



NM YRRRS

YOUTH RISK & RESILIENCY SURVEY

New Mexico
American Indian Students
Grades 9-12, 2011



ALBUQUERQUE AREA SOUTHWEST
TRIBAL EPIDEMIOLOGY CENTER

New Mexico Department of Health
New Mexico Public Education Department
UNM Prevention Research Center
Albuquerque Area Southwest Tribal Epidemiology Center



For information about administration and methods used in implementation of the New Mexico Youth Risk and Resiliency Survey (NM YRRS), see the volume of statewide results, New Mexico Youth Risk & Resiliency Survey: High School Survey Results 2011, available at www.youthrisk.org.

ACKNOWLEDGEMENTS

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ALBUQUERQUE AREA SOUTHWEST TRIBAL EPIDEMIOLOGY CENTER

Kevin English, RPh, MPH, Director
 Judith Espinoza, MPH, Epidemiologist*
 Ophelia Spencer, Tribal Survey Coordinator

NEW MEXICO DEPARTMENT OF HEALTH

Brad McGrath, Interim Secretary
 Michael Landen, MD, MPH, State Epidemiologist and Director, Epidemiology and Response Division*
 Lori Zigich, MPH, Survey Section Manager, Epidemiology and Response Division*
 Dan Green, MPH, Survey Epidemiologist, Epidemiology and Response Division*
 James Padilla, MS, Tobacco Epidemiologist, Tobacco Use Prevention and Control Program*
 James Farmer, MPH, Health Services Manager, Office of School and Adolescent Health*
 Mary M. Ramos, MD, MPH, School Health Officer*

NEW MEXICO PUBLIC EDUCATION DEPARTMENT

Hanna Skandera, Secretary-Designate of Education
 Paul Aguilar, Deputy Secretary, Finance and Operations
 Denise Koscielniak, Director, Federal Programs
 Kristine M. Meurer, PhD, Director, School and Family Support Bureau*
 William O. Blair, PhD, Assistant Director, School and Family Support Bureau*
 Dean Hopper, MAEd, Assistant Director, School and Family Support Bureau
 Lonnie Barraza, MEd, HIV Program Administrator, School and Family Support Bureau*

UNIVERSITY OF NEW MEXICO DIVISION FOR PREVENTION AND POPULATION SCIENCES, HEALTH EVALUATION AND RESEARCH TEAM

Linda J. Peñaloza, PhD, Associate Research Professor*
 Laura Gutman, PhD, Multi-Media Development Specialist
 Courtney FitzGerald, MSSW, LMSW, Associate Scientist II
 Eric Chrisp, MS, Associate Scientist II

NEW MEXICO CHILDREN, YOUTH AND FAMILIES DEPARTMENT

Julienne Smrcka, Juvenile Justice Services Education *

NEW MEXICO HUMAN SERVICES DEPARTMENT, BEHAVIORAL HEALTH SERVICES DIVISION

Karen Cheman, MPH, Prevention Staff Manager, Office of Substance Abuse Prevention *

Gratitude is expressed to the excellent survey management and teams of the Navajo Nation Department of Health and the Bureau of Indian Education for their expertise in coordinating the administration of multiple surveys at once.

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**New Mexico Youth Risk and Resiliency Survey
Risk Behaviors at a Glance
New Mexico American Indian Students
Grades 9-12**

Indicator	<u>New Mexico</u> American Indian Students		<u>New Mexico</u> All Students	
	%	(95% CI)	%	(95% CI)
Unintentional Injury				
Rarely or never wore a bicycle helmet (of those who rode a bicycle)	91.4	(89.4-93.0)	86.3	(82.3-89.6)
Rarely or never wore a seatbelt	8.7	(7.3-10.2)	8.0	(6.9-9.1)
Violence				
In a physical fight	36.6	(33.8-39.4)	31.5	(29.4-33.6)
Teen dating violence	10.2	(8.4-12.3)	9.2	(8.5-10.1)
Ever physically forced to have sexual intercourse	8.3	(7.1-9.8)	8.6	(7.8-9.5)
Bullied electronically	11.7	(10.2-13.5)	13.2	(11.9-14.6)
Bullied on school property	16.6	(14.6-18.8)	18.7	(17.3-20.3)
Skipped school due to safety concerns	8.3	(6.8-10.1)	8.1	(5.6-11.4)
Mental Health				
Felt persistent sadness or hopelessness	33.9	(30.9-37.2)	29.1	(28.0-30.2)
Seriously considered suicide	20.6	(18.1-23.3)	16.7	(15.7-17.8)
Planned suicide	18.2	(15.8-21.0)	13.4	(12.6-14.4)
Attempted suicide	14.1	(11.9-16.6)	8.6	(7.8-9.6)
Tobacco Use				
Current cigarette smoking	25.5	(22.9-28.2)	19.9	(17.6-22.4)
Current hookah use	21.4	(18.2-25.0)	20.0	(17.6-22.5)
Current spit tobacco use	11.0	(9.2-13.0)	9.5	(8.0-11.1)
Current cigar smoking	17.6	(15.8-19.5)	15.1	(13.6-16.8)
Alcohol Use				
Current drinking	38.6	(34.4-43.0)	36.9	(34.1-39.8)
Binge drinking	24.7	(21.3-28.4)	22.4	(20.3-24.6)
Drinking and driving	9.8	(8.2-11.6)	9.3	(8.1-10.8)
Drank alcohol before age 13	28.4	(25.4-31.6)	27.4	(25.4-29.4)

For definitions of risk behaviors, see Appendix C.

**New Mexico Youth Risk and Resiliency Survey
 Risk Behaviors at a Glance
 New Mexico American Indian Students
 Grades 9-12**

Indicator	<u>New Mexico</u>		<u>New Mexico</u>	
	<u>American Indian Students</u>		<u>All Students</u>	
	%	(95% CI)	%	(95% CI)
Current drug use				
Marijuana	35.7	(33.2-38.3)	27.6	(24.5-31.0)
Painkillers to get high	14.7	(12.5-17.3)	11.3	(9.7-13.2)
Inhalants	8.9	(7.2-10.8)	6.7	(5.8-7.8)
Cocaine	6.9	(5.6-8.5)	5.2	(4.3-6.2)
Ecstasy	8.6	(7.0-10.5)	6.4	(5.4-7.5)
Methamphetamine	5.9	(4.4-7.8)	3.9	(3.1-4.8)
Heroin	4.3	(3.1-5.8)	3.2	(2.7-3.8)
Physical Activity, Body Weight, and Nutrition				
Overweight	16.6	(14.8-18.6)	14.4	(13.3-15.7)
Obese	18.1	(16.2-20.1)	12.8	(10.9-15.1)
Overweight or obese	34.7	(32.2-37.2)	27.3	(24.4-30.3)
Exercised daily	26.0	(23.3-28.8)	26.3	(24.8-27.9)
Daily PE	30.9	(27.5-34.6)	28.4	(23.2-34.2)
Three or more hours of TV viewing per day	33.7	(31.1-36.4)	29.4	(26.8-32.2)
Five or more fruits or vegetables per day	30.3	(27.9-32.8)	23.8	(22.1-25.7)
Drank at least one soda per day	30.2	(27.5-32.9)	27.9	(26.7-29.1)
Sexual Behaviors				
Sexually active	35.1	(31.8-38.6)	31.9	(29.1-34.8)
Had four or more lifetime sexual partners*	39.9	(33.1-47.1)	39.1	(36.4-41.8)
Used a condom at last sexual intercourse*	51.7	(46.0-57.3)	57.8	(55.3-60.3)
Used reliable birth control at last sexual intercourse*	17.8	(14.6-21.4)	23.0	(20.6-25.5)
Used reliable birth control and a condom*	6.8	(5.2-8.9)	8.6	(7.1-10.2)

* Among students who were sexually active.
 For definitions of risk behaviors, see Appendix C.

American Indian Student Participation

Profile of students surveyed

	<u>Number of students</u>	<u>Percent (%)</u>
<u>Total</u>	6138	(100%)
<u>Gender</u>		
Girls	2945	(48.0%)
Boys	3186	(52.0%)
<u>Race/Ethnicity</u>		
American Indian or Alaska Native	6138	(100.0%)
Asian or Pacific Islander	209	(3.4%)
Black or African-American	154	(2.5%)
Hispanic	1420	(23.6%)
White	518	(8.4%)
<u>Grade Level</u>		
9th	1743	(28.5%)
10th	1570	(25.7%)
11th	1425	(23.3%)
12th	1343	(21.9%)
Other:	38	(0.6%)

Totals may add up to more or less than 100% because respondents were allowed to choose multiple responses, for either of two reasons

- Respondents may neglect to answer some questions, either intentionally or unintentionally. The resulting missing data can cause totals to add up to less than 100%.
- Respondents are allowed to select multiple responses for race/ethnicity, causing the total to add up to more than 100%.

New Mexico Youth Risk and Resiliency Survey (YRRS)
Highlights
American Indian Students
Grades 9-12, 2011

**Highlights from the New Mexico Youth Risk and Resiliency Survey (YRRS)
Grades 9-12, 2011
American Indian Students**

Results from the NM High School YRRS from 2003 - 2011 revealed several encouraging trends among New Mexico American Indian students. These trends include changes in the rates of behaviors associated with mental health, alcohol use, tobacco use, drug use, physical activity, violence, and nutrition. Over the same years, increases have occurred in the rates of sedentary activity and some drug use. These changes in prevalence occurred for the following important behaviors and conditions:

Mental health

Seriously considered suicide - decreased from 26.1% in 2003 to 20.6% in 2011.

Made a suicide plan - decreased from 20.8% in 2003 to 18.2% in 2011.

Attempted suicide - decreased from 25.0% in 2003 to 14.1% in 2011.

Suicide attempt with injury - decreased from 8.3% in 2003 to 5.1% in 2011.

Alcohol use

Current drinking - decreased from 45.3% in 2003 to 38.6% in 2011.

Binge drinking - decreased from 32.4% in 2003 to 24.7% in 2011.

First drink before age 13 - decreased from 35.9% in 2003 to 28.4% in 2011.

Rode with a drinking driver - decreased from 39.0% in 2003 to 29.1% in 2011.

Drinking and driving - decreased from 18.8% in 2003 to 9.8% in 2011.

Tobacco use

Current cigarette smoking - decreased from 43.8% in 2003 to 25.5% in 2011.

Smoked cigarettes on school property - decreased from 16.7% in 2003 to 7.6% in 2011.

First smoked a cigarette before age 13 - decreased from 32.2% in 2003 to 22.1% in 2011.

Current cigar smoking - decreased from 28.0% in 2003 to 17.6% in 2011.

Drug use

Current cocaine use - decreased from 12.7% in 2003 to 6.9% in 2011.

Current methamphetamine use - decreased from 10.9% in 2003 to 5.9% in 2011.

Current painkiller use to get high - increased from 9.1% in 2005 to 14.6% in 2011.

Current ecstasy use - increased from 5.2% in 2005 to 8.6% in 2011.

Violence

Carried a weapon on school property - decreased from 12.3% in 2003 to 9.3% in 2011.

Skipped school due to safety issues - decreased from 13.8% in 2003 to 8.3% in 2011.

In a physical fight - decreased from 44.4% in 2003 to 36.6% in 2011.

Ever forced to have sexual intercourse - decreased from 13.0% in 2003 to 8.3% in 2011.

Nutrition

Vomited or used laxatives to lose weight - decreased from 14.6% in 2003 to 8.0% in 2011.

Ate five servings of fruits or vegetables per day - increased from 23.4% in 2003 to 30.3% in 2011.

Physical activity

Exercised daily - increased from 19.5% in 2005 to 25.9% in 2011.

Computer use or video gaming three or more hours per day - increased from 20.8% in 2005 to 28.1% in 2011.

For comprehensive YRRS results, see this website:

www.YouthRisk.com

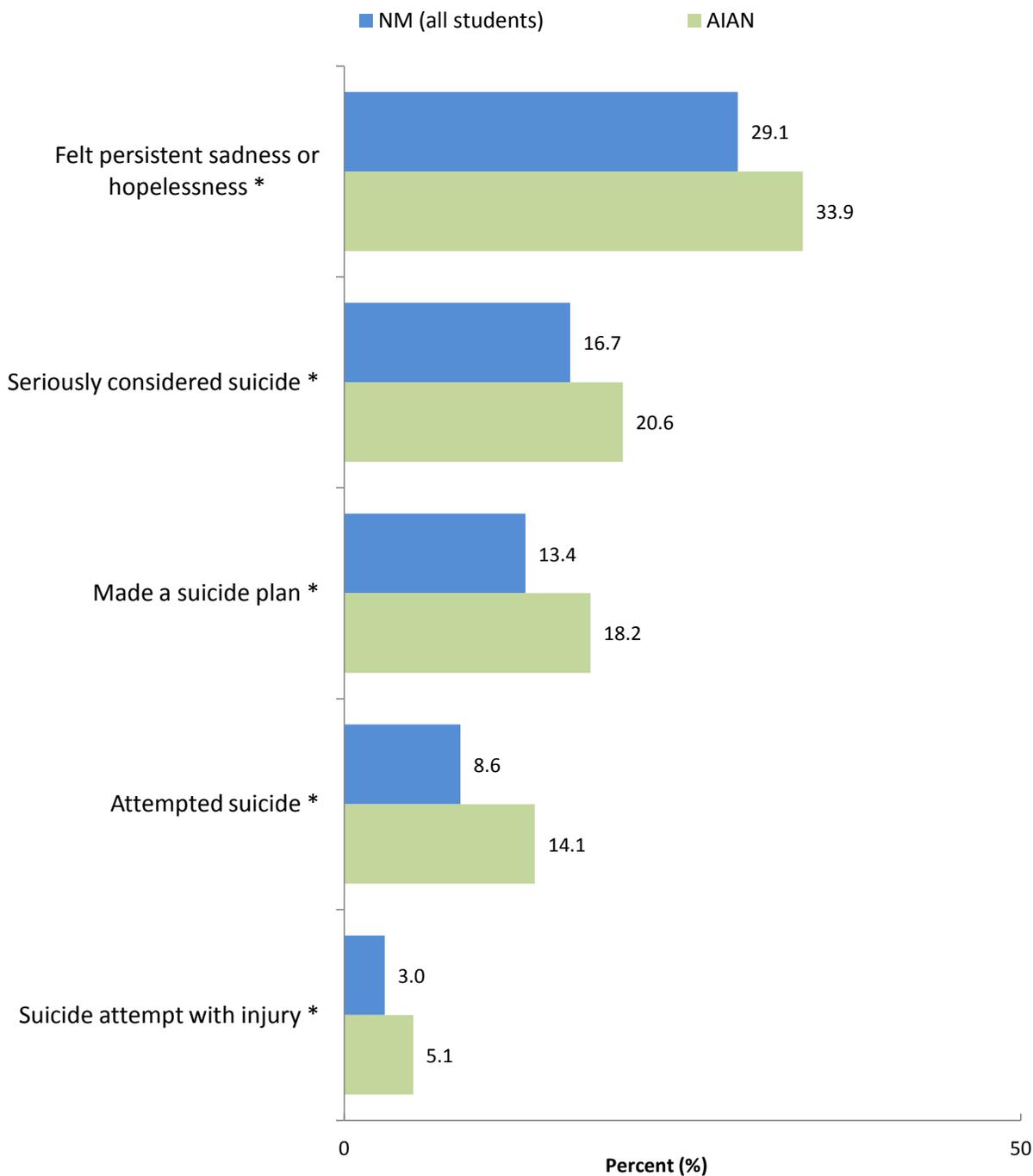
Please use these results to help make New Mexico and your own community a safer and healthier place for all of our young people.

For definitions of risk behaviors, see Appendix C.

Mental Health

Suicide is the second leading cause of death among American Indian adolescents in New Mexico. All rates for mental health measures, including feelings of sadness and hopelessness, suicidal ideation, and suicide attempts had higher rates among American Indian students than all New Mexico students.

Past Year Mental Health Indicators
 All NM Students & American Indian Students
 Grades 9-12, 2011

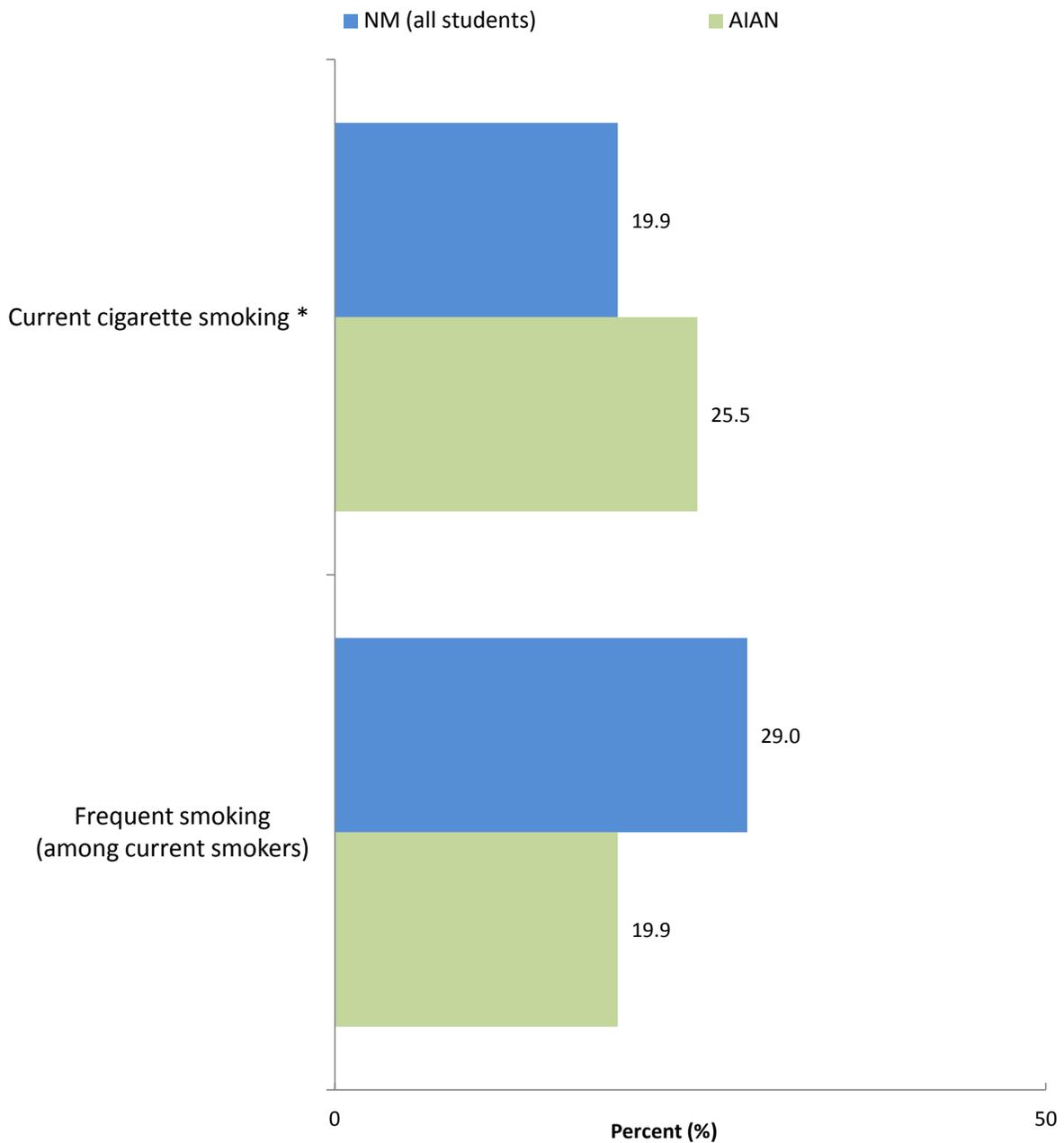


* Statistically significant difference

Tobacco Use

Tobacco use increases the risk of several cancers and other chronic conditions, including heart disease, stroke, and cancers of the lung, larynx, oral cavity, and pancreas. Cigarette smoking is the leading cause of preventable death in the United States. The current cigarette smoking rate among American Indian students was higher than among all NM students. Among current smokers, the rate of frequent smoking (smoking cigarettes on 20 or more of the past 30 days) was higher among all NM students than among American Indian students.

Current Cigarette Smoking and Frequent Smoking
All NM Students & American Indian Students
Grades 9-12, 2011



* Statistically significant difference

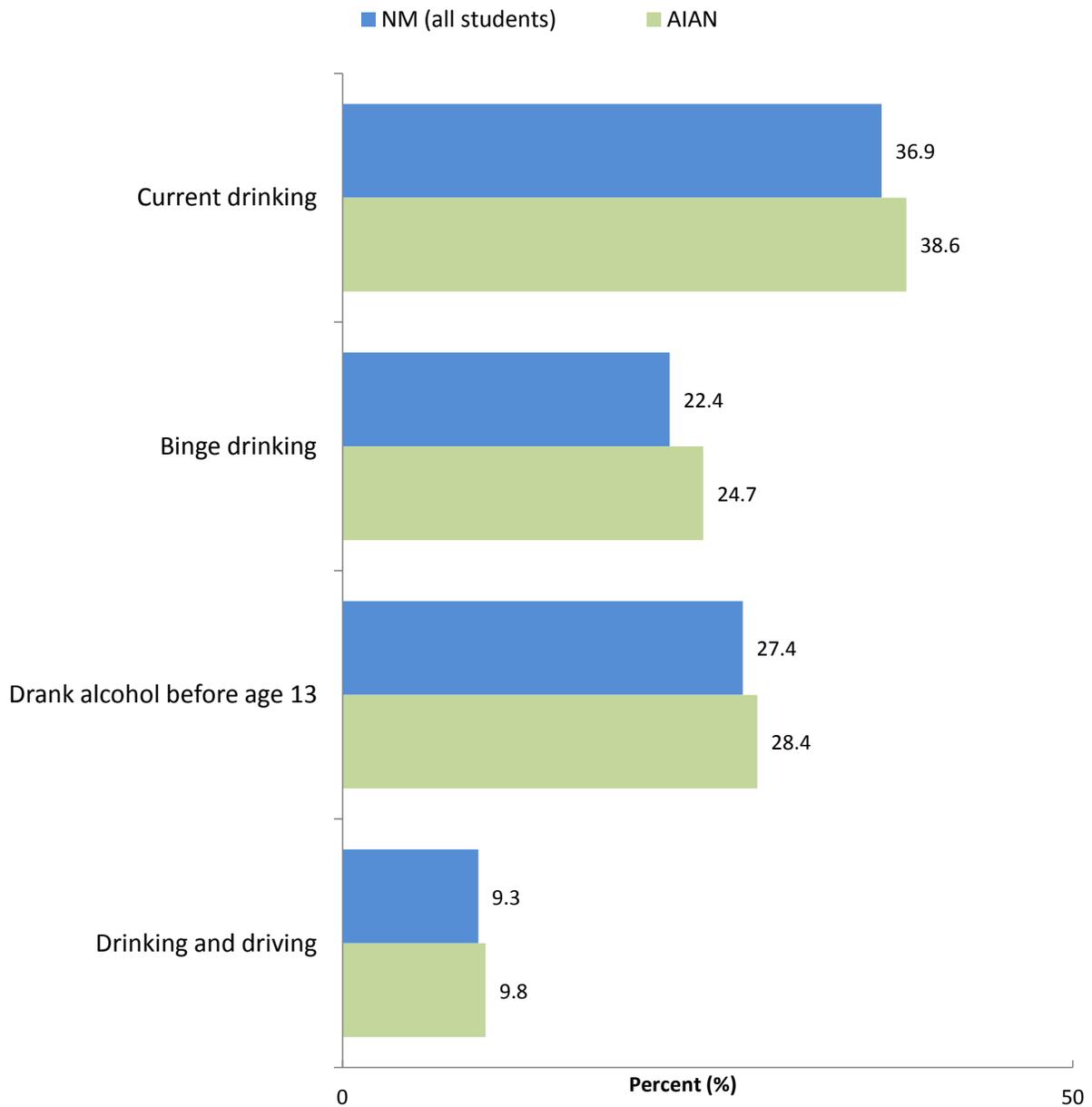
Alcohol Use

Alcohol use by young people is associated with injuries such as motor vehicle crashes, the leading cause of death among adolescents. Alcohol use at an early age is also associated with an increased risk of chronic liver disease and alcohol dependence later in life. American Indian students had similar rates to all New Mexico students for most alcohol related measures. While New Mexico alcohol use rates were similar to those of the rest of the United States, New Mexico had a higher rate for drinking alcohol before age 13 than any other state participating in the CDC's Youth Risk Behavior Survey (YRBS) .

Alcohol Use in the Past 30 Days

All NM Students & American Indian Students

Grades 9-12, 2011

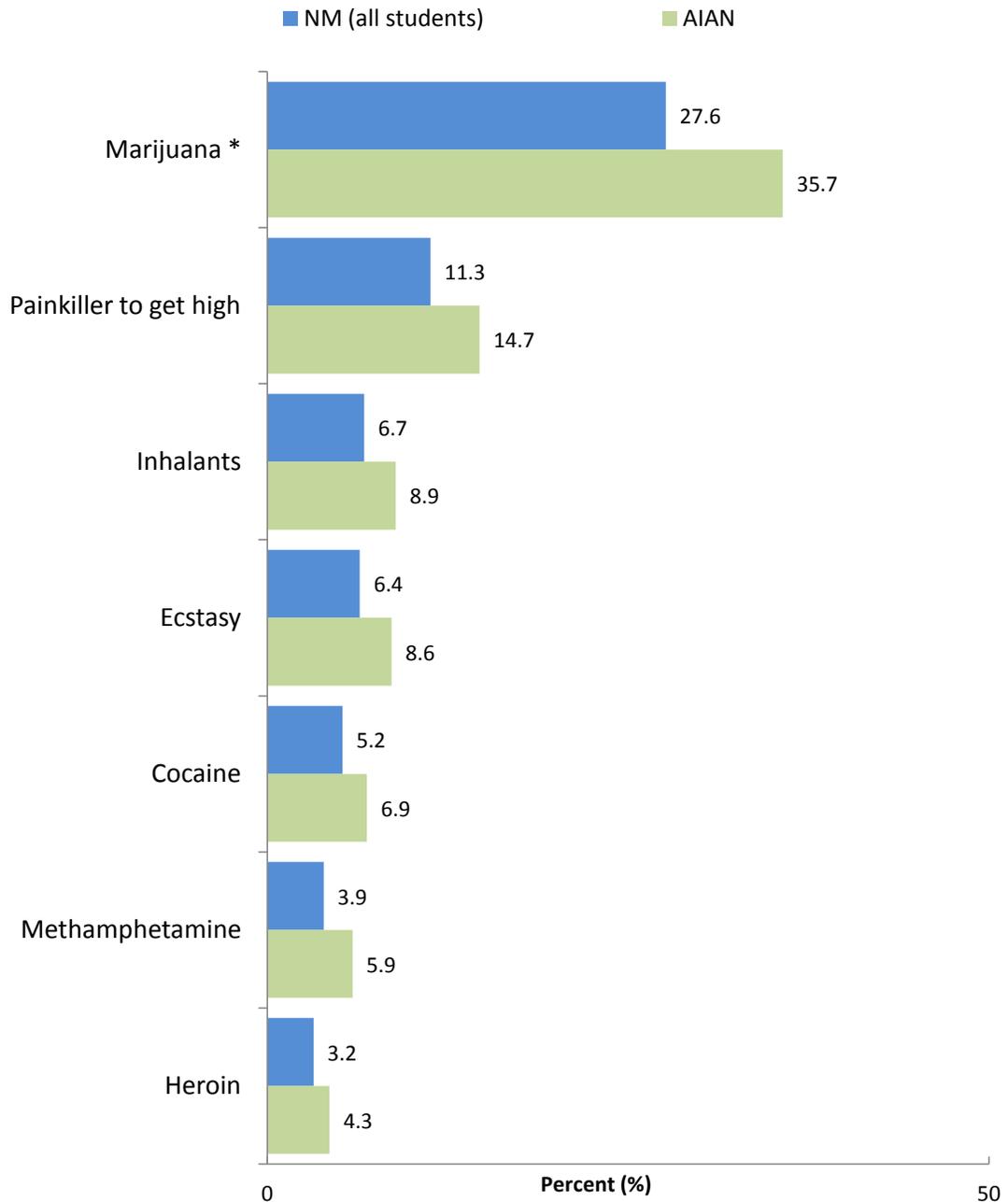


* Statistically significant difference

Drug Use

New Mexico high school students had among the highest drug use rates in the nation. For most drugs, current use rates for American Indian students and all New Mexico students were not statistically different. The rate of current marijuana use was higher among American Indian students than for all New Mexico students.

Current Drug Use
 All NM Students & American Indian Students
 Grades 9-12, 2011

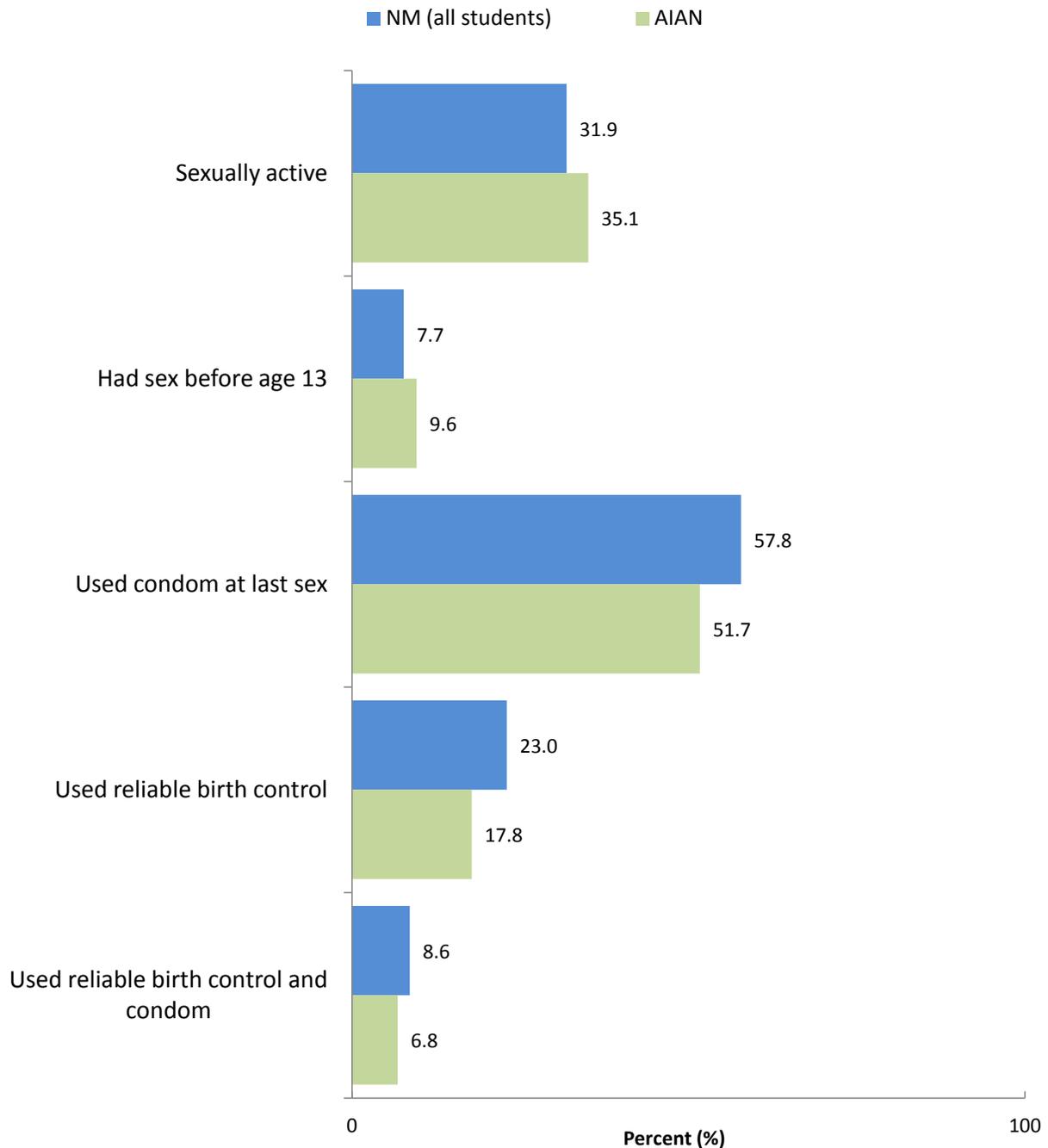


* Statistically significant difference

Sexual Activity

Early and unsafe sexual activity puts teens at risk of unplanned pregnancy and sexually transmitted infections. Rates of most measures of sexual activity among New Mexico American Indian students were similar to those of all New Mexico students. Very few sexually active teens used both condoms and reliable birth control.

Sexual Activity
All NM Students & American Indian Students
Grades 9-12, 2011

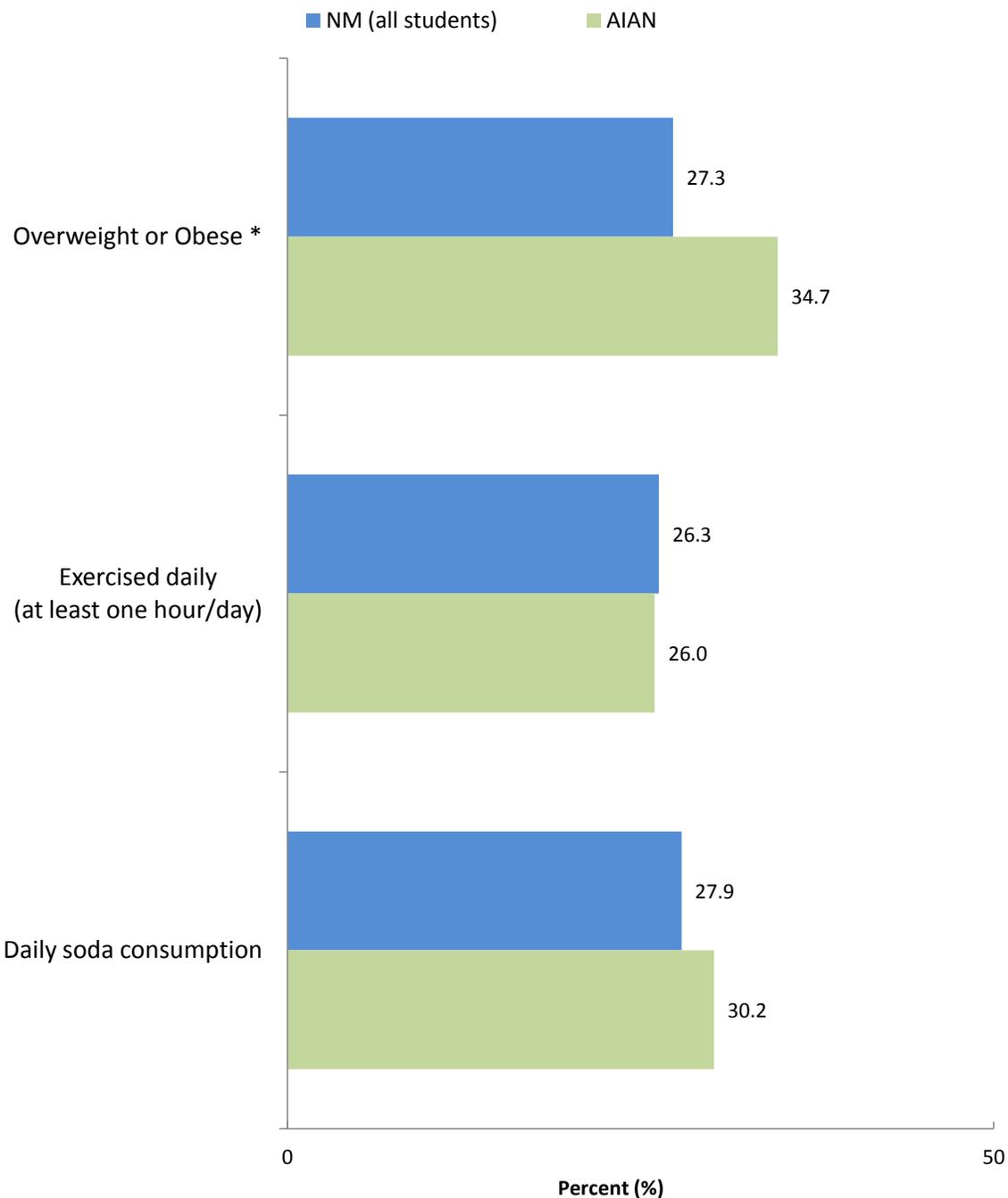


* Statistically significant difference

Physical Activity, Nutrition, and Body Weight

Poor nutritional behaviors and a lack of physical activity put young people at risk of becoming overweight or obese. Being obesity or overweight places teens at risk of many chronic diseases that can cause death or disability.

Obesity, Overweight, Physical Activity, and Soda Consumption
 All NM Students & American Indian Students
 Grades 9-12, 2011

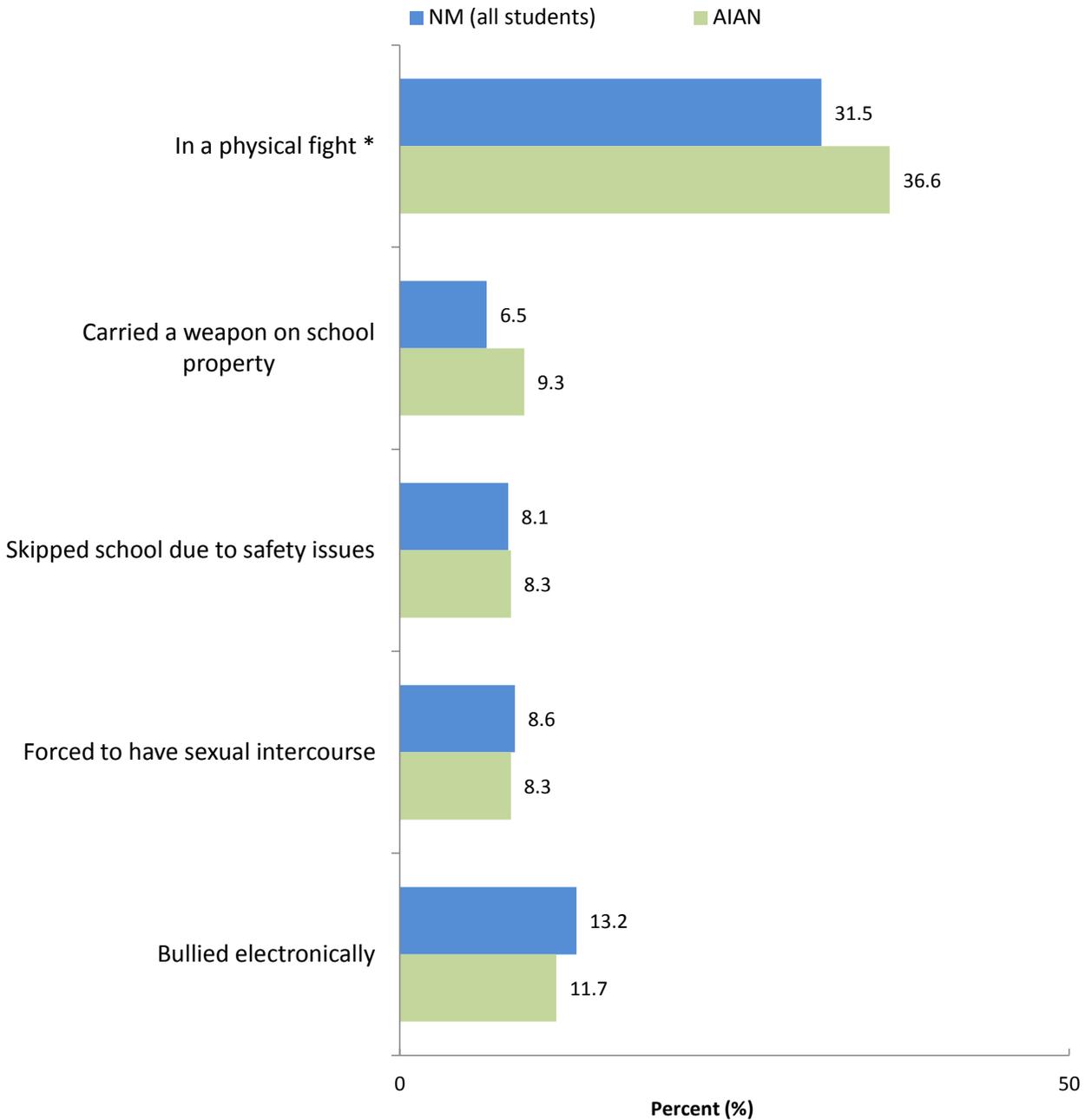


* Statistically significant difference

Behaviors Associated with Violence

Violent behaviors increase the risk of injury and homicide, the third leading cause of death among New Mexico adolescents. An occurrence of violence at school not only affects the individuals involved, but also disrupts the educational process and affects bystanders, the school itself, and the surrounding community. In 2011, a new question was added to the YRRS about electronic bullying.

Behaviors Associated with Violence
 All NM Students & American Indian Students
 Grades 9-12, 2011

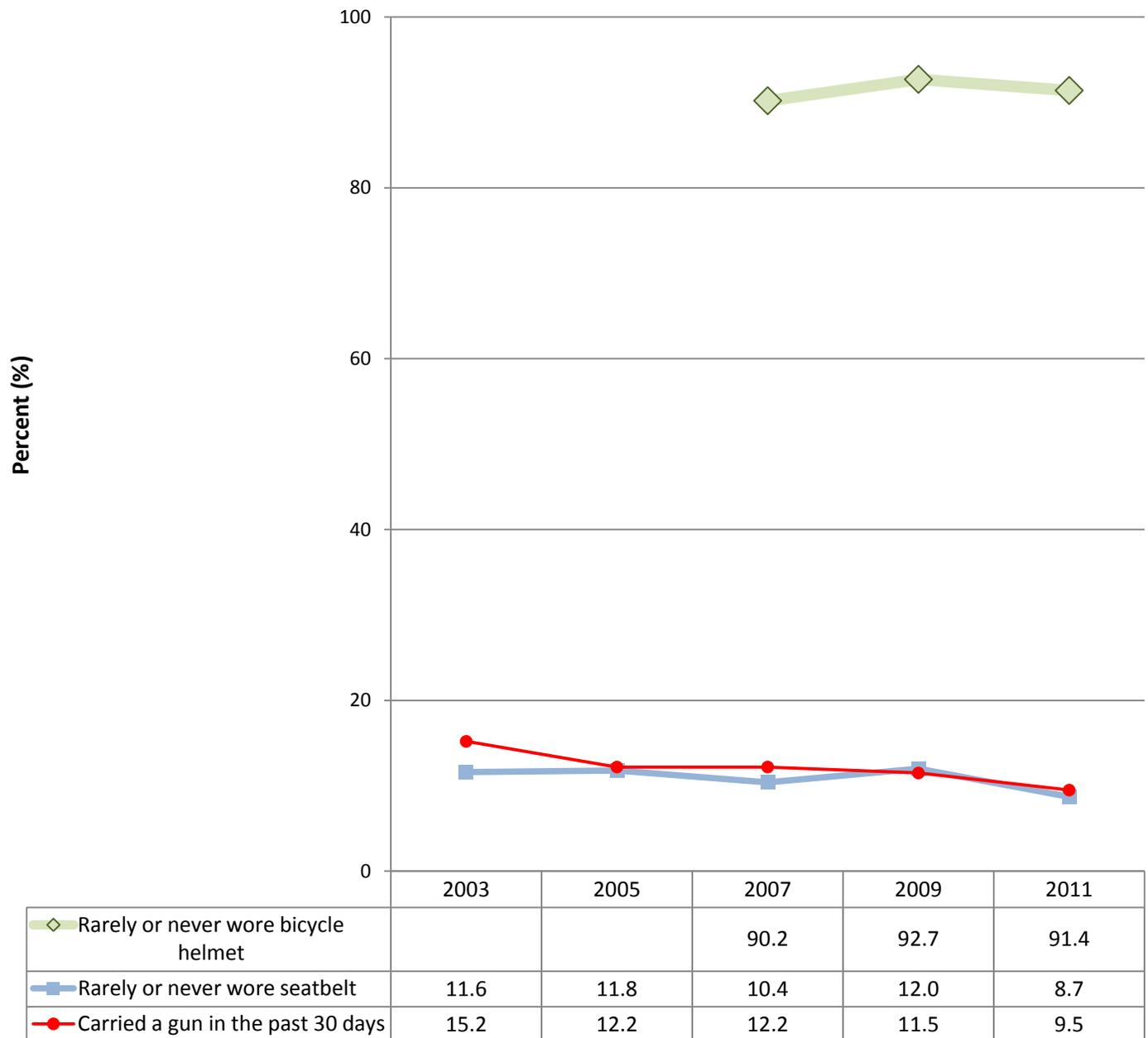


* Statistically significant difference

American Indian Students Charts

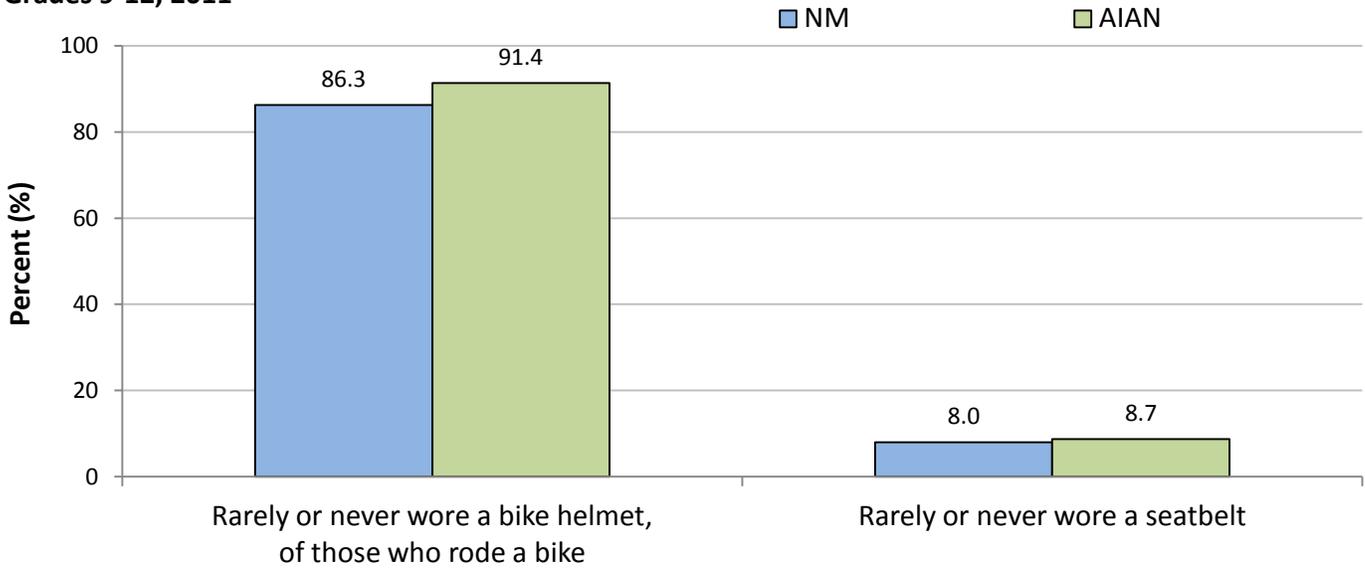
For definitions of risk behaviors, see Appendix C.

**Behaviors Associated with Unintentional Injury
by Year, American Indian Students
Grades 9-12, 2011**

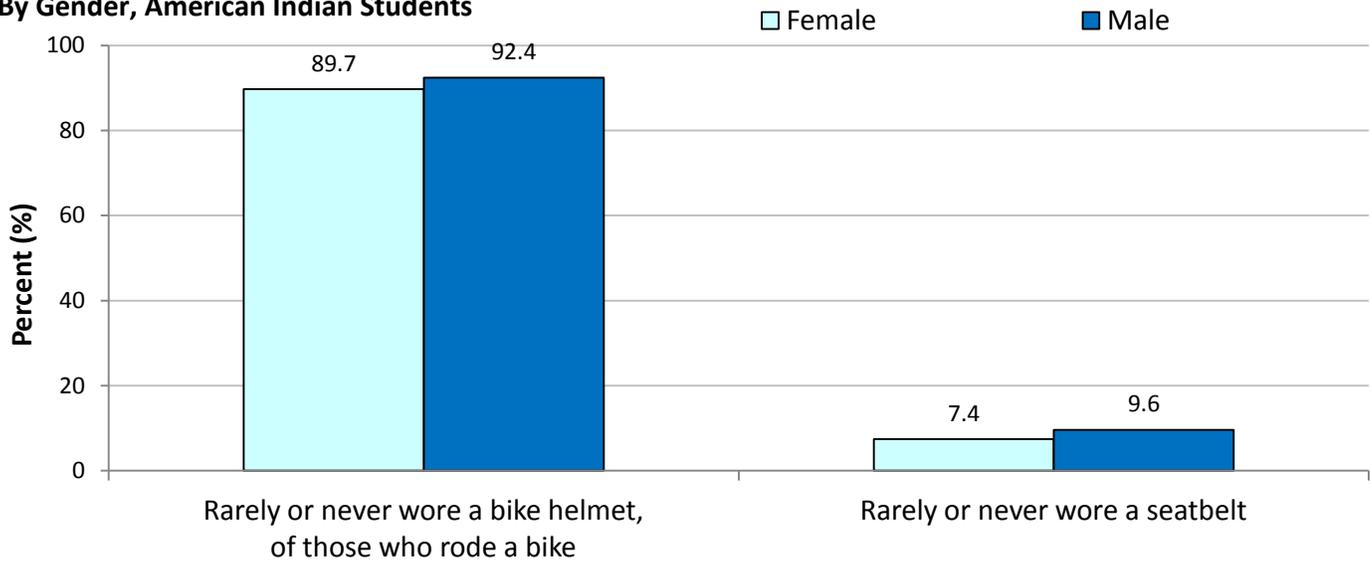


Unintentional Injury
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

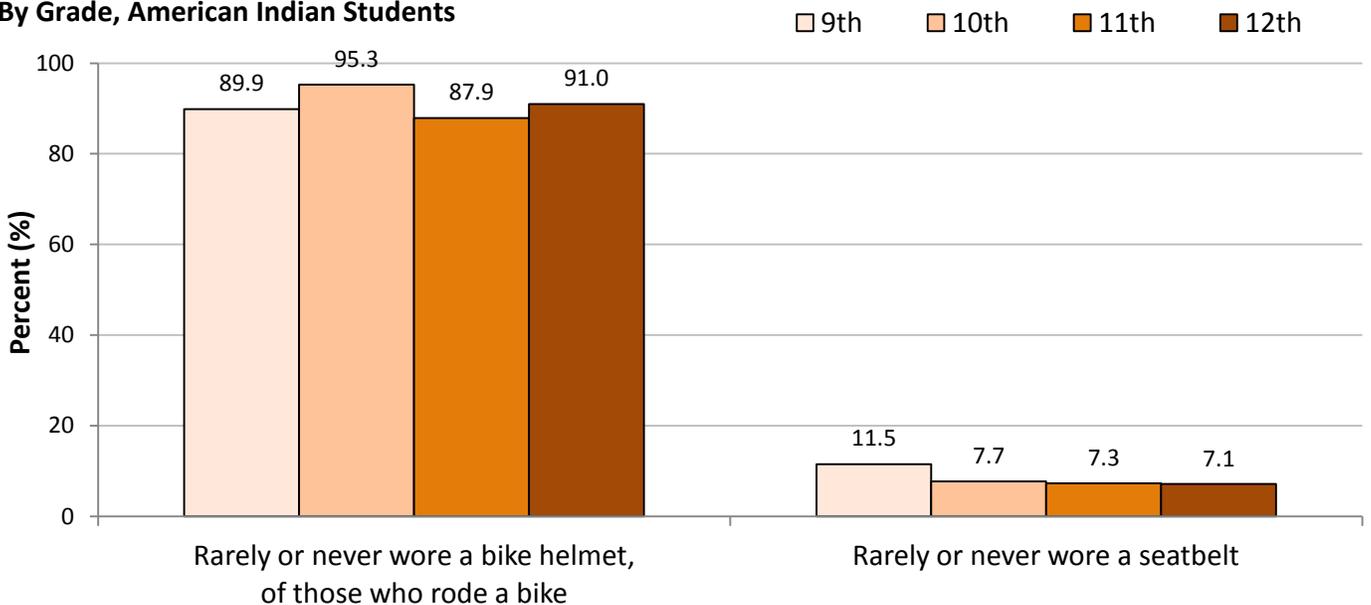
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

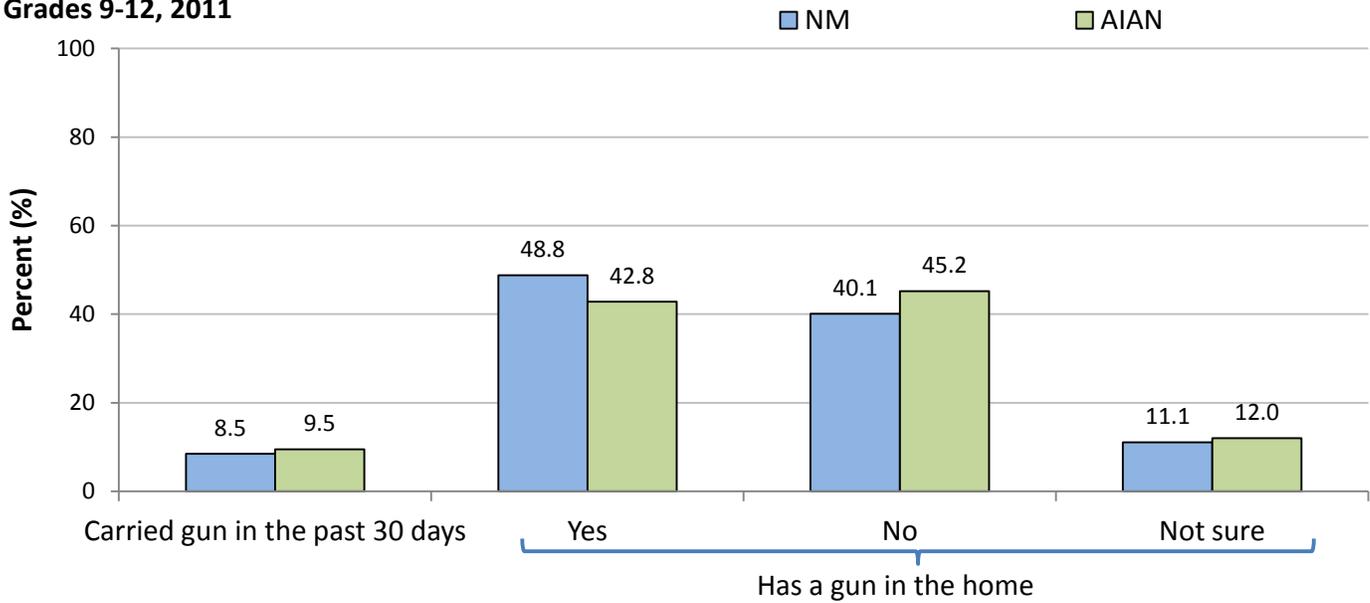


By Grade, American Indian Students

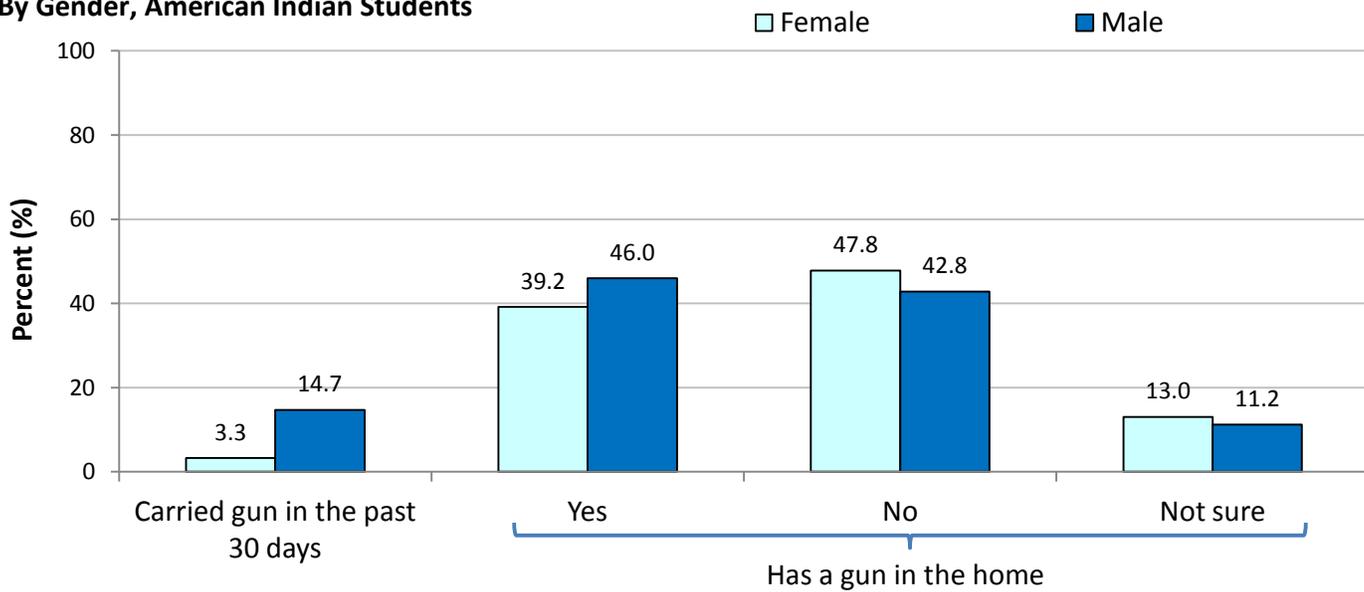


Unintentional Injury
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

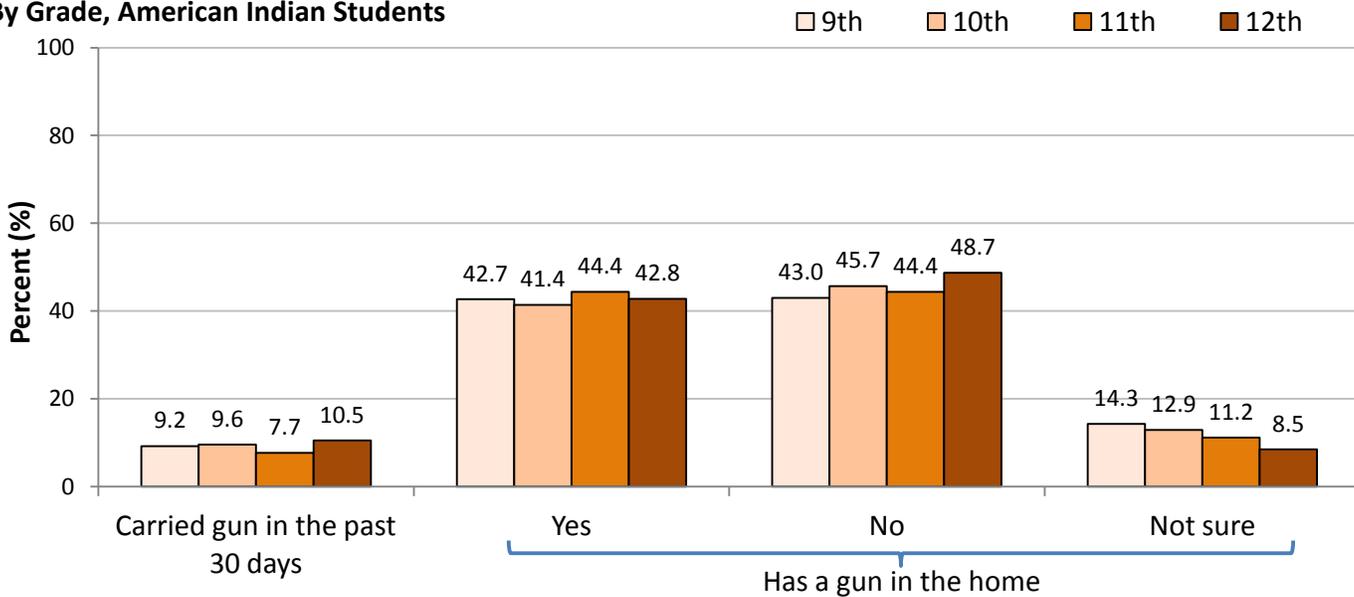
New Mexico 2011 YRRS
 Grades 9 - 12



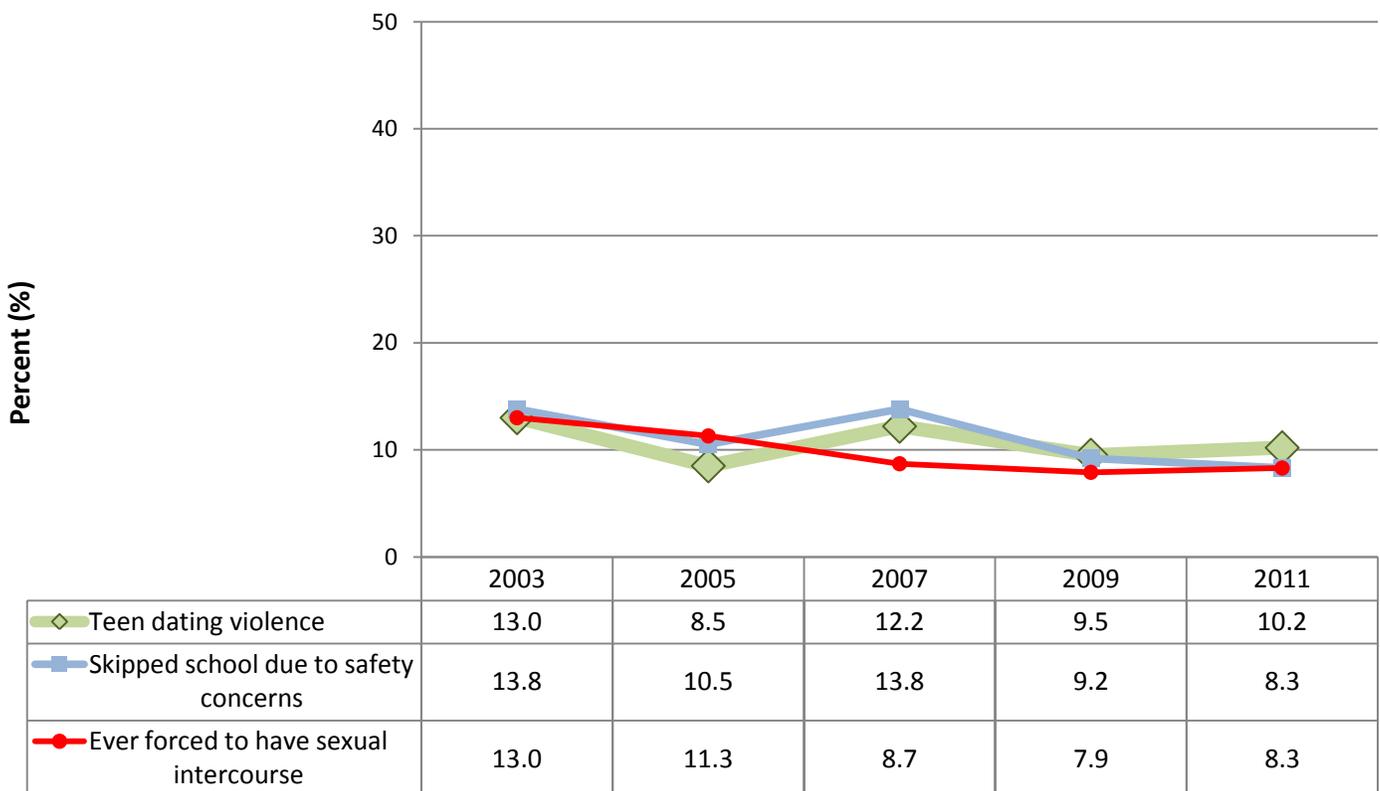
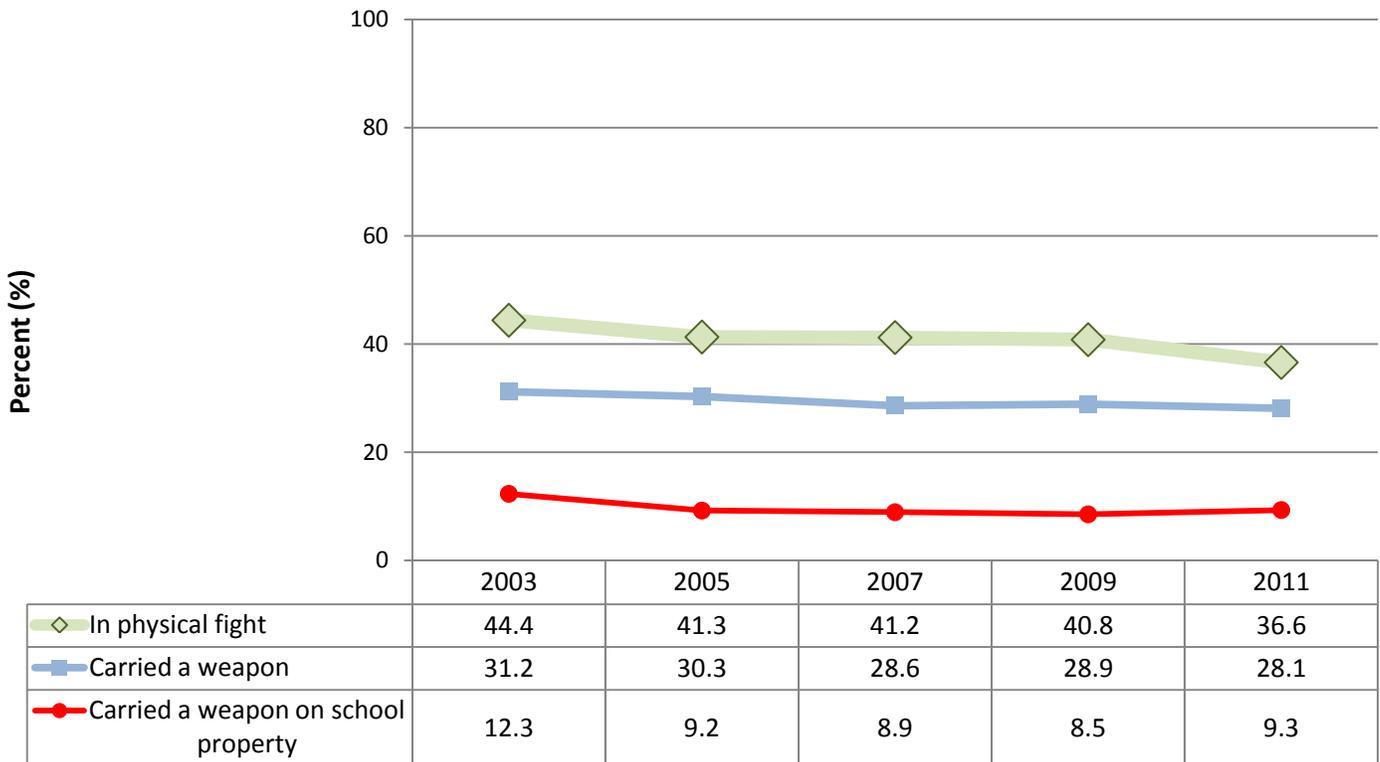
By Gender, American Indian Students



By Grade, American Indian Students

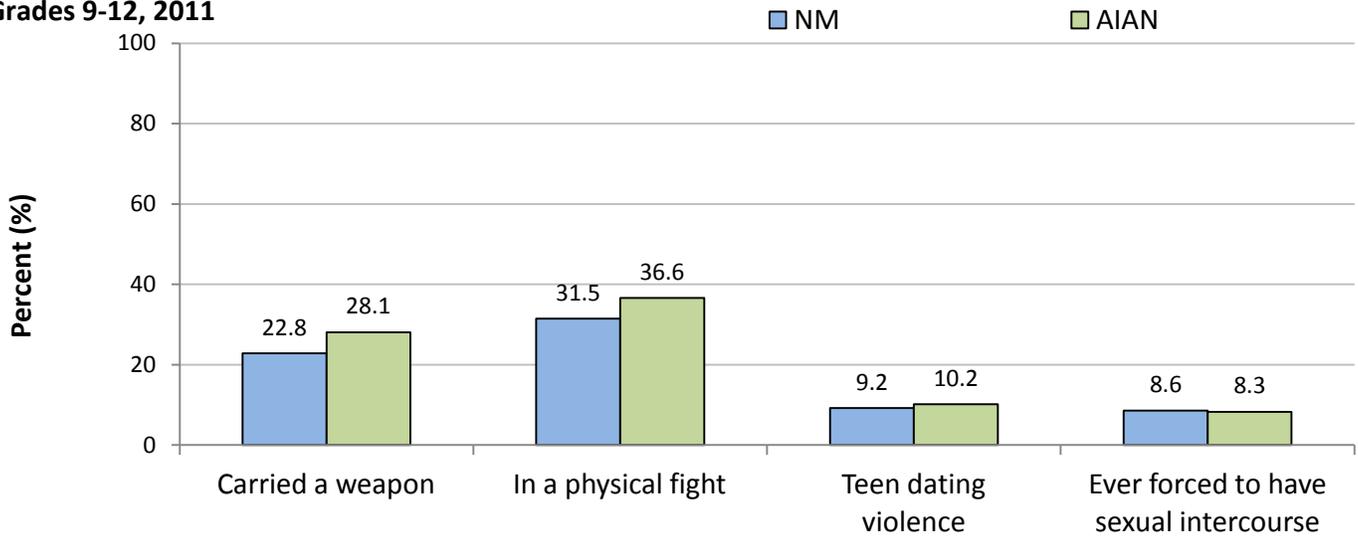


**Behaviors Associated with Injury: Behaviors Associated with Violence
by Year, American Indian Students
Grades 9-12, 2011**

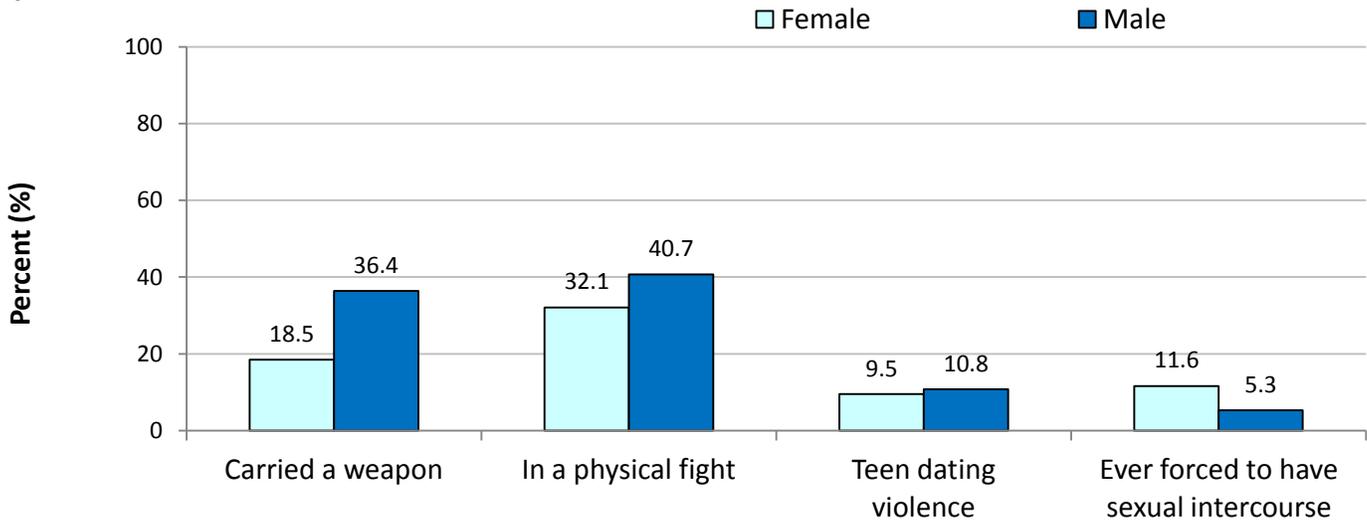


Injury: Behaviors Associated with Violence
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

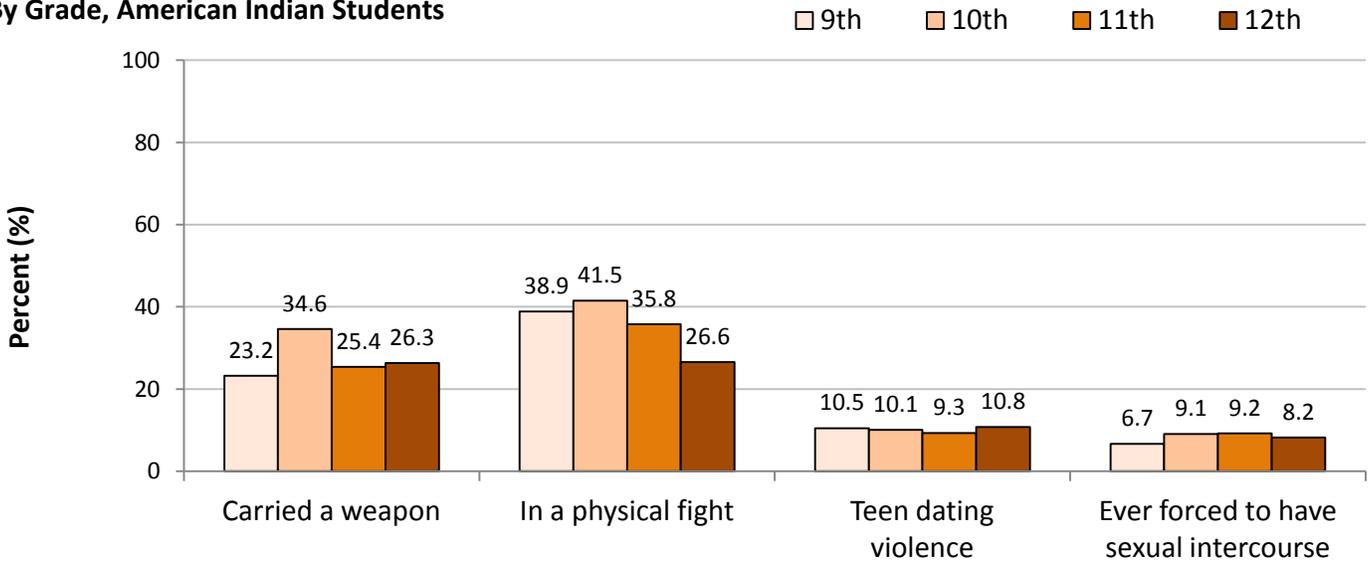
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

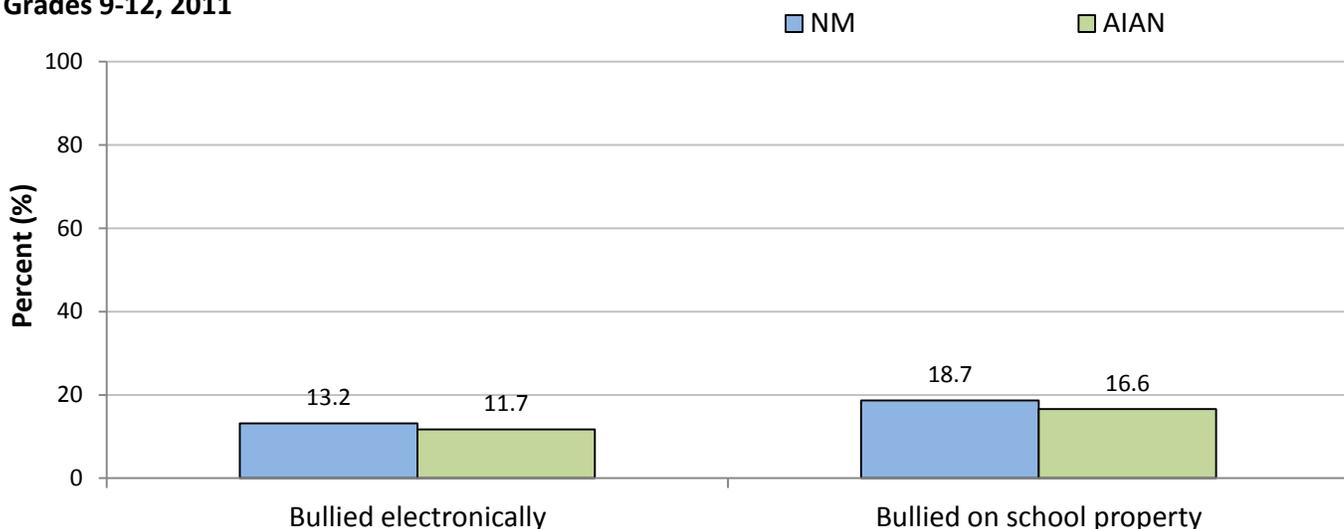


By Grade, American Indian Students

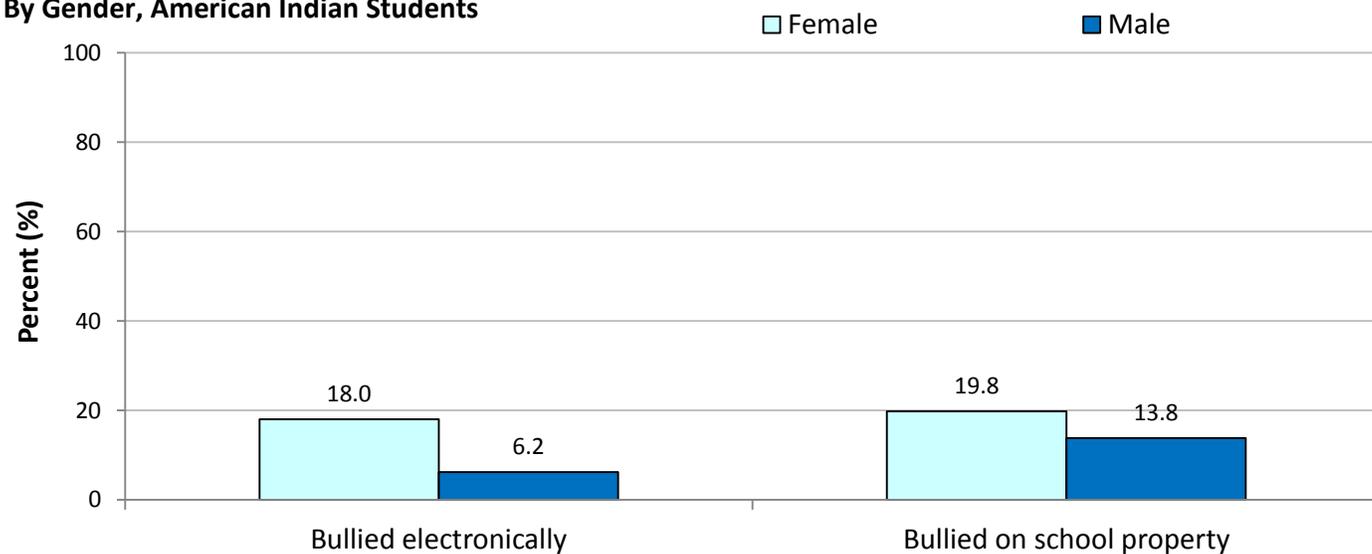


Injury: Behaviors Associated with Violence
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

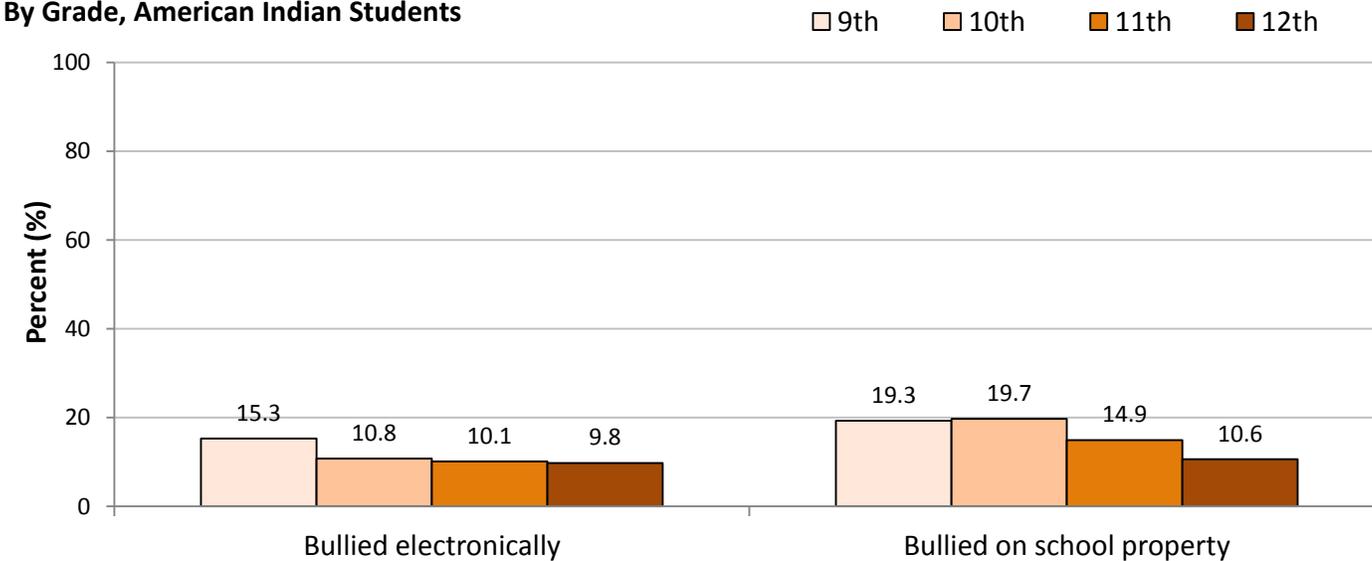
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

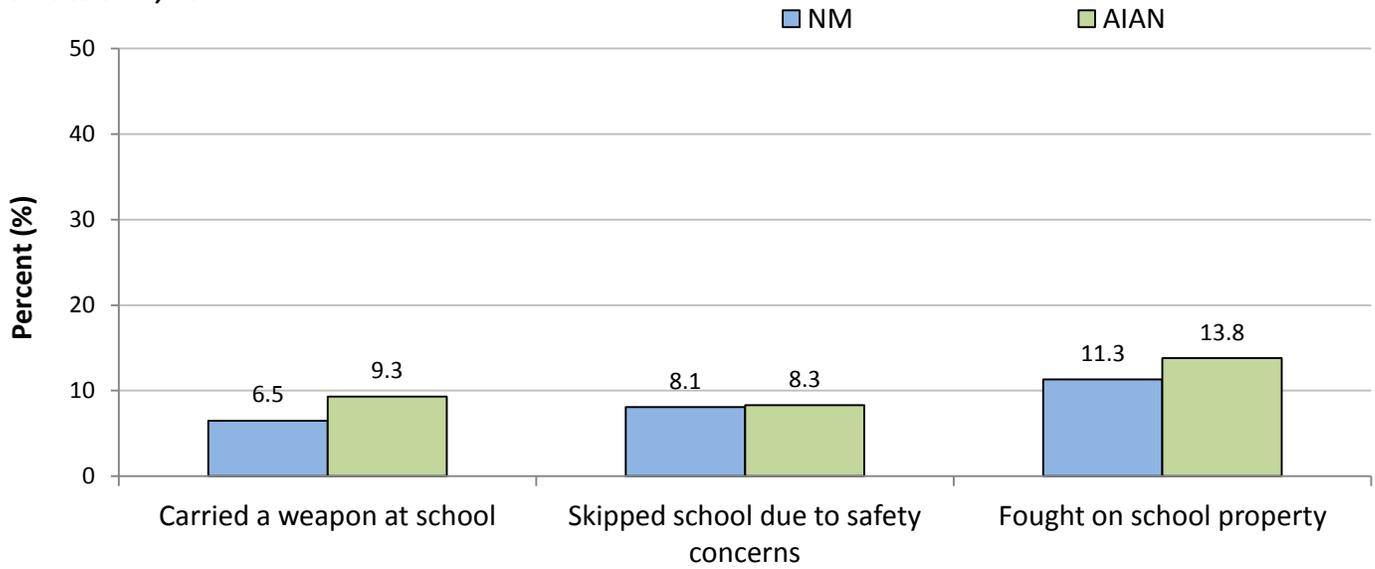


By Grade, American Indian Students

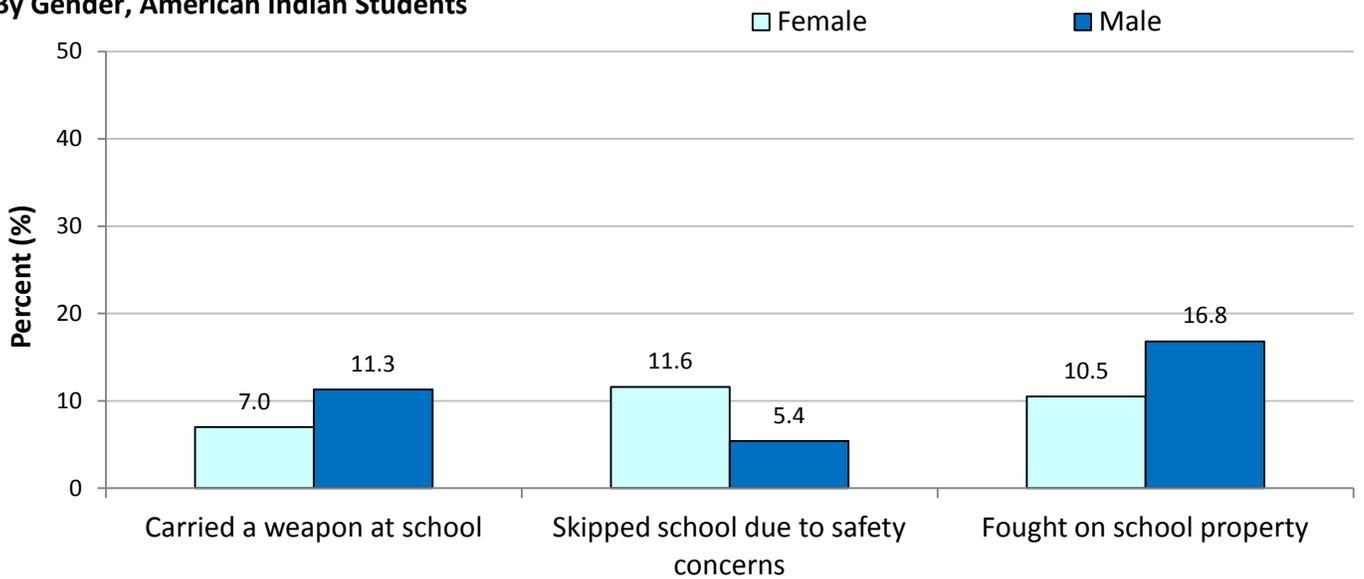


**Injury: Behaviors Associated with Violence and School
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011**

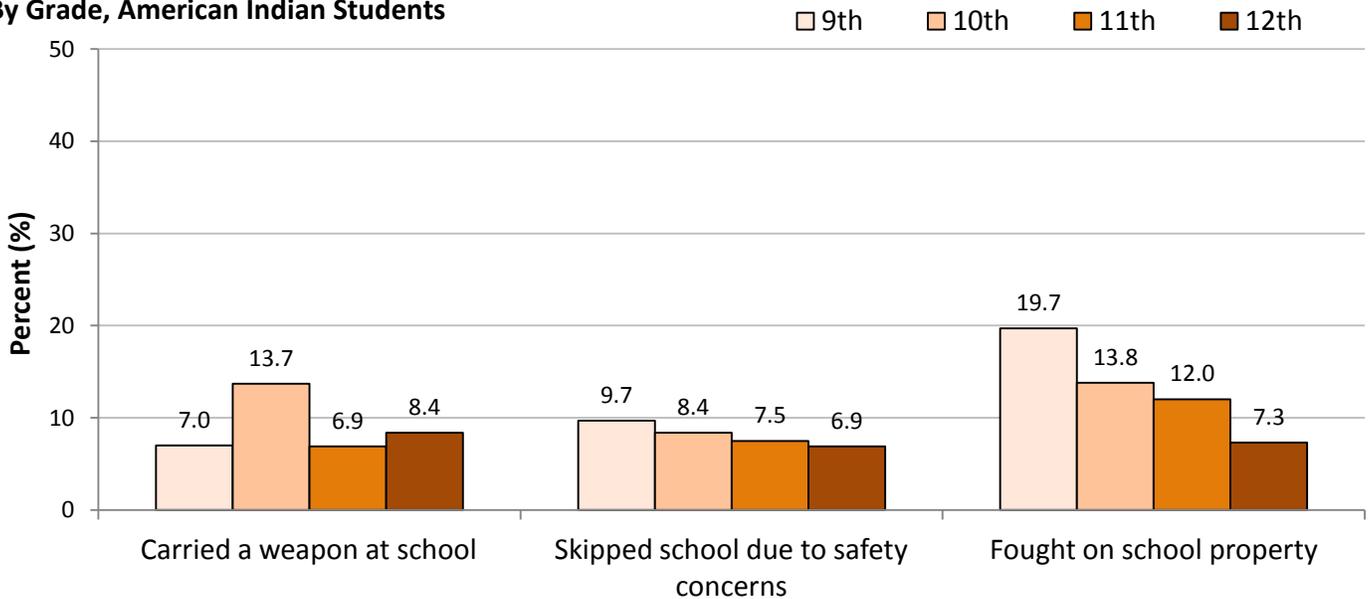
New Mexico 2011 YRRS
Grades 9 - 12



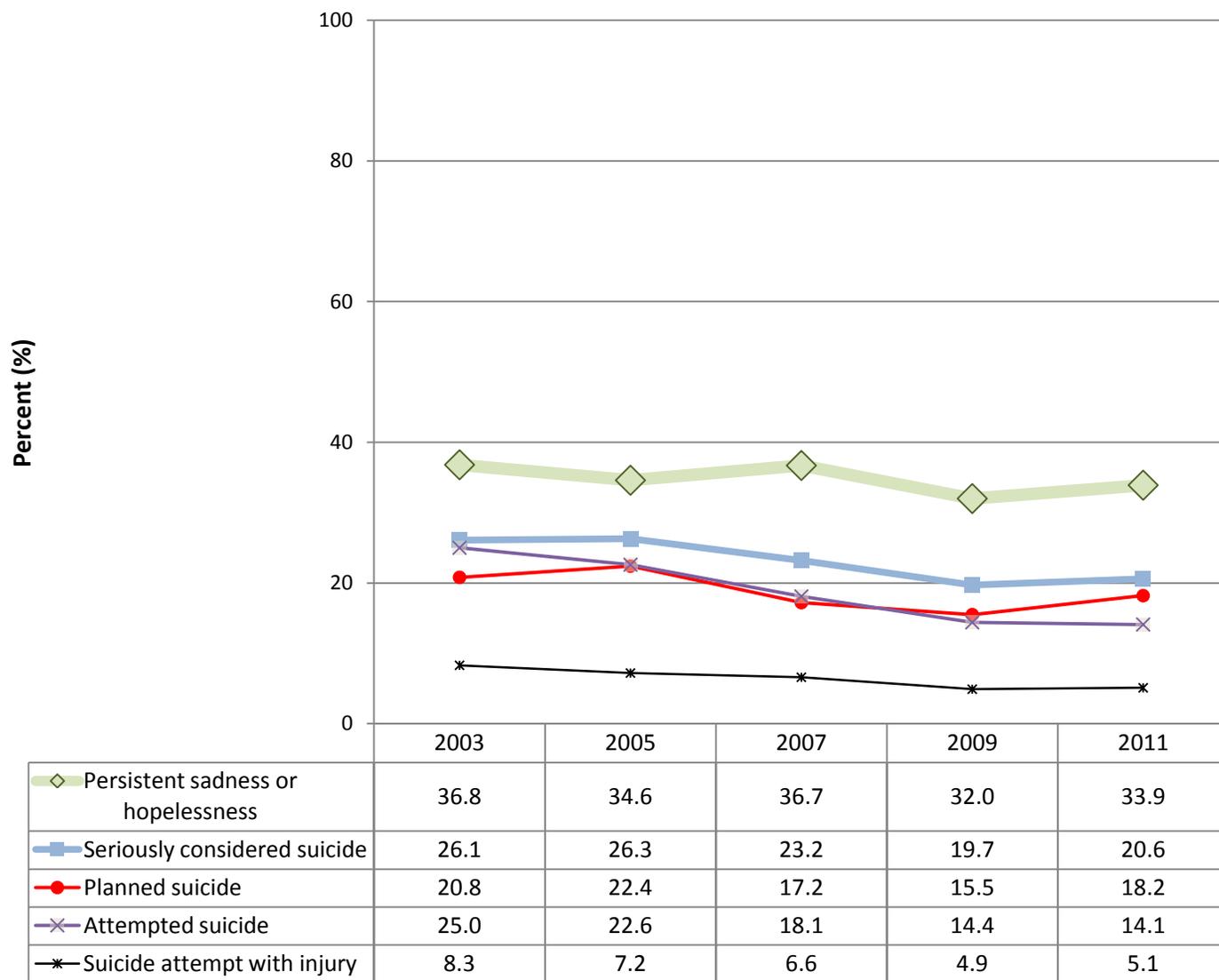
By Gender, American Indian Students



By Grade, American Indian Students



**Mental Health Indicators (past 12 months)
by Year, American Indian Students
Grades 9-12, 2011**

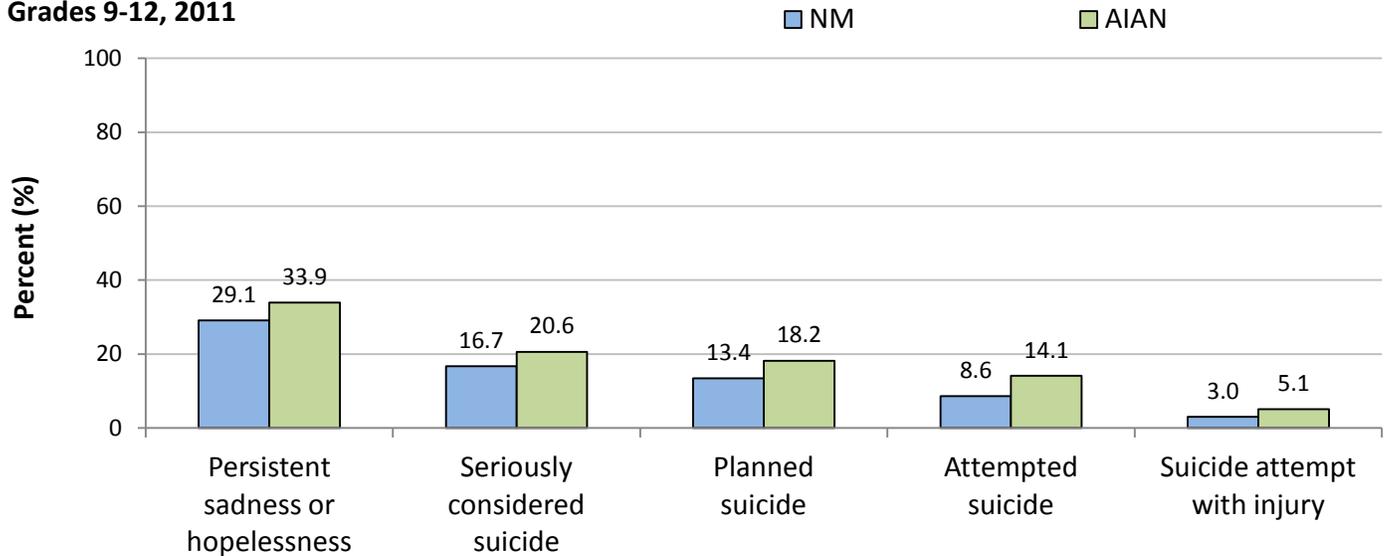


Mental Health

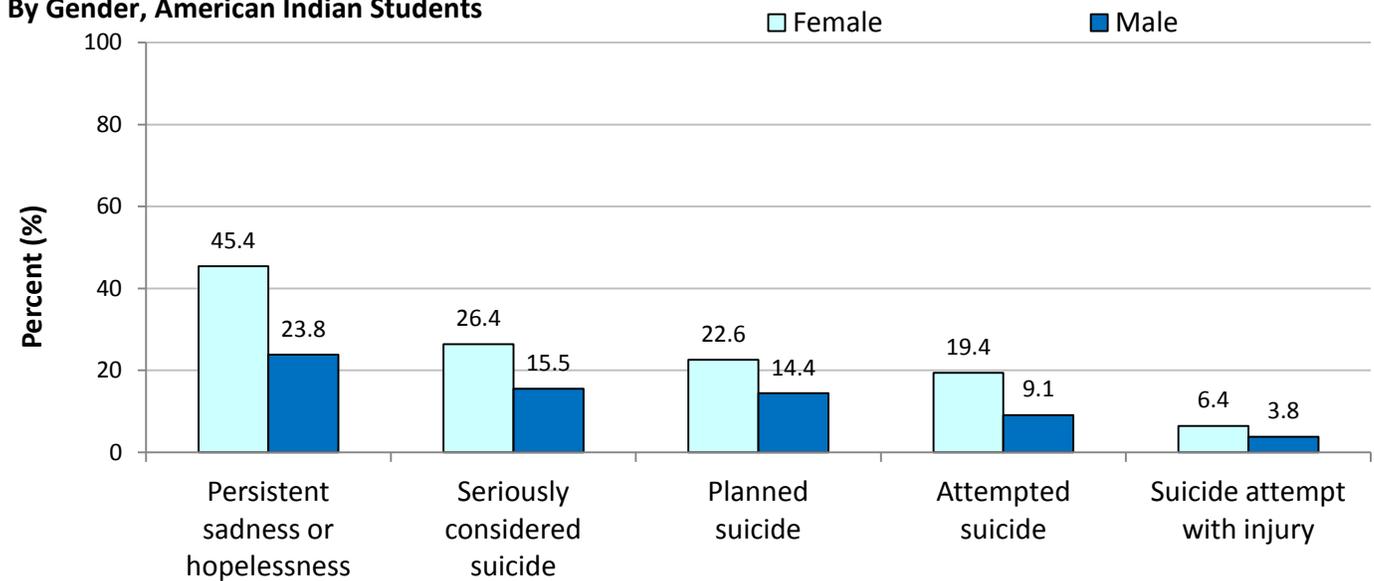
Mental Health Indicators (past 12 months)

New Mexico (all students) and American Indian Students (AIAN)

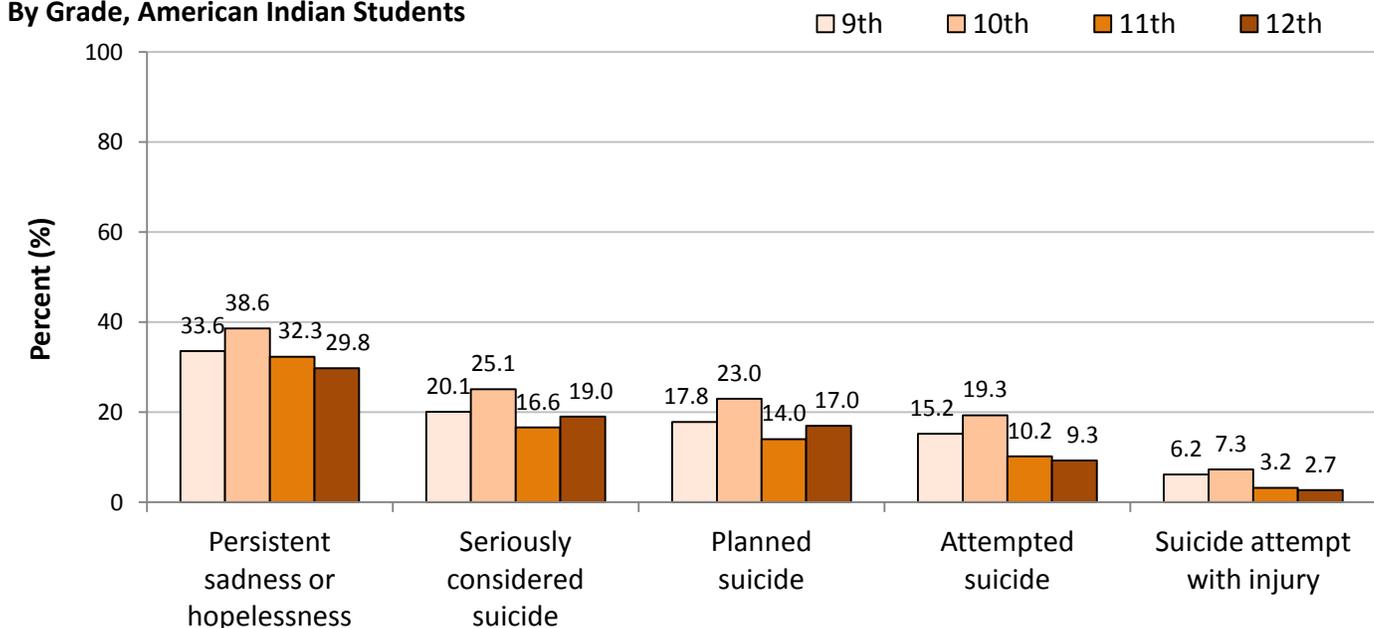
Grades 9-12, 2011



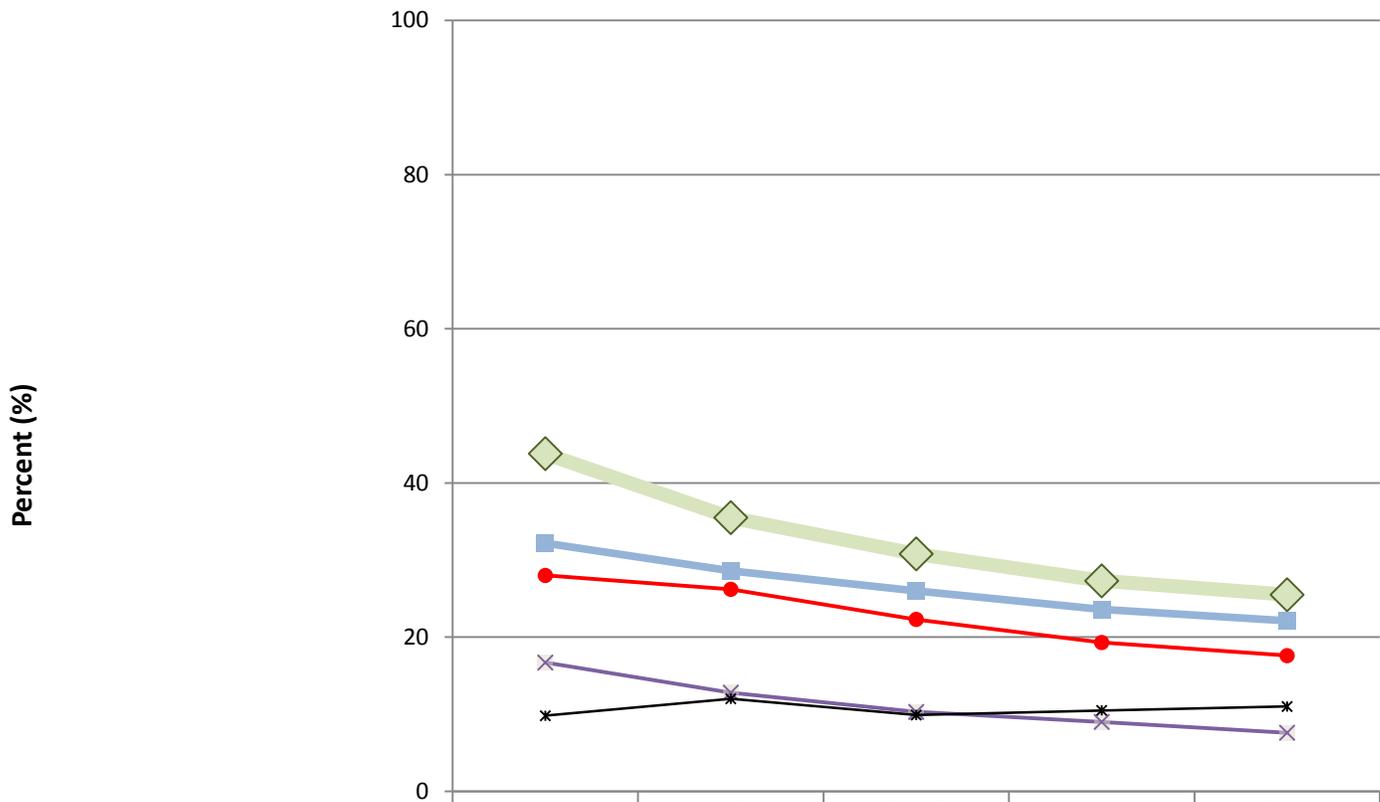
By Gender, American Indian Students



By Grade, American Indian Students



**Tobacco Use Indicators
by Year, American Indian Students
Grades 9-12, 2011**



	2003	2005	2007	2009	2011
◆ Current cigarette smoking	43.8	35.5	30.8	27.3	25.5
■ First smoked a cigarette before age 13	32.2	28.6	26.0	23.6	22.1
● Current cigar smoking	28.0	26.2	22.3	19.3	17.6
× Smoked cigarettes on school property	16.7	12.8	10.3	9.0	7.6
* Current spit tobacco use	9.8	12.0	9.9	10.5	11.0

Tobacco Use: Cigarettes

New Mexico 2011 YRRS

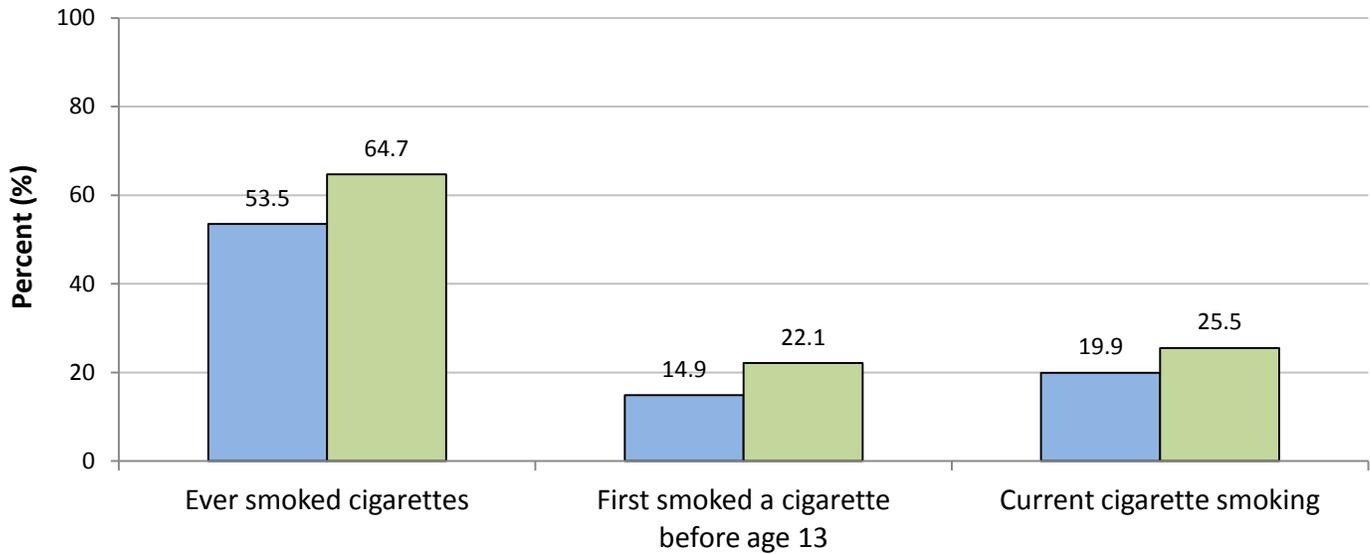
New Mexico (all students) and American Indian Students (AIAN)

Grades 9 - 12

Grades 9-12, 2011

■ NM

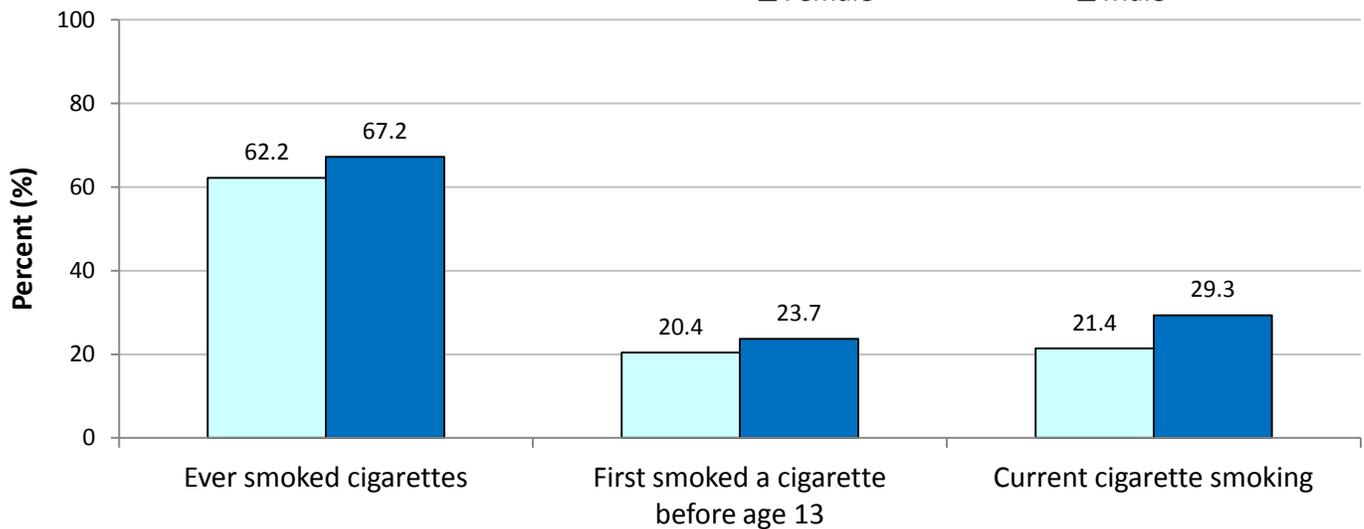
■ AIAN



By Gender, American Indian Students

■ Female

■ Male



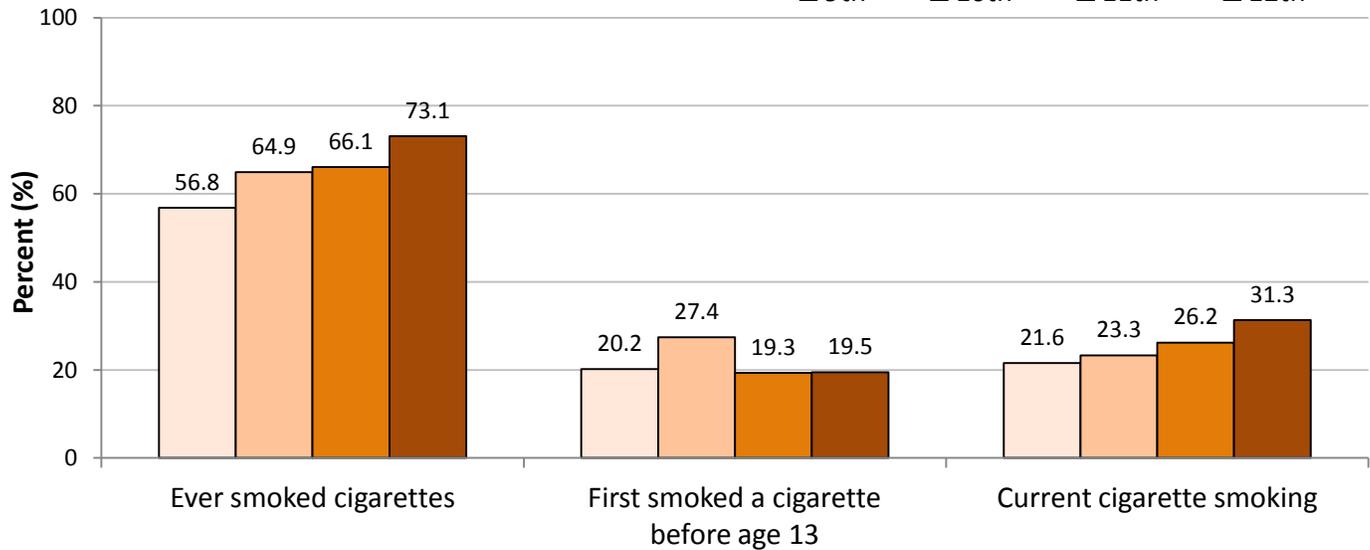
By Grade, American Indian Students

■ 9th

■ 10th

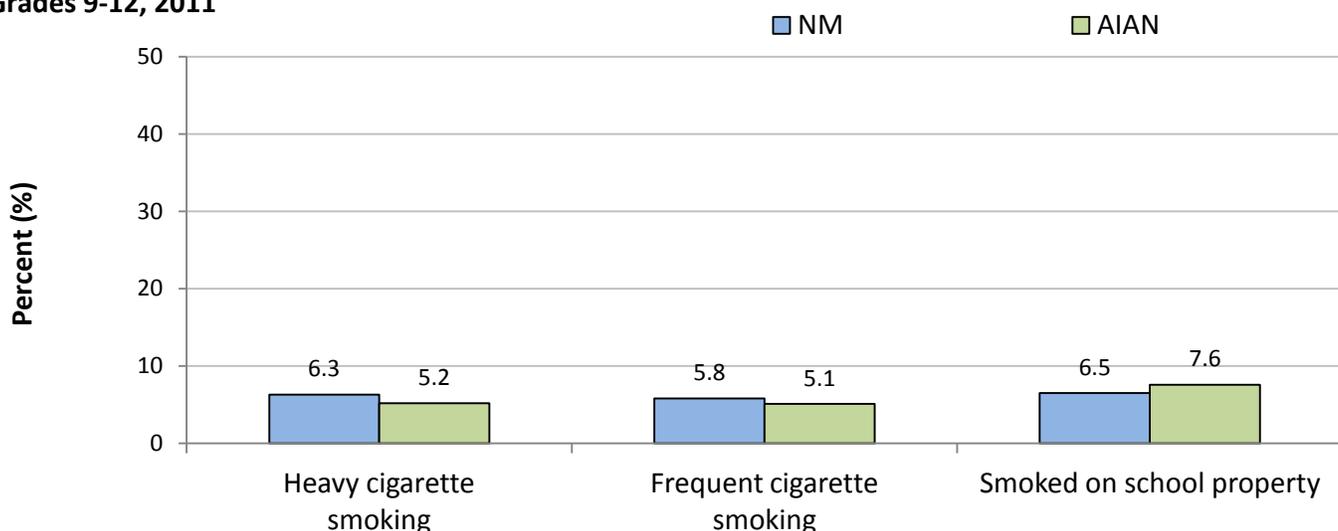
■ 11th

■ 12th

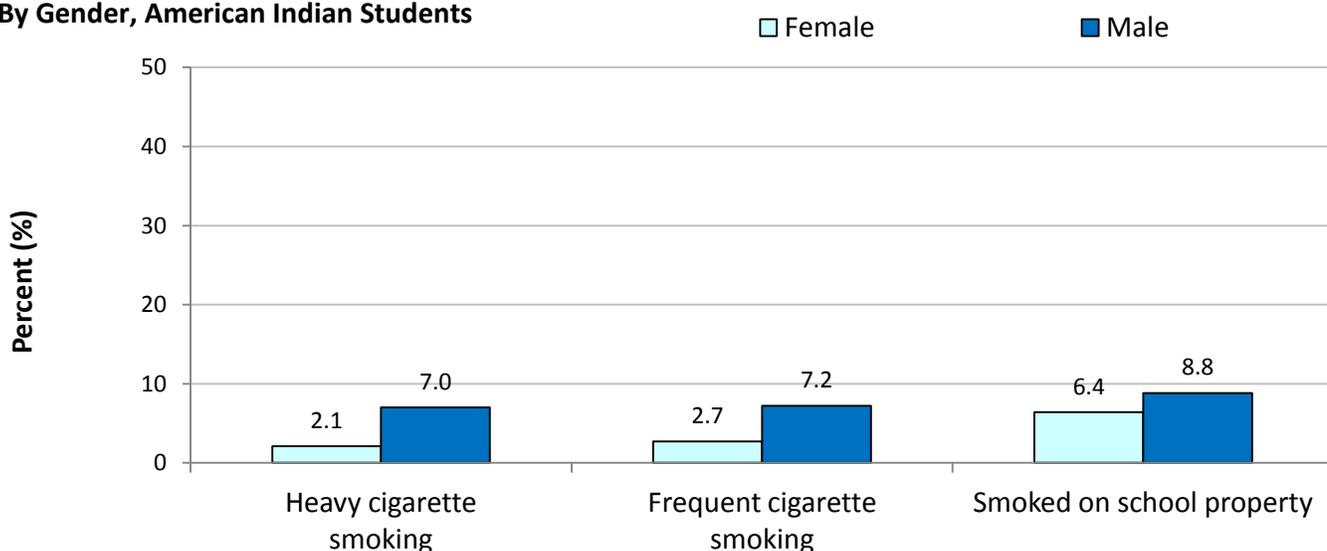


Tobacco Use: Cigarettes
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

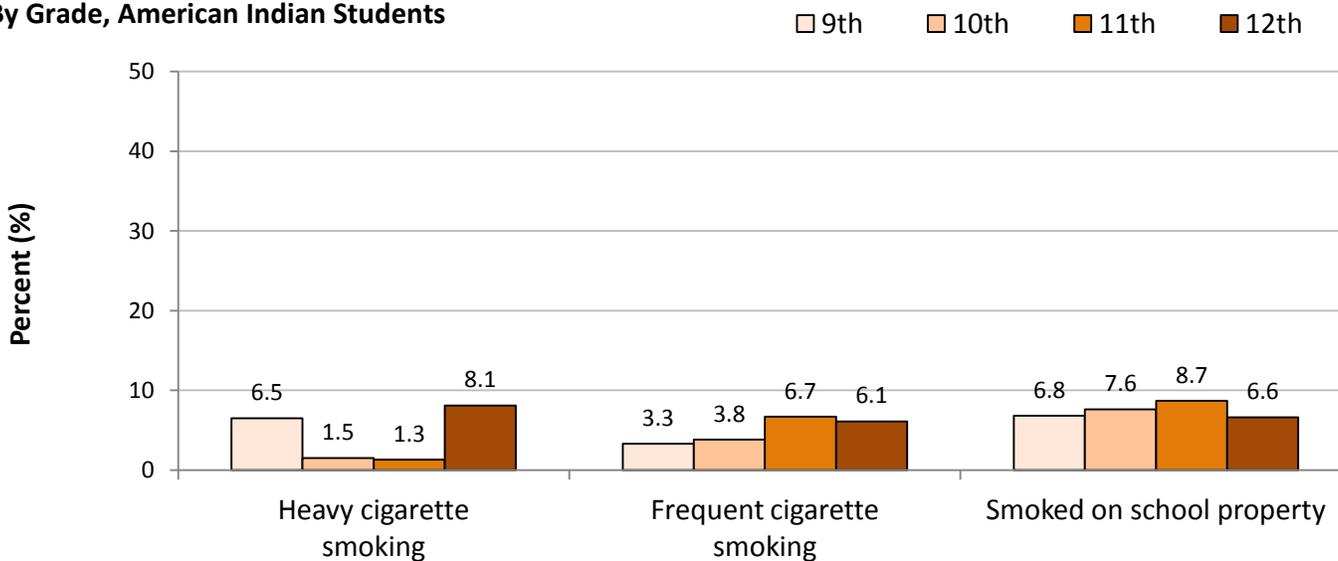
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students



By Grade, American Indian Students



Tobacco Use: Cigarettes

New Mexico 2011 YRRS

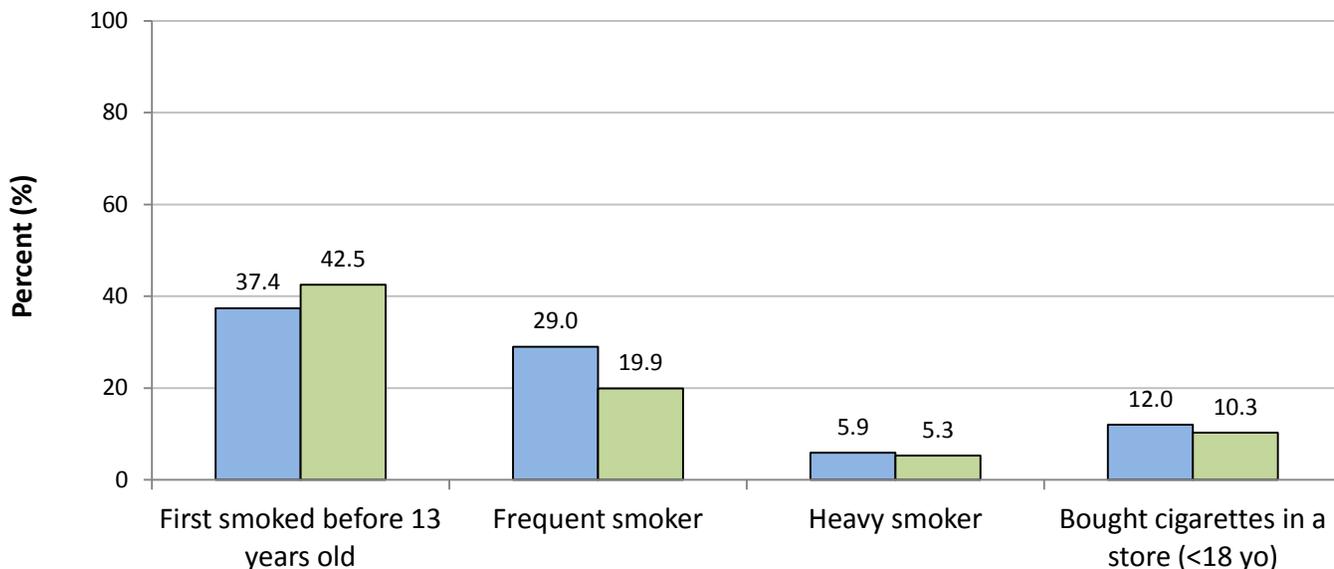
New Mexico (all students) and American Indian Students (AIAN)

Grades 9 - 12

Grades 9-12, 2011

■ NM

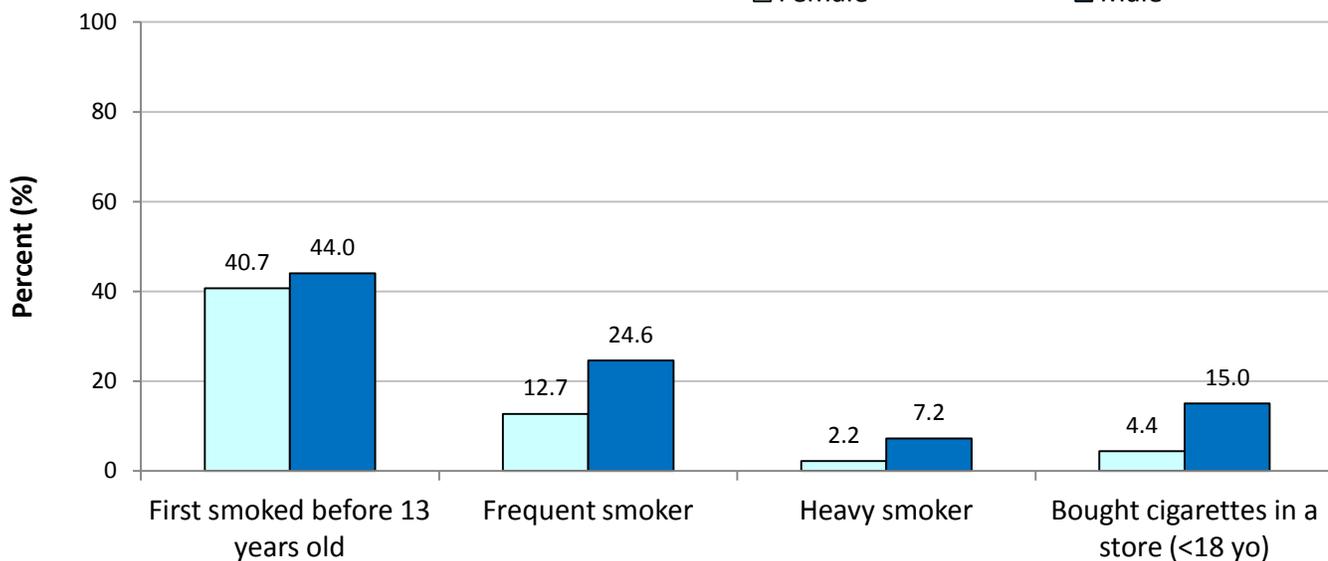
■ AIAN



By Gender, American Indian Students

■ Female

■ Male



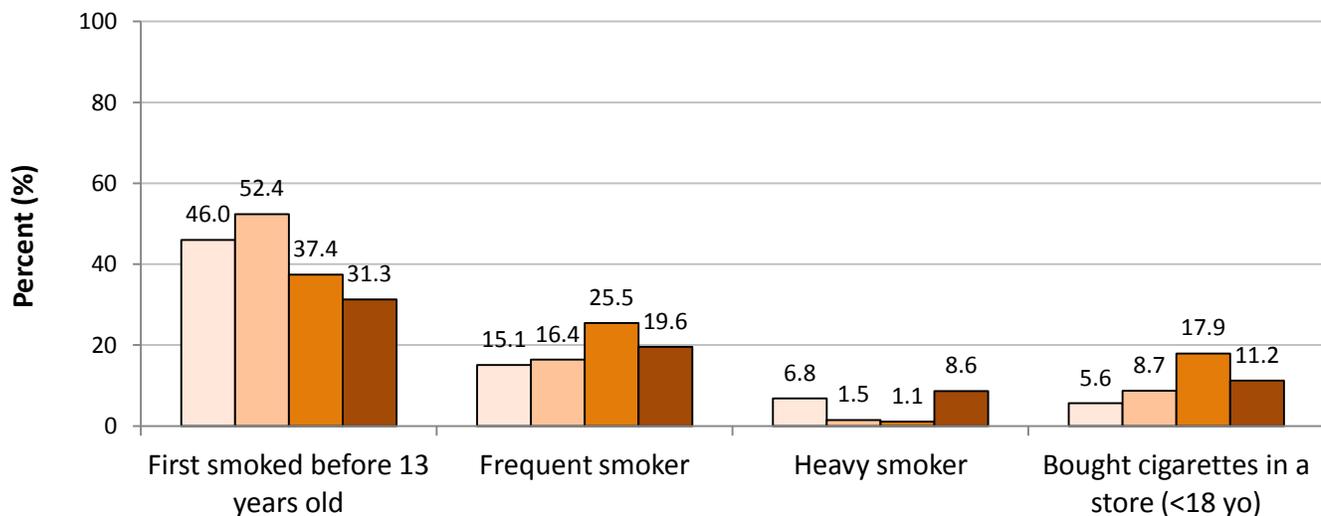
By Grade, American Indian Students

■ 9th

■ 10th

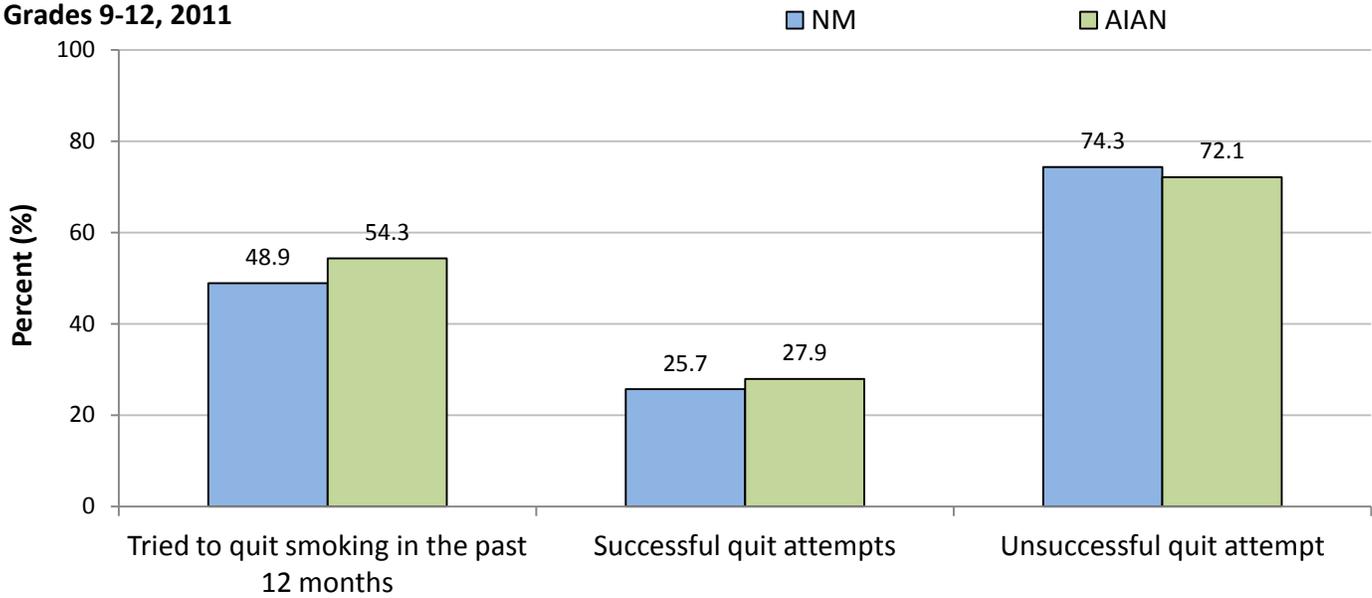
■ 11th

■ 12th

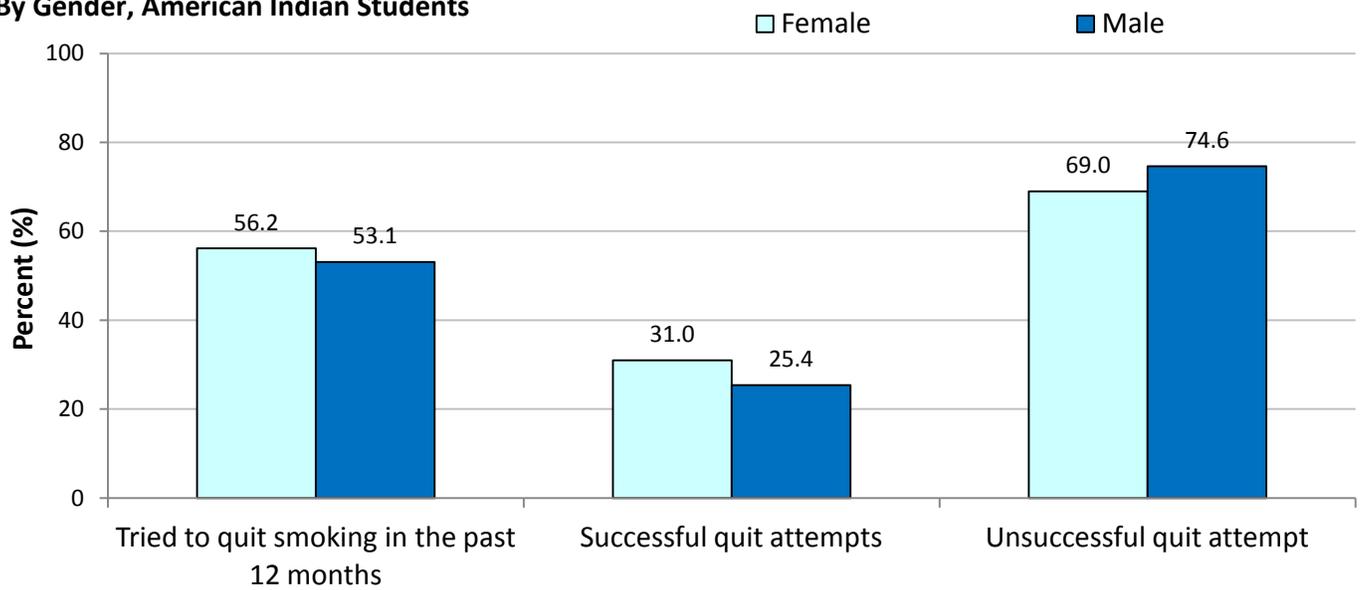


Tobacco Use: Behaviors of Current Cigarette Smokers
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

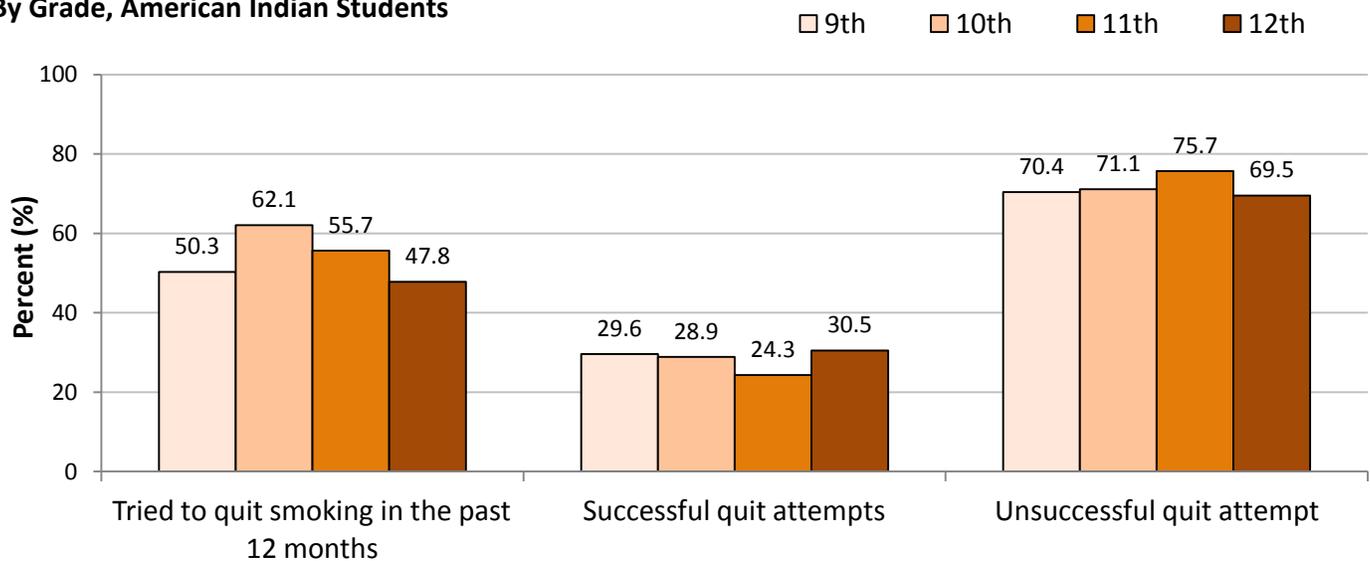
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students



By Grade, American Indian Students



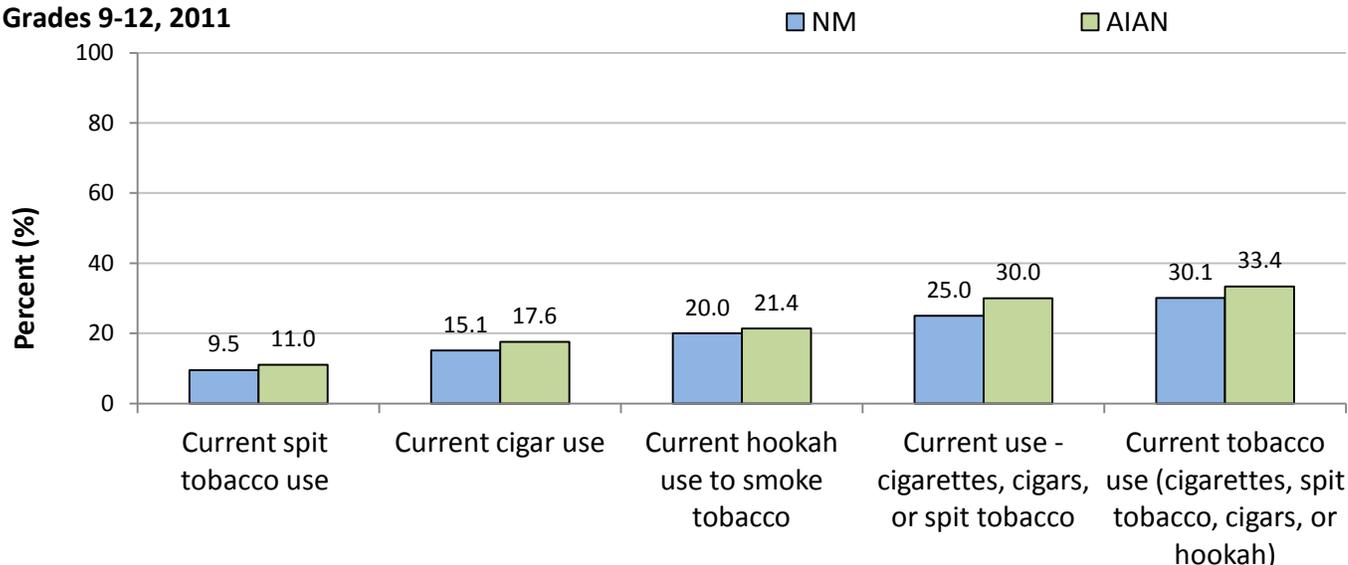
Tobacco: Other Use

New Mexico 2011 YRRS

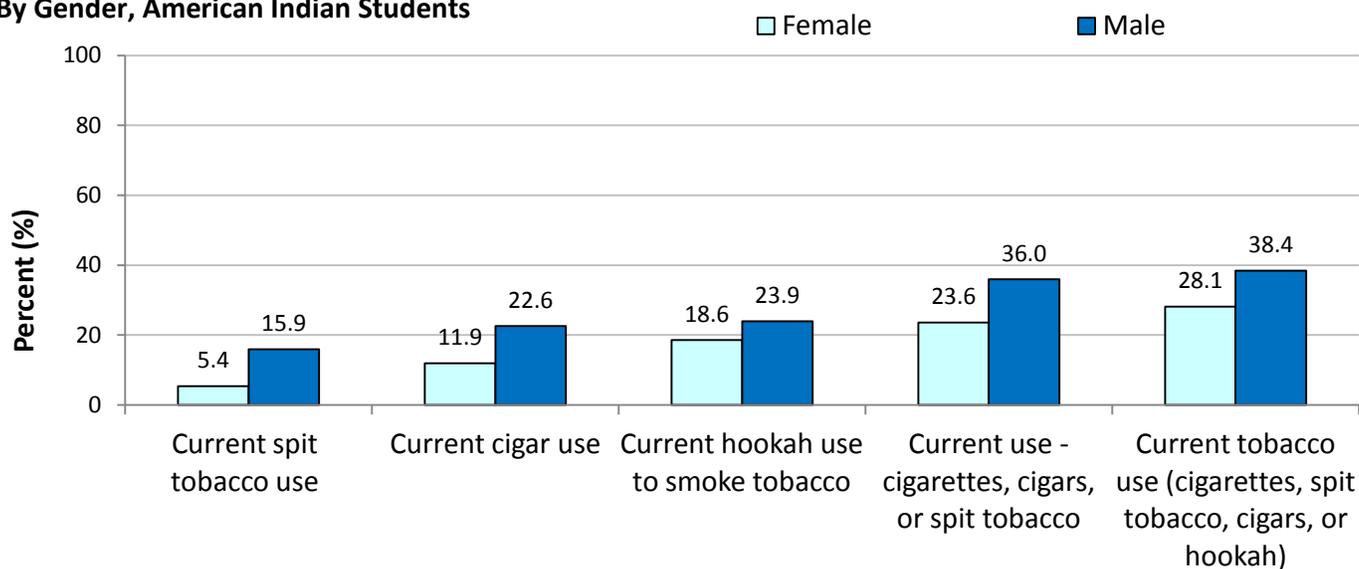
New Mexico (all students) and American Indian Students (AIAN)

Grades 9 - 12

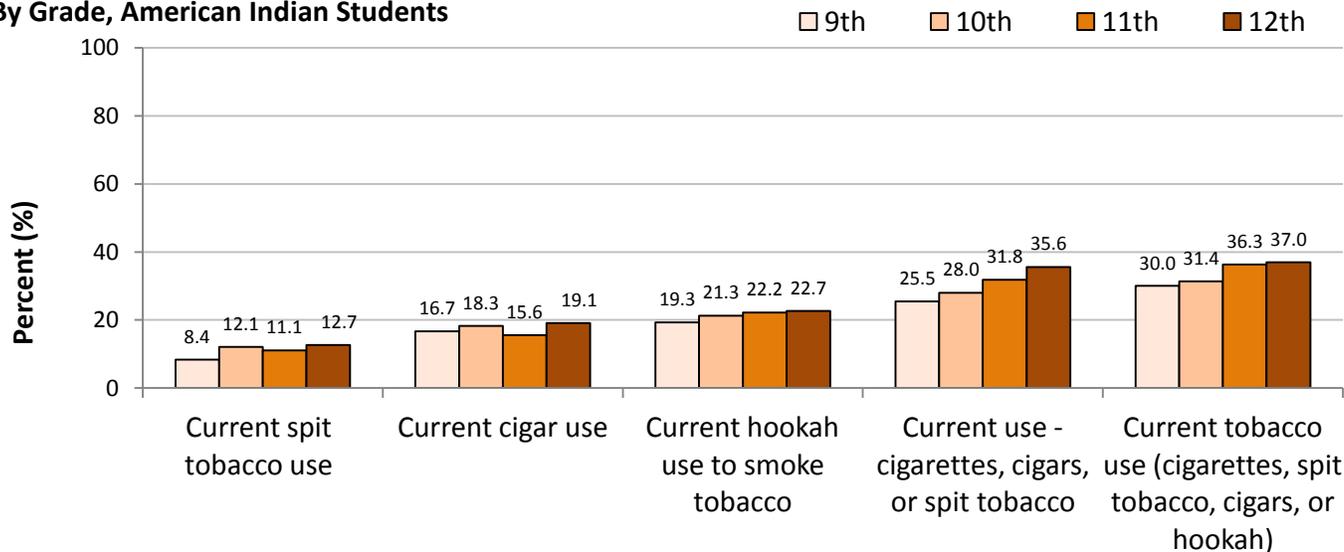
Grades 9-12, 2011



By Gender, American Indian Students

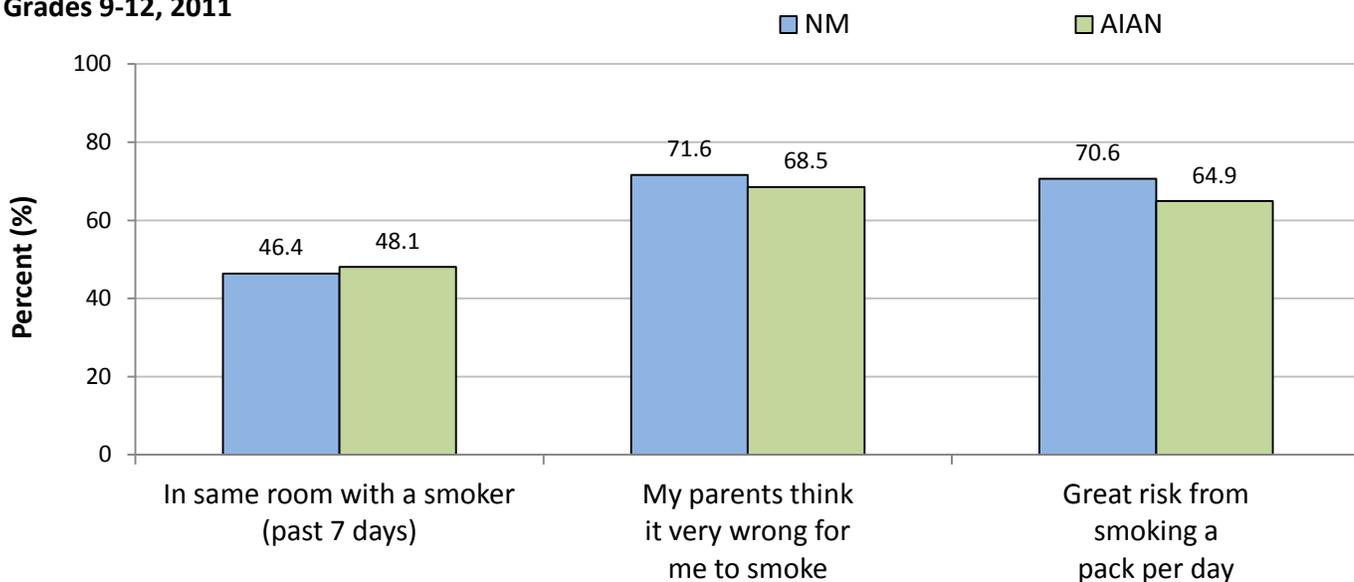


By Grade, American Indian Students

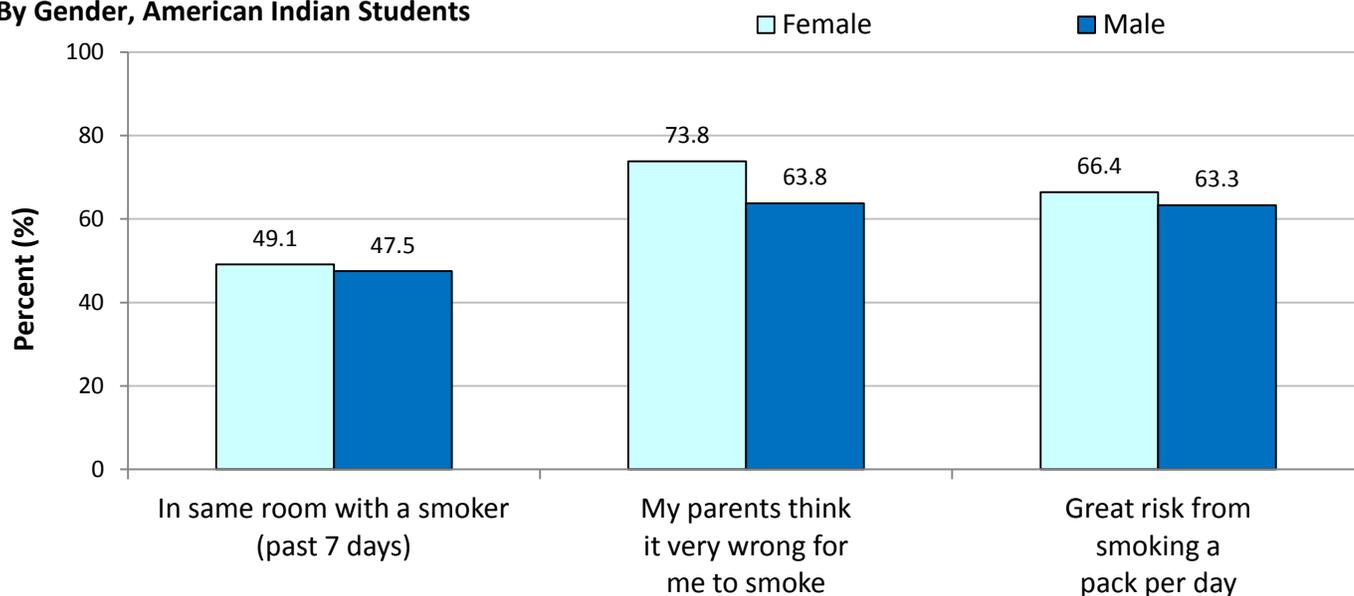


Tobacco: Second Hand Smoke and Attitudes and Beliefs
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

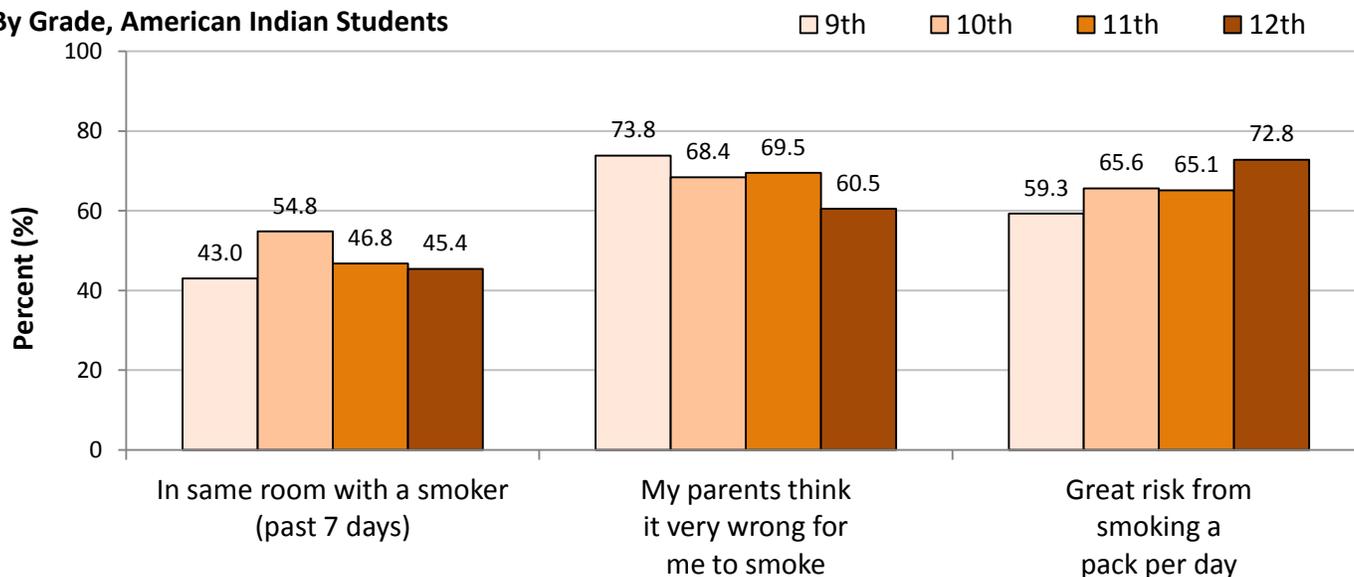
New Mexico 2011 YRRS
 Grades 9 - 12



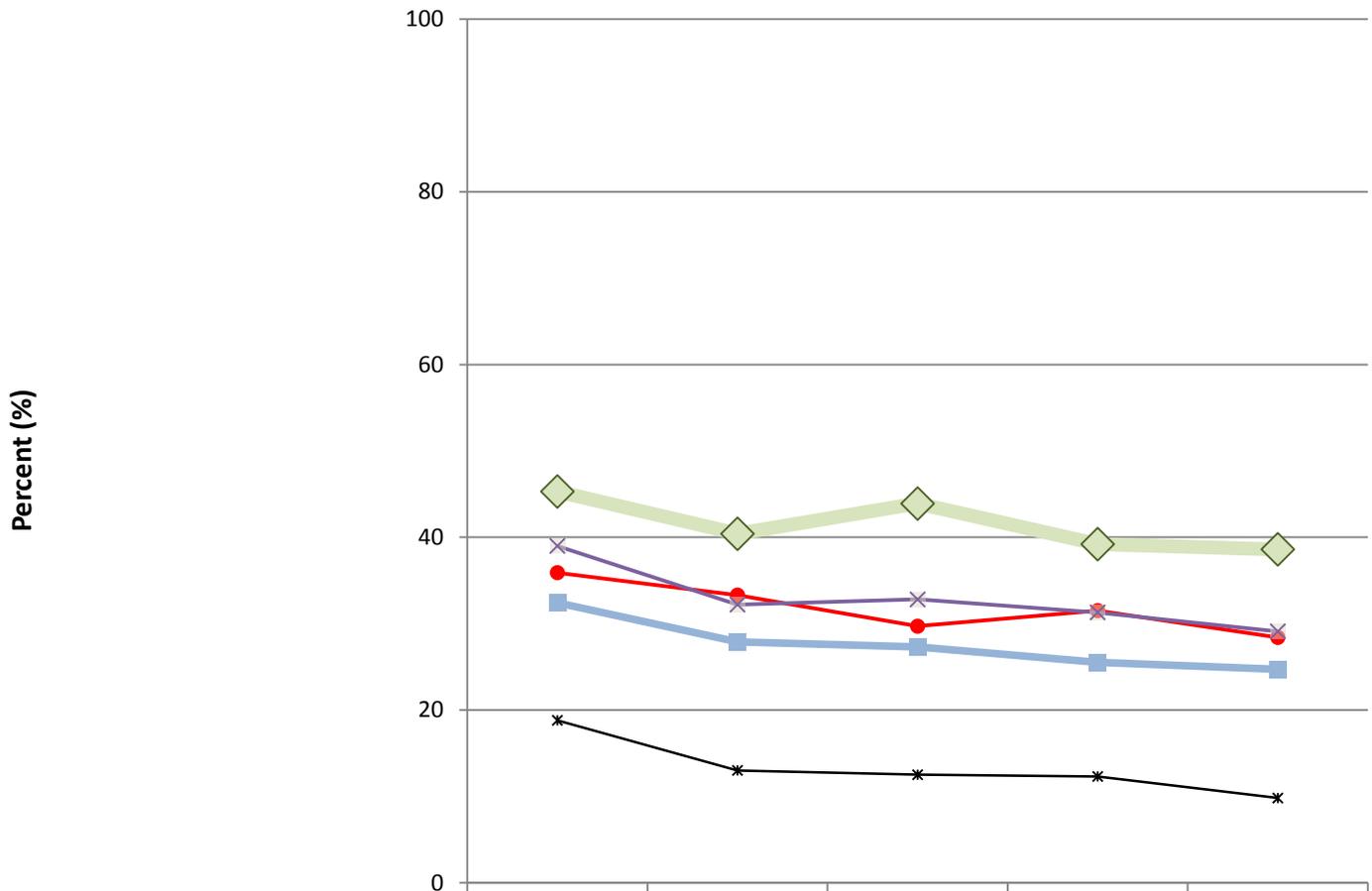
By Gender, American Indian Students



By Grade, American Indian Students



**Alcohol Use Indicators
by Year, American Indian Students
Grades 9-12, 2011**



	2003	2005	2007	2009	2011
Current alcohol use	45.3	40.4	43.9	39.2	38.6
Binge drinking	32.4	27.9	27.3	25.5	24.7
First drank alcohol before age 13	35.9	33.3	29.7	31.5	28.4
Rode with a drinking driver	39.0	32.2	32.8	31.3	29.1
Drinking and driving	18.8	13.0	12.5	12.3	9.8

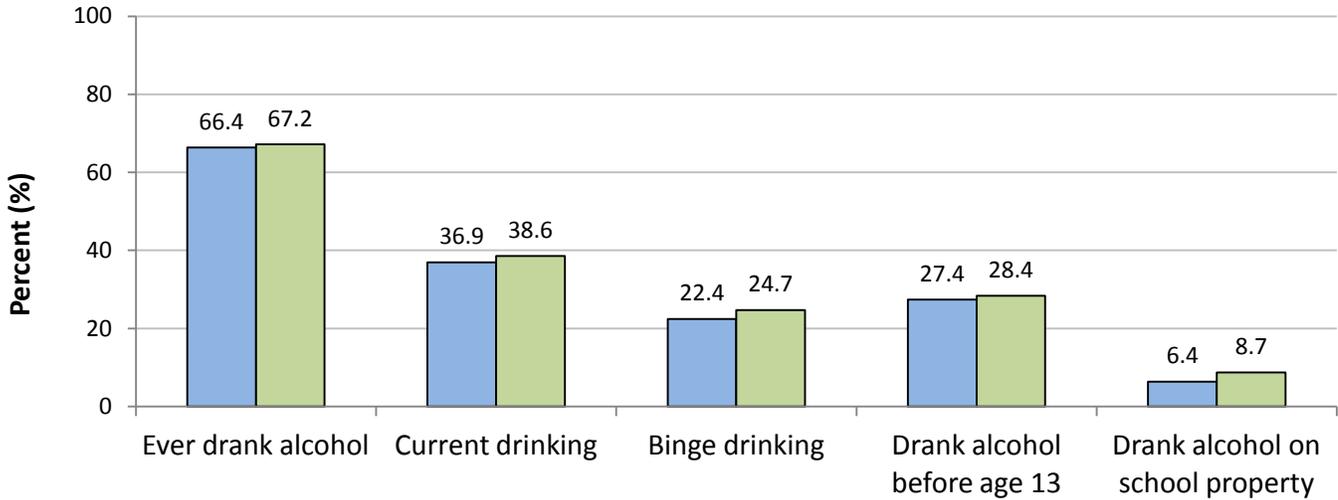
Alcohol Use

New Mexico (all students) and American Indian Students (AIAN)

Grades 9-12, 2011

■ NM

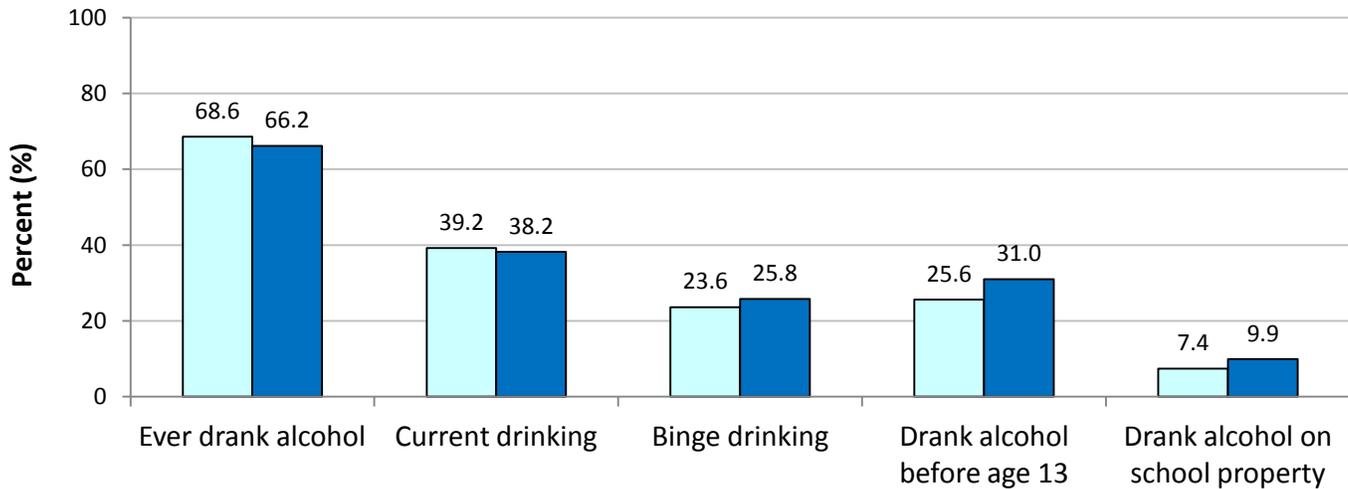
■ AIAN



By Gender, American Indian Students

■ Female

■ Male



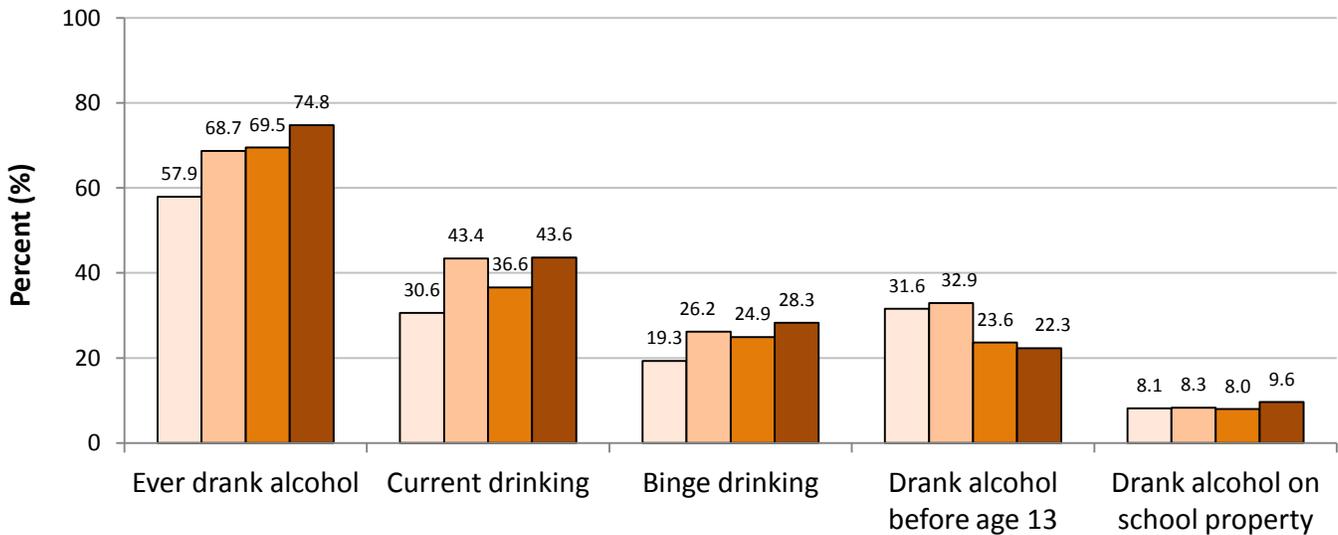
By Grade, American Indian Students

■ 9th

■ 10th

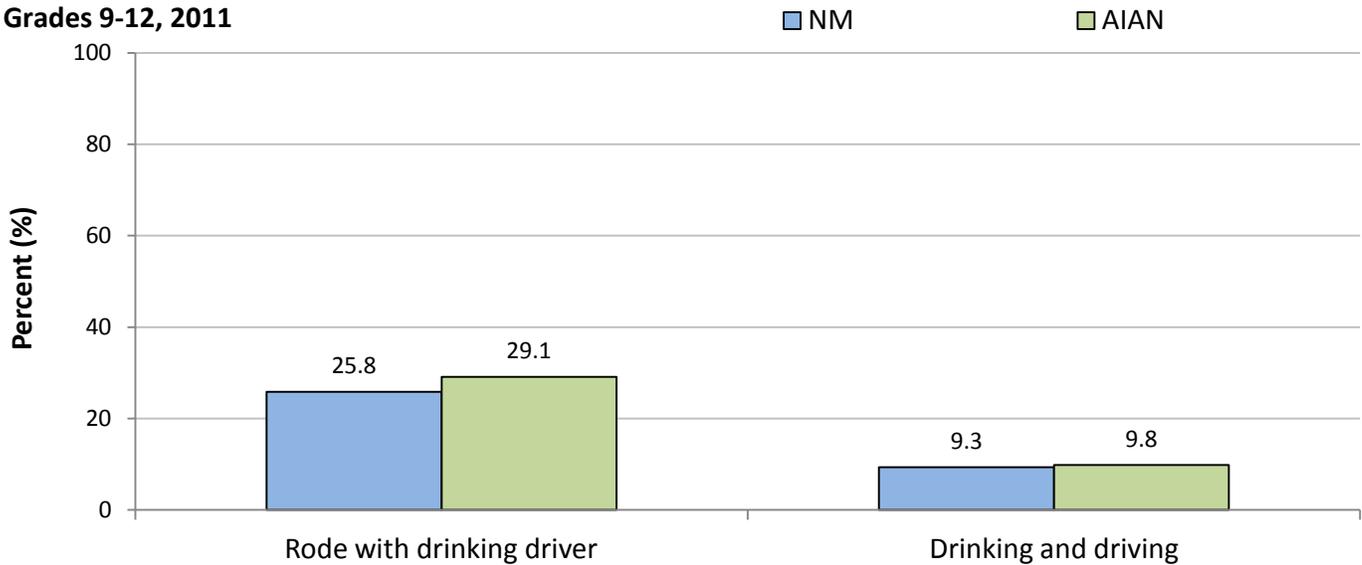
■ 11th

■ 12th

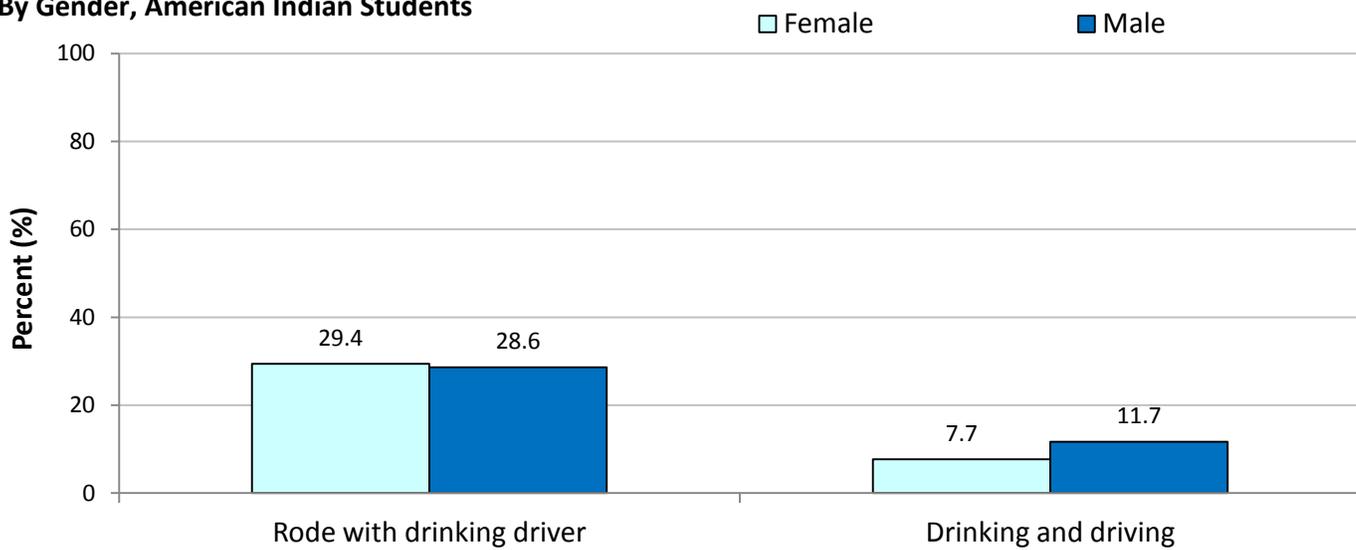


Alcohol & Injury
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

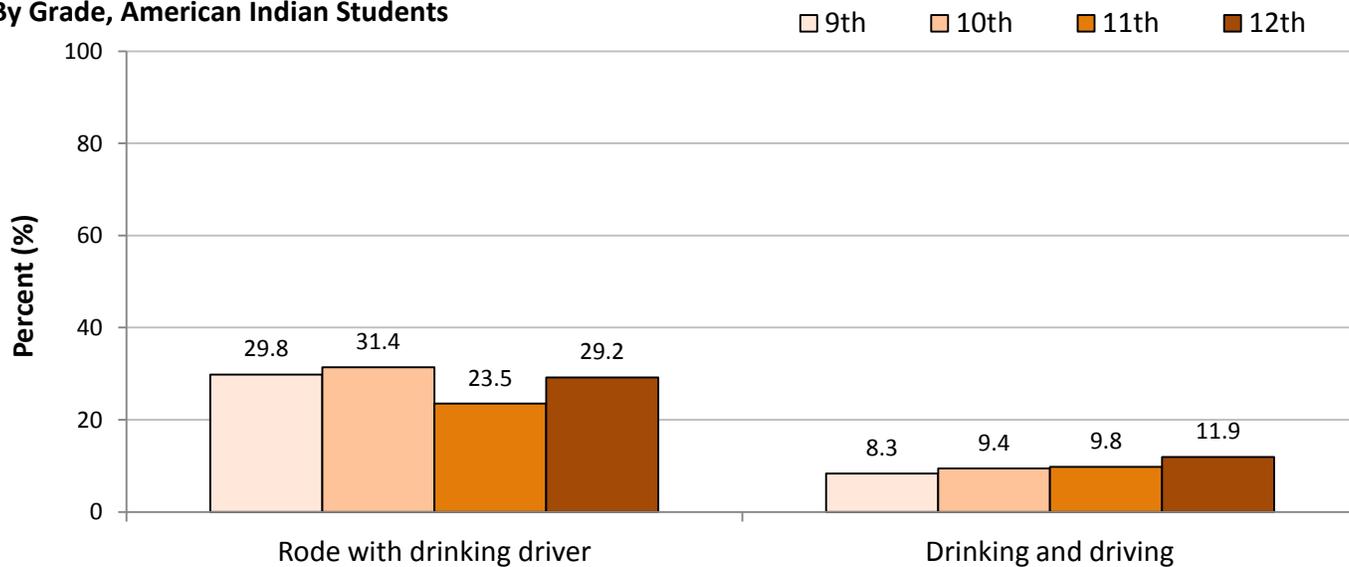
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

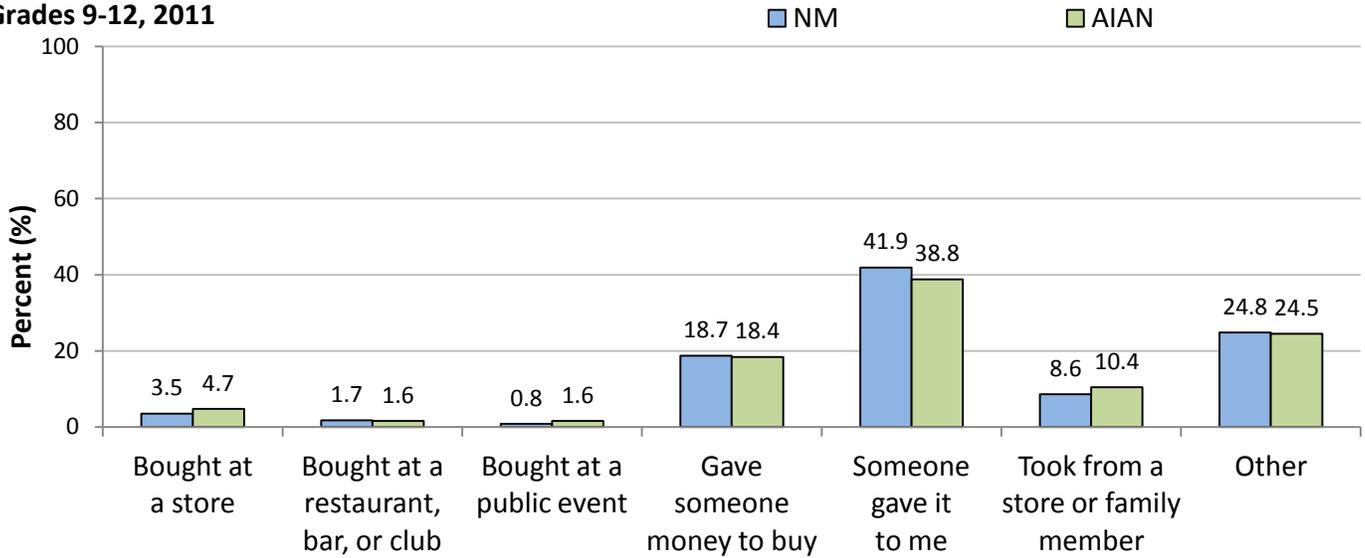


By Grade, American Indian Students

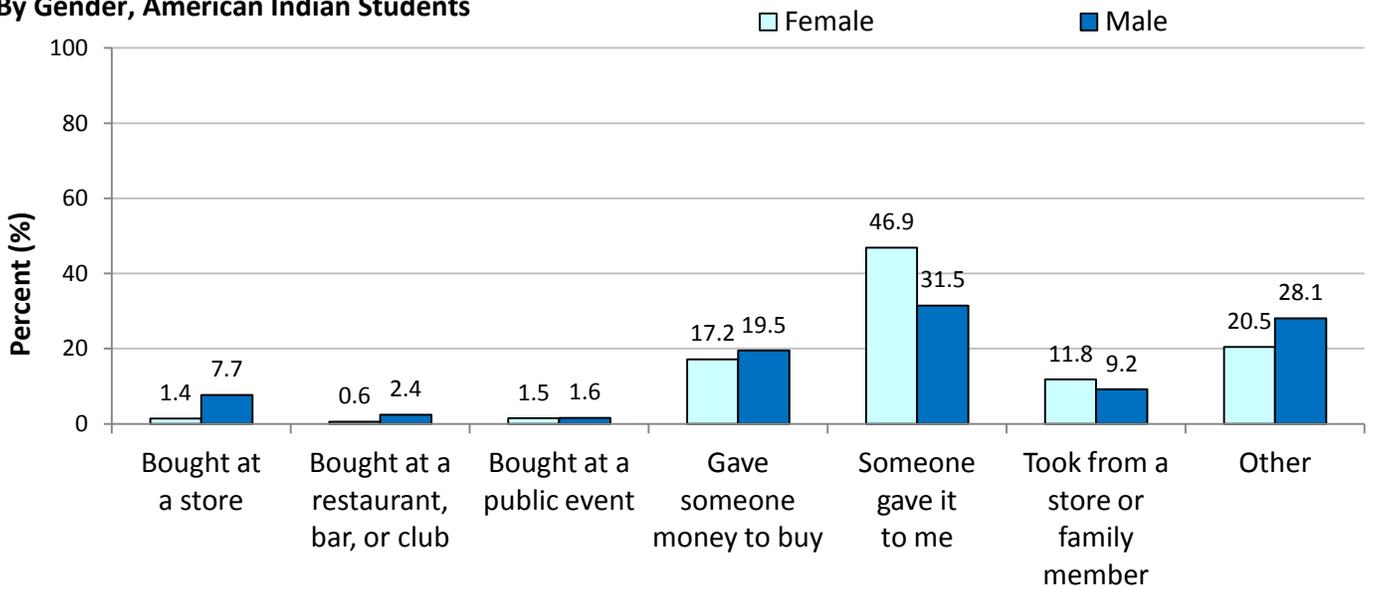


Behaviors of Current Drinkers: How usually obtained alcohol
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

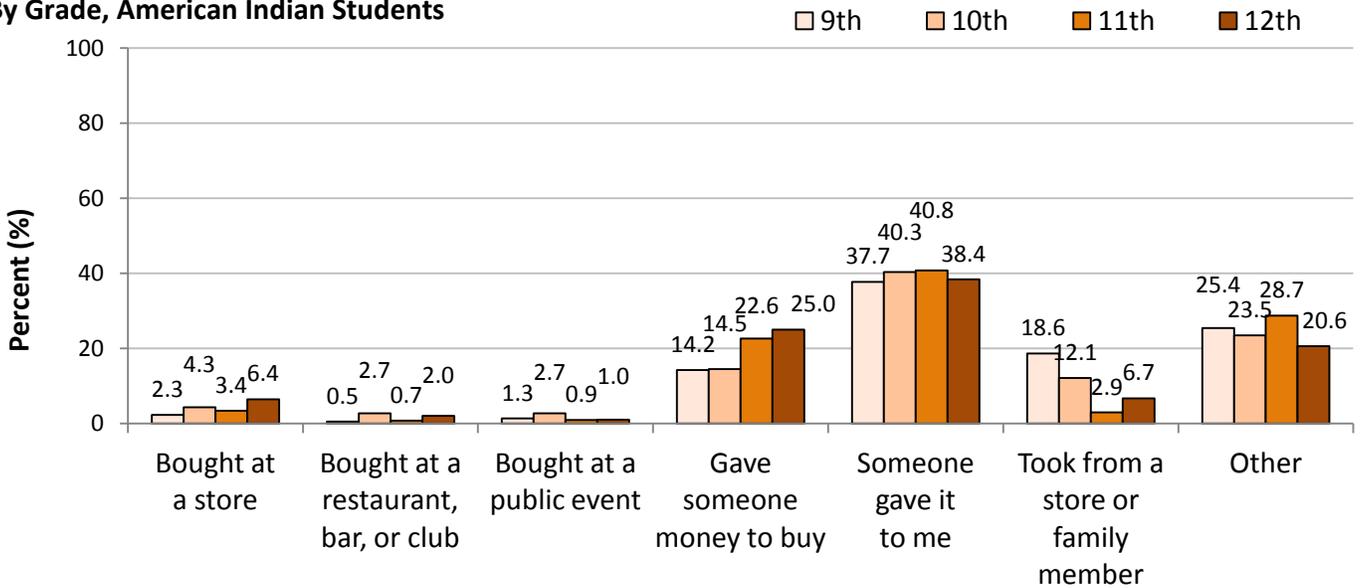
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

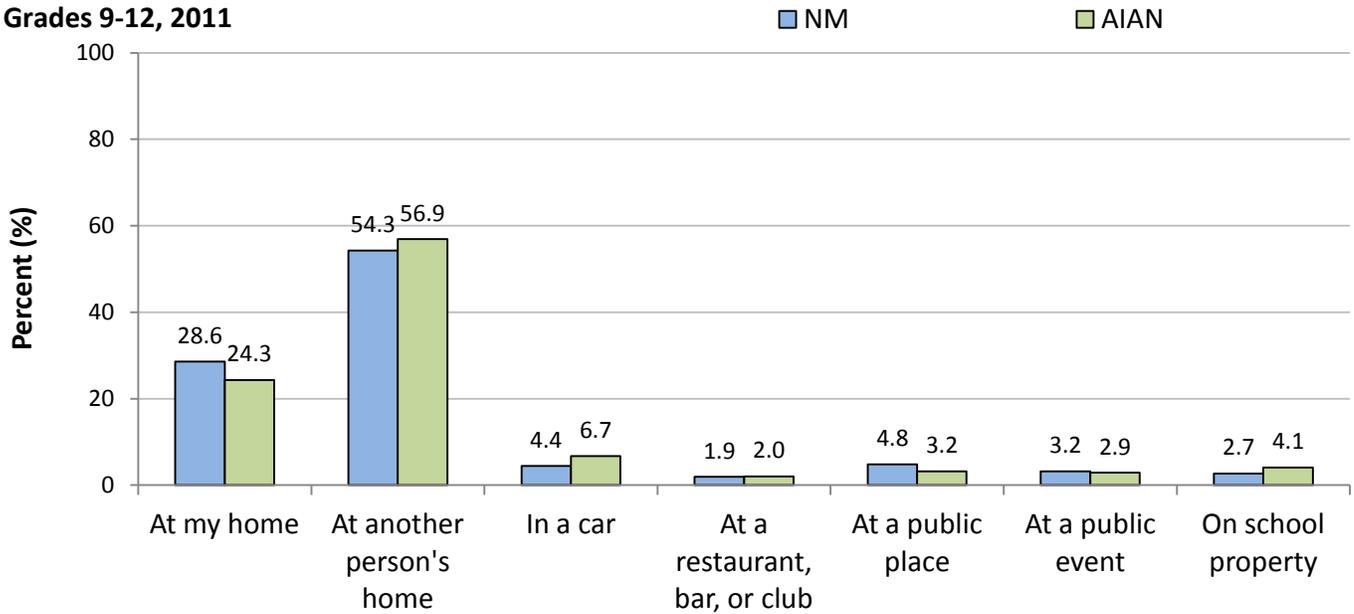


By Grade, American Indian Students

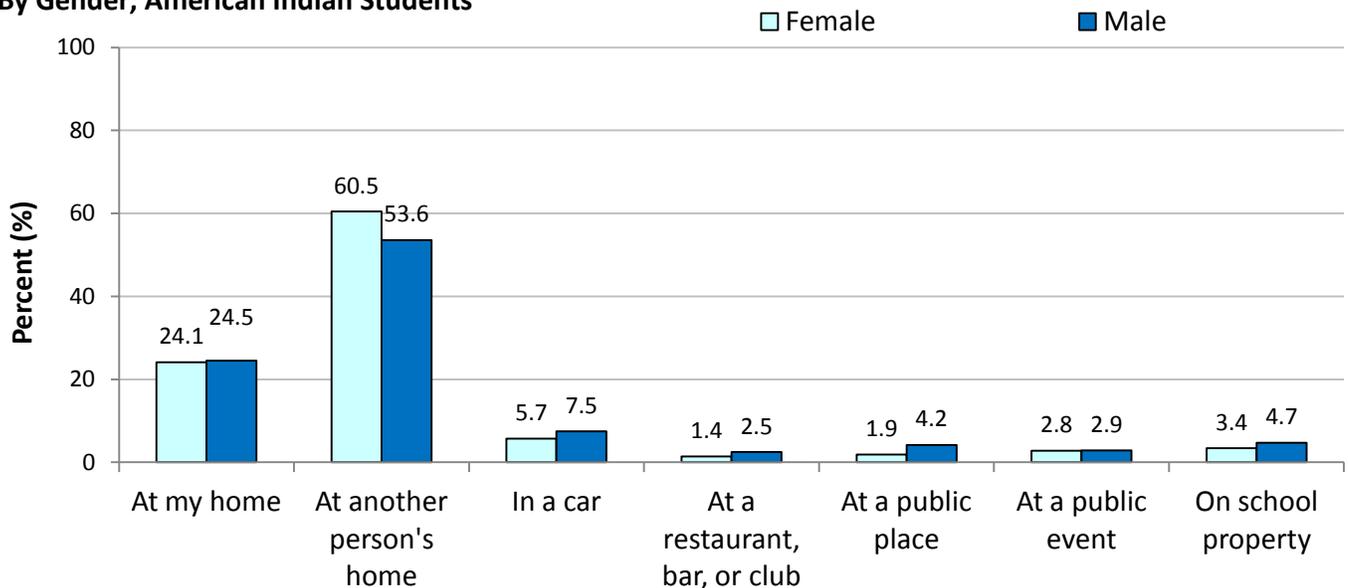


Behaviors of Current Drinkers: Where usually drank alcohol
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

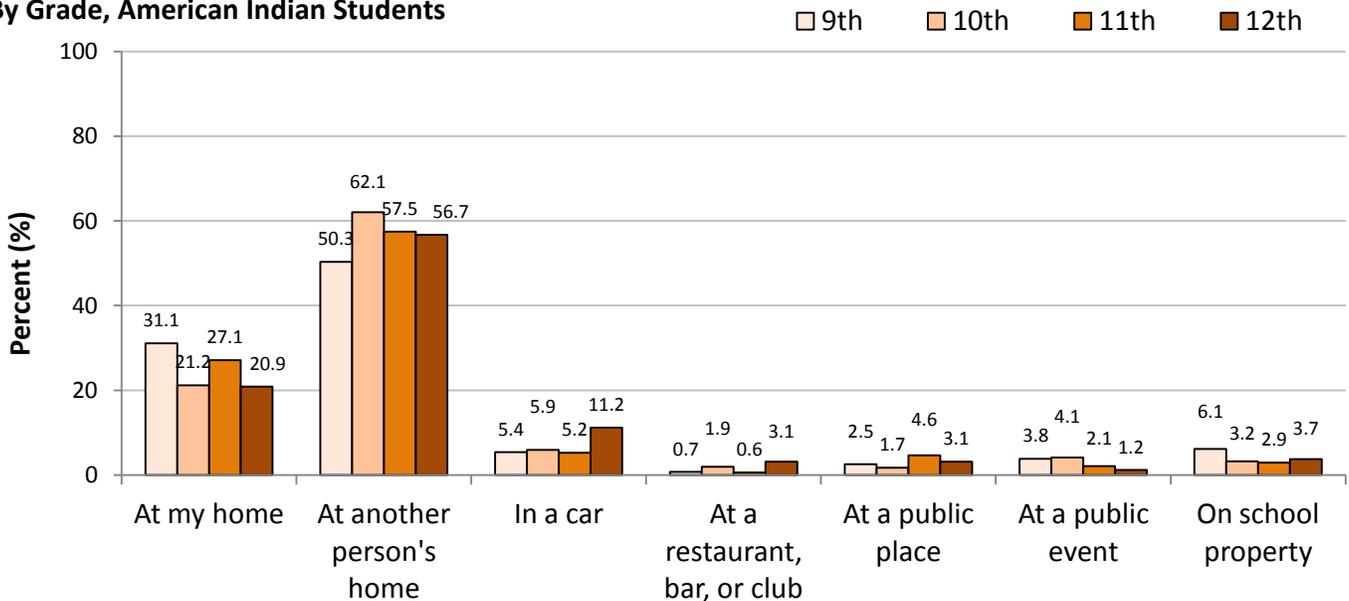
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

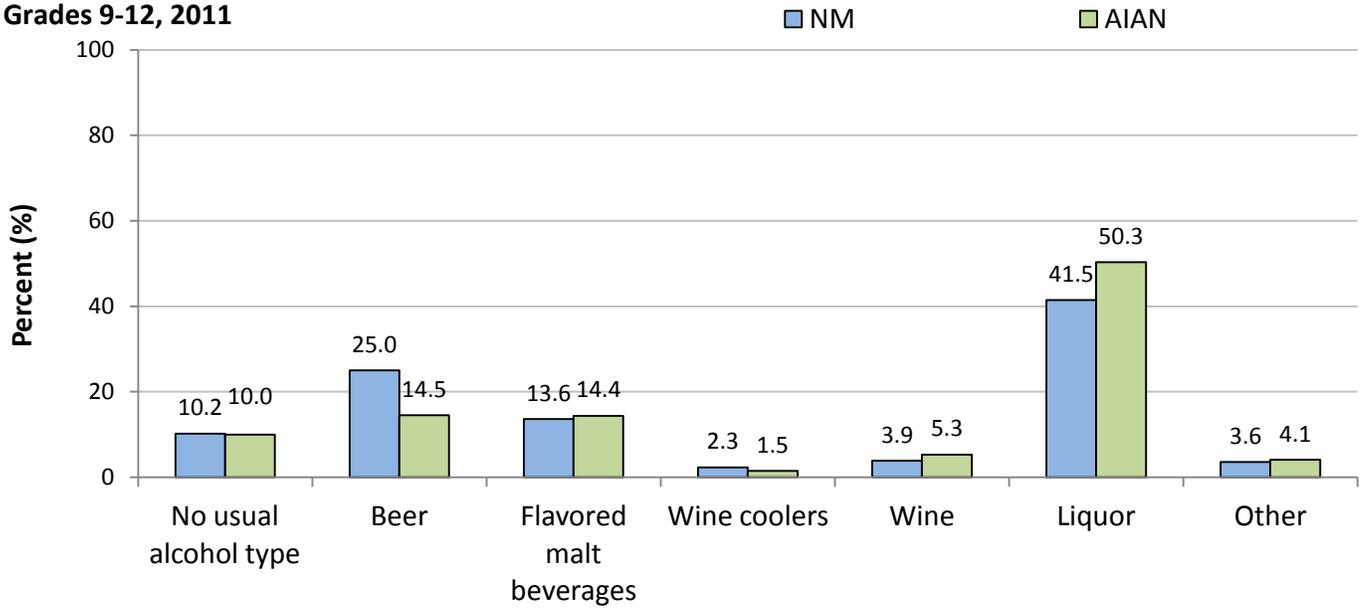


By Grade, American Indian Students

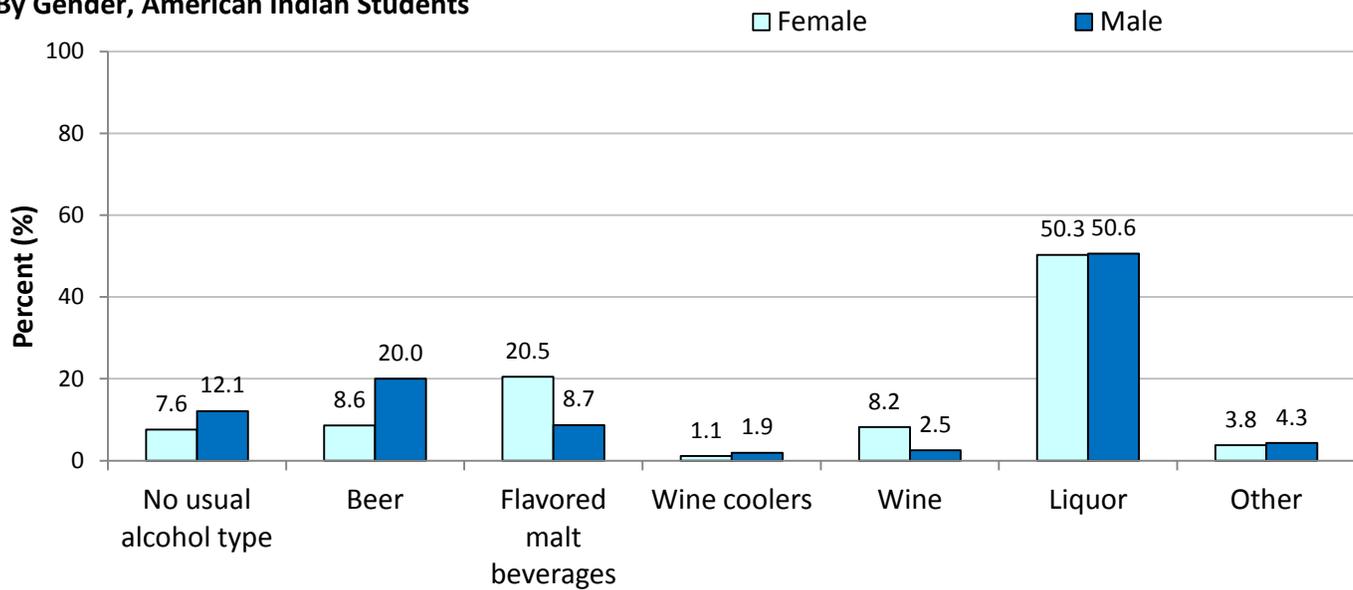


Behaviors of Current Drinkers: Usual type of alcohol
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

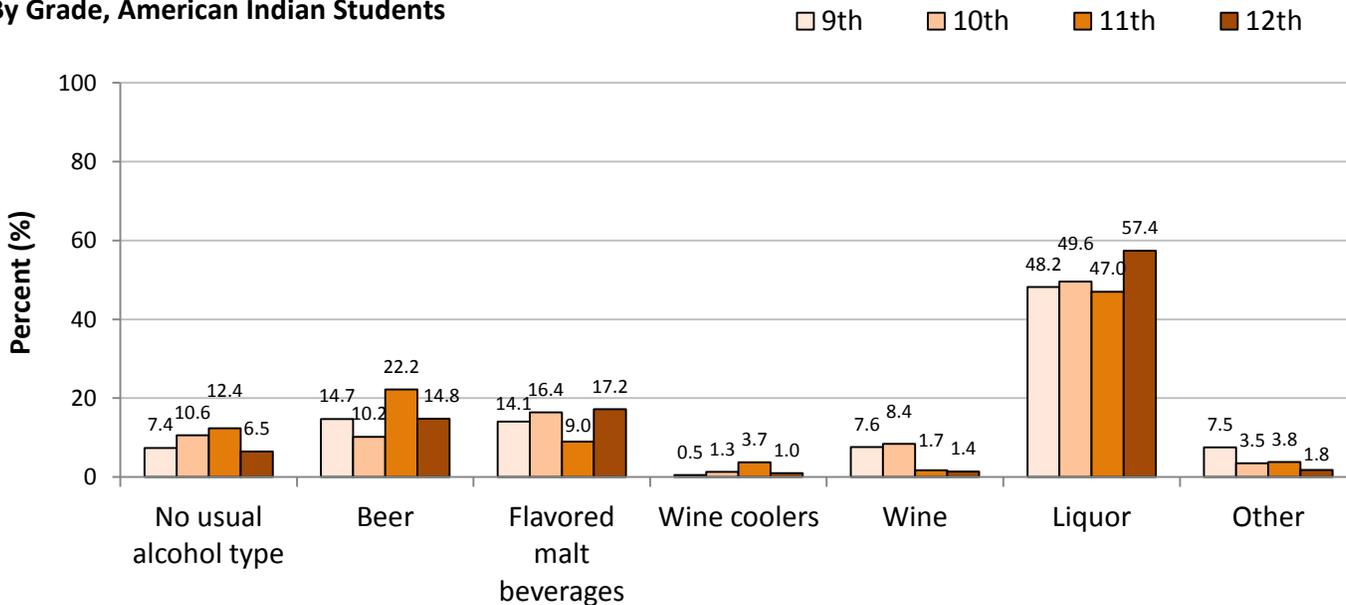
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students



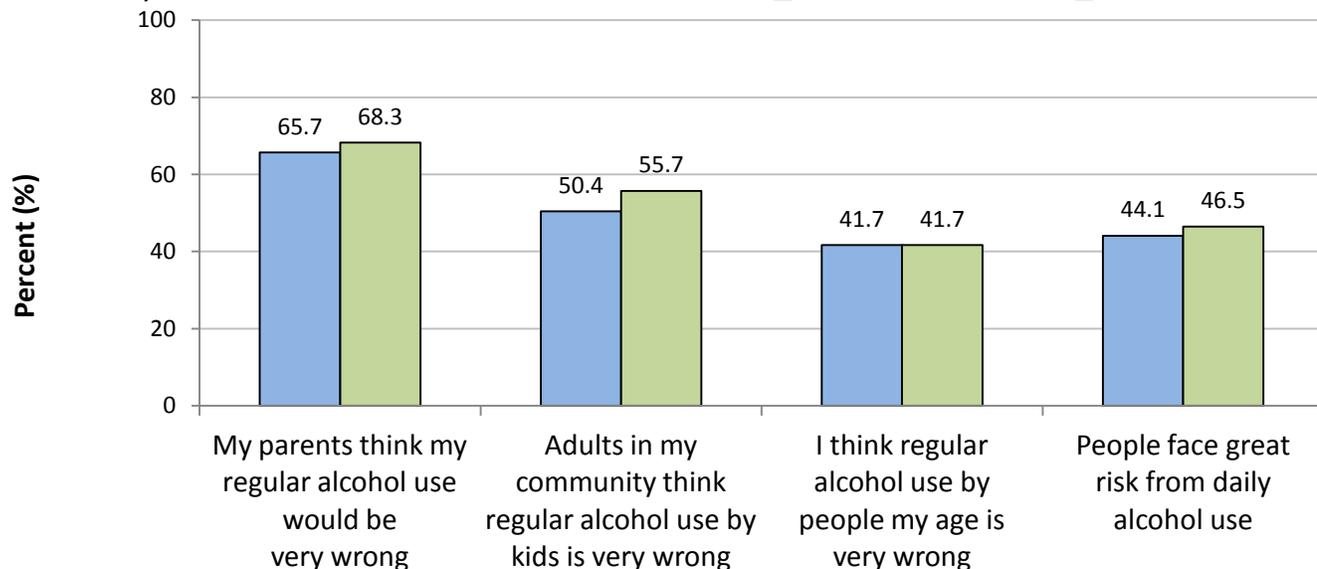
By Grade, American Indian Students



Grades 9-12, 2011

NM

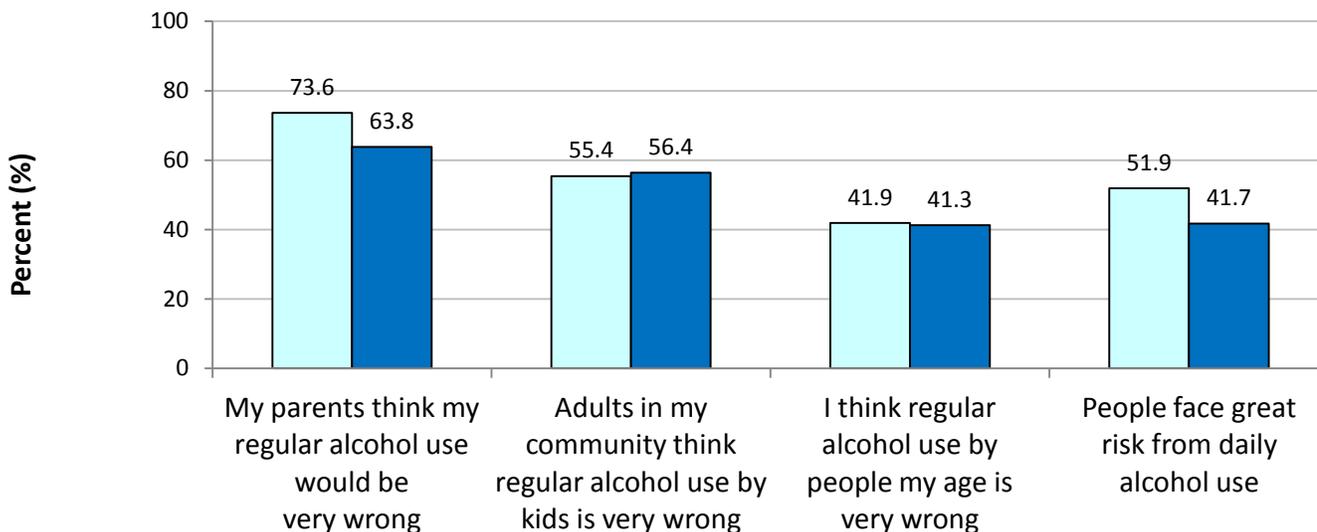
AIAN



By Gender, American Indian Students

Female

Male



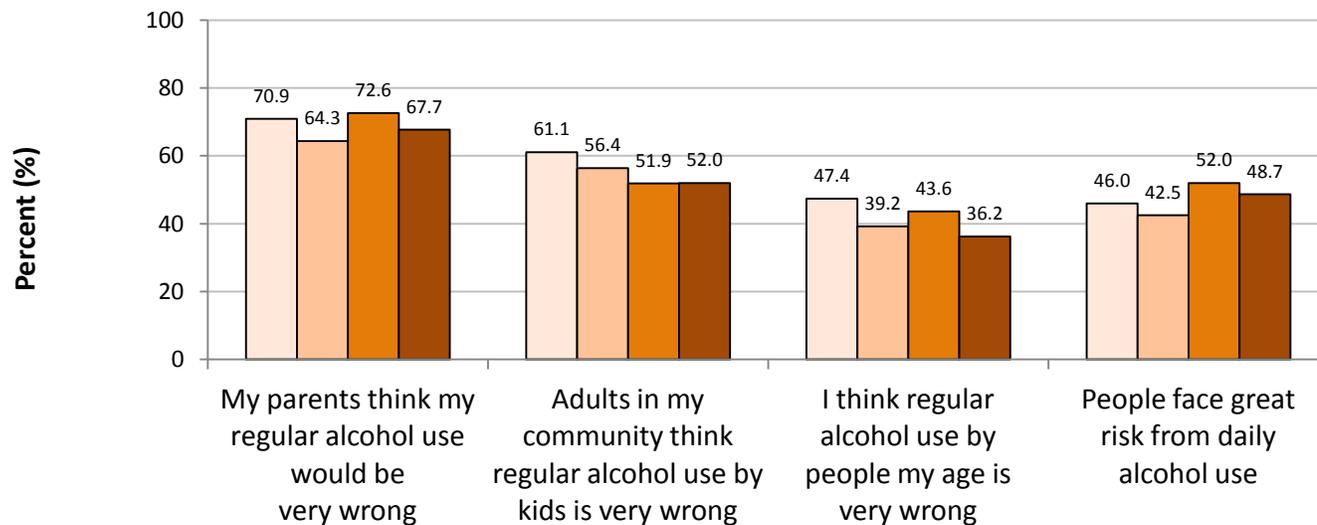
By Grade, American Indian Students

9th

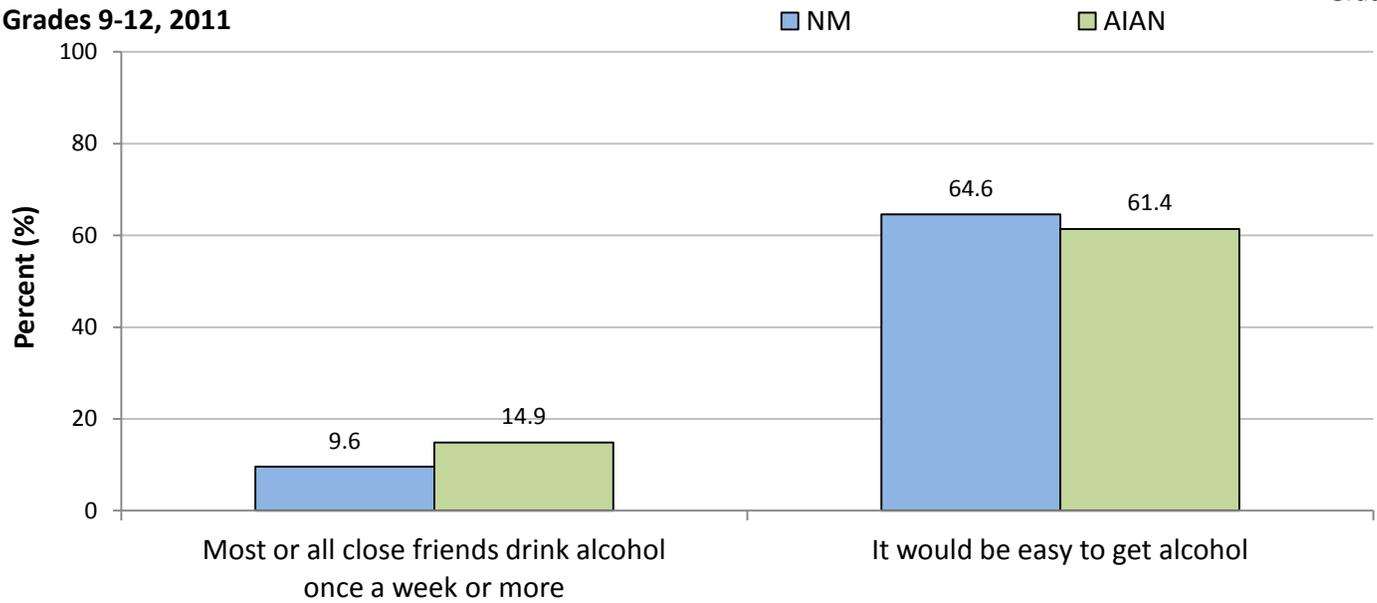
10th

11th

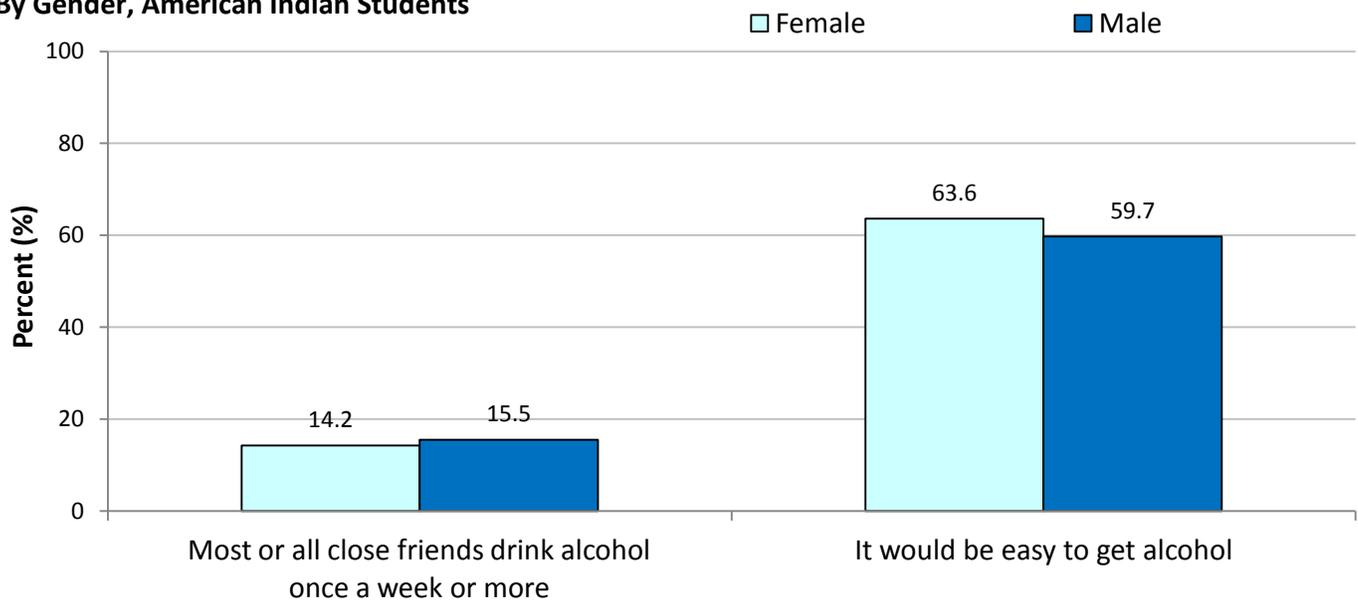
12th



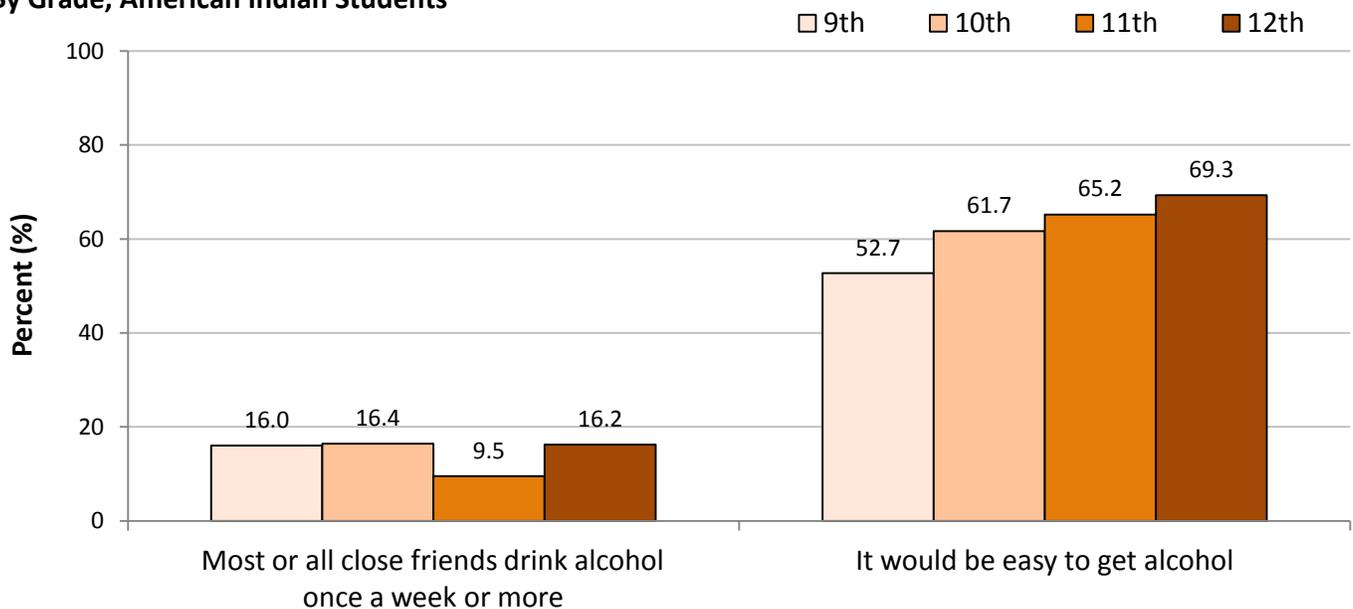
Grades 9-12, 2011



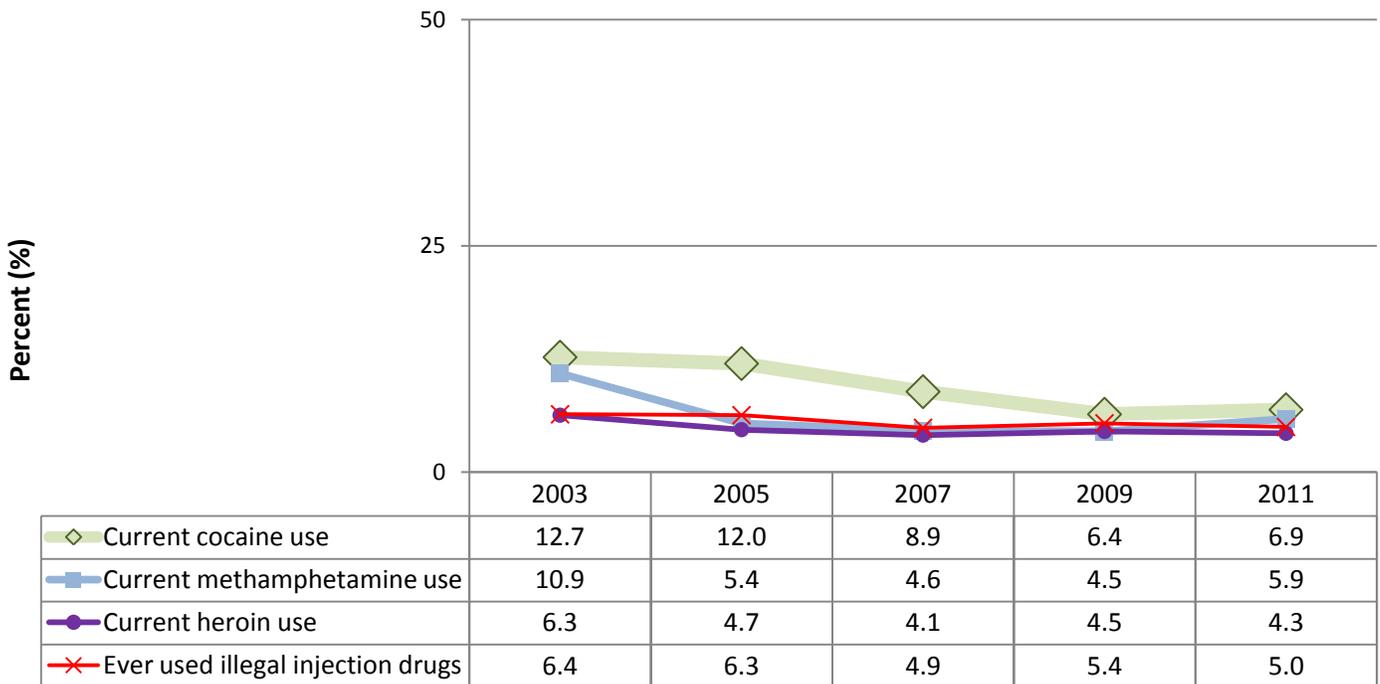
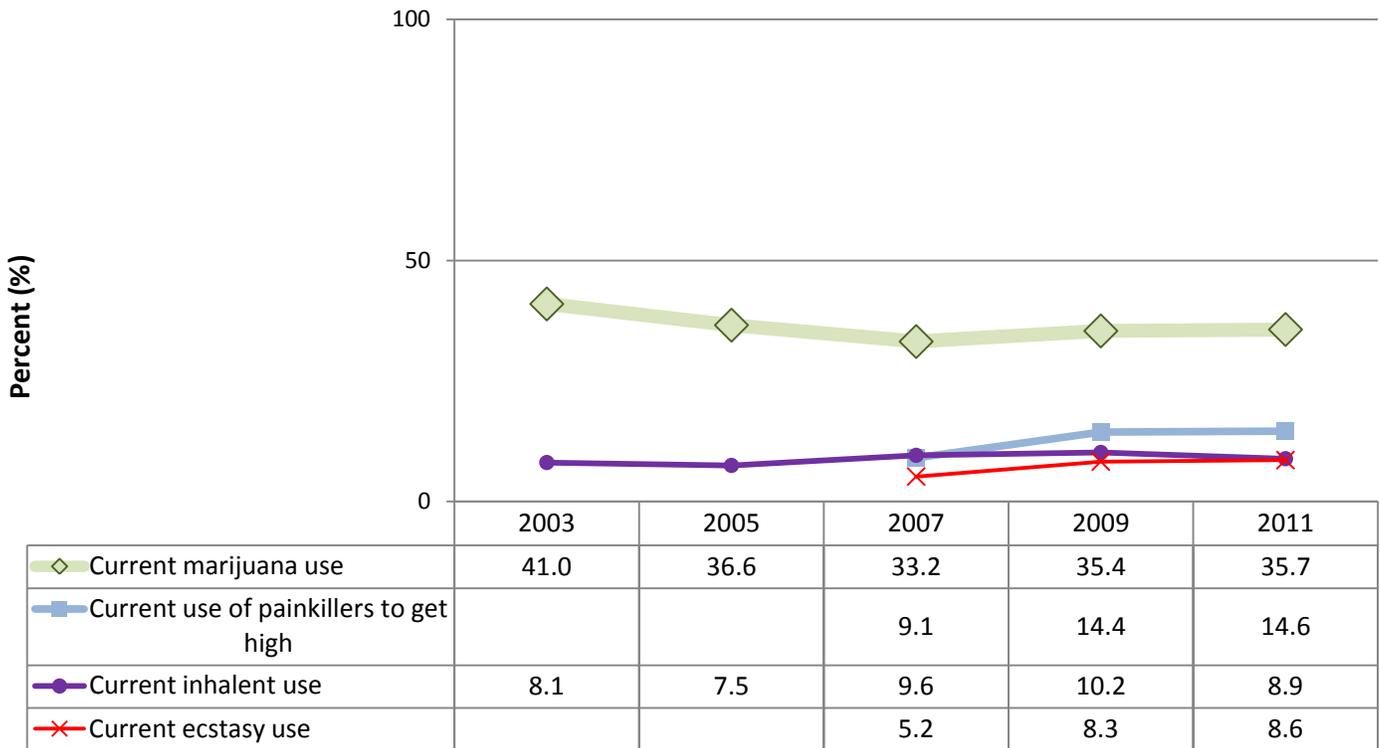
By Gender, American Indian Students



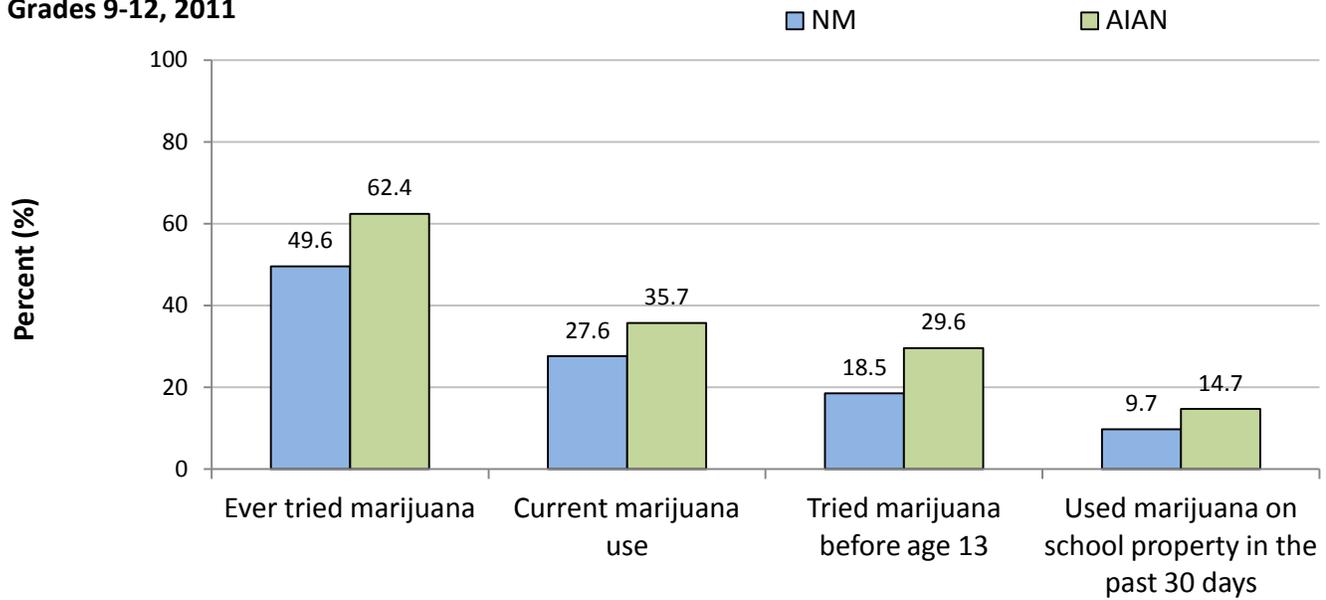
By Grade, American Indian Students



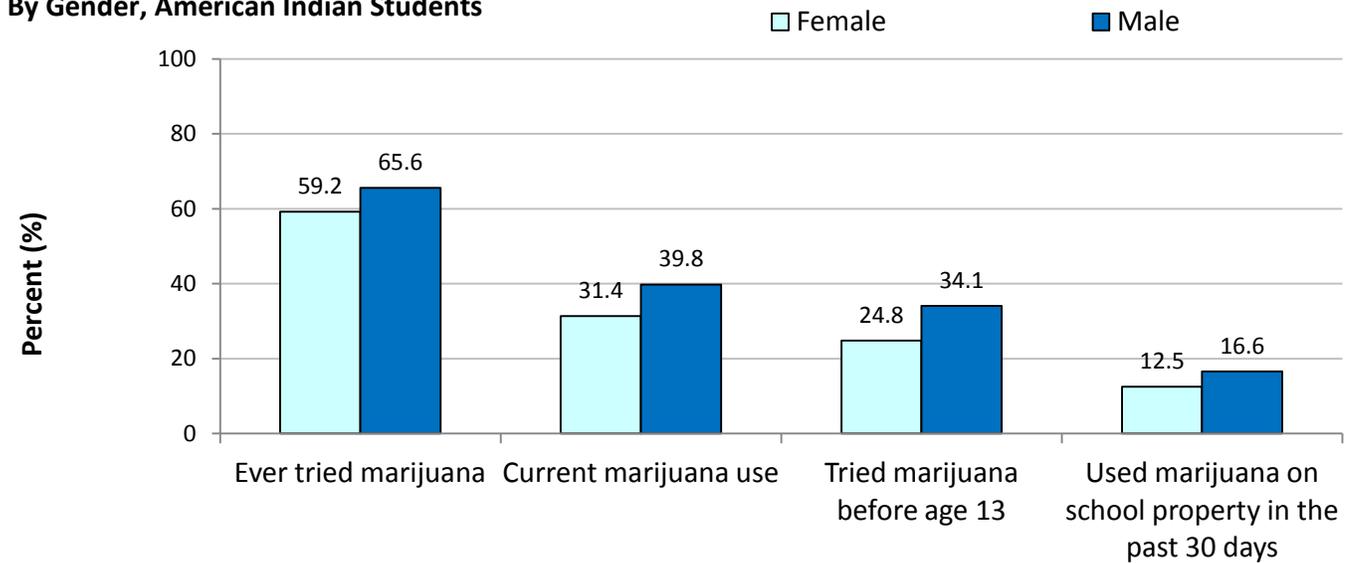
**Drug Use Indicators
by Year, American Indian Students
Grades 9-12, 2011**



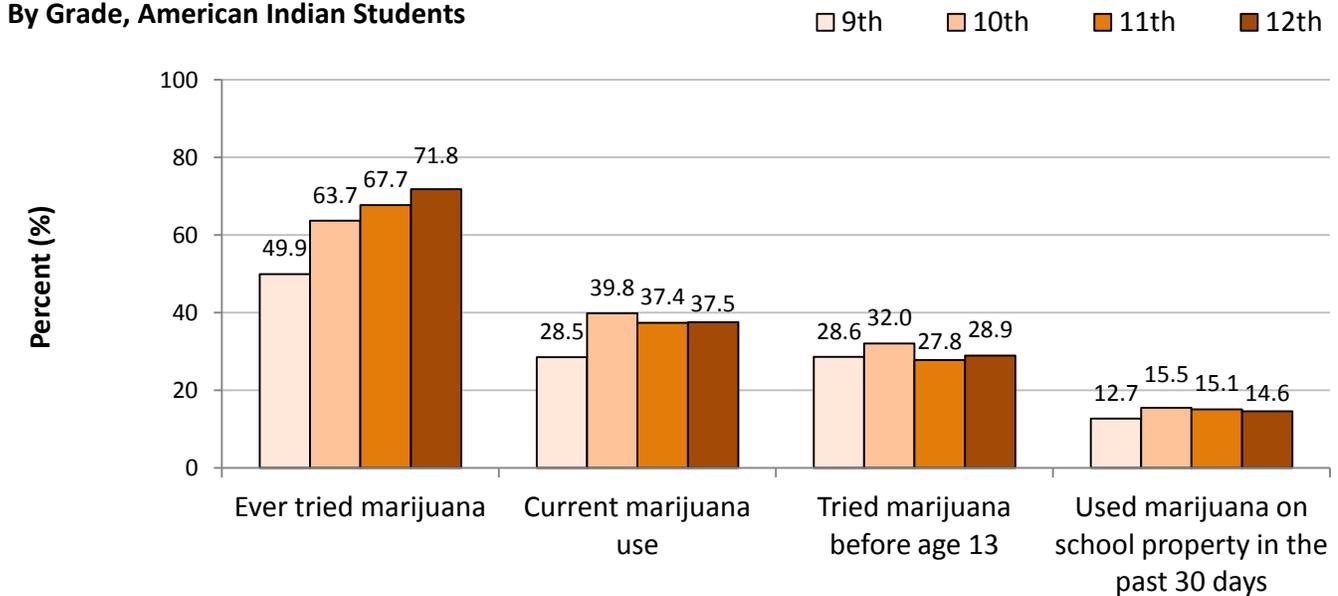
Grades 9-12, 2011



By Gender, American Indian Students

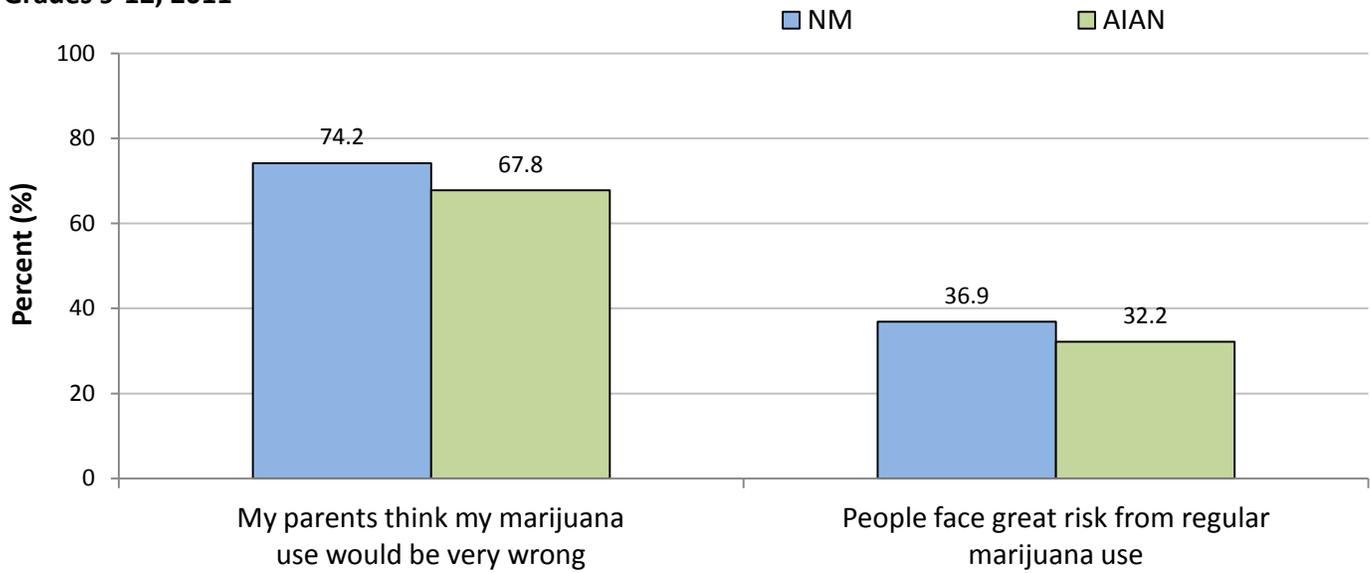


By Grade, American Indian Students

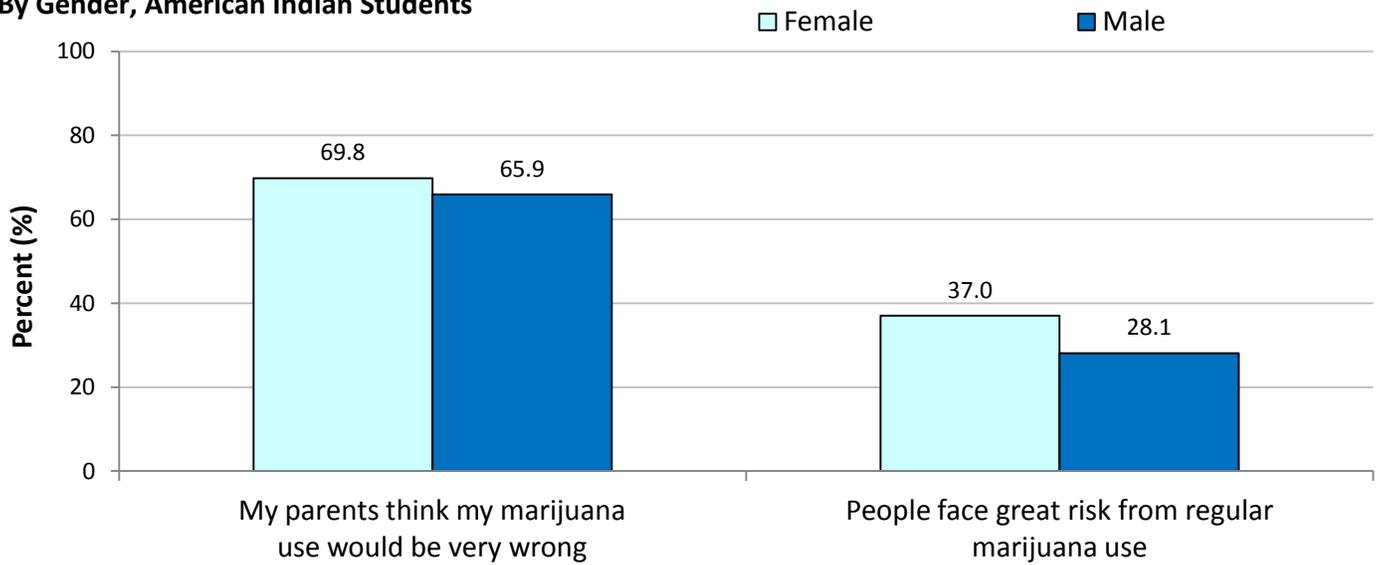


Marijuana Use: Beliefs and Attitudes
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

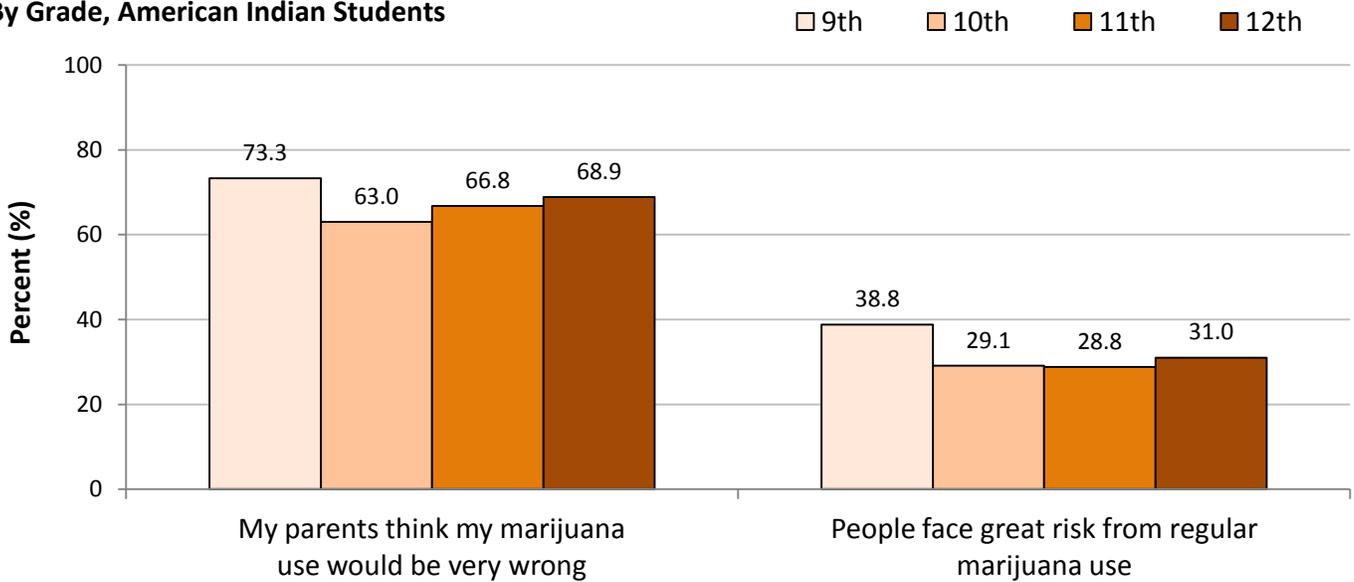
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students



By Grade, American Indian Students



Current Drug Use (Past 30 Days)

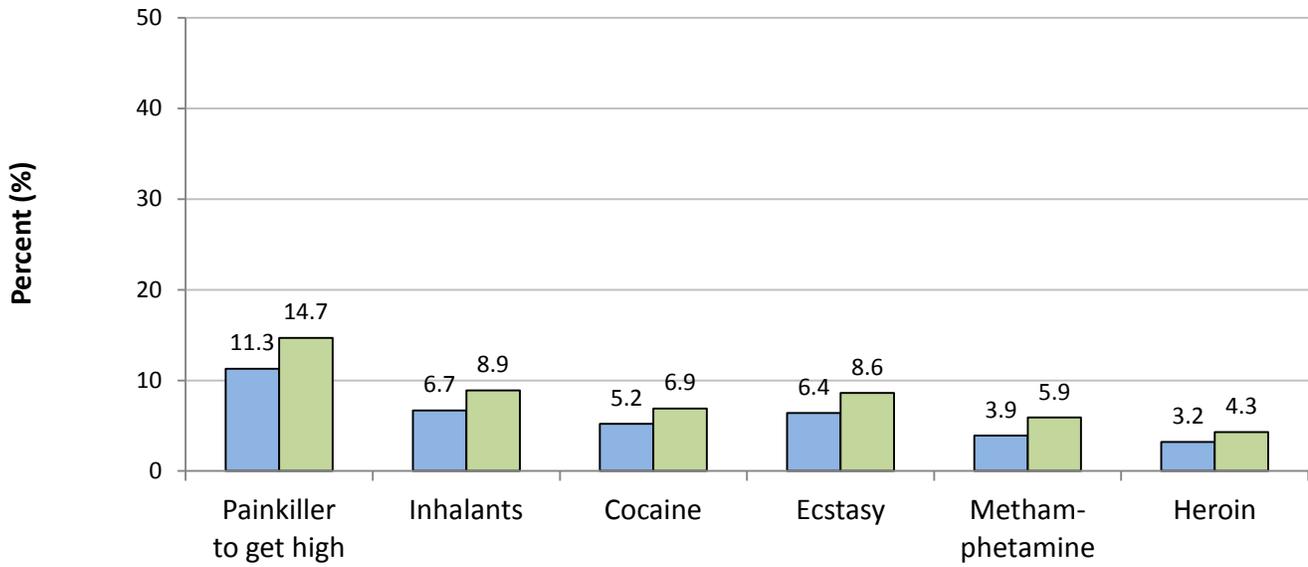
New Mexico 2011 YRRS

New Mexico (all students) and American Indian Students (AIAN)

Grades 9 - 12

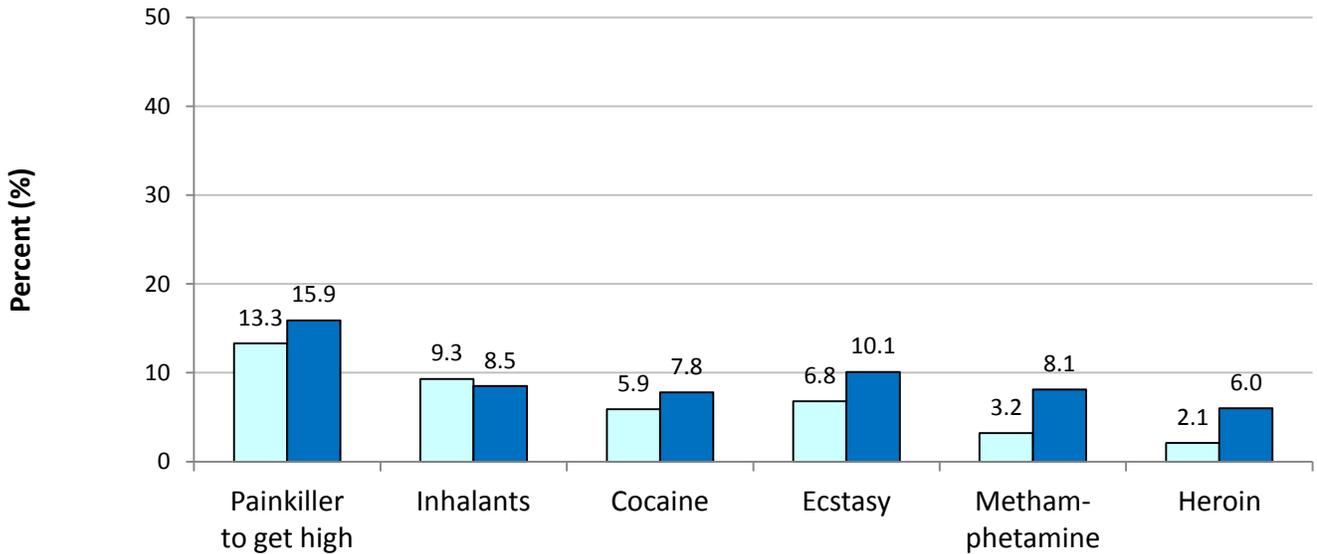
Grades 9-12, 2011

NM AIAN



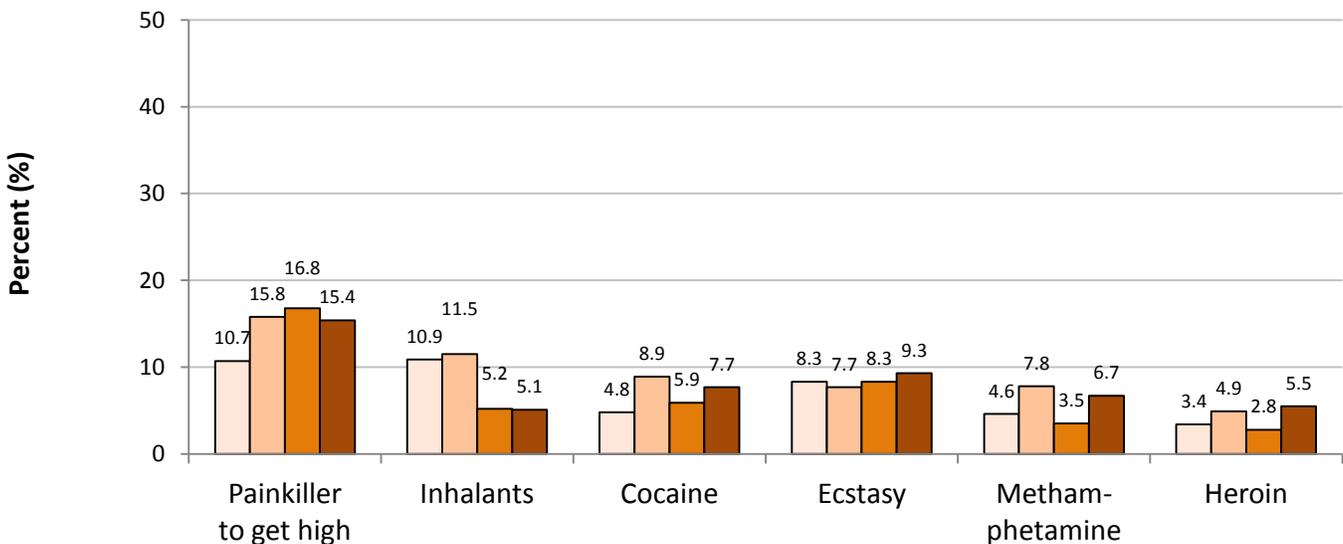
By Gender, American Indian Students

Female Male



By Grade, American Indian Students

9th 10th 11th 12th



Drug Use: Ever Used in Lifetime

New Mexico 2011 YRRS

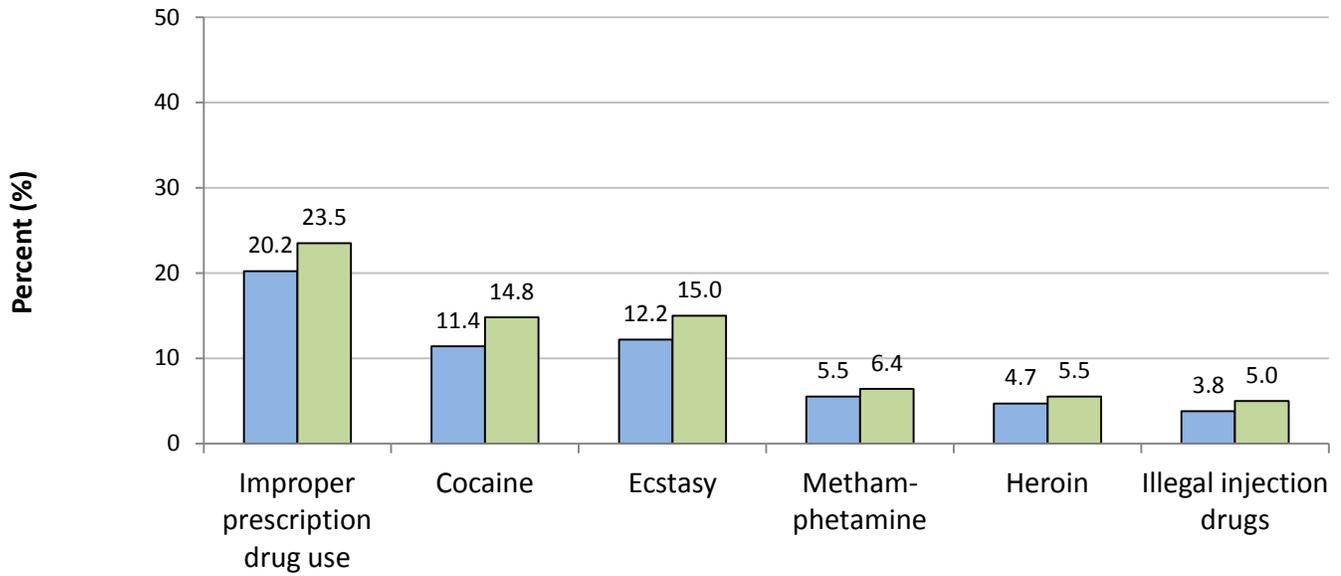
New Mexico (all students) and American Indian Students (AIAN)

Grades 9 - 12

Grades 9-12, 2011

■ NM

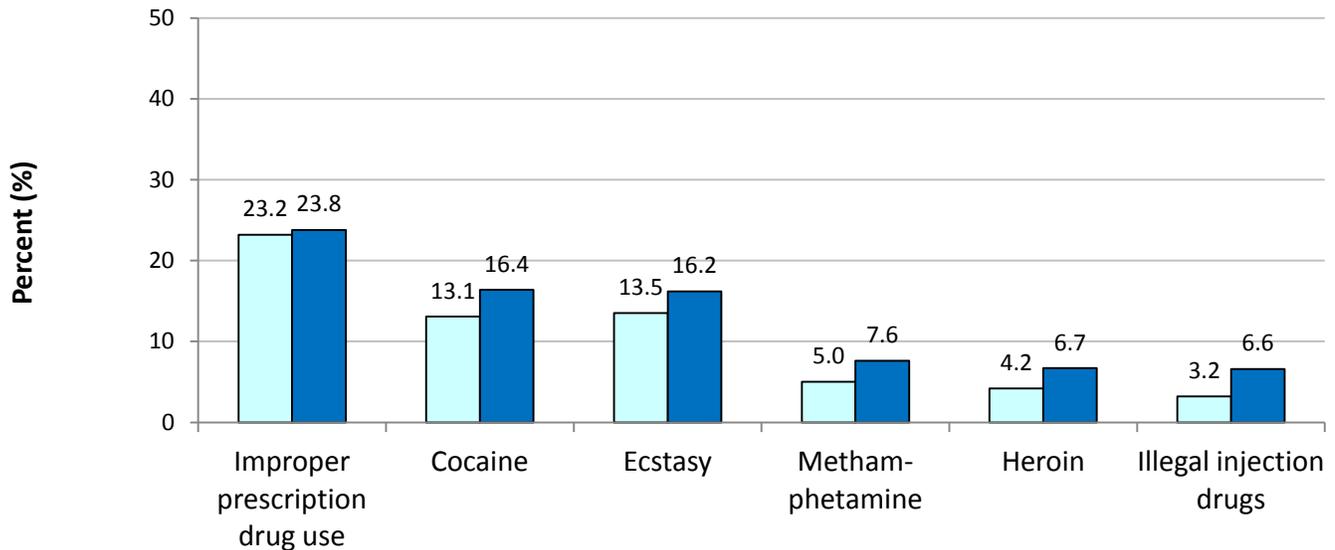
■ AIAN



By Gender, American Indian Students

■ Female

■ Male



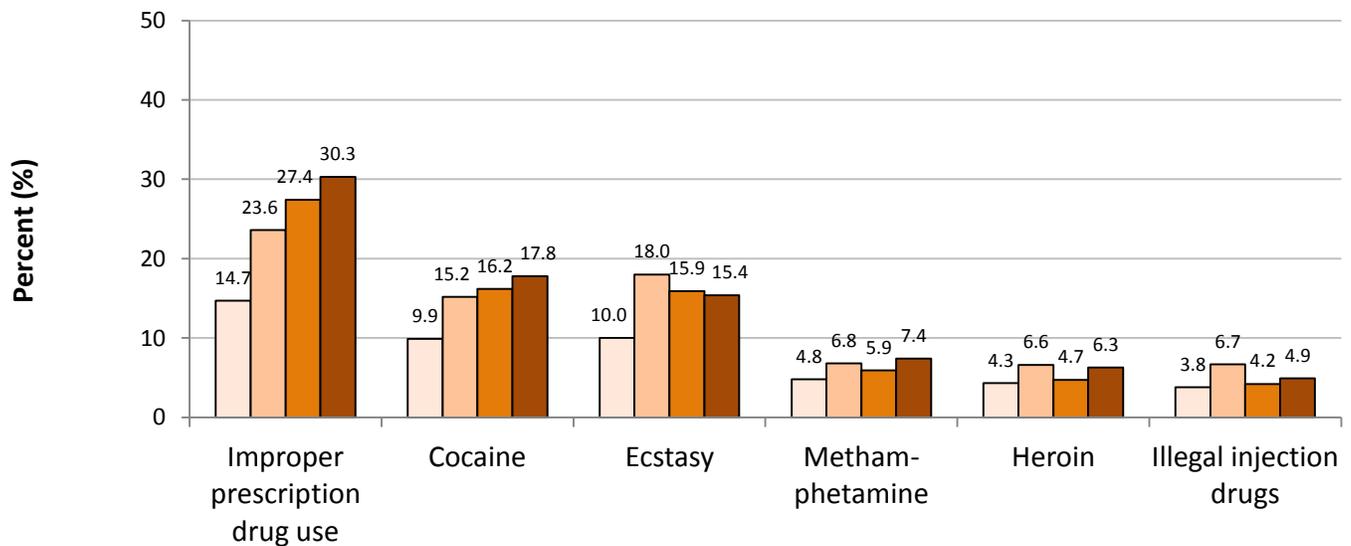
By Grade, American Indian Students

■ 9th

■ 10th

■ 11th

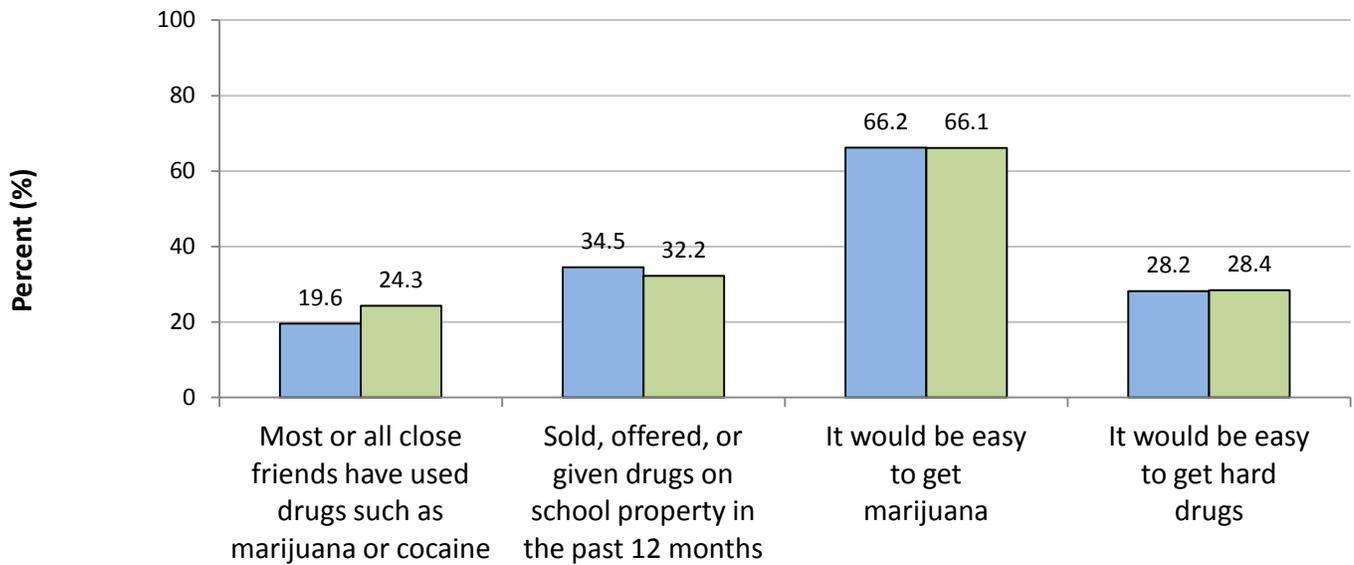
■ 12th



Grades 9-12, 2011

■ NM

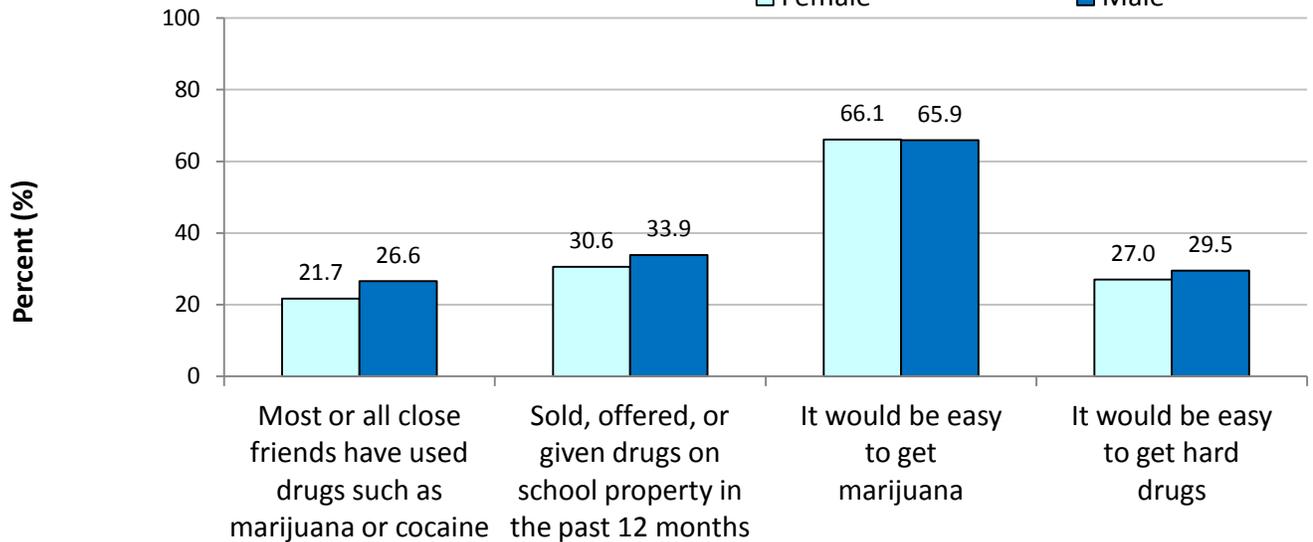
■ AIAN



By Gender, American Indian Students

■ Female

■ Male



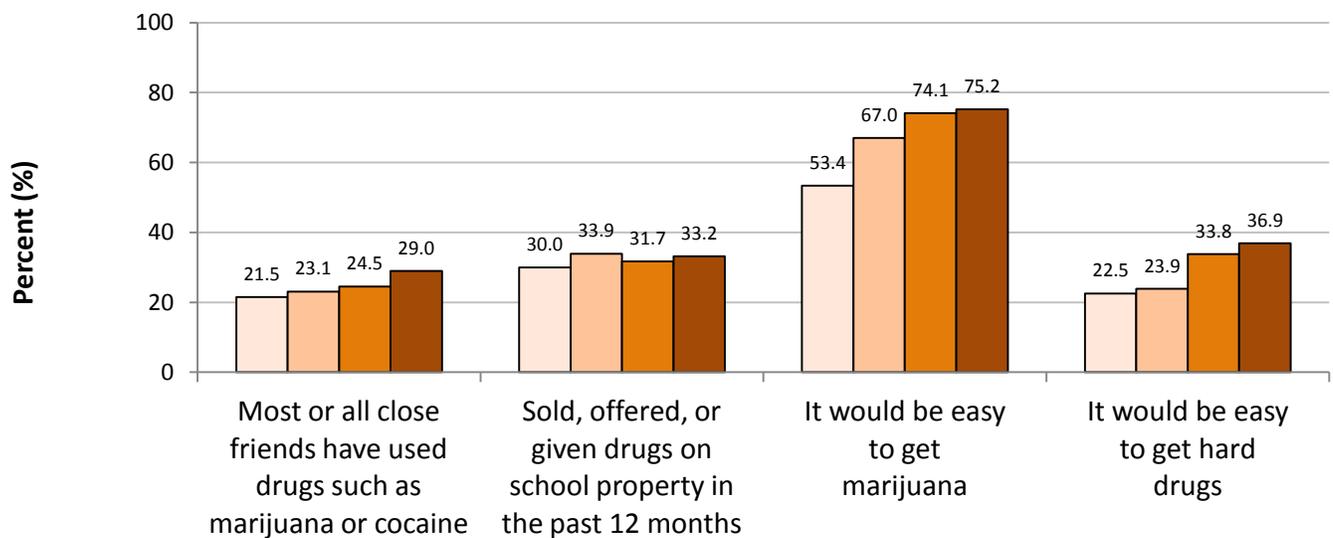
By Grade, American Indian Students

■ 9th

■ 10th

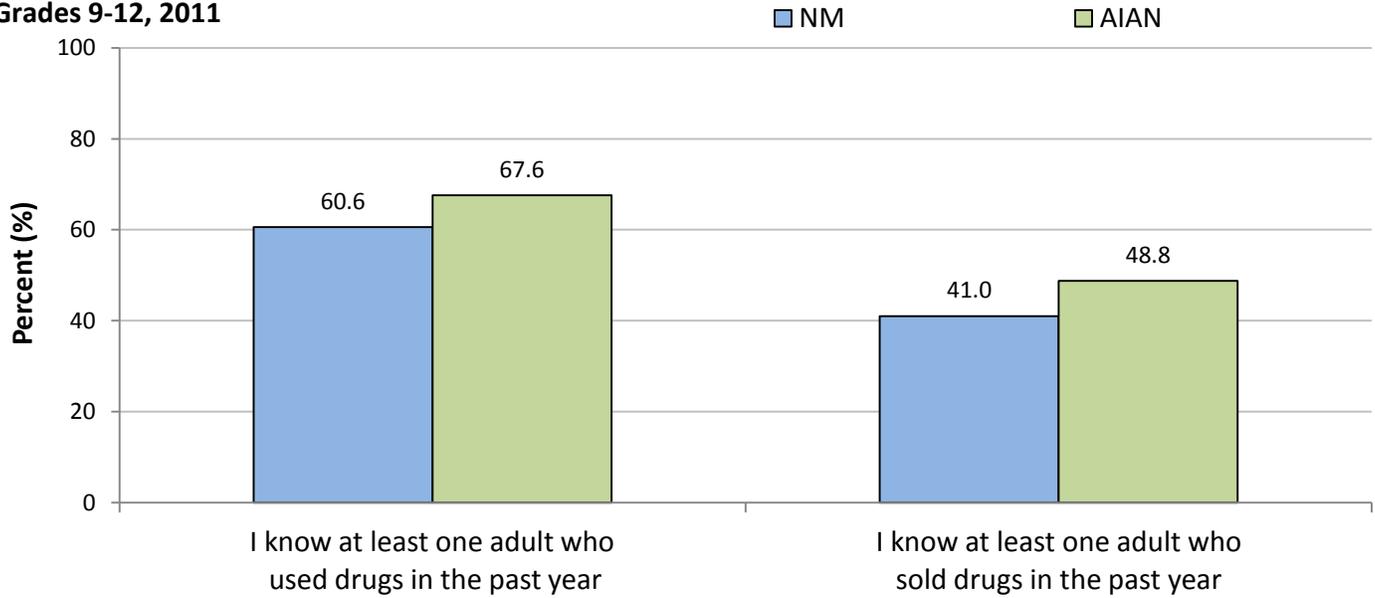
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■ 12th

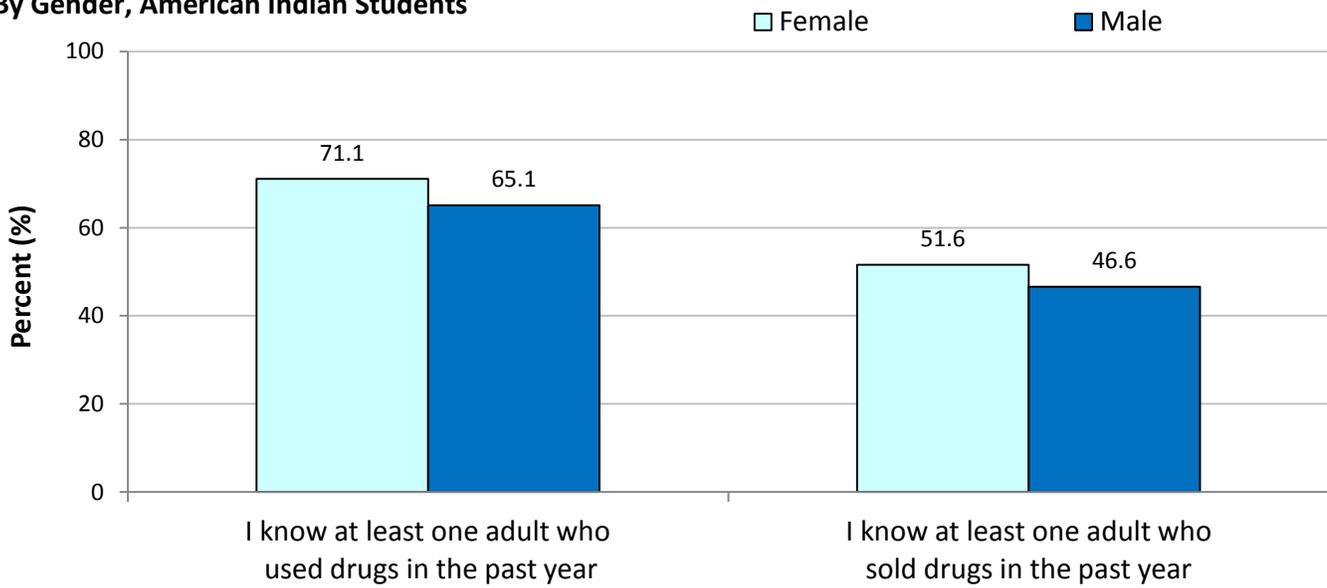


Drug Use: Access to Drugs
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

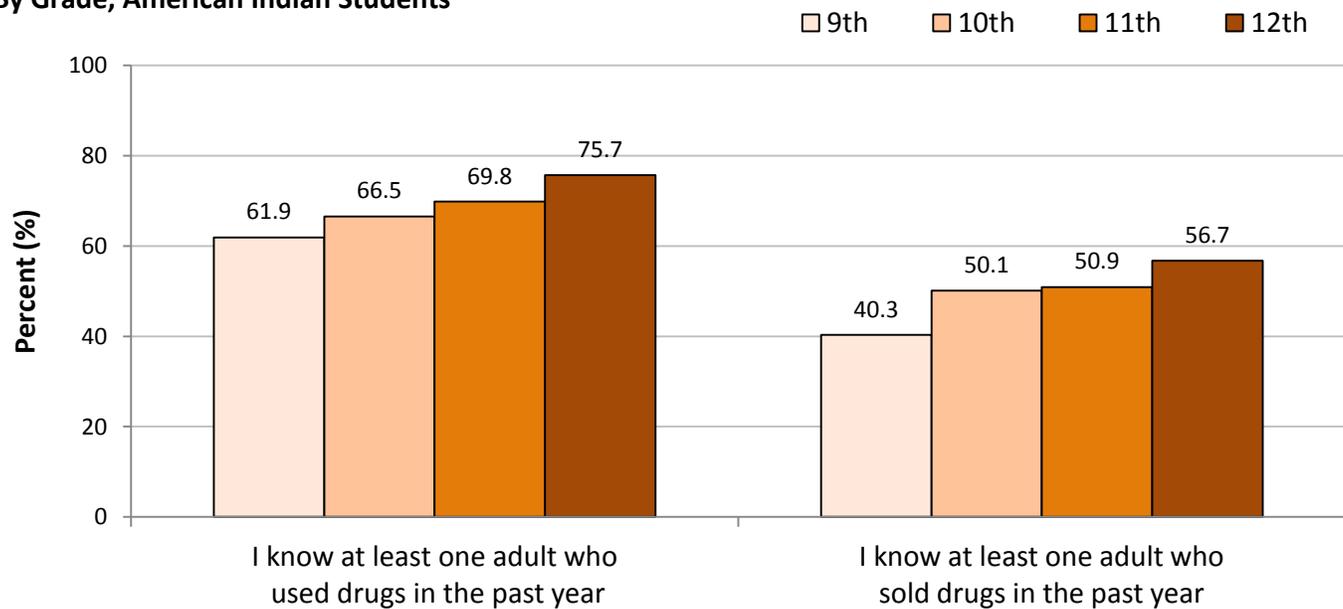
New Mexico 2011 YRRS
 Grades 9 - 12



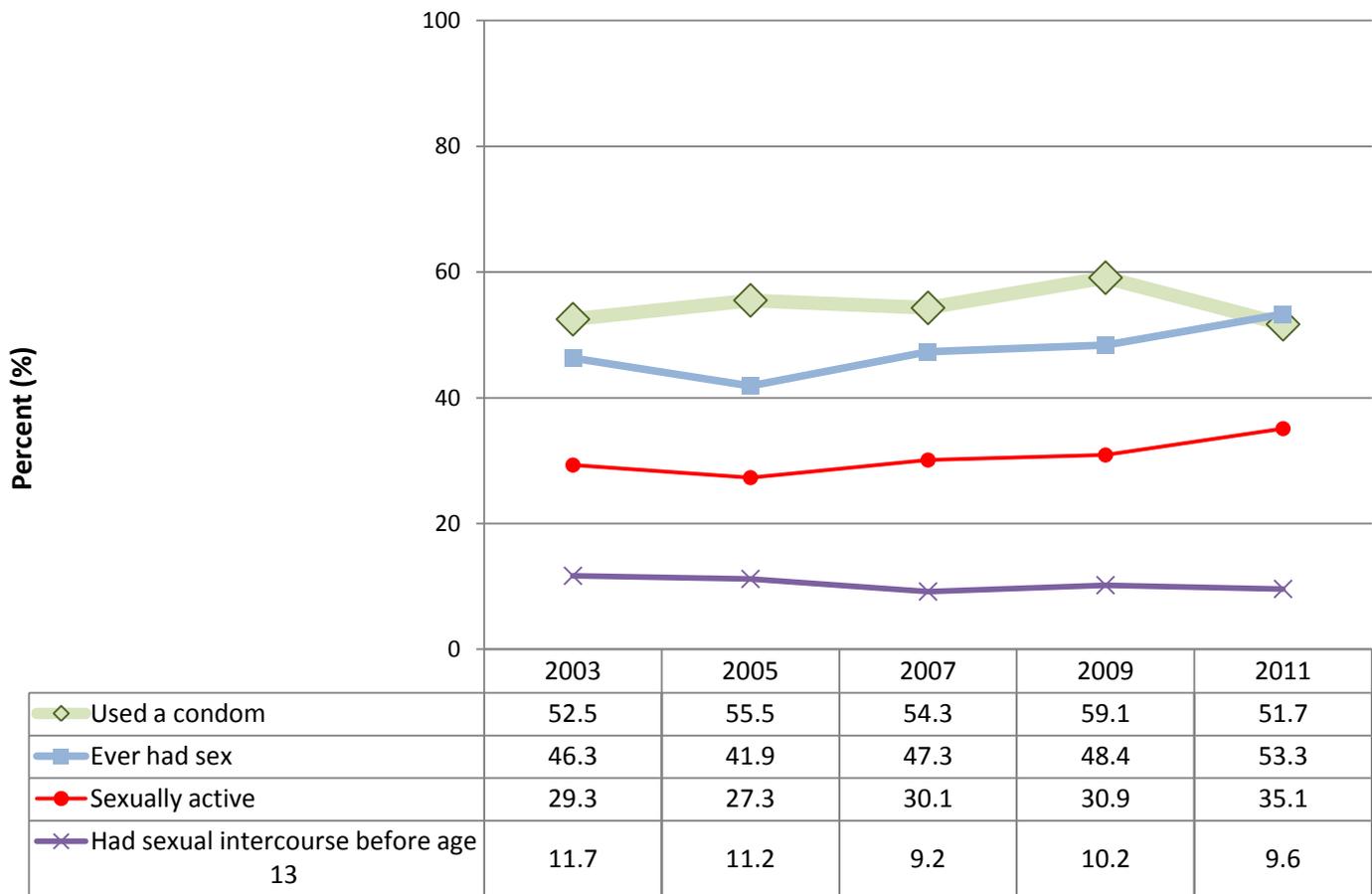
By Gender, American Indian Students



By Grade, American Indian Students

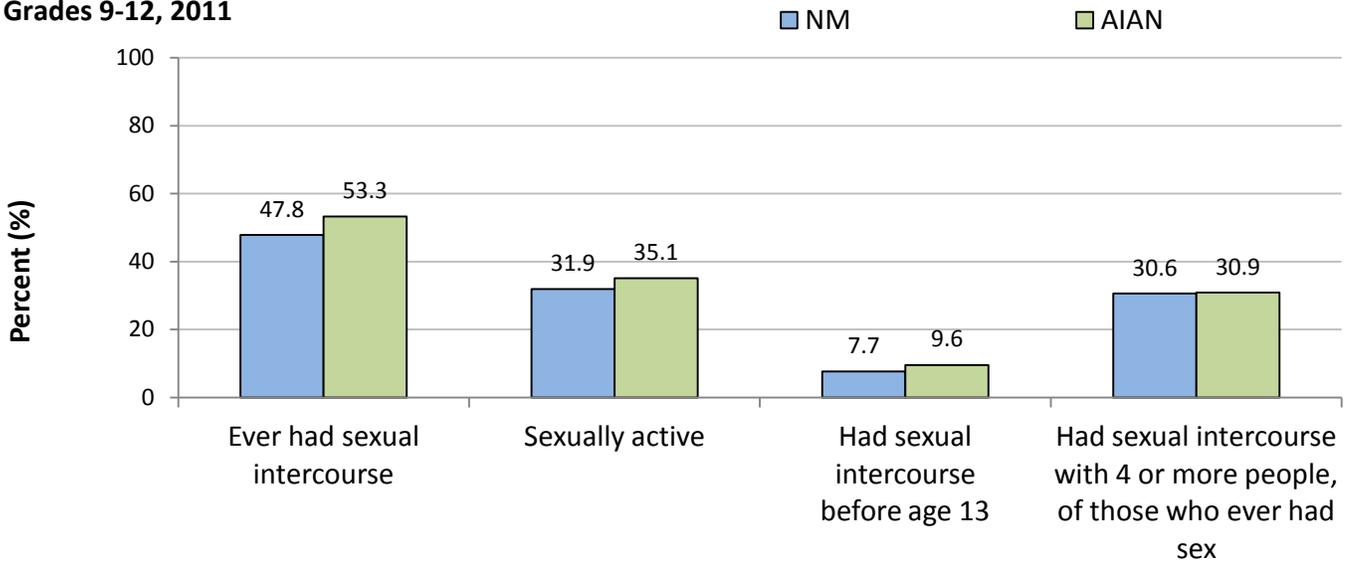


**Sexual Behaviors Indicators
by Year, American Indian Students
Grades 9-12, 2011**

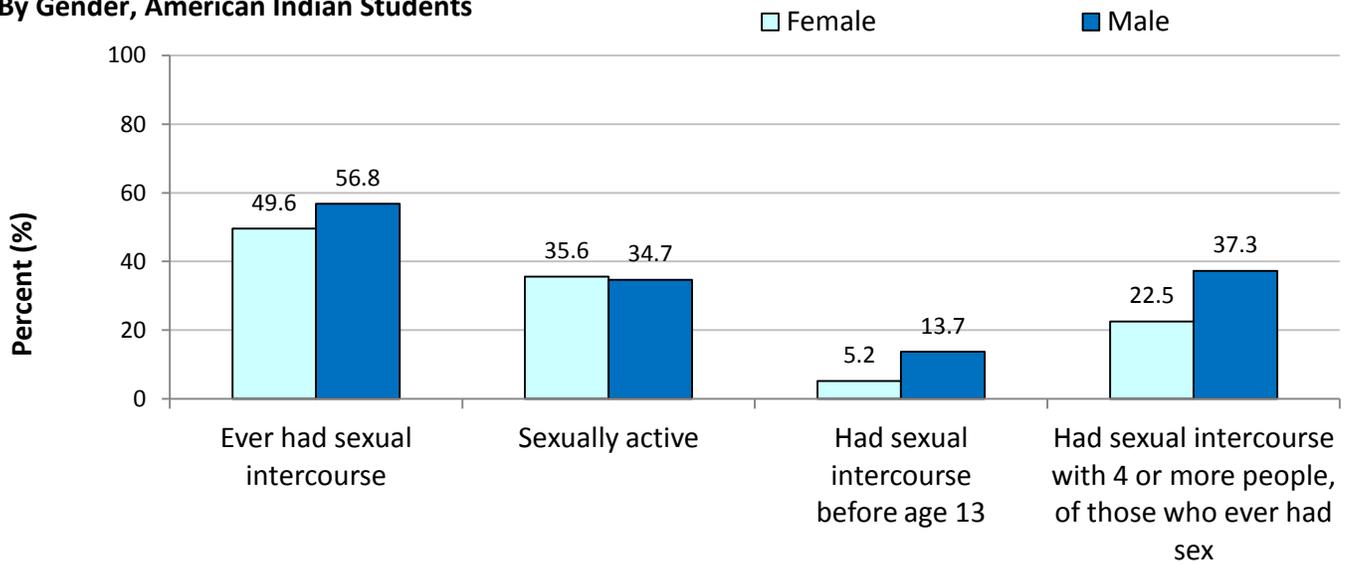


Sexual Behaviors
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

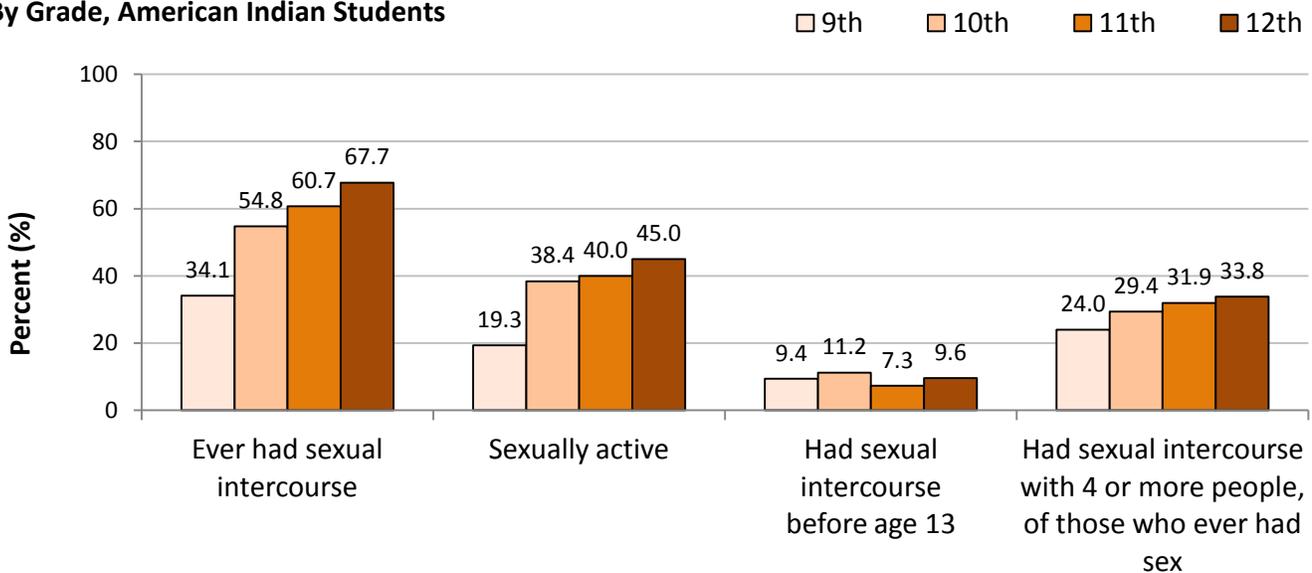
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

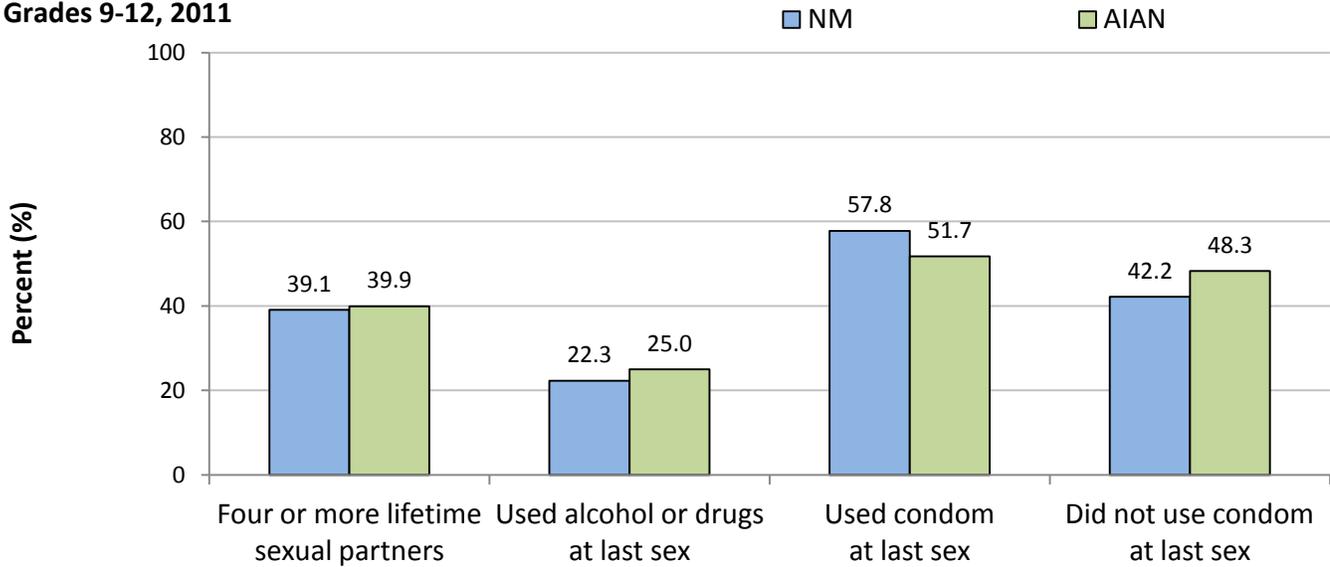


By Grade, American Indian Students

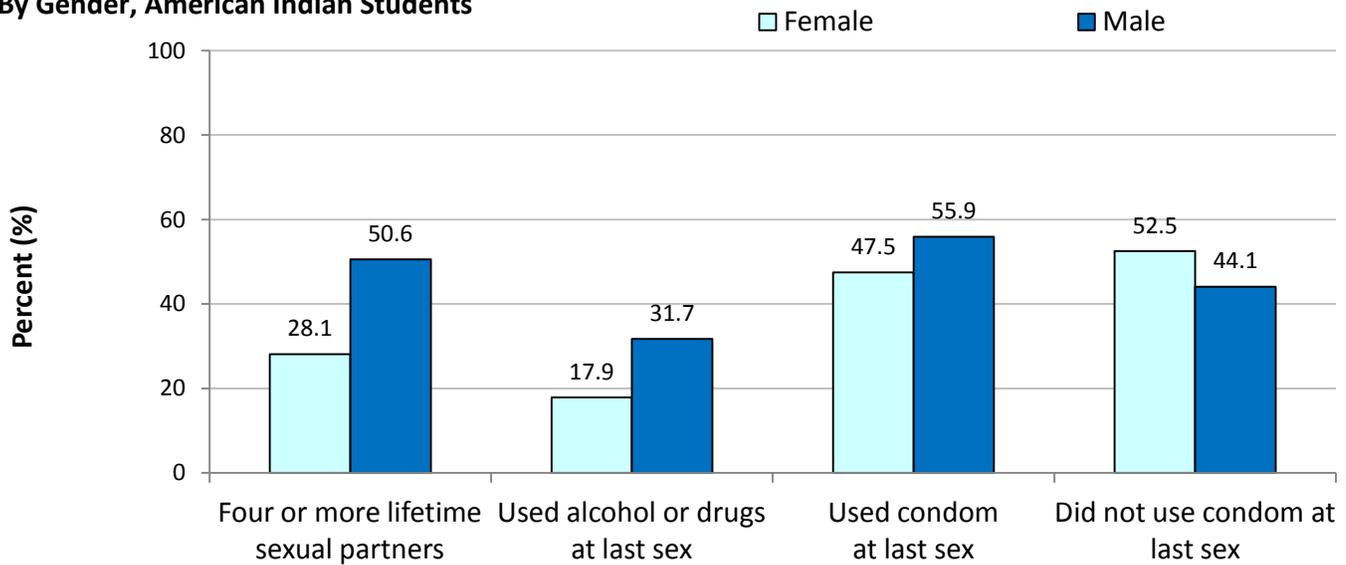


Sexual Behaviors of Sexually Active Students
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

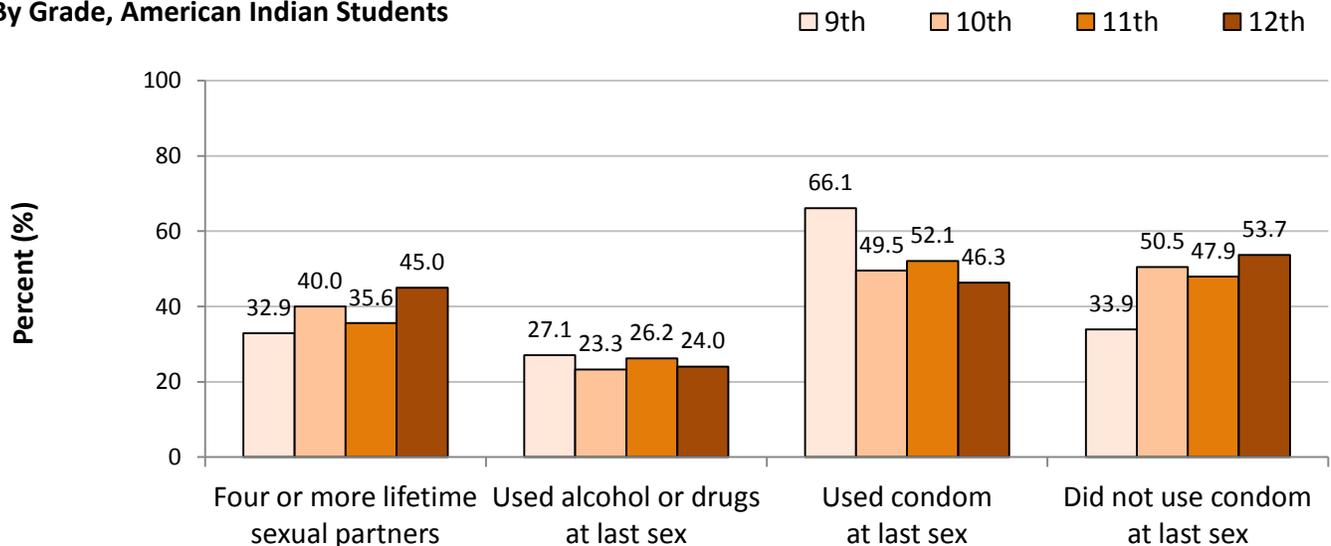
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

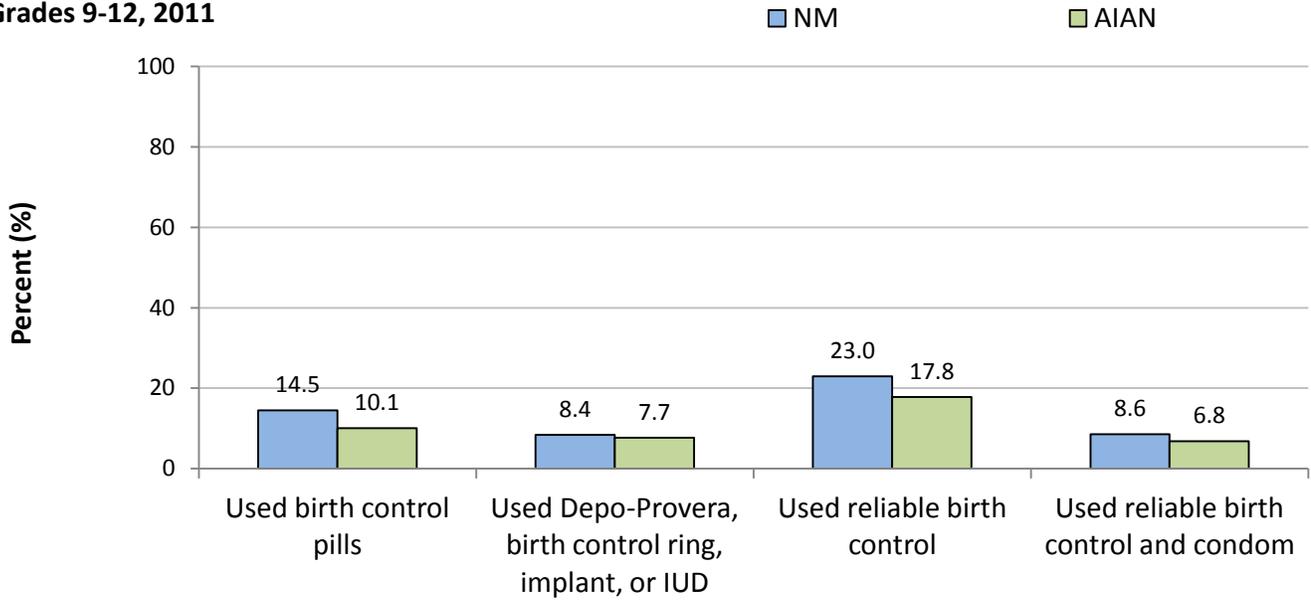


By Grade, American Indian Students

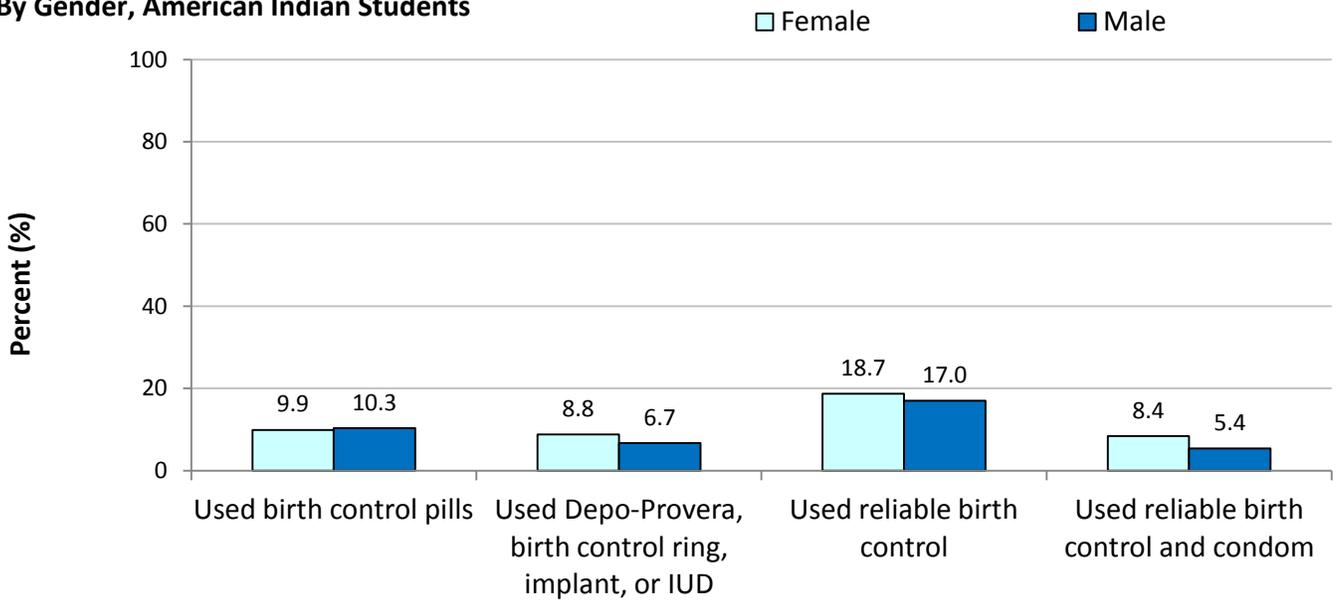


Sexual Behaviors of Sexually Active Students
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

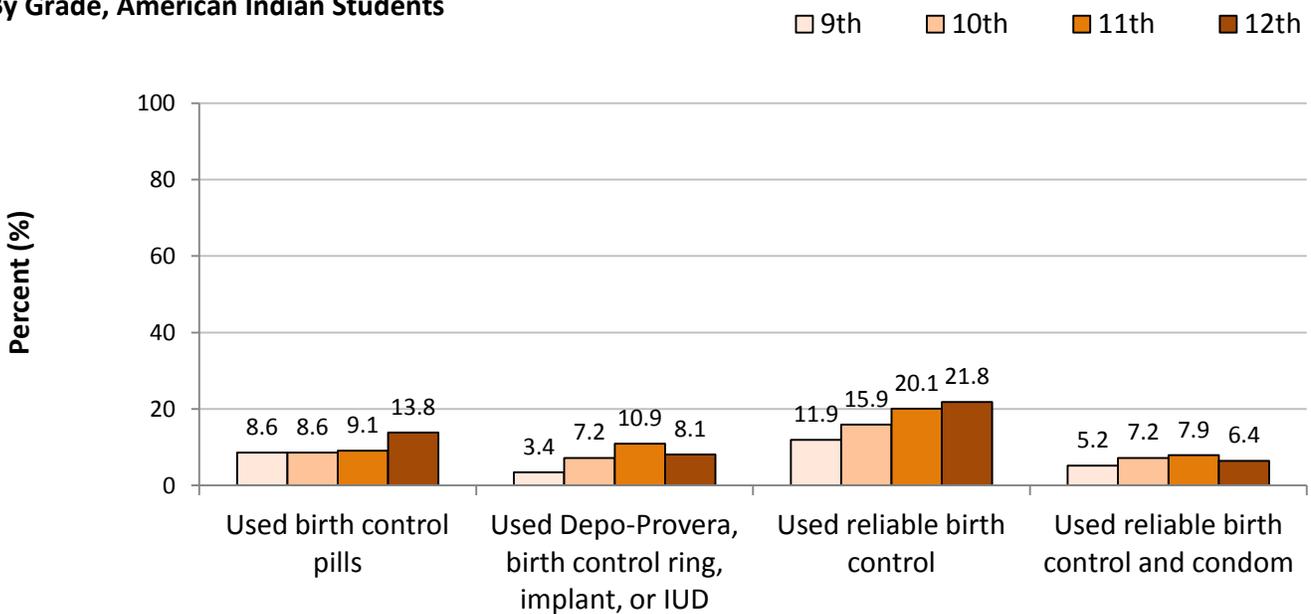
New Mexico 2011 YRRS
 Grades 9 - 12



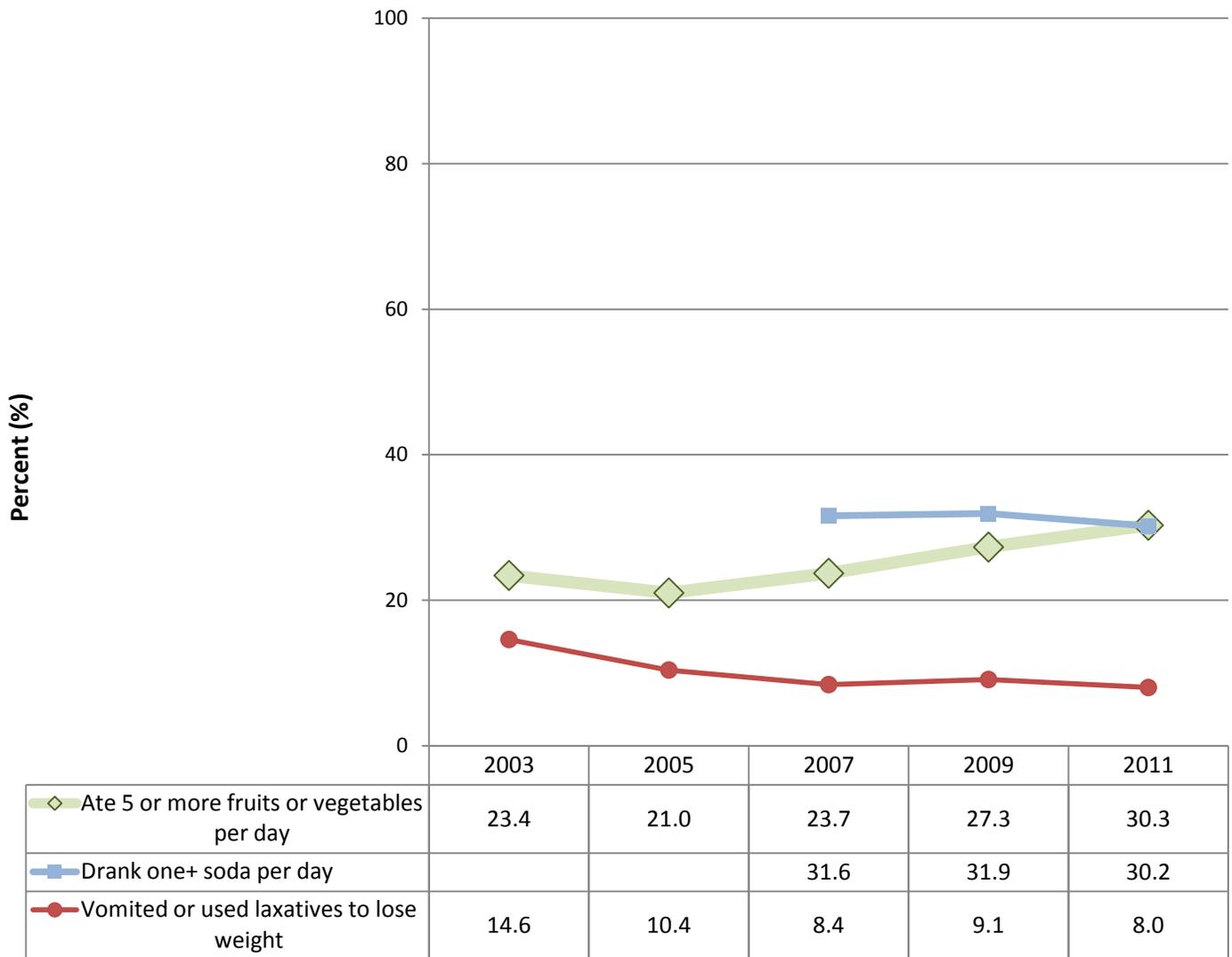
By Gender, American Indian Students



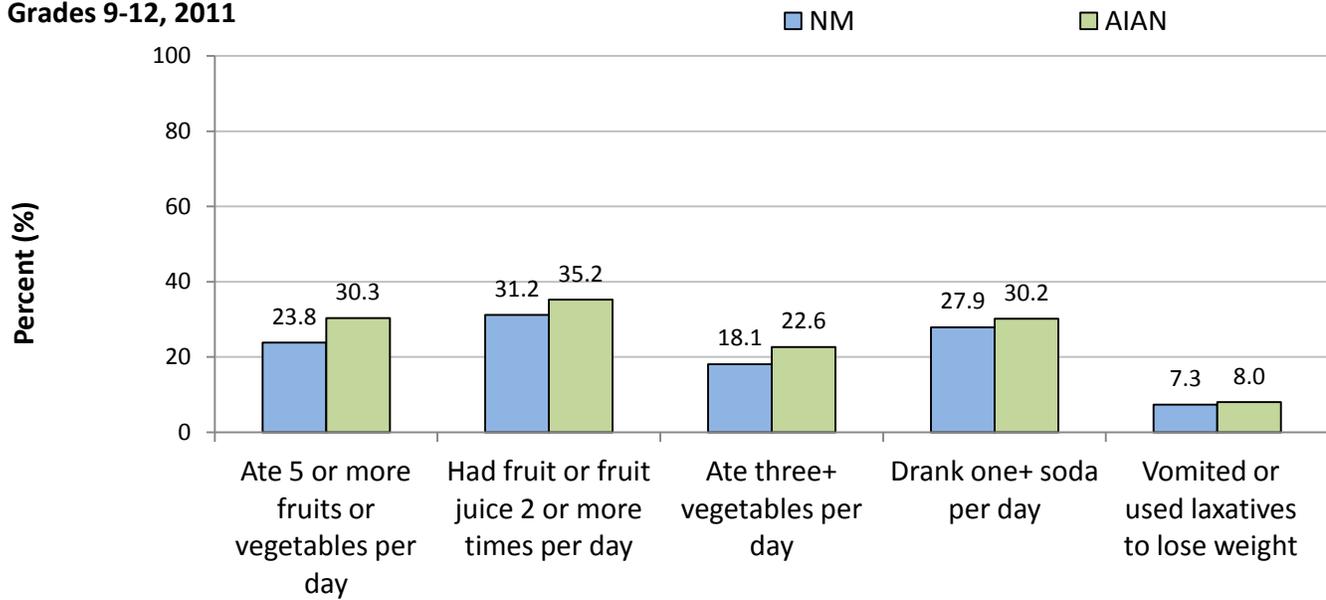
By Grade, American Indian Students



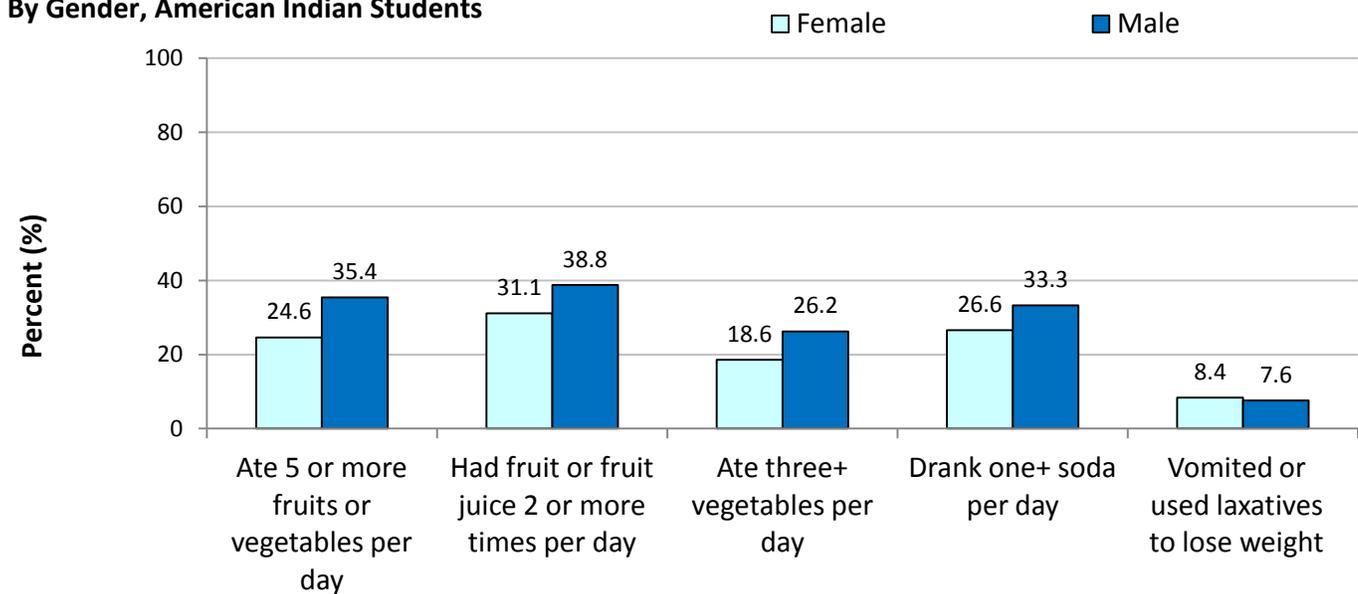
**Nutrition Indicators
by Year, American Indian Students
Grades 9-12, 2011**



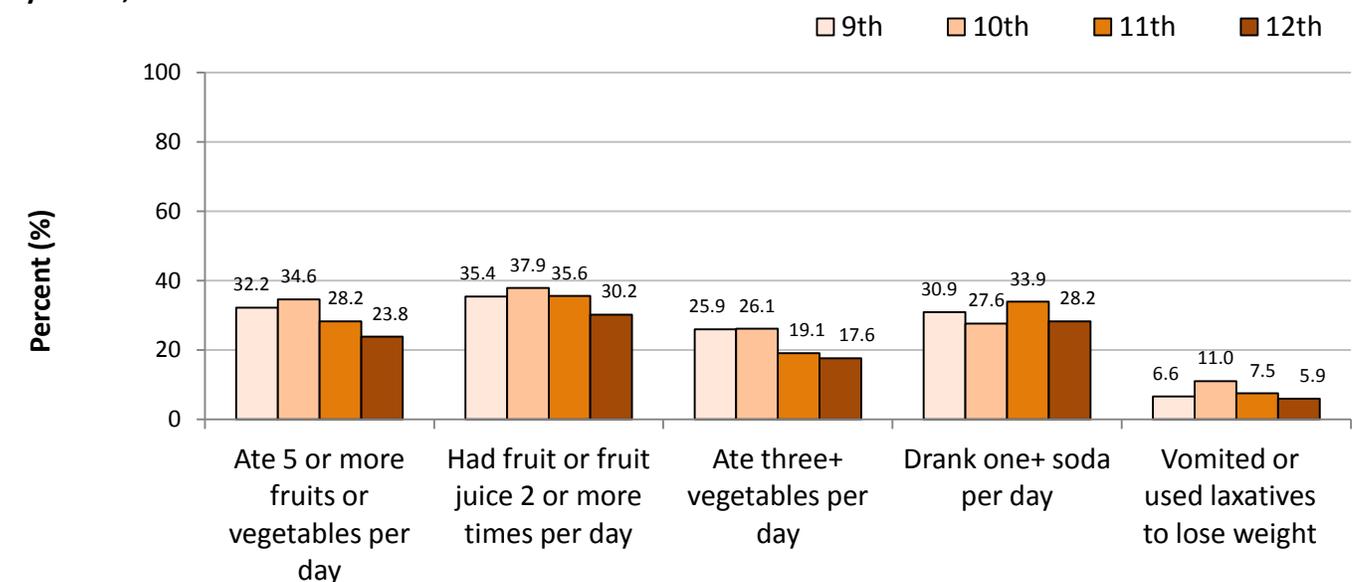
Grades 9-12, 2011



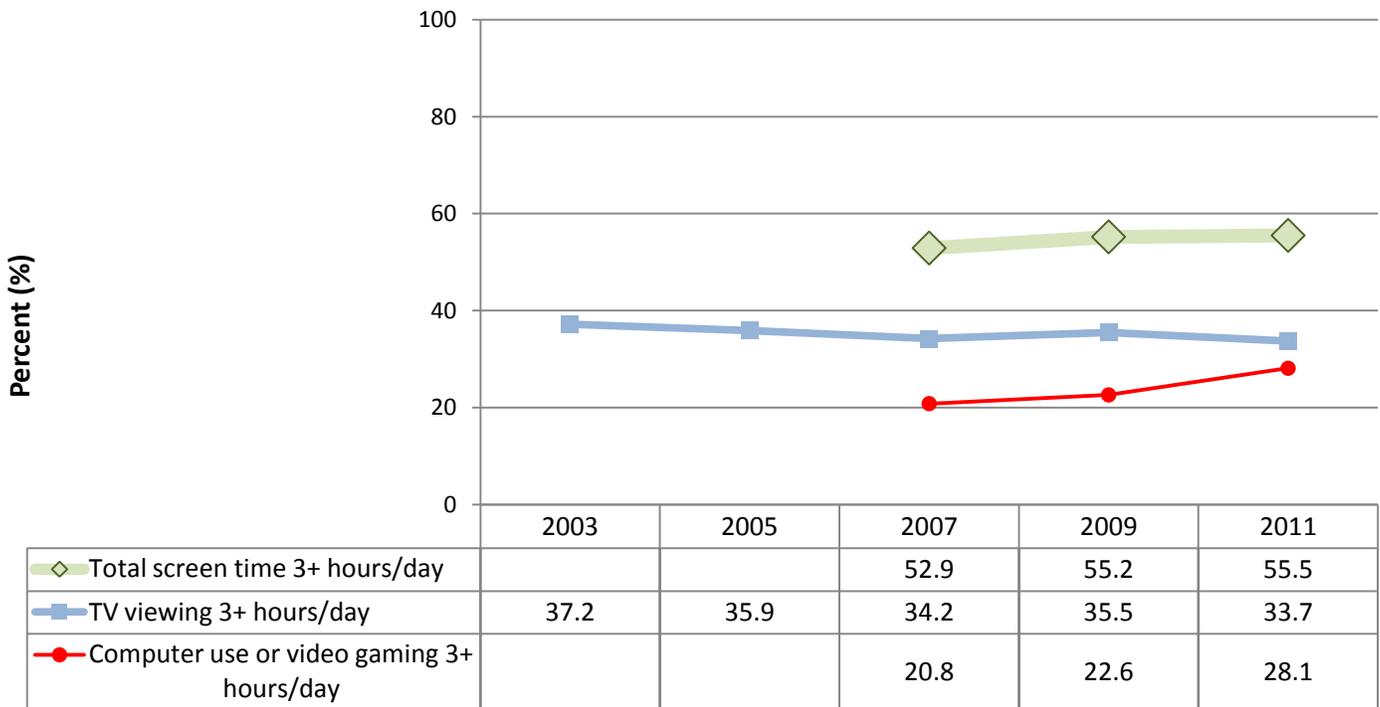
By Gender, American Indian Students



By Grade, American Indian Students

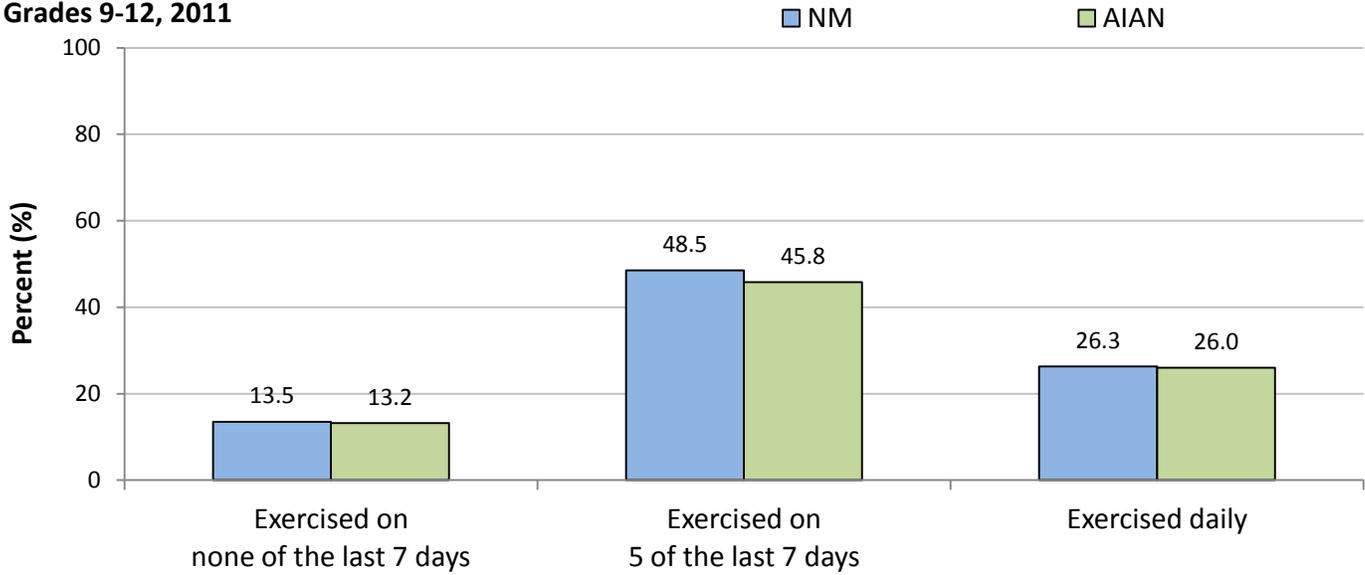


**Physical Activity Indicators
by Year, American Indian Students
Grades 9-12, 2011**

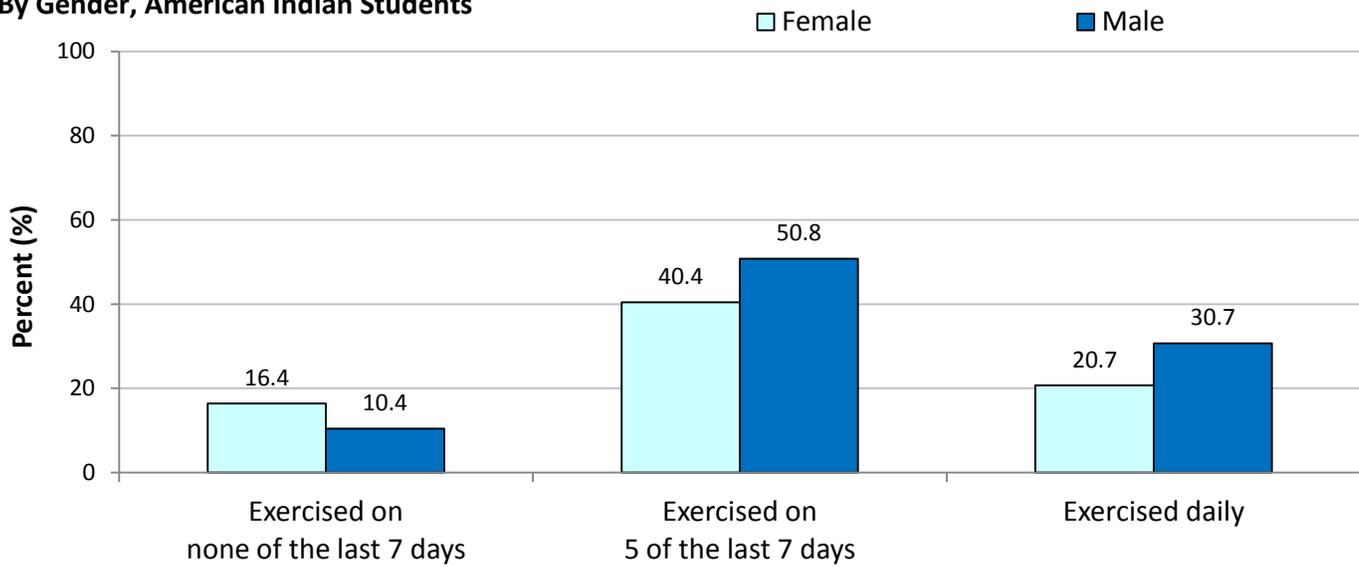


Physical Activity
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

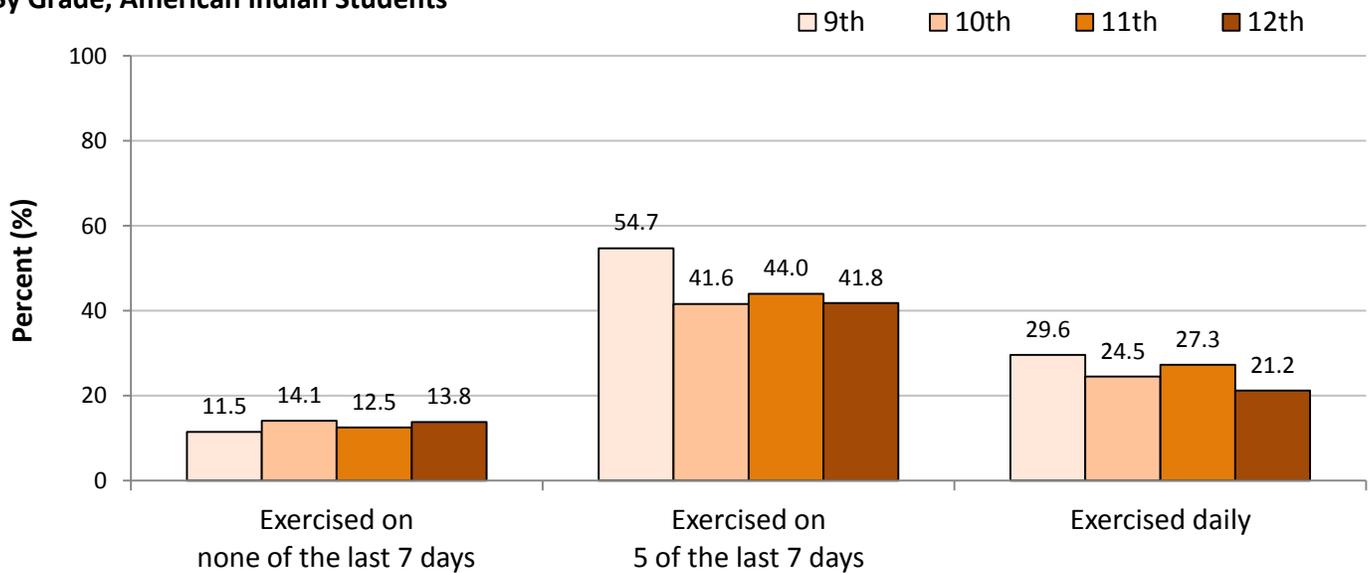
New Mexico 2011 YRRS
 Grades 9 - 12



By Gender, American Indian Students

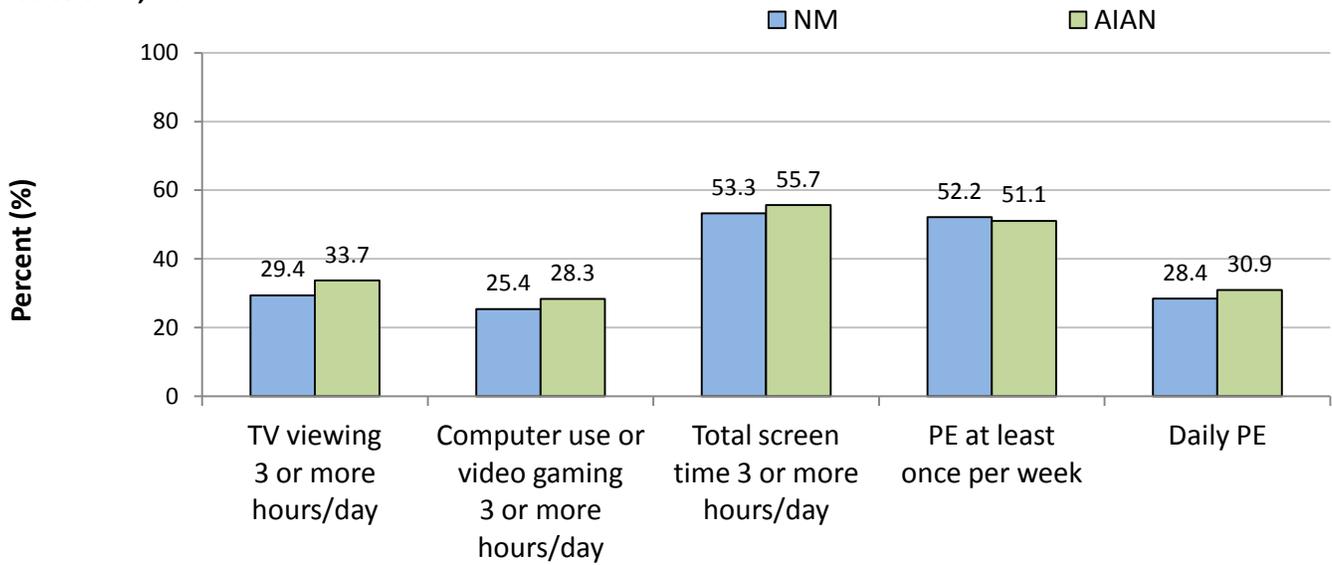


By Grade, American Indian Students

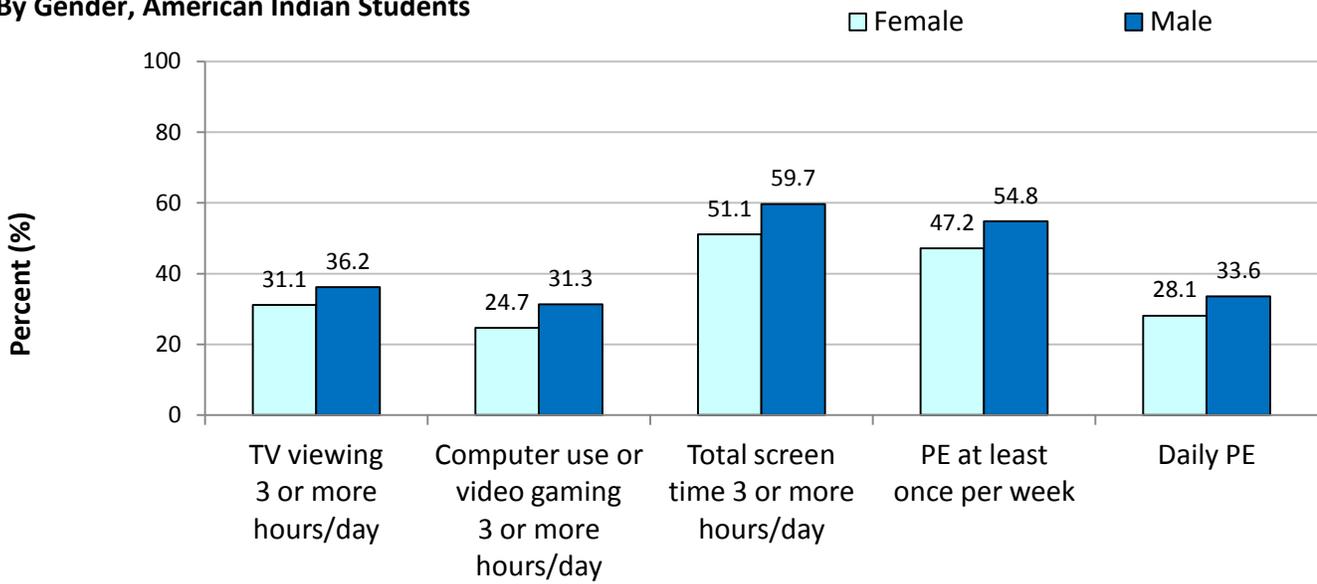


**Physical Activity
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011**

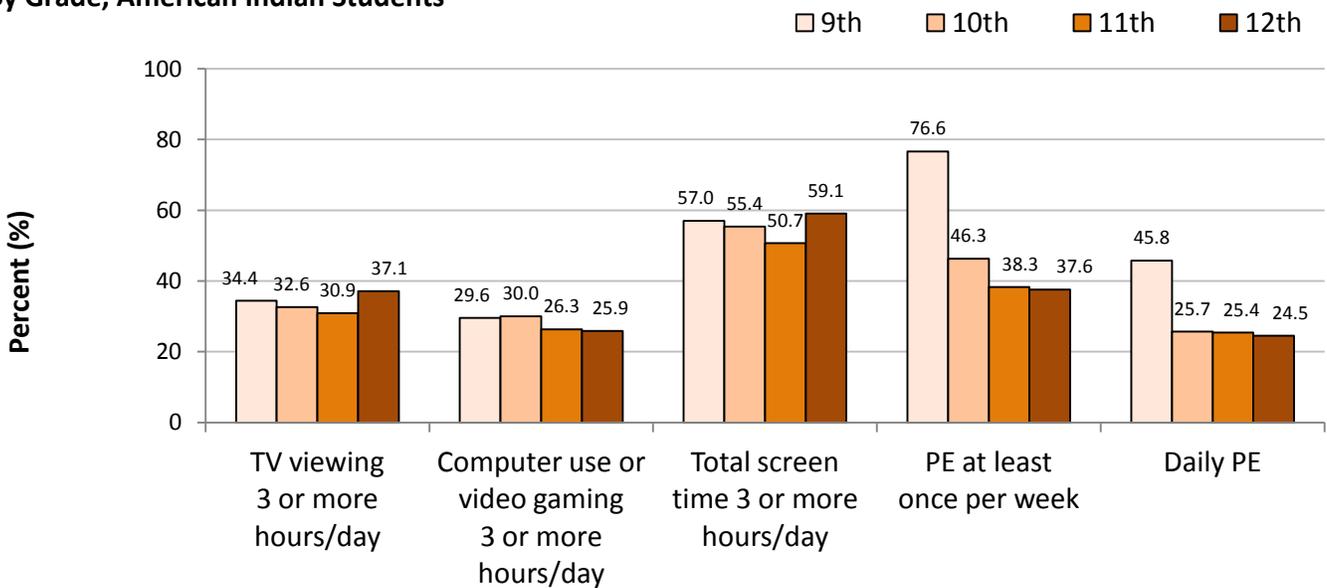
New Mexico 2011 YRRS
Grades 9 - 12



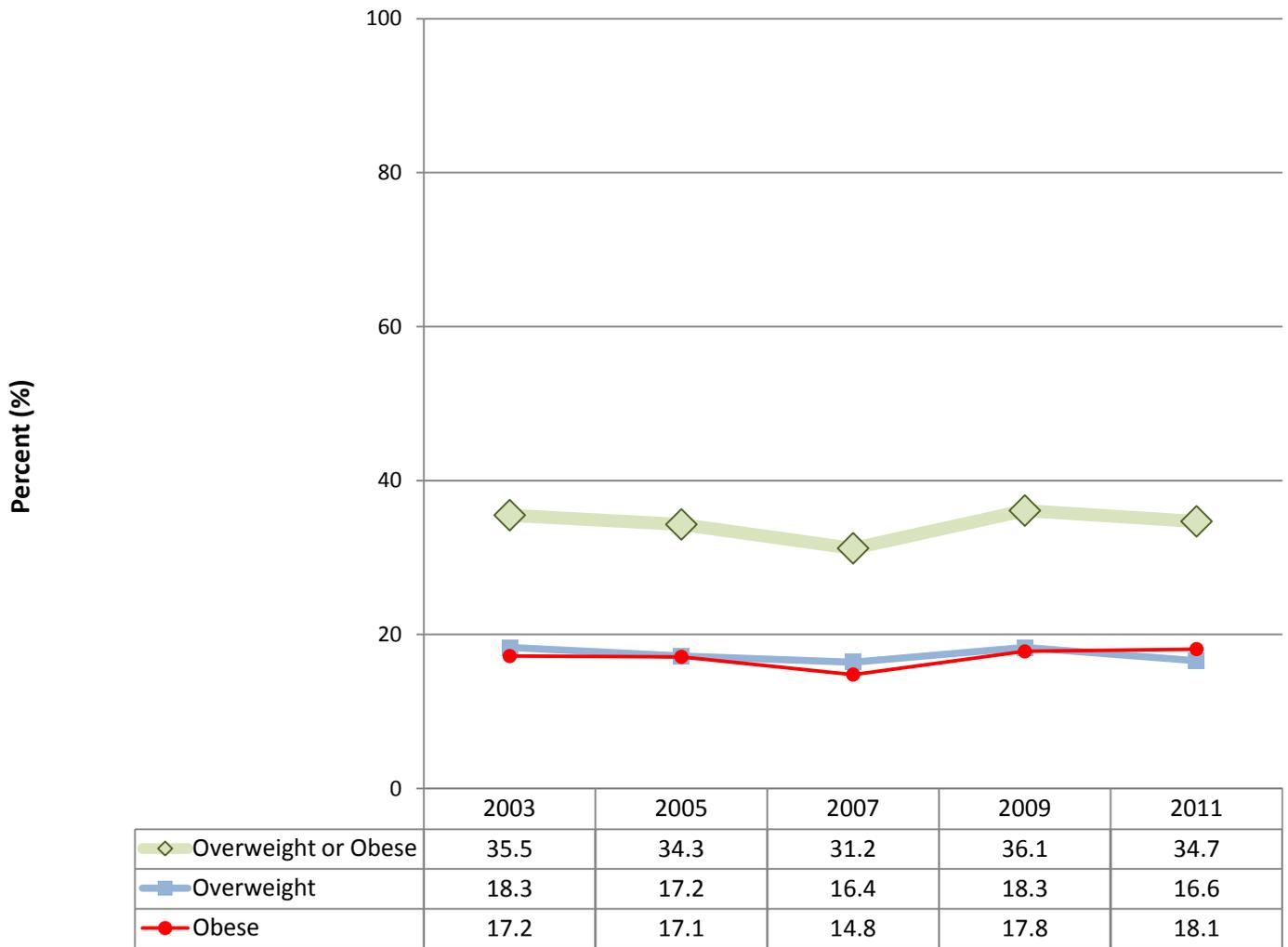
By Gender, American Indian Students



By Grade, American Indian Students



**Body Weight Indicators
by Year, American Indian Students
Grades 9-12, 2011**



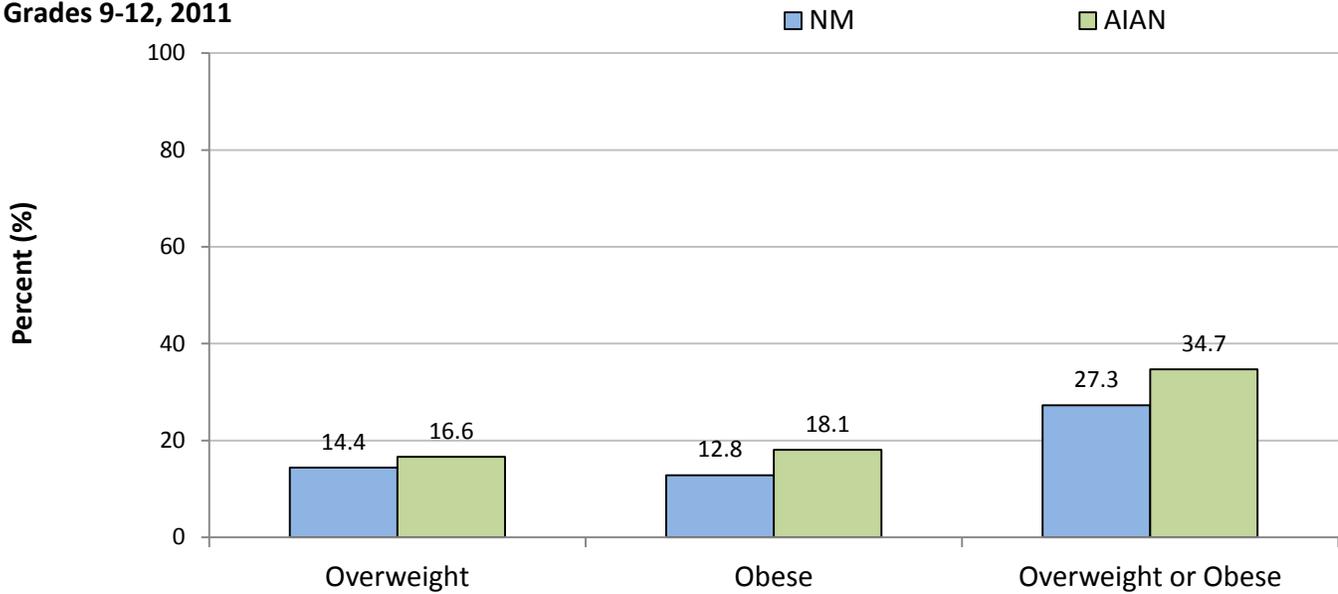
Body Weight

New Mexico (all students) and American Indian Students (AIAN)

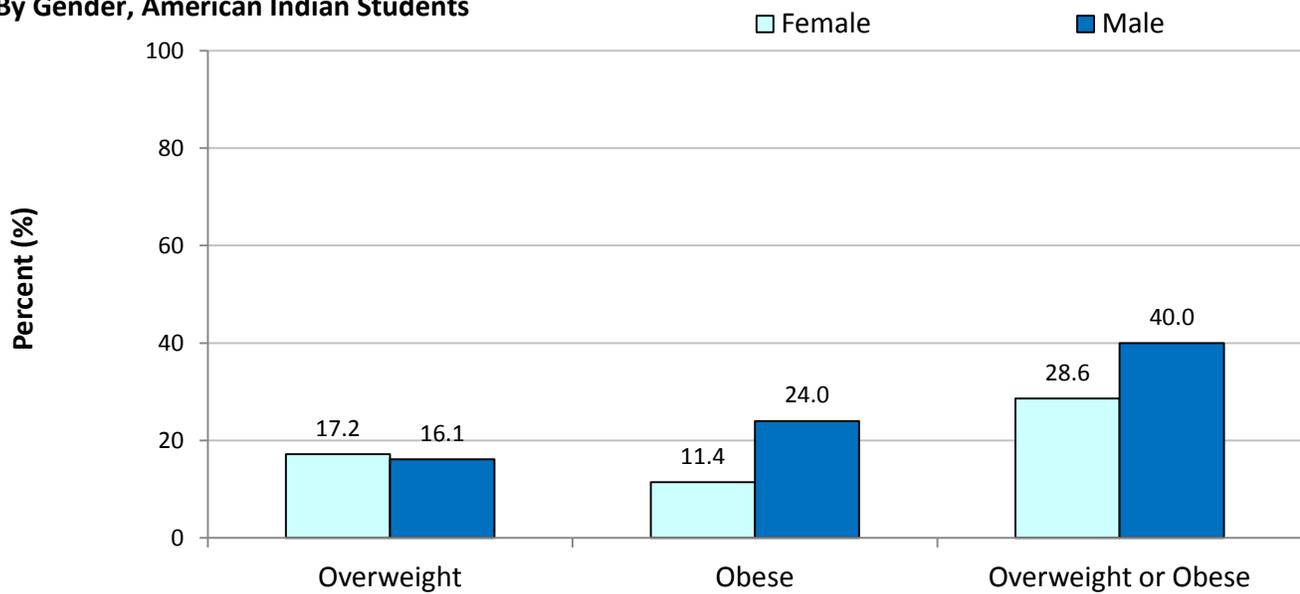
Grades 9-12, 2011

New Mexico 2011 YRRS

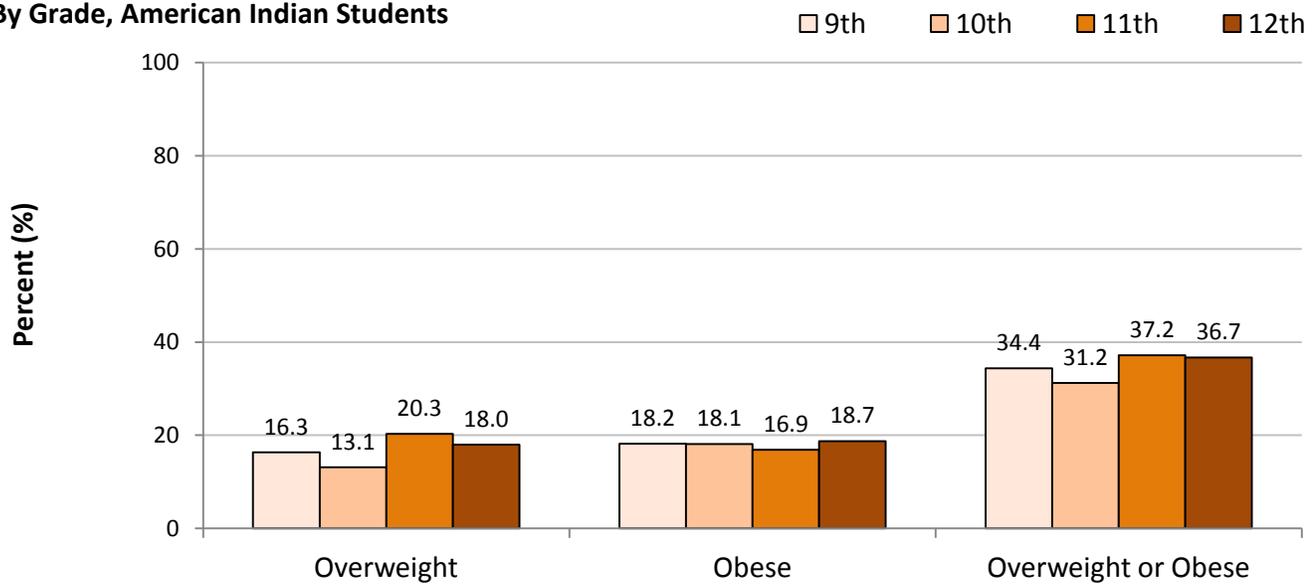
Grades 9 - 12



By Gender, American Indian Students



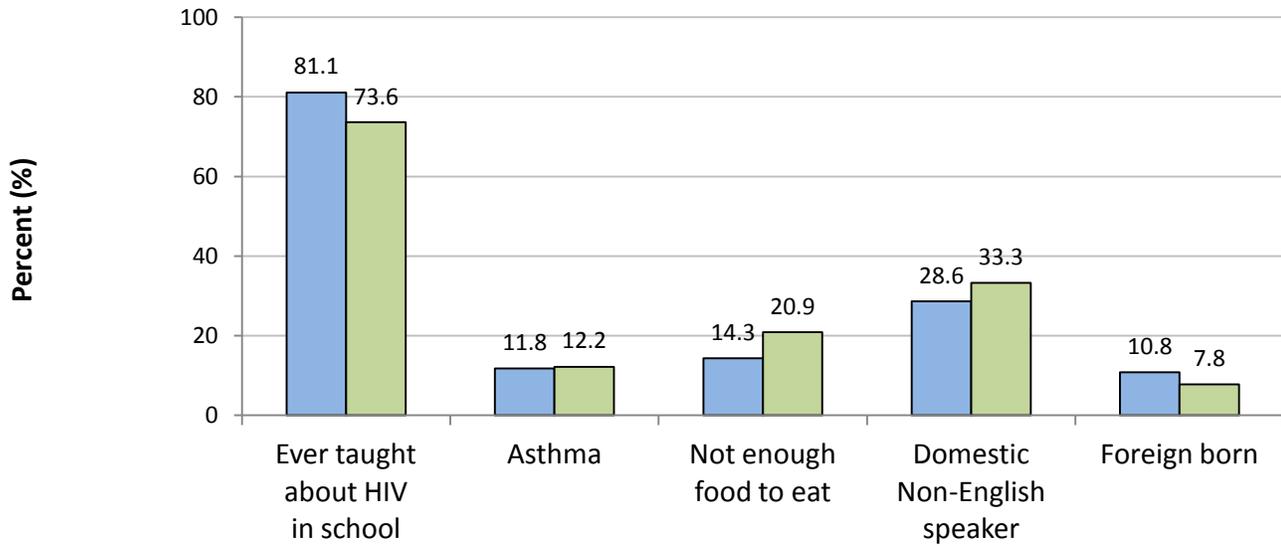
By Grade, American Indian Students



Grades 9-12, 2011

NM

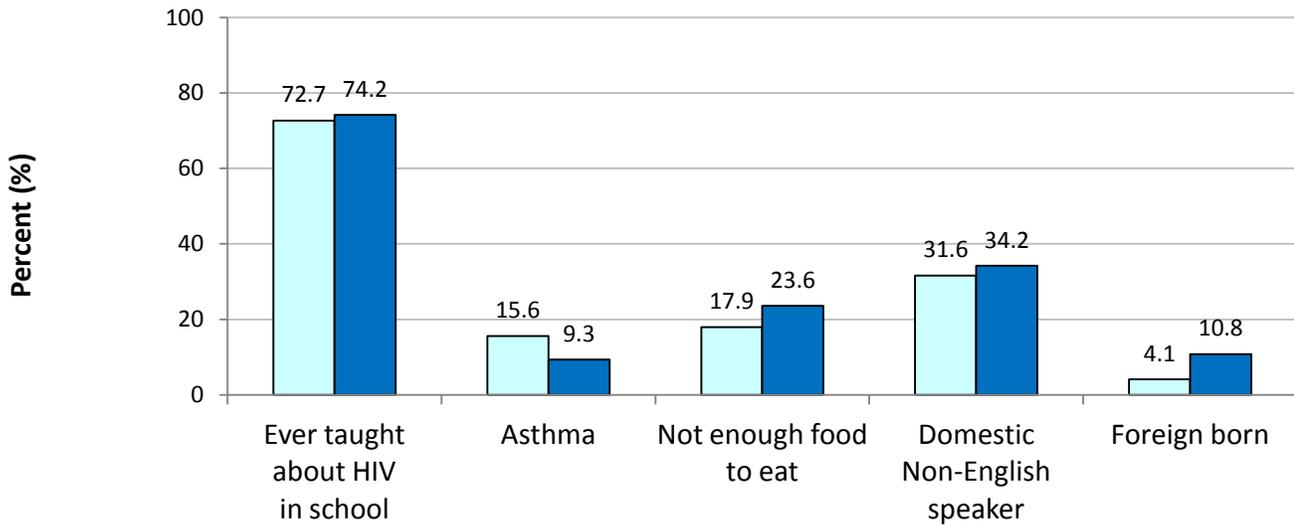
AIAN



By Gender, American Indian Students

Female

Male



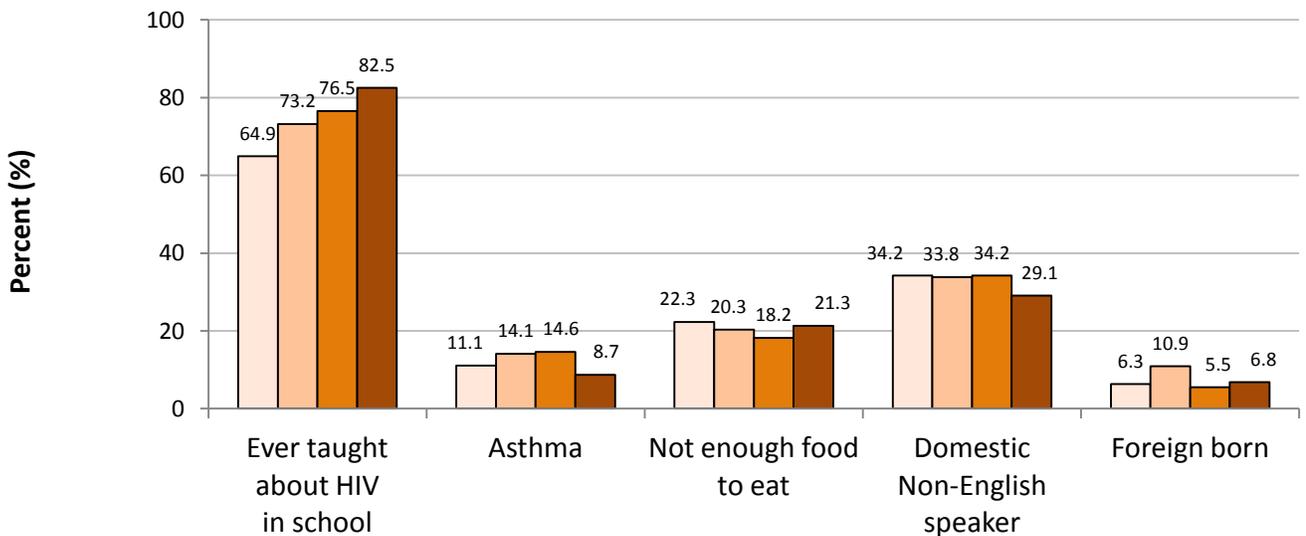
By Grade, American Indian Students

9th

10th

11th

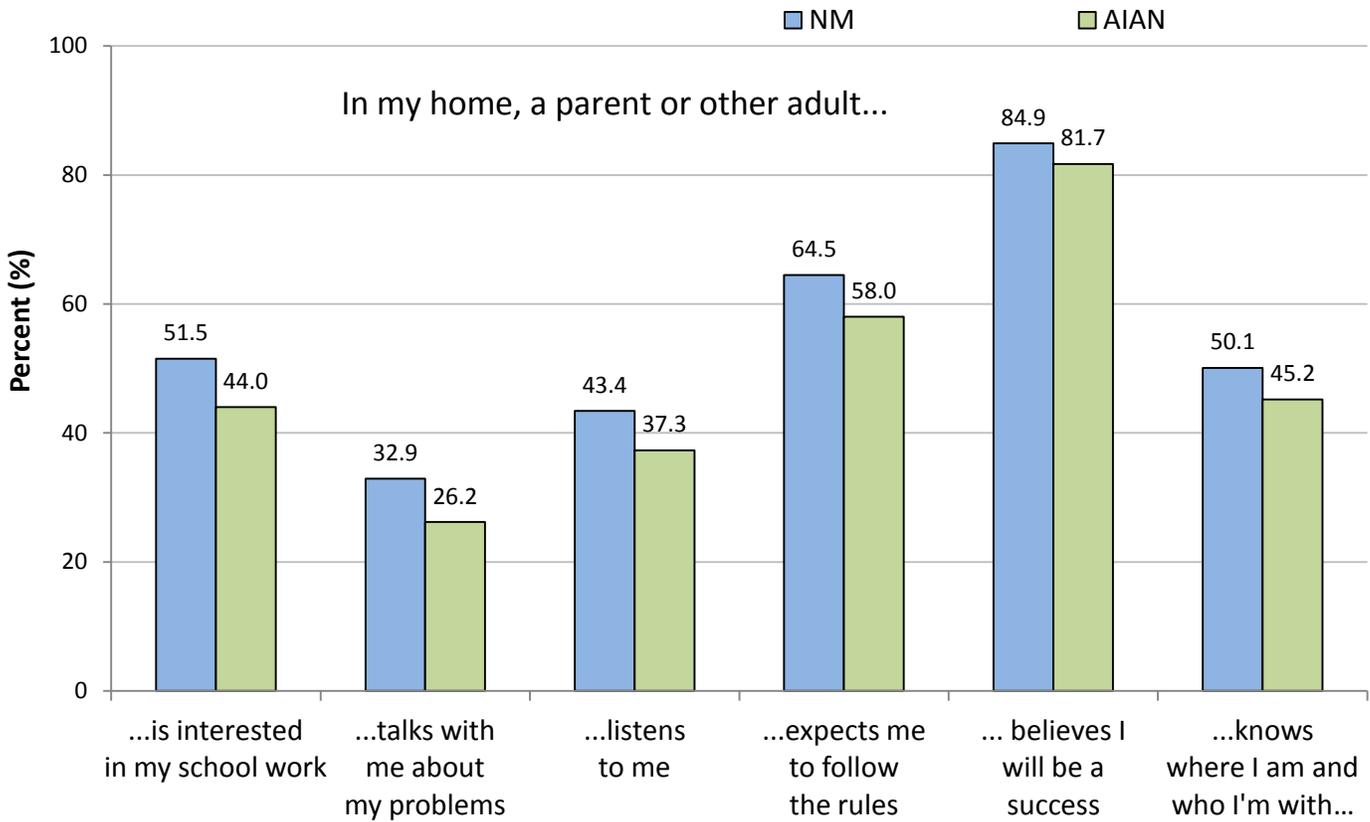
12th



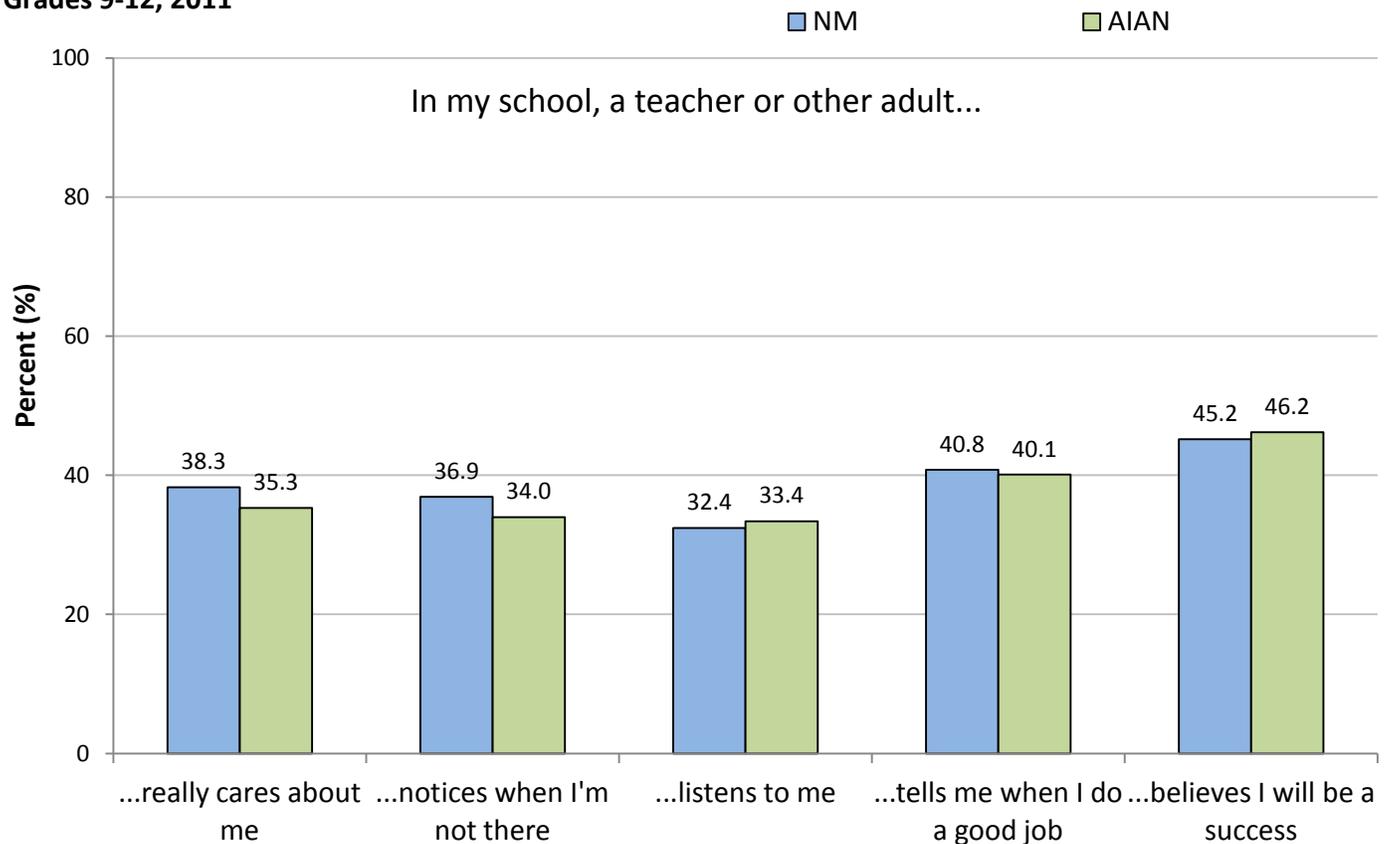
Resiliency/Protective Factors and Academic Measures

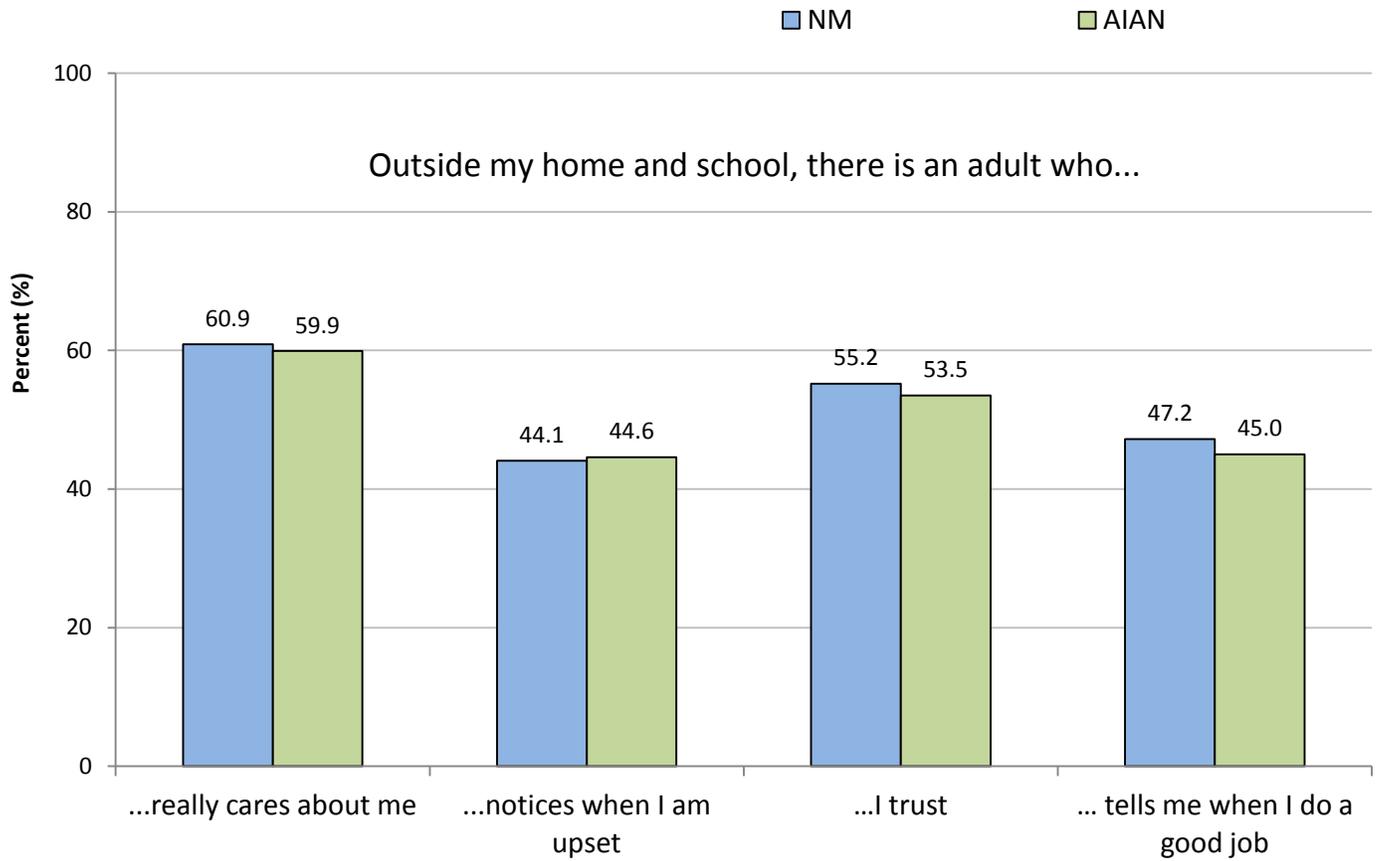
Caring Relationships and High Expectations in the Home
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011

New Mexico 2011 YRRS
 Grades 9 - 12

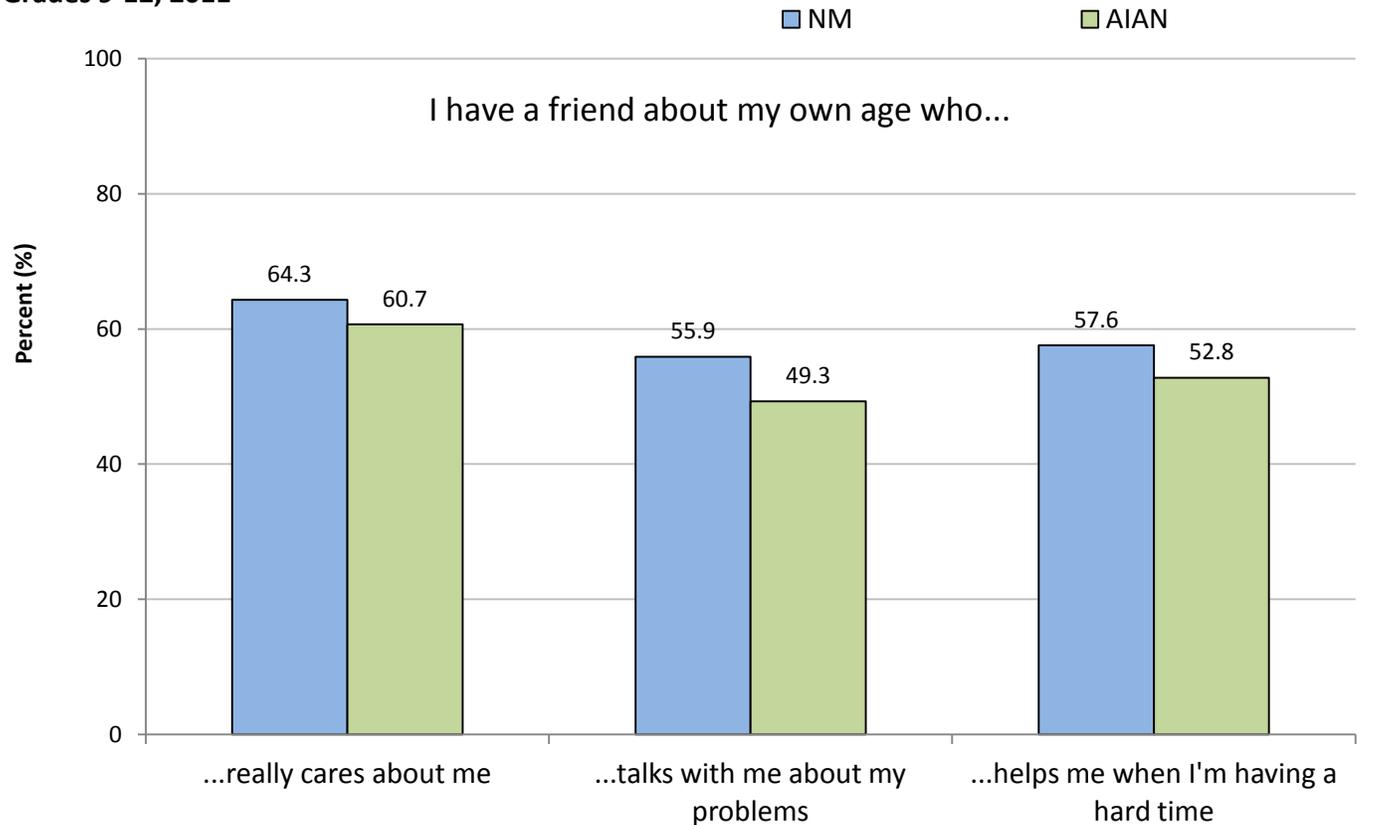


Caring Relationships and High Expectations in the School
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011





Peer Relationships
New Mexico (all students) and American Indian Students (AIAN)
Grades 9-12, 2011



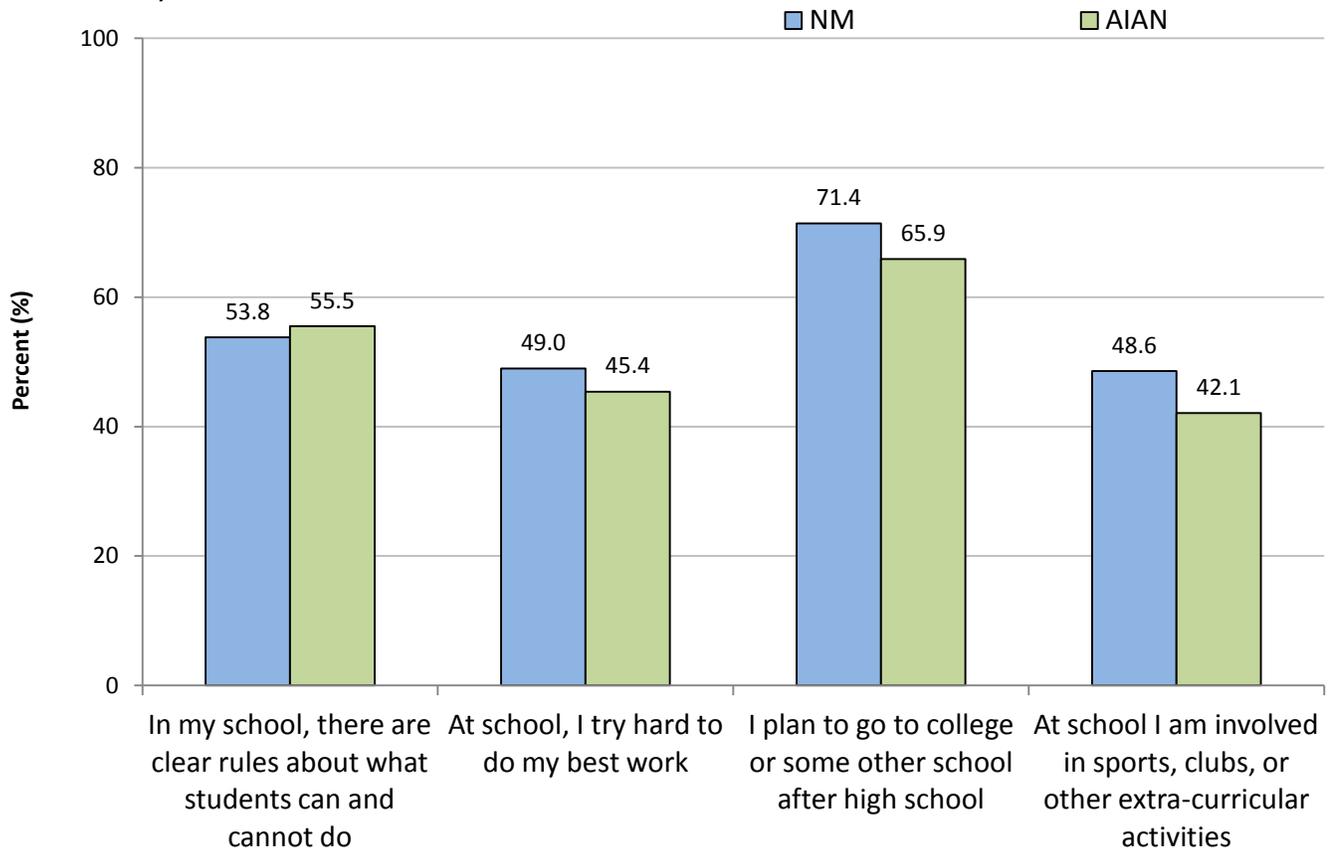
Relationship to School and Education

New Mexico (all students) and American Indian Students (AIAN)

Grades 9-12, 2011

New Mexico 2011 YRRS

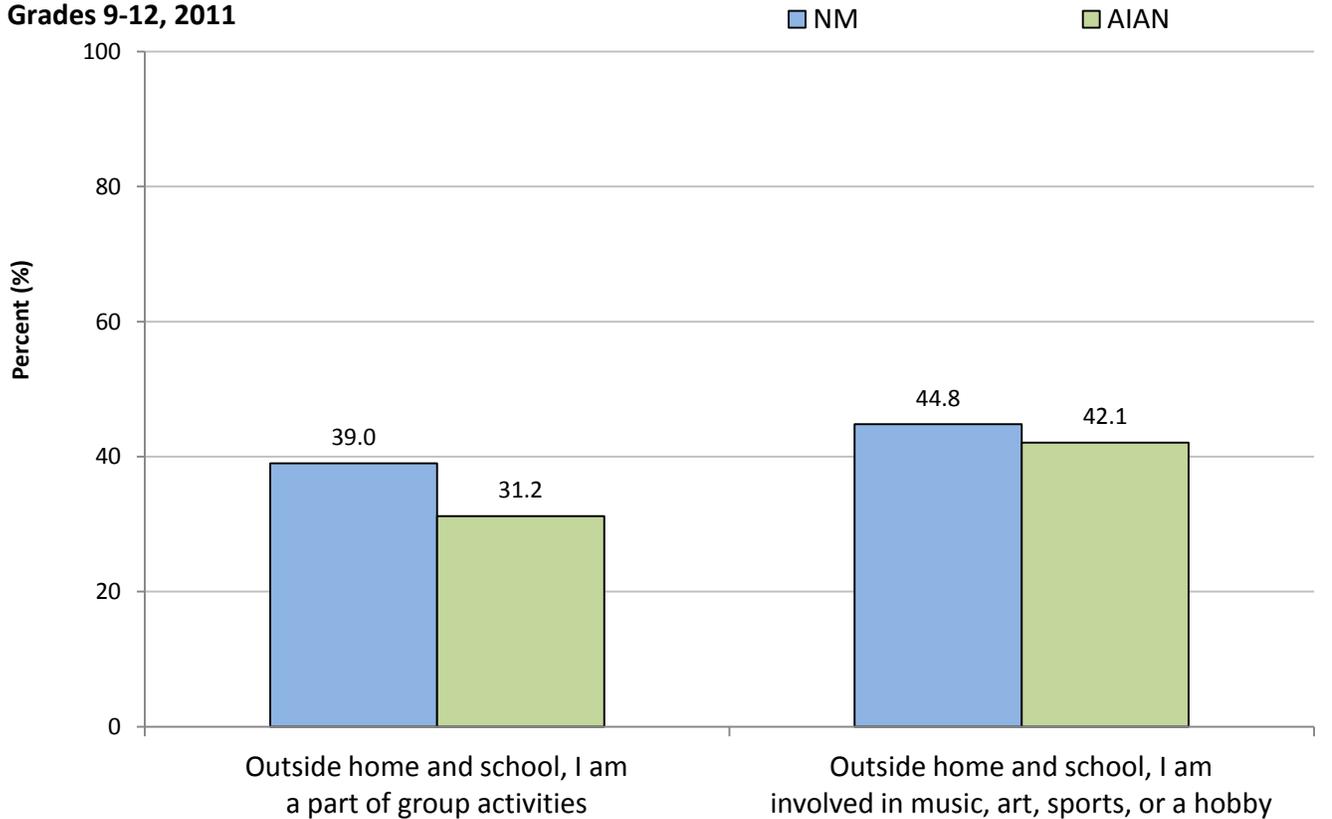
Grades 9 - 12

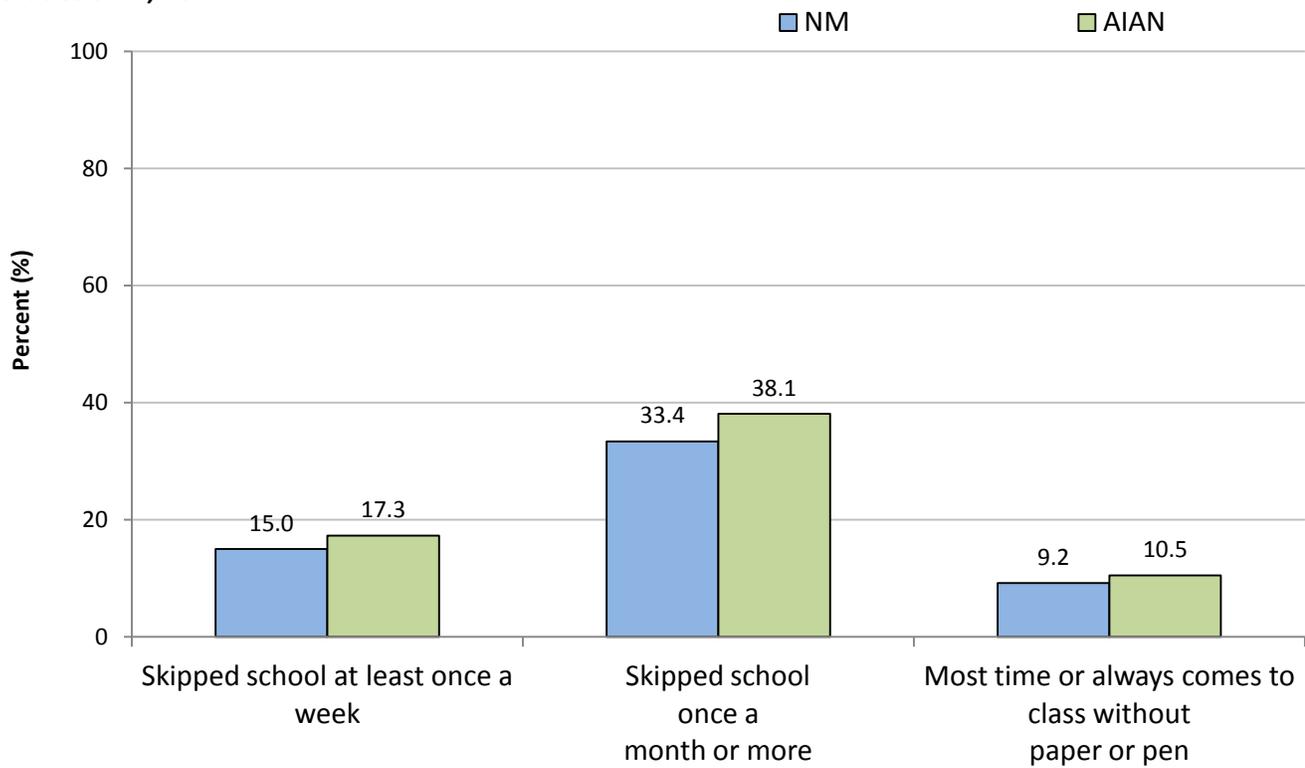


Involvement in the Community

New Mexico (all students) and American Indian Students (AIAN)

Grades 9-12, 2011

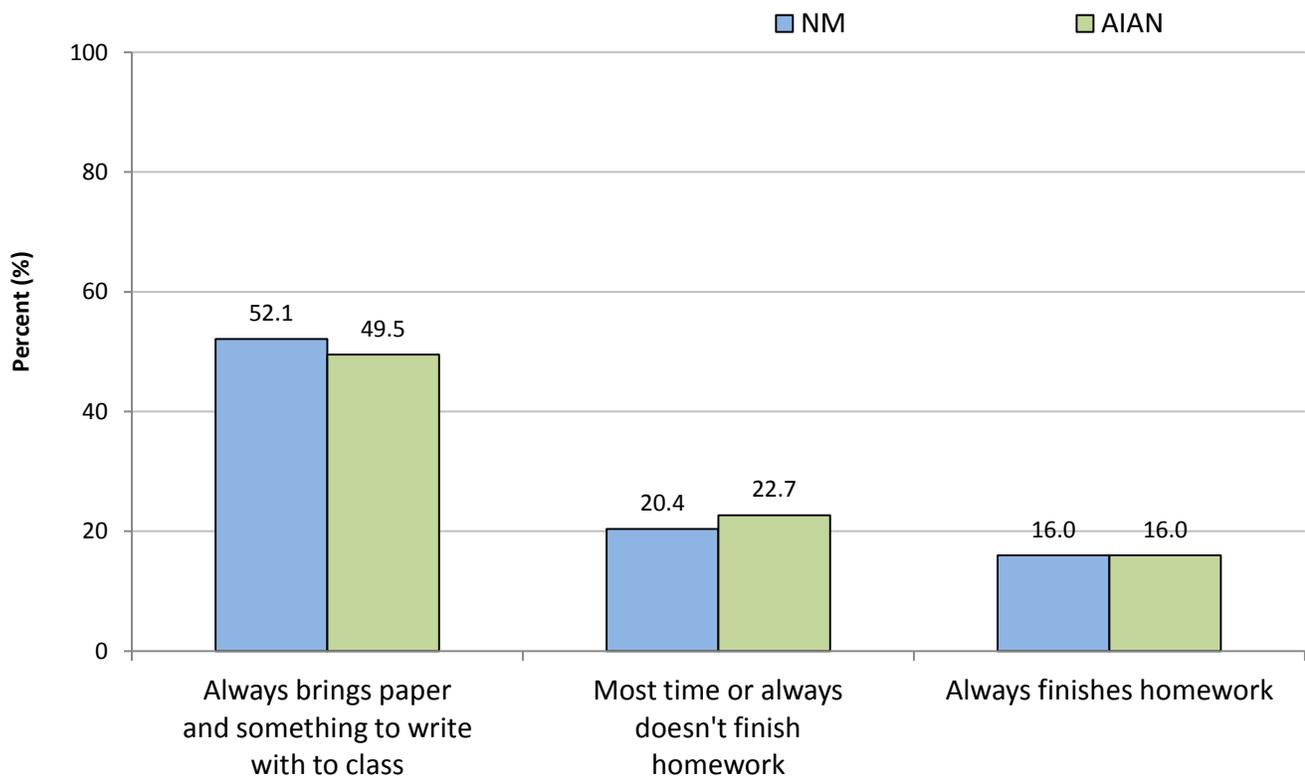




Academic Measures

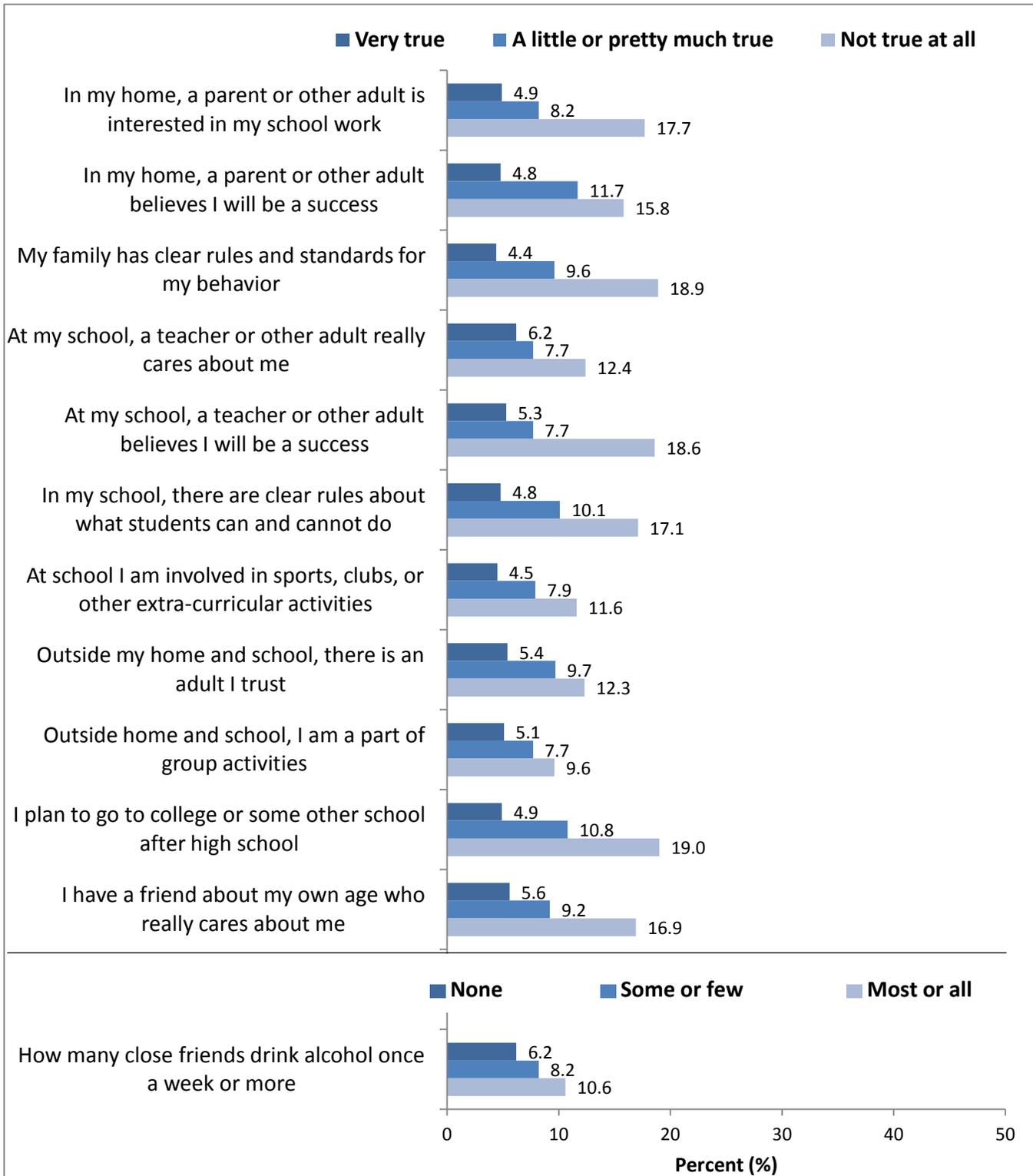
New Mexico (all students) and American Indian Students (AIAN)

Grades 9-12, 2011



Relationship Between Selected Risk Behaviors and Resiliency/Protective Factors

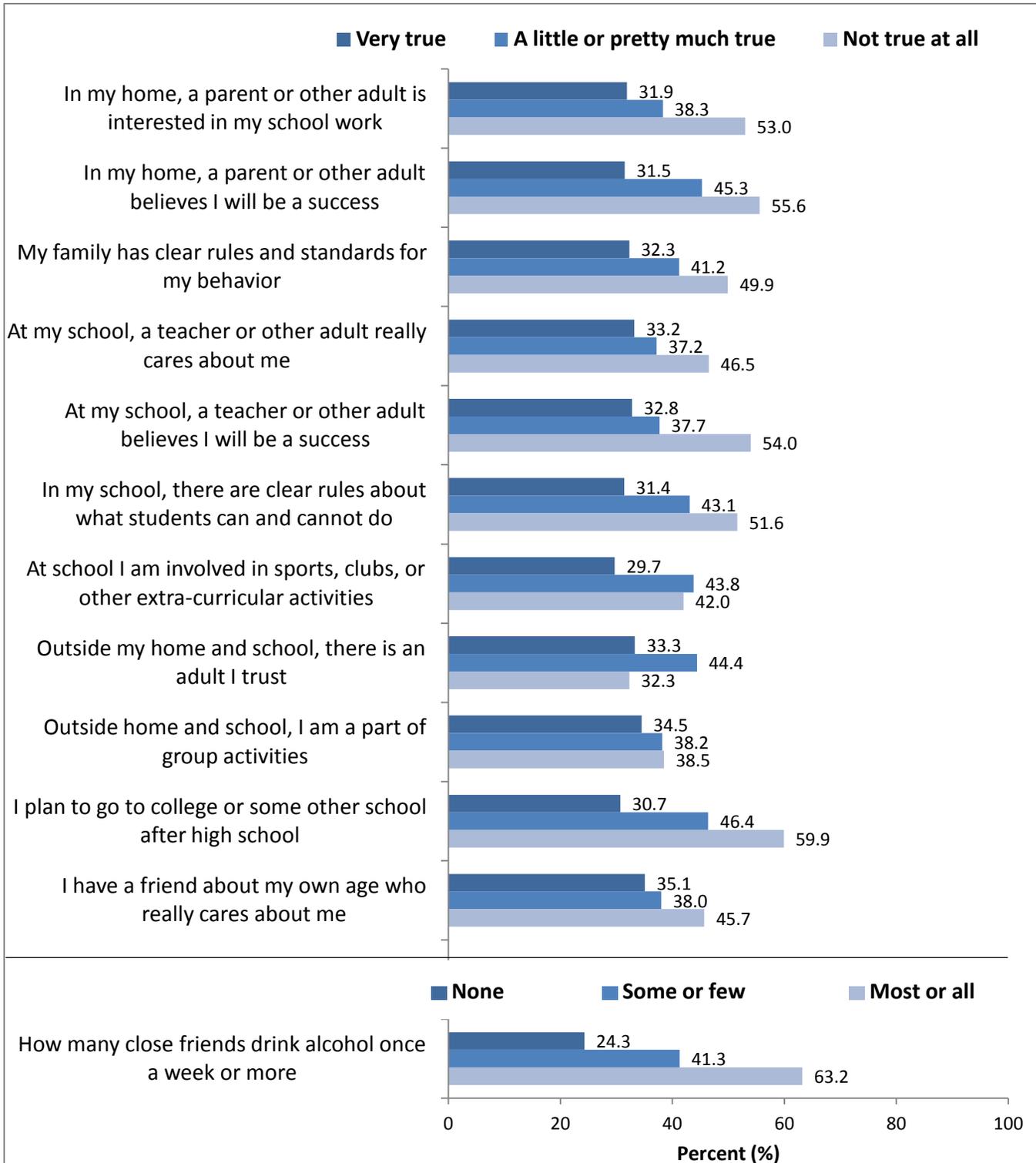
**Rarely or never wore a seatbelt
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 4.9% rarely or never wore a seatbelt.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 8.2% rarely or never wore a seatbelt.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 17.7% rarely or never wore a seatbelt.

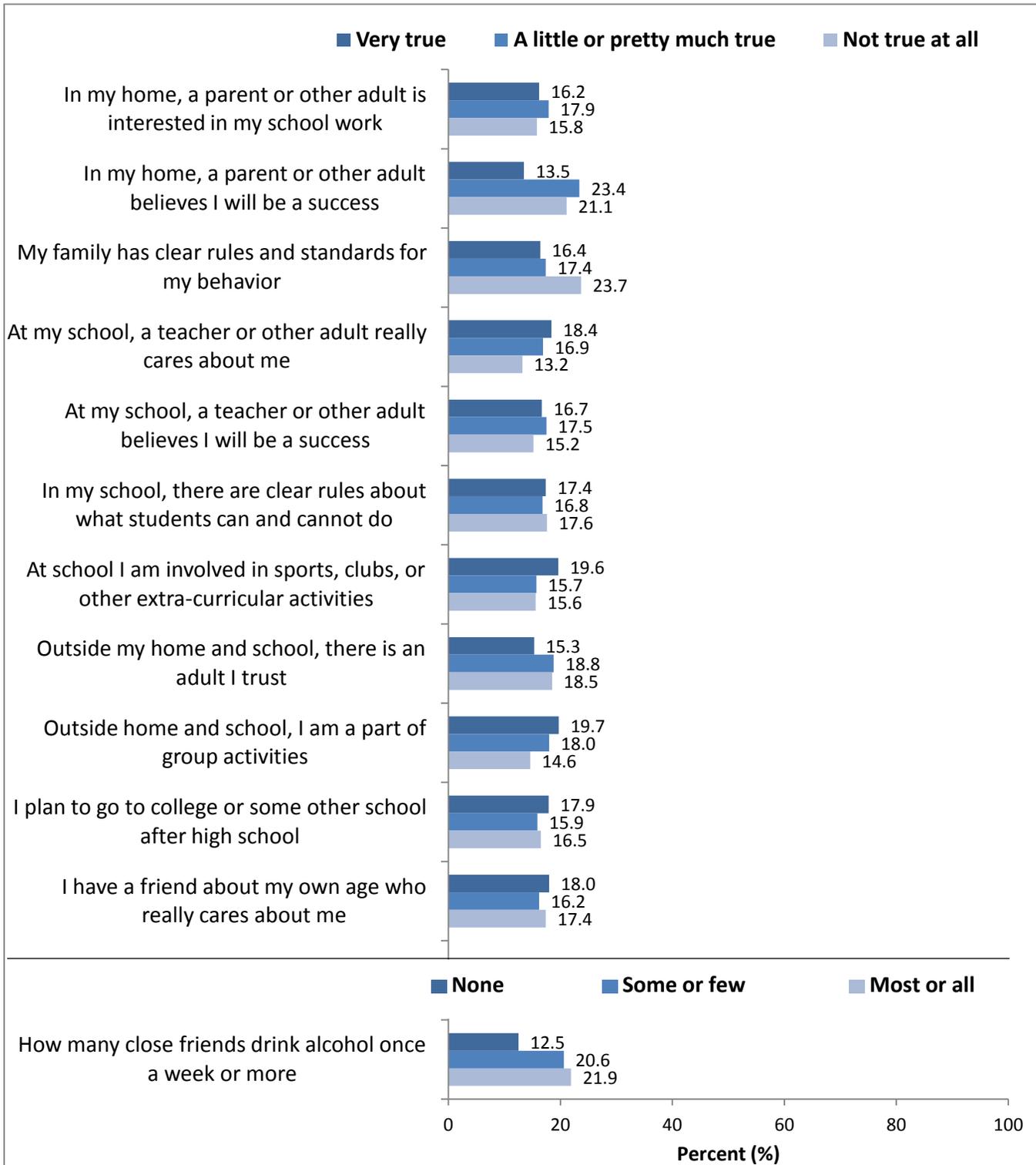
**In a physical fight
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 31.9% were in a physical fight.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 38.3% were in a physical fight.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 53% were in a physical fight.

**Bullied on school property
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**

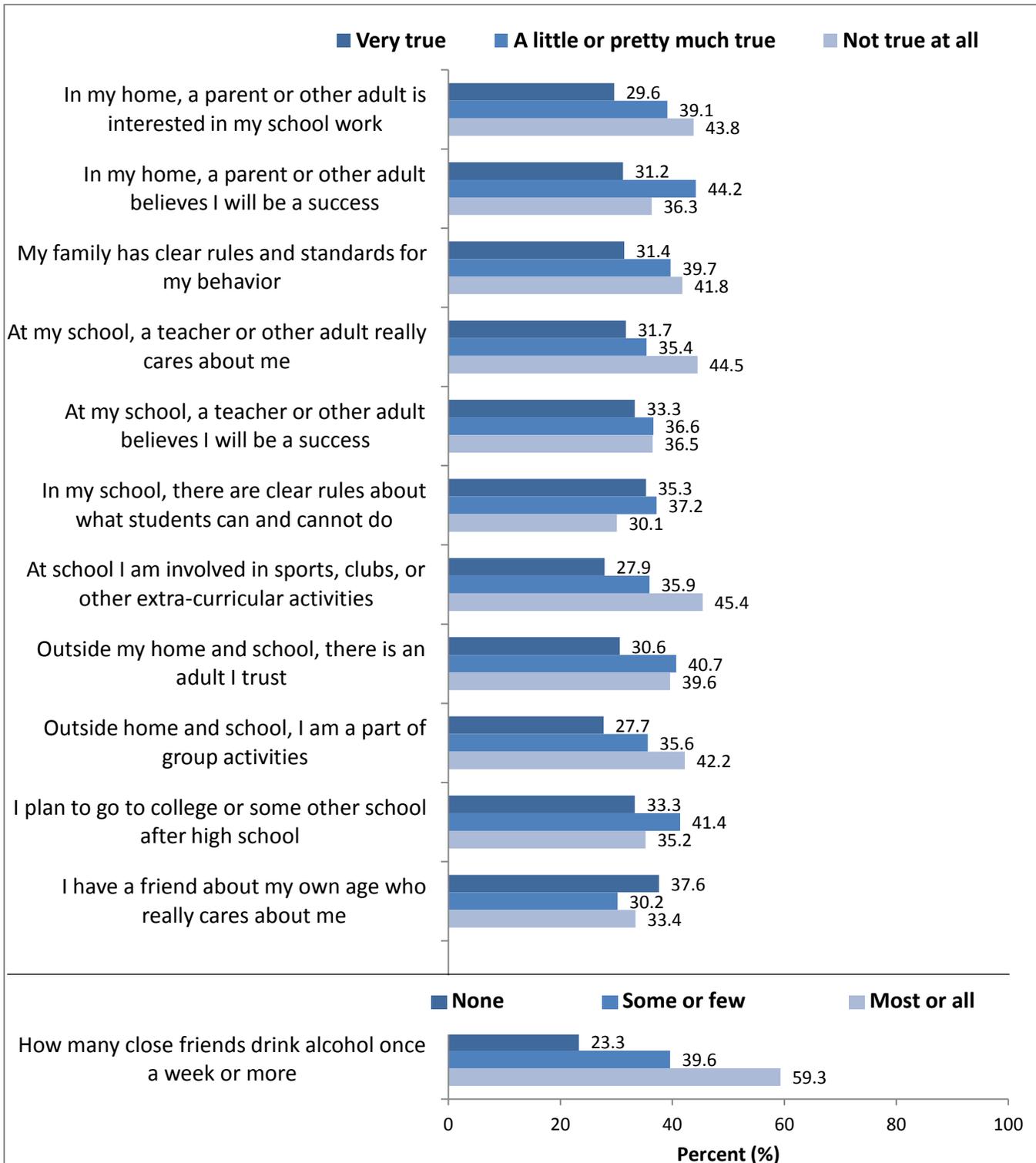


How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 16.2% were bullied on school property.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 17.9% were bullied on school property.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 15.8% were bullied on school property.

**Persistent sadness or hopelessness
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**

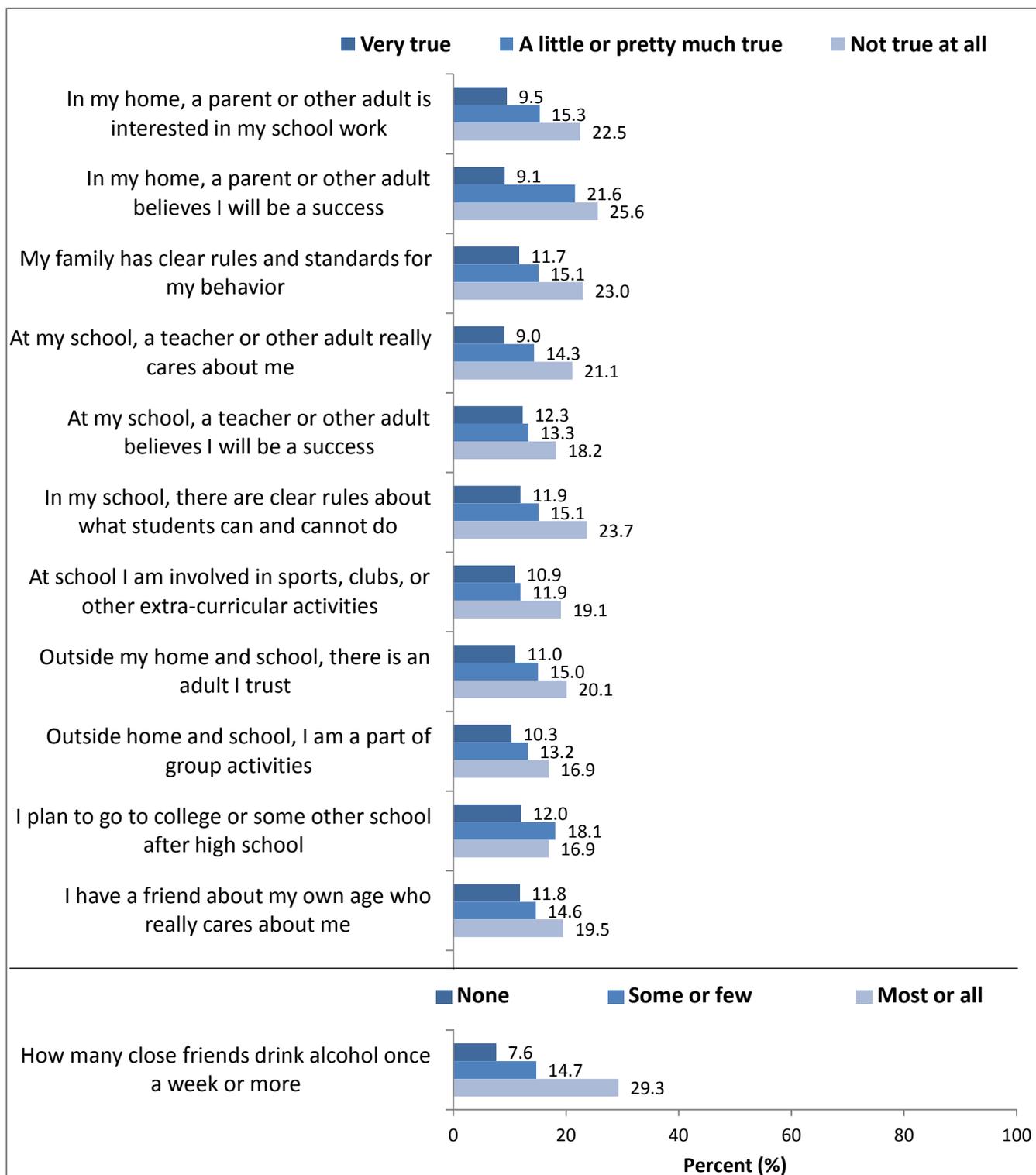
New Mexico 2011 YRRS
Grades 9 - 12



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 29.6% felt sadness or hopelessness.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 39.1% felt sadness or hopelessness.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 43.8% felt sadness or hopelessness.

**Attempted suicide
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**

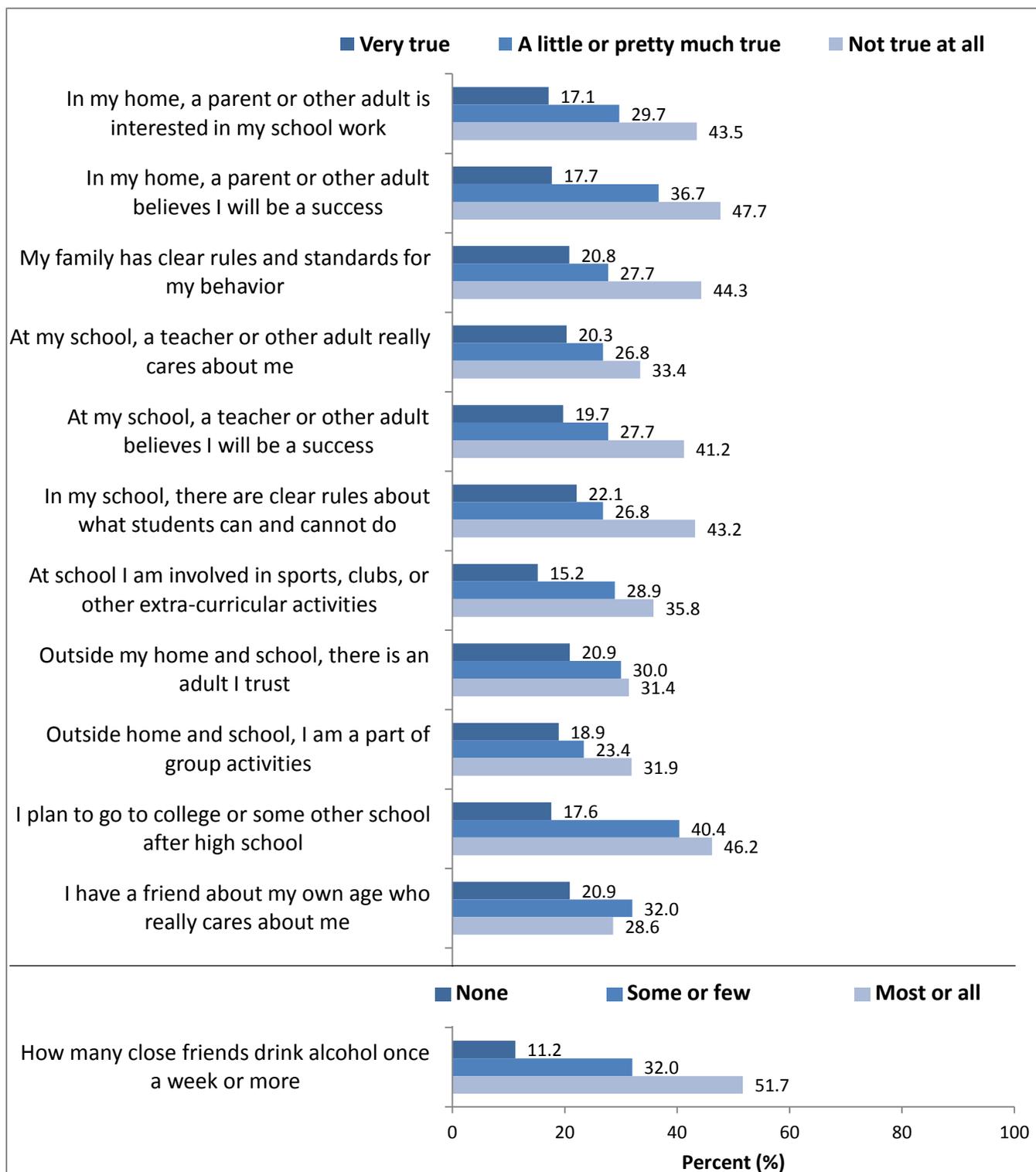


How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 9.5% attempted suicide.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 15.3% attempted suicide.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 22.5% attempted suicide.

**Current cigarette smoking
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**

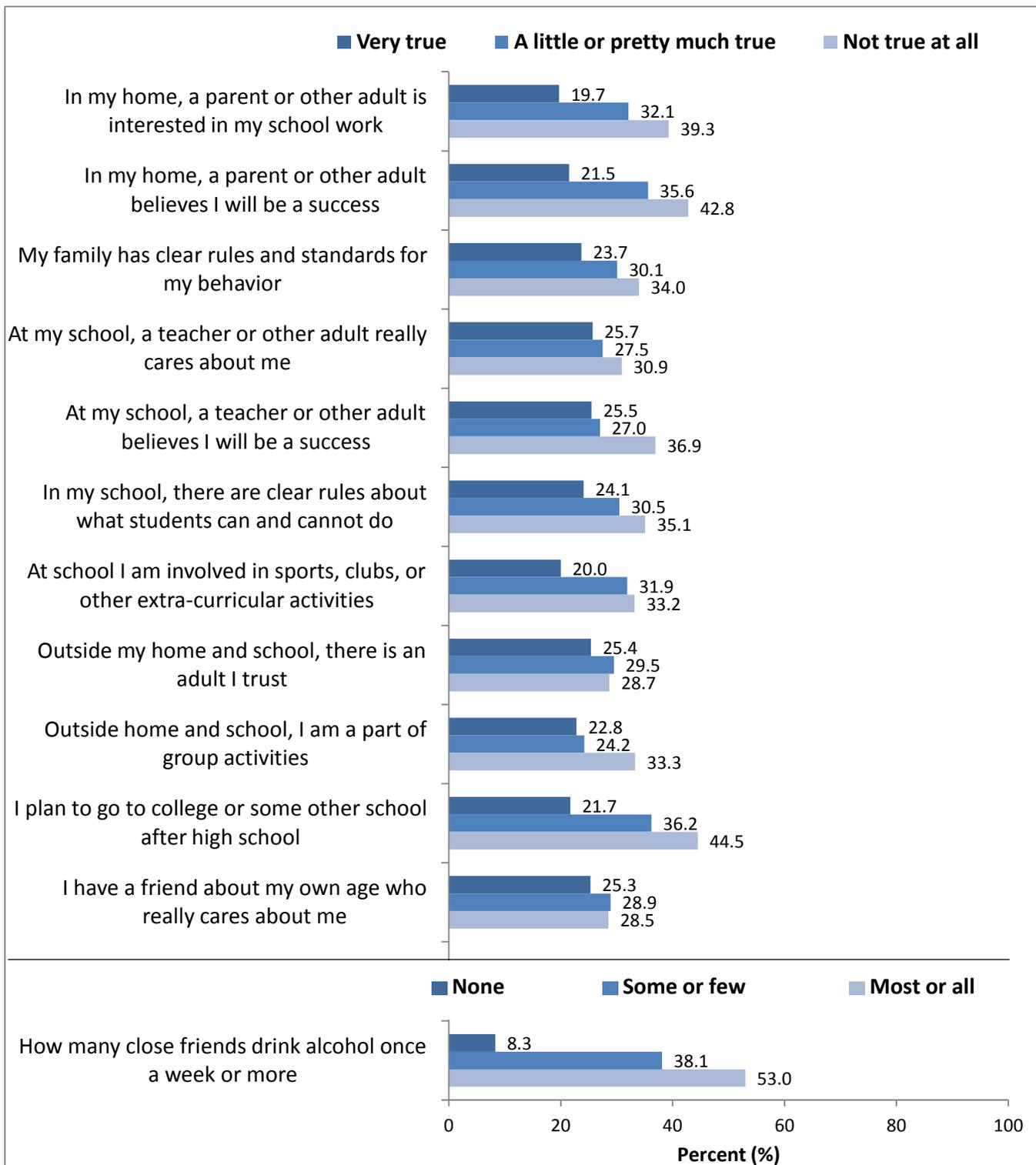
New Mexico 2011 YRRS
Grades 9 - 12



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 17.1% were current cigarette smokers.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 29.7% were current cigarette smokers.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 43.5% were current cigarette smokers.

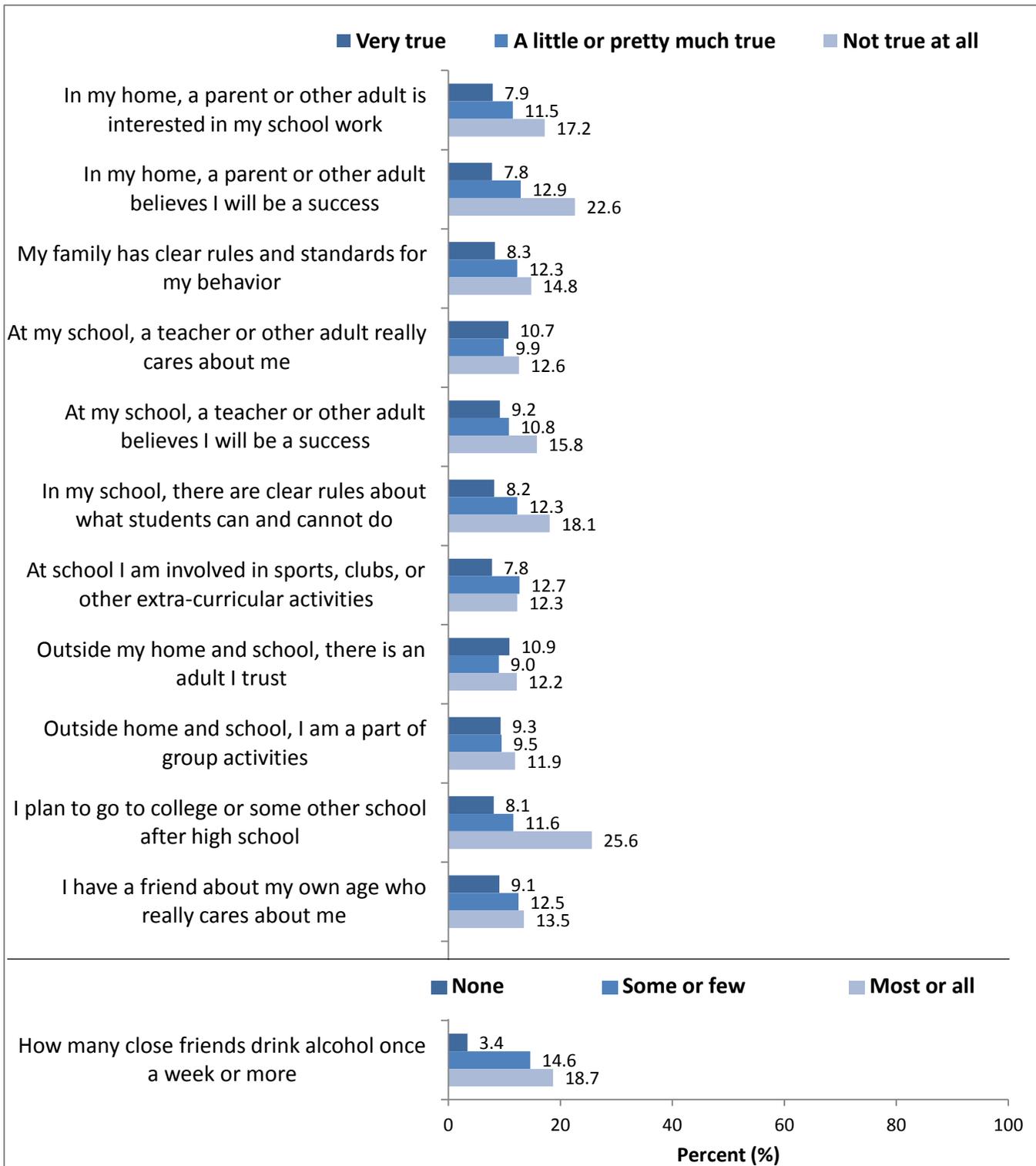
**Binge drinking
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 19.7% were binge drinkers.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 32.1% were binge drinkers.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 39.3% were binge drinkers.

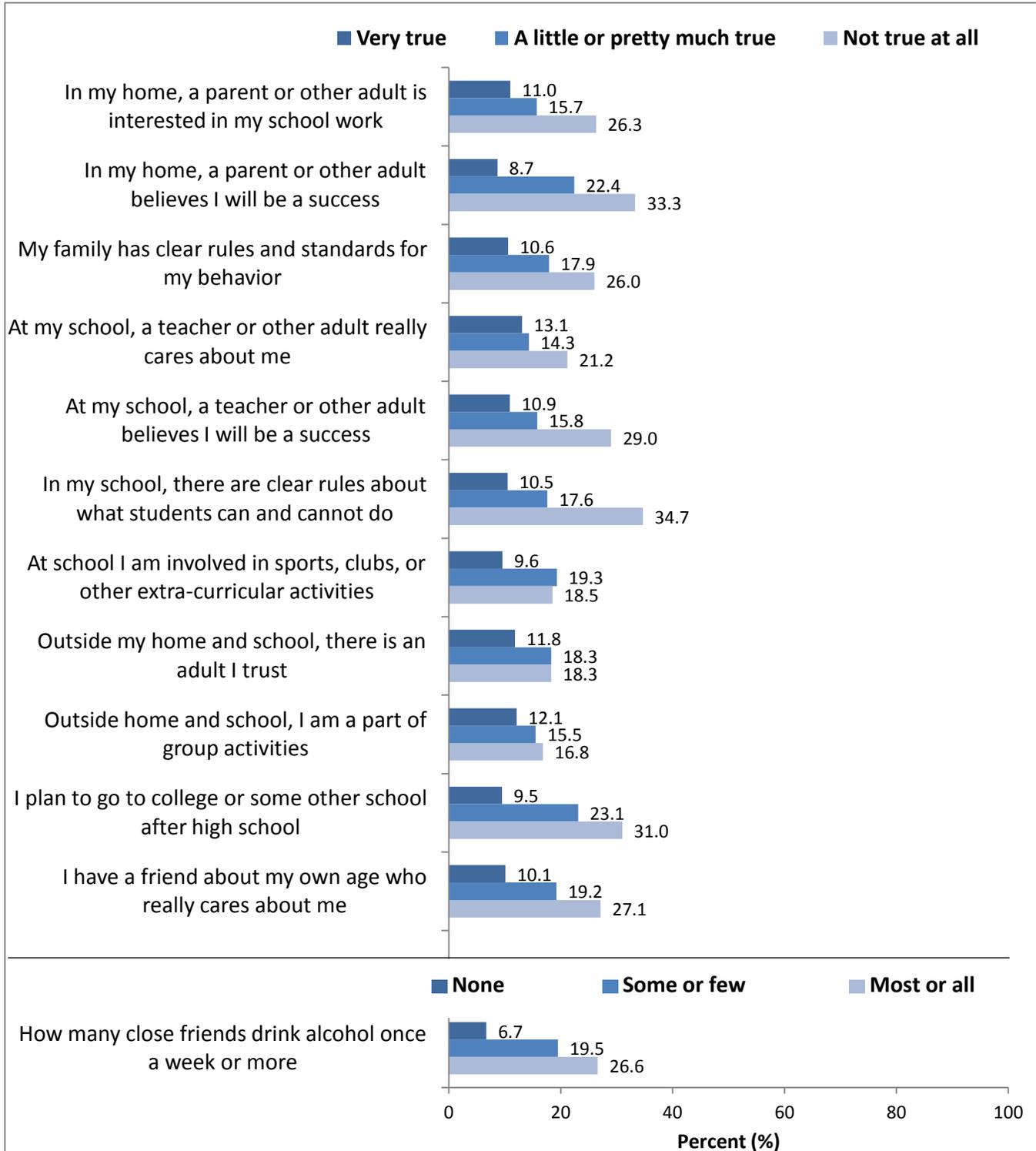
**Drinking and driving
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 7.9% drove when they had been drinking.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 11.5% drove when they had been drinking.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 17.2% drove when they had been drinking.

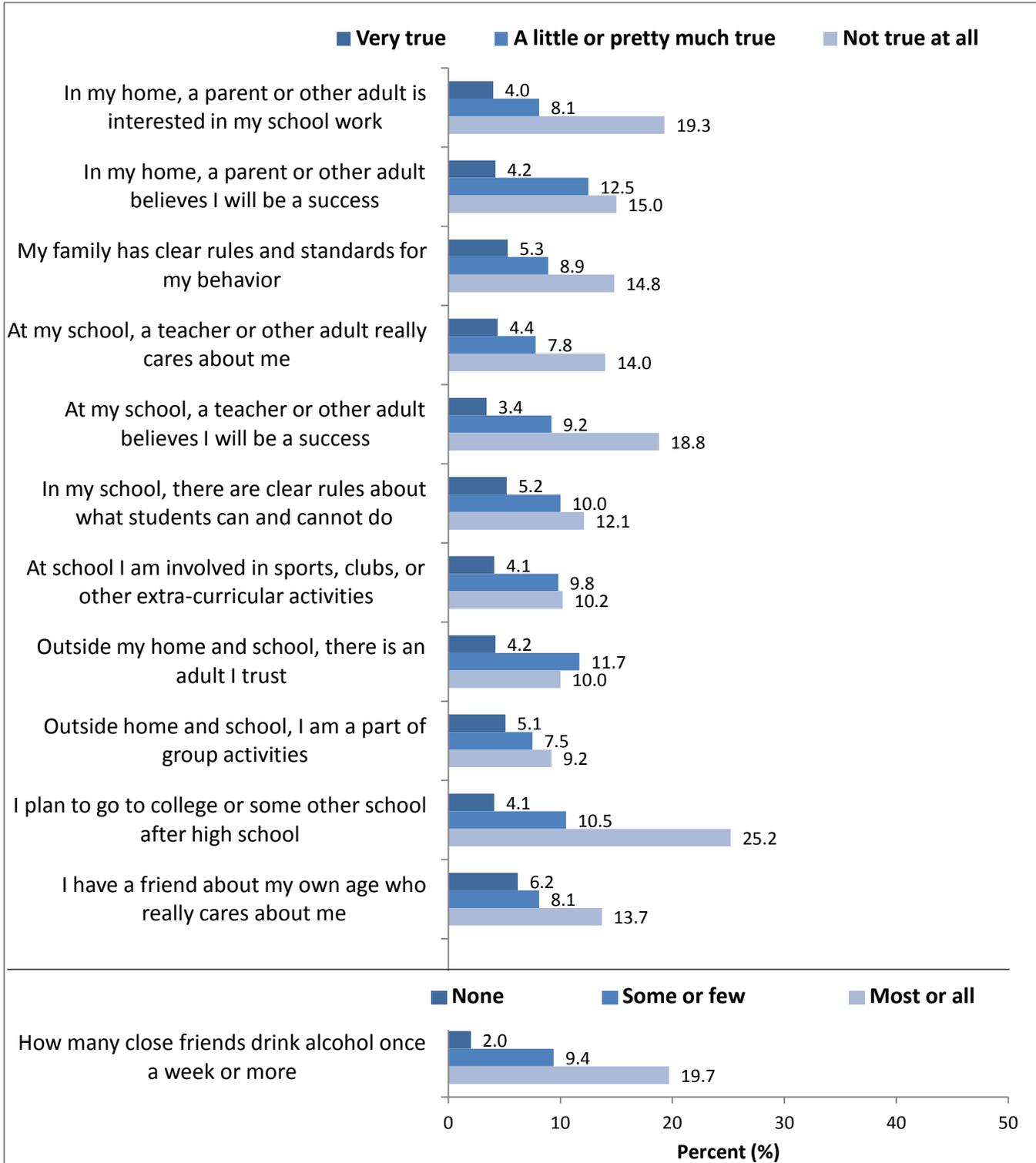
**Current painkiller use to get high
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 11% used painkillers to get high.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 15.7% used painkillers to get high.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 26.3% used painkillers to get high.

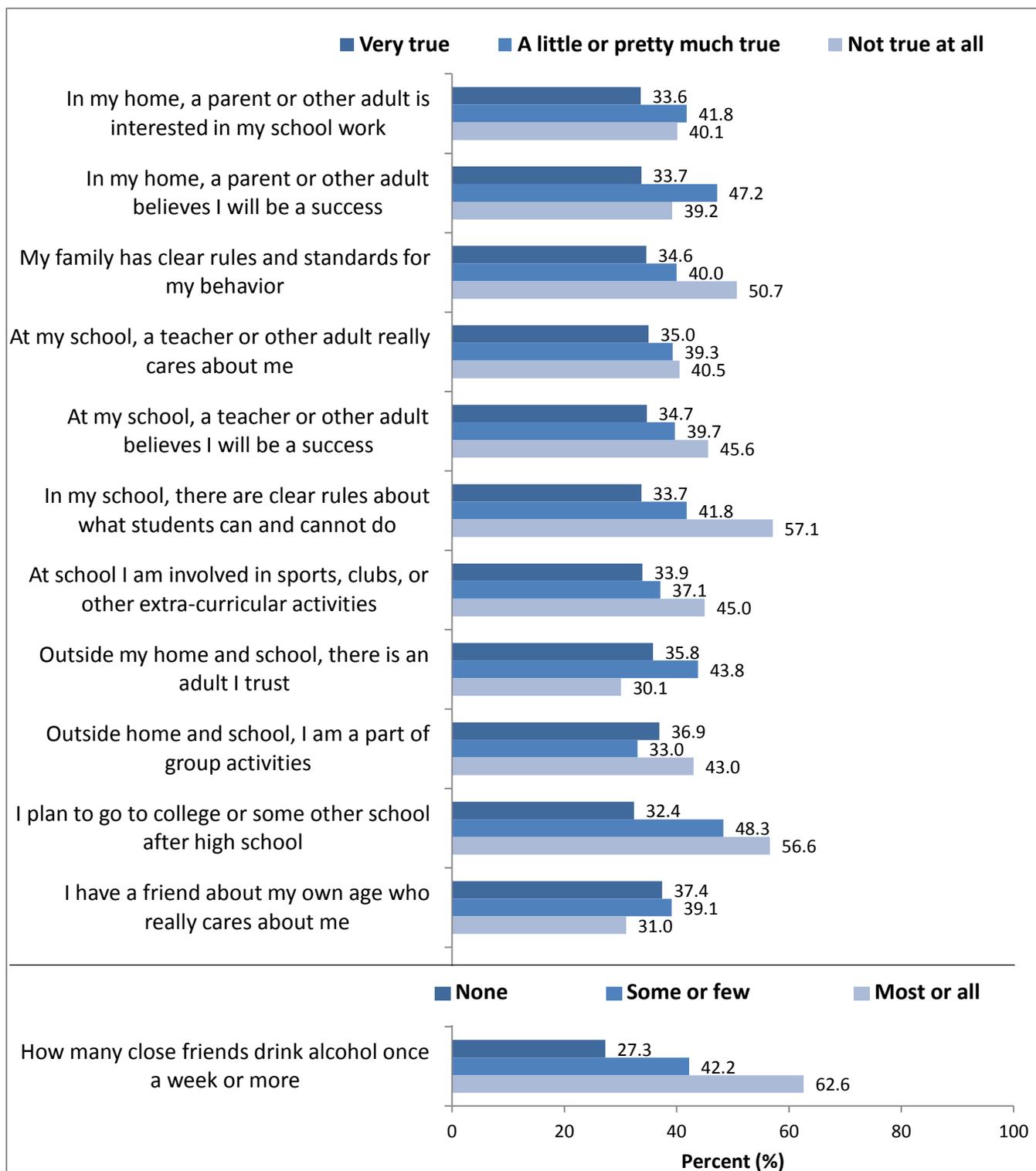
**Current cocaine use
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 4% used cocaine.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 8.1% used cocaine.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 19.3% used cocaine.

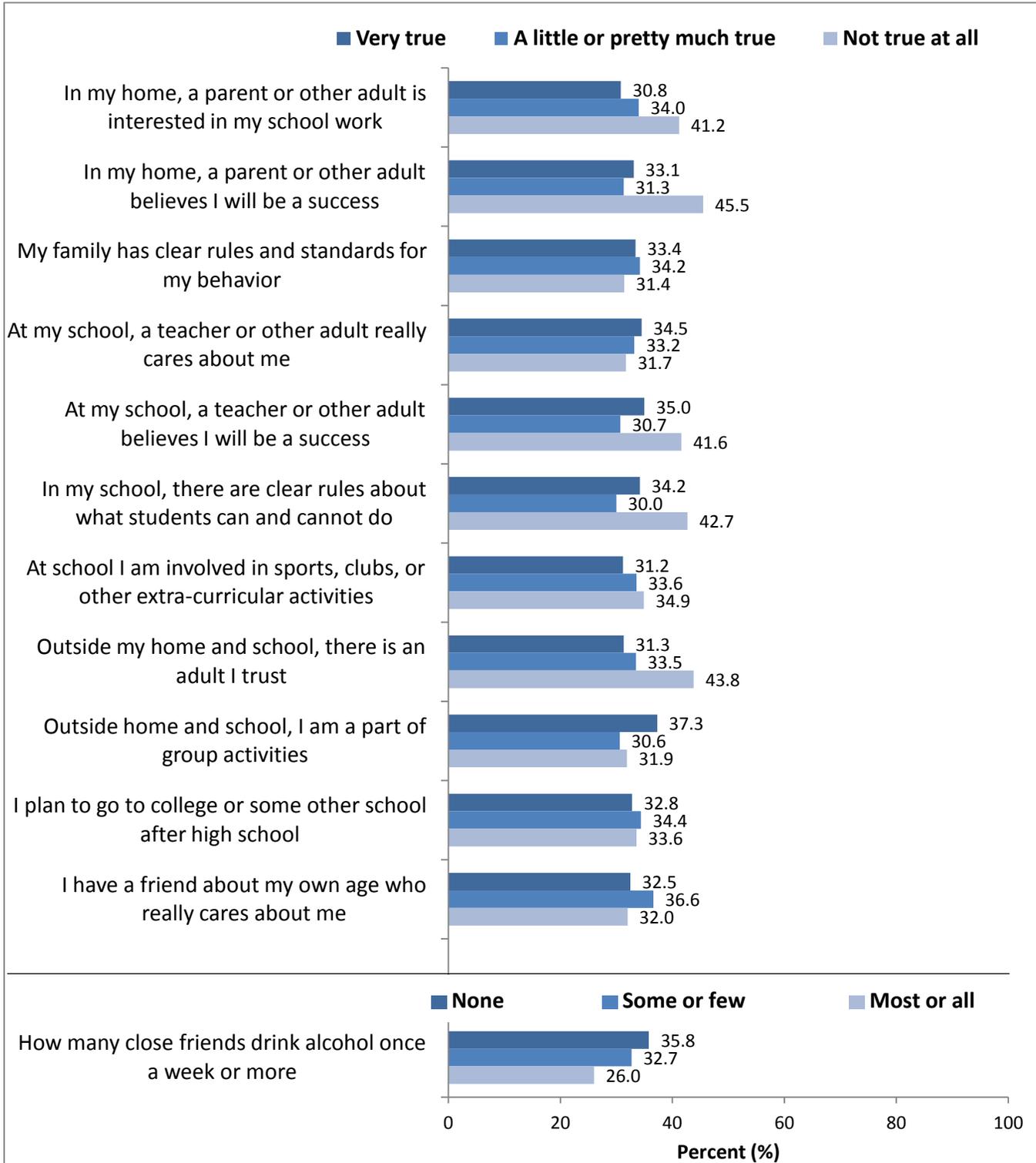
**Sexually active
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 33.6% were sexually active.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 41.8% were sexually active.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 40.1% were sexually active.

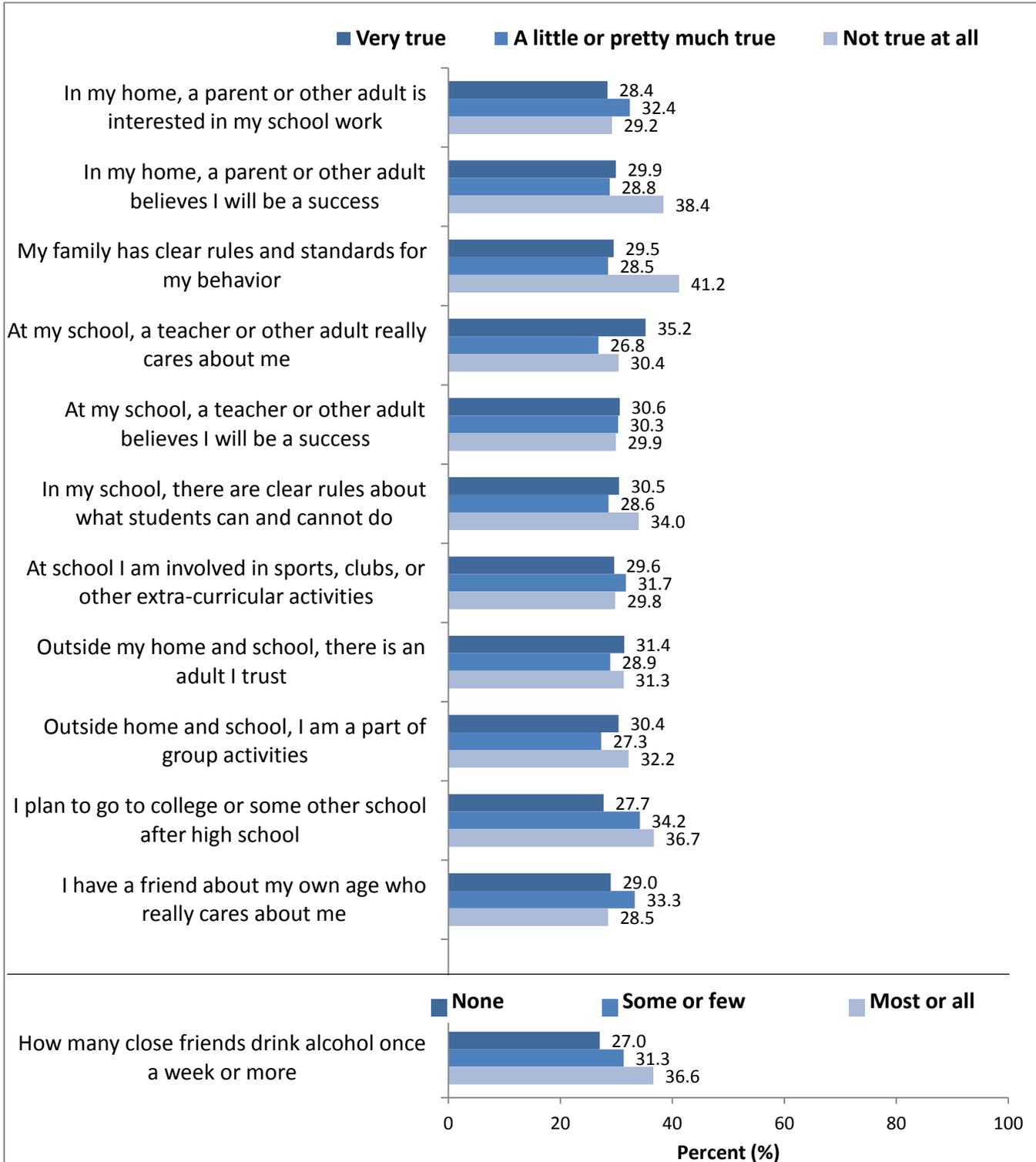
**Overweight Or Obese
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 30.8% were overweight or obese.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 34% were overweight or obese.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 41.2% were overweight or obese.

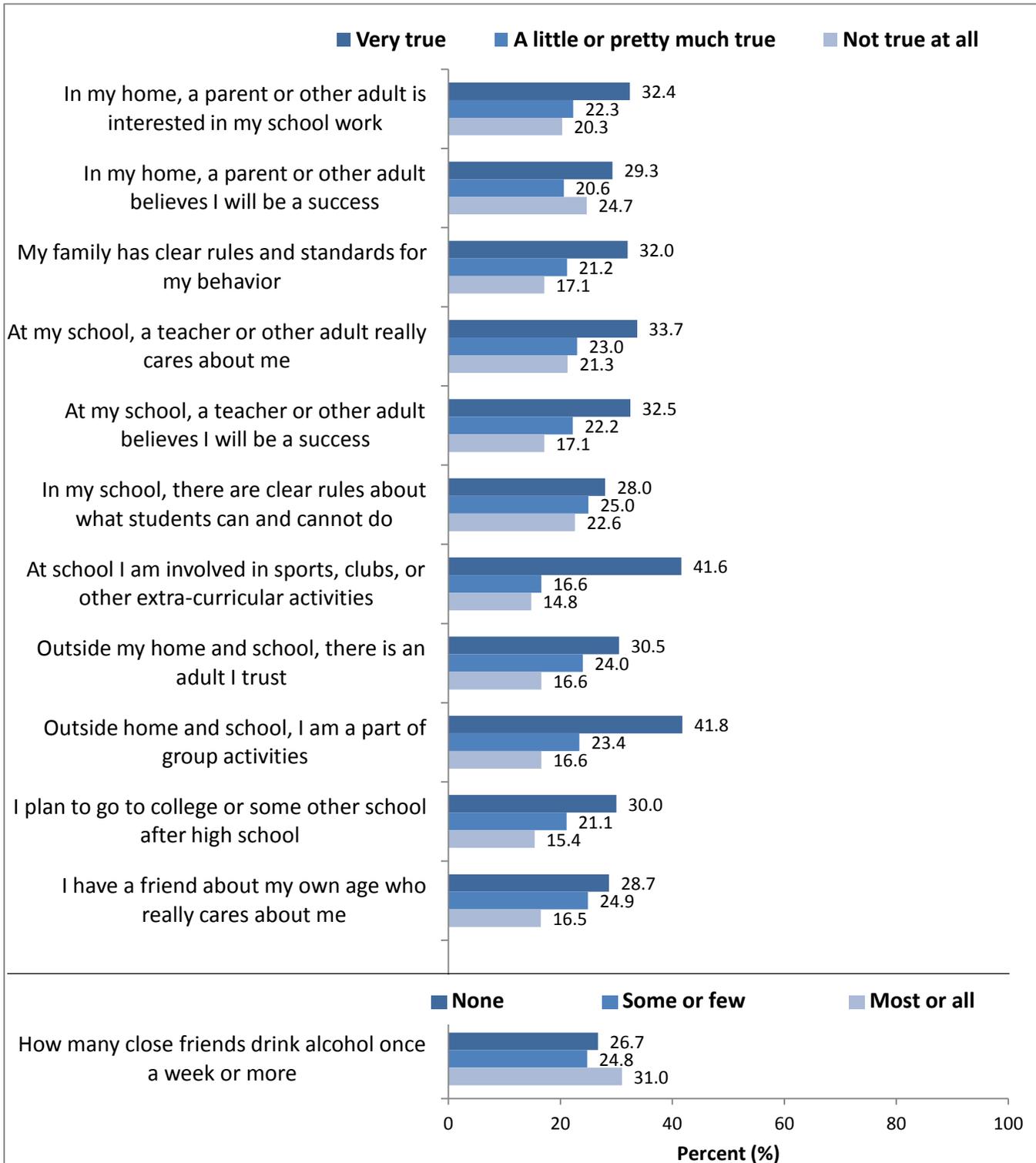
**Drank one or more sodas per day
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 28.4% drank one or more sodas per day.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 32.4% drank one or more sodas per day.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 29.2% drank one or more sodas per day.

**Exercised 60 minutes every day
by Selected Resiliency Factors
American Indian Students
Grades 9-12, 2011**



How to read this chart:

- Of those who said it was 'Very much true' that a parent or other adult was interested in their school work, 32.4% exercised 60 minutes every day.
- Of those who said it was 'A little or pretty much true' that a parent or other adult was interested in their school work, 22.3% exercised 60 minutes every day.
- Of those who said it was 'Not true at all' that a parent or other adult was interested in their school work, 20.3% exercised 60 minutes every day.

Appendices

Appendix A: Questionnaire with Results

Appendix B: About this Report

Appendix C: Risk Behavior Definitions

Appendix A: Questionnaire with Results
2011 NM High School YRRS Questionnaire
New Mexico American Indian Students
 (6138 respondents)

<u>Personal Information</u>	<u>Number of responses</u>	<u>%</u>
1. How old are you?		
A. 12 years old or younger	16	0.3%
B. 13 years old	38	0.6%
C. 14 years old	977	15.9%
D. 15 years old	1549	25.3%
E. 16 years old	1550	25.3%
F. 17 years old	1376	22.5%
G. 18 years old or older	622	10.2%
2. What is your sex?		
A. Female	2945	48.0%
B. Male	3186	52.0%
3. In what grade are you?		
A. 9th grade	1743	28.5%
B. 10th grade	1570	25.7%
C. 11th grade	1425	23.3%
D. 12th grade	1343	21.9%
E. Ungraded or other grade	38	0.6%
4. Are you Hispanic or Latino?		
A. Yes	1420	23.6%
B. No	4600	76.4%
5. What is your race?		
(Select one or more responses.)		
NOTE - Because students were allowed to select multiple responses, responses may not total to 100%)		
A. American Indian or Alaska Native	6138	100.0%
B. Asian	104	1.7%
C. Black or African American	154	2.5%
D. Native Hawaiian or Other Pacific Islander	105	1.7%
E. White	518	8.4%

Note -Results may not add up to 100% because of missing data. For the question about race, the total may add up to more than 100% because students were allowed to select multiple responses.

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
6. How tall are you without your shoes on?		
7. How much do you weigh without your shoes on?		
Height and weight from questions 6 and 7 were used to calculate body mass index (BMI). Obesity and overweight were calculated from BMI for age and gender, using growth charts.		
		Not overweight or obese
	65.3	(62.8-67.8)
	16.6	(14.8-18.6)
	18.1	(16.2-20.1)
8. What is the highest level of schooling your mother completed?		
A. Completed grade school or less	2.8	(1.8-4.5)
B. Some high school	15.1	(12.4-18.3)
C. Completed high school	23.6	(20.9-26.5)
D. Some college	18.5	(16.2-21.2)
E. Completed college	18.4	(16.2-20.9)
F. Graduate or professional school	6.3	(5.0-7.9)
G. Not sure	15.2	(13.1-17.6)
9. What is the highest level of schooling your father completed?		
A. Completed grade school or less	4.0	(2.8-5.6)
B. Some high school	12.3	(10.2-14.9)
C. Completed high school	26.9	(24.0-30.1)
D. Some college	14.8	(11.9-18.2)
E. Completed college	12.2	(9.9-14.9)
F. Graduate or professional school	4.2	(3.0-5.9)
G. Not sure	25.6	(22.8-28.7)
10. During the past 12 months, how would you describe your grades in school?		
A. Mostly A's	20.4	(18.0-23.0)
B. Mostly B's	36.2	(32.8-39.8)
C. Mostly C's	24.9	(22.4-27.5)
D. Mostly D's	5.3	(4.4-6.4)
E. Mostly F's	2.3	(1.7-3.2)
F. None of these grades	1.3	(0.8-2.1)
G. Not sure	9.7	(7.9-11.8)

Personal Safety

Weighted
% **95%**
Confidence
Interval

The next 5 questions ask about personal safety.

11. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
A. I did not ride a bicycle during the past 12 months	37.0	(34.7-39.3)
B. Never wore a helmet	53.3	(50.9-55.7)
C. Rarely wore a helmet	4.3	(3.4-5.4)
D. Sometimes wore a helmet	2.1	(1.5-2.8)
E. Most of the time wore a helmet	1.3	(0.9-1.9)
F. Always wore a helmet	2.0	(1.3-3.1)
12. How often do you wear a seat belt when riding in a car driven by someone else?		
A. Never	3.4	(2.6-4.4)
B. Rarely	5.3	(4.3-6.3)
C. Sometimes	11.5	(10.1-13.2)
D. Most of the time	27.8	(25.0-30.9)
E. Always	52.0	(48.7-55.3)
13. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A. 0 times	70.9	(68.1-73.6)
B. 1 time	8.6	(7.2-10.2)
C. 2 or 3 times	10.2	(8.3-12.5)
D. 4 or 5 times	3.3	(2.3-4.9)
E. 6 or more times	6.9	(5.4-8.9)
14. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
A. 0 times	90.2	(88.4-91.8)
B. 1 time	3.9	(3.2-4.8)
C. 2 or 3 times	3.0	(2.2-4.1)
D. 4 or 5 times	1.0	(0.7-1.5)
E. 6 or more times	1.9	(1.2-3.0)
15. Is there a gun in your home?		
A. Yes	42.8	(40.1-45.5)
B. No	45.2	(42.2-48.3)
C. Not sure	12.0	(10.4-13.7)

Violence-Related Behaviors

Weighted
% **95%**
Confidence
Interval

The next 8 questions ask about violence-related behaviors.

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A. 0 days	71.9	(68.7-75.0)
B. 1 day	4.5	(3.6-5.7)
C. 2 or 3 days	5.5	(4.2-7.2)
D. 4 or 5 days	3.5	(2.3-5.3)
E. 6 or more days	14.6	(12.2-17.3)
17. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	90.5	(88.7-92.0)
B. 1 day	3.6	(2.6-4.9)
C. 2 or 3 days	2.6	(2.0-3.4)
D. 4 or 5 days	1.1	(0.6-1.9)
E. 6 or more days	2.3	(1.6-3.4)
18. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	90.7	(88.4-92.5)
B. 1 day	3.0	(2.0-4.3)
C. 2 or 3 days	1.8	(1.0-3.1)
D. 4 or 5 days	1.6	(0.6-3.8)
E. 6 or more days	3.0	(2.2-4.1)
19. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	91.7	(89.9-93.2)
B. 1 day	3.4	(2.7-4.2)
C. 2 or 3 days	2.7	(1.8-4.1)
D. 4 or 5 days	1.0	(0.4-2.4)
E. 6 or more days	1.3	(0.8-2.0)
20. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	63.4	(60.6-66.2)
B. 1 time	11.8	(10.4-13.3)
C. 2 or 3 times	13.0	(11.2-14.9)
D. 4 or 5 times	4.5	(3.2-6.1)
E. 6 or 7 times	1.7	(1.1-2.6)
F. 8 or 9 times	0.9	(0.6-1.2)
G. 10 or 11 times	0.3	(0.2-0.6)
H. 12 or more times	4.5	(3.2-6.3)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
21. During the past 12 months, how many times were you in a physical fight on school property?		
A. 0 times	86.2	(84.0-88.1)
B. 1 time	7.4	(6.2-8.8)
C. 2 or 3 times	3.8	(2.8-5.3)
D. 4 or 5 times	0.7	(0.5-1.1)
E. 6 or 7 times	0.5	(0.2-1.3)
F. 8 or 9 times	0.1	(0.0-0.2)
G. 10 or 11 times	0.1	(0.0-0.2)
H. 12 or more times	1.2	(0.5-2.8)
22. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	10.2	(8.4-12.3)
B. No	89.8	(87.7-91.6)
23. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	8.3	(7.1-9.8)
B. No	91.7	(90.2-92.9)

Bullying

The next 2 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

24. During the past 12 months, have you ever been bullied on school property?		
A. Yes	16.6	(14.6-18.8)
B. No	83.4	(81.2-85.4)
25. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)		
A. Yes	11.7	(10.2-13.5)
B. No	88.3	(86.5-89.8)

Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own lives.

26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	33.9	(30.9-37.2)
B. No	66.1	(62.8-69.1)

	<u>Weighted</u>	<u>95%</u>
	<u>%</u>	<u>Confidence</u>
		<u>Interval</u>
27. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	20.6	(18.1-23.3)
B. No	79.4	(76.7-81.9)
28. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	18.2	(15.8-21.0)
B. No	81.8	(79.0-84.2)
29. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	85.9	(83.4-88.1)
B. 1 time	5.9	(4.8-7.4)
C. 2 or 3 times	5.6	(3.9-7.9)
D. 4 or 5 times	1.2	(0.5-2.8)
E. 6 or more times	1.4	(0.9-2.1)
30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 months	85.8	(83.2-88.0)
B. Yes	5.1	(3.8-6.7)
C. No	9.1	(7.2-11.4)

Tobacco Use

The next 13 questions ask about tobacco use.

31. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	64.7	(62.0-67.2)
B. No	35.3	(32.8-38.0)
32. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	48.1	(45.0-51.3)
B. 8 years old or younger	5.7	(4.6-7.0)
C. 9 or 10 years old	6.1	(4.8-7.7)
D. 11 or 12 years old	10.3	(8.5-12.5)
E. 13 or 14 years old	16.3	(14.4-18.3)
F. 15 or 16 years old	10.7	(9.0-12.6)
G. 17 years old or older	2.9	(2.2-3.7)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
33. During the past 30 days, on how many days did you smoke cigarettes?		
A. 0 days	74.5	(71.8-77.1)
B. 1 or 2 days	8.9	(7.8-10.2)
C. 3 to 5 days	5.7	(3.8-8.4)
D. 6 to 9 days	3.2	(2.4-4.3)
E. 10 to 19 days	2.6	(2.0-3.3)
F. 20 to 29 days	1.0	(0.7-1.4)
G. All 30 days	4.1	(3.0-5.5)
34. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	73.7	(70.2-76.9)
B. Less than 1 cigarette per day	9.3	(6.8-12.6)
C. 1 cigarette per day	6.1	(4.8-7.6)
D. 2 to 5 cigarettes per day	7.9	(6.3-10.0)
E. 6 to 10 cigarettes per day	1.6	(1.0-2.8)
F. 11 to 20 cigarettes per day	0.3	(0.2-0.6)
G. More than 20 cigarettes per day	1.0	(0.5-2.2)
35. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	73.7	(70.9-76.2)
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	5.1	(3.8-6.7)
C. I bought them from a vending machine	0.5	(0.3-0.9)
D. I gave someone else money to buy them for me	4.3	(3.5-5.2)
E. I borrowed (or bummed) them from someone else	7.3	(5.2-10.0)
F. A person 18 years old or older gave them to me	1.8	(1.4-2.4)
G. I took them from a store or family member	1.7	(1.2-2.4)
H. I got them some other way	5.7	(4.7-6.8)
36. During the past 30 days, on how many days did you smoke cigarettes on school property?		
A. 0 days	92.4	(90.5-93.9)
B. 1 or 2 days	3.3	(2.3-4.5)
C. 3 to 5 days	1.2	(0.8-1.6)
D. 6 to 9 days	0.4	(0.2-0.6)
E. 10 to 19 days	0.7	(0.3-1.5)
F. 20 to 29 days	0.6	(0.2-1.5)
G. All 30 days	1.6	(0.9-2.7)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
37. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	63.4	(60.4-66.3)
B. Yes	21.5	(18.6-24.6)
C. No	15.1	(13.3-17.1)
38. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	89.0	(87.0-90.8)
B. 1 or 2 days	4.5	(3.4-6.0)
C. 3 to 5 days	1.4	(1.1-1.9)
D. 6 to 9 days	1.2	(0.8-1.7)
E. 10 to 19 days	0.9	(0.6-1.4)
F. 20 to 29 days	0.5	(0.3-0.7)
G. All 30 days	2.5	(1.5-4.0)
39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	82.4	(80.5-84.2)
B. 1 or 2 days	8.1	(7.0-9.3)
C. 3 to 5 days	3.6	(2.4-5.2)
D. 6 to 9 days	2.5	(1.7-3.7)
E. 10 to 19 days	1.3	(0.9-2.0)
F. 20 to 29 days	0.6	(0.2-1.8)
G. All 30 days	1.4	(0.9-2.2)
40. During the past 30 days, on how many days did you smoke tobacco or flavored tobacco in a hookah, even just a puff?		
A. 0 days	78.6	(75.0-81.8)
B. 1 or 2 days	9.2	(7.7-10.8)
C. 3 to 5 days	3.5	(2.5-5.1)
D. 6 to 9 days	3.0	(1.7-5.2)
E. 10 to 19 days	1.6	(1.1-2.5)
F. 20 to 29 days	1.3	(0.5-3.3)
G. All 30 days	2.8	(1.7-4.6)
41. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	51.9	(47.9-56.0)
B. 1 or 2 days	21.6	(18.8-24.7)
C. 3 or 4 days	11.1	(8.8-13.8)
D. 5 or 6 days	3.9	(2.3-6.4)
E. 7 days	11.5	(9.7-13.6)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
42. How wrong do your parents feel it would be for you to smoke cigarettes?		
A. Very wrong	68.5	(64.8-72.0)
B. Wrong	18.1	(15.9-20.4)
C. A little bit wrong	9.0	(7.2-11.2)
D. Not wrong at all	4.5	(3.2-6.3)
43. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?		
A. No risk	8.2	(6.7-10.0)
B. Slight risk	7.6	(6.2-9.5)
C. Moderate risk	19.3	(16.8-22.0)
D. Great risk	64.9	(61.4-68.2)

Alcohol

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

44. How old were you when you had your first drink of alcohol other than a few sips?		
A. I have never had a drink of alcohol other than a few sips	32.8	(29.8-36.1)
B. 8 years old or younger	8.5	(7.0-10.2)
C. 9 or 10 years old	7.5	(5.8-9.6)
D. 11 or 12 years old	12.4	(10.5-14.7)
E. 13 or 14 years old	23.1	(20.5-26.0)
F. 15 or 16 years old	12.9	(11.4-14.6)
G. 17 years old or older	2.7	(1.8-4.1)
45. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	61.4	(57.0-65.6)
B. 1 or 2 days	17.8	(15.1-21.0)
C. 3 to 5 days	10.2	(7.8-13.1)
D. 6 to 9 days	5.6	(4.3-7.3)
E. 10 to 19 days	3.1	(1.9-4.8)
F. 20 to 29 days	0.5	(0.4-0.8)
G. All 30 days	1.4	(0.9-2.3)

	<u>Weighted</u> %	<u>95%</u> <u>Confidence</u> <u>Interval</u>
46. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
A. 0 days	75.3	(71.6-78.7)
B. 1 day	9.8	(8.1-11.8)
C. 2 days	6.3	(4.8-8.1)
D. 3 to 5 days	5.0	(3.7-6.5)
E. 6 to 9 days	1.8	(1.3-2.4)
F. 10 to 19 days	1.0	(0.4-2.4)
G. 20 or more days	0.9	(0.5-1.7)
47. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	60.0	(55.6-64.2)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2.0	(1.3-3.3)
C. I bought it at a restaurant, bar, or club	1.0	(0.6-1.8)
D. I bought it at a public event such as a concert or sporting event	0.9	(0.5-1.5)
E. I gave someone else money to buy it for me	7.4	(6.2-8.9)
F. Someone gave it to me	14.9	(12.3-18.0)
G. I took it from a store or family member	4.3	(2.9-6.3)
H. I got it some other way	9.5	(7.9-11.3)
48. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	57.3	(53.0-61.5)
B. At my home	10.8	(8.8-13.2)
C. At another person's home	23.1	(19.3-27.4)
D. While riding in or driving a car or other vehicle	2.7	(1.6-4.4)
E. At a restaurant, bar, or club	0.9	(0.5-1.7)
F. At a public place such as a park, beach, or parking lot	1.7	(1.2-2.4)
G. At a public event such as a concert or sporting event	1.3	(0.8-1.9)
H. On school property	2.2	(1.3-3.8)
49. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	57.8	(53.4-62.0)
B. I do not have a usual type	4.4	(3.1-6.2)
C. Beer	6.9	(5.6-8.5)
D. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	5.8	(4.3-8.0)
E. Wine coolers, such as Bartles & James or Seagrams	0.8	(0.5-1.4)
F. Wine	2.0	(0.8-5.1)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	20.5	(18.0-23.2)
H. Some other type	1.8	(1.2-2.7)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
50. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
A. 0 days	91.3	(89.7-92.7)
B. 1 or 2 days	5.9	(4.7-7.4)
C. 3 to 5 days	1.4	(0.8-2.2)
D. 6 to 9 days	0.7	(0.5-1.1)
E. 10 to 19 days	0.2	(0.1-0.3)
F. 20 to 29 days	0.1	(0.0-0.3)
G. All 30 days	0.4	(0.2-0.8)
51. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	55.7	(52.2-59.1)
B. Wrong	27.9	(24.6-31.3)
C. A little bit wrong	12.5	(10.6-14.6)
D. Not wrong at all	4.0	(3.0-5.2)
52. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	68.3	(64.2-72.1)
B. Wrong	19.6	(17.0-22.6)
C. A little bit wrong	8.9	(6.3-12.3)
D. Not wrong at all	3.2	(2.3-4.6)
53. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	41.7	(38.3-45.0)
B. Wrong	25.4	(23.2-27.9)
C. A little bit wrong	23.1	(19.8-26.9)
D. Not wrong at all	9.8	(7.2-13.1)
54. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	7.3	(6.0-9.0)
B. Slight risk	15.1	(13.1-17.4)
C. Moderate risk	31.0	(27.5-34.8)
D. Great risk	46.5	(43.0-50.0)

Marijuana Use

Weighted
% **95%**
Confidence
Interval

The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

55. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	37.6	(34.6-40.7)
B. 8 years old or younger	8.4	(6.9-10.2)
C. 9 or 10 years old	8.3	(7.0-9.9)
D. 11 or 12 years old	12.9	(10.7-15.6)
E. 13 or 14 years old	20.5	(18.6-22.5)
F. 15 or 16 years old	11.3	(9.7-13.0)
G. 17 years old or older	1.0	(0.7-1.5)
56. During the past 30 days, how many times did you use marijuana?		
A. 0 times	64.3	(61.7-66.8)
B. 1 or 2 times	9.6	(8.4-11.0)
C. 3 to 9 times	6.9	(5.8-8.3)
D. 10 to 19 times	5.6	(4.4-7.1)
E. 20 to 39 times	4.1	(2.9-5.7)
F. 40 or more times	9.5	(8.1-11.1)
57. During the past 30 days, how many times did you use marijuana on school property?		
A. 0 times	85.3	(83.6-86.9)
B. 1 or 2 times	6.4	(5.2-7.8)
C. 3 to 9 times	4.5	(3.6-5.6)
D. 10 to 19 times	1.3	(0.9-1.7)
E. 20 to 39 times	0.7	(0.4-1.4)
F. 40 or more times	1.7	(1.2-2.5)
58. How wrong do your parents feel it would be for you to use marijuana?		
A. Very wrong	67.8	(64.2-71.1)
B. Wrong	17.8	(15.5-20.3)
C. A little bit wrong	8.2	(6.4-10.4)
D. Not wrong at all	6.3	(4.8-8.0)
59. How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?		
A. No risk	25.0	(22.4-27.9)
B. Slight risk	21.3	(18.8-24.0)
C. Moderate risk	21.5	(19.2-24.1)
D. Great risk	32.2	(29.5-34.9)

Other Drugs

<u>Weighted</u>	<u>95%</u>
<u>%</u>	<u>Confidence</u>
<u>Interval</u>	

The next 13 questions ask about other drugs.

60. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A. 0 times	85.2	(83.1-87.1)
B. 1 or 2 times	7.0	(5.8-8.3)
C. 3 to 9 times	3.7	(2.7-5.2)
D. 10 to 19 times	1.9	(1.3-2.7)
E. 20 to 39 times	0.5	(0.3-0.7)
F. 40 or more times	1.8	(1.3-2.5)

61. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

A. 0 times	93.1	(91.5-94.4)
B. 1 or 2 times	4.3	(3.2-5.8)
C. 3 to 9 times	1.3	(0.9-2.0)
D. 10 to 19 times	0.3	(0.2-0.6)
E. 20 to 39 times	0.1	(0.0-0.2)
F. 40 or more times	0.8	(0.5-1.3)

62. During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

A. 0 times	91.1	(89.2-92.8)
B. 1 or 2 times	5.2	(3.7-7.1)
C. 3 to 9 times	0.9	(0.7-1.3)
D. 10 to 19 times	1.0	(0.6-1.8)
E. 20 to 39 times	0.7	(0.4-1.2)
F. 40 or more times	1.1	(0.5-2.5)

63. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A. 0 times	94.5	(93.1-95.5)
B. 1 or 2 times	2.5	(1.8-3.4)
C. 3 to 9 times	1.1	(0.8-1.7)
D. 10 to 19 times	0.5	(0.3-1.0)
E. 20 to 39 times	0.3	(0.1-0.8)
F. 40 or more times	1.1	(0.5-2.1)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
64. During the past 30 days, how many times did you use heroin (also called smack, junk, or China White)?		
A. 0 times	95.7	(94.2-96.9)
B. 1 or 2 times	1.5	(0.8-3.0)
C. 3 to 9 times	0.9	(0.5-1.7)
D. 10 to 19 times	0.4	(0.2-0.8)
E. 20 to 39 times	0.4	(0.2-0.7)
F. 40 or more times	1.0	(0.5-2.0)
65. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	93.6	(92.1-94.9)
B. 1 or 2 times	2.9	(2.2-3.8)
C. 3 to 9 times	1.2	(0.7-2.2)
D. 10 to 19 times	0.6	(0.3-1.0)
E. 20 to 39 times	0.6	(0.3-1.0)
F. 40 or more times	1.1	(0.6-1.9)
66. During the past 30 days, how many times did you use methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	94.1	(92.2-95.6)
B. 1 or 2 times	2.6	(1.5-4.2)
C. 3 to 9 times	1.2	(0.7-2.2)
D. 10 to 19 times	0.8	(0.4-1.5)
E. 20 to 39 times	0.3	(0.1-0.8)
F. 40 or more times	1.0	(0.5-2.0)
67. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	85.0	(82.8-87.1)
B. 1 or 2 times	7.0	(5.4-8.9)
C. 3 to 9 times	3.8	(2.8-5.3)
D. 10 to 19 times	2.0	(1.3-3.1)
E. 20 to 39 times	0.7	(0.4-1.3)
F. 40 or more times	1.4	(0.9-2.3)
68. During the past 30 days, how many times did you use ecstasy (also called MDMA)?		
A. 0 times	91.4	(89.5-93.0)
B. 1 or 2 times	4.5	(3.4-6.0)
C. 3 to 9 times	1.8	(1.2-2.6)
D. 10 to 19 times	0.5	(0.3-0.9)
E. 20 to 39 times	0.5	(0.2-1.1)
F. 40 or more times	1.3	(0.7-2.4)

	<u>Weighted</u>	<u>95%</u>
	<u>%</u>	<u>Confidence</u>
		<u>Interval</u>
69. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?		
A. 0 times	76.5	(73.4-79.4)
B. 1 or 2 times	7.7	(6.4-9.3)
C. 3 to 9 times	6.7	(5.5-8.2)
D. 10 to 19 times	3.5	(2.5-4.9)
E. 20 to 39 times	1.8	(1.1-2.7)
F. 40 or more times	3.8	(2.6-5.4)
70. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?		
A. 0 times	85.3	(82.7-87.5)
B. 1 or 2 times	5.8	(4.8-7.1)
C. 3 to 9 times	5.0	(3.8-6.7)
D. 10 to 19 times	2.1	(1.2-3.8)
E. 20 to 39 times	0.6	(0.4-1.0)
F. 40 or more times	1.1	(0.6-2.1)
71. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	95.0	(93.5-96.1)
B. 1 time	2.8	(1.9-4.1)
C. 2 or more times	2.2	(1.6-3.1)
72. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	32.2	(29.5-35.1)
B. No	67.8	(64.9-70.5)

Access to Drugs and Alcohol

The next 5 questions ask about access to drugs and alcohol.

73. If you wanted to, how hard or easy would it be to get beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	22.0	(19.3-24.9)
B. Sort of hard	16.6	(14.6-18.7)
C. Sort of easy	28.6	(25.7-31.6)
D. Very easy	32.9	(30.1-35.7)
74. If you wanted to, how hard or easy would it be to get marijuana?		
A. Very hard	21.2	(18.3-24.6)
B. Sort of hard	12.6	(10.4-15.3)
C. Sort of easy	20.2	(17.8-22.8)
D. Very easy	45.9	(42.3-49.6)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
75. If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	51.5	(47.5-55.4)
B. Sort of hard	20.1	(16.8-23.9)
C. Sort of easy	13.5	(11.0-16.4)
D. Very easy	14.9	(12.3-18.0)
76. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. 0 adults	32.4	(29.7-35.3)
B. 1 adult	13.0	(11.2-15.0)
C. 2 adults	12.5	(10.2-15.3)
D. 3 or 4 adults	12.9	(10.9-15.1)
E. 5 or more adults	29.2	(26.1-32.6)
77. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. 0 adults	51.2	(47.5-55.0)
B. 1 adult	13.9	(11.6-16.4)
C. 2 adults	10.4	(8.6-12.5)
D. 3 or 4 adults	9.9	(7.8-12.3)
E. 5 or more adults	14.7	(12.4-17.2)
<u>Sexual Behavior</u>		
The next 6 questions ask about sexual behavior.		
78. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	46.7	(42.9-50.6)
B. 11 years old or younger	4.5	(3.4-6.1)
C. 12 years old	5.1	(3.7-6.9)
D. 13 years old	8.6	(6.9-10.6)
E. 14 years old	13.9	(11.7-16.4)
F. 15 years old	10.3	(8.9-11.9)
G. 16 years old	7.6	(6.2-9.2)
H. 17 years old or older	3.3	(2.5-4.4)
79. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	47.1	(43.2-51.0)
B. 1 person	18.0	(15.9-20.3)
C. 2 people	11.0	(9.4-12.9)
D. 3 people	7.6	(6.0-9.5)
E. 4 people	4.0	(3.1-5.0)
F. 5 people	4.0	(2.8-5.5)
G. 6 or more people	8.4	(6.1-11.5)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
80. During the past 3 months, with how many people did you have sexual intercourse?		
A. I have never had sexual intercourse	47.0	(43.2-50.9)
B. I have had sexual intercourse, but not during the past 3 months	17.9	(16.1-19.8)
C. 1 person	24.5	(22.1-27.0)
D. 2 people	5.2	(4.0-6.8)
E. 3 people	2.8	(1.7-4.5)
F. 4 people	0.5	(0.3-0.9)
G. 5 people	0.4	(0.2-0.9)
H. 6 or more people	1.6	(1.1-2.4)
81. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	46.5	(42.6-50.4)
B. Yes	12.5	(10.4-15.0)
C. No	41.0	(38.4-43.6)
82. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	47.1	(43.2-51.1)
B. Yes	29.9	(27.3-32.5)
C. No	23.0	(19.9-26.4)
83. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	47.4	(43.5-51.4)
B. No method was used to prevent pregnancy	9.3	(7.5-11.4)
C. Birth control pills	4.7	(3.8-5.9)
D. Condoms	23.3	(21.1-25.7)
E. Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD	3.3	(2.2-4.9)
F. Withdrawal	6.2	(4.2-9.0)
G. Some other method	3.2	(1.8-5.5)
H. Not sure	2.7	(2.0-3.6)

Body Weight

The next question asks about body weight.

84. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A. Yes	8.0	(6.7-9.6)
B. No	92.0	(90.4-93.3)

<u>Food</u>	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
<p>The next 7 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.</p>		
<p>85. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)</p>		
A. I did not drink 100% fruit juice during the past 7 days	21.5	(19.2-24.0)
B. 1 to 3 times during the past 7 days	34.6	(31.7-37.7)
C. 4 to 6 times during the past 7 days	15.2	(13.5-17.0)
D. 1 time per day	6.6	(5.4-8.0)
E. 2 times per day	7.9	(6.7-9.3)
F. 3 times per day	5.6	(4.3-7.2)
G. 4 or more times per day	8.7	(7.3-10.4)
<p>86. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)</p>		
A. I did not eat fruit during the past 7 days	12.6	(10.3-15.4)
B. 1 to 3 times during the past 7 days	35.2	(32.6-37.9)
C. 4 to 6 times during the past 7 days	18.5	(16.7-20.6)
D. 1 time per day	9.5	(8.0-11.3)
E. 2 times per day	10.1	(8.7-11.7)
F. 3 times per day	5.4	(4.5-6.5)
G. 4 or more times per day	8.7	(7.3-10.2)
<p>87. During the past 7 days, how many times did you eat green salad?</p>		
A. I did not eat green salad during the past 7 days	34.5	(32.0-37.1)
B. 1 to 3 times during the past 7 days	38.5	(35.7-41.3)
C. 4 to 6 times during the past 7 days	10.8	(9.1-12.7)
D. 1 time per day	7.4	(6.1-8.9)
E. 2 times per day	4.0	(3.2-5.0)
F. 3 times per day	1.4	(1.0-2.0)
G. 4 or more times per day	3.4	(2.4-4.8)

	<u>Weighted</u> %	<u>95%</u> <u>Confidence</u> <u>Interval</u>
88. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)		
A. I did not eat potatoes during the past 7 days	24.6	(22.2-27.2)
B. 1 to 3 times during the past 7 days	45.9	(43.2-48.7)
C. 4 to 6 times during the past 7 days	13.9	(11.5-16.7)
D. 1 time per day	6.9	(5.7-8.3)
E. 2 times per day	3.6	(2.8-4.6)
F. 3 times per day	1.7	(1.3-2.4)
G. 4 or more times per day	3.4	(2.6-4.4)
89. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	47.9	(45.2-50.6)
B. 1 to 3 times during the past 7 days	30.6	(27.9-33.3)
C. 4 to 6 times during the past 7 days	8.8	(6.8-11.2)
D. 1 time per day	5.4	(4.4-6.6)
E. 2 times per day	2.9	(2.3-3.8)
F. 3 times per day	1.3	(0.9-1.9)
G. 4 or more times per day	3.1	(2.2-4.4)
90. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	18.3	(16.1-20.7)
B. 1 to 3 times during the past 7 days	38.6	(35.8-41.5)
C. 4 to 6 times during the past 7 days	17.1	(15.3-19.2)
D. 1 time per day	9.6	(8.1-11.4)
E. 2 times per day	7.0	(5.4-8.9)
F. 3 times per day	3.5	(2.6-4.8)
G. 4 or more times per day	5.8	(4.5-7.5)
91. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	15.4	(13.5-17.5)
B. 1 to 3 times during the past 7 days	34.1	(31.5-36.9)
C. 4 to 6 times during the past 7 days	20.3	(17.5-23.4)
D. 1 time per day	10.5	(9.2-11.9)
E. 2 times per day	8.8	(7.7-10.0)
F. 3 times per day	4.0	(3.0-5.3)
G. 4 or more times per day	6.9	(5.5-8.5)

Physical Activity

Weighted
% **95%**
Confidence
Interval

The next 4 questions ask about physical activity.

92. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A. 0 days	13.2	(11.0-15.8)
B. 1 day	8.5	(7.2-9.9)
C. 2 days	10.1	(8.5-12.0)
D. 3 days	11.0	(9.6-12.5)
E. 4 days	11.4	(9.3-13.8)
F. 5 days	12.0	(10.3-13.9)
G. 6 days	7.9	(6.0-10.3)
H. 7 days	26.0	(23.3-28.8)

93. On an average school day, how many hours do you watch TV?

A. I do not watch TV on an average school day	12.7	(10.7-15.0)
B. Less than 1 hour per day	18.9	(16.8-21.2)
C. 1 hour per day	13.5	(12.0-15.2)
D. 2 hours per day	21.2	(18.5-24.2)
E. 3 hours per day	16.0	(13.9-18.4)
F. 4 hours per day	7.4	(6.1-8.9)
G. 5 or more hours per day	10.3	(8.8-11.9)

94. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work	24.0	(21.7-26.5)
B. Less than 1 hour per day	21.2	(19.1-23.5)
C. 1 hour per day	12.8	(11.3-14.5)
D. 2 hours per day	13.7	(12.0-15.6)
E. 3 hours per day	11.0	(9.0-13.5)
F. 4 hours per day	6.0	(4.9-7.5)
G. 5 or more hours per day	11.2	(9.8-12.8)

	<u>Weighted</u>	<u>95%</u>
	<u>%</u>	<u>Confidence</u>
		<u>Interval</u>
95. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		
A. 0 days	48.9	(44.7-53.1)
B. 1 day	4.5	(3.4-6.1)
C. 2 days	3.9	(2.2-6.7)
D. 3 days	6.8	(4.9-9.3)
E. 4 days	5.0	(3.2-7.6)
F. 5 days	30.9	(27.5-34.6)

Health-Related Topics

The next 3 questions ask about other health-related topics.

96. Have you ever been taught about AIDS or HIV infection in school?		
A. Yes	73.6	(70.1-76.8)
B. No	16.6	(14.1-19.4)
C. Not sure	9.8	(8.3-11.6)
97. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	25.6	(23.2-28.1)
B. No	67.4	(64.7-70.0)
C. Not sure	7.0	(5.3-9.0)
98. Do you still have asthma?		
A. I have never had asthma	54.5	(51.6-57.4)
B. Yes	15.8	(13.0-19.0)
C. No	19.0	(15.9-22.5)
D. Not sure	10.8	(8.2-14.0)

You and Your Family

The next 3 questions ask for some information about you and your family.

99. How often do you speak a language other than English at home?		
A. Never	35.3	(32.1-38.5)
B. Less than half the time	31.5	(28.0-35.1)
C. About half the time	13.7	(11.5-16.2)
D. More than half the time but not all of the time	9.2	(7.6-11.0)
E. All of the time	10.4	(8.6-12.6)
100. Were you born in the USA?		
A. Yes	92.2	(89.8-94.0)
B. No	7.8	(6.0-10.2)

	<u>Weighted</u>	<u>95%</u>
	<u>%</u>	<u>Confidence</u>
		<u>Interval</u>
101. Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?		
A. Enough food to eat	79.1	(75.7-82.1)
B. Sometimes not enough to eat	16.7	(14.4-19.2)
C. Often not enough to eat	4.2	(2.9-6.1)

Resiliency Factors

The next questions ask about your family, your school, other adults, your friends, and yourself. How true do you feel the following statements are for you?

102. In my home, there is a parent or some other adult who is interested in my school work.		
A. Not true at all	11.4	(9.1-14.3)
B. A little true	17.8	(15.6-20.2)
C. Pretty much true	26.7	(23.8-29.9)
D. Very much true	44.0	(40.8-47.3)
103. In my home, there is a parent or some other adult who talks with me about my problems.		
A. Not true at all	22.2	(19.8-24.9)
B. A little true	26.5	(24.1-29.1)
C. Pretty much true	25.1	(21.7-28.8)
D. Very much true	26.2	(23.2-29.4)
104. In my home, there is a parent or some other adult who listens to me when I have something to say.		
A. Not true at all	13.0	(10.9-15.3)
B. A little true	24.4	(21.2-28.0)
C. Pretty much true	25.3	(22.4-28.4)
D. Very much true	37.3	(34.4-40.3)
105. In my home, there is a parent or some other adult who expects me to follow the rules.		
A. Not true at all	7.0	(5.2-9.5)
B. A little true	11.1	(9.2-13.4)
C. Pretty much true	23.9	(21.2-26.7)
D. Very much true	58.0	(54.7-61.2)
106. In my home, there is a parent or some other adult who believes that I will be a success.		
A. Not true at all	8.7	(6.9-11.0)
B. A little true	9.6	(7.7-11.9)
C. Pretty much true	19.7	(16.9-22.9)
D. Very much true	61.9	(58.7-65.1)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
107. At my school, there is a teacher or some other adult who really cares about me.		
A. Not true at all	14.5	(11.9-17.5)
B. A little true	22.1	(19.7-24.8)
C. Pretty much true	28.1	(24.7-31.8)
D. Very much true	35.3	(31.9-38.8)
108. At my school, there is a teacher or some other adult who notices when I'm not there.		
A. Not true at all	14.2	(12.0-16.7)
B. A little true	24.3	(20.7-28.3)
C. Pretty much true	27.6	(24.9-30.4)
D. Very much true	34.0	(30.7-37.5)
109. At my school, there is a teacher or some other adult who listens to me when I have something to say.		
A. Not true at all	14.6	(12.2-17.3)
B. A little true	22.9	(20.3-25.7)
C. Pretty much true	29.2	(26.7-31.8)
D. Very much true	33.4	(29.9-37.1)
110. At my school, there is a teacher or some other adult who tells me when I do a good job.		
A. Not true at all	11.3	(9.1-13.9)
B. A little true	19.2	(16.6-22.2)
C. Pretty much true	29.4	(26.7-32.3)
D. Very much true	40.1	(36.3-44.0)
111. At my school, there is a teacher or some other adult who believes that I will be a success.		
A. Not true at all	10.0	(8.0-12.3)
B. A little true	17.7	(14.4-21.5)
C. Pretty much true	26.1	(23.1-29.3)
D. Very much true	46.2	(42.4-50.2)
112. Outside of my home and school, there is an adult who really cares about me.		
A. Not true at all	8.8	(7.2-10.8)
B. A little true	10.7	(8.7-13.1)
C. Pretty much true	20.6	(17.9-23.5)
D. Very much true	59.9	(56.5-63.2)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
113. Outside of my home and school, there is an adult who notices when I am upset about something.		
A. Not true at all	12.5	(10.5-14.7)
B. A little true	17.5	(14.8-20.4)
C. Pretty much true	25.5	(22.4-28.8)
D. Very much true	44.6	(41.3-48.0)
114. Outside of my home and school, there is an adult whom I trust.		
A. Not true at all	11.9	(10.3-13.8)
B. A little true	15.2	(12.4-18.4)
C. Pretty much true	19.4	(16.7-22.4)
D. Very much true	53.5	(49.8-57.2)
115. Outside of my home and school, there is an adult who tells me when I do a good job.		
A. Not true at all	12.3	(10.1-14.9)
B. A little true	17.7	(15.4-20.2)
C. Pretty much true	25.0	(22.2-28.1)
D. Very much true	45.0	(41.5-48.5)
116. I have a friend about my own age who really cares about me.		
A. Not true at all	8.6	(6.9-10.8)
B. A little true	11.5	(9.7-13.7)
C. Pretty much true	19.2	(16.8-21.8)
D. Very much true	60.7	(57.3-63.9)
117. I have a friend about my own age who talks with me about my problems.		
A. Not true at all	12.2	(10.1-14.7)
B. A little true	13.8	(11.4-16.6)
C. Pretty much true	24.7	(21.7-28.0)
D. Very much true	49.3	(45.8-52.8)
118. I have a friend about my own age who helps me when I'm having a hard time.		
A. Not true at all	9.8	(8.0-12.1)
B. A little true	15.8	(13.7-18.0)
C. Pretty much true	21.6	(19.0-24.5)
D. Very much true	52.8	(49.3-56.3)
119. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	9.2	(7.6-11.0)
B. A little true	15.9	(13.0-19.4)
C. Pretty much true	29.7	(26.2-33.5)
D. Very much true	45.2	(40.8-49.6)

	<u>Weighted</u> <u>%</u>	<u>95%</u> <u>Confidence</u> <u>Interval</u>
120. My family has clear rules about drug and alcohol use.		
A. Not true at all	8.5	(6.5-11.0)
B. A little true	15.2	(12.9-17.8)
C. Pretty much true	20.8	(18.0-23.9)
D. Very much true	55.5	(51.5-59.5)
121. My family has clear rules and standards for my behavior.		
A. Not true at all	7.9	(6.1-10.2)
B. A little true	13.3	(11.0-15.9)
C. Pretty much true	27.6	(24.1-31.4)
D. Very much true	51.2	(47.6-54.8)
122. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	7.5	(5.7-9.6)
B. A little true	10.2	(8.1-12.7)
C. Pretty much true	26.9	(23.9-30.1)
D. Very much true	55.5	(52.0-59.0)
123. At school, I try hard to do my best work.		
A. Not true at all	6.1	(4.3-8.6)
B. A little true	13.1	(10.7-15.9)
C. Pretty much true	35.4	(30.8-40.4)
D. Very much true	45.4	(41.2-49.7)
124. I plan to go to college or some other school after high school.		
A. Not true at all	8.8	(6.4-11.9)
B. A little true	8.4	(6.9-10.1)
C. Pretty much true	17.0	(14.0-20.4)
D. Very much true	65.9	(61.3-70.2)
125. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	32.3	(28.3-36.5)
B. A little true	10.8	(8.8-13.3)
C. Pretty much true	14.7	(12.0-18.0)
D. Very much true	42.1	(37.7-46.7)
126. Outside of my home and school, I am a part of clubs, sports teams, church/ temple, or other group activities.		
A. Not true at all	38.2	(33.7-43.0)
B. A little true	15.1	(13.1-17.3)
C. Pretty much true	15.5	(13.0-18.3)
D. Very much true	31.2	(27.4-35.2)

	<u>Weighted</u>	<u>95%</u>
	<u>%</u>	<u>Confidence</u>
		<u>Interval</u>
127. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	26.7	(22.8-31.0)
B. A little true	12.7	(10.5-15.4)
C. Pretty much true	18.5	(16.4-20.8)
D. Very much true	42.1	(38.4-45.9)
128. I often do things without thinking about what will happen.		
A. Not true at all	20.1	(17.5-23.0)
B. A little true	33.5	(30.1-37.1)
C. Pretty much true	24.6	(21.3-28.3)
D. Very much true	21.7	(18.8-25.0)
129. My friends get into a lot of trouble.		
A. Not true at all	29.0	(25.5-32.8)
B. A little true	45.1	(41.0-49.2)
C. Pretty much true	14.0	(12.2-15.9)
D. Very much true	11.9	(10.0-14.2)
130. My friends do well in school.		
A. Not true at all	6.6	(5.3-8.2)
B. A little true	23.5	(20.6-26.6)
C. Pretty much true	44.9	(41.3-48.5)
D. Very much true	25.1	(21.9-28.6)
Among the people you consider to be your closest friends, how many would you say do the following?		
131. Drink alcohol once a week or more?		
A. None	43.4	(39.9-46.9)
B. A few	28.5	(25.3-31.9)
C. Some	13.3	(11.1-15.8)
D. Most	9.7	(6.7-13.8)
E. All	5.2	(3.3-8.0)
132 . Have used drugs such as marijuana or cocaine?		
A. None	34.7	(31.3-38.2)
B. A few	25.2	(22.2-28.4)
C. Some	15.8	(13.2-18.8)
D. Most	15.6	(12.8-18.9)
E. All	8.7	(6.2-11.9)

Activities

Weighted
% **95%**
Confidence
Interval

The next 3 questions ask about how many times you have done the following things.

133. During the past 30 days, how many days of school did you miss classes or school without permission?

A. 0 days	61.9	(58.5-65.2)
B. 1 or 2 days	20.8	(18.3-23.5)
C. 3 to 5 days	8.5	(6.7-10.7)
D. 6 to 9 days	5.1	(3.7-7.0)
E. 10 or more days	3.6	(2.5-5.2)

134. How often do you come to classes without bringing paper or something to write with?

A. Never	49.5	(46.1-52.9)
B. Rarely	26.3	(23.9-28.9)
C. Sometimes	13.7	(11.6-16.2)
D. Most of the time	4.6	(3.6-5.7)
E. Always	5.9	(4.5-7.7)

135. How often do you come to classes without your homework finished?

A. Never	16.0	(12.7-20.0)
B. Rarely	26.6	(24.0-29.4)
C. Sometimes	34.8	(30.8-38.9)
D. Most of the time	15.6	(13.6-17.9)
E. Always	7.1	(5.5-9.0)

Appendix B: About this Report

This report contains results from the 2011 New Mexico High School Youth Risk and Resiliency Survey (YRRS). The 2011 NM YRRS was a statewide survey of 19,226 public high school students and 14,601 middle school students. Of these, 6138 high school students identified themselves as American Indian or Alaska Natives, and data from these students were used for this report. Most American Indian students were from schools within the New Mexico public school system, and a smaller portion were from schools within the Bureau of Indian Education system. Statewide data in this report were produced from a subset of 5875 high school students. This subset was from a sample of students selected according to protocol designed by the Centers for Disease Control and Prevention to represent the entire state. Statewide and county level results are available at www.YouthRisk.org and www.health.state.nm.us/ERD/HealthData/yrrs.shtml. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, mental health, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school.

Using the Report

The main section of this report consists of a module of results for each main topic area of the YRRS. The risk behavior modules each start with a set of line charts illustrating change in behavior over the years of the survey. The line charts are followed by one or more sets of three bar charts. The first bar chart in each set compares the prevalence of a group of behaviors for New Mexico American Indian students to the New Mexico statewide prevalence for the same behaviors; the second compares the prevalence for girls to that of boys for the same behaviors, and the third compares the prevalence for each grade level.

Following the section on risk factors is a set of bar charts showing the prevalence of resiliency factors. This section is followed by bar charts that illustrate the relationships between risk behaviors and resiliency factors.

Understanding the Charts

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the percentage of students who reported each trait. For instance, the chart on page 18, Unintentional Injury, shows that 8.0% of all students in New Mexico rarely or never wore seatbelts, while 8.7% of American Indian students rarely or never wore seatbelts.

How to get YRRS reports

State level and county level YRRS reports are freely available at www.YouthRisk.org. In addition, school district reports have been prepared for each participating school district and have been distributed to school district offices. School level reports have been prepared for some schools. Schools and school districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, neither school level nor school district level results will be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org. School level reports for schools participating in the AASTEC YRRS project are available from AASTEC, with the signed permission form.

Appendix C: Risk Behavior and Resiliency/Protective Factor DefinitionsInjury

Rarely or never wore a bike helmet, of those who rode a bike

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?*

AMONG those who

Reported riding a bicycle

Never or Rarely Wore a Seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?*

Carried a gun

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a gun?*

Violence-Related Behaviors

Carried weapon

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?*

In a physical fight

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight?*

Teen dating violence

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?*

Ever forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?*

Bullied electronically

Answered 'Yes' to the question, *During the past 12 months, have you ever been bullied on school property?*

Bullied on school property

Answered 'Yes' to the question, *During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)*

Carried a weapon on school property

Answered '1day' or more to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?*

Skipped school due to safety concerns

Answered '1day' or more to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?*

In a physical fight on school property

Answered '1 time' or more to the question, *During the past 12 months, how many times were you in a physical fight on school property?*

Mental Health

Persistent sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?*

Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?*

Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?*

Attempted suicide

Answered '1 time' or more to the question, *During the past 12 months, how many times did you actually attempt suicide?*

Suicide attempt with injury

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?*

Tobacco Use: Cigarettes

Ever smoked cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?*

First smoked a cigarette before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you smoked a whole cigarette for the first time?*

Current cigarette smoking (Smoked at least one cigarette in past 30 days)

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Heavy smoking (Smoked cigarettes on 20 of past 30 days)

Answered '11 to 20 cigarettes per day' or more to the question, *During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?*

Frequent smoking (Smoked at least 11 cigarettes per day)

Answered '20 to 29 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Smoked on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?*

Bought cigarettes in a store

Answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station' to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)*

AMONG those who

Answered '17 years old' or younger to the question, *How old are you?*

Tobacco: Other Use

Current cigar smoking

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?*

Current spit tobacco use

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?*

Current use - cigarettes, cigars, or spit tobacco

Smoked cigarette or cigars or used spit tobacco on at least one of the past 30 days.

Current tobacco use

Any form of tobacco use in the past 30 days (smoked cigarettes or cigars, spit tobacco, or smoked tobacco with a hookah).

In same room with a smoker

Answered '1 or 2 days' or more to the question, *During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?*

My parents think it very wrong for me to smoke

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to smoke cigarettes?*

Great risk from smoking a pack per day

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?*

Alcohol Use

Ever drank alcohol

Gave any response other than 'I have never had a drink of alcohol other than a few sips' to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Current drinker

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?*

Binge drinker

Answered '1 day' or more to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?*

Drank alcohol before age 13

Answered '11 or 12 years old or younger' to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Drank alcohol on school property

Answered '1 or 2 days' or more to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol on school property?*

Rode with drinking driver

Answered '1 time' or more to the question, *During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?*

Drinking and driving

Answered '1 day' or more to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?*

My parents think my regular alcohol use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?*

Adults in my community think regular alcohol use by kids is very wrong

Answered 'Very wrong' to the question, *How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?*

I think regular alcohol use by people my age is very wrong

Answered 'Very wrong' to the question, *How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?*

People face great risk from daily alcohol use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?*

Marijuana Use

Ever tried marijuana

Gave any response other than 'I have never tried marijuana' to the question, *How old were you when you tried marijuana for the first time?*

Current marijuana use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana?*

Tried marijuana before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you tried marijuana for the first time?*

Used marijuana on school property

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use marijuana on school property?*

My parents think my marijuana use would be very wrong

Answered 'Very wrong' to the question, *How wrong do your parents feel it would be for you to use marijuana?*

People face great risk from regular marijuana use

Answered 'Great risk' to the question, *How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?*

Other Drug Use

Current painkiller use to get high

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?*

Current inhalant use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?*

Current cocaine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?*

Current ecstasy use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used ecstasy?*

Current methamphetamine use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?*

Current heroin use

Answered '1 or 2 times' or more to the question, *During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?*

Improper prescription drug use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?*

Lifetime cocaine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times did you use any form of cocaine, including powder, crack, or freebase?*

Lifetime ecstasy use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used ecstasy?*

Lifetime methamphetamine use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?*

Lifetime heroin use (Ever used in lifetime)

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used heroin (also called smack, junk, or China White)?*

Illegal injection drugs

Answered '1 or 2 times' or more to the question, *During your life, how many times have you used a needle to inject any illegal drug into your body?*

Most or all close friends have used drugs such as marijuana or cocaine

Answered 'Most' or 'All' to the question, *Among the people you consider to be your closest friends, how many would you say do the following - Have used drugs such as marijuana or cocaine?*

Sold, offered, or given drugs on school property

Answered 'Yes' to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?*

It would be easy to get marijuana

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get marijuana?*

It would be easy to get hard drugs

Answered 'Sort of easy' or 'Very easy' to the question, *If you wanted to, how hard or easy would it be to get cocaine, LSD, methamphetamines, or other illegal drug?*

Sexual Activity

Ever had sexual intercourse

Gave any response other than 'I have never had sexual intercourse' to the question, *How old were you when you had sexual intercourse for the first time?*

Sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered '1 person' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?*

Had sexual intercourse before age 13

Answered '11 or 12 years old' or younger to the question, *How old were you when you had sexual intercourse for the first time?*

Had sexual intercourse with 4 or more people, of those who ever had sex

Answered '4 people' or more to the question, *During your life, with how many people have you had sexual intercourse?*

AMONG those who

Reported they had "Ever had sexual intercourse" (see above)

Four or more lifetime sexual partners

Answered '4 people' or more to the question, *During the past 3 months, with how many people did you have sexual intercourse?*

AMONG those who

Reported being "Sexually active" (see above)

Used alcohol or drugs at last sex

Answered 'Yes' to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?*

Used condom at last sex

Answered 'Yes' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?*

AMONG those who

Reported being "Sexually active" (see above)

Did not use condom at last sex

Answered 'No' to the question, *The last time you had sexual intercourse, did you or your partner use a condom?*

AMONG those who

Reported being "Sexually active" (see above)

Used birth control pills

Answered 'Birth control pills' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?*

AMONG those who

Reported being "Sexually active" (see above)

Used Depo-Provera, birth control ring, implant, or IUD

Answered 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?*

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control method

Answered 'Birth control pills' or 'Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD' to the question, *The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?*

AMONG those who

Reported being "Sexually active" (see above)

Used reliable birth control and condom

Reported using reliable birth control (see above)

AND

Used a condom at last sex (see above)

AMONG those who

Reported being "Sexually active" (see above)

Nutrition

Ate 5 or more fruits or vegetables per day

Reported consuming five or more daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the past 7 days.

Had fruit or fruit juice 2 or more times per day

Reported consuming 2 or more daily servings of fruit juice or fruit.

Ate three or more vegetables per day

Reported consuming 3 or more daily servings of green salad, potatoes, carrots, or other vegetables.

Drank one+ soda per day

Answered '1 time per day' or more to the question, *During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)*

Vomited or used laxatives to lose weight

Answered 'Yes' to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?*

Physical Activity

Exercised on none of the last 7 days

Answered '0 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)*

Exercised on 5 of the last 7 days

Answered '5 days' or more to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)*

Exercised daily

Answered '7 days' to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)*

Television viewing three or more hours per day

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you watch TV?*

Computer use or video gaming three or more hours per day

Answered '3 hours per day' or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)?*

Total screen time three or more hours per day

Answered a combined total of '3 hours per day' or more to the two questions above (i.e., TV viewing and or computer/video usage).

PE at least once per week

Answered '1 day' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

Daily PE

Answered '5 days' or more to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

Body Weight

Note: Body Mass Index (BMI) was calculated from self reported height and weight.

Overweight

Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th national BMI for age and sex, based on historical data.

Obese

Greater than or equal to the 95th national BMI percentile for age and sex, based on historical data.

Overweight or obese

Greater than or equal to the 85th national BMI percentile for age and sex, based on historical data.

Other Behaviors and Characteristics

Ever taught about HIV in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school.*

Asthma

Answered 'Yes' to both of the following questions:

Has a doctor or nurse ever told you that you have asthma?

AND

Do you still have asthma?

Not enough food to eat

Answered 'Sometimes not enough to eat' or 'Often not enough to eat' to the question, *Do you have enough food to eat, sometimes not enough to eat, or often not enough to eat?*

Domestic Non-English speaker

Answered 'All of the time', 'More than half the time' or 'About half the time' to the question, *How often do you speak a language other than English at home?*

Foreign born

Answered 'No' to the question, *Were you born in the USA?*

Resiliency/Protective Factors

Unless otherwise noted, responses in the resiliency/protective factor sections of this report refer to respondents who answered "Very much true" to the questionnaire item indicated.



NM YRRS
YOUTH RISK & RESILIENCY SURVEY