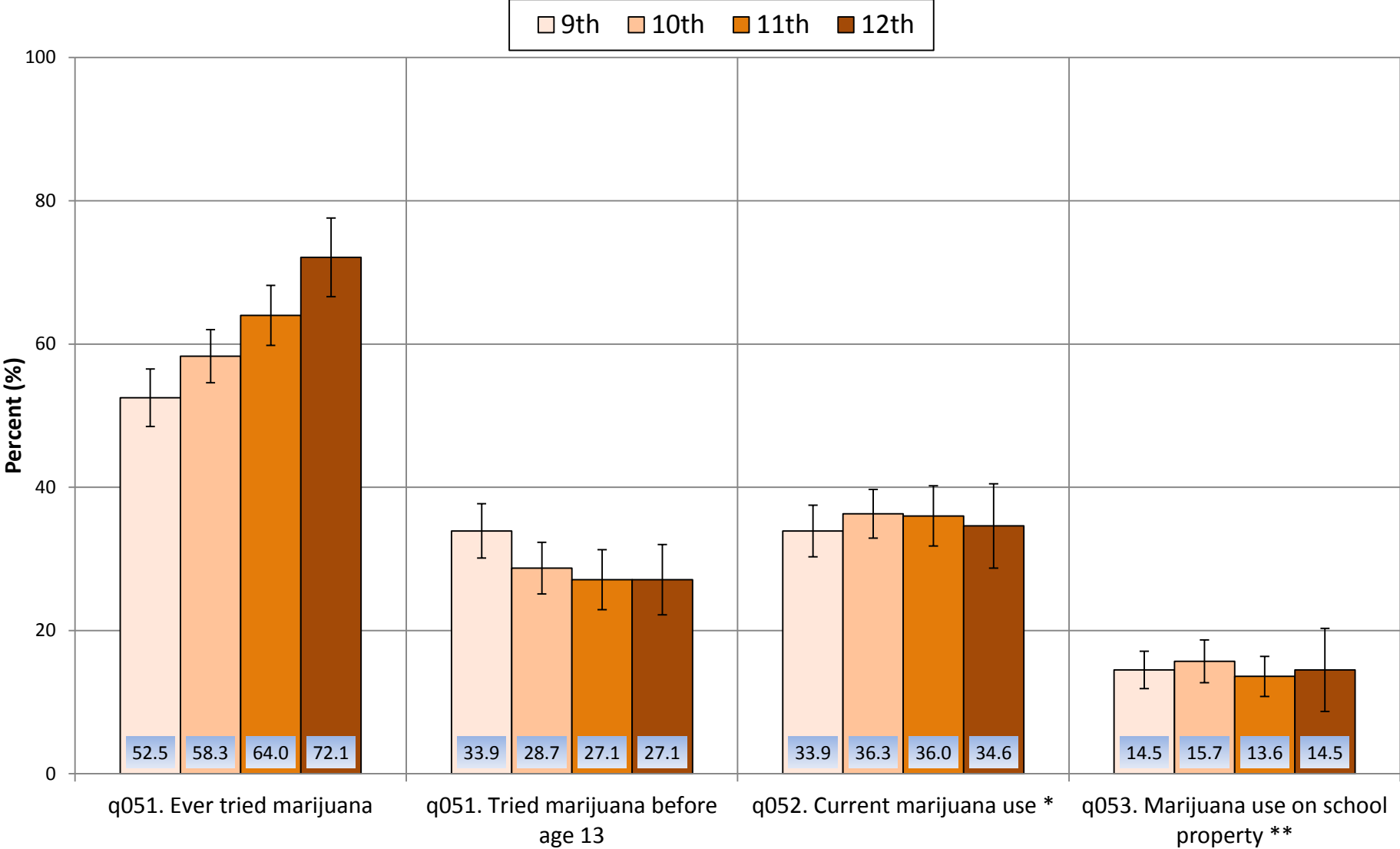
Marijuana Use by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Used marijuana at least once in the past 30 days

** Used marijuana on school property at least once in the past 30 days

Marijuana Use by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

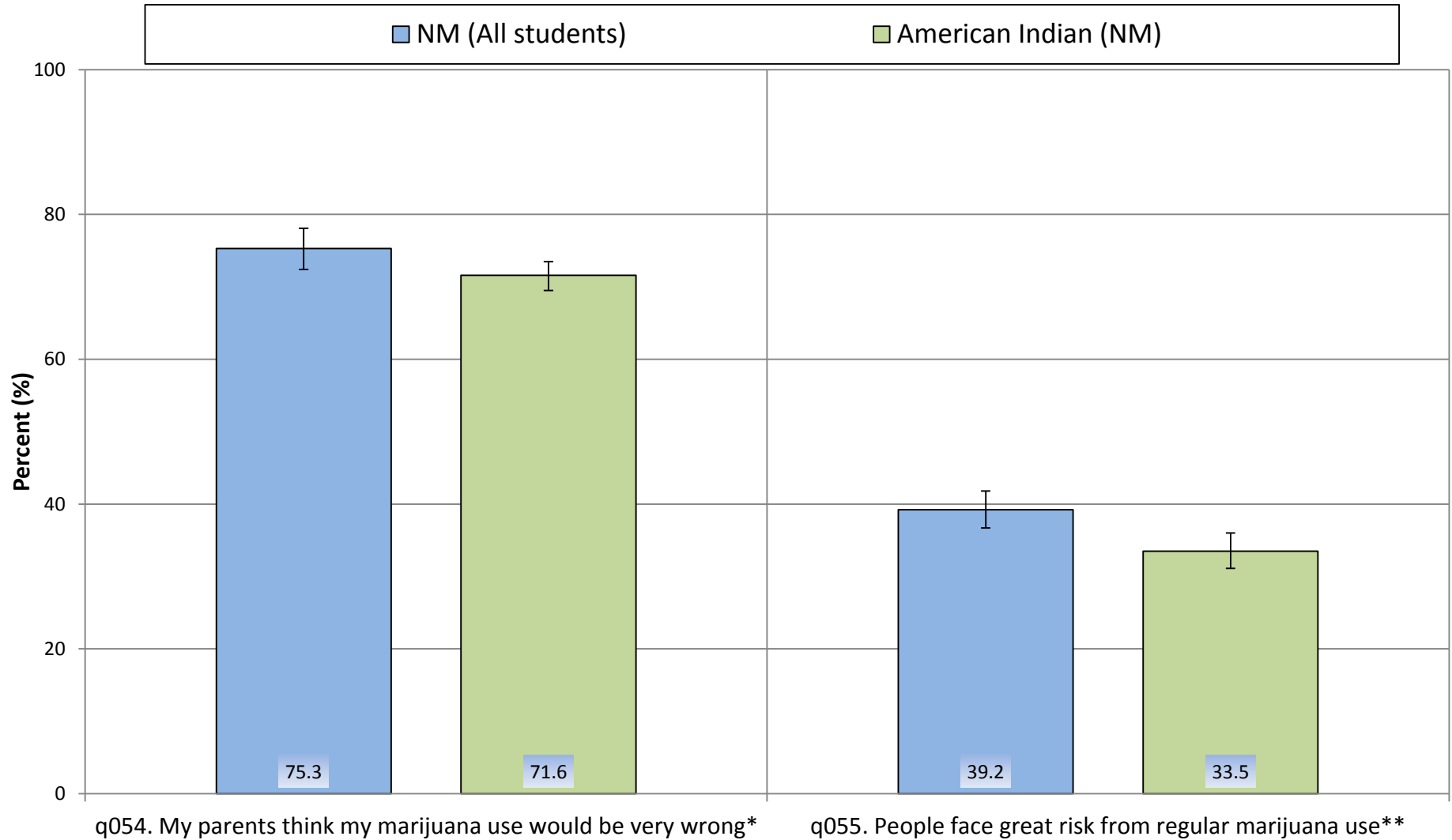


* Used marijuana at least once in the past 30 days

** Used marijuana on school property at least once in the past 30 days

Marijuana: Attitudes

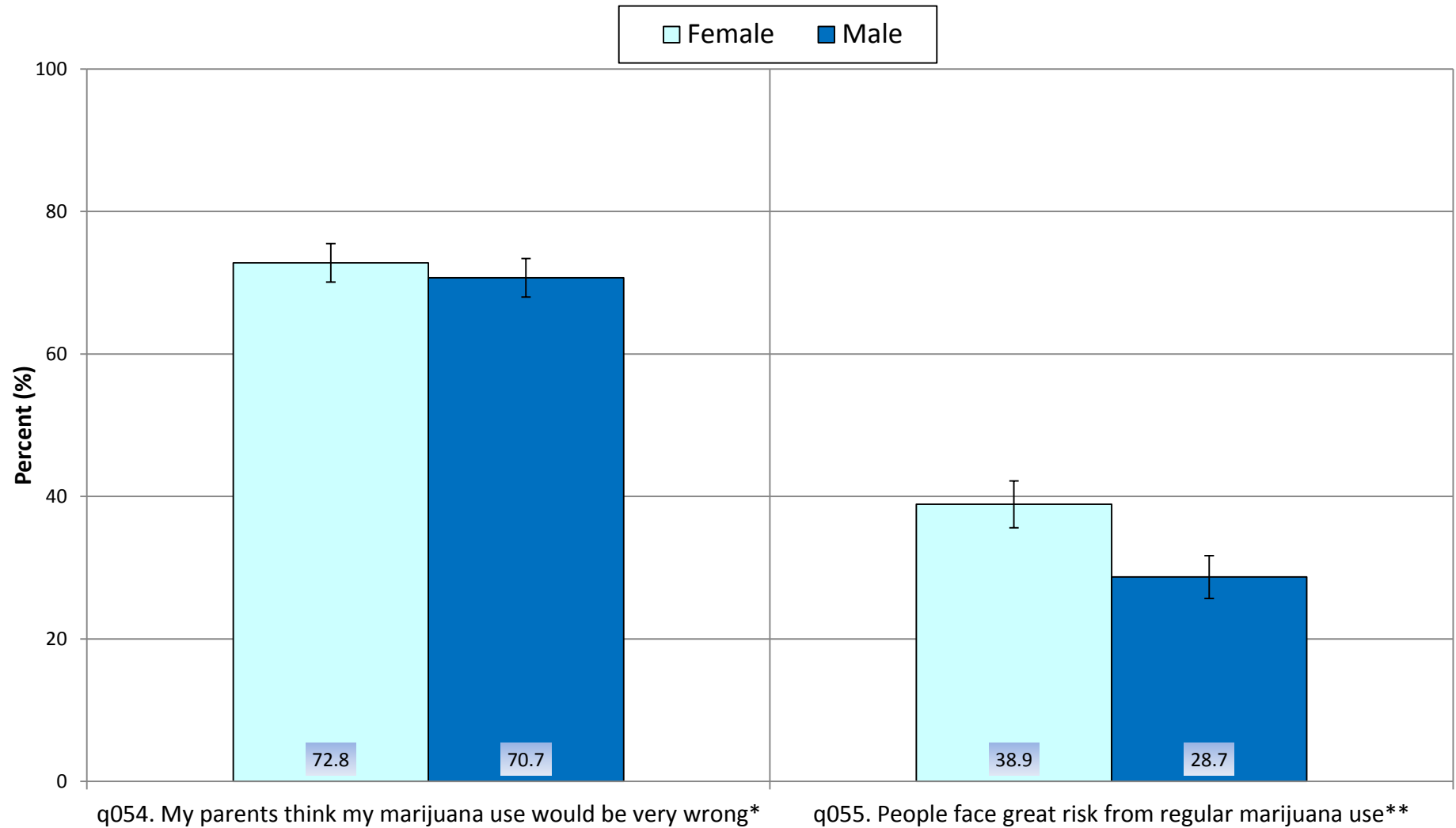
New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* How wrong do your parents feel it would be for you to use marijuana?

** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?

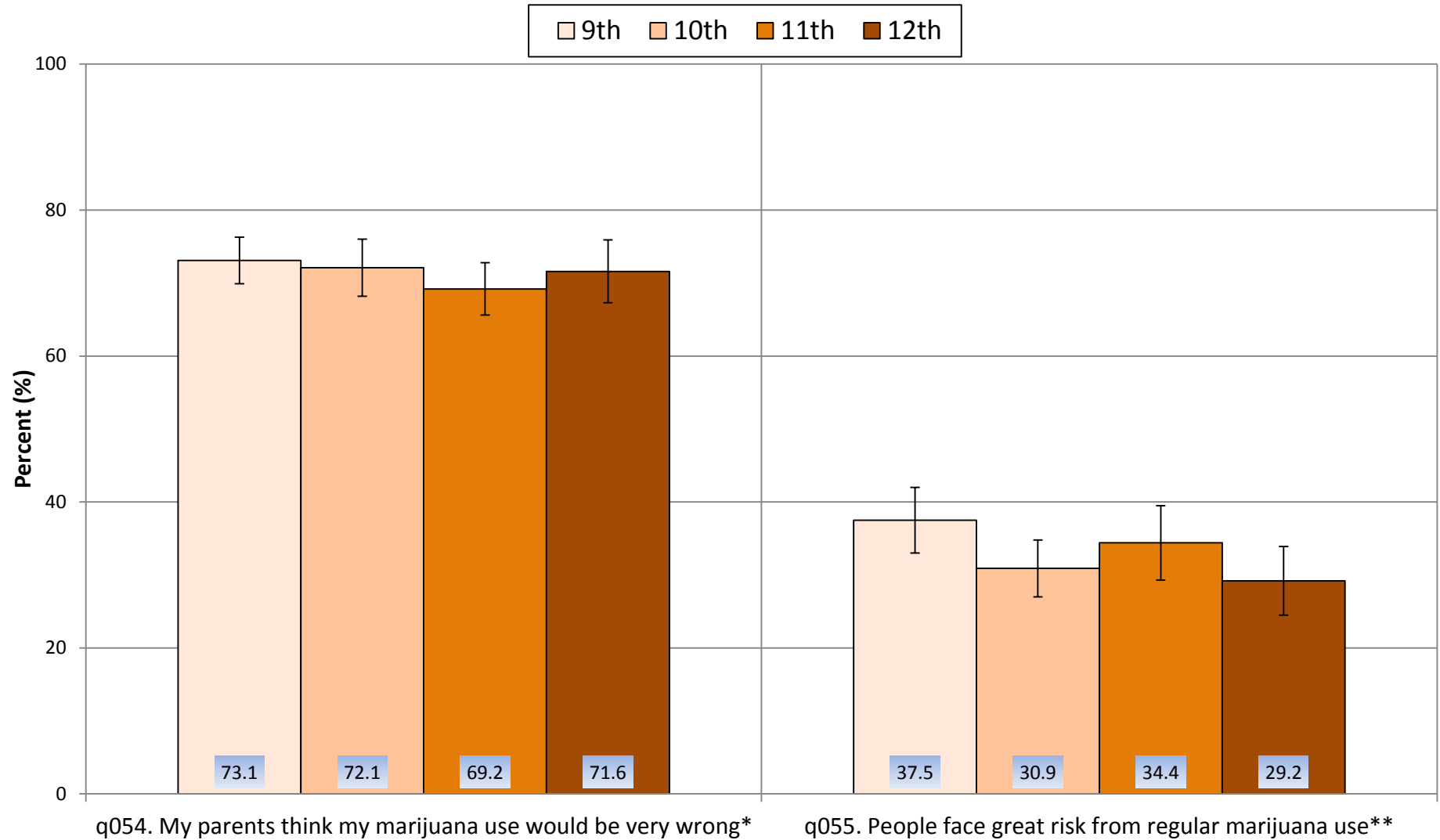
Marijuana: Attitudes by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* How wrong do your parents feel it would be for you to use marijuana?

** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?

Marijuana: Attitudes by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



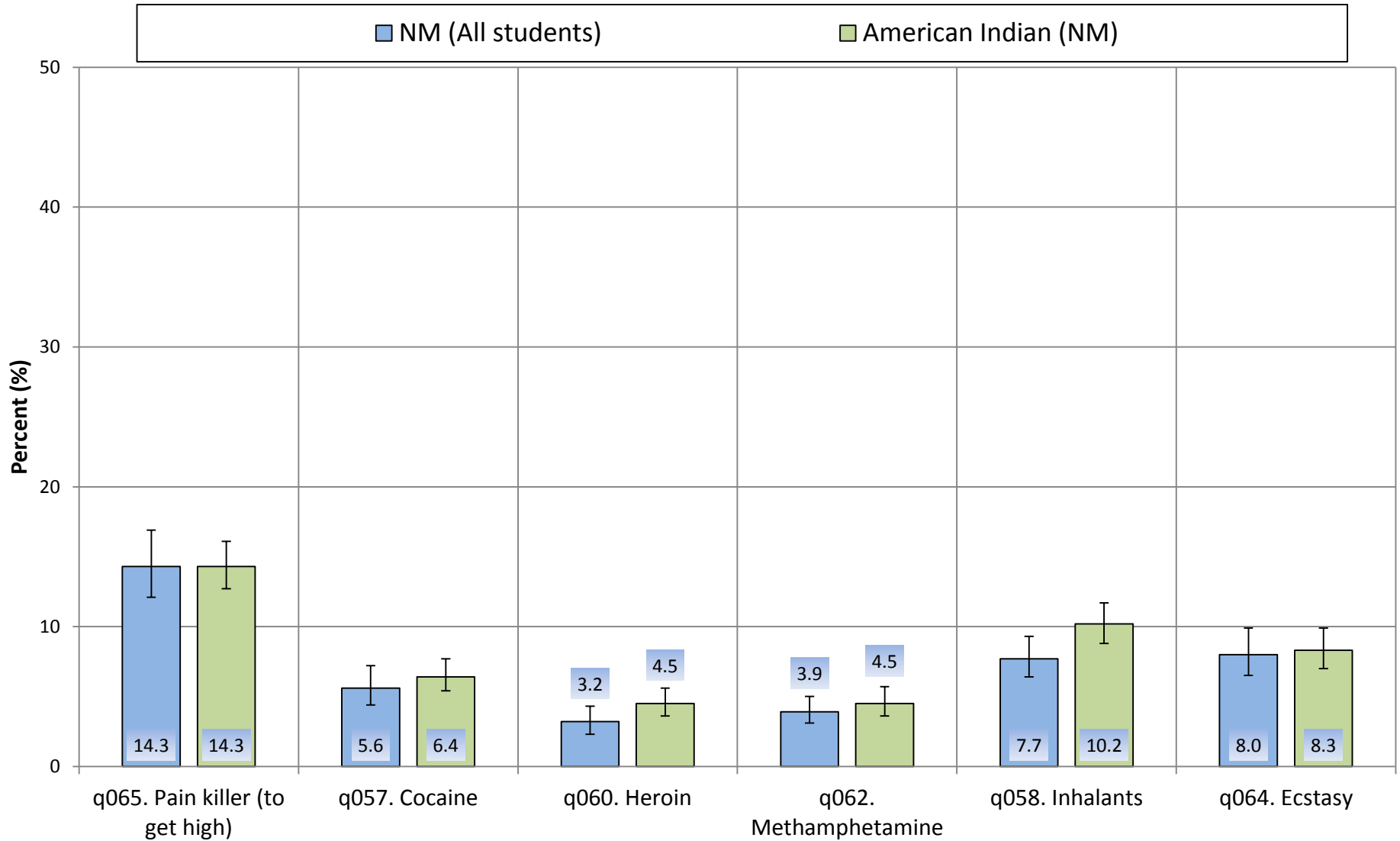
* How wrong do your parents feel it would be for you to use marijuana?

** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?

Current Drug Use *

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



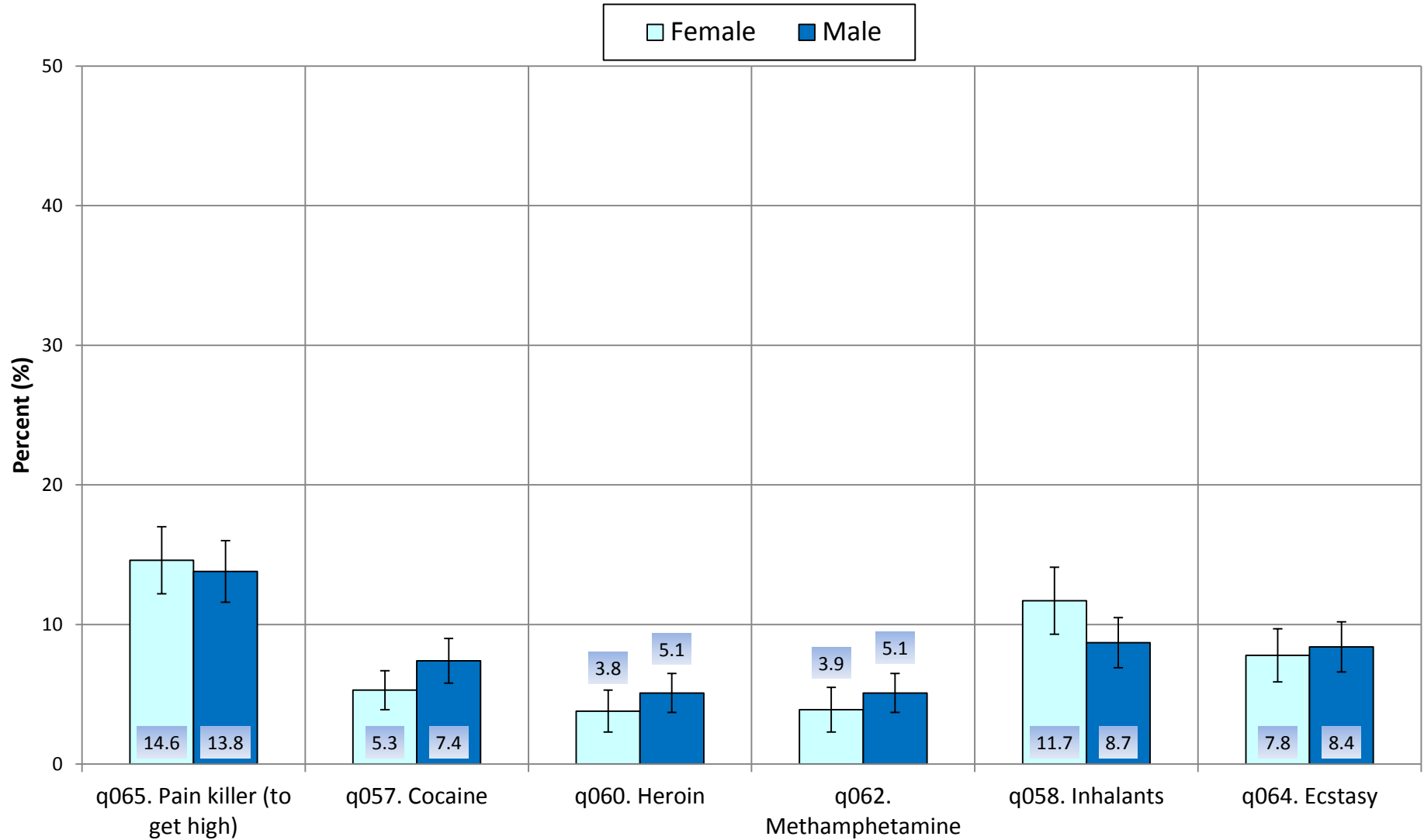
* Other than marijuana

"Current" use refers to at least one use of a substance in the past 30 days

Note that vertical axis extends to 50% rather than 100% as in most other charts

Current Drug Use *

by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

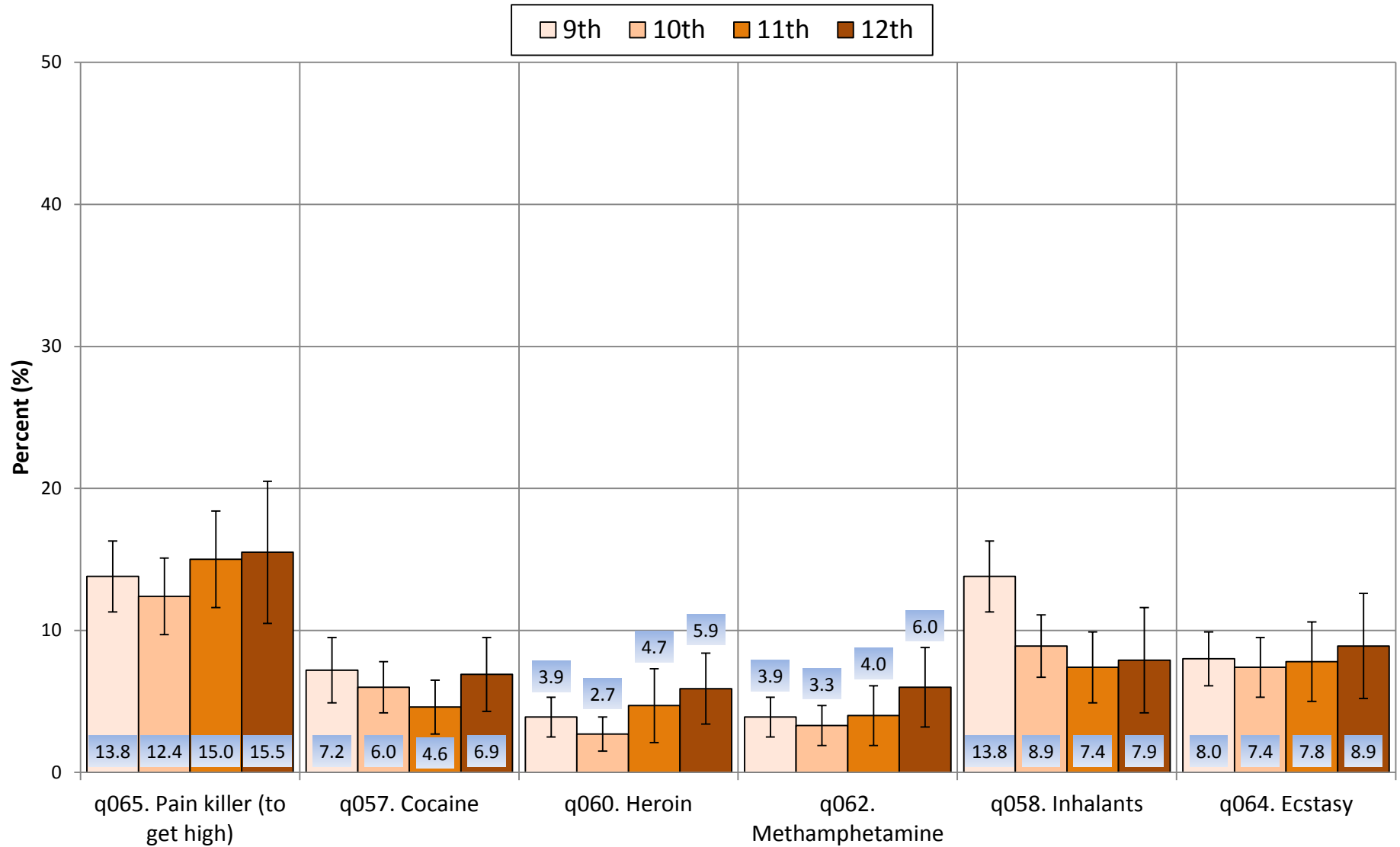


* Other than marijuana

"Current" use refers to at least one use of a substance in the past 30 days

Note that vertical axis extends to 50% rather than 100% as in most other charts

Current Drug Use * by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

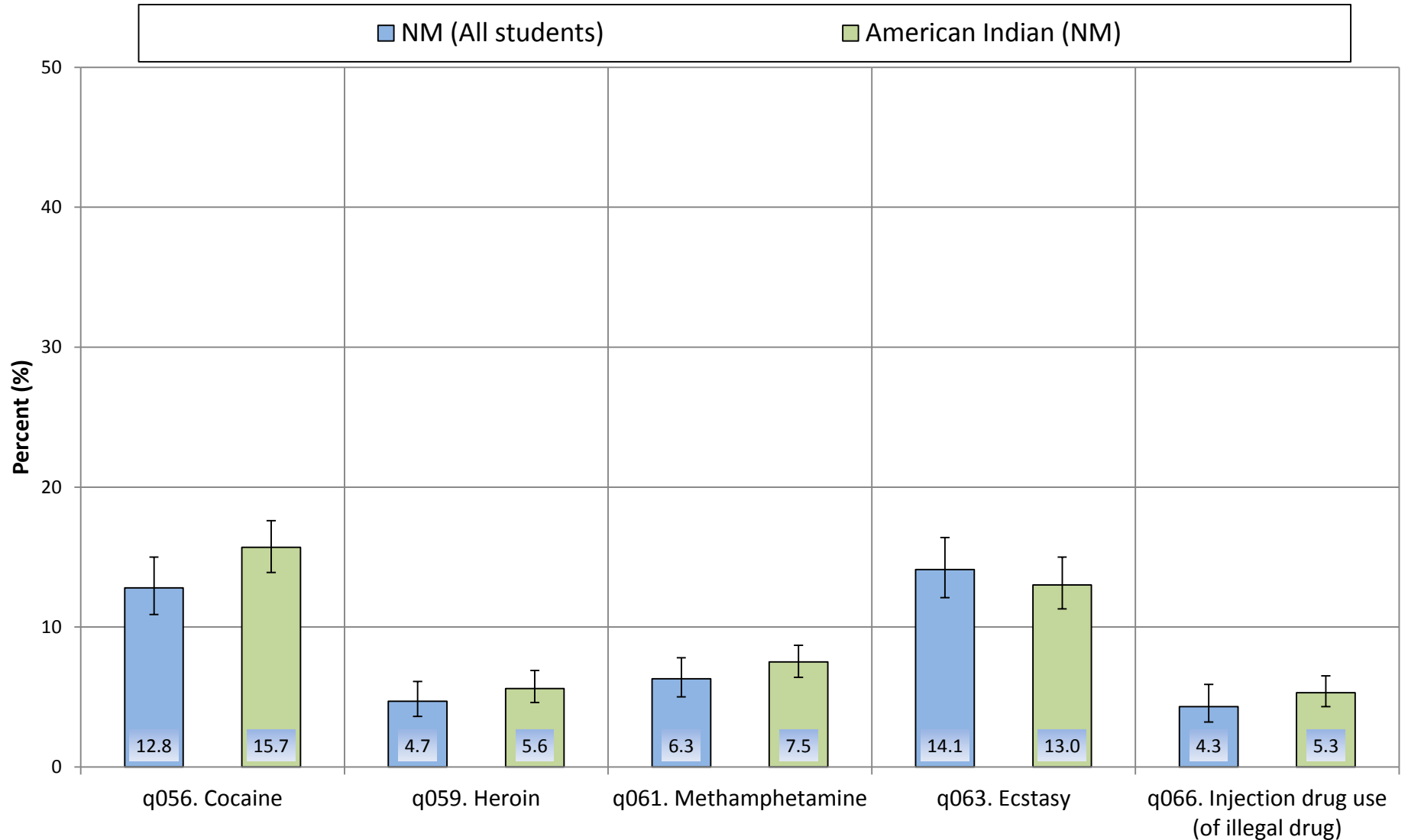


* Other than marijuana

"Current" use refers to at least one use of a substance in the past 30 days

Note that vertical axis extends to 50% rather than 100% as in most other charts

Lifetime Drug Use *
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

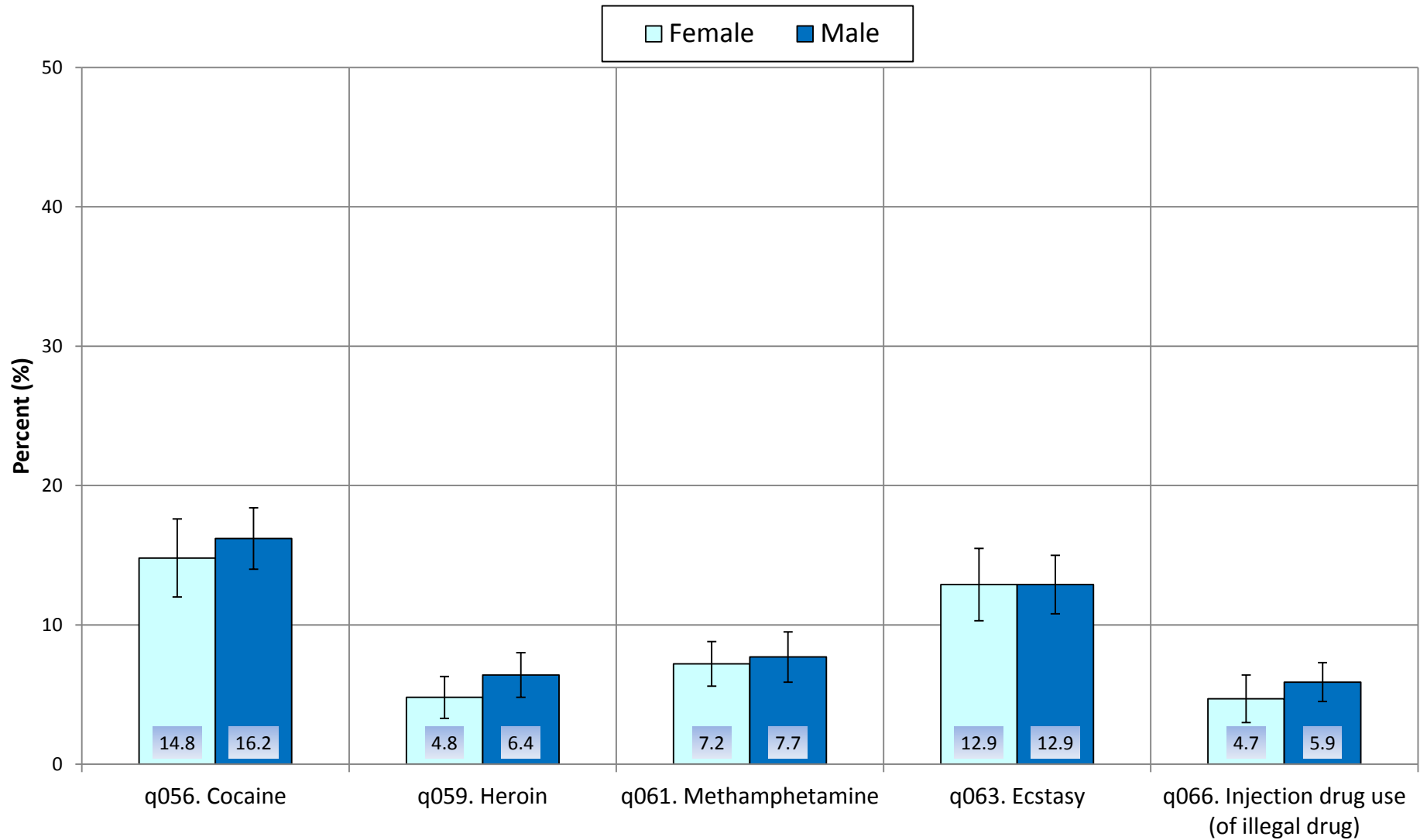


* Other than marijuana

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts

Lifetime Drug Use * by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



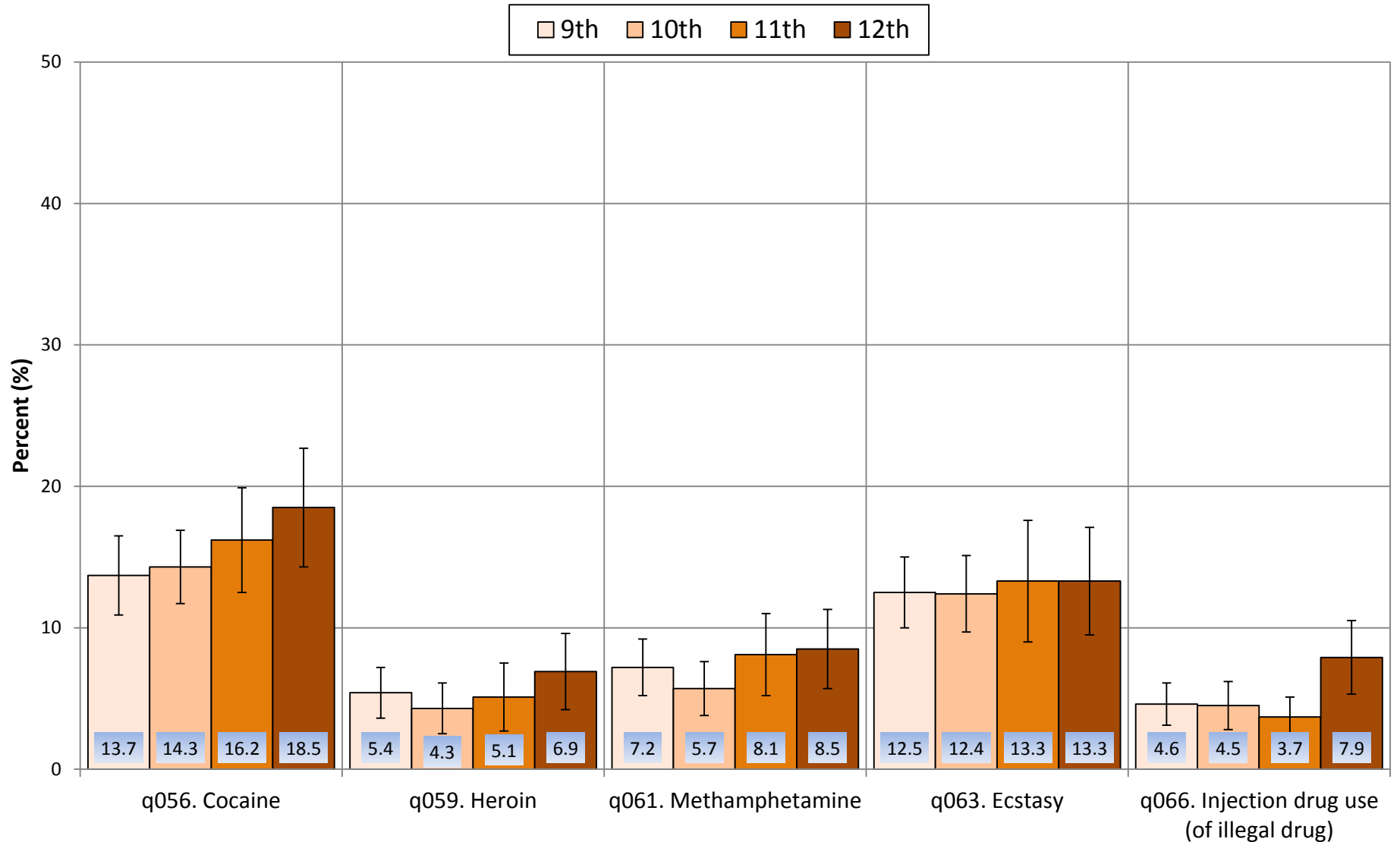
* Other than marijuana

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts

Lifetime Drug Use *

by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



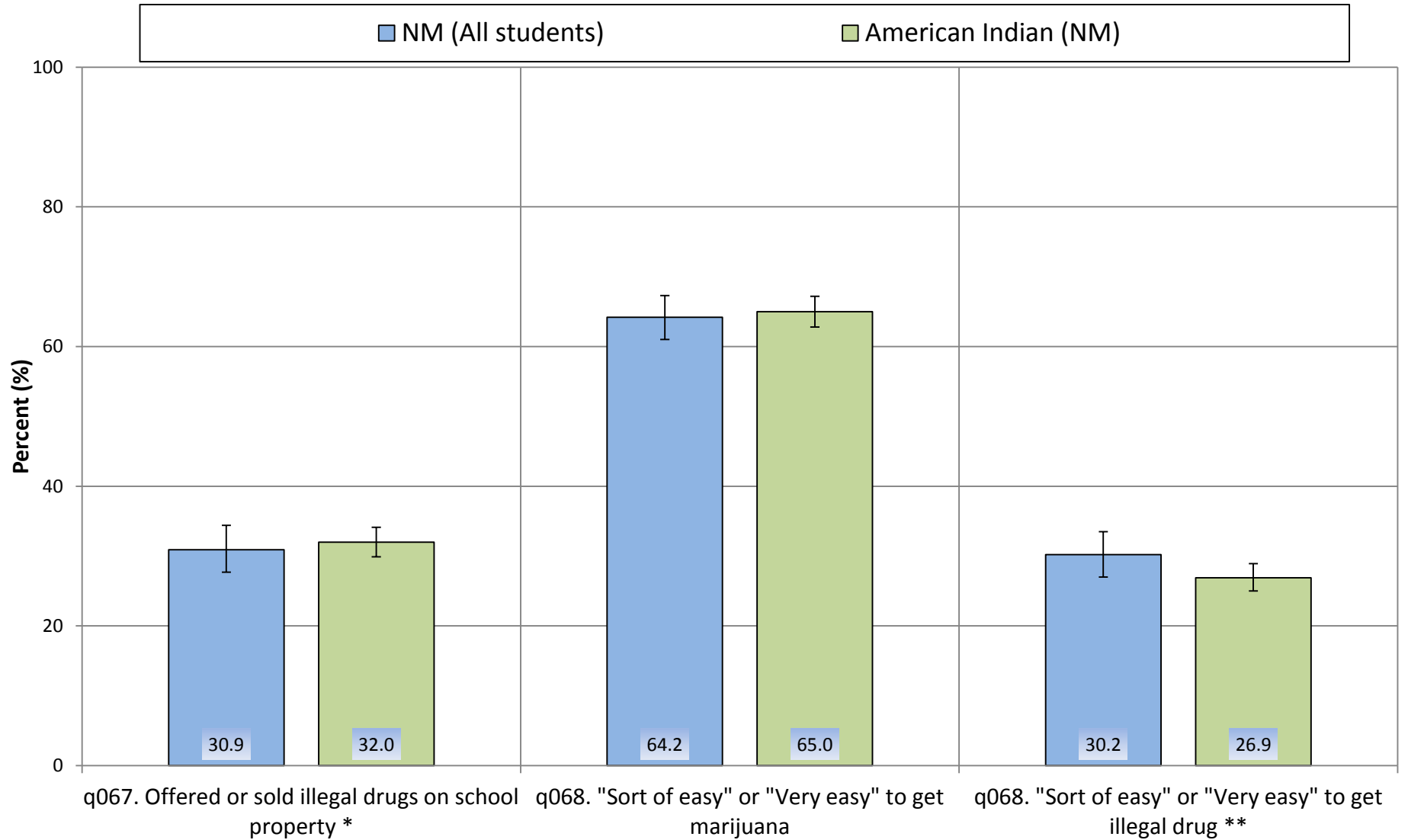
* Other than marijuana

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts

Access to Drugs

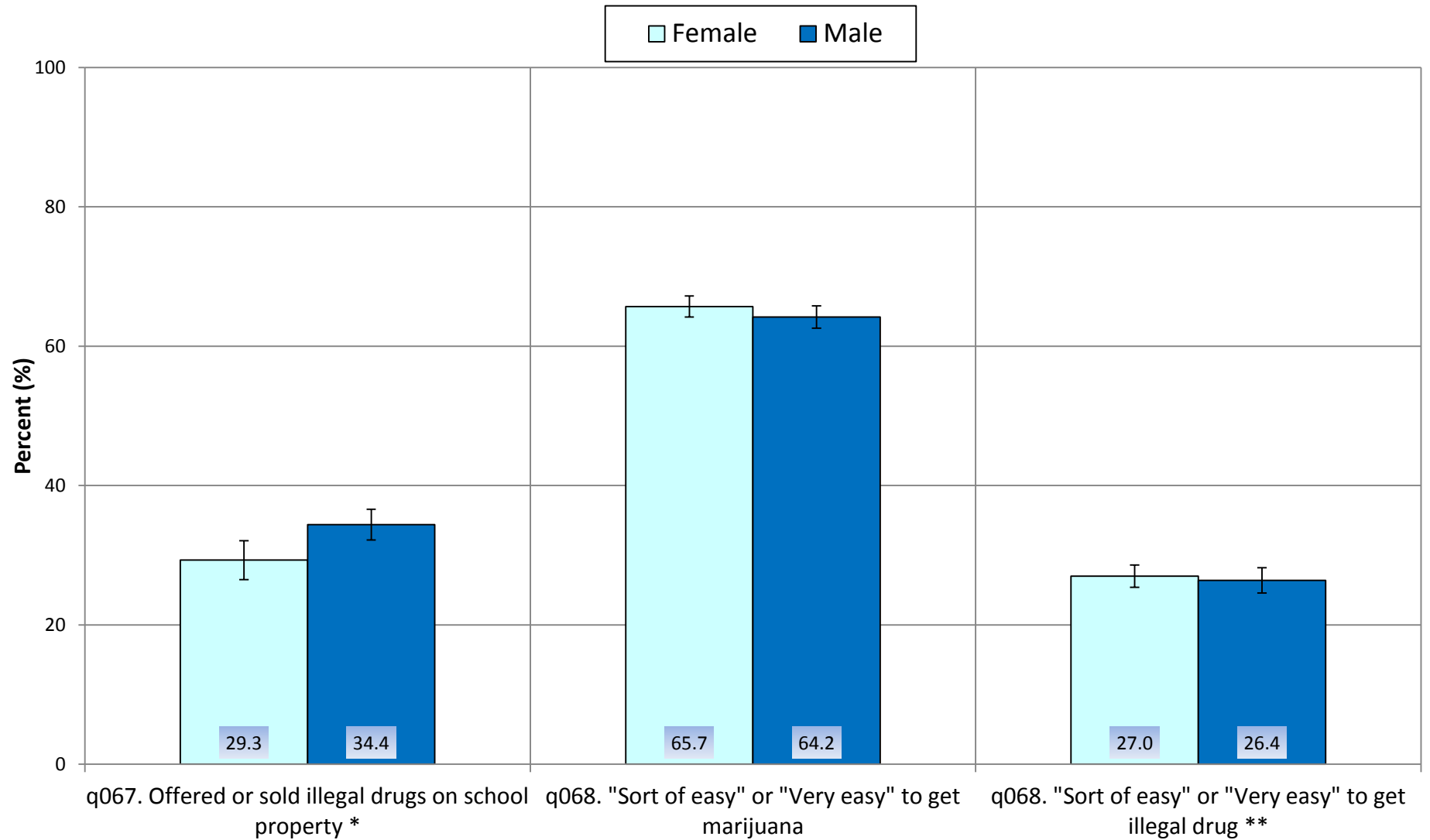
New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* During the past 12 months

** Such as cocaine, LSD, methamphetamine, or other illegal drugs

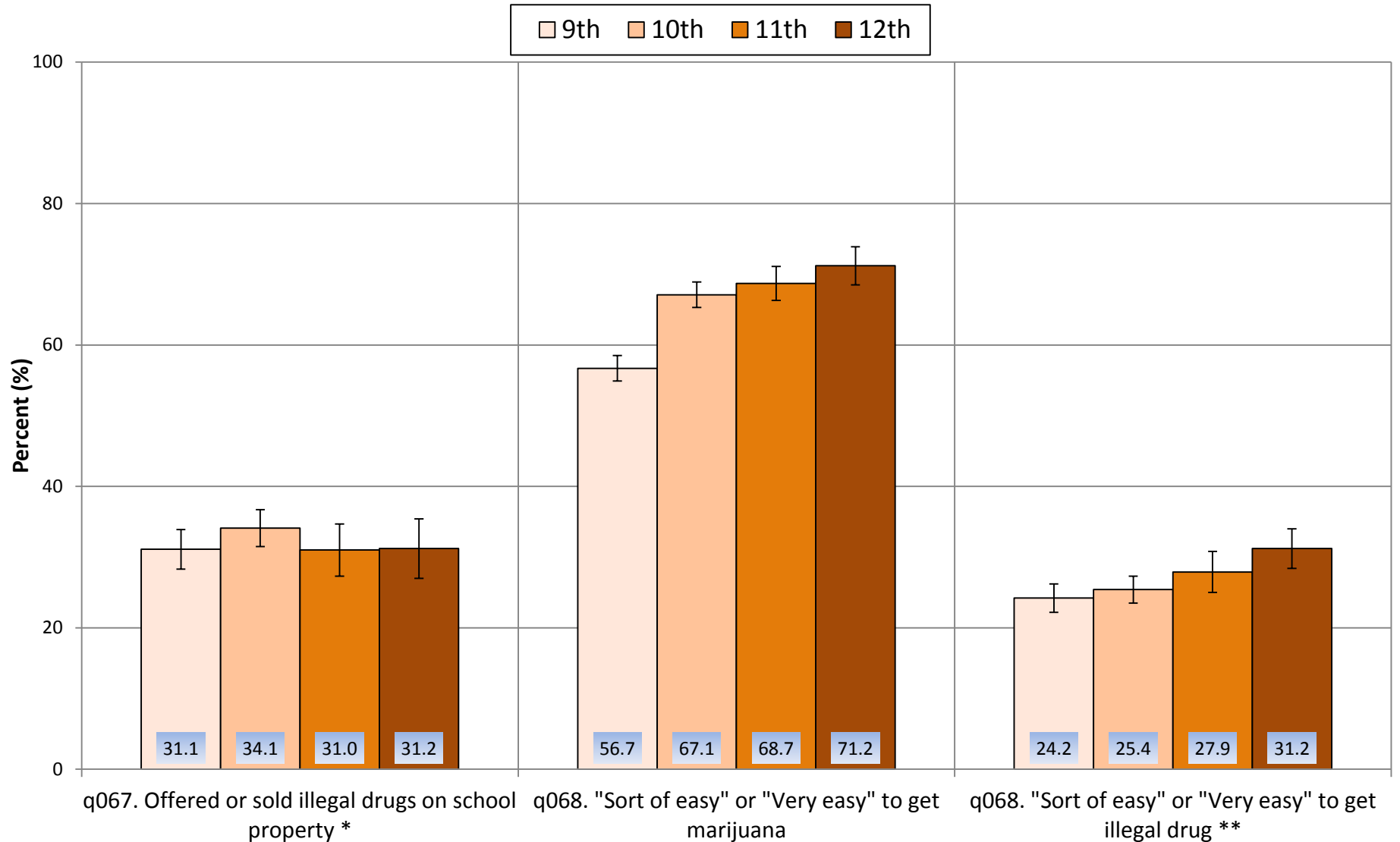
Access to Drugs by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* During the past 12 months

** Such as cocaine, LSD, methamphetamine, or other illegal drugs

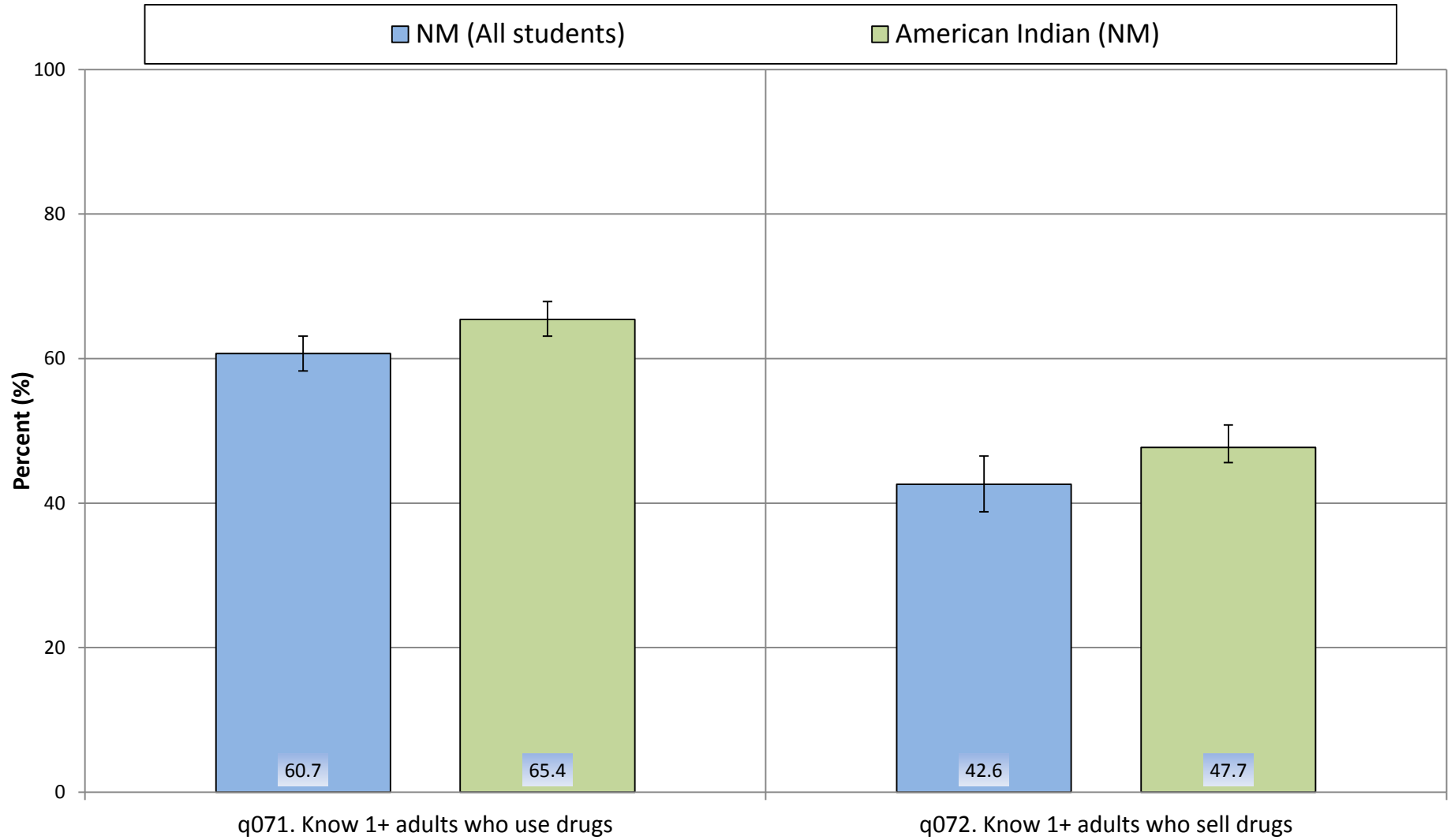
Access to Drugs by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



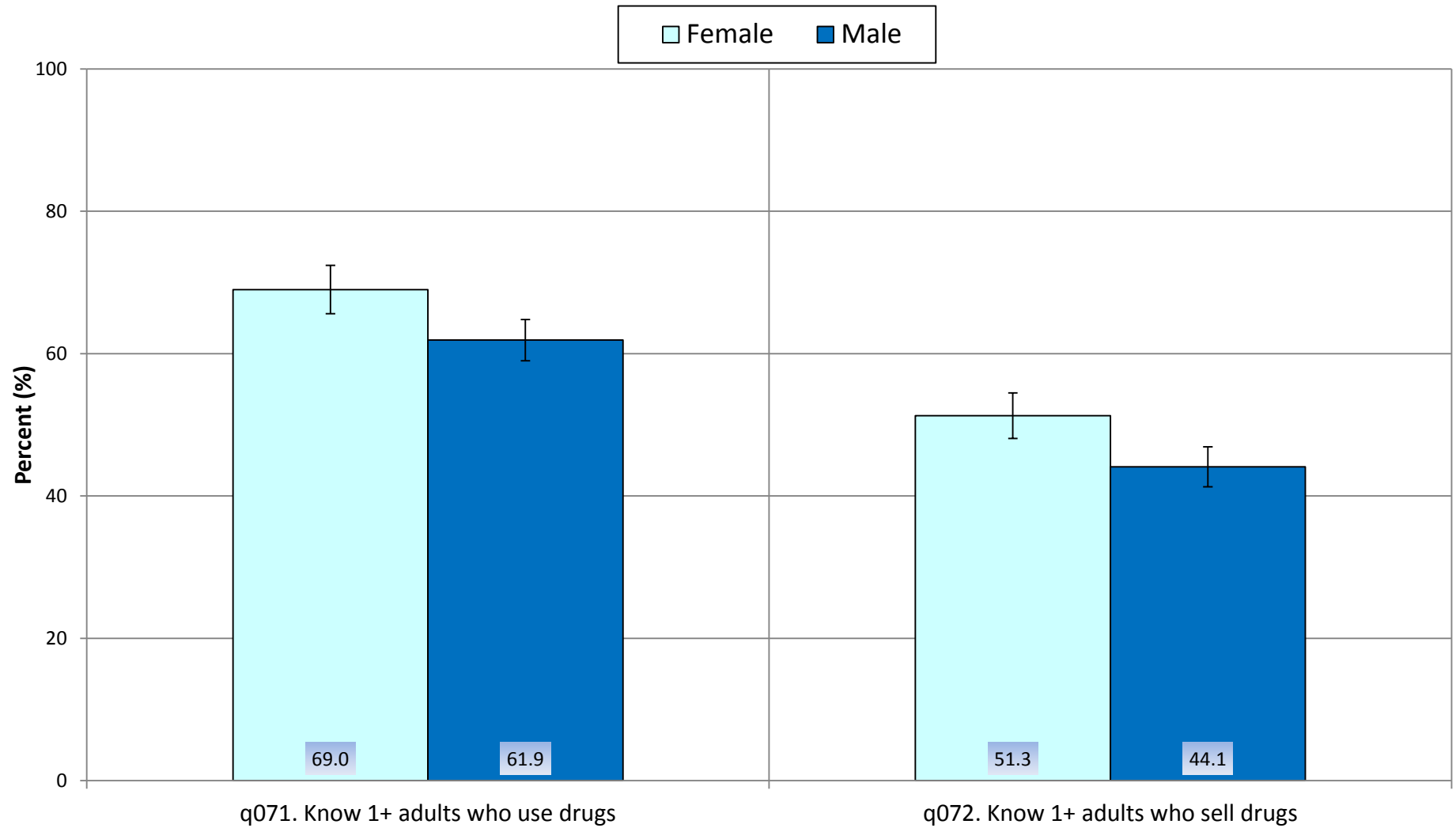
* During the past 12 months

** Such as cocaine, LSD, methamphetamine, or other illegal drugs

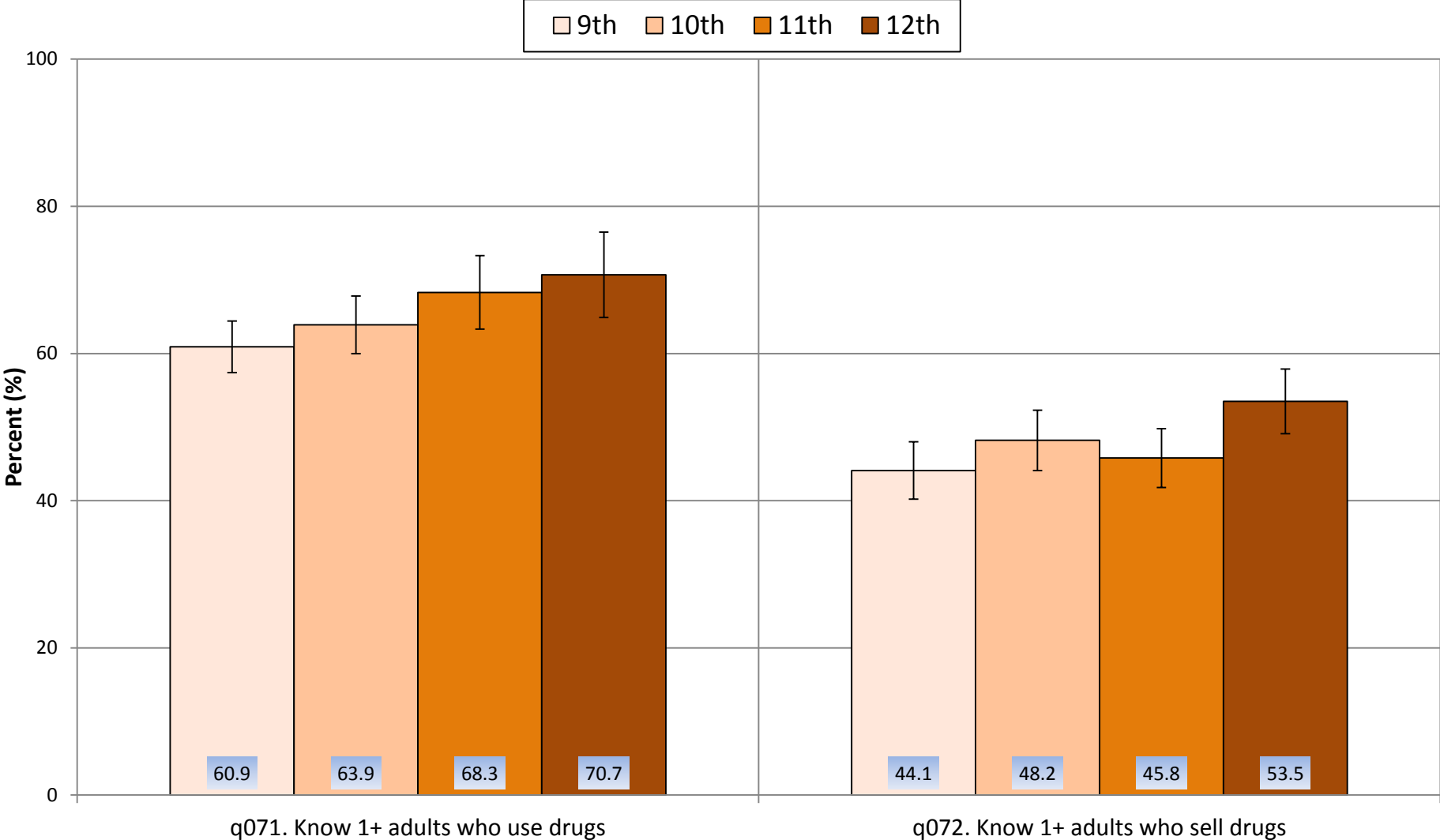
Drugs: Use or Dealing by Adults
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



Drugs: Use or Dealing by Adults by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

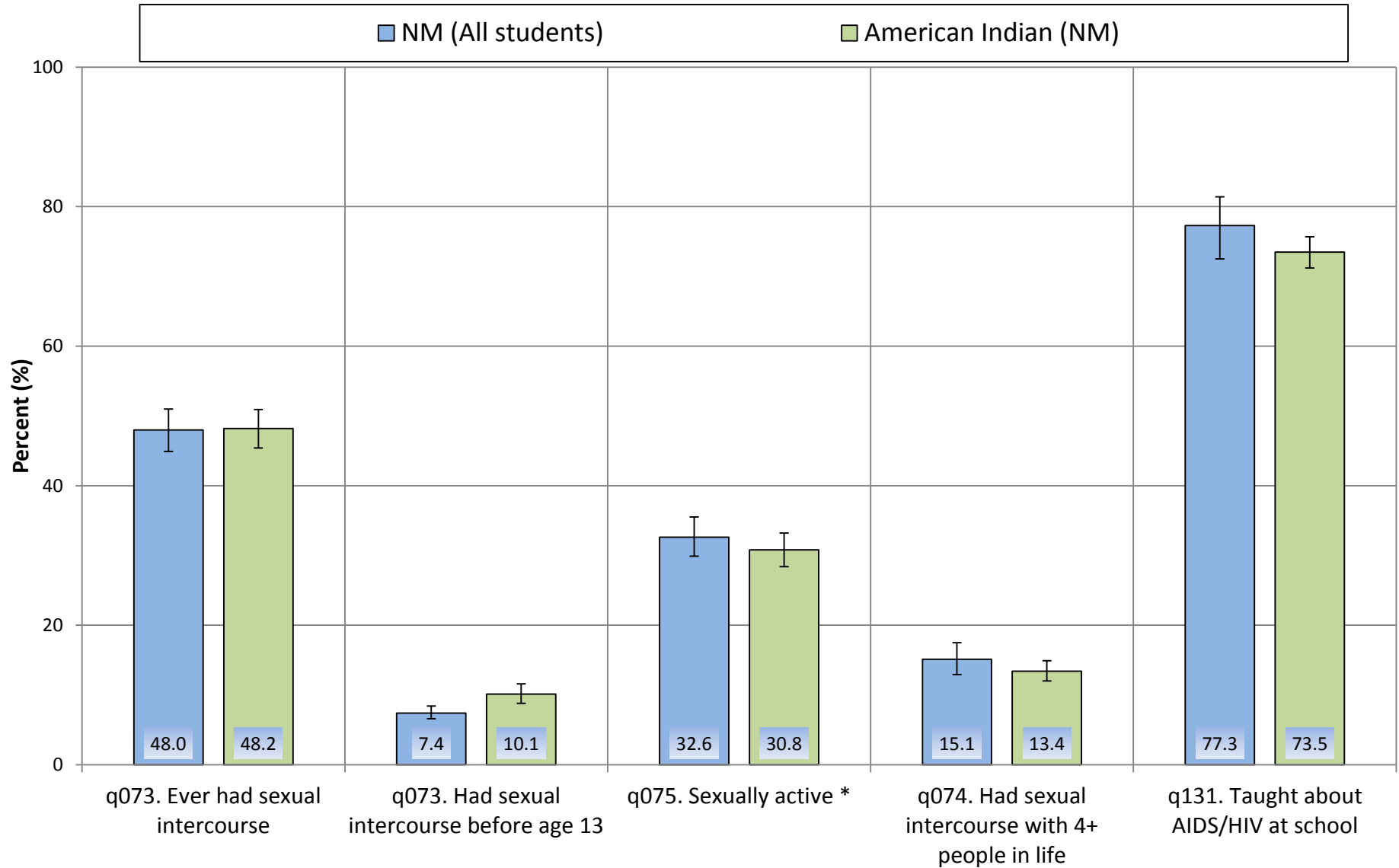


**Drugs: Use or Dealing by Adults
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS**



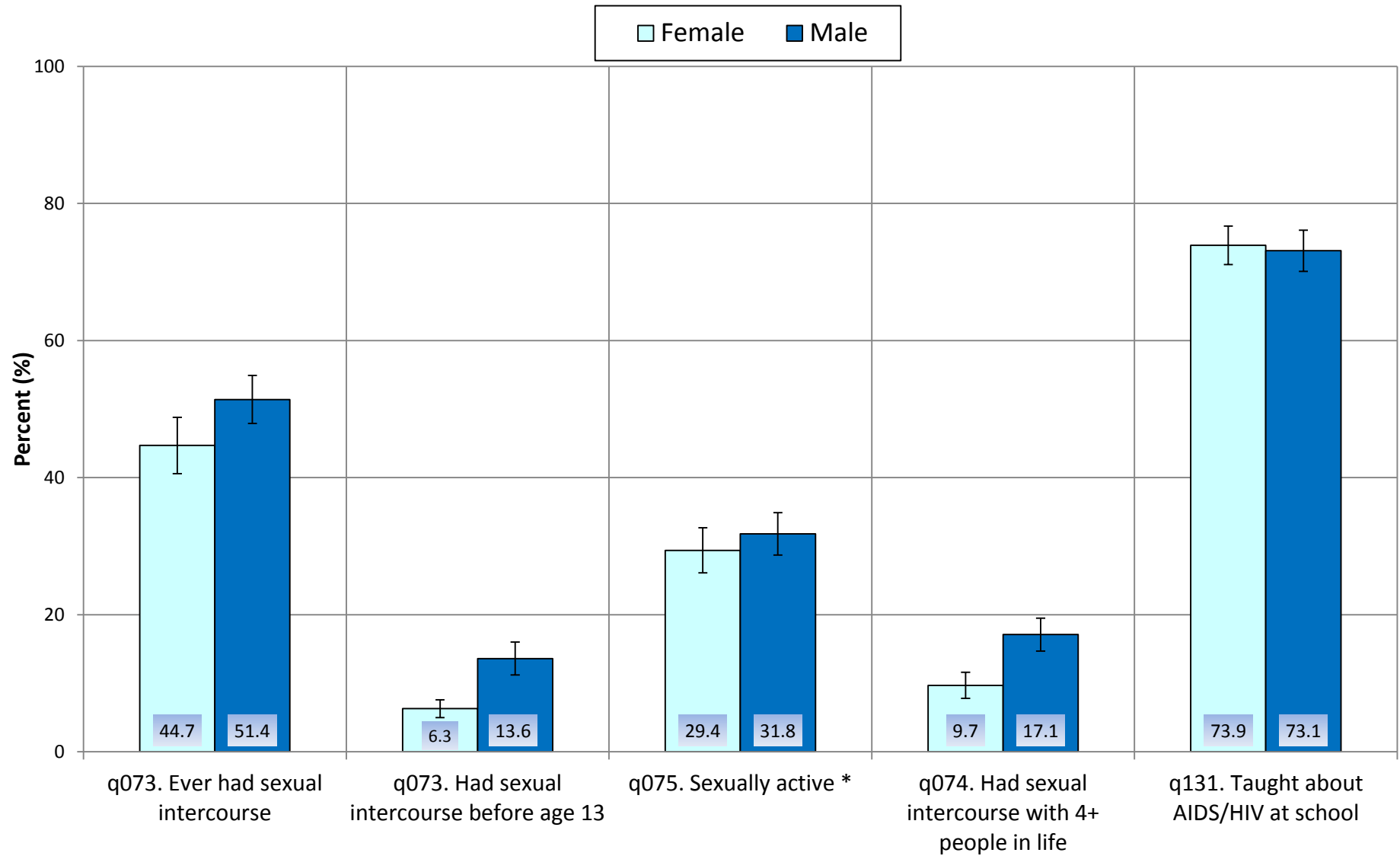
Sexual Behavior

Sexual Behavior and Related Measures New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



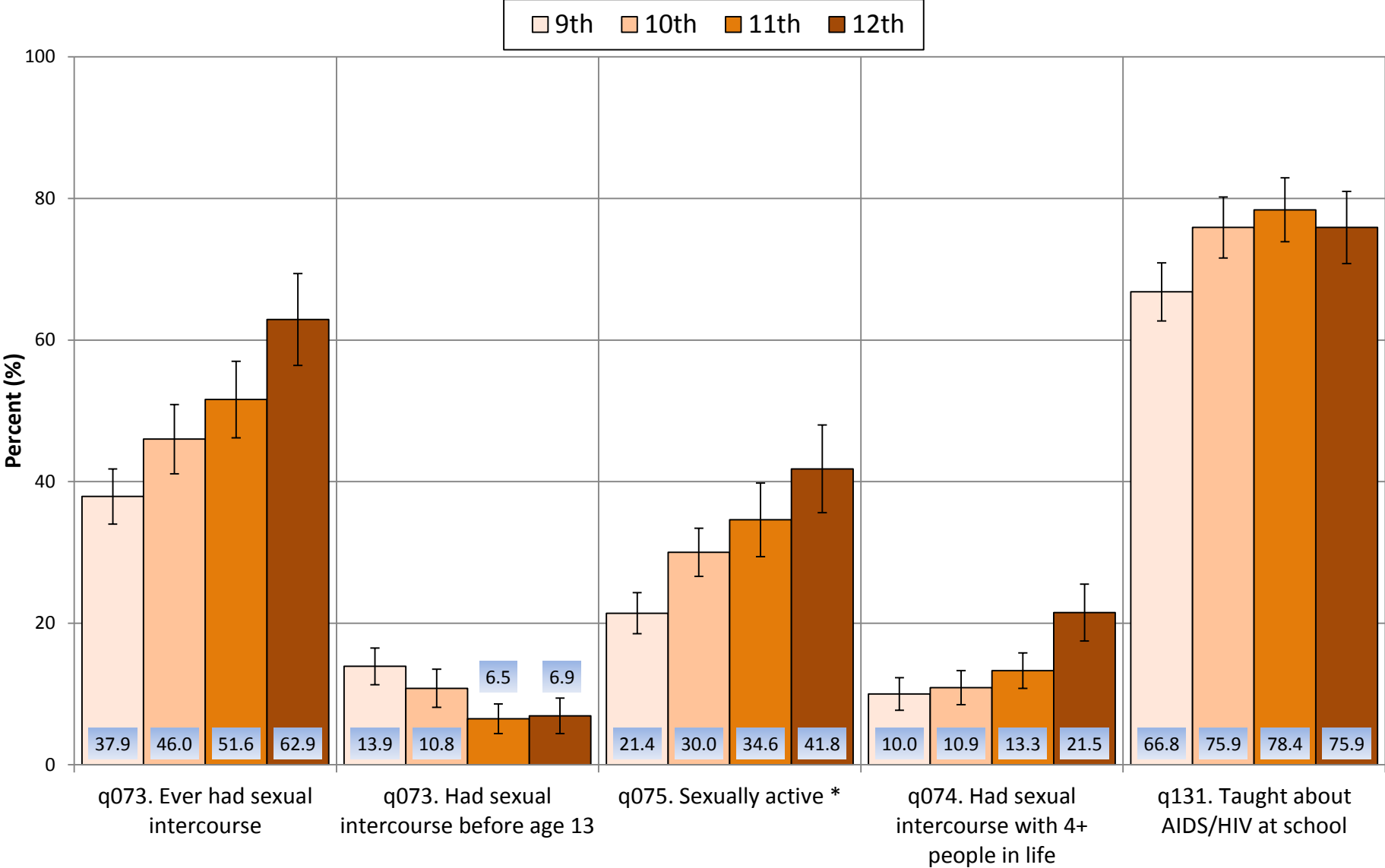
* Had sexual intercourse at least once in the past 3 months

Sexual Behavior and Related Measures by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



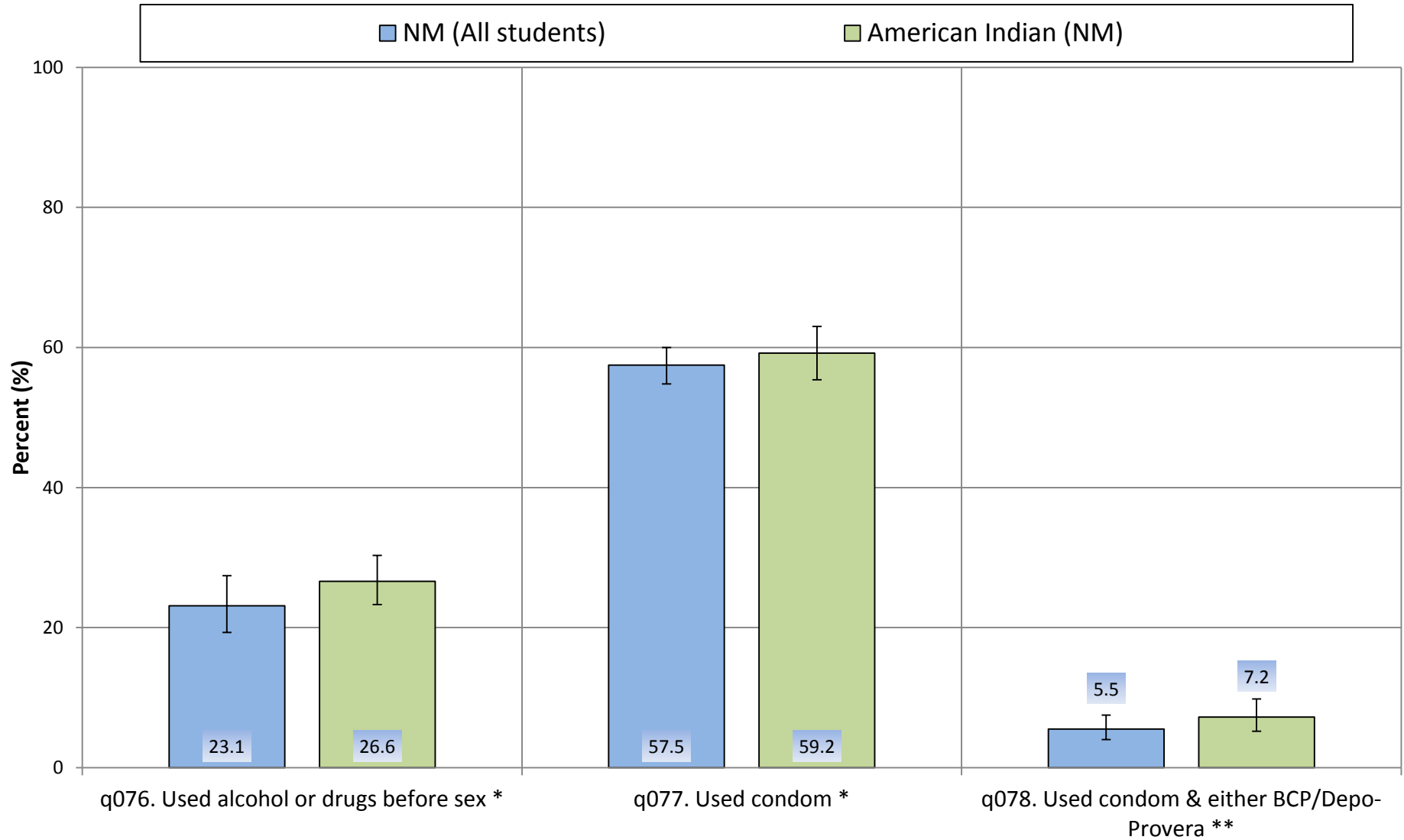
* Had sexual intercourse at least once in the past 3 months

Sexual Behavior and Related Measures by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Had sexual intercourse at least once in the past 3 months

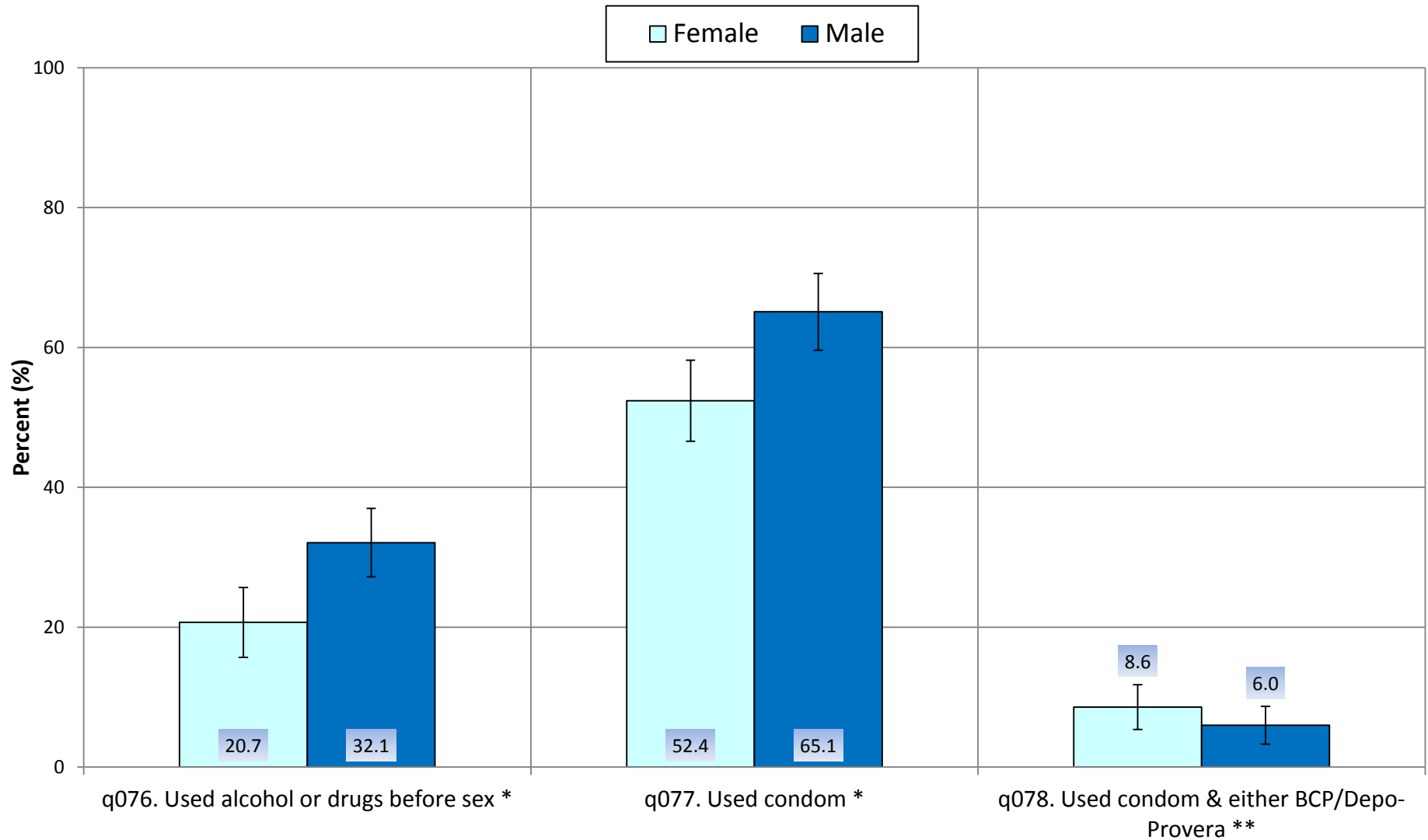
Sexual Behavior of Sexually Active Students New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* Refers to the **last time** student had sexual intercourse

** The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

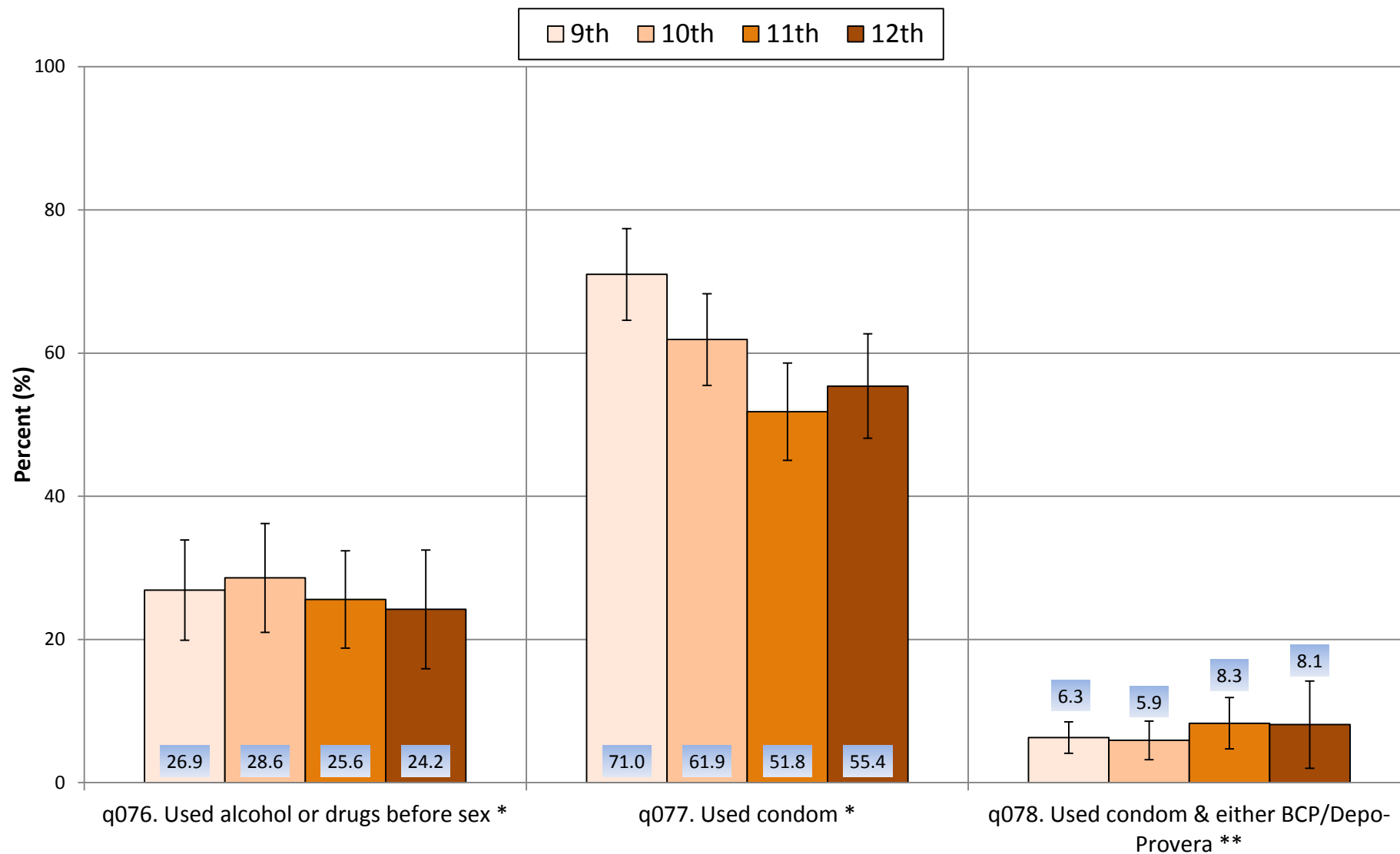
Sexual Behavior of Sexually Active Students by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Refers to the **last time** student had sexual intercourse

** The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

Sexual Behavior of Sexually Active Students by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



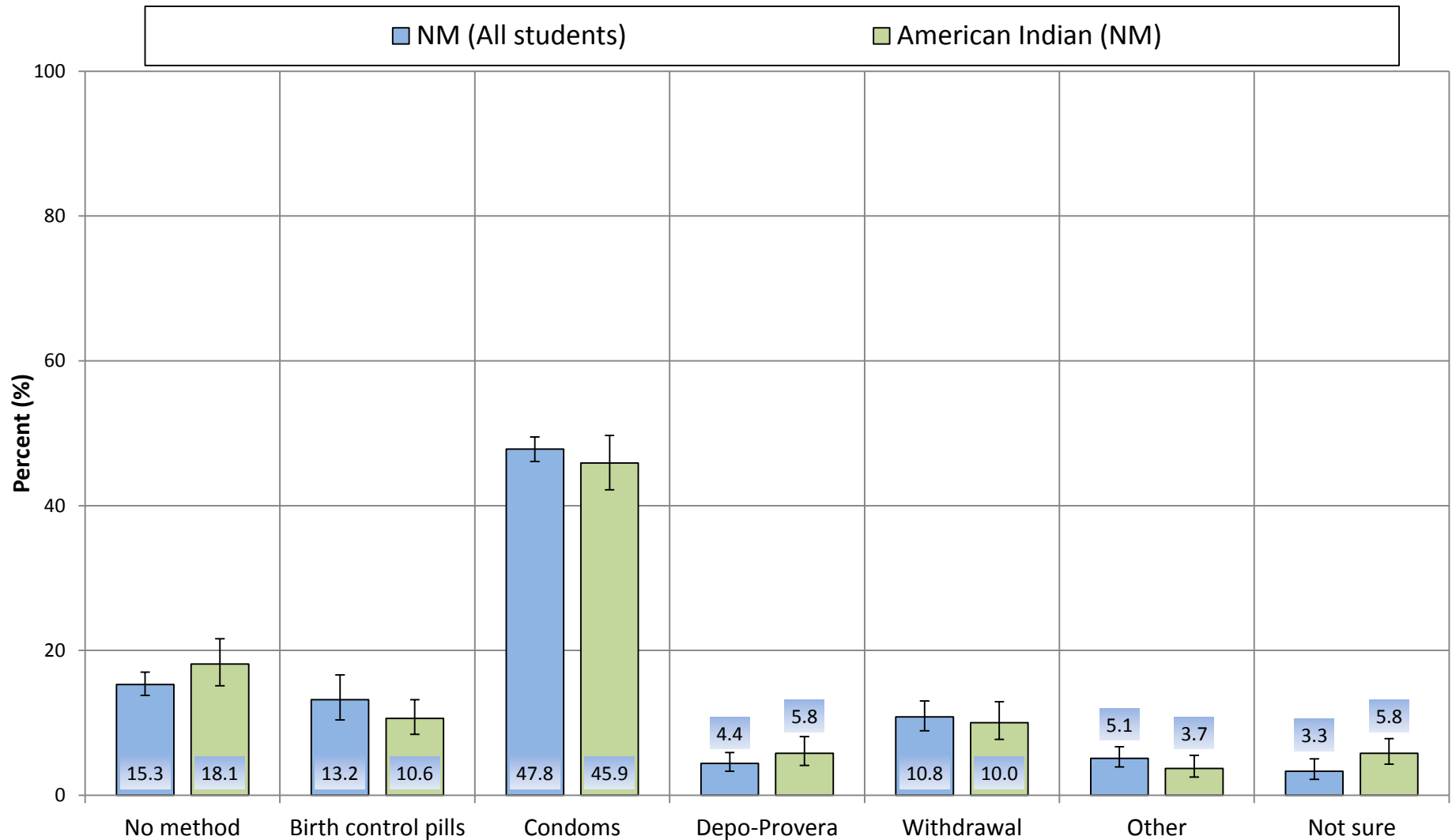
* Refers to the **last time** student had sexual intercourse

** The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

Sexual Behavior of Sexually Active Students: Primary Birth Control Method *

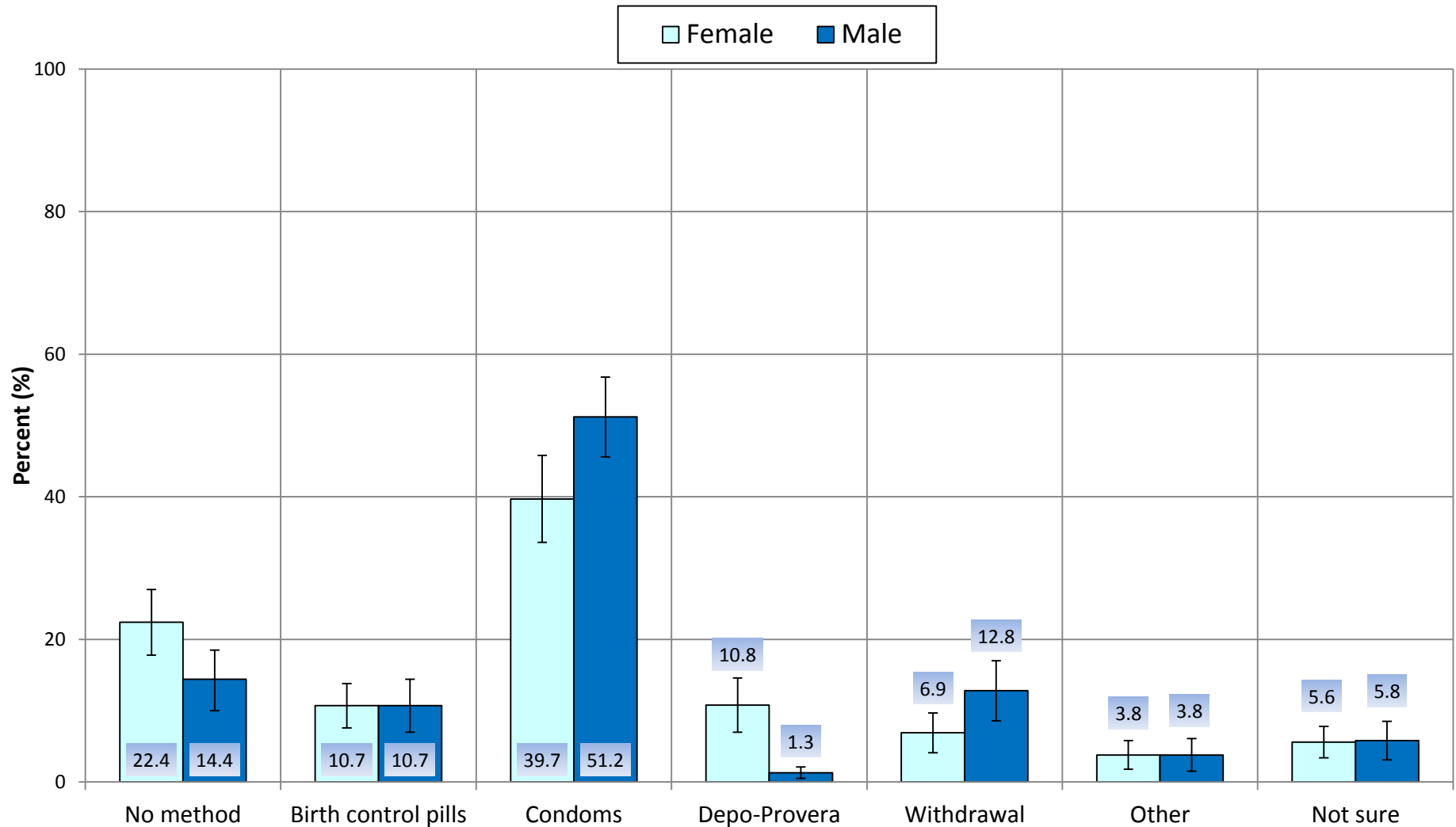
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



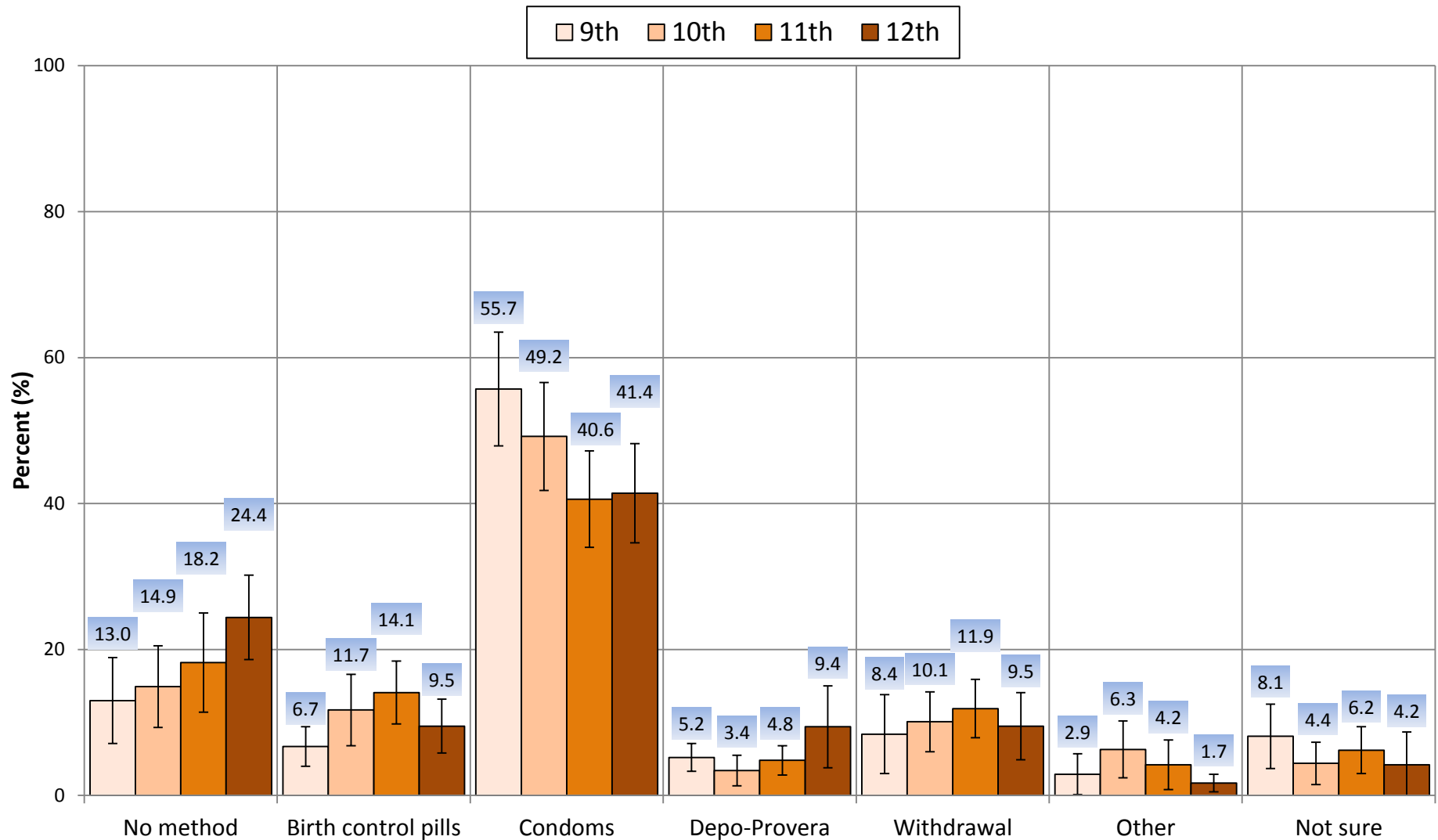
* Refers to the **last time** student had sexual intercourse

Sexual Behavior of Sexually Active Students: Primary Birth Control Method * by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Refers to the **last time** student had sexual intercourse

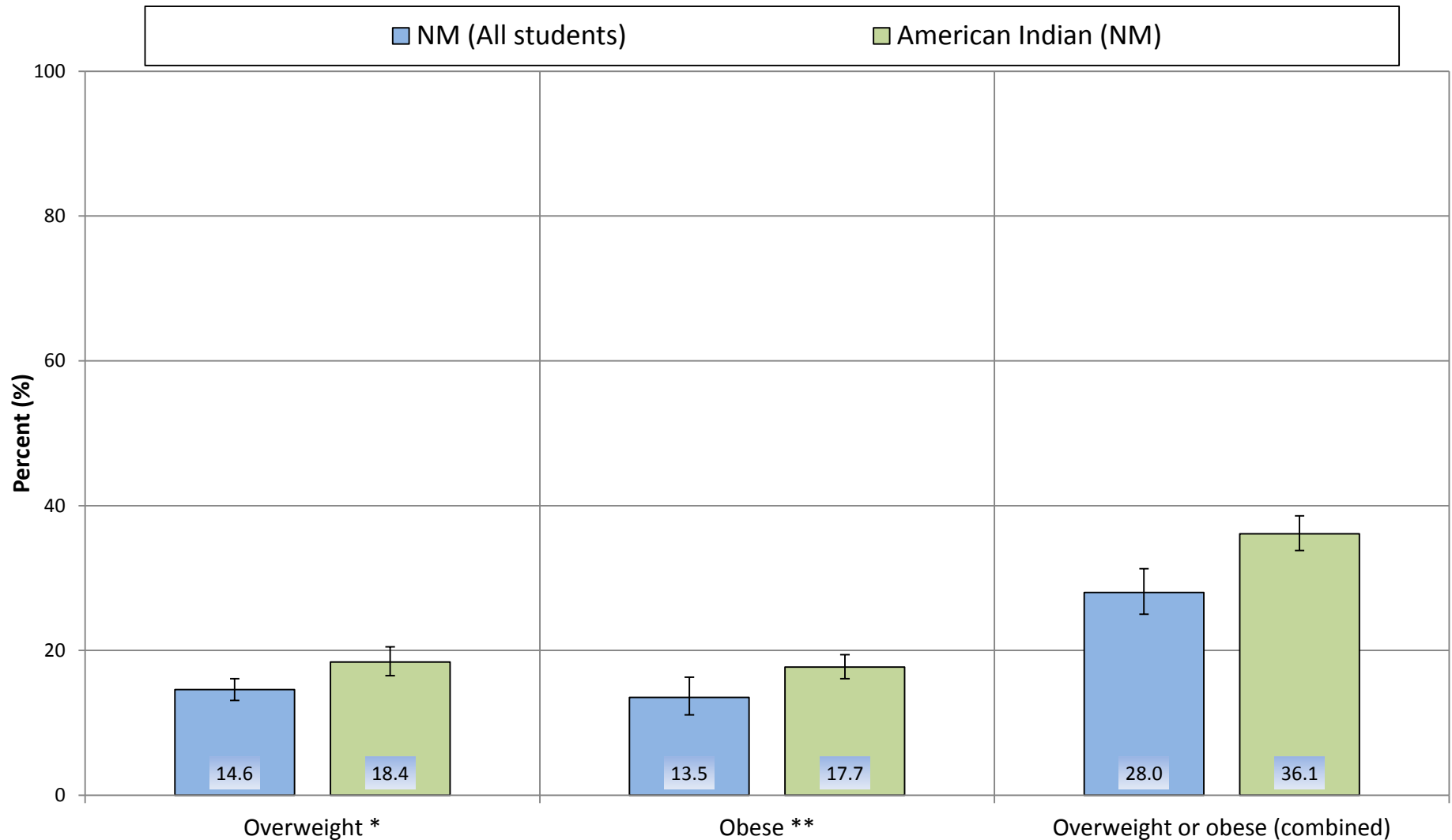
Sexual Behavior of Sexually Active Students: Primary Birth Control Method * by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Refers to the **last time** student had sexual intercourse

Body Weight, Nutrition, and Physical Activity

Overweight and Obese New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS

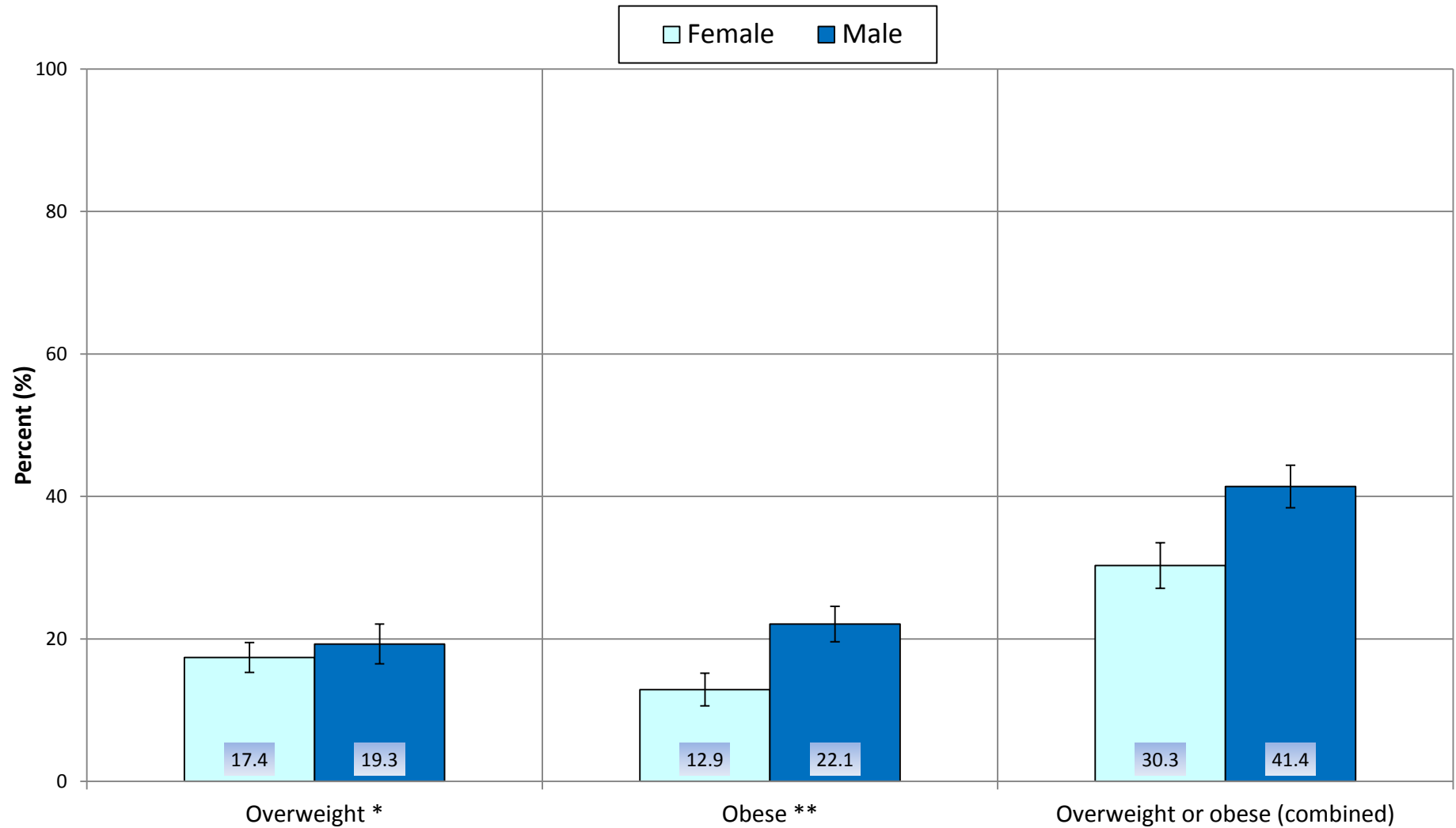


Body Mass Index (BMI) calculated from self-reported height and weight.

*Overweight: BMI \geq 85th percentile and $<$ 95th percentile for age and sex, based on historical reference data

**Obese : BMI \geq 95th percentile for age and sex, based on historical reference data

Overweight and Obese by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

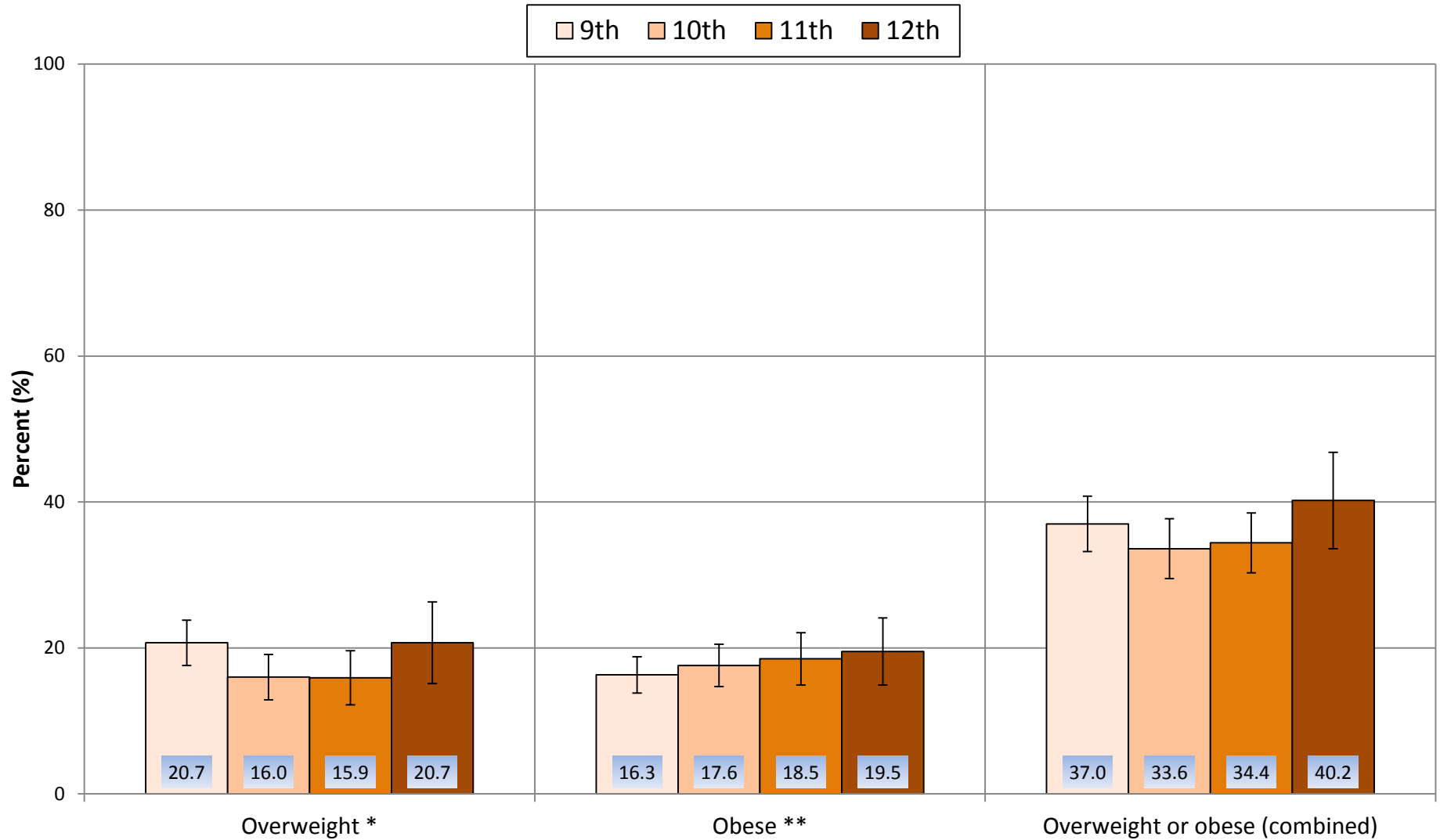


Body Mass Index (BMI) calculated from self-reported height and weight.

*Overweight: BMI \geq 85th percentile and $<$ 95th percentile for age and sex, based on historical reference data

**Obese : BMI \geq 95th percentile for age and sex, based on historical reference data

Overweight and Obese by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



Body Mass Index (BMI) calculated from self-reported height and weight.

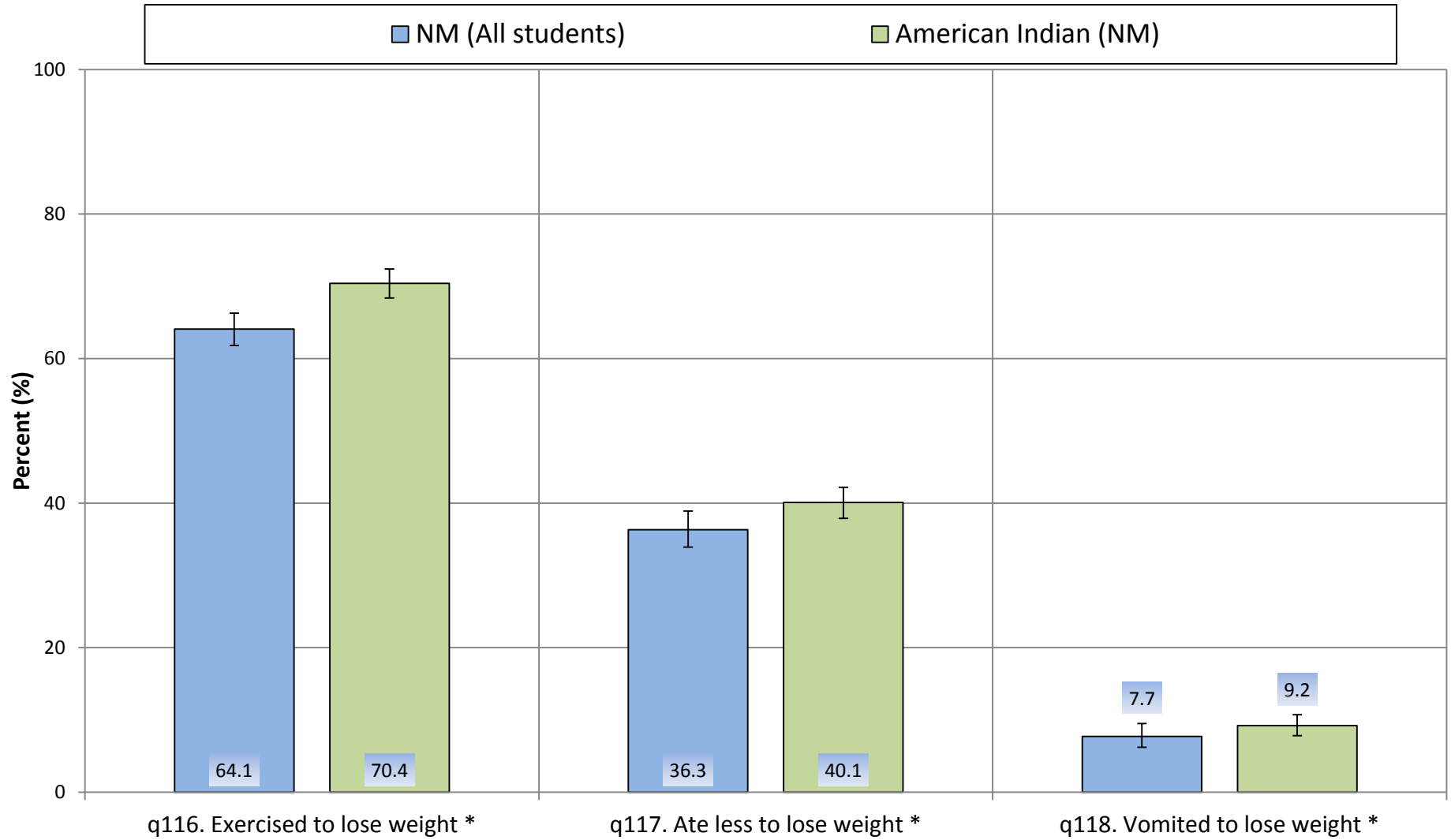
*Overweight: BMI \geq 85th percentile and $<$ 95th percentile for age and sex, based on historical reference data

**Obese : BMI \geq 95th percentile for age and sex, based on historical reference data

Weight Control

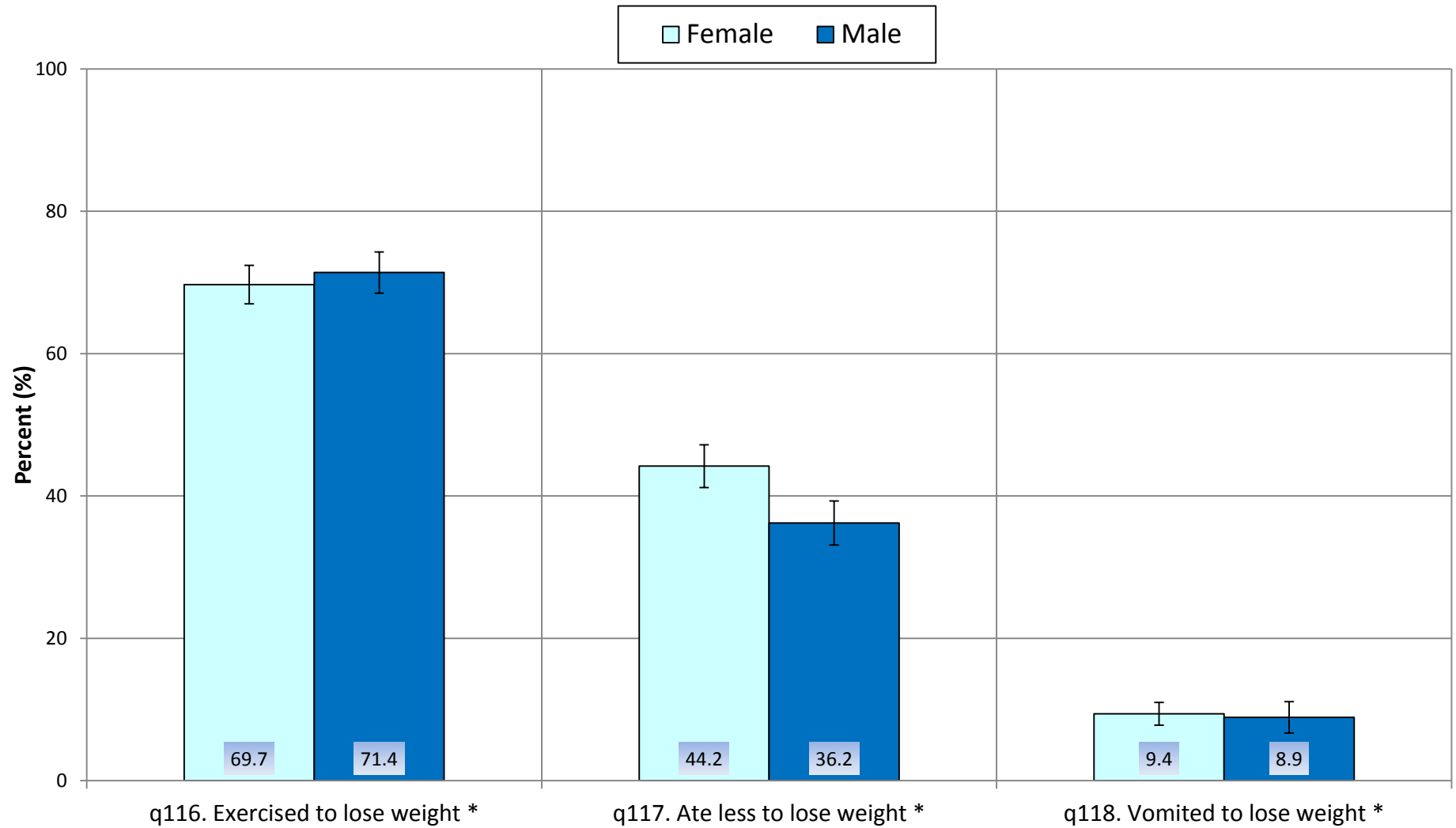
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



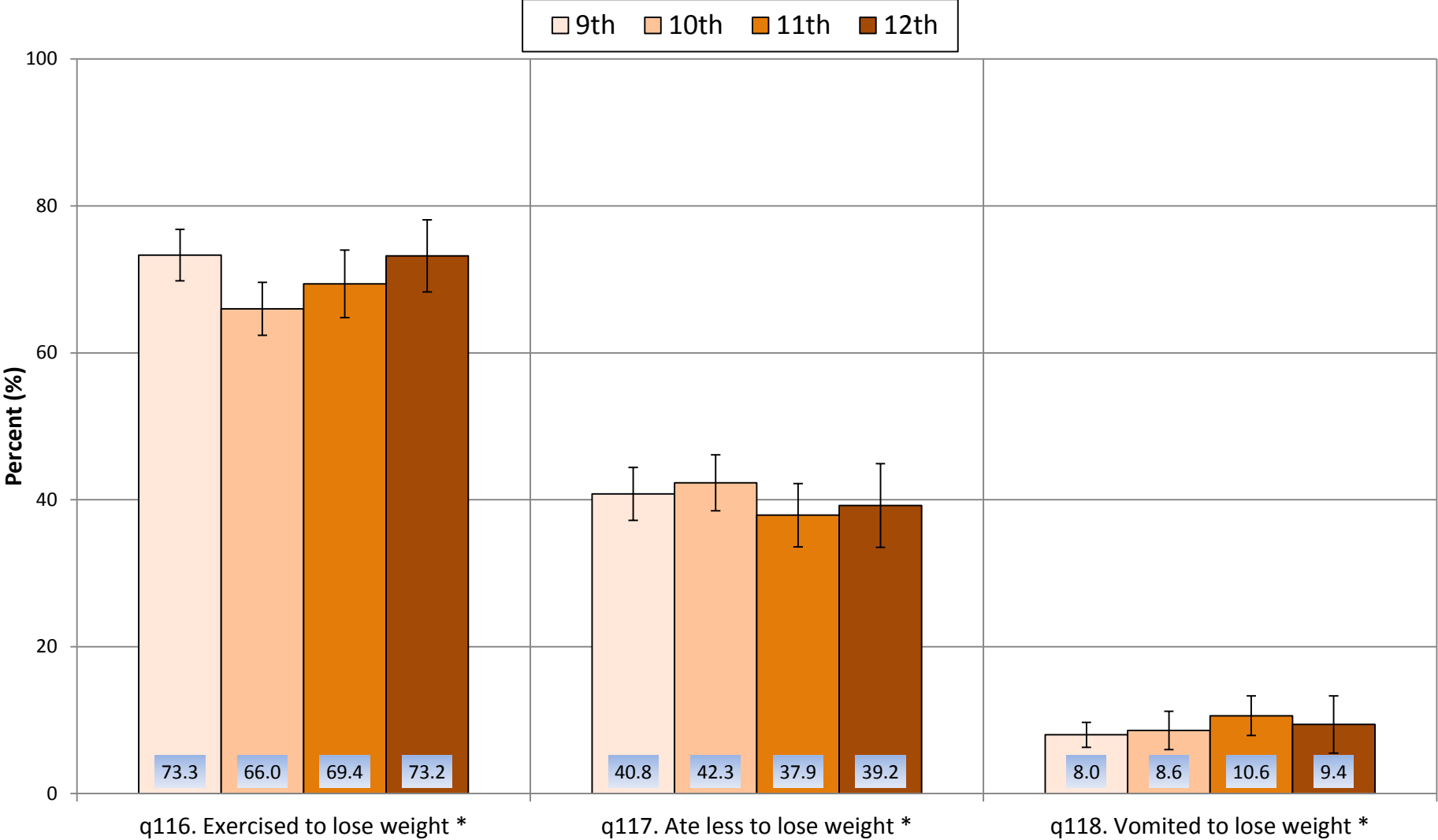
* Or keep from gaining weight, in the past 30 days

Weight Control by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



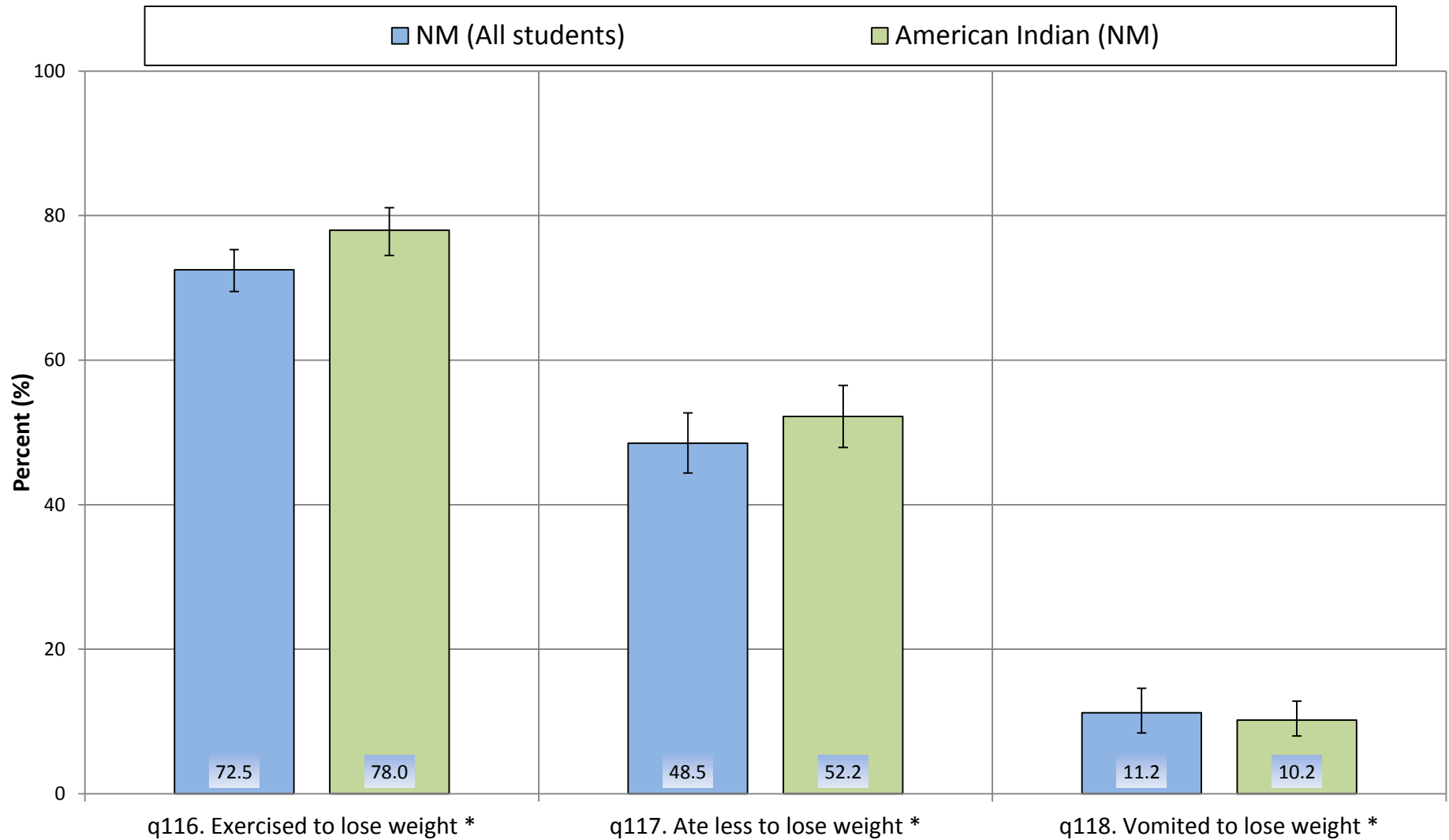
* Or keep from gaining weight, in the past 30 days

Weight Control by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



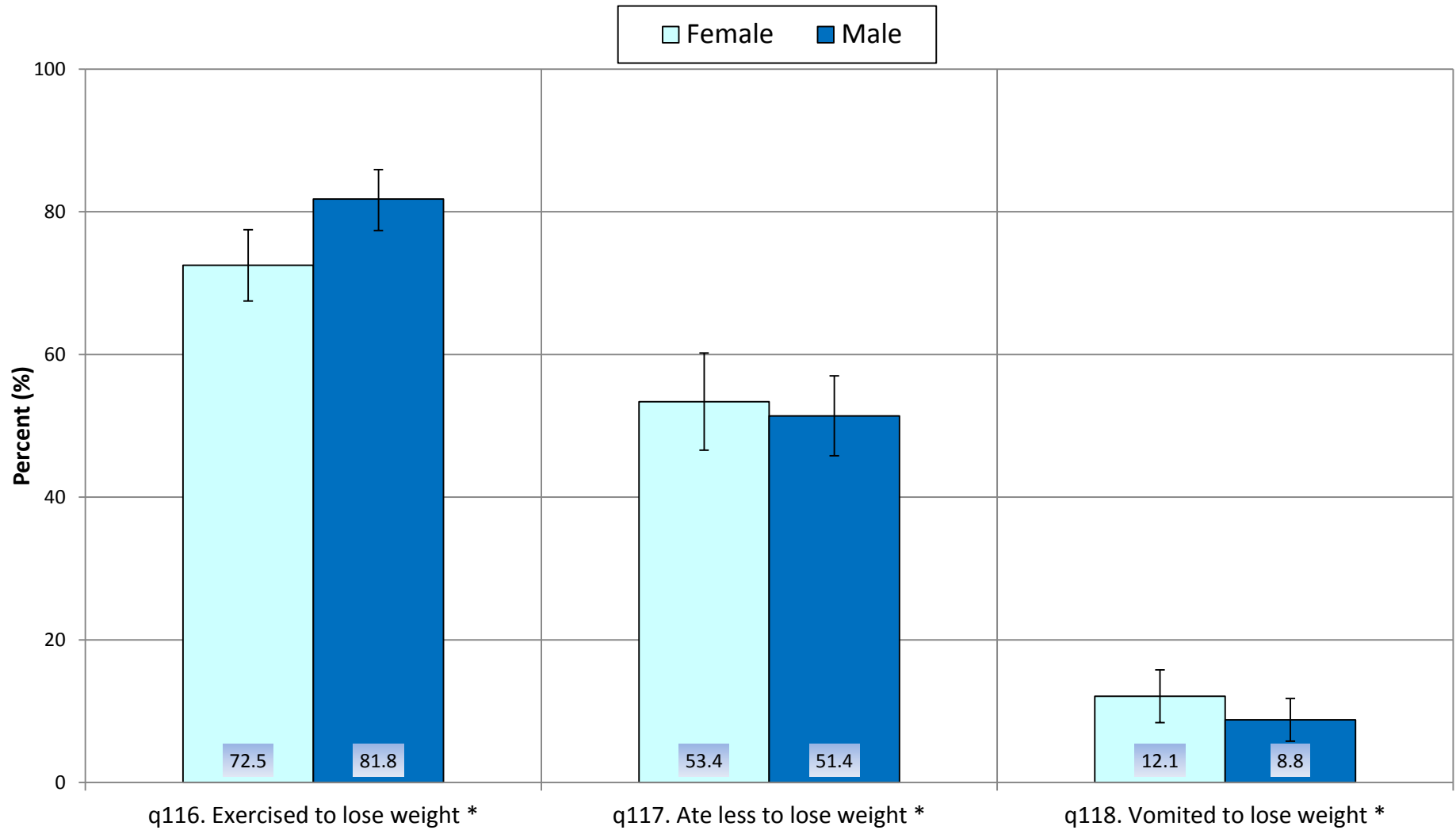
* Or keep from gaining weight, in the past 30 days

Weight Control among Obese and Overweight Students New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



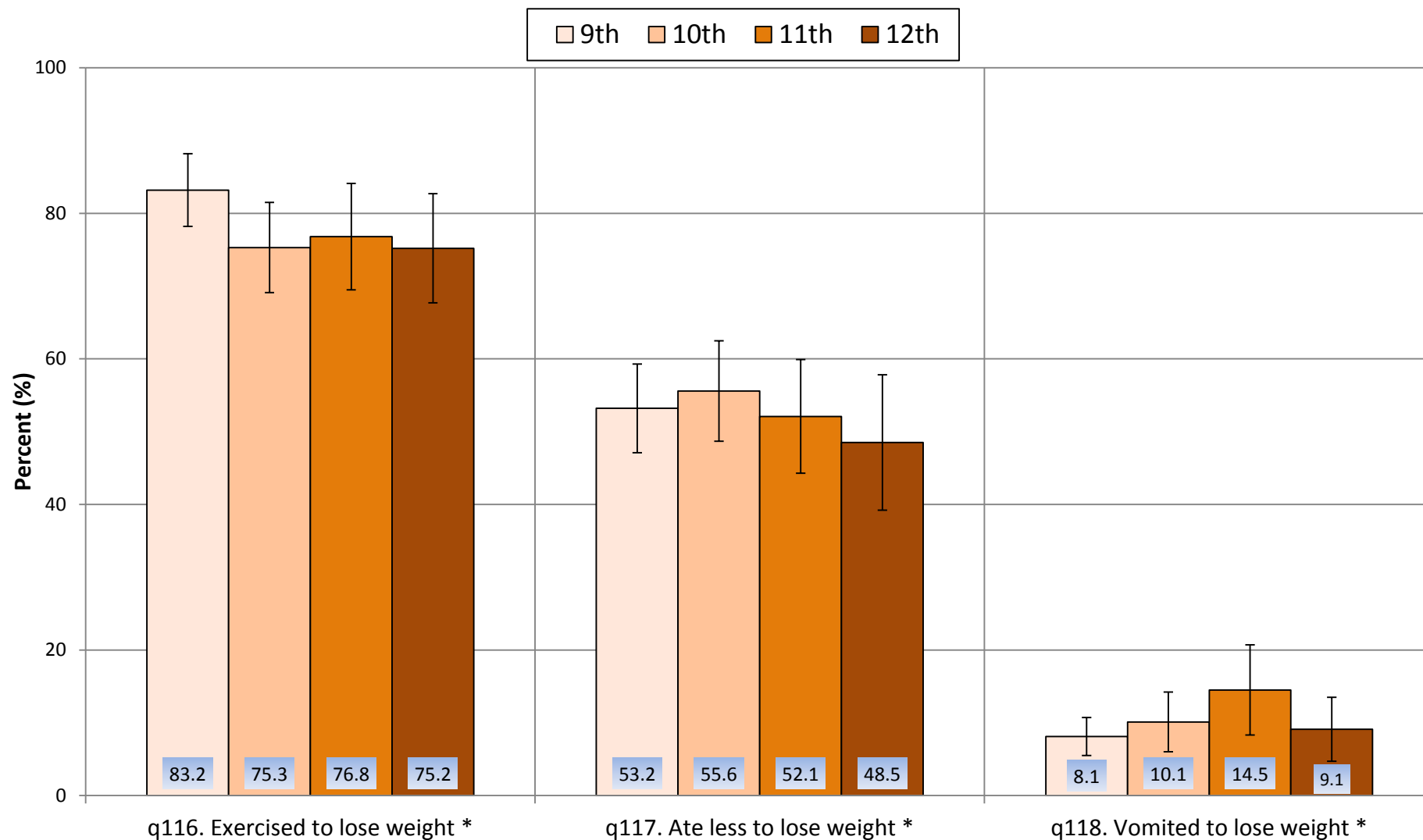
* Or keep from gaining weight, in the past 30 days

Weight Control among Obese and Overweight Students by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Or keep from gaining weight, in the past 30 days

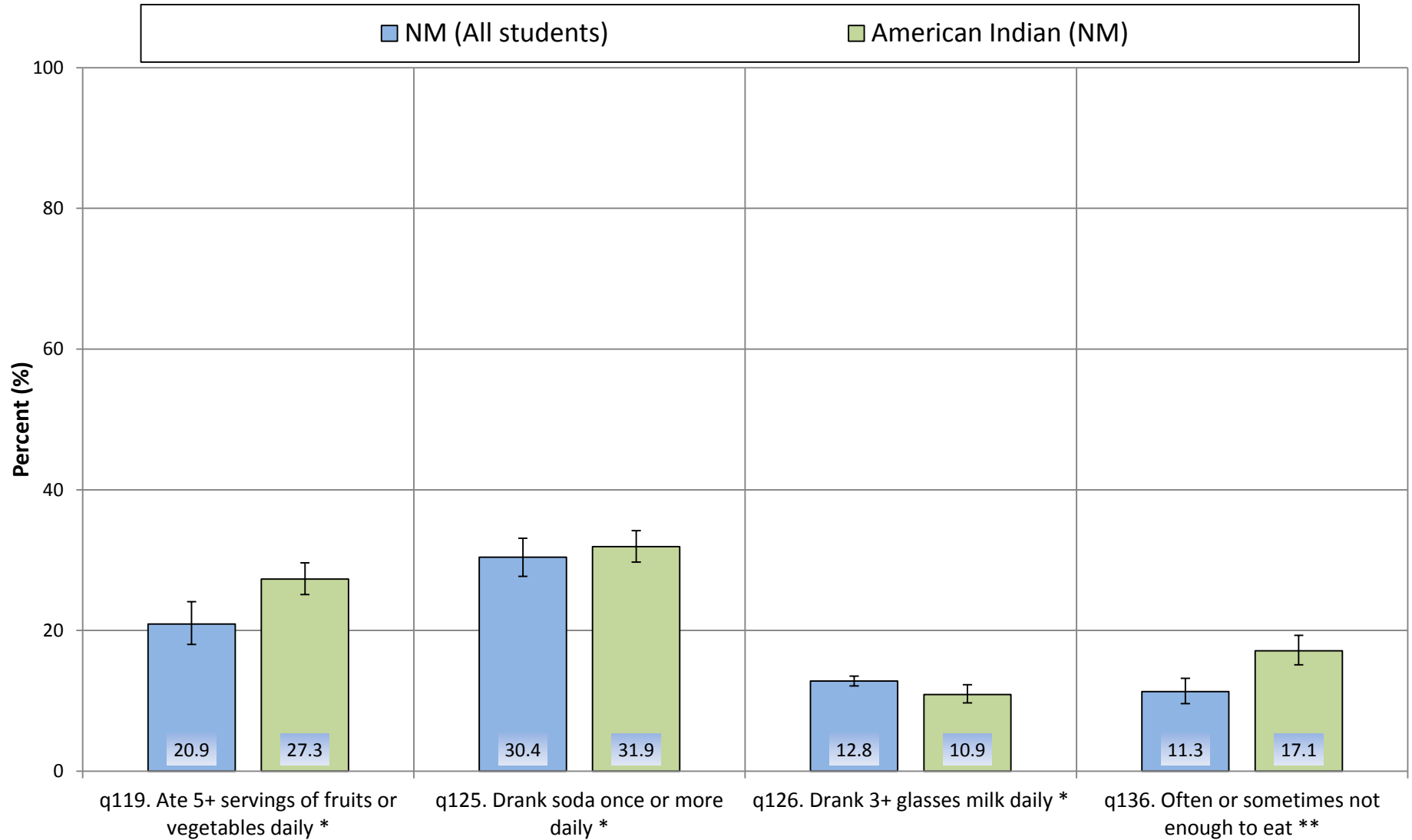
Weight Control among Obese and Overweight Students by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Or keep from gaining weight, in the past 30 days

Nutrition

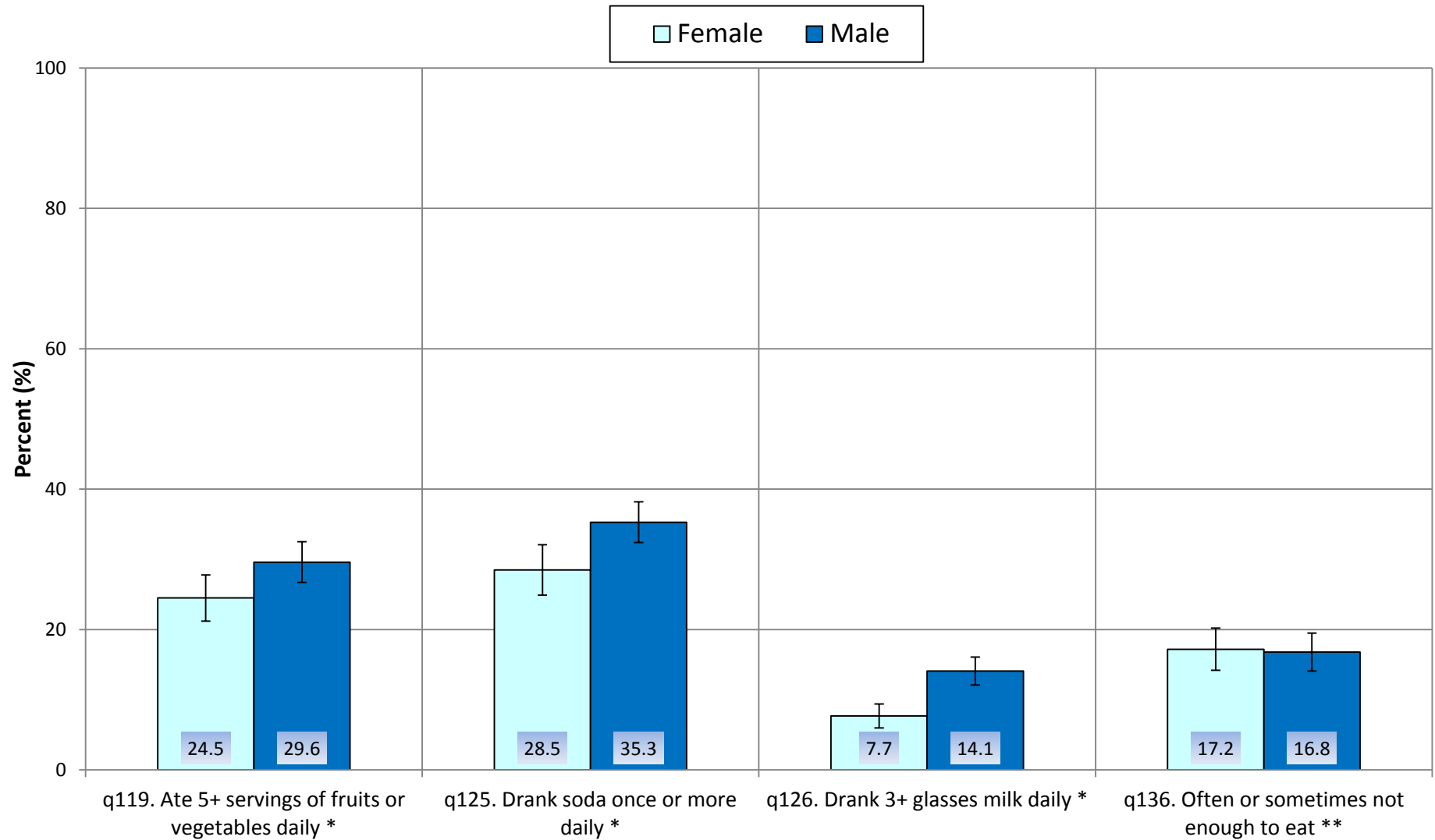
New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* In the past 7 days

** "By you and your family" in the past 12 months

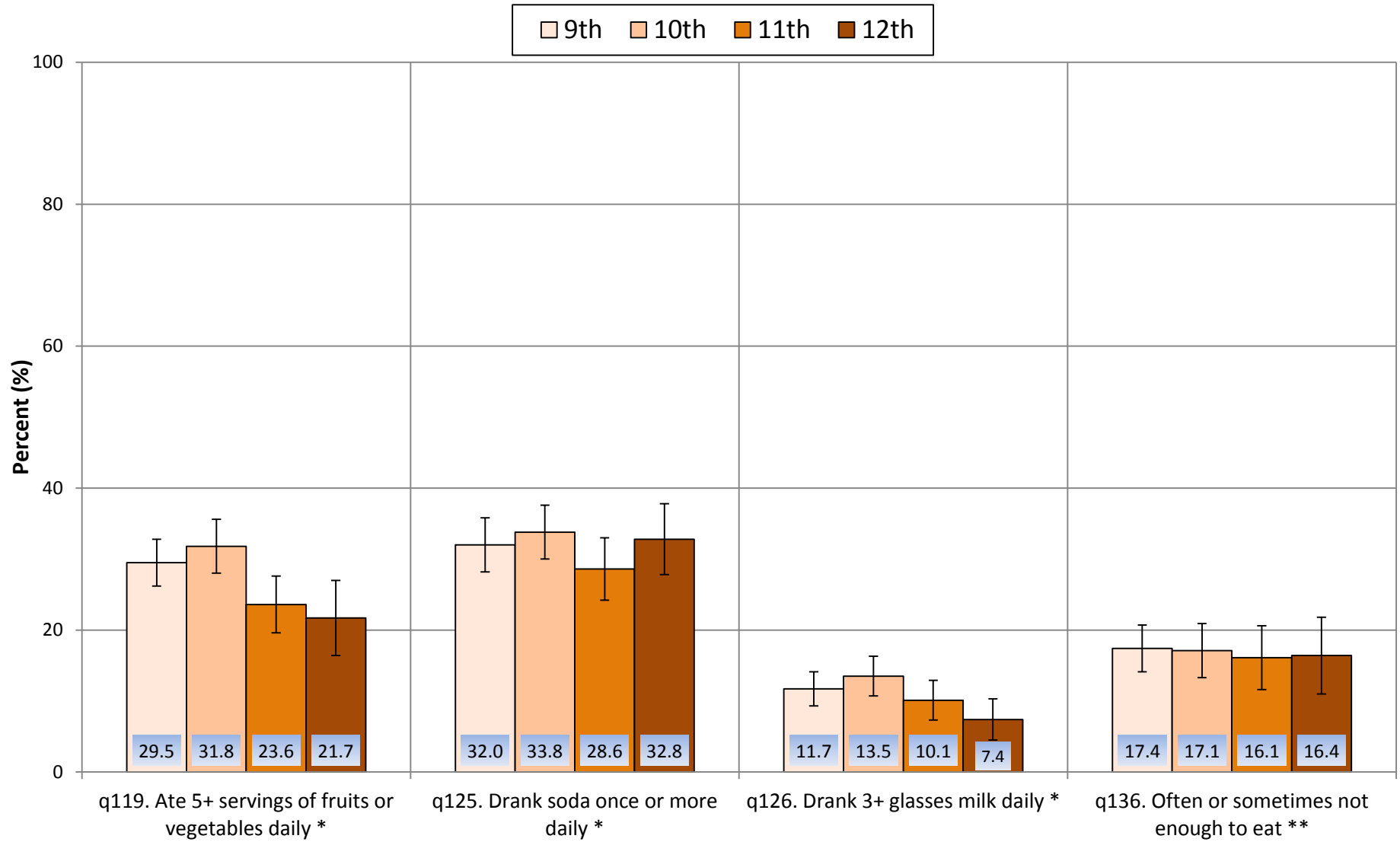
Nutrition by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* In the past 7 days

** "By you and your family" in the past 12 months

Nutrition by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



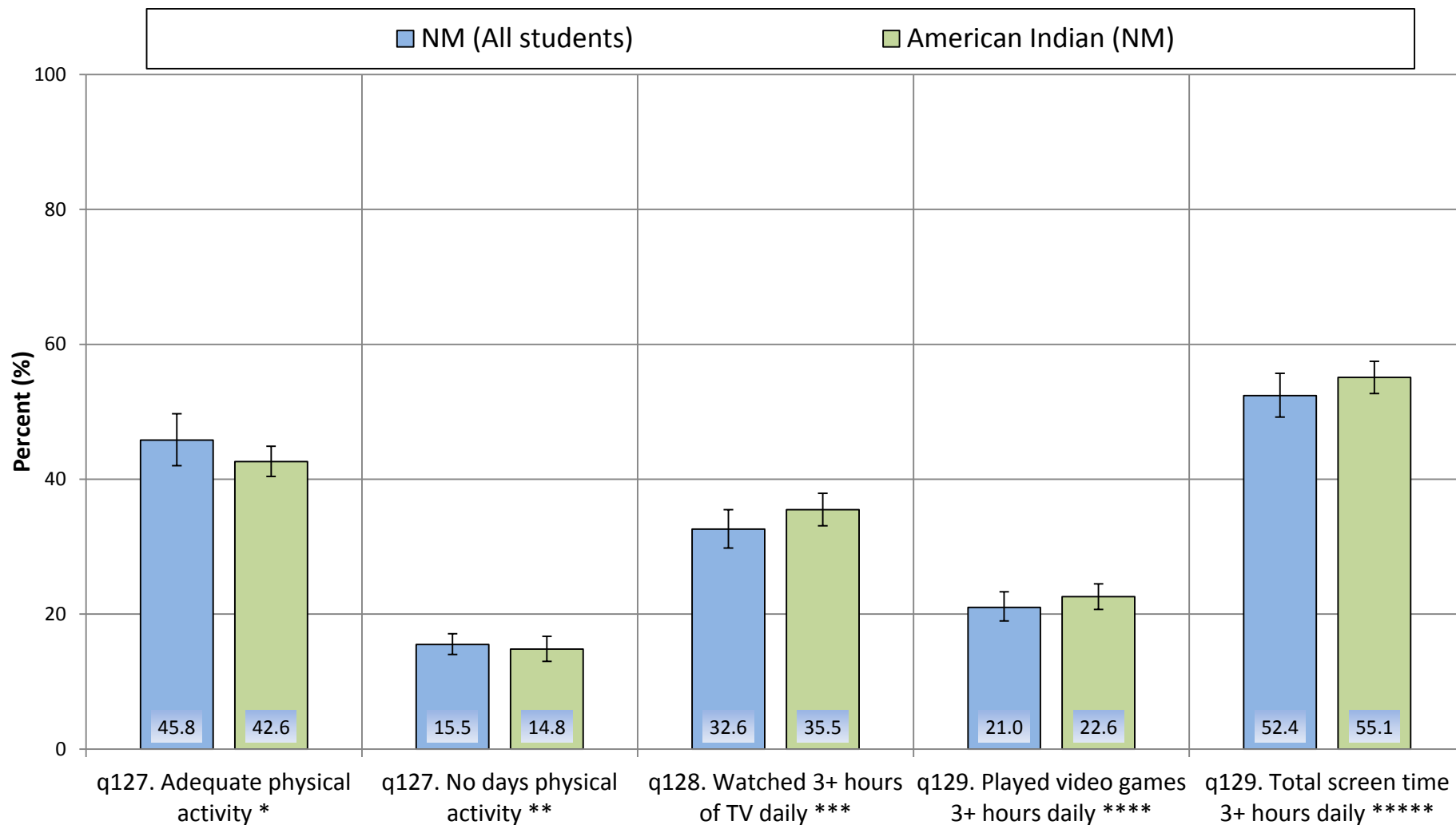
* In the past 7 days

** "By you and your family" in the past 12 months

Physical Activity

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

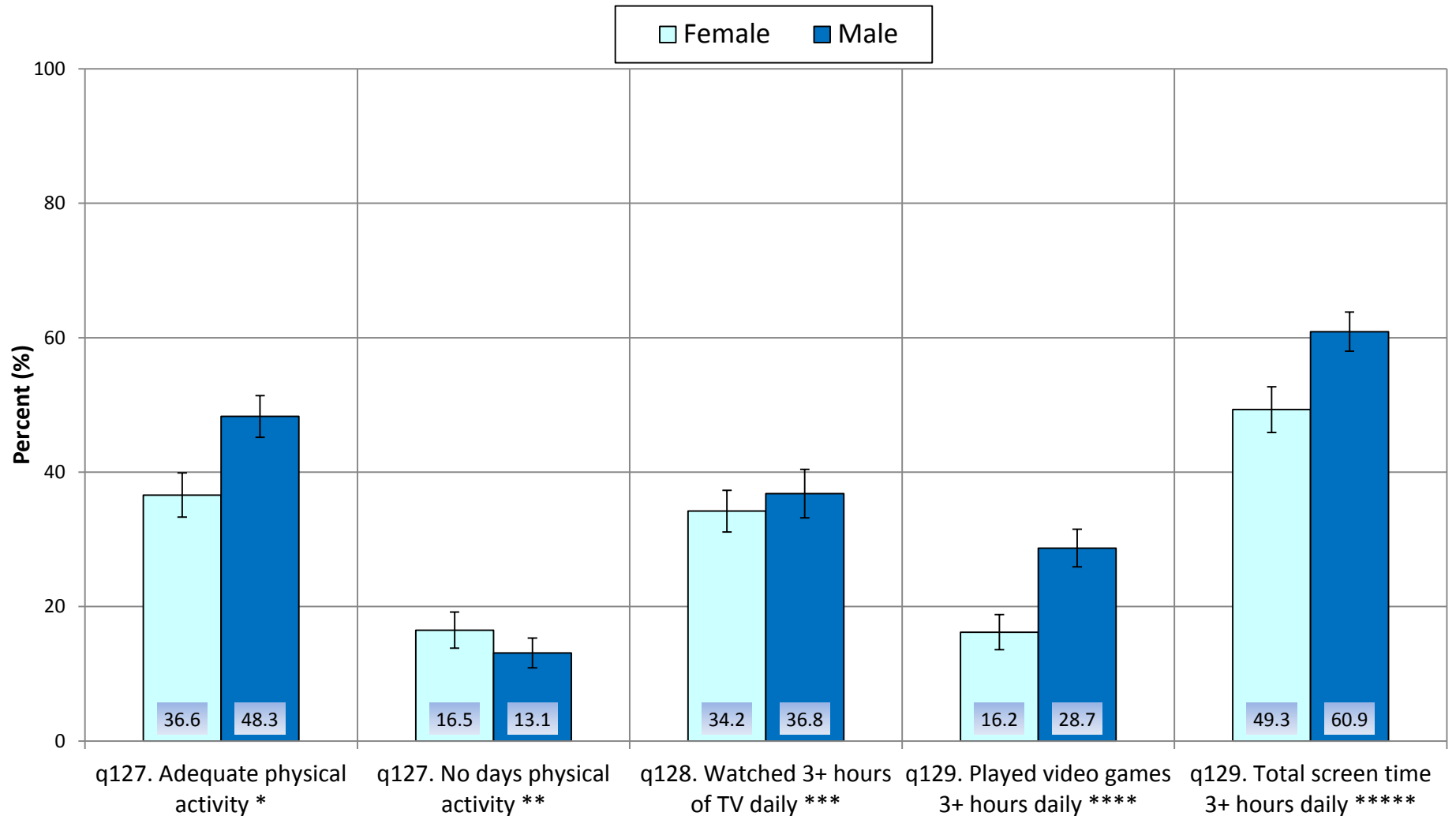
** No days of at least 60 minutes of physical activity in the past 7 days

*** On an average school day

**** On an average school day, played video or computer games or used a computer for something that was not school work

***** Either TV viewing or computer/video use unrelated to school, on an average school day

Physical Activity by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

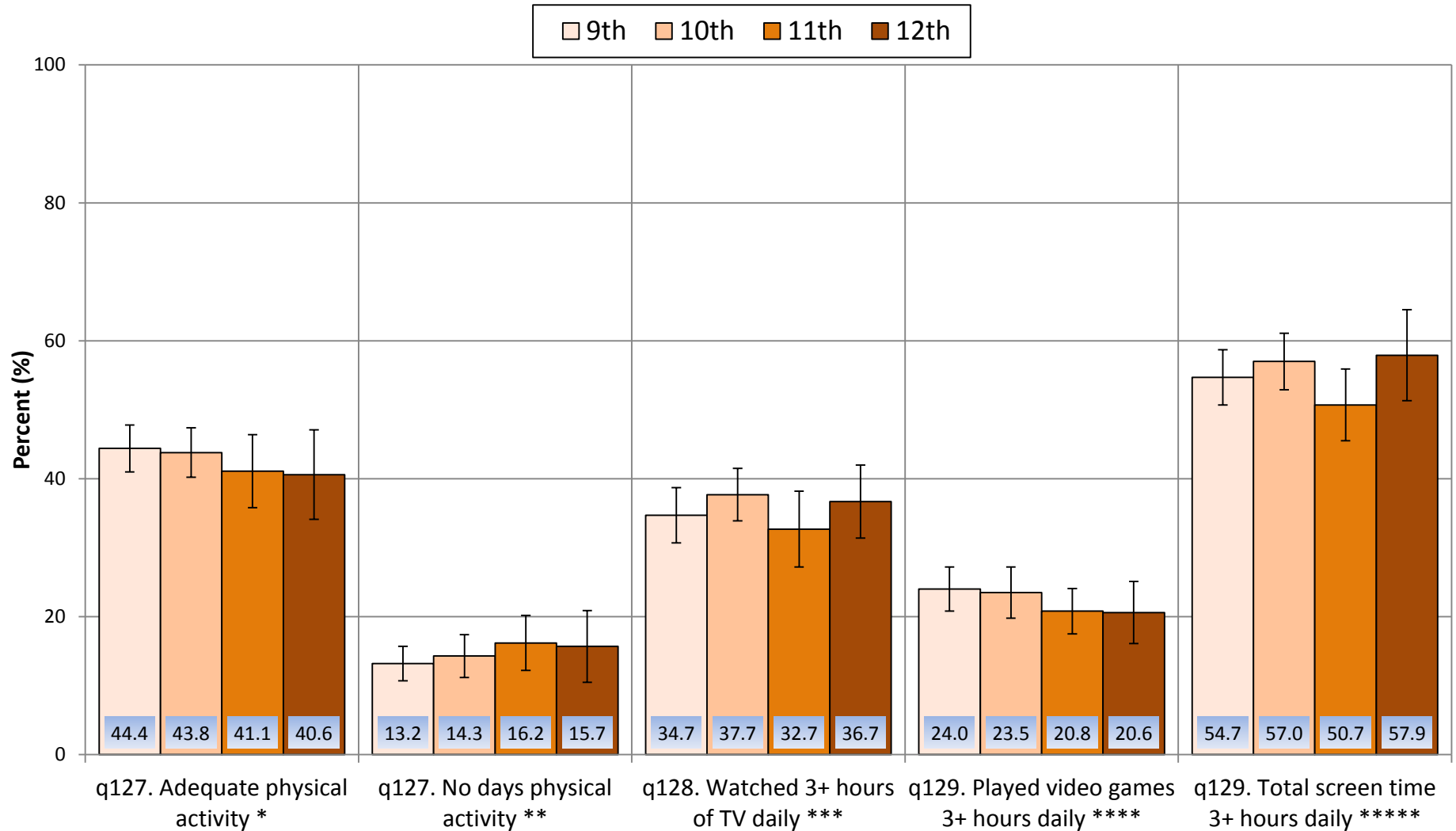
** No days of at least 60 minutes of physical activity in the past 7 days

*** On an average school day

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Physical Activity by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

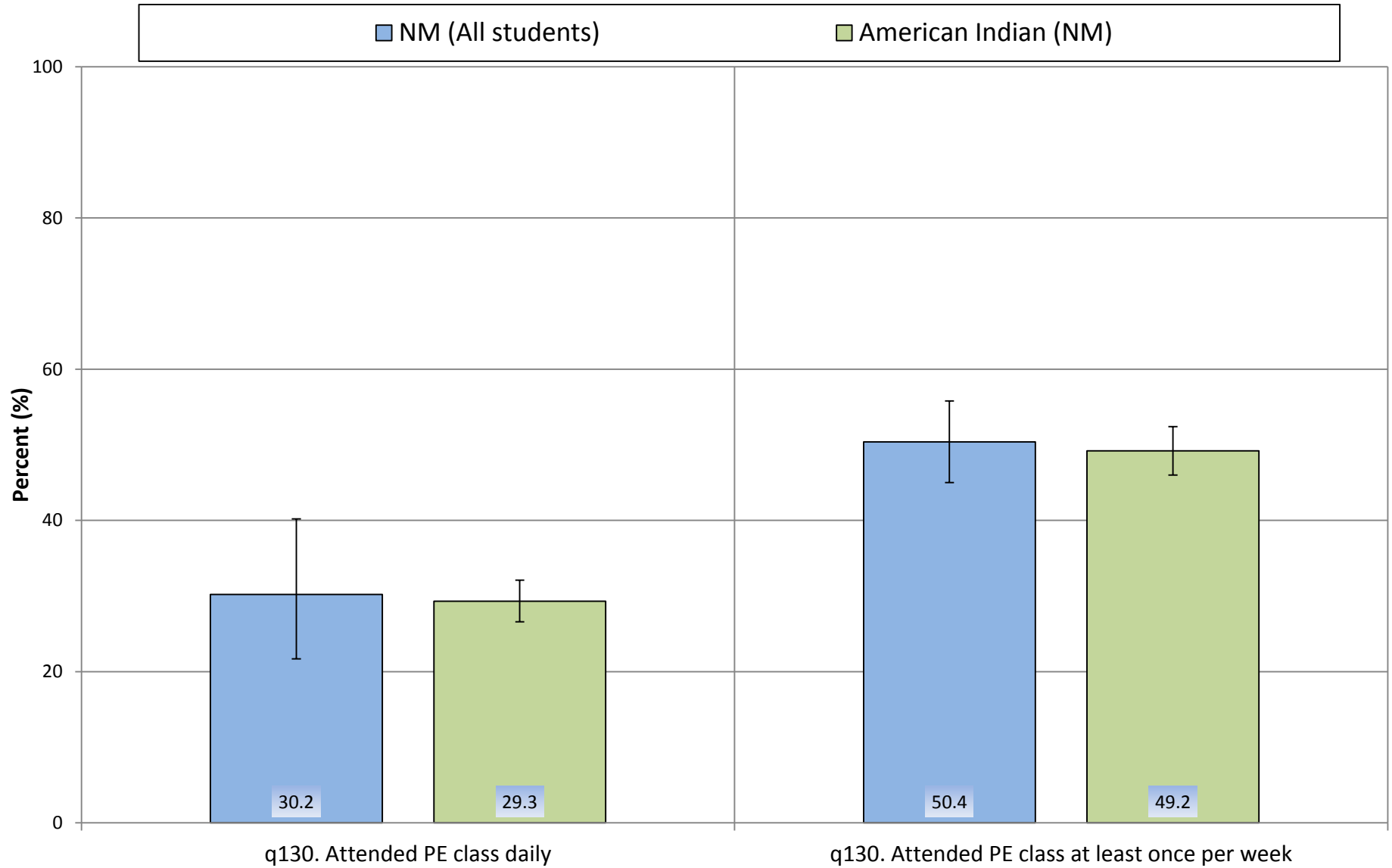
** No days of at least 60 minutes of physical activity in the past 7 days

*** On an average school day

**** On an average school day, played video or computer games or used a computer for something that was not school work

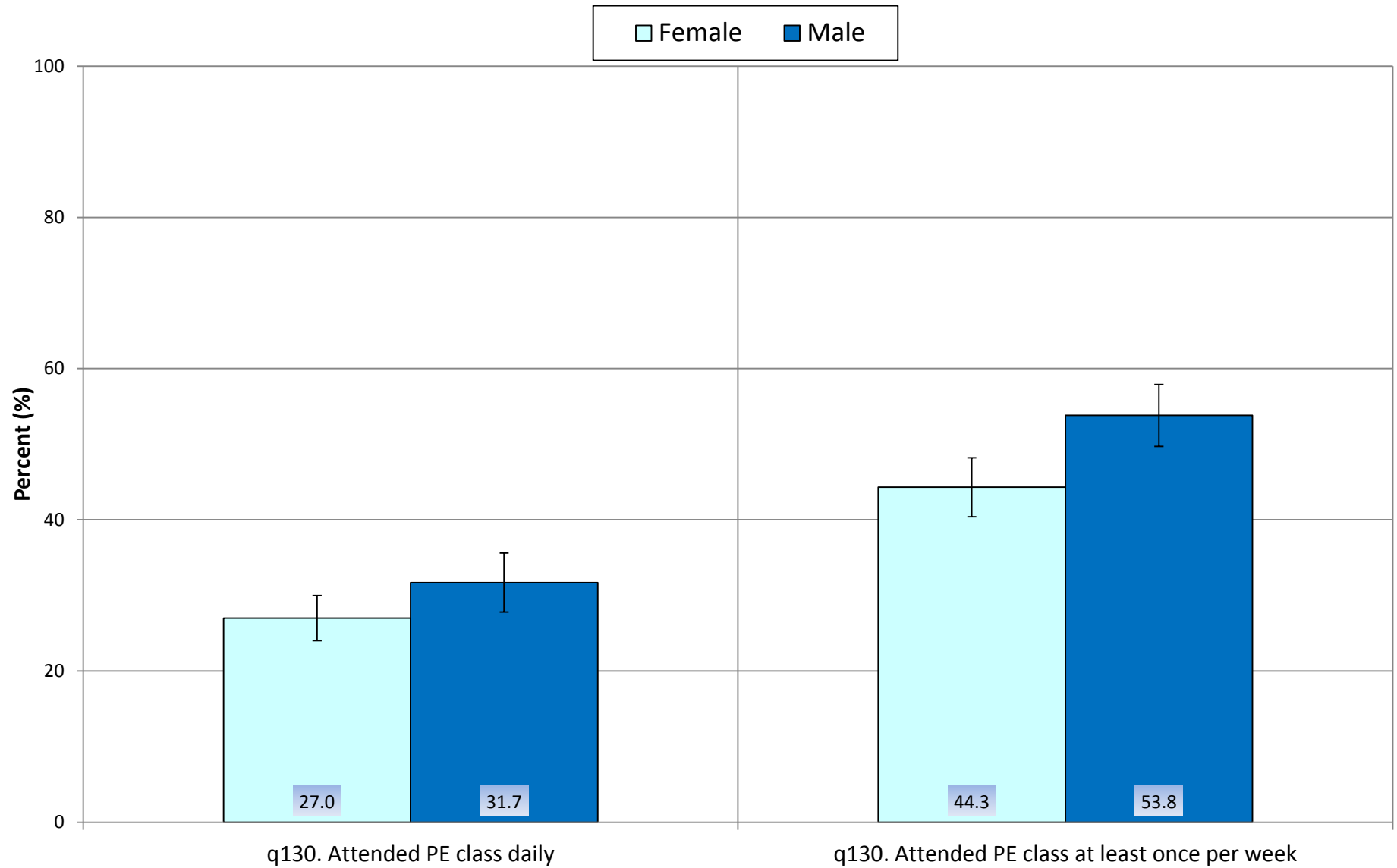
***** Either TV viewing or computer/video use unrelated to school, on an average school day

Physical Activity: PE Class*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



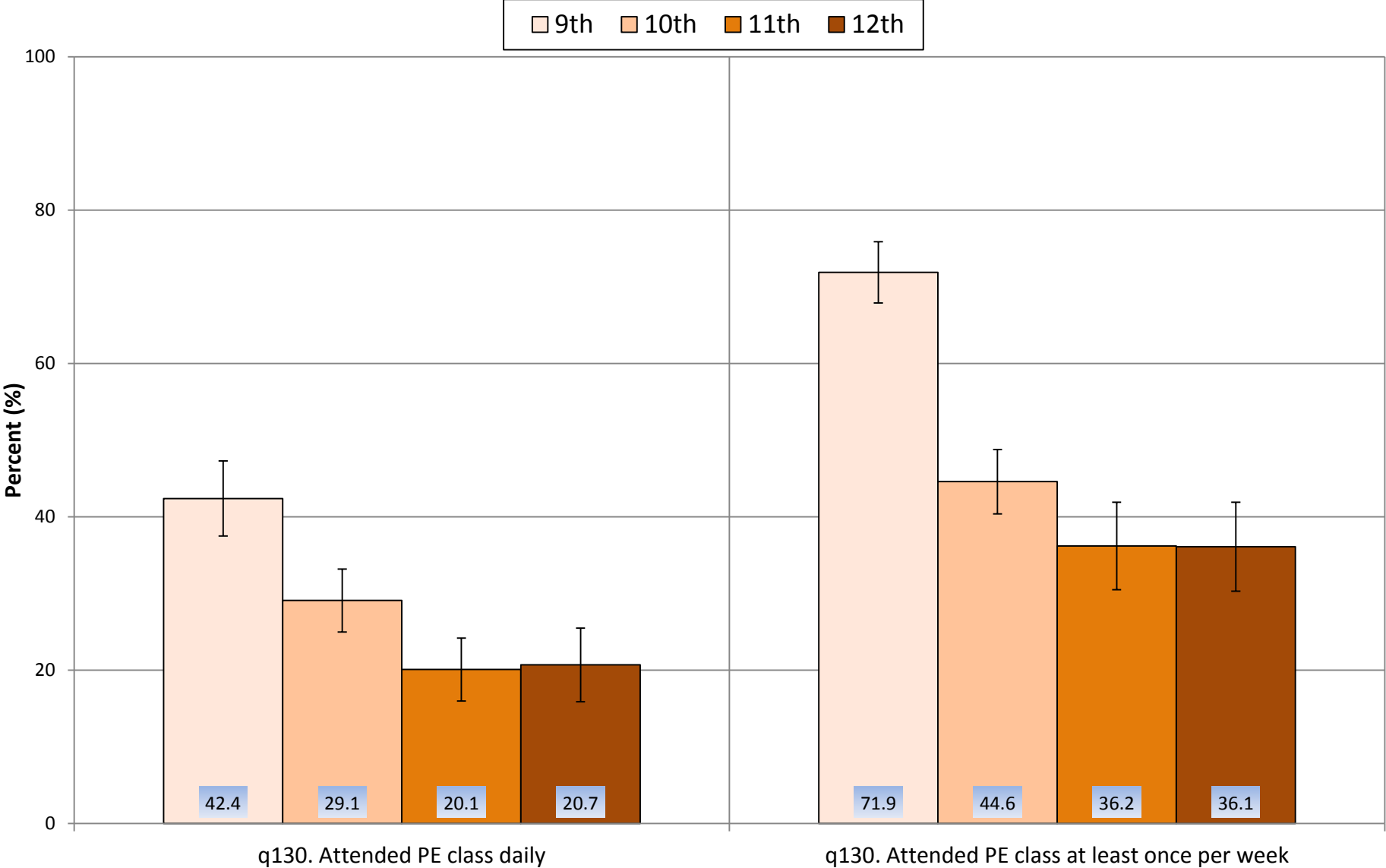
* During an average school week

Physical Activity: PE Class* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* During an average school week

Physical Activity: PE Class*
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS



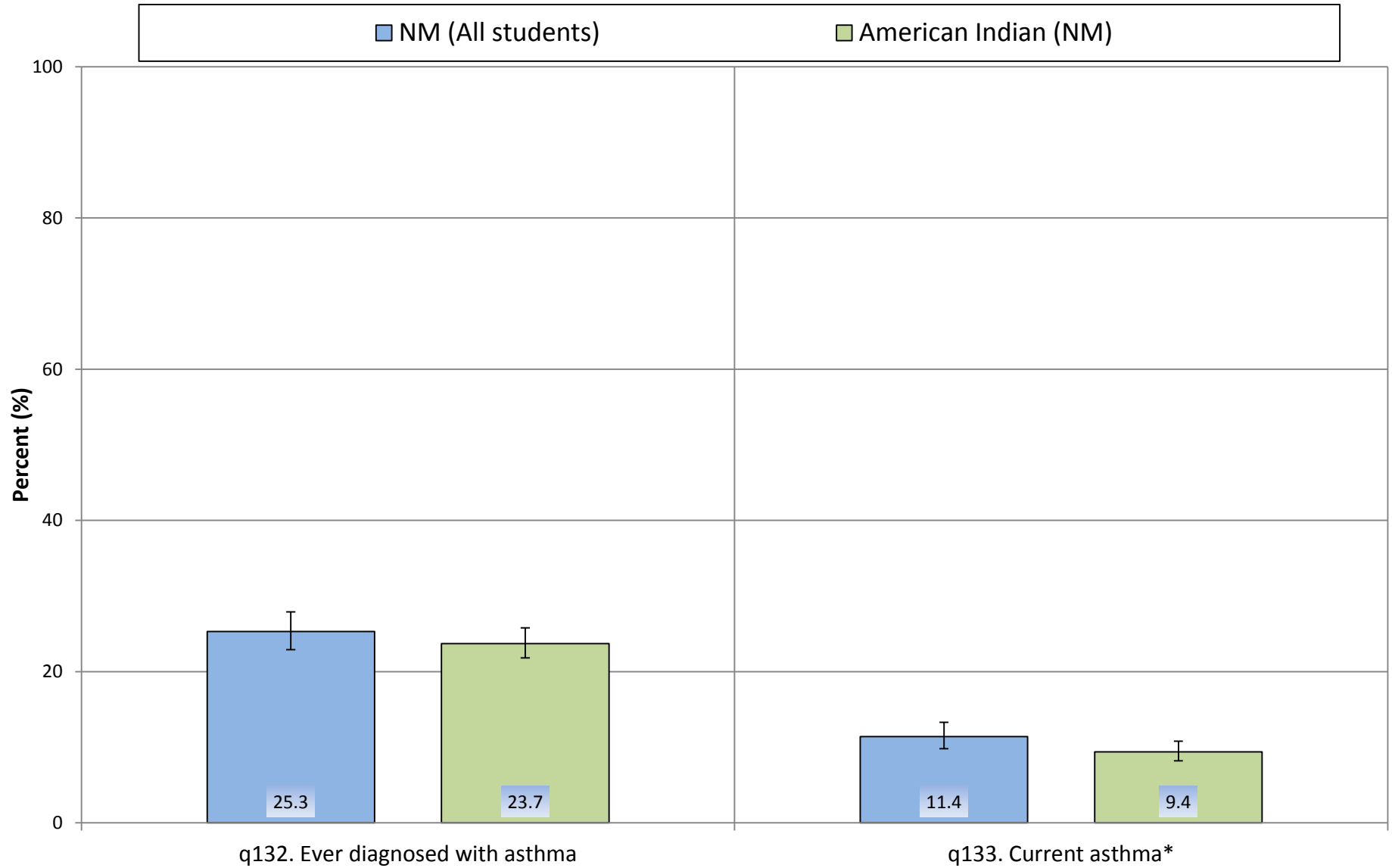
* During an average school week

Other Characteristics

Asthma
English as Non-Dominant Language
US Born

Asthma

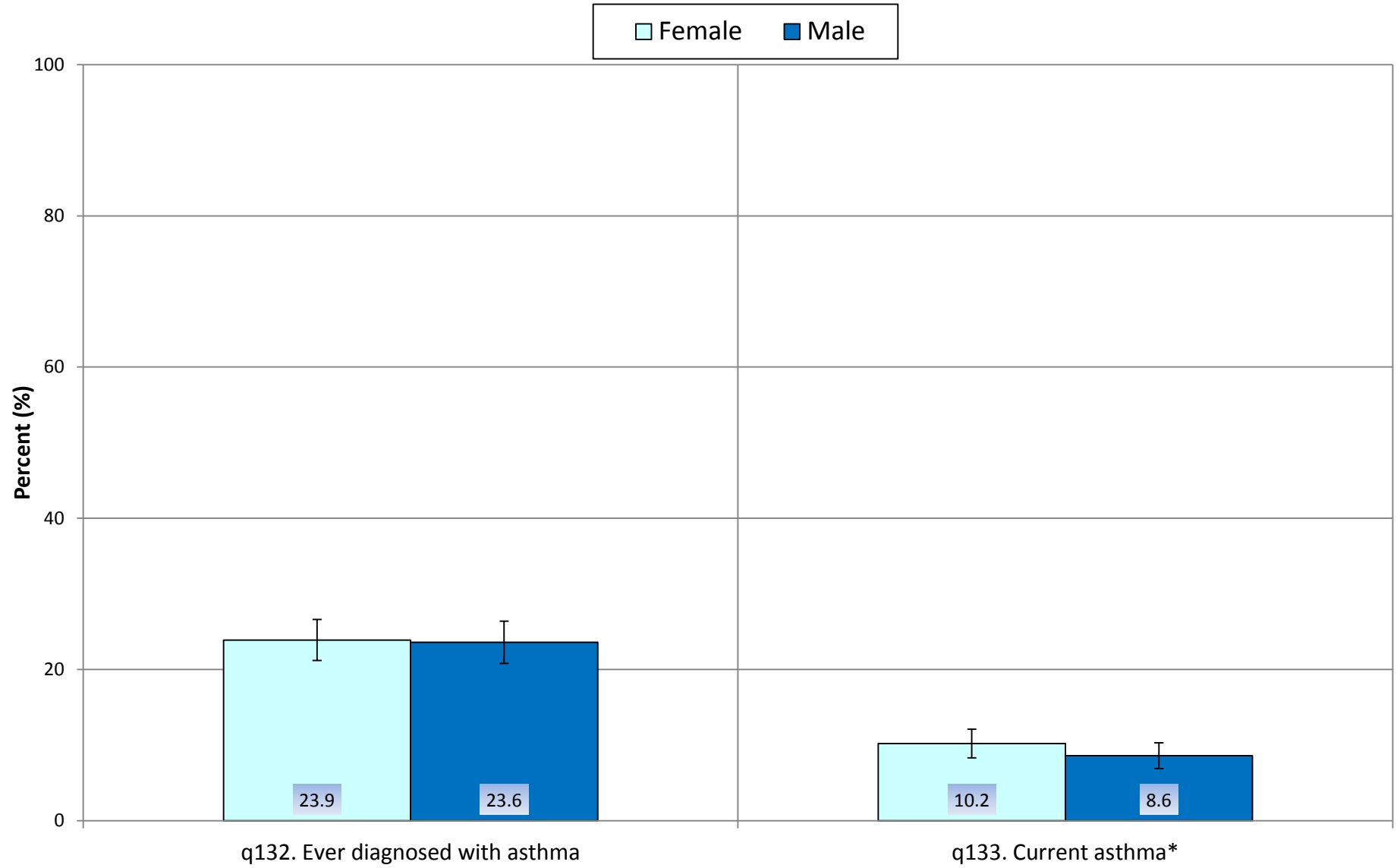
New Mexico (all students) and American Indian Students (all NM) Grades 9 - 12, 2009 NM YRRS



* Ever diagnosed with asthma **AND** still has asthma

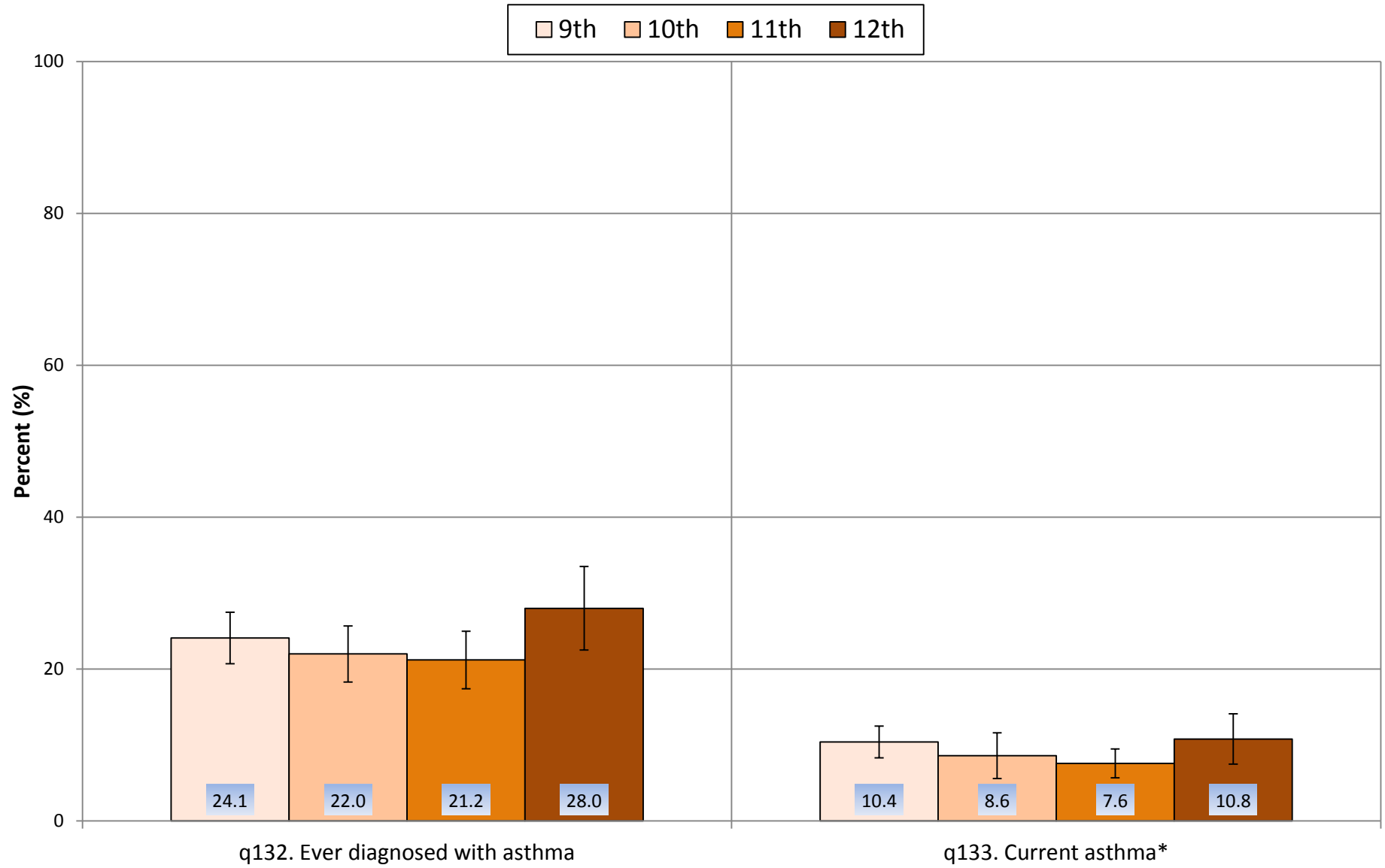
Asthma

by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



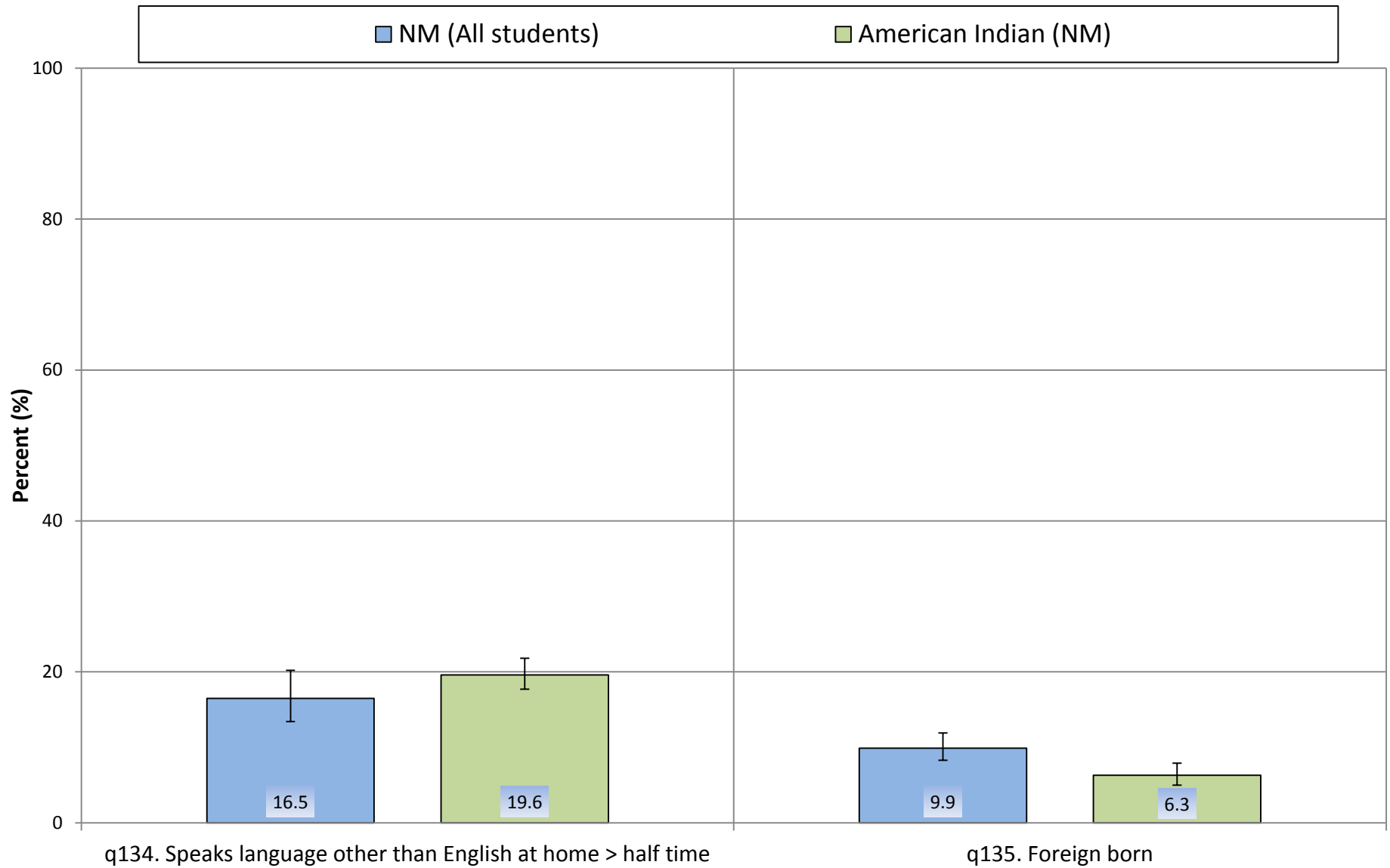
* Ever diagnosed with asthma **AND** still has asthma

Asthma by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

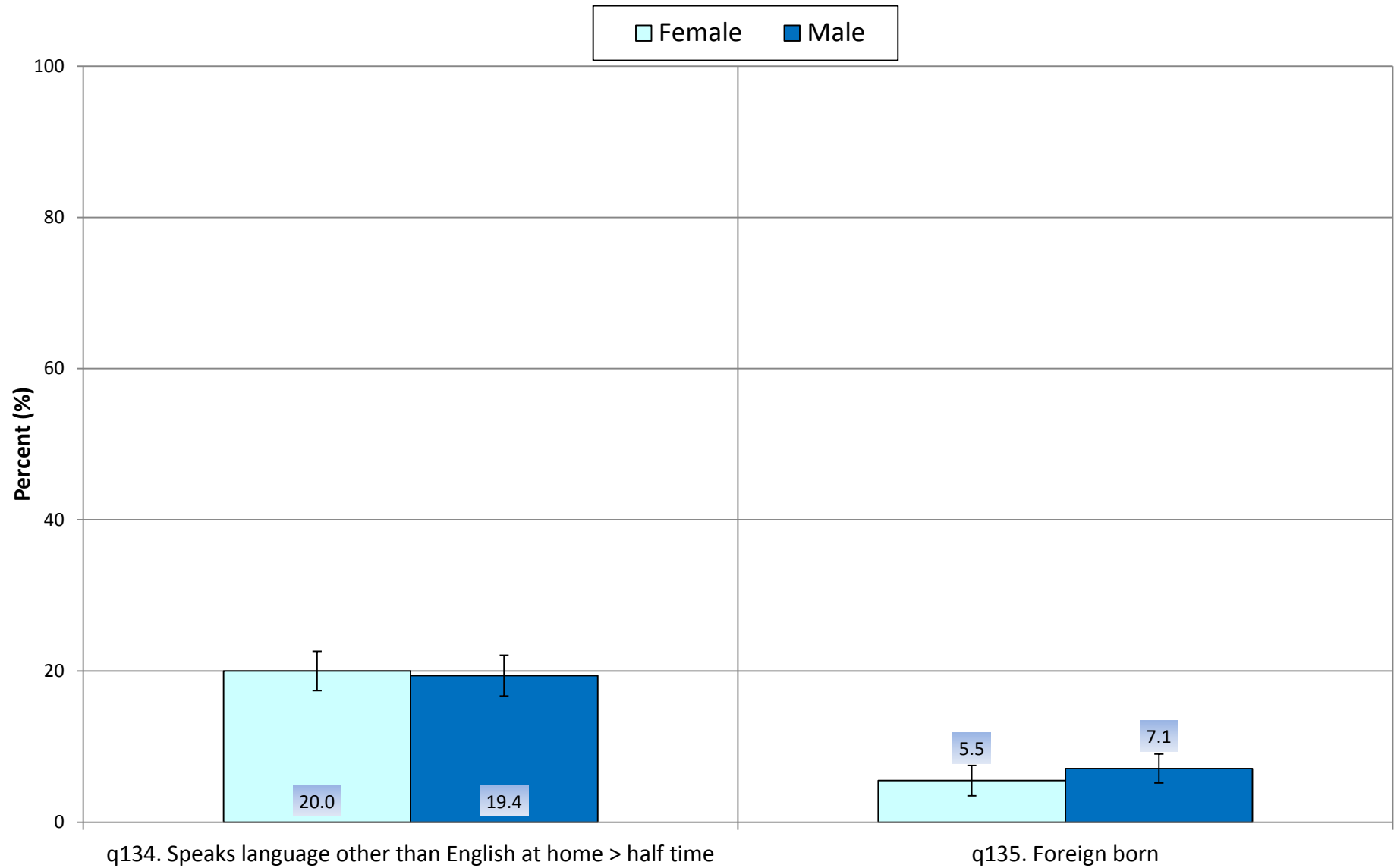


* Ever diagnosed with asthma **AND** still has asthma

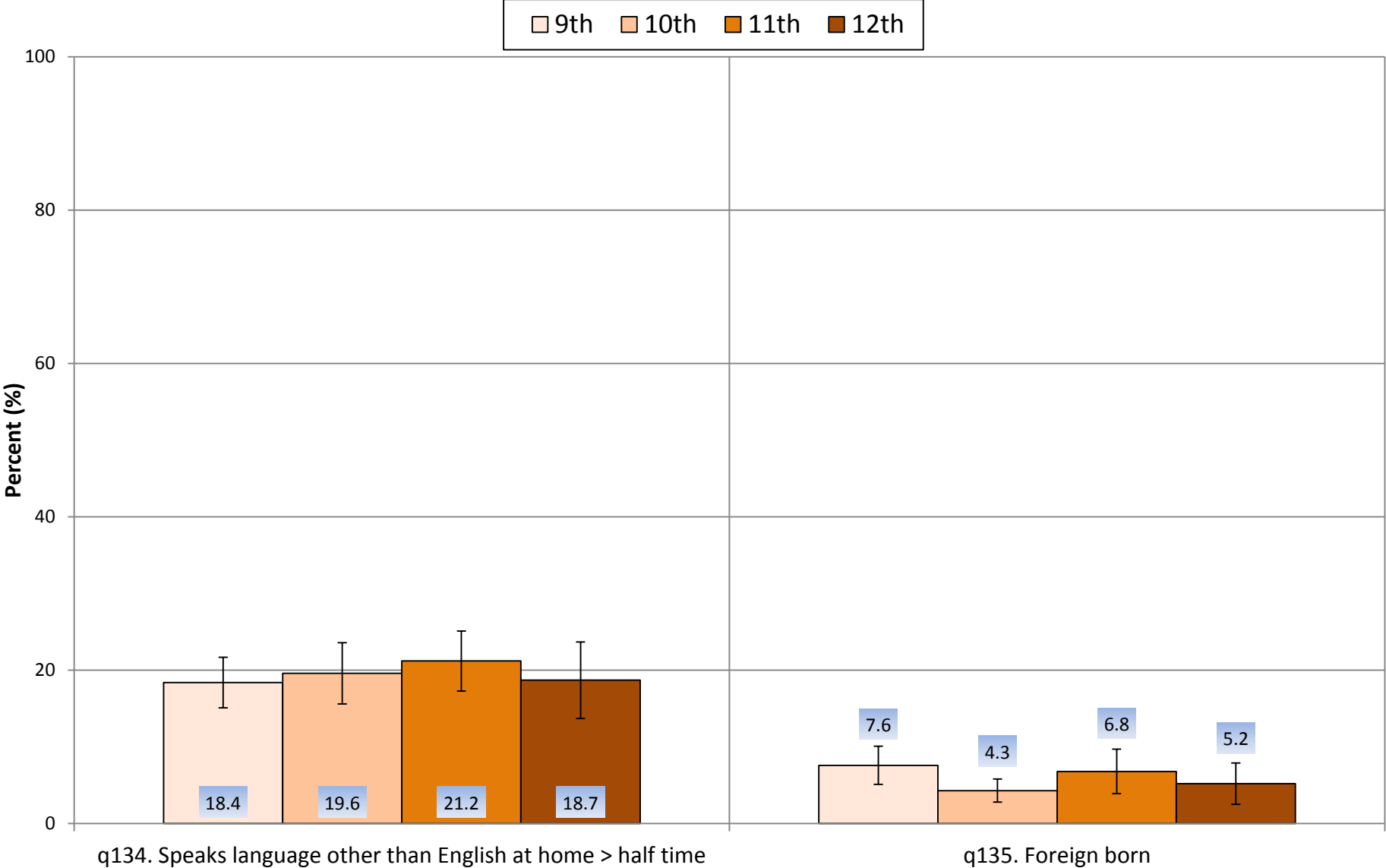
Other Characteristics
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



Other Characteristics by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



Other Characteristics by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

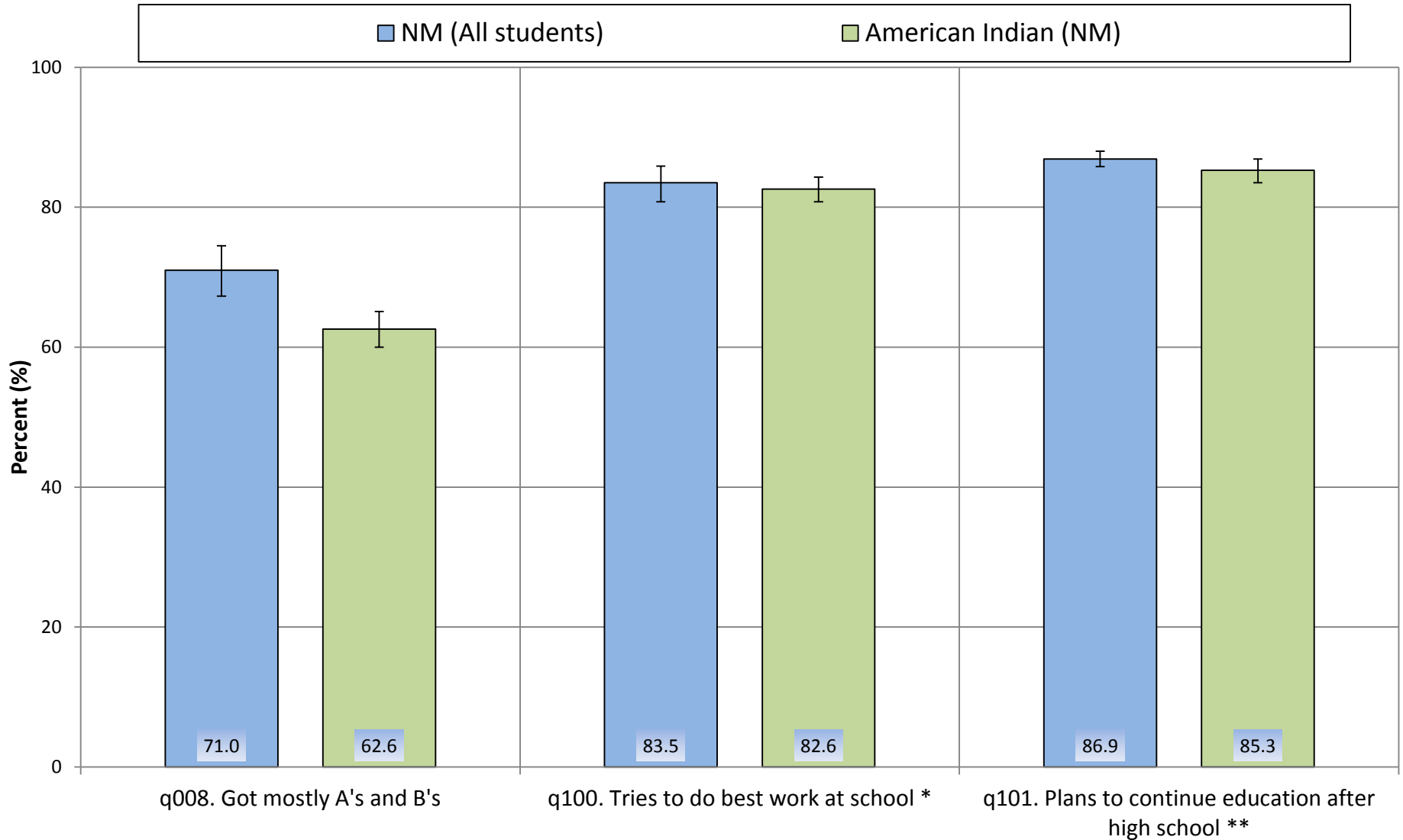


Academic Measures

Academic Measures

New Mexico (all students) and American Indian Students (all NM)

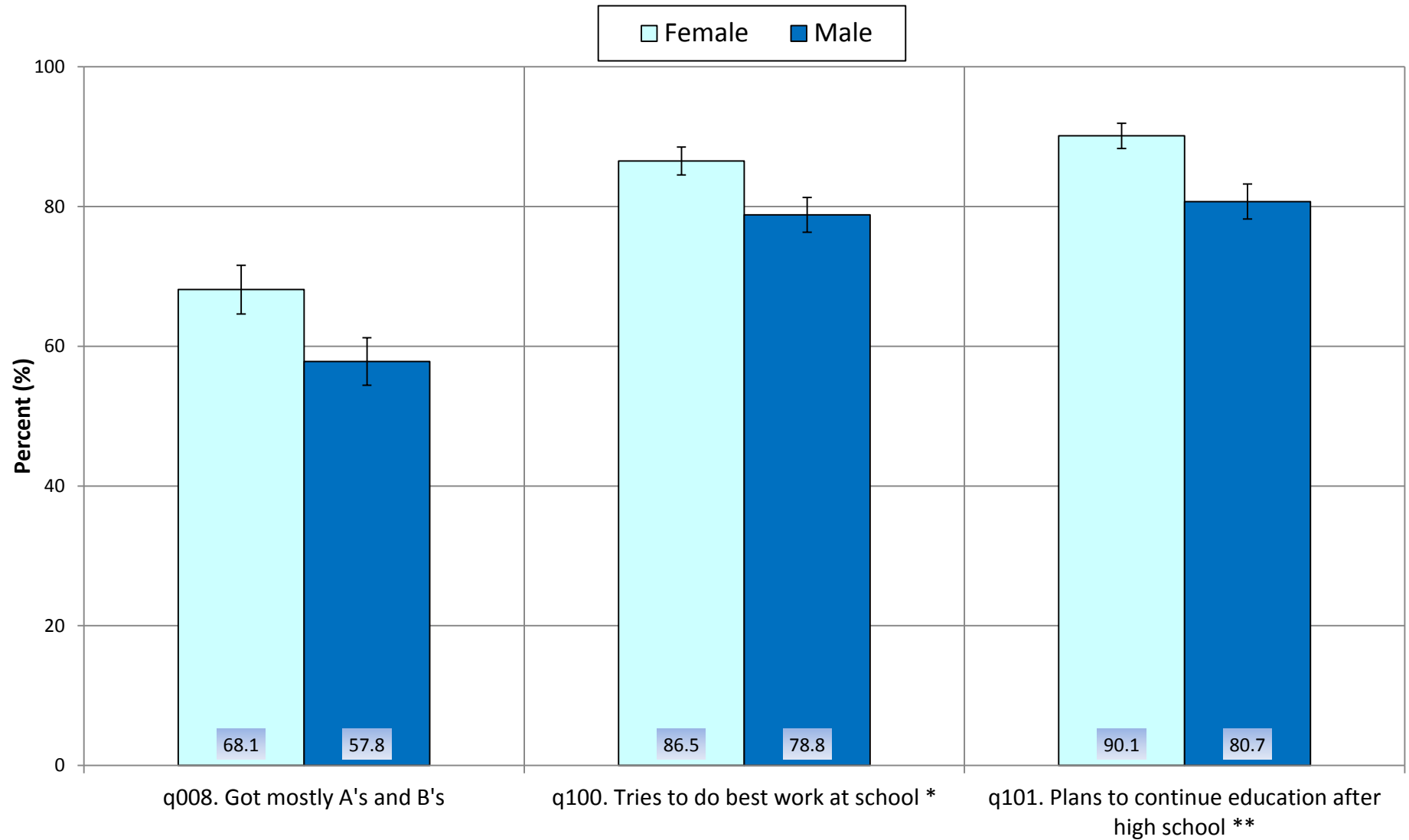
Grades 9 - 12, 2009 NM YRRS



* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

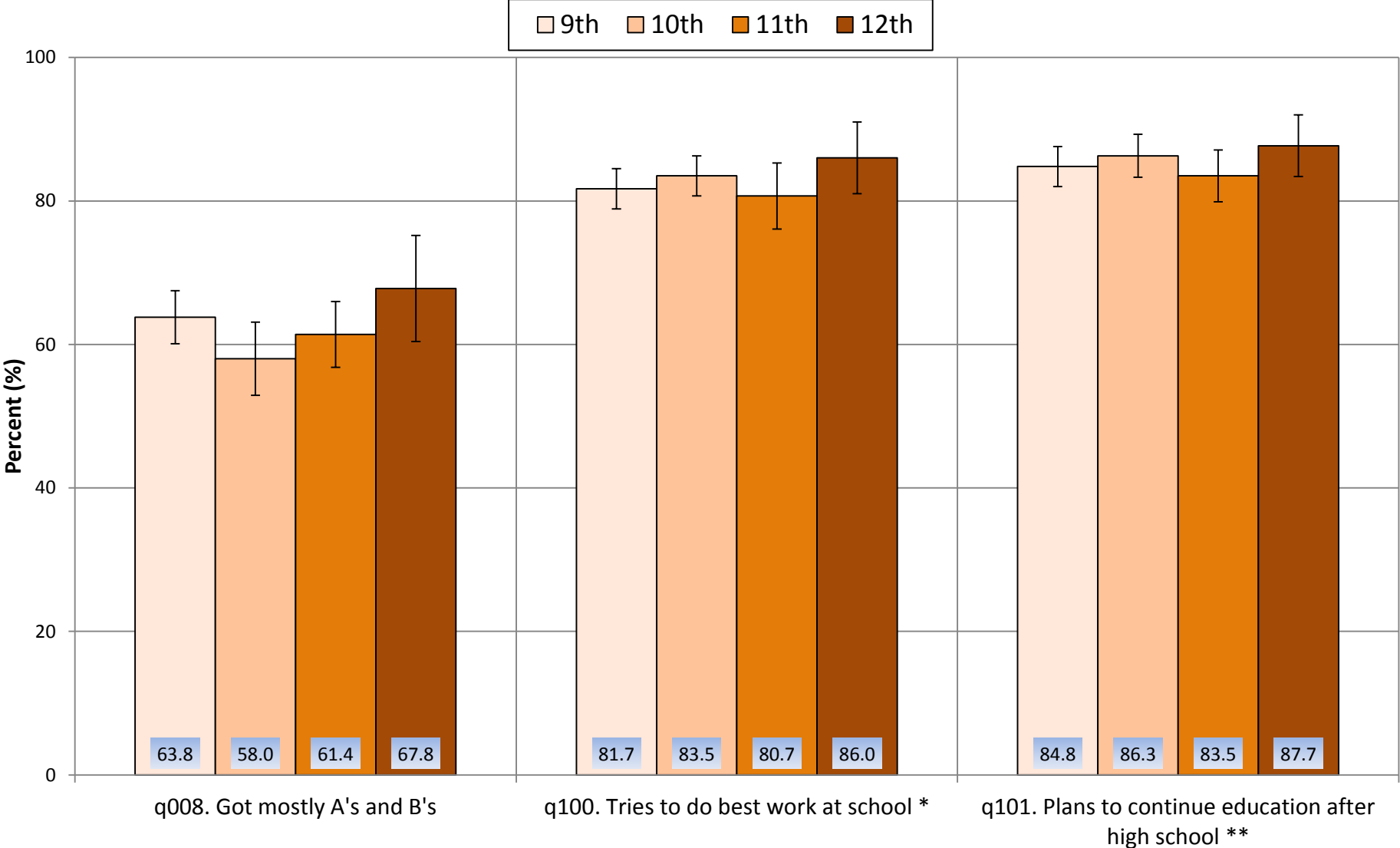
Academic Measures by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

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Academic Measures by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



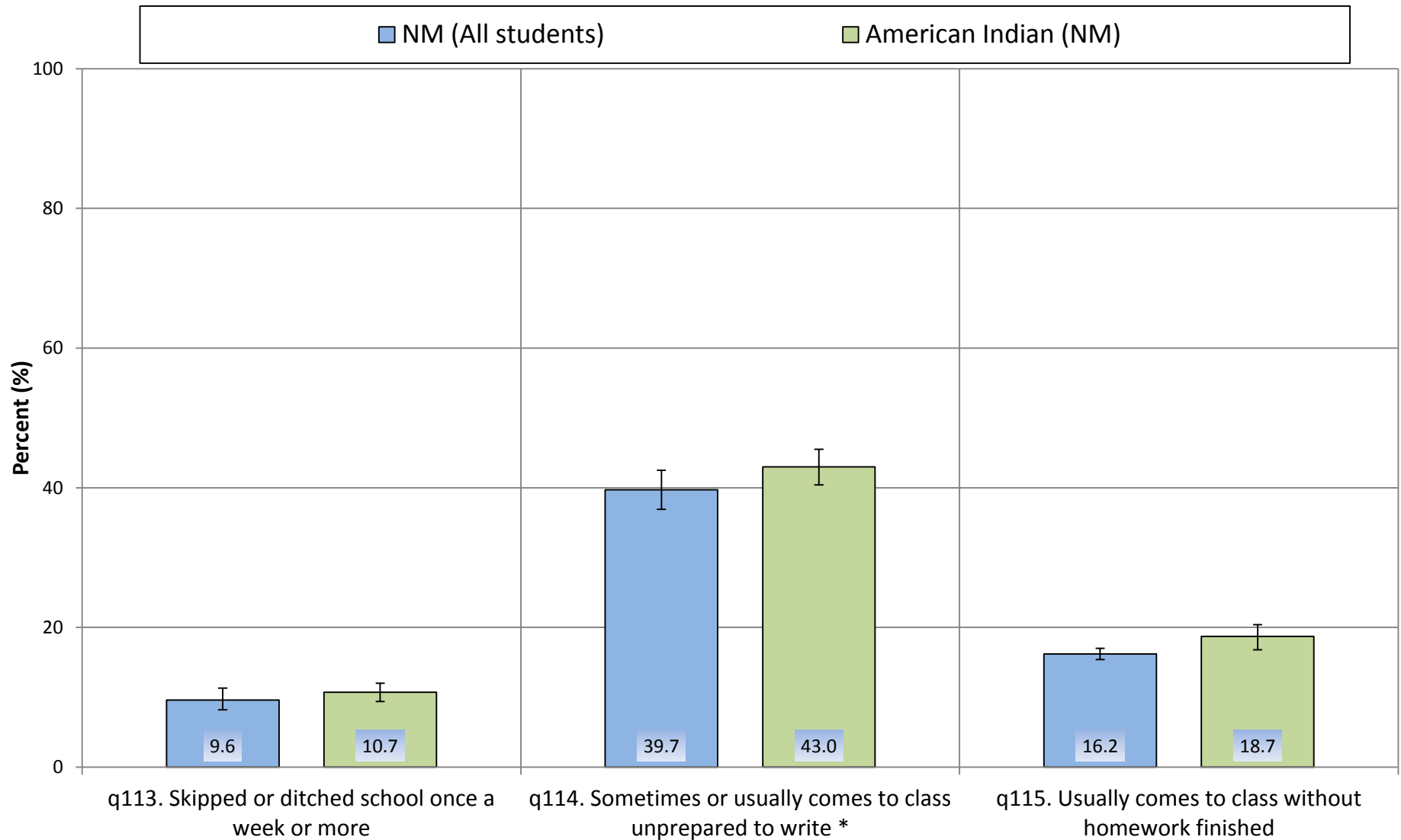
* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

Academic Measures

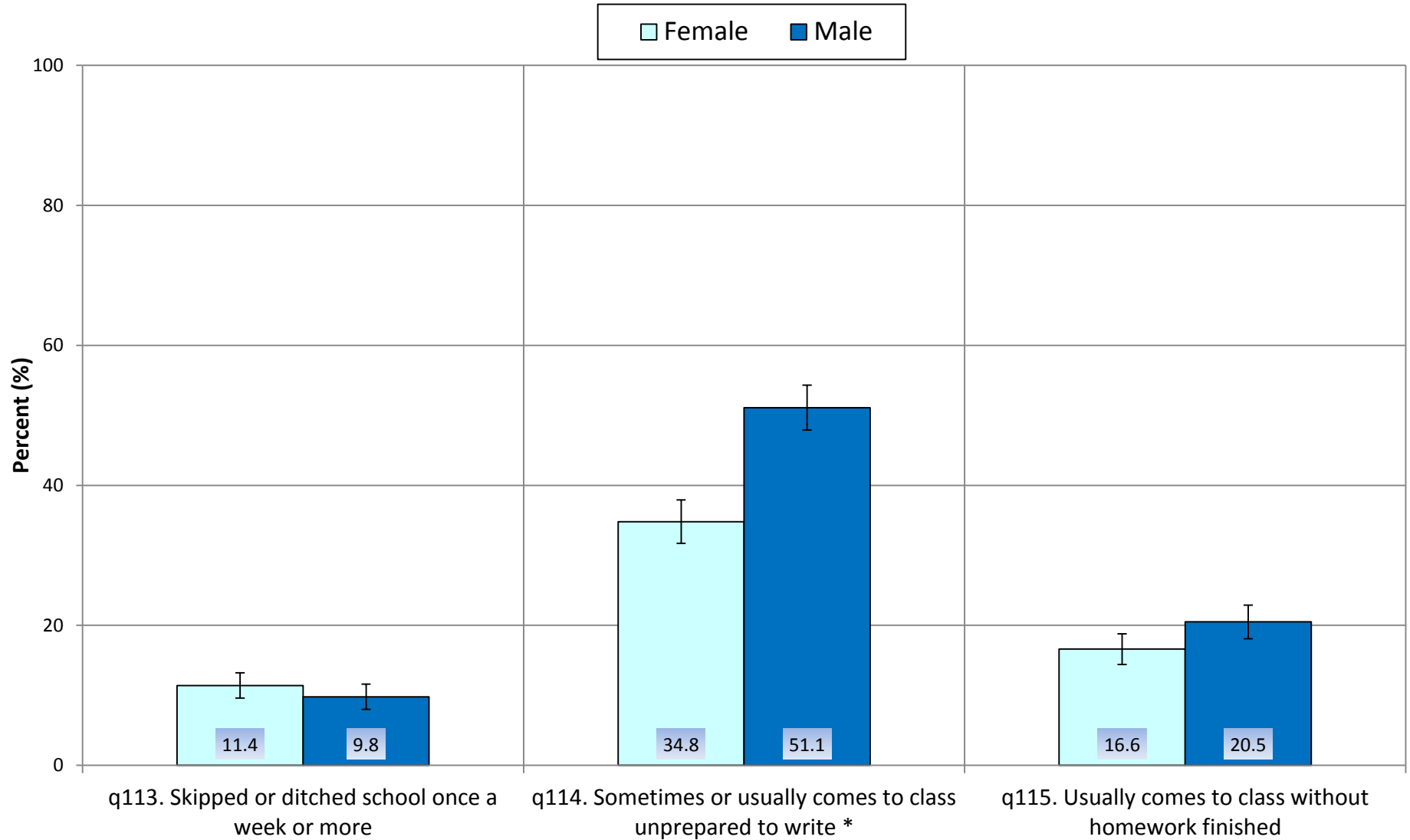
New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS



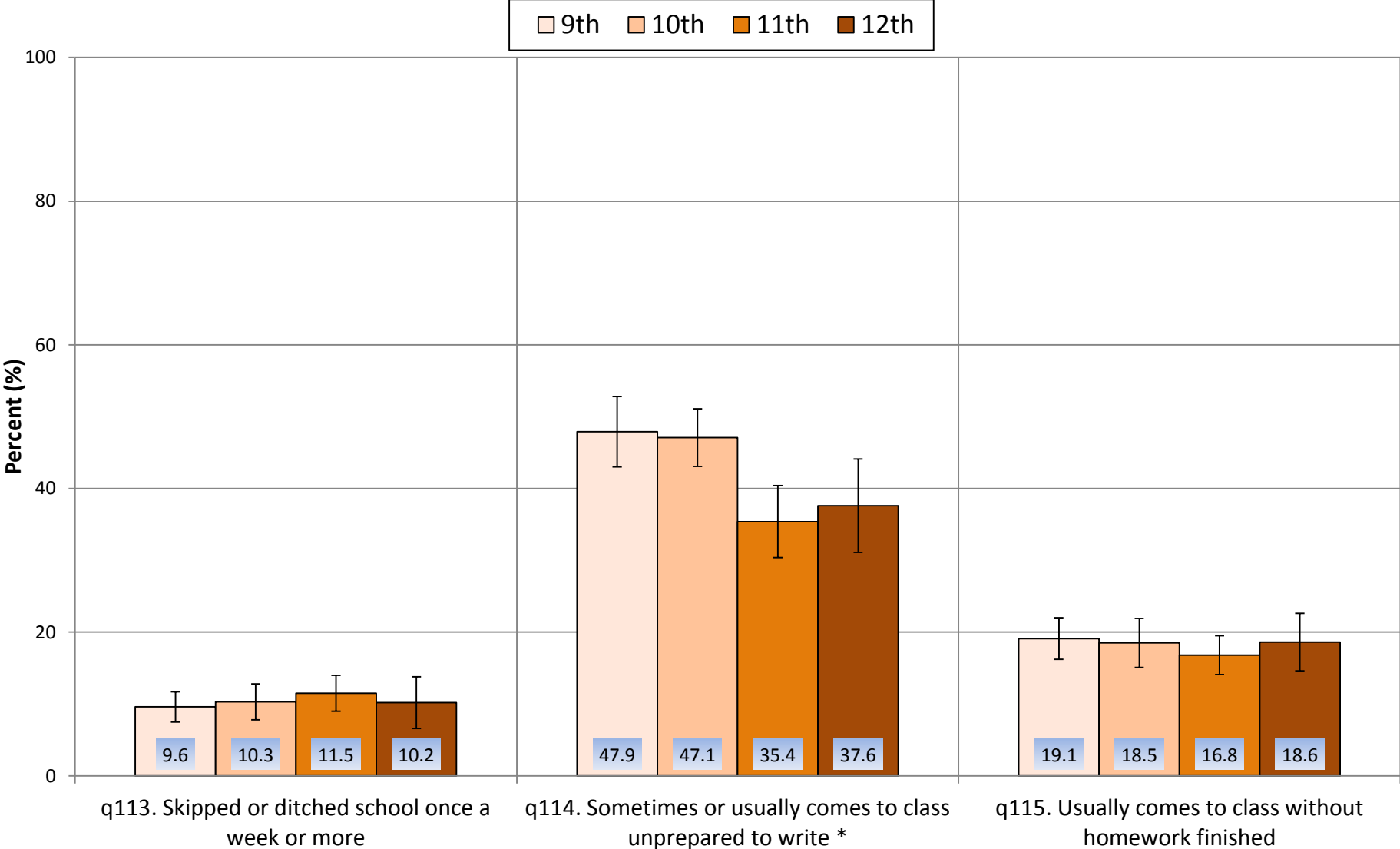
* Without paper or something to write with

Academic Measures by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Without paper or something to write with

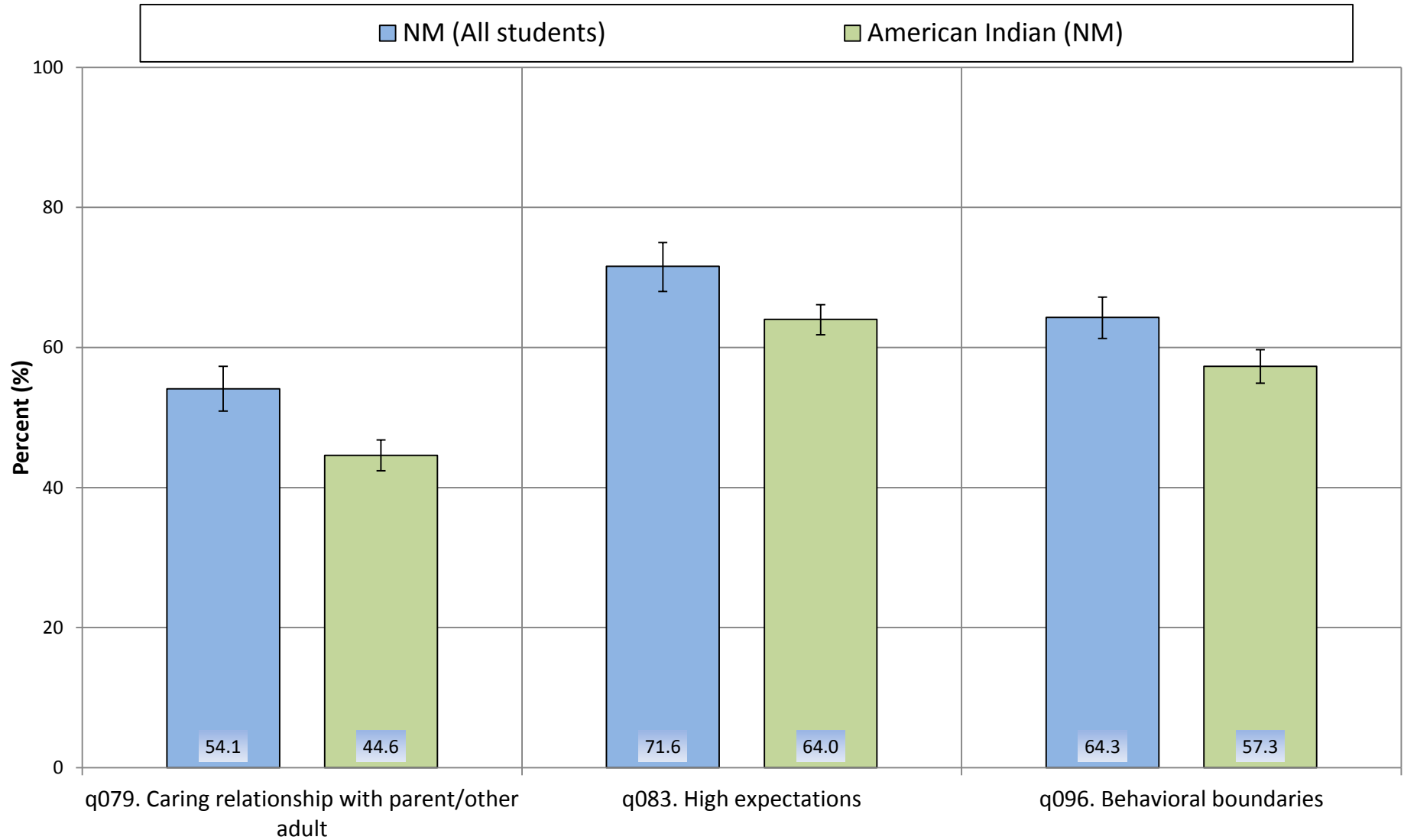
Academic Measures by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* Without paper or something to write with

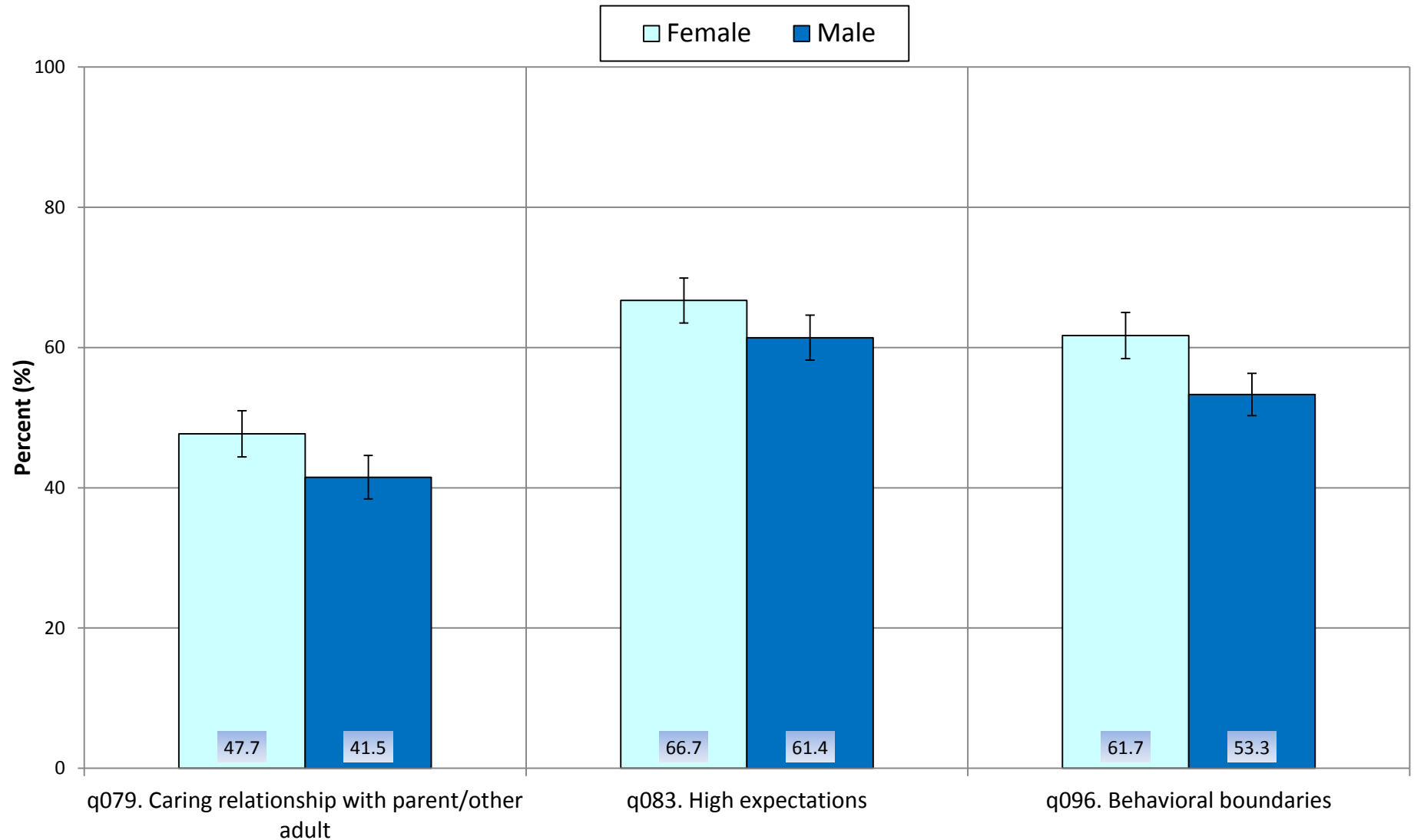
Protective/Resiliency Factors

Protective Factors in the Home*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



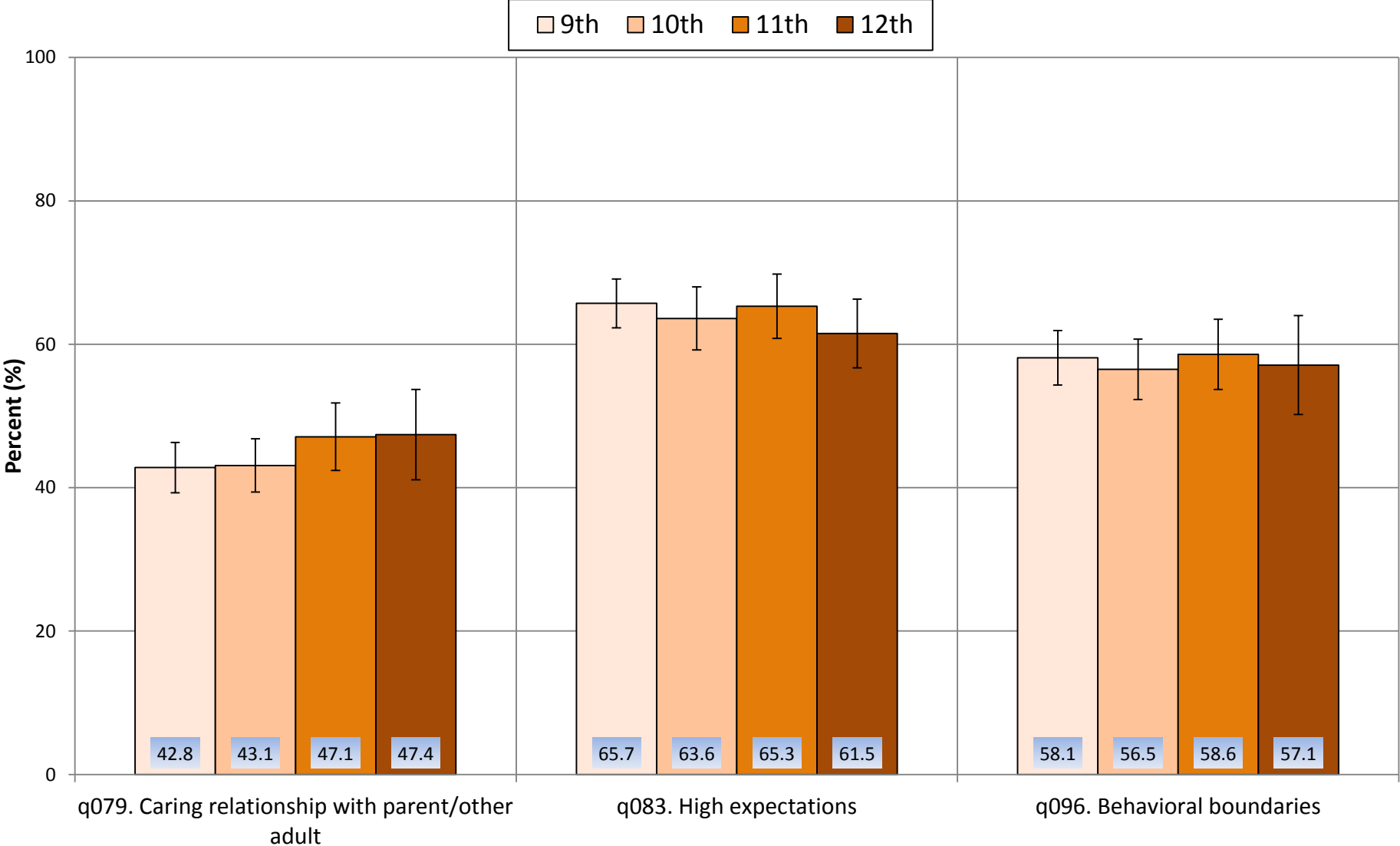
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the Home* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



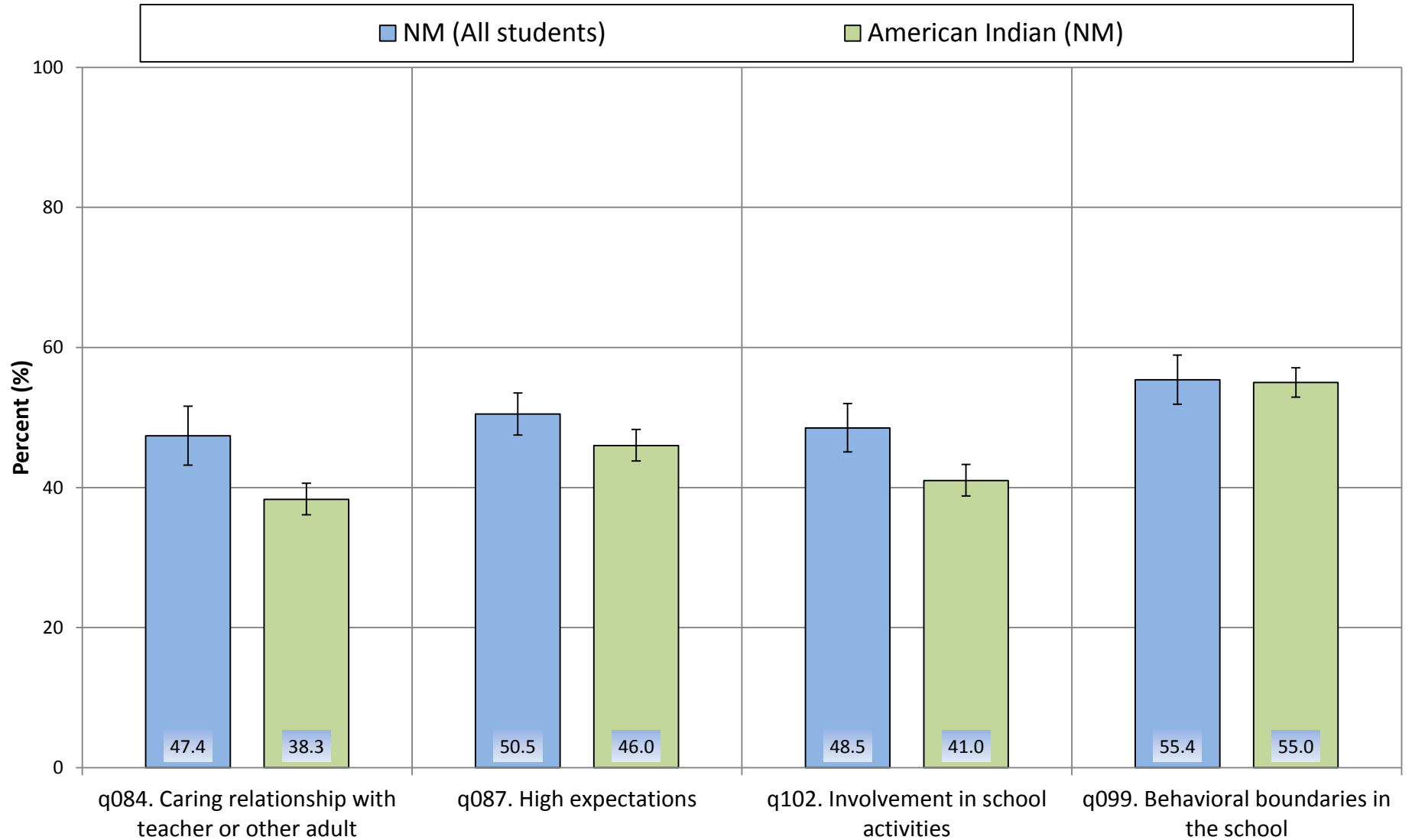
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the Home*
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS



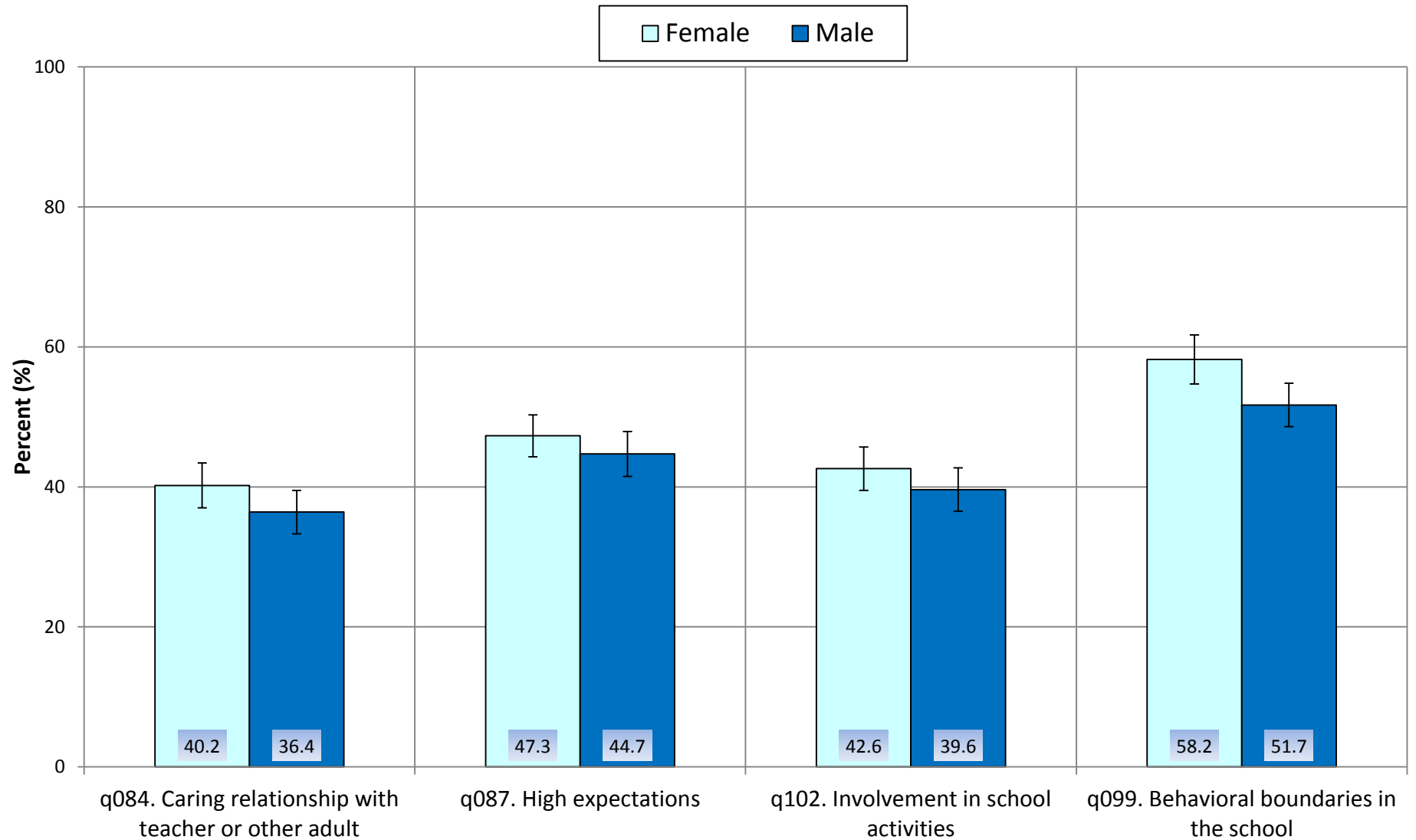
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the School*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



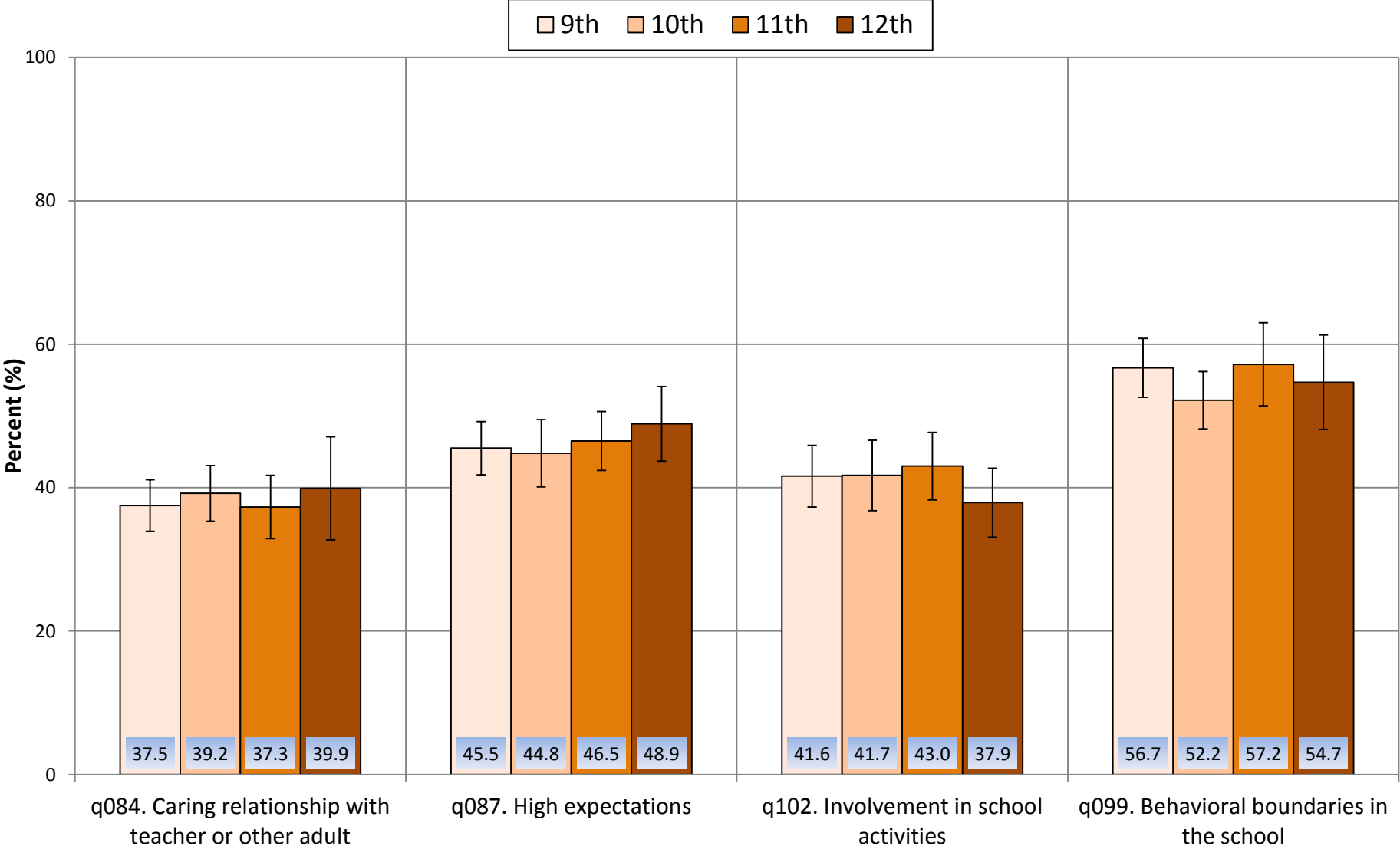
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the School* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



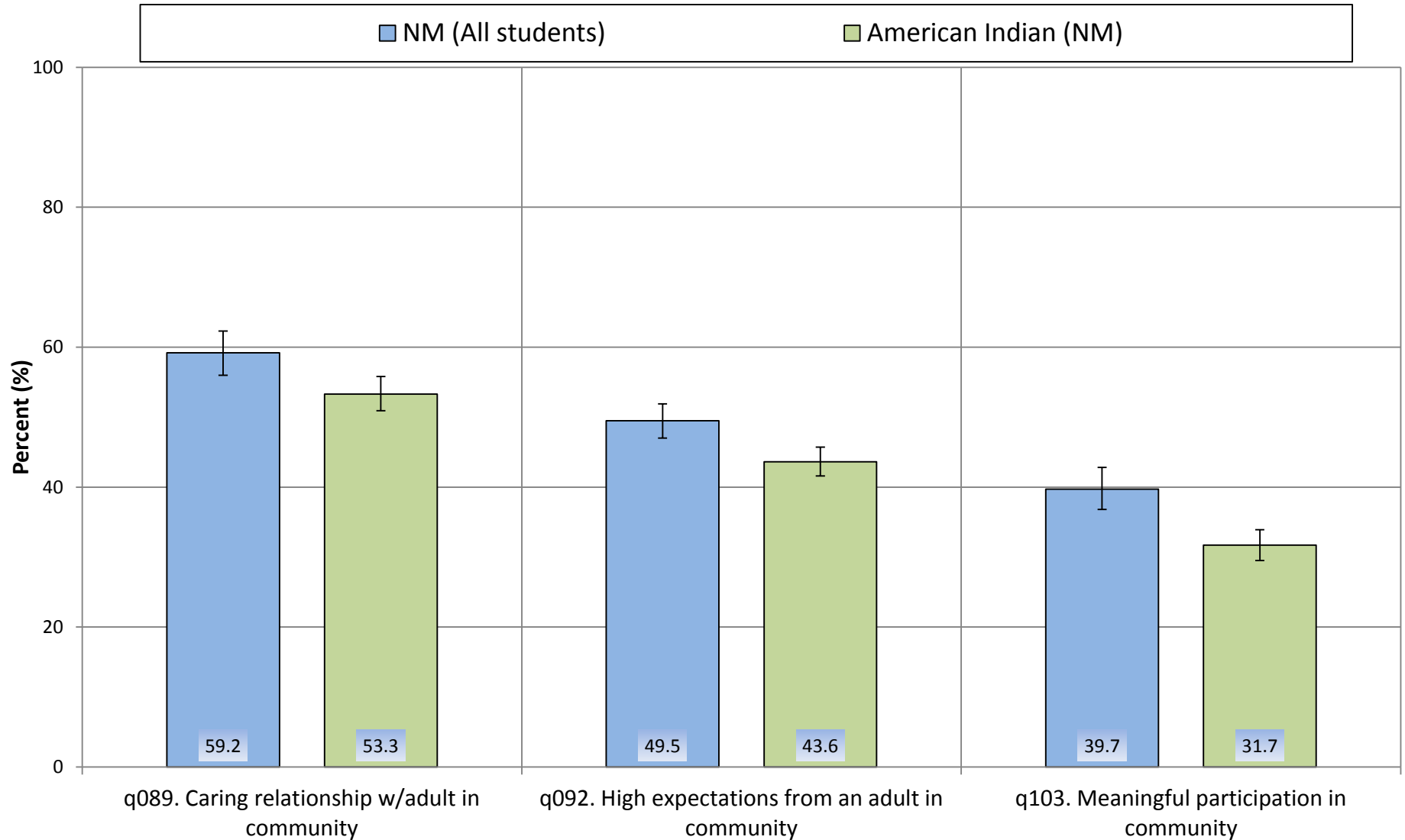
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the School* by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



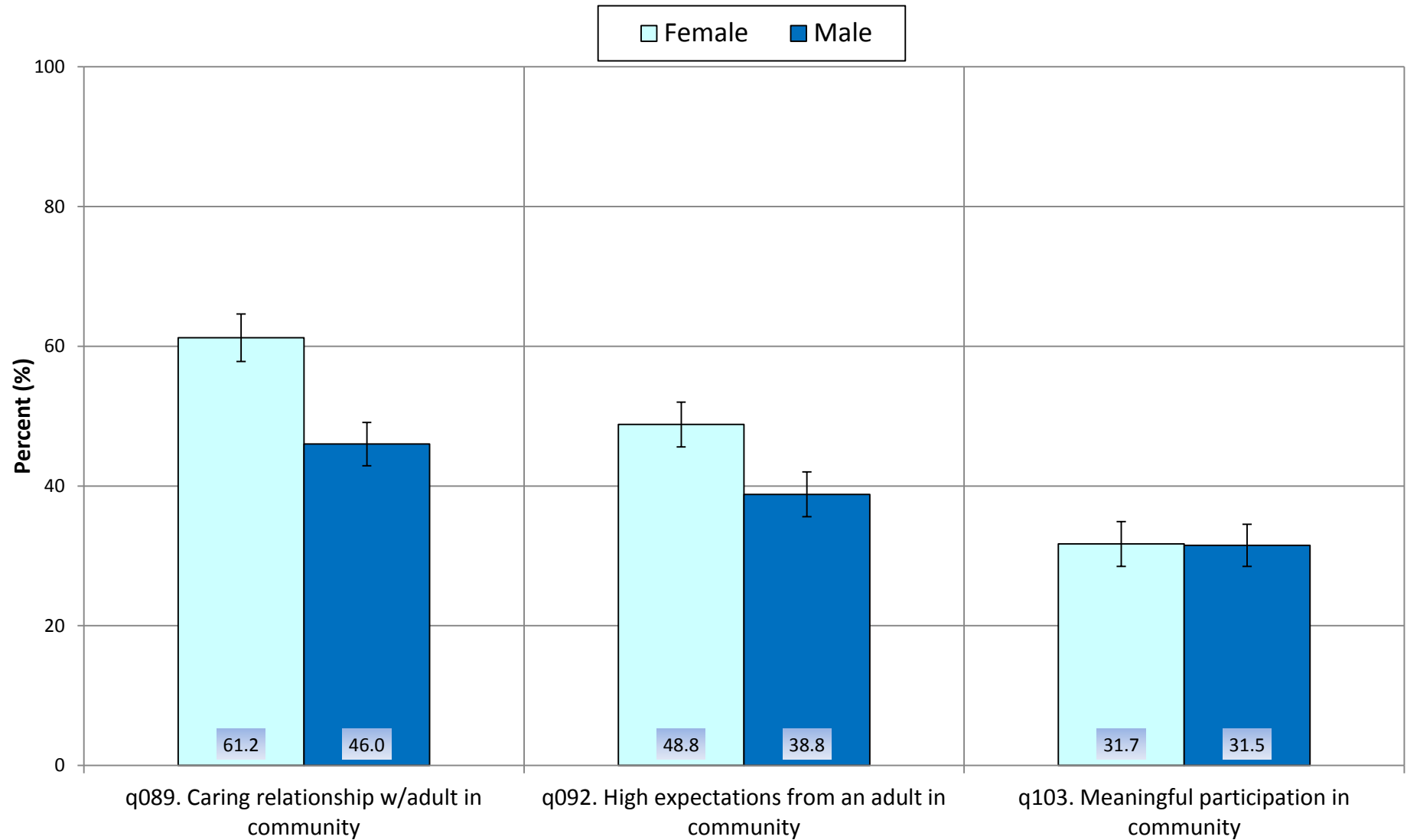
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the Community*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



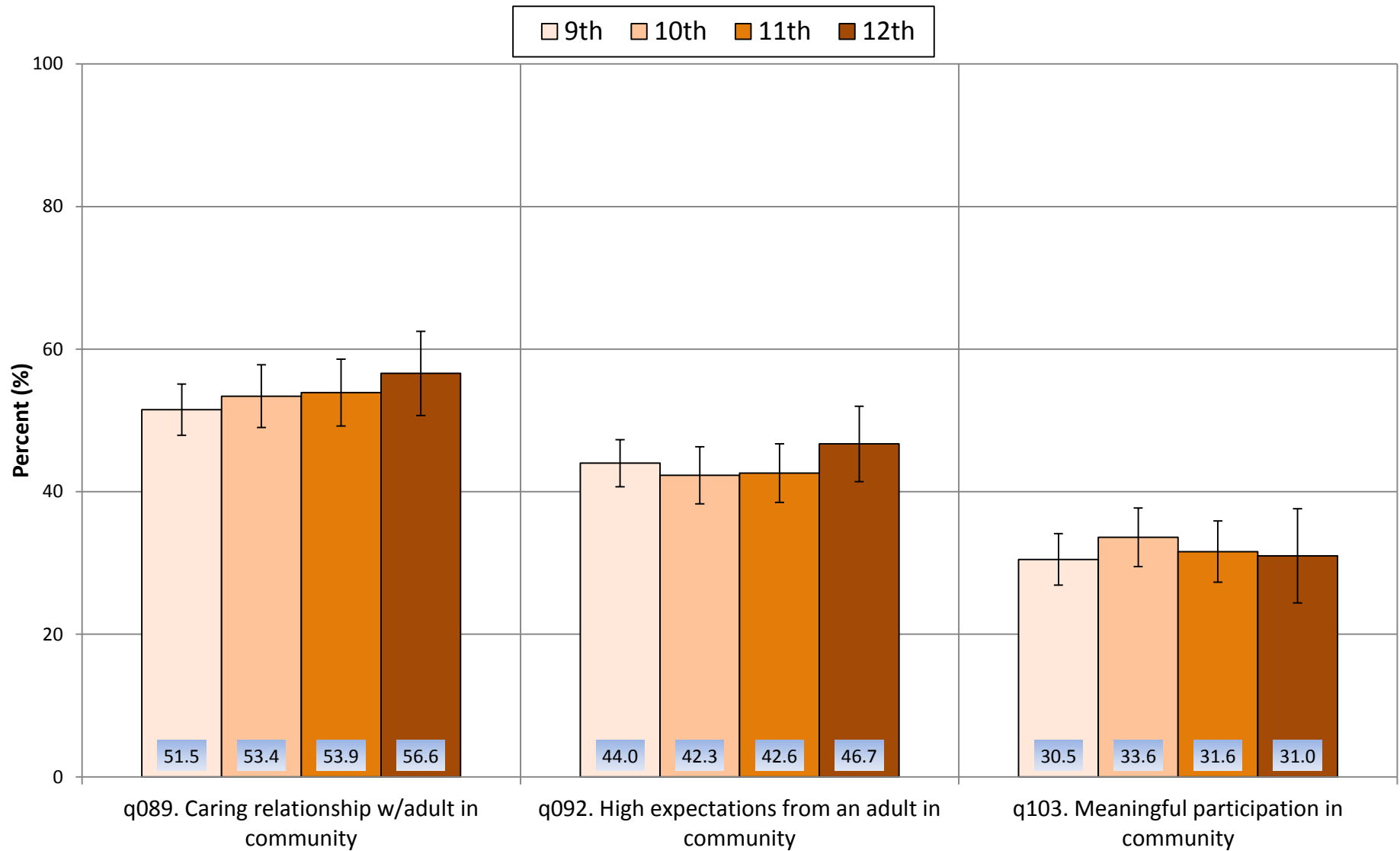
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the Community* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



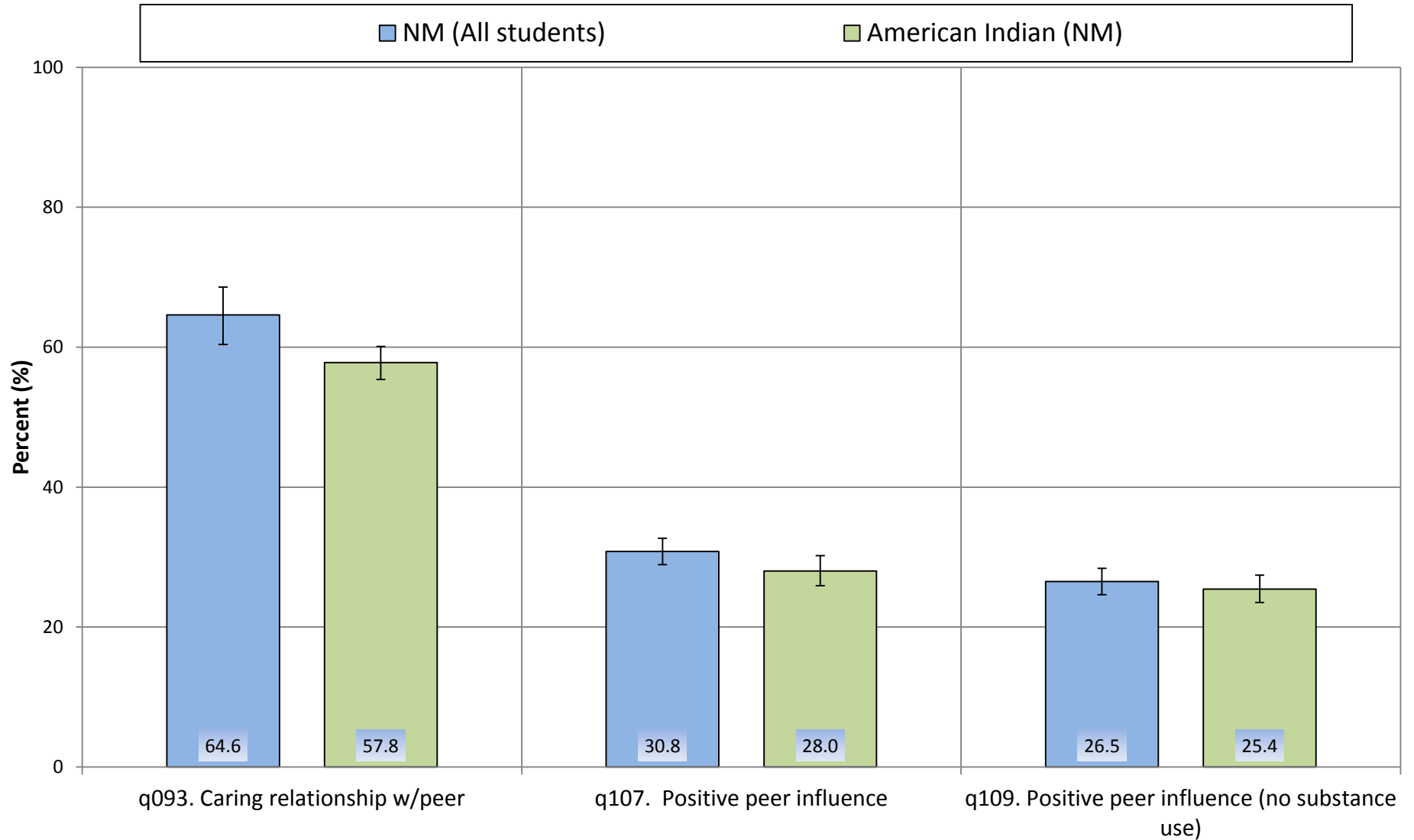
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors in the Community* by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



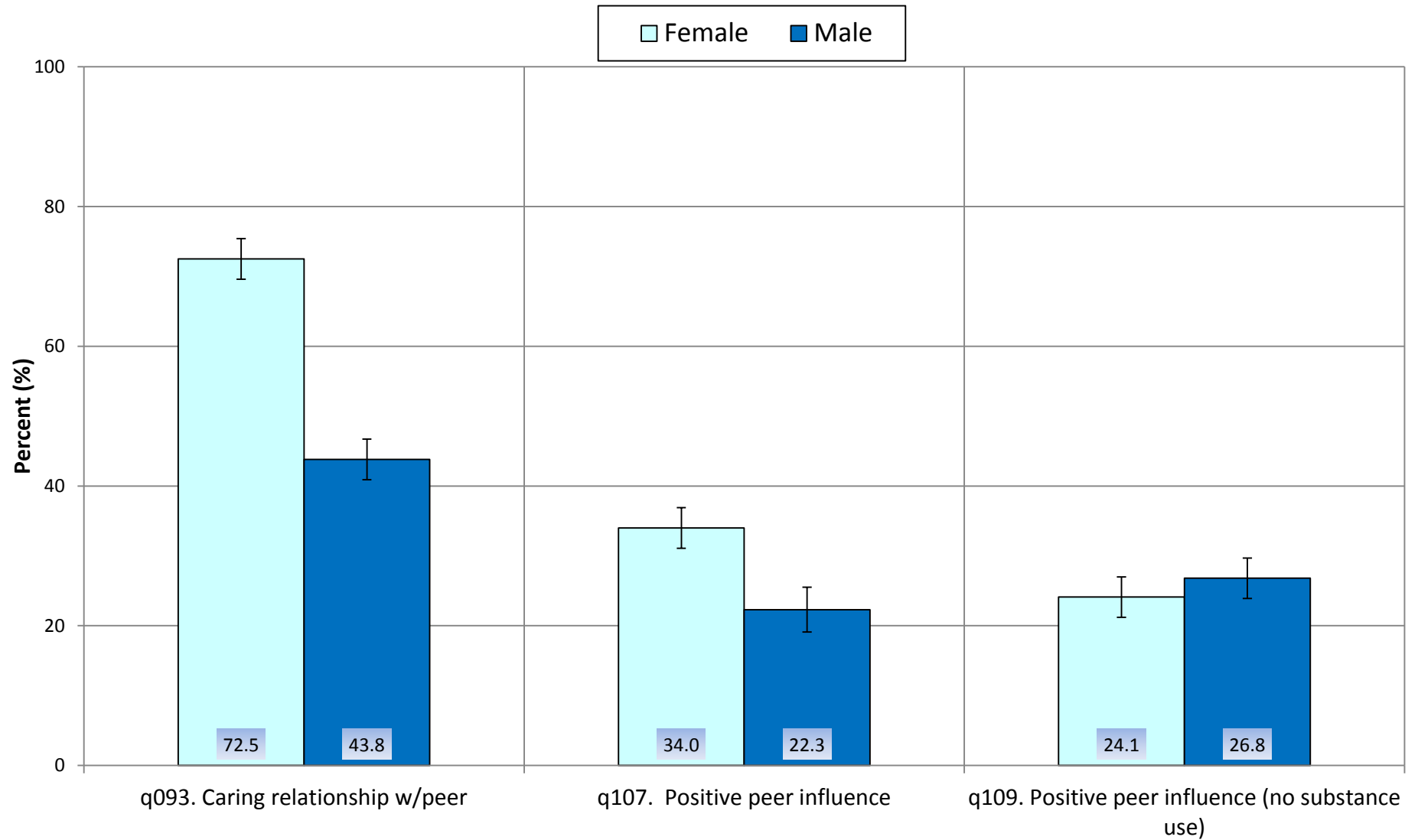
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors: Peer Relationships*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



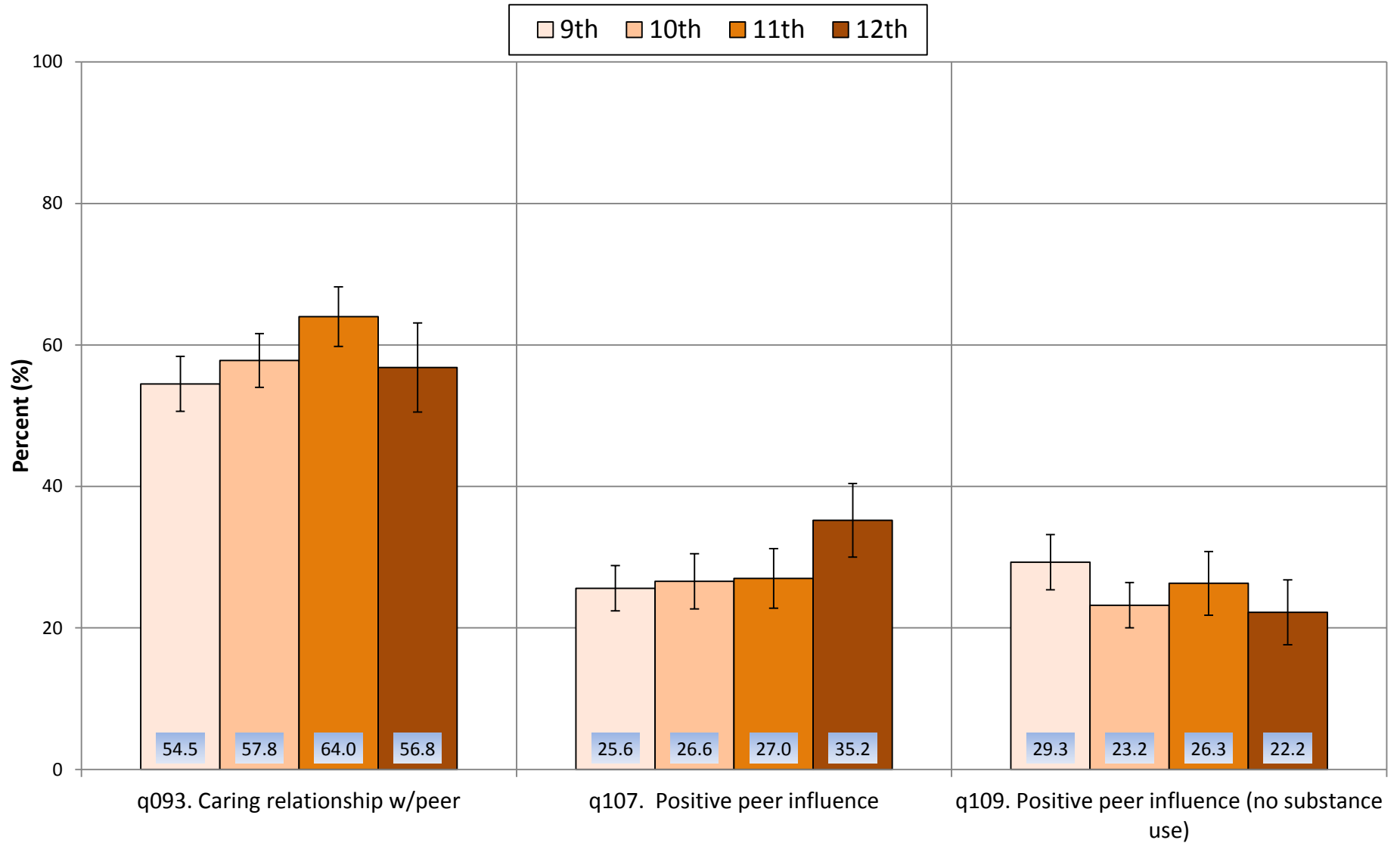
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors: Peer Relationships* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



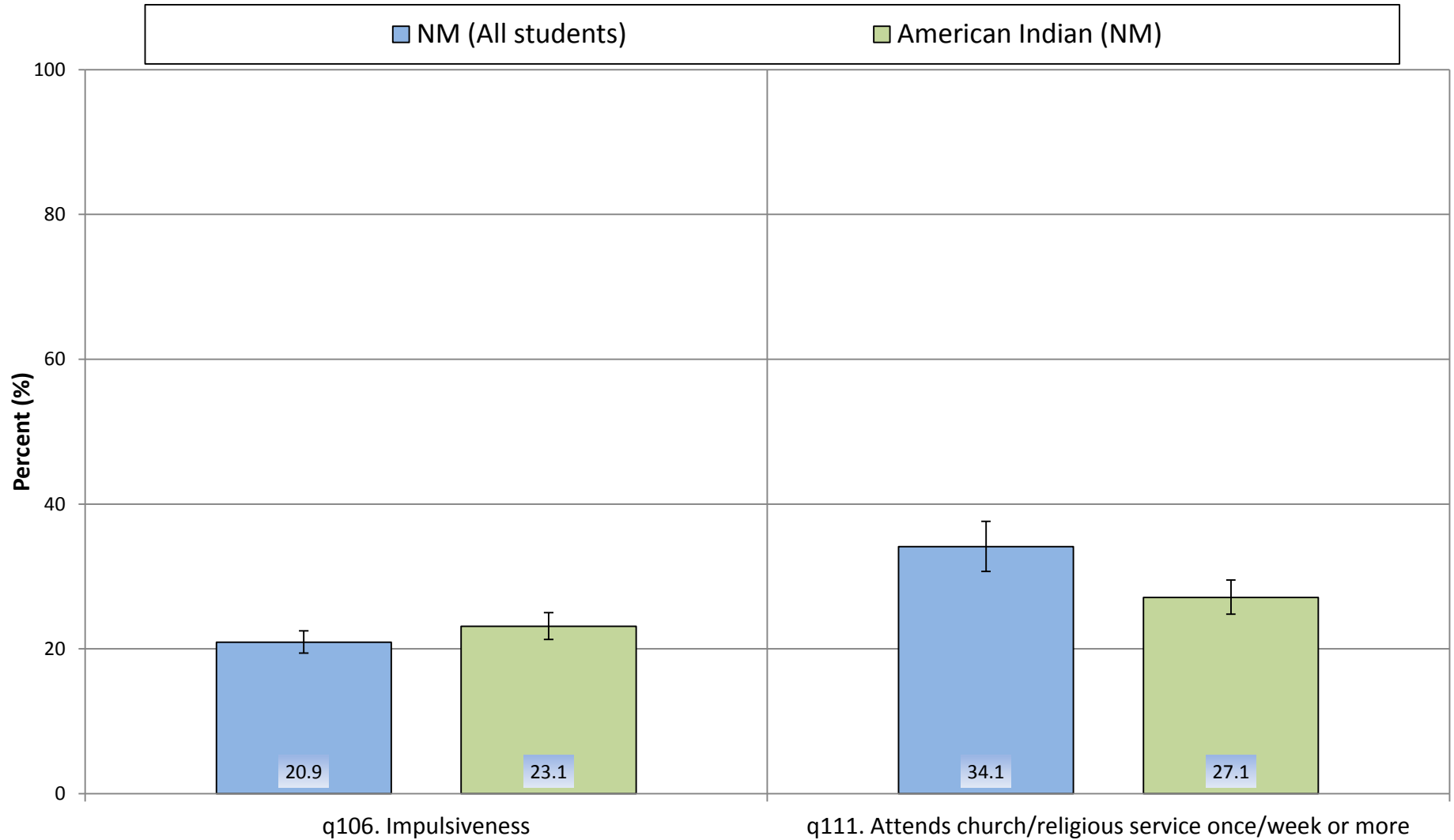
* See Appendix B for descriptions of Protective/Resiliency Factors

Protective Factors: Peer Relationships* by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



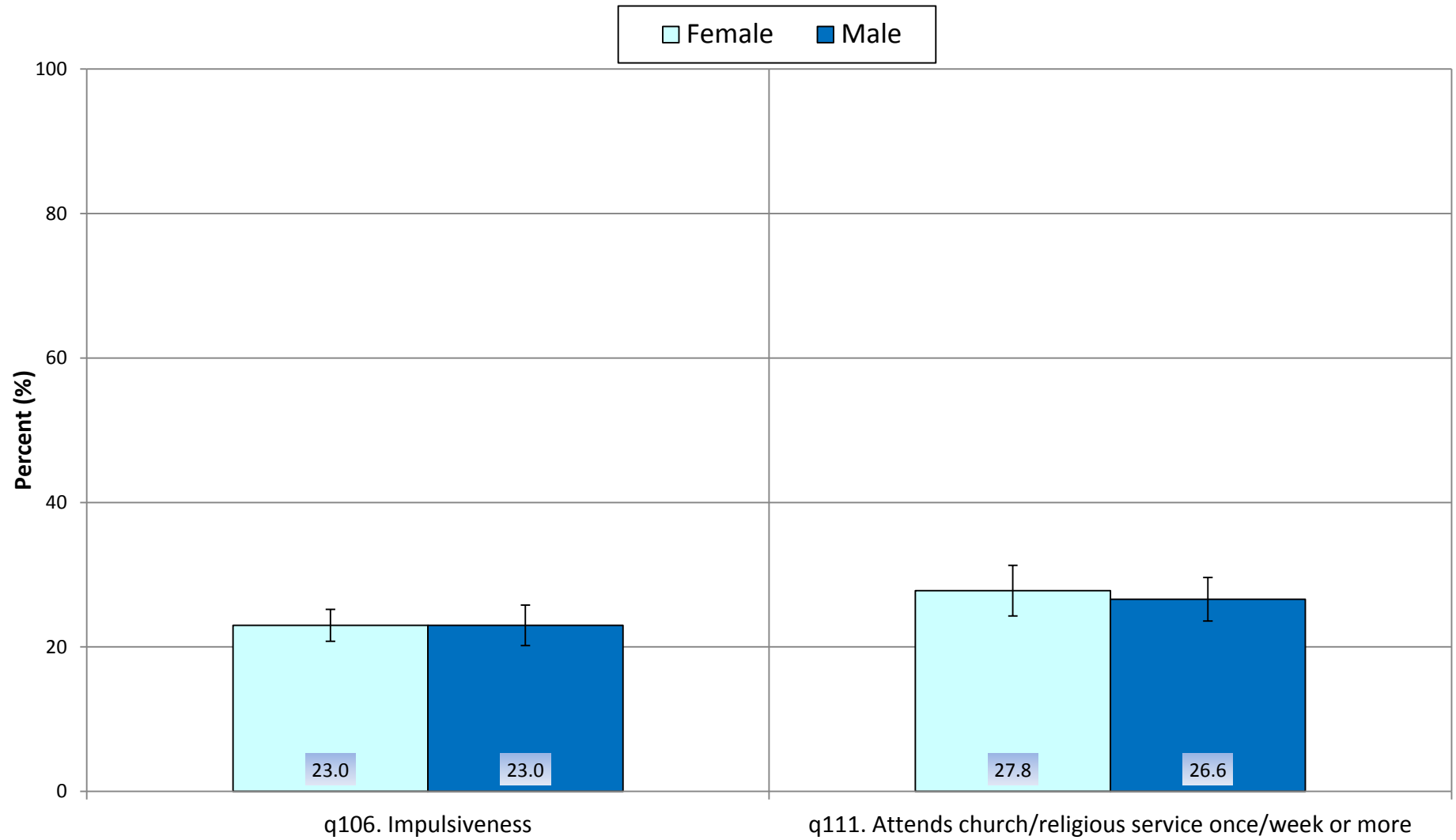
* See Appendix B for descriptions of Protective/Resiliency Factors

Other Protective Factors and Related Traits*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS



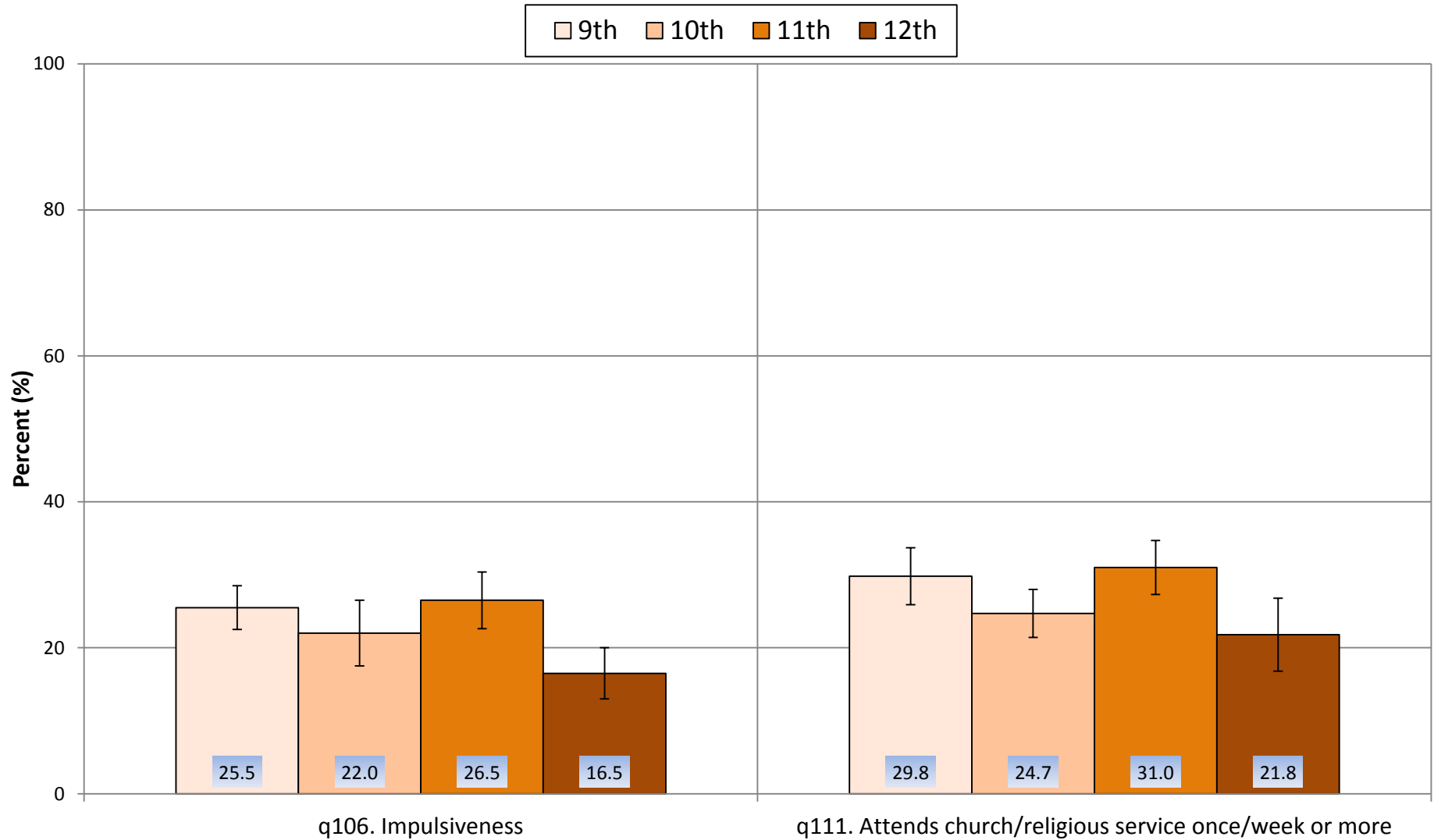
* See Appendix B for descriptions of Protective/Resiliency Factors

Other Protective Factors and Related Traits* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS



* See Appendix B for descriptions of Protective/Resiliency Factors

Other Protective Factors and Related Traits* by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS



* See Appendix B for descriptions of Protective/Resiliency Factors

Appendices

Appendix A
2009 NM Youth Risk and Resiliency Survey
High School Questionnaire

Personal Information

Note: Percents may not add up to 100% because of missing responses.

	<u>Number</u>	<u>(%)</u>
1. How old are you?		
A. 12 years old or younger	26	(0.5%)
B. 13 years old	16	(0.5%)
C. 14 years old	662	(17.7%)
D. 15 years old	1035	(24.8%)
E. 16 years old	1041	(26.7%)
F. 17 years old	829	(20.8%)
G. 18 years old or older	352	(9%)
2. What is your sex?		
A. Female	1942	(48.1%)
B. Male	2021	(51.9%)
3. In what grade are you?		
A. 9th grade	1253	(31.5%)
B. 10th grade	1044	(26%)
C. 11th grade	913	(22%)
D. 12th grade	736	(20.1%)
E. Ungraded or other grade	19	(0.4%)
4. Are you Hispanic or Latino?		
A. Yes		
B. No		
5. What is your race? (Select one or more responses.)		
A. American Indian or Alaska Native		
B. Asian		
C. Black or African American		
D. Native Hawaiian or Other Pacific Islander		
E. White		

Appendix A: Questionnaire

6. How tall are you without your shoes on?

Mean height in feet and inches	5' 5"
Mean height in meters	1.68

7. How much do you weigh without your shoes on?

Mean weight in pounds	143
Mean weight in kilograms	64.8

8. During the past 12 months, how would you describe your grades in school?

	<u>%</u>	<u>(95% CI)</u>
A. Mostly A's	17.9	(16.1 - 19.2)
B. Mostly B's	35.2	(33.2 - 37.2)
C. Mostly C's	23.0	(20.9 - 25.0)
D. Mostly D's	5.9	(4.9 - 6.9)
E. Mostly F's	2.8	(2.2 - 3.5)
F. None of these grades	0.4	(0.2 - 0.6)
G. Not sure	14.7	(13.1 - 16.3)

Personal Safety

The next 4 questions ask about personal safety.

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

A. I did not ride a bicycle during the past 12 months	37.0	(34.8 - 39.2)
B. Never wore a helmet	54.8	(52.5 - 57.1)
C. Rarely wore a helmet	3.6	(2.9 - 4.3)
D. Sometimes wore a helmet	2.9	(2.1 - 3.7)
E. Most of the time wore a helmet	0.7	(0.4 - 1.1)
F. Always wore a helmet	1.0	(0.6 - 1.3)

10. How often do you wear a seat belt when riding in a car driven by someone else?

A. Never	3.8	(3.1 - 4.6)
B. Rarely	8.0	(6.7 - 9.3)
C. Sometimes	13.9	(12.5 - 15.4)
D. Most of the time	27.9	(26.1 - 29.8)
E. Always	46.3	(44.1 - 48.4)

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A. 0 times	68.7	(66.9 - 70.4)
B. 1 time	10.1	(8.8 - 11.5)
C. 2 or 3 times	11.4	(10.1 - 12.8)
D. 4 or 5 times	3.0	(2.1 - 3.9)
E. 6 or more times	6.8	(5.7 - 7.9)

Appendix A: Questionnaire

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A. 0 times	87.7	(86.3 - 89.1)
B. 1 time	5.9	(4.8 - 7.0)
C. 2 or 3 times	3.0	(2.2 - 3.8)
D. 4 or 5 times	1.4	(0.8 - 2.0)
E. 6 or more times	2.0	(1.5 - 2.5)

Violence-Related Behaviors

The next 9 questions ask about violence-related behaviors.

13. Is there a gun in your home?

A. Yes	46.1	(43.8 - 48.3)
B. No	42.9	(40.7 - 45.2)
C. Not sure	11.0	(9.7 - 12.3)

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A. 0 days	71.1	(69.0 - 73.3)
B. 1 day	7.1	(5.8 - 8.3)
C. 2 or 3 days	7.2	(6.0 - 8.4)
D. 4 or 5 days	3.2	(2.4 - 4.0)
E. 6 or more days	11.4	(10.0 - 12.8)

15. During the past 30 days, on how many days did you carry a gun?

A. 0 days	88.4	(86.9 - 89.9)
B. 1 day	4.1	(3.2 - 4.9)
C. 2 or 3 days	3.7	(2.8 - 4.5)
D. 4 or 5 days	1.1	(0.6 - 1.5)
E. 6 or more days	2.8	(2.1 - 3.5)

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A. 0 days	91.5	(90.3 - 92.7)
B. 1 day	2.5	(1.8 - 3.1)
C. 2 or 3 days	1.8	(1.3 - 2.4)
D. 4 or 5 days	0.8	(0.4 - 1.2)
E. 6 or more days	3.4	(2.6 - 4.1)

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A. 0 days	90.7	(89.5 - 91.9)
B. 1 day	4.1	(3.3 - 5.0)
C. 2 or 3 days	2.8	(2.1 - 3.5)
D. 4 or 5 days	0.8	(0.5 - 1.1)
E. 6 or more days	1.6	(1.1 - 2.2)

Appendix A: Questionnaire

18. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	59.2	(57.0 - 61.3)
B. 1 time	15.0	(13.3 - 16.8)
C. 2 or 3 times	13.1	(11.7 - 14.5)
D. 4 or 5 times	5.0	(4.1 - 5.9)
E. 6 or 7 times	1.7	(1.2 - 2.3)
F. 8 or 9 times	1.1	(0.6 - 1.6)
G. 10 or 11 times	0.6	(0.3 - 1.0)
H. 12 or more times	4.2	(3.3 - 5.0)

19. During the past 12 months, how many times were you in a physical fight on school property?		
A. 0 times	84.8	(83.4 - 86.2)
B. 1 time	8.5	(7.4 - 9.6)
C. 2 or 3 times	4.4	(3.5 - 5.2)
D. 4 or 5 times	0.8	(0.4 - 1.1)
E. 6 or 7 times	0.3	(0.1 - 0.5)
F. 8 or 9 times	0.1	(0.0 - 0.3)
G. 10 or 11 times	0.1	(0.0 - 0.2)
H. 12 or more times	1.0	(0.6 - 1.4)

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	9.5	(8.2 - 10.7)
B. No	90.5	(89.3 - 91.8)

21. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	7.9	(6.7 - 9.2)
B. No	92.1	(90.8 - 93.3)

The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

22. During the past 12 months, have you ever been bullied on school property?		
A. Yes	16.8	(15.1 - 18.5)
B. No	83.2	(81.5 - 84.9)

Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.

23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	32.0	(29.7 - 34.4)
B. No	68.0	(65.6 - 70.3)
24. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	19.7	(18.0 - 21.5)
B. No	80.3	(78.5 - 82.0)
25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	15.5	(14.0 - 17.1)
B. No	84.5	(82.9 - 86.0)
26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	85.6	(83.7 - 87.4)
B. 1 time	6.5	(5.1 - 7.8)
C. 2 or 3 times	5.2	(4.2 - 6.3)
D. 4 or 5 times	0.9	(0.5 - 1.3)
E. 6 or more times	1.8	(1.2 - 2.5)
27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 months	85.4	(83.6 - 87.3)
B. Yes	4.9	(4.0 - 5.8)
C. No	9.7	(8.0 - 11.4)

Tobacco Use

The next 12 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	66.6	(64.2 - 69.0)
B. No	33.4	(31.0 - 35.8)

Appendix A: Questionnaire

29. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	46.9	(44.5 - 49.3)
B. 8 years old or younger	6.0	(5.0 - 7.1)
C. 9 or 10 years old	6.6	(5.6 - 7.7)
D. 11 or 12 years old	10.9	(9.5 - 12.2)
E. 13 or 14 years old	16.6	(14.8 - 18.4)
F. 15 or 16 years old	10.5	(8.7 - 12.2)
G. 17 years old or older	2.5	(1.5 - 3.5)
30. During the past 30 days, on how many days did you smoke cigarettes?		
A. 0 days	72.7	(70.6 - 74.9)
B. 1 or 2 days	9.1	(7.9 - 10.3)
C. 3 to 5 days	5.1	(4.1 - 6.0)
D. 6 to 9 days	3.9	(2.9 - 4.9)
E. 10 to 19 days	3.6	(2.7 - 4.6)
F. 20 to 29 days	1.8	(1.2 - 2.4)
G. All 30 days	3.7	(2.9 - 4.5)
31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	72.3	(70.1 - 74.5)
B. Less than 1 cigarette per day	8.7	(7.4 - 10.0)
C. 1 cigarette per day	6.4	(5.3 - 7.5)
D. 2 to 5 cigarettes per day	10.4	(8.6 - 12.2)
E. 6 to 10 cigarettes per day	1.6	(1.1 - 2.0)
F. 11 to 20 cigarettes per day	0.1	(0.0 - 0.3)
G. More than 20 cigarettes per day	0.4	(0.2 - 0.6)
32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	72.4	(70.3 - 74.5)
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	5.1	(4.0 - 6.3)
C. I bought them from a vending machine	0.7	(0.3 - 1.1)
D. I gave someone else money to buy them for me	5.7	(4.6 - 6.8)
E. I borrowed (or bummed) them from someone else	6.3	(5.2 - 7.5)
F. A person 18 years old or older gave them to me	2.0	(1.5 - 2.6)
G. I took them from a store or family member	1.7	(1.1 - 2.3)
H. I got them some other way	6.0	(4.7 - 7.3)

Appendix A: Questionnaire

33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
A. 0 days	91.0	(89.7 - 92.3)
B. 1 or 2 days	4.9	(4.0 - 5.9)
C. 3 to 5 days	1.6	(1.1 - 2.1)
D. 6 to 9 days	0.9	(0.5 - 1.4)
E. 10 to 19 days	0.5	(0.3 - 0.7)
F. 20 to 29 days	0.4	(0.2 - 0.6)
G. All 30 days	0.7	(0.4 - 0.9)
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	60.8	(58.3 - 63.4)
B. Yes	21.6	(19.5 - 23.6)
C. No	17.6	(15.9 - 19.3)
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	89.5	(88.0 - 91.0)
B. 1 or 2 days	4.4	(3.6 - 5.2)
C. 3 to 5 days	1.6	(1.1 - 2.1)
D. 6 to 9 days	0.9	(0.6 - 1.3)
E. 10 to 19 days	1.2	(0.7 - 1.7)
F. 20 to 29 days	0.5	(0.3 - 0.7)
G. All 30 days	1.9	(1.2 - 2.5)
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	80.7	(79.0 - 82.4)
B. 1 or 2 days	9.5	(8.3 - 10.7)
C. 3 to 5 days	4.4	(3.4 - 5.4)
D. 6 to 9 days	1.8	(1.3 - 2.3)
E. 10 to 19 days	1.5	(1.1 - 2.0)
F. 20 to 29 days	0.6	(0.2 - 0.9)
G. All 30 days	1.4	(0.9 - 1.9)
37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	54.4	(52.3 - 56.5)
B. 1 or 2 days	21.5	(19.6 - 23.4)
C. 3 or 4 days	9.5	(8.2 - 10.7)
D. 5 or 6 days	3.3	(2.6 - 4.1)
E. 7 days	11.3	(9.9 - 12.7)

Appendix A: Questionnaire

38. How wrong do your parents feel it would be for you to smoke cigarettes?		
A. Very wrong	66.9	(64.5 - 69.4)
B. Wrong	20.1	(18.0 - 22.2)
C. A little bit wrong	8.7	(7.5 - 9.9)
D. Not wrong at all	4.3	(3.4 - 5.1)

39. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?		
A. No risk	9.7	(8.0 - 11.4)
B. Slight risk	9.8	(8.5 - 11.1)
C. Moderate risk	21.0	(19.3 - 22.8)
D. Great risk	59.5	(57.1 - 61.8)

Alcohol

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

40. How old were you when you had your first drink of alcohol other than a few sips?		
A. I have never had a drink of alcohol other than a few sips	31.3	(29.1 - 33.5)
B. 8 years old or younger	9.6	(8.3 - 10.8)
C. 9 or 10 years old	8.6	(7.4 - 9.8)
D. 11 or 12 years old	13.3	(11.8 - 14.8)
E. 13 or 14 years old	21.1	(19.2 - 22.9)
F. 15 or 16 years old	13.7	(11.8 - 15.6)
G. 17 years old or older	2.5	(1.4 - 3.6)

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	60.8	(58.2 - 63.5)
B. 1 or 2 days	18.5	(16.5 - 20.4)
C. 3 to 5 days	9.6	(8.1 - 11.0)
D. 6 to 9 days	5.4	(4.5 - 6.4)
E. 10 to 19 days	4.0	(3.2 - 4.8)
F. 20 to 29 days	0.8	(0.5 - 1.1)
G. All 30 days	0.9	(0.6 - 1.2)

Appendix A: Questionnaire

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
A. 0 days	74.4	(72.2 - 76.6)
B. 1 day	10.3	(8.8 - 11.7)
C. 2 days	6.3	(5.0 - 7.5)
D. 3 to 5 days	4.9	(3.9 - 5.9)
E. 6 to 9 days	2.4	(1.8 - 3.0)
F. 10 to 19 days	1.1	(0.7 - 1.4)
G. 20 or more days	0.7	(0.4 - 0.9)
43. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	58.6	(56.3 - 61.0)
B. I do not have a usual type	4.2	(3.4 - 5.0)
C. Beer	6.9	(5.4 - 8.3)
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	6.9	(5.6 - 8.2)
E. Wine coolers, such as Bartles & James or Seagrams	1.1	(0.7 - 1.5)
F. Wine	1.0	(0.6 - 1.4)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	18.4	(16.6 - 20.2)
H. Some other type	2.9	(2.2 - 3.6)
44. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	59.3	(56.7 - 61.9)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1.6	(0.9 - 2.3)
C. I bought it at a restaurant, bar, or club	0.4	(0.2 - 0.7)
D. I bought it at a public event such as a concert or sporting event	0.7	(0.3 - 1.0)
E. I gave someone else money to buy it for me	9.4	(8.2 - 10.7)
F. Someone gave it to me	14.0	(12.3 - 15.6)
G. I took it from a store or family member	3.2	(2.4 - 3.9)
H. I got it some other way	11.4	(10.0 - 12.9)
45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	58.7	(56.4 - 61.1)
B. At my home	9.2	(7.9 - 10.5)
C. At another person's home	22.1	(20.3 - 23.9)
D. While riding in or driving a car	2.6	(1.8 - 3.3)
E. At a restaurant, bar, or club	0.4	(0.2 - 0.6)
F. At a public place such as a park, beach, or parking lot	2.3	(1.6 - 2.9)
G. At a public event such as a concert or sporting event	2.0	(1.4 - 2.6)
H. On school property	2.7	(1.8 - 3.7)

Appendix A: Questionnaire

46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
A. 0 days	89.3	(87.9 - 90.7)
B. 1 or 2 days	7.6	(6.4 - 8.8)
C. 3 to 5 days	1.6	(1.1 - 2.1)
D. 6 to 9 days	0.8	(0.5 - 1.2)
E. 10 to 19 days	0.2	(0.0 - 0.4)
F. 20 to 29 days	0.1	(0.0 - 0.1)
G. All 30 days	0.5	(0.2 - 0.7)
47. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	56.3	(54.0 - 58.5)
B. Wrong	26.4	(24.5 - 28.3)
C. A little bit wrong	13.5	(12.0 - 15.1)
D. Not wrong at all	3.8	(3.0 - 4.6)
48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	70.8	(68.7 - 73.0)
B. Wrong	17.7	(16.0 - 19.5)
C. A little bit wrong	8.6	(7.4 - 9.7)
D. Not wrong at all	2.9	(2.3 - 3.5)
49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	42.9	(40.5 - 45.4)
B. Wrong	26.7	(24.5 - 28.9)
C. A little bit wrong	20.8	(18.9 - 22.7)
D. Not wrong at all	9.6	(8.4 - 10.7)
50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	10.4	(9.0 - 11.8)
B. Slight risk	15.4	(13.9 - 16.8)
C. Moderate risk	28.0	(26.3 - 29.7)
D. Great risk	46.2	(44.0 - 48.4)

Marijuana Use

The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

51. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	39.4	(36.8 - 42.1)
B. 8 years old or younger	8.1	(6.8 - 9.5)
C. 9 or 10 years old	7.9	(6.7 - 9.1)
D. 11 or 12 years old	13.7	(12.2 - 15.2)
E. 13 or 14 years old	18.4	(16.5 - 20.3)
F. 15 or 16 years old	10.7	(8.8 - 12.5)
G. 17 years old or older	1.7	(1.0 - 2.5)
52. During the past 30 days, how many times did you use marijuana?		
A. 0 times	64.8	(62.7 - 66.8)
B. 1 or 2 times	8.8	(7.6 - 10.0)
C. 3 to 9 times	8.3	(7.2 - 9.3)
D. 10 to 19 times	5.3	(4.4 - 6.1)
E. 20 to 39 times	3.9	(3.2 - 4.7)
F. 40 or more times	8.9	(7.8 - 10.1)
53. During the past 30 days, how many times did you use marijuana on school property?		
A. 0 times	85.2	(83.5 - 87.0)
B. 1 or 2 times	5.9	(5.0 - 6.8)
C. 3 to 9 times	4.3	(3.4 - 5.2)
D. 10 to 19 times	2.1	(1.5 - 2.7)
E. 20 to 39 times	0.9	(0.5 - 1.3)
F. 40 or more times	1.6	(0.9 - 2.2)
54. How wrong do your parents feel it would be for you to use marijuana?		
A. Very wrong	71.6	(69.6 - 73.6)
B. Wrong	15.4	(14.0 - 16.8)
C. A little bit wrong	7.8	(6.7 - 8.9)
D. Not wrong at all	5.3	(4.3 - 6.2)
55. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?		
A. No risk	24.3	(22.1 - 26.5)
B. Slight risk	21.6	(19.9 - 23.3)
C. Moderate risk	20.5	(18.8 - 22.3)
D. Great risk	33.5	(31.0 - 36.0)

Other Drugs

The next 12 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A. 0 times	84.3	(82.5 - 86.2)
B. 1 or 2 times	7.0	(5.7 - 8.2)
C. 3 to 9 times	4.4	(3.4 - 5.4)
D. 10 to 19 times	1.1	(0.8 - 1.5)
E. 20 to 39 times	1.3	(0.7 - 1.9)
F. 40 or more times	1.9	(1.3 - 2.5)

57. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

A. 0 times	93.6	(92.4 - 94.7)
B. 1 or 2 times	3.5	(2.7 - 4.3)
C. 3 to 9 times	1.5	(1.0 - 2.1)
D. 10 to 19 times	0.4	(0.2 - 0.6)
E. 20 to 39 times	0.2	(0.0 - 0.4)
F. 40 or more times	0.8	(0.4 - 1.1)

58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A. 0 times	89.8	(88.4 - 91.2)
B. 1 or 2 times	5.3	(4.3 - 6.3)
C. 3 to 9 times	2.1	(1.6 - 2.7)
D. 10 to 19 times	1.3	(0.7 - 1.8)
E. 20 to 39 times	0.6	(0.1 - 1.1)
F. 40 or more times	0.9	(0.6 - 1.2)

59. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A. 0 times	94.4	(93.2 - 95.5)
B. 1 or 2 times	2.4	(1.6 - 3.1)
C. 3 to 9 times	1.6	(1.0 - 2.1)
D. 10 to 19 times	0.5	(0.2 - 0.8)
E. 20 to 39 times	0.5	(0.1 - 0.8)
F. 40 or more times	0.7	(0.5 - 1.0)

60. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?

A. 0 times	95.5	(94.5 - 96.5)
B. 1 or 2 times	1.8	(1.2 - 2.5)
C. 3 to 9 times	1.1	(0.6 - 1.6)
D. 10 to 19 times	0.5	(0.2 - 0.8)
E. 20 to 39 times	0.4	(0.1 - 0.6)
F. 40 or more times	0.7	(0.3 - 1.0)

Appendix A: Questionnaire

61. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	92.5	(91.4 - 93.7)
B. 1 or 2 times	3.6	(2.8 - 4.5)
C. 3 to 9 times	1.4	(0.8 - 2.0)
D. 10 to 19 times	1.0	(0.5 - 1.4)
E. 20 to 39 times	0.6	(0.2 - 1.0)
F. 40 or more times	0.9	(0.6 - 1.2)
62. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	95.5	(94.4 - 96.5)
B. 1 or 2 times	1.7	(1.2 - 2.3)
C. 3 to 9 times	0.7	(0.4 - 1.1)
D. 10 to 19 times	0.6	(0.1 - 1.0)
E. 20 to 39 times	0.7	(0.3 - 1.1)
F. 40 or more times	0.8	(0.4 - 1.1)
63. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	87.0	(85.1 - 88.8)
B. 1 or 2 times	6.4	(5.2 - 7.7)
C. 3 to 9 times	3.2	(2.4 - 4.0)
D. 10 to 19 times	1.3	(0.8 - 1.8)
E. 20 to 39 times	0.8	(0.3 - 1.2)
F. 40 or more times	1.3	(0.9 - 1.7)
64. During the past 30 days, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	91.7	(90.3 - 93.1)
B. 1 or 2 times	4.7	(3.7 - 5.7)
C. 3 to 9 times	1.5	(1.0 - 2.0)
D. 10 to 19 times	0.8	(0.4 - 1.2)
E. 20 to 39 times	0.5	(0.2 - 0.8)
F. 40 or more times	0.8	(0.5 - 1.2)
65. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?		
A. 0 times	85.7	(84.0 - 87.4)
B. 1 or 2 times	6.2	(5.1 - 7.4)
C. 3 to 9 times	4.1	(3.3 - 4.8)
D. 10 to 19 times	2.2	(1.6 - 2.7)
E. 20 to 39 times	0.7	(0.4 - 1.0)
F. 40 or more times	1.1	(0.7 - 1.6)

Appendix A: Questionnaire

66. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	94.7	(93.6 - 95.8)
B. 1 time	2.7	(1.8 - 3.5)
C. 2 or more times	2.7	(2.0 - 3.4)

67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	32.0	(29.9 - 34.1)
B. No	68.0	(65.9 - 70.1)

Obtaining Drugs and Alcohol

If you wanted to, how hard or easy would each of the following be to get?

68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	21.1	(19.3 - 22.9)
B. Sort of hard	19.7	(17.9 - 21.5)
C. Sort of easy	29.7	(27.7 - 31.8)
D. Very easy	29.5	(27.5 - 31.4)

69. Marijuana?		
A. Very hard	21.5	(19.7 - 23.4)
B. Sort of hard	13.4	(11.9 - 15.0)
C. Sort of easy	20.5	(18.7 - 22.3)
D. Very easy	44.5	(42.4 - 46.6)

70. Cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	53.9	(51.6 - 56.1)
B. Sort of hard	19.2	(17.7 - 20.8)
C. Sort of easy	13.7	(12.1 - 15.3)
D. Very easy	13.2	(11.7 - 14.7)

71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. 0 adults	34.6	(32.4 - 36.9)
B. 1 adult	13.9	(12.3 - 15.5)
C. 2 adults	13.1	(11.6 - 14.6)
D. 3 or 4 adults	11.6	(10.2 - 13.0)
E. 5 or more adults	26.8	(24.9 - 28.7)

72. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. 0 adults	52.3	(50.3 - 54.4)
B. 1 adult	14.8	(13.3 - 16.4)
C. 2 adults	11.1	(9.7 - 12.4)
D. 3 or 4 adults	9.0	(7.6 - 10.5)
E. 5 or more adults	12.7	(11.2 - 14.2)

Sexual Behavior

The next 6 questions ask about sexual behavior.

73. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	51.8	(49.1 - 54.6)
B. 11 years old or younger	5.5	(4.5 - 6.5)
C. 12 years old	4.6	(3.7 - 5.5)
D. 13 years old	7.4	(6.3 - 8.4)
E. 14 years old	11.3	(9.9 - 12.6)
F. 15 years old	9.1	(7.8 - 10.5)
G. 16 years old	6.7	(5.0 - 8.4)
H. 17 years old or older	3.6	(2.4 - 4.8)
74. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	51.7	(48.9 - 54.5)
B. 1 person	19.1	(16.6 - 21.6)
C. 2 people	10.1	(8.6 - 11.7)
D. 3 people	5.7	(4.7 - 6.7)
E. 4 people	4.4	(3.6 - 5.3)
F. 5 people	2.1	(1.5 - 2.6)
G. 6 or more people	6.9	(5.7 - 8.0)
75. During the past 3 months, with how many people did you have sexual intercourse?		
A. I have never had sexual intercourse	51.8	(49.0 - 54.6)
B. I have had sexual intercourse, but not during the past 3 months	17.4	(15.7 - 19.1)
C. 1 person	22.3	(19.9 - 24.7)
D. 2 people	3.9	(3.1 - 4.7)
E. 3 people	1.9	(1.4 - 2.4)
F. 4 people	0.7	(0.3 - 1.1)
G. 5 people	0.3	(0.1 - 0.4)
H. 6 or more people	1.6	(1.1 - 2.2)
76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	51.6	(48.8 - 54.4)
B. Yes	12.5	(10.9 - 14.0)
C. No	35.9	(33.4 - 38.4)
77. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	52.3	(49.6 - 55.0)
B. Yes	29.5	(27.4 - 31.6)
C. No	18.2	(16.2 - 20.2)

Appendix A: Questionnaire

78. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

A. I have never had sexual intercourse	52.4	(49.7 - 55.1)
B. No method was used to prevent pregnancy	8.5	(7.0 - 9.9)
C. Birth control pills	4.6	(3.7 - 5.6)
D. Condoms	23.5	(21.5 - 25.5)
E. Depo-Provera (injectable birth control)	2.1	(1.4 - 2.7)
F. Withdrawal	3.9	(3.1 - 4.7)
G. Some other method	1.5	(1.0 - 2.0)
H. Not sure	3.6	(2.7 - 4.5)

Resiliency Factors

The next questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult...

79. ...who is interested in my school work.

A. Not true at all	7.4	(6.3 - 8.5)
B. A little true	13.5	(12.0 - 15.0)
C. Pretty much true	27.2	(25.1 - 29.4)
D. Very much true	51.8	(49.6 - 54.0)

80. ...who talks with me about my problems.

A. Not true at all	19.5	(17.8 - 21.2)
B. A little true	24.2	(22.4 - 26.1)
C. Pretty much true	26.3	(24.3 - 28.2)
D. Very much true	30.0	(27.9 - 32.1)

81. ...who listens to me when I have something to say.

A. Not true at all	12.7	(11.1 - 14.3)
B. A little true	22.0	(20.3 - 23.7)
C. Pretty much true	28.0	(25.7 - 30.4)
D. Very much true	37.2	(35.2 - 39.2)

82. ...who expects me to follow the rules.

A. Not true at all	7.6	(6.3 - 8.9)
B. A little true	11.3	(9.8 - 12.8)
C. Pretty much true	25.9	(23.7 - 28.2)
D. Very much true	55.2	(52.8 - 57.7)

83. ...who believes that I will be a success.

A. Not true at all	7.4	(6.1 - 8.8)
B. A little true	10.8	(9.6 - 12.0)
C. Pretty much true	20.0	(18.3 - 21.7)
D. Very much true	61.8	(59.6 - 64.0)

Appendix A: Questionnaire

At my school, there is a teacher or some other adult...

84. ...who really cares about me.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 15.5 | (13.5 - 17.4) |
| B. A little true | 21.8 | (20.1 - 23.5) |
| C. Pretty much true | 25.3 | (23.4 - 27.2) |
| D. Very much true | 37.5 | (35.1 - 39.8) |

85. ...who notices when I'm not there.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 16.3 | (14.6 - 18.1) |
| B. A little true | 21.8 | (19.8 - 23.8) |
| C. Pretty much true | 27.0 | (25.0 - 29.0) |
| D. Very much true | 34.8 | (32.7 - 36.9) |

86. ...who listens to me when I have something to say.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 17.1 | (15.2 - 19.0) |
| B. A little true | 23.9 | (21.9 - 26.0) |
| C. Pretty much true | 28.6 | (26.6 - 30.7) |
| D. Very much true | 30.3 | (28.3 - 32.3) |

87. ...who tells me when I do a good job.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 12.7 | (11.1 - 14.3) |
| B. A little true | 18.6 | (16.9 - 20.4) |
| C. Pretty much true | 32.0 | (29.7 - 34.4) |
| D. Very much true | 36.6 | (34.4 - 38.8) |

88. ...who believes that I will be a success.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 11.8 | (10.2 - 13.3) |
| B. A little true | 16.2 | (14.7 - 17.6) |
| C. Pretty much true | 26.6 | (24.7 - 28.6) |
| D. Very much true | 45.4 | (43.3 - 47.5) |

Outside of my home and school, there is an adult...

89. ...who really cares about me.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 11.9 | (10.3 - 13.4) |
| B. A little true | 13.1 | (11.5 - 14.6) |
| C. Pretty much true | 22.1 | (20.4 - 23.8) |
| D. Very much true | 52.9 | (50.8 - 55.0) |

90. ...who notices when I am upset about something.
- | | | |
|---------------------|------|---------------|
| A. Not true at all | 14.7 | (13.1 - 16.4) |
| B. A little true | 17.5 | (15.6 - 19.3) |
| C. Pretty much true | 24.6 | (22.6 - 26.6) |
| D. Very much true | 43.2 | (40.8 - 45.6) |

Appendix A: Questionnaire

91. ...whom I trust.		
A. Not true at all	14.8	(13.3 - 16.4)
B. A little true	14.4	(12.9 - 15.9)
C. Pretty much true	21.5	(19.6 - 23.4)
D. Very much true	49.3	(47.0 - 51.5)

92. ...who tells me when I do a good job.		
A. Not true at all	14.2	(12.5 - 15.8)
B. A little true	17.0	(15.1 - 18.9)
C. Pretty much true	25.2	(23.3 - 27.1)
D. Very much true	43.6	(41.6 - 45.7)

I have a friend about my own age...

93. ...who really cares about me.		
A. Not true at all	8.4	(6.9 - 10.0)
B. A little true	12.4	(10.9 - 13.9)
C. Pretty much true	20.9	(19.1 - 22.7)
D. Very much true	58.2	(55.7 - 60.8)

94. ...who talks with me about my problems.		
A. Not true at all	13.7	(12.0 - 15.4)
B. A little true	15.3	(13.6 - 17.0)
C. Pretty much true	21.3	(19.2 - 23.4)
D. Very much true	49.7	(47.2 - 52.2)

95. ...who helps me when I'm having a hard time.		
A. Not true at all	12.0	(10.6 - 13.5)
B. A little true	13.4	(11.7 - 15.2)
C. Pretty much true	22.8	(21.0 - 24.6)
D. Very much true	51.7	(49.2 - 54.2)

How true do you feel these statements are for you?

96. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	9.7	(7.8 - 11.6)
B. A little true	17.3	(15.5 - 19.2)
C. Pretty much true	28.3	(26.0 - 30.6)
D. Very much true	44.7	(42.4 - 47.0)

97. My family has clear rules about drug and alcohol use.		
A. Not true at all	9.8	(8.4 - 11.1)
B. A little true	13.5	(12.0 - 15.1)
C. Pretty much true	21.9	(20.0 - 23.8)
D. Very much true	54.8	(52.5 - 57.1)

Appendix A: Questionnaire

98. My family has clear rules and standards for my behavior.		
A. Not true at all	8.1	(6.4 - 9.7)
B. A little true	13.4	(11.9 - 14.9)
C. Pretty much true	29.5	(27.3 - 31.6)
D. Very much true	49.1	(47.1 - 51.1)
99. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	5.7	(4.6 - 6.8)
B. A little true	11.0	(9.6 - 12.3)
C. Pretty much true	28.3	(26.4 - 30.3)
D. Very much true	55.0	(52.9 - 57.1)
100. At school, I try hard to do my best work.		
A. Not true at all	5.4	(4.2 - 6.6)
B. A little true	12.0	(10.6 - 13.3)
C. Pretty much true	31.9	(29.9 - 33.9)
D. Very much true	50.7	(48.4 - 53.1)
101. I plan to go to college or some other school after high school.		
A. Not true at all	6.2	(5.0 - 7.5)
B. A little true	8.4	(7.2 - 9.7)
C. Pretty much true	16.3	(14.7 - 17.9)
D. Very much true	69.0	(66.7 - 71.3)
102. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	36.1	(34.0 - 38.3)
B. A little true	10.0	(8.6 - 11.4)
C. Pretty much true	12.8	(11.4 - 14.3)
D. Very much true	41.0	(38.8 - 43.3)
103. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.		
A. Not true at all	42.8	(40.2 - 45.5)
B. A little true	14.1	(12.5 - 15.7)
C. Pretty much true	13.1	(11.7 - 14.5)
D. Very much true	30.0	(27.7 - 32.3)
104. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	27.0	(25.1 - 28.9)
B. A little true	14.2	(12.6 - 15.9)
C. Pretty much true	18.3	(16.4 - 20.2)
D. Very much true	40.5	(38.3 - 42.7)

Appendix A: Questionnaire

105. Outside of my home and school, I help other people.		
A. Not true at all	13.8	(12.1 - 15.5)
B. A little true	23.5	(21.8 - 25.1)
C. Pretty much true	32.3	(30.2 - 34.3)
D. Very much true	30.5	(28.5 - 32.5)
106. I often do things without thinking about what will happen.		
A. Not true at all	18.6	(16.8 - 20.5)
B. A little true	33.6	(31.3 - 36.0)
C. Pretty much true	24.7	(22.4 - 26.9)
D. Very much true	23.1	(21.2 - 24.9)
107. My friends get into a lot of trouble.		
A. Not true at all	27.1	(25.0 - 29.2)
B. A little true	45.3	(42.8 - 47.7)
C. Pretty much true	16.5	(14.8 - 18.2)
D. Very much true	11.1	(9.7 - 12.5)
108. My friends do well in school.		
A. Not true at all	7.7	(6.3 - 9.0)
B. A little true	25.4	(23.5 - 27.2)
C. Pretty much true	42.9	(40.7 - 45.2)
D. Very much true	24.1	(22.1 - 26.0)
Among the people you consider to be your closest friends, how many would you say do the following?		
109. Drink alcohol once a week or more?		
A. None	40.5	(38.4 - 42.5)
B. A few	32.2	(29.9 - 34.5)
C. Some	15.0	(13.5 - 16.5)
D. Most	8.7	(7.6 - 9.8)
E. All	3.6	(2.6 - 4.7)
110. Have used drugs such as marijuana or cocaine?		
A. None	31.4	(29.4 - 33.4)
B. A few	29.0	(27.1 - 30.9)
C. Some	16.4	(14.7 - 18.0)
D. Most	14.8	(13.5 - 16.2)
E. All	8.4	(7.1 - 9.7)
Activities		
The next 5 questions ask about how many times you have done the following things.		
111. How often do you attend religious or spiritual services?		
A. Every day	7.5	(6.2 - 8.8)
B. 1 to 6 times a week	19.7	(17.5 - 21.8)
C. 1 to 3 times a month	14.5	(12.7 - 16.3)
D. 3 to 11 times a year	14.4	(12.8 - 16.0)
E. Only once or twice a year	15.8	(14.3 - 17.3)
F. Never	28.3	(26.2 - 30.3)

Appendix A: Questionnaire

112. During the school year, how many hours a week do you work at a job?		
A. I do not work	77.9	(75.9 - 79.9)
B. 1 to 4 hours per week	6.9	(5.8 - 8.0)
C. 5 to 9 hours per week	5.7	(4.7 - 6.7)
D. 10 to 20 hours per week	4.5	(3.7 - 5.4)
E. Over 20 hours per week	4.9	(3.9 - 6.0)
113. During the last four weeks, how many days of school have you missed because you skipped or ditched?		
A. None	64.3	(62.0 - 66.6)
B. 1 day	11.6	(10.2 - 12.9)
C. 2 days	8.4	(7.1 - 9.6)
D. 3 days	5.1	(4.2 - 6.0)
E. 4 to 5 days	5.4	(4.5 - 6.2)
F. 6 to 10 days	2.1	(1.5 - 2.8)
G. 11 or more days	3.2	(2.3 - 4.0)
114. How often do you come to classes without bringing paper or something to write with?		
A. Never	57.0	(54.5 - 59.6)
B. Sometimes	33.0	(30.5 - 35.5)
C. Usually	10.0	(8.6 - 11.3)
115. How often do you come to classes without your homework finished?		
A. Never	18.0	(16.3 - 19.8)
B. Sometimes	63.3	(61.1 - 65.5)
C. Usually	18.7	(17.0 - 20.4)
Body Weight		
The next 3 questions ask about body weight.		
116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
A. Yes	70.4	(68.4 - 72.5)
B. No	29.6	(27.5 - 31.6)
117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
A. Yes	40.1	(37.9 - 42.2)
B. No	59.9	(57.8 - 62.1)
118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A. Yes	9.2	(7.7 - 10.6)
B. No	90.8	(89.4 - 92.3)

Appendix A: Questionnaire

Food

The next 8 questions ask about food you ate or drank during the past 7 days.

Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A. I did not drink 100% fruit juice during the past 7 days	22.2	(20.4 - 24.0)
B. 1 to 3 times during the past 7 days	35.1	(32.7 - 37.5)
C. 4 to 6 times during the past 7 days	16.1	(14.4 - 17.7)
D. 1 time per day	7.1	(6.0 - 8.2)
E. 2 times per day	7.4	(6.1 - 8.7)
F. 3 times per day	4.4	(3.4 - 5.4)
G. 4 or more times per day	7.8	(6.7 - 8.8)

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A. I did not eat fruit during the past 7 days	11.1	(9.5 - 12.6)
B. 1 to 3 times during the past 7 days	36.1	(33.9 - 38.2)
C. 4 to 6 times during the past 7 days	20.1	(18.3 - 22.0)
D. 1 time per day	10.3	(8.6 - 11.9)
E. 2 times per day	9.2	(7.7 - 10.7)
F. 3 times per day	5.9	(4.9 - 6.8)
G. 4 or more times per day	7.4	(6.2 - 8.6)

121. During the past 7 days, how many times did you eat green salad?

A. I did not eat green salad during the past 7 days	36.6	(34.3 - 38.9)
B. 1 to 3 times during the past 7 days	36.2	(33.6 - 38.7)
C. 4 to 6 times during the past 7 days	11.2	(9.8 - 12.6)
D. 1 time per day	7.6	(6.4 - 8.7)
E. 2 times per day	3.8	(3.0 - 4.5)
F. 3 times per day	1.8	(1.1 - 2.4)
G. 4 or more times per day	2.9	(2.2 - 3.5)

122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A. I did not eat potatoes during the past 7 days	21.7	(19.8 - 23.5)
B. 1 to 3 times during the past 7 days	43.9	(41.8 - 45.9)
C. 4 to 6 times during the past 7 days	16.1	(14.5 - 17.8)
D. 1 time per day	8.8	(7.4 - 10.1)
E. 2 times per day	3.7	(2.8 - 4.7)
F. 3 times per day	2.8	(2.1 - 3.6)
G. 4 or more times per day	3.0	(2.3 - 3.7)

Appendix A: Questionnaire

123. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	46.2	(44.0 - 48.4)
B. 1 to 3 times during the past 7 days	31.1	(29.2 - 33.0)
C. 4 to 6 times during the past 7 days	8.6	(7.2 - 9.9)
D. 1 time per day	5.2	(4.1 - 6.3)
E. 2 times per day	4.3	(3.3 - 5.4)
F. 3 times per day	1.6	(1.1 - 2.2)
G. 4 or more times per day	3.0	(2.3 - 3.7)
124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	19.7	(17.9 - 21.5)
B. 1 to 3 times during the past 7 days	35.3	(33.1 - 37.6)
C. 4 to 6 times during the past 7 days	19.6	(17.6 - 21.5)
D. 1 time per day	10.5	(8.7 - 12.2)
E. 2 times per day	7.2	(6.0 - 8.5)
F. 3 times per day	3.2	(2.5 - 4.0)
G. 4 or more times per day	4.4	(3.5 - 5.4)
125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	15.4	(13.8 - 17.0)
B. 1 to 3 times during the past 7 days	32.5	(30.3 - 34.7)
C. 4 to 6 times during the past 7 days	20.2	(18.3 - 22.1)
D. 1 time per day	10.9	(9.5 - 12.3)
E. 2 times per day	9.9	(8.6 - 11.2)
F. 3 times per day	4.7	(3.7 - 5.6)
G. 4 or more times per day	6.4	(5.3 - 7.5)
126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)		
A. I did not drink milk during the past 7 days	23.6	(21.6 - 25.6)
B. 1 to 3 glasses during the past 7 days	26.9	(25.0 - 28.8)
C. 4 to 6 glasses during the past 7 days	15.2	(13.8 - 16.6)
D. 1 glass per day	12.3	(10.8 - 13.9)
E. 2 glasses per day	11.0	(9.5 - 12.6)
F. 3 glasses per day	4.8	(3.9 - 5.7)
G. 4 or more glasses per day	6.1	(5.1 - 7.2)

Appendix A: Questionnaire

Physical Activity

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and makes you breathe hard some of the time

A. 0 days	14.8	(12.9 - 16.6)
B. 1 day	10.7	(9.2 - 12.2)
C. 2 days	12.2	(10.6 - 13.8)
D. 3 days	11.1	(9.8 - 12.4)
E. 4 days	8.6	(7.4 - 9.8)
F. 5 days	13.2	(11.8 - 14.5)
G. 6 days	6.8	(5.7 - 7.8)
H. 7 days	22.7	(20.8 - 24.7)

128. On an average school day, how many hours do you watch TV?

A. I do not watch TV on an average school day	12.2	(10.5 - 13.9)
B. Less than 1 hour per day	18.6	(16.8 - 20.3)
C. 1 hour per day	14.6	(13.0 - 16.2)
D. 2 hours per day	19.2	(17.2 - 21.2)
E. 3 hours per day	16.9	(14.8 - 19.1)
F. 4 hours per day	8.5	(7.3 - 9.7)
G. 5 or more hours per day	10.1	(8.7 - 11.5)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work	27.3	(25.2 - 29.4)
B. Less than 1 hour per day	21.2	(19.2 - 23.2)
C. 1 hour per day	15.9	(14.2 - 17.6)
D. 2 hours per day	13.0	(11.4 - 14.7)
E. 3 hours per day	10.1	(8.6 - 11.5)
F. 4 hours per day	4.5	(3.6 - 5.4)
G. 5 or more hours per day	8.0	(6.6 - 9.4)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A. 0 days	50.8	(47.6 - 54.0)
B. 1 day	3.9	(3.0 - 4.7)
C. 2 days	3.7	(2.9 - 4.4)
D. 3 days	8.8	(7.2 - 10.5)
E. 4 days	3.6	(2.7 - 4.4)
F. 5 days	29.3	(26.5 - 32.1)

Health-Related Topics

The next 3 questions ask about other health-related topics.

131. Have you ever been taught about AIDS or HIV infection in school?		
A. Yes	73.5	(71.2 - 75.8)
B. No	17.4	(15.3 - 19.4)
C. Not sure	9.1	(8.0 - 10.3)
132. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	23.7	(21.8 - 25.7)
B. No	69.1	(67.0 - 71.2)
C. Not sure	7.1	(6.0 - 8.3)
133. Do you still have asthma?		
A. I have never had asthma	56.0	(53.6 - 58.4)
B. Yes	15.3	(13.8 - 16.7)
C. No	18.7	(16.8 - 20.7)
D. Not sure	10.1	(8.8 - 11.4)

You and Your Family

These last 3 questions ask for some information about you and your family.

134. How often do you speak a language other than English at home?		
A. Never	29.9	(27.5 - 32.3)
B. Less than half the time	33.0	(31.0 - 35.0)
C. About half the time	17.4	(15.0 - 19.9)
D. More than half the time but not all of the time	8.1	(6.8 - 9.4)
E. All of the time	11.5	(9.9 - 13.2)
135. Were you born in the USA?		
A. Yes	93.7	(92.2 - 95.1)
B. No	6.3	(4.9 - 7.8)
136. During the past 12 months, which of the following statements best describes the food eaten by you and your family?		
A. Enough food to eat	82.9	(80.8 - 85.0)
B. Sometimes not enough food to eat	12.9	(11.1 - 14.7)
C. Often not enough food to eat	4.2	(3.2 - 5.2)

This is the end of the survey.

Thank you very much for your help.

Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

Parent or other adult in the family

How true do you feel these statements are for you?

In my home, there is a parent or some other adult...

...who is interested in my school work.

...who talks with me about my problems.

...who listens to me when I have something to say.

Teacher or other adult in the school

How true do you feel these statements are for you?

At my school, there is a teacher or some other adult...

...who really cares about me.

...who notices when I'm not there.

...who listens to me when I have something to say.

Adult in the community

How true do you feel these statements are for you?

Outside of my home and school, there is an adult...

...who really cares about me.

...who notices when I am upset about something.

...whom I trust.

Peers

How true do you feel these statements are for you?

I have a friend about my own age...

...who really cares about me.

...who talks with me about my problems.

...who helps me when I'm having a hard time.

Behavioral Boundaries

Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

Family

How true do you feel these statements are for you?

When I am not at home, one of my parents/guardians knows where I am and who I am with.

My family has clear rules about drug and alcohol use.

My family has clear rules and standards for my behavior.

School

How true do you feel these statements are for you?

In my school, there are clear rules about what students can and cannot do.

High Expectations

Home

In my home, there is a parent or some other adult ...
...who expects me to follow the rules.
...who believes that I will be a success.

School

At my school, there is a teacher or some other adult...
...who tells me when I do a good job.
...who believes that I will be a success.

Adult in the community

Outside of my home and school, there is an adult...
who tells me when I do a good job.

Other

Positive peer influence

Youth standards for acceptable behavior are influenced by their peers and close friends.
How true do you feel these statements are for you?
My friends get into a lot of trouble.
My friends do well in school.

Positive peer influence related to substance use

Among the people you consider to be your closest friends, how many would you say do the following?
Drink alcohol once a week or more?
Have used drugs such as marijuana or cocaine?

Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

Impulsiveness

I often do things without thinking about what will happen.

Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

Appendix C: Academic Performance and Related Behaviors

B. 1 time

Gets mostly A's and B's (good grades)

Answered "Mostly A's" or "Mostly B's" to the question,
During the past 12 months, how would you describe your grades in school?

Do my best work at school

Answered "Very much true" or "Pretty much true" to the statement,
At school, I try hard to do my best work

Plans to continue education after high school

Answered "Very much true" or "Pretty much true" to the statement,
I plan to go to college or some other school after high school.

Skipped school once a week or more on average

Answered 4 or more days to the question,
During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil

Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished

Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without your homework finished?

For questions about the Southwest Tribal Youth Project or about this report, contact the Albuquerque Area Southwest Tribal Epidemiology Center:

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