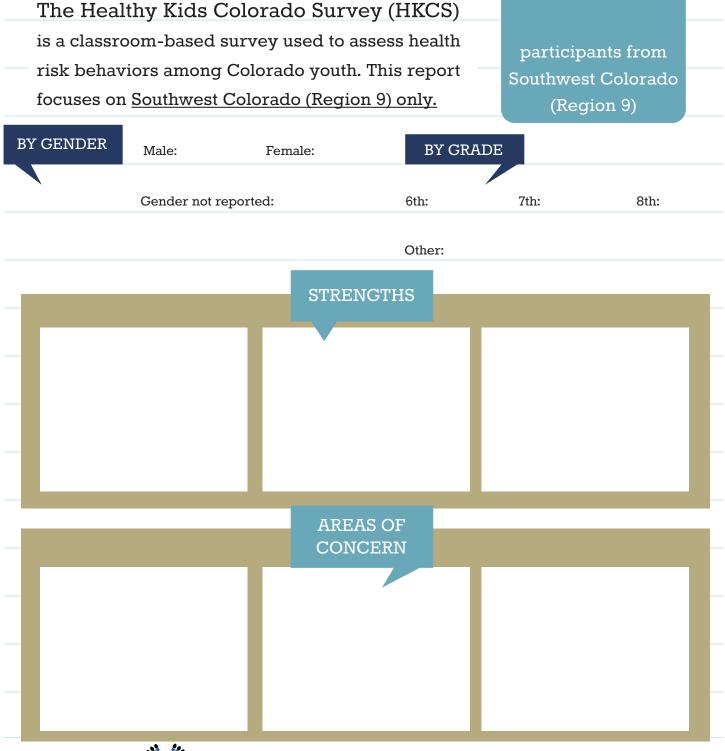
## AMERICAN INDIAN MIDDLE SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2015





Albuquerque Area Southwest Tribal Epidemiology Center

HEALTHY KIDS COLORADO SURVEY 2015

TOBACCO USE	AI/AN	NON-AI/AN
Cigarette use** Overall		
Boys only		
Girls only		
Electronic vapor product use*		
Would be very easy to get cigarettes		
Parents feel it is very wrong for student to smoke cigarettes		
Seen a lot of media about preventing tobacco, alcohol or other drug use		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Smoked cigarettes every day**		
Believes there is great risk of harm if smoke a pack or more per day		

WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	AI/AN	NON-AI/AN
Overweight (self-report)		
Met recommended physical activity guidelines		
Watched TV for 2 hours or more on school days		
Non-school computer use for 2 hours or more on school days		
Average number of days with physical education per week		
Drinks non-diet soda at least daily		
Ate breakfast every day past week		
Played on at least one sports team in school/community***		

Alcohol use**Overall Doverall Boys only Girls onlyBinge drinking (5 or more drinks in a few hours)**Think youth drinking is very wrong Rode in car driven by someone who had been drinking alcohol*Would be very easy to get alcohol Average age when had first drink	ALCOHOL USE	AI/AN	NON-AI/AN
Boys only   Girls only   Binge drinking (5 or more drinks in a few hours)**   Think youth drinking is very wrong   Rode in car driven by someone who had been drinking alcohol*   Would be very easy to get alcohol	Alcohol use**		
Girls only   Binge drinking (5 or more drinks in a few hours)**   Think youth drinking is very wrong   Rode in car driven by someone who had been drinking alcohol*   Would be very easy to get alcohol	Overall		
Binge drinking (5 or more drinks in a few hours)**   Think youth drinking is very wrong   Rode in car driven by someone who had been drinking alcohol*   Would be very easy to get alcohol	Boys only		
Think youth drinking is very wrong Image: Comparison of the set	Girls only		
Rode in car driven by someone who had been drinking alcohol*   Would be very easy to get alcohol	Binge drinking (5 or more drinks in a few hours)**		
Would be very easy to get alcohol	Think youth drinking is very wrong		
	Rode in car driven by someone who had been drinking alcohol*		
Average age when had first drink	Would be very easy to get alcohol		
	Average age when had first drink		



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\*Ever \*\*Past 30 days \*\*\*Past 12 months

## HKCS 2015 - MIDDLE SCHOOL

SCHOOL EXPERIENCES	AI/AN	NON-AI/AN
Faught about HIV/AIDS at school*		
Participates in extracurricular activities at school		
Thinks it is very important to attend college		
Obtains mostly A's and B's		
MENTAL HEALTH CONCERNS	AI/AN	NON-AI/AN
Persistent sadness and hopelessness for at least 2 weeks***		
Overall		
Boys only		
Girls only		
Seriously considered suicide*		
Overall		
Boys only		
Girls only		
Made a suicide plan*		
Overall		
Boys only		
Girls only		
Attempted suicide*		
Overall		
Boys only		
Girls only		
DRUG USE	AI/AN	NON-AI/AN
Marijuana use** Overall		
Boys only		
Girls only		
Very easy to get marijuana		
Very wrong for students to use marijuana		
Inhalant use*		
Prescription drug use without a doctor's prescription*		
Talked with parents about dangers of alcohol, tobacco and drug use		

\*Ever \*\*Past 30 days \*\*\*Past 12 months



## HEALTHY KIDS COLORADO SURVEY 2015

PERSONAL SAFETY AND SCHOOL ENVRIONMENT	AI/AN	NON-AI/AN
Carried a weapon (gun, knife, club)*		
Been in a physical fight*		
Bullied on school property*		
Electronically bullied*		
Always wear seatbelt		





## Albuquerque Area Southwest Tribal Epidemiology Center

The HKCS is supported by the Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), and Colorado Department of Human Services (CDHS). The University of Colorado Denver - Anschutz Medical Campus implemented the survey in 2015.

For more information on the HKCS and to access other HKCS reports and fact sheets visit www.healthykidscolo.org or www.aastec.net