YRRS 2013 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students
participated in the
2013 YRRS

BY GENDER Male: Female: BY GRADE

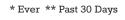
Gender not reported: 6th: 7th: 8th:

Other:

AREAS OF CONCERN

THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT	AI/AN	NM STATEWIDE
Carried a weapon (gun, knife, club)*		
Been in a physical fight*		
Bullied on school property*		
Electronically bullied*		
WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	AI/AN	NM STATEWIDE
Overweight (self-report)		
Met recommended physical activity guidelines		
Watched TV for 2 hours or more on school days		
Non-school computer use for 2 hours or more on school days		
Average number of school days with physical education per week		
Ate breakfast every day past week		
SEXUAL BEHAVIOR	AI/AN	NM STATEWIDE
Have <u>not</u> had sexual intercourse		
Used condom last time had sex		
Taught about HIV/AIDS in school		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Think youth drinking is very wrong		
Rode in car driven by someone who had been drinking alcohol*		
Would be very easy to get alcohol		
RESILIENCY	AI/AN	NM STATEWIDE
Always have enough food to eat		
A parent or other adult at home is interested in student's school work		
Has a friend who really cares about student		
There are clear rules at school about what a student can and cannot do		
Friends do <u>not</u> get into a lot of trouble		
Participates in extracurricular activities outside of school		







YRRS 2013 SUMMARY

MENTAL HEALTH CONCERNS		AI/AN	NM STATEWIDE
Seriously considered suicide*			
	Overall		
	Boys only		
	Girls only		
Made a suicide plan*			
-	Overall		
	Boys only		
	Girls only		
Attempted suicide*			
•	Overall		
	Boys only		
	Girls only		
2212			
DRUG USE		AI/AN	NM STATEWIDE
Marijuana use**			
Synthetic marijuana use (e.g. Spice, K2)*			
Cocaine use*			
Inhalant use*			
Inhalant use* Prescription drug use without a doctor's prescriptio	n*		
	n*		
Prescription drug use without a doctor's prescriptio	n*		
Prescription drug use without a doctor's prescriptio Used a pain killer to get high*	n*		
Prescription drug use without a doctor's prescriptio Used a pain killer to get high*	n*		
Prescription drug use without a doctor's prescriptio Used a pain killer to get high* Injected an illegal drug*	n* KEY		





THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE	AI/AN	NM STATEWIDE
Cigarette Use**		
Used chewing tobacco, snuff or dip**		
Smoked cigars or cigarillos**		
Use any tobacco product**		
Would smoke a cigarette if offered by a friend		
Exposed to second-hand smoke past week		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Smoked cigarettes every day**		
Smoked cigarettes on school property**		
Tried to quit smoking in the past year		

^{*} Ever ** Past 30 Days



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net