



# The Multi-Site Implementation Evaluation of Tribal Home Visiting

**Tribal Maternal & Child Health Symposium**  
November 26, 2018 | Sandia Resort & Casino | Albuquerque, NM

**Centers for American Indian &  
Alaska Native Health**  
colorado school of public health

**Nancy Rumbaugh Whitesell, PhD, Professor**  
University of Colorado Anschutz Medical Campus



**Kate Lyon, MA, Vice President**  
**Tess Abrahamson-Richards, MPH, Research Associate**  
James Bell Associates Inc.



# What I will share with you today

- What MUSE is all about
- Why MUSE needs Tribal Home Visiting programs engaged in all phases of the study
- Some of the ways MUSE has engaged Tribal Home Visiting program partners so far
- Reflections on the successes and challenges of program partners engaging in research



**MUSE**



# What MUSE is all about

muse  
*/myōoz/*

To think about  
something  
carefully and  
thoroughly

[Merriam Webster]


## MUSE is an **IMPLEMENTATION EVALUATION**

- Examining how Tribal Home Visiting programs are planned, implemented, and adapted
- Examining how community and cultural context impact implementation

MUSE builds  
on home visiting  
research in other  
communities

## MIHOPE

Mother and Infant  
Home Visiting Program  
Evaluation  
of state home visiting  
programs  
Report just released

The cover features a photograph of a woman with dark curly hair leaning over a baby who is lying down. The woman is looking at the baby with a gentle expression. The baby is wearing a light-colored top and has a white bow in their hair. The background of the cover is a solid orange color.

### Implementation of Evidence-Based Early Childhood Home Visiting

RESULTS FROM  
THE MOTHER AND  
INFANT HOME  
VISITING PROGRAM  
EVALUATION

OCTOBER 2018  
OPRE Report 2018-76A



MUSE builds  
on research by  
Tribal Home  
Visiting grantees

## In the 1<sup>st</sup> round of Tribal Home Visiting

- Grantees developed rigorous local, single-site evaluations
- Locally-relevant evaluation questions were identified
- Evaluation designs selected were acceptable and feasible in communities
- 23 different evaluations were implemented



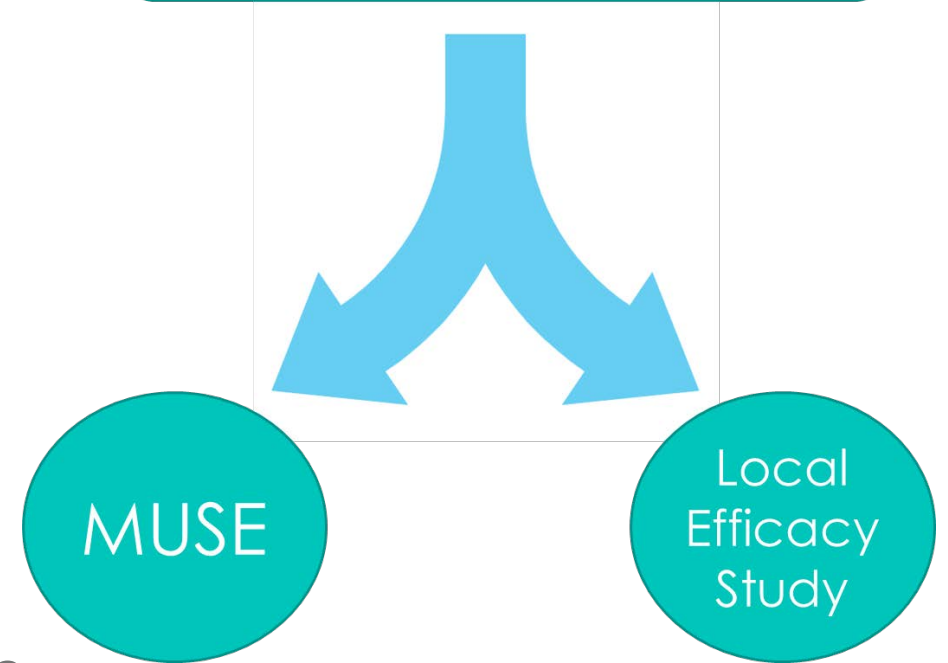
TRIBAL  
HOME  
VISITING

# 2<sup>nd</sup> round of Tribal Home Visiting funding

In 2016, grantees were given a choice when they applied for continued program funding:

1. Participate in the MUSE, and/or
2. Conduct a local efficacy study

Grantees 2016 Tribal Home Visiting Implementation and Expansion Grant Proposals



14 of 17 grantees opted into MUSE at the time of application for funding; 3 grantees actively participated in the planning process for MUSE and have now opted into the study.

# Key Features of MUSE

MUSE is a  
**MULTI-SITE** study

- 17 sites from across the country
- Tribes, consortia, Indian organizations
- Urban, rural, remote settings
- Unprecedented look at home visiting across tribal communities
- Opportunity to synthesize shared learning across grantees
- Can inform home visiting in other tribal communities



# Key Features of MUSE

MUSE is an  
**IMPLEMENTATION**  
evaluation

MUSE won't tell us if home visiting works

There is already substantial evidence that home visiting improves outcomes for families and children.

We won't compare families who receive home visiting to families who don't.

- Families will not be randomly assigned, some to receive home visiting and some not.
- So we won't be able to tell if home visiting makes a difference. MUSE is not an outcomes study.

We also won't compare different home

# Key Features of MUSE

MUSE is an  
**IMPLEMENTATION**  
evaluation

MUSE will help us understand how tribal programs are making home visiting work for their communities

MUSE will investigate:

- How programs **PLAN** to implement home visiting in their communities
- How programs **DELIVER SERVICES** to families (who, when, where, and how)
- How programs **SUPPORT** service delivery (training, supervision, etc.)
- How local **CONTEXT** impacts implementation

# Key Features of MUSE

MUSE ENGAGES  
STAKEHOLDERS in  
all phases of the  
study

From its inception, MUSE has been different than most – if not all – national studies of federally funded programs in a critical way.

Stakeholder engagement – including a deep commitment to engaging grantees in all phases of the study process – is integral to the MUSE study.

# Strong foundation for MUSE

- Grantees expressed interest in collaborating on evaluation.
- Federal partners expressed interest in understanding how home visiting is being implemented in tribal communities across programs and models.
- MUSE team members had worked with tribal home visiting grantees for 6 years, building trust and relationships.
- MUSE team members have extensive experience partnering with tribal communities on evaluation and research and are committed to collaborative research with program partners in tribal communities.

# Who is the MUSE team?

Worked with tribal home visiting grantees for 6 years, building trust and relationships.

Extensive experience partnering with tribal communities on evaluation and research.

Committed to collaborative research with program partners in tribal communities.

## MUSE Evaluation & Data Teams

### Nancy Whitesell

Principle Investigator,  
Centers for American Indian &  
Alaska Native Health (CAIANH)  
University of Colorado

### Kate Lyon

Project Director,  
James Bell Associate (JBA)

### Tess Abrahamson-Richards

Project Coordinator, JBA

### Michelle Sarche

Co-Investigator, CAIANH

### Melina Salvador

Methods Specialist, JBA

### Amy Stiffarm

Research Assistant, JBA

### Melanie Estarziau

Senior Research Associate, JBA

### Alex Joraanstad

Research Associate, JBA

### Kerry Ryan

Research Associate, JBA

### Matthew Poes

Senior Research Associate, JBA

### ACF – OPRE

Aleta Meyer

Nicole Denmark

Tia Zeno

## Stakeholders

Tribal leaders, grantees,

local stakeholders

Evaluation consultants

Federal Tribal MIECHV

Technical Work Group



### Internal Senior Advisors

Jill Filene, JBA

Doug Novins,

CAIANH



# Three Aims of MUSE



Identify and describe the primary influences shaping tribal home visiting program planning



Identify and describe how home visiting programs are being implemented



Explore what supports home visiting implementation in tribal communities

# Proposed MUSE Data Collection Tools



Content analysis of  
implementation plans



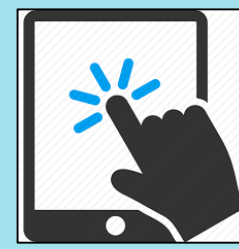
Qualitative interviews  
of staff and caregivers



Existing local  
program data



Caregiver  
surveys



Rapid  
reflect



Staff  
surveys



Implementation  
Logs



# MUSE Evaluation Questions

## **Aim 1**

Identify and describe  
primary influences  
shaping tribal home  
visiting program  
planning

1. **What is the local context that informs planning?**
2. How are implementation science principles reflected in local program planning?
3. What is the degree of alignment between local context and implementation science principles? How are differences addressed in planning?
4. **How do model requirements inform program planning?**
5. What adaptations, enhancements, and supplements to existing home visiting models are planned? Why?



# MUSE Evaluation Questions

## Aim 2

Identify and describe  
how home visiting  
programs are being  
implemented

6. How are THV programs staffed and what are the characteristics of those staff?
7. What services are provided to families?
8. What are caregivers' experiences with services?
- 9. What happens during home visits?**
- 10. What training, support and supervision do staff receive?**
11. What are the characteristics of families served and do those characteristics change over time?

# MUSE Evaluation Questions

## Aim 3

Explore what supports  
home visiting  
implementation in  
tribal communities

12. What influences relationships between home visitors and families?
- 13. What influences what happens during home visits?**
14. What influences the amount of home visiting families receive?
- 15. What influences staff self-efficacy and job satisfaction?**
16. What influences tribal home visiting programs' ability to implement their programs as intended?

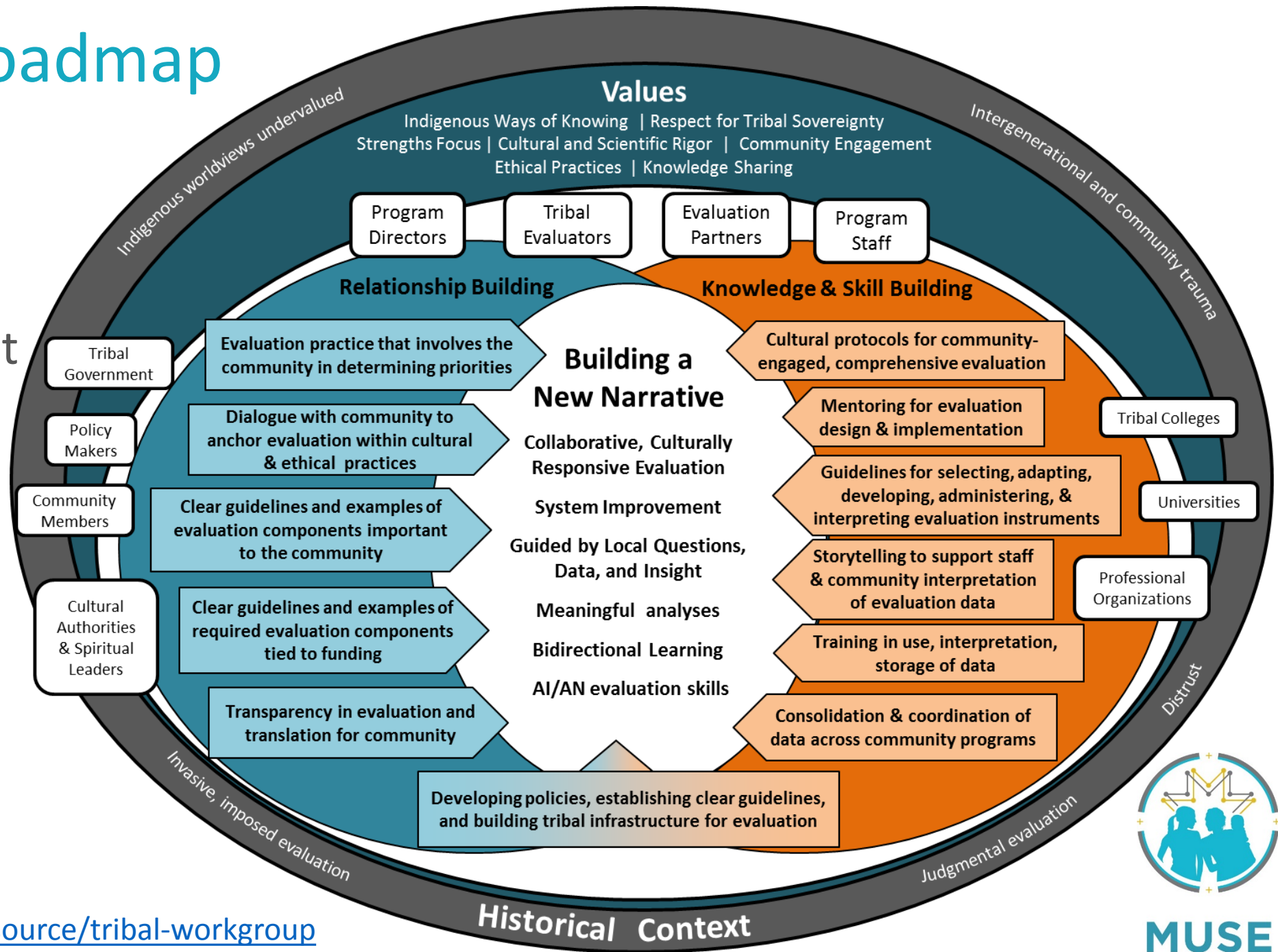


## Why MUSE engages Tribal Home Visiting programs

# Following a Roadmap

Why Tribal Home Visiting program partners are essential throughout the MUSE study process

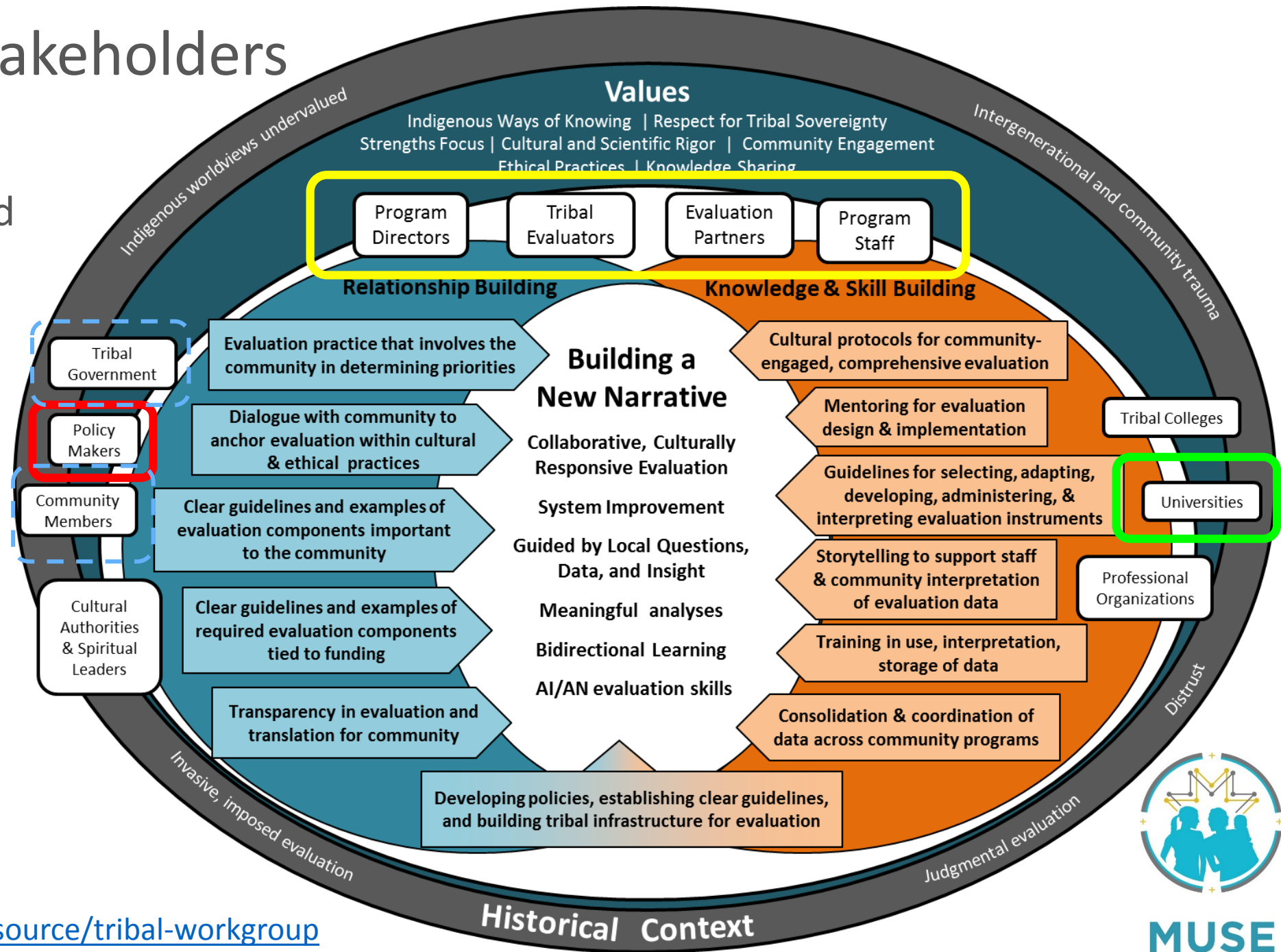
*Roadmap for Collaborative and Effective Evaluation in Tribal Communities*



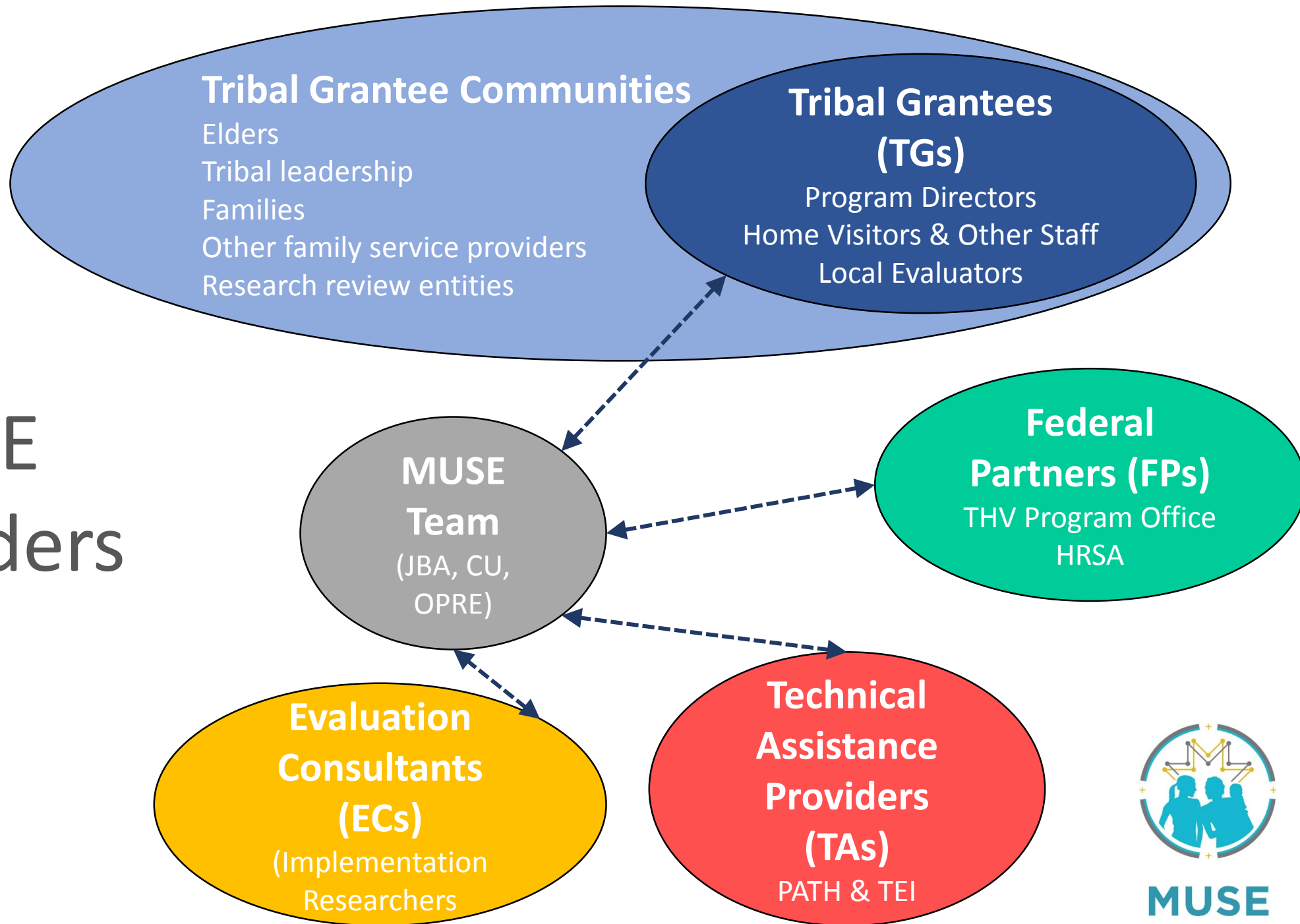
# Engaging key stakeholders

Some stakeholders are engaged frequently and repeatedly – program partners, academic consultants, federal program partners.

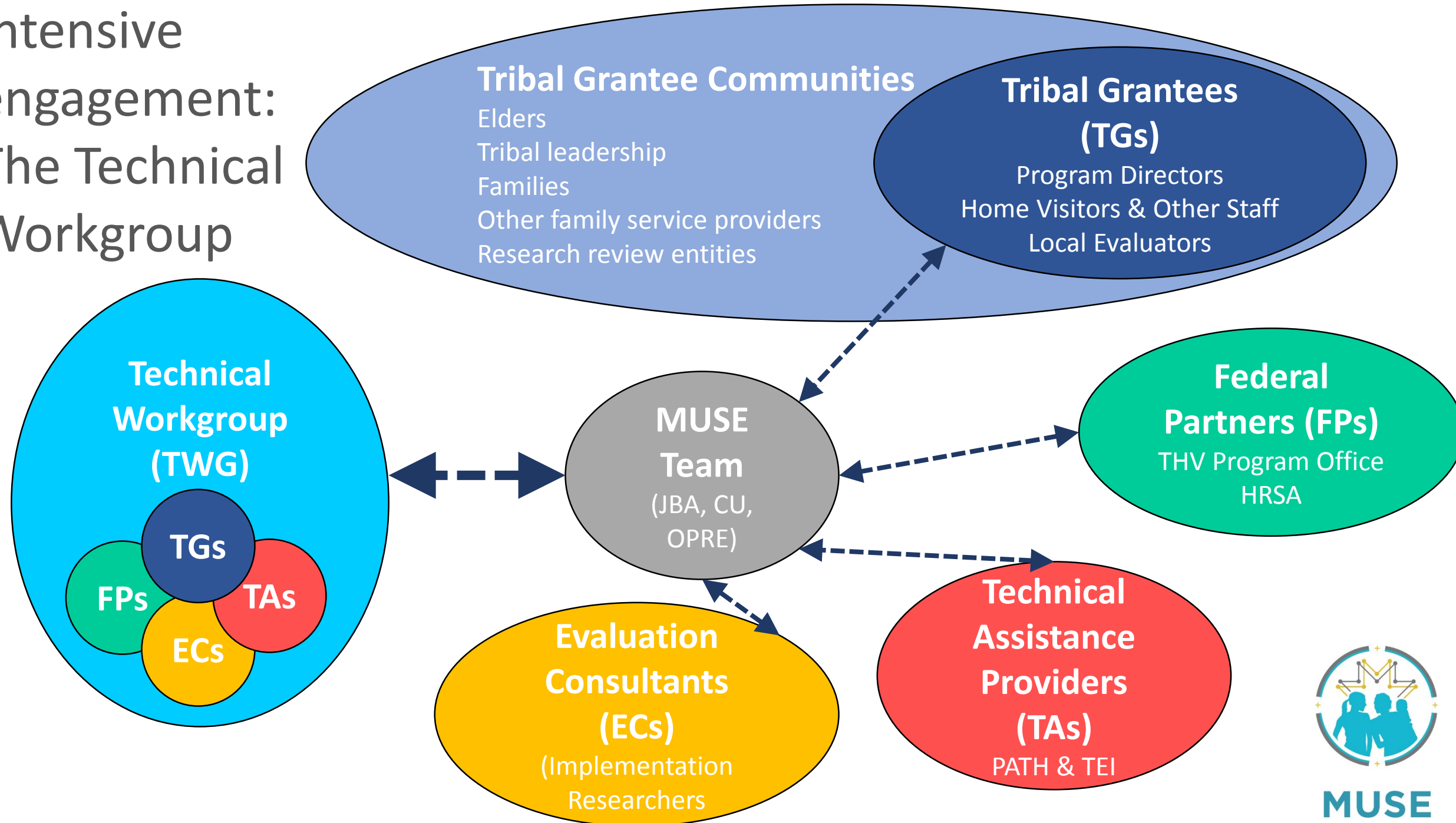
Others are engaged intermittently – tribal governments, organizational leadership, community members.



# Key MUSE stakeholders



# Intensive engagement: The Technical Workgroup



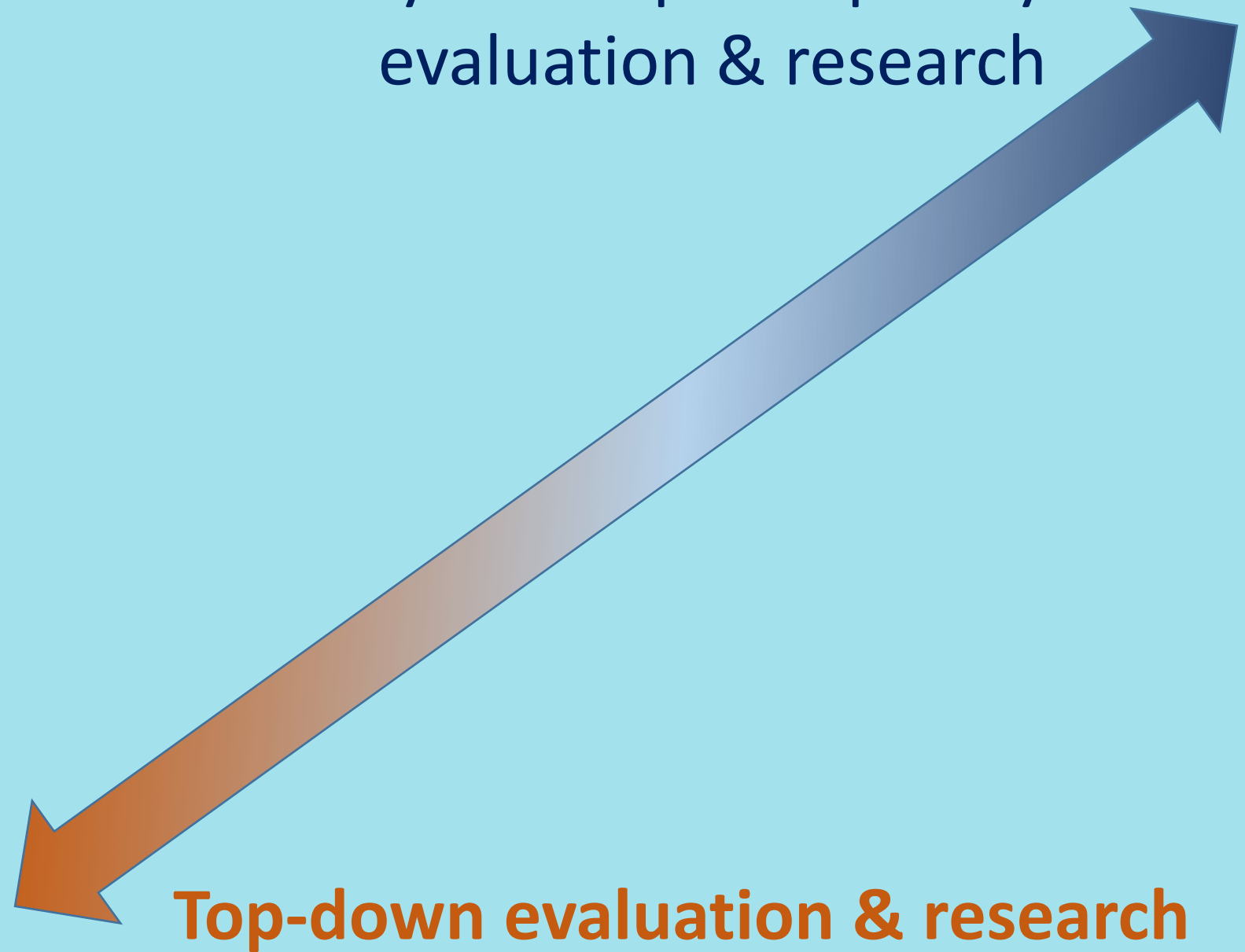
**MUSE**



Spectrum of  
engagement

Where does  
MUSE fit?

Community-based participatory  
evaluation & research





Top-down evaluation & research



# Community-based participatory

## Community-based participatory evaluation & research



- Conceived of jointly by a program-research institute partnership
  - Often borne out of existing relationships
  - The goal is authentic balanced partnership in every phase
- 

Top-down

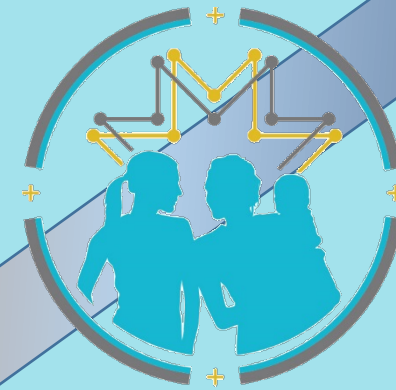
- Developed and implemented with limited input from participating programs
- Required
- In multi-site contexts, limited flexibility

Top-down evaluation & research

Many factors drive the level of community-engagement, including:

- Evaluation project origin & goal
- Orientation & mission of evaluation team and/or institute
- Scope of work, interests of participating organizations
- Funder support; contract/grant specifics
- Time and money

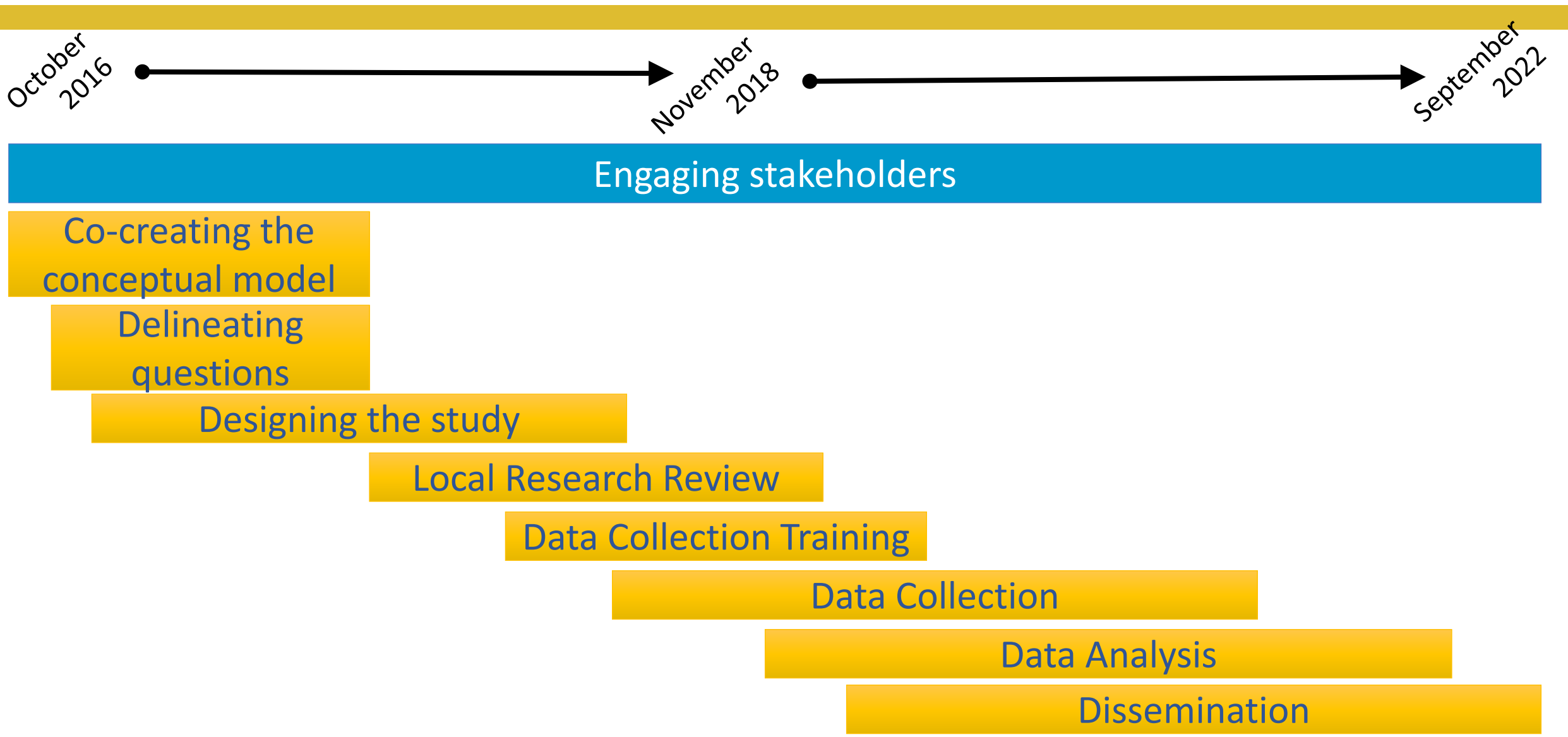
Community-based participatory evaluation & research



**MUSE**

Top-down evaluation & research

# Stakeholder engagement throughout MUSE



# Why MUSE needs engaged grantees throughout

- To design a study with aims, questions, and hypotheses that are relevant and important for Tribal Home Visiting.
- To develop and refine instruments and measures that will provide accurate data for tribal communities.
- To create efficient data collection methods that do not place undue burden on grantee staff and families

# Some Key Ways We've Gotten Stakeholder Input Over the Past 2 Years



Consultation



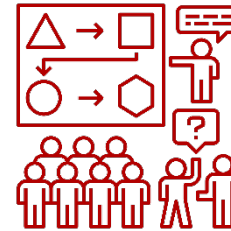
Funding Agency Guidance



Grantee Webinars



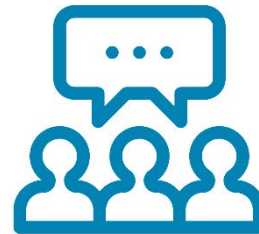
1:1 Phone Calls



MUSE Grantee Meetings & Conference Sessions



Tribal Home Visiting Program Office Input



Technical Workgroup



Public Comments



MUSE



# How MUSE engages Tribal Home Visiting program staff

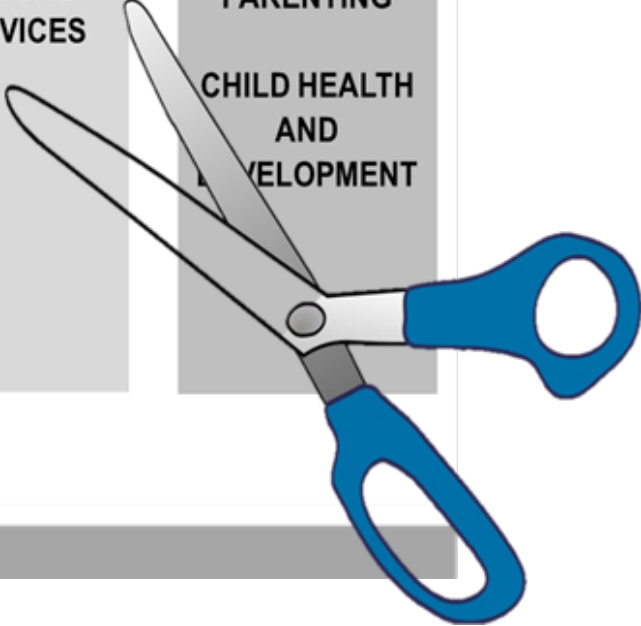
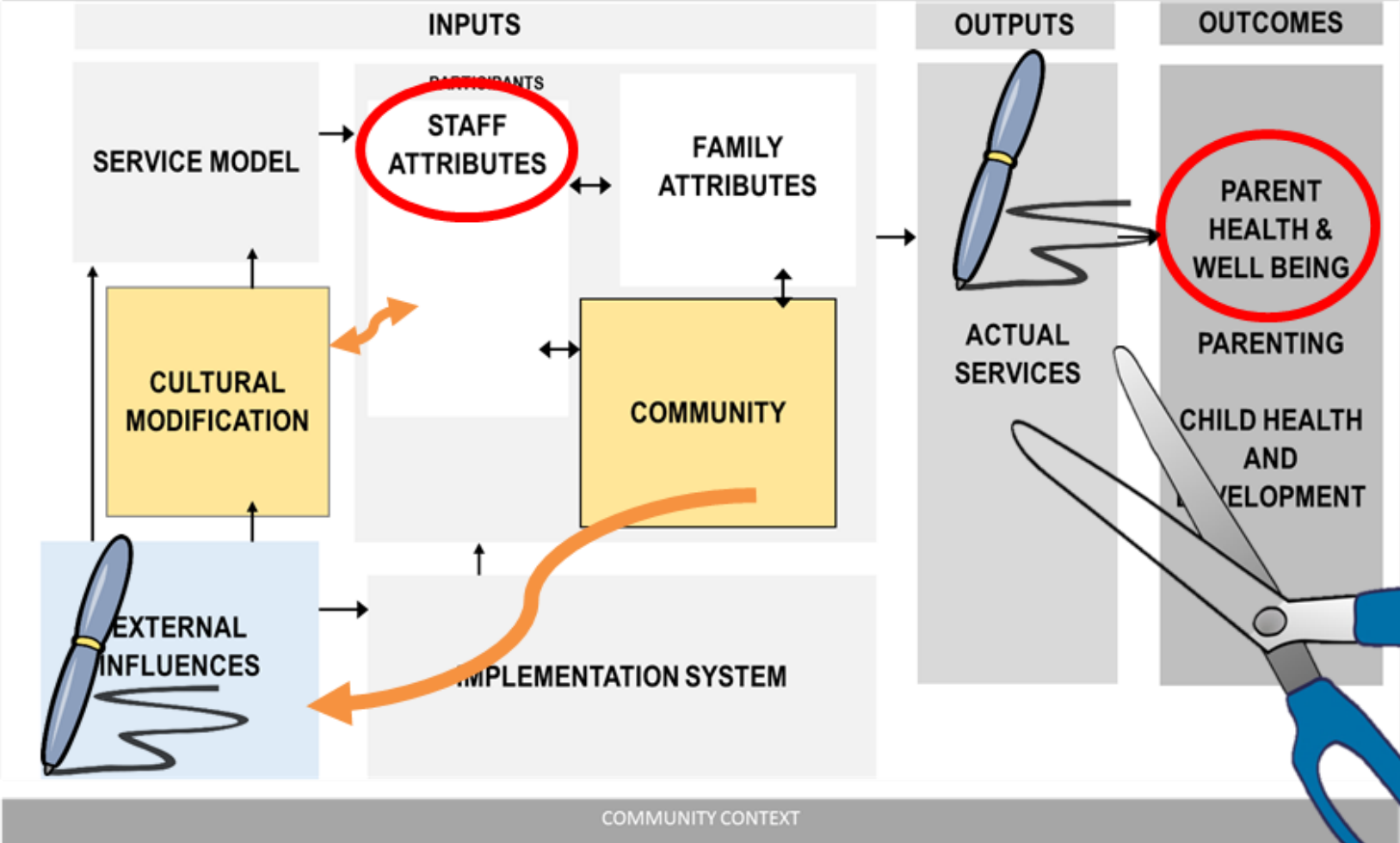
# 3 examples of Tribal Home Visiting staff engaging to shape MUSE

1. Co-creating a Conceptual Model
2. Quality Café
3. Sticky Note Parking Lot





# Example 1 | We invited grantees to co-create the MUSE conceptual model, laying the foundation for substantial stakeholder input

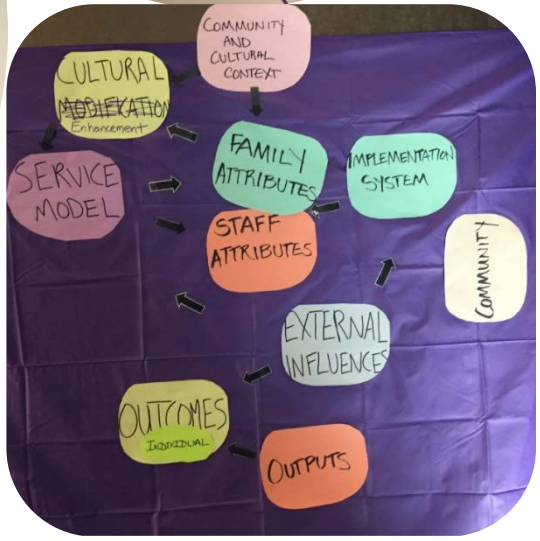
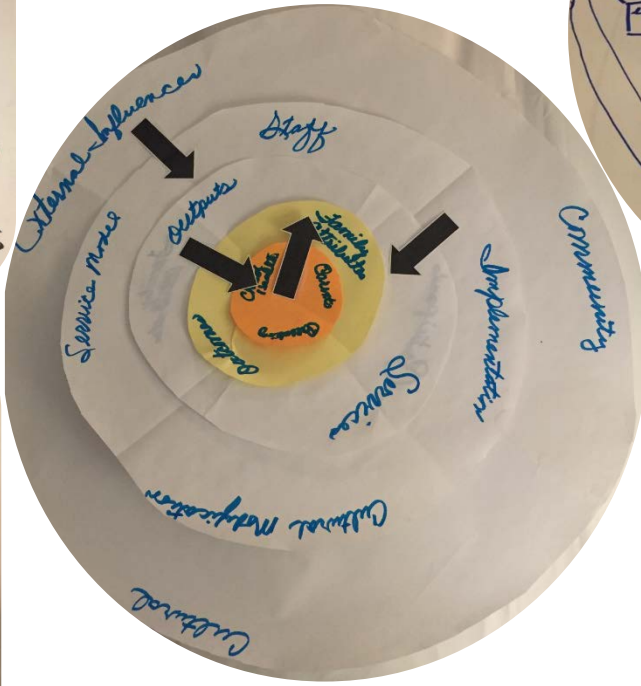
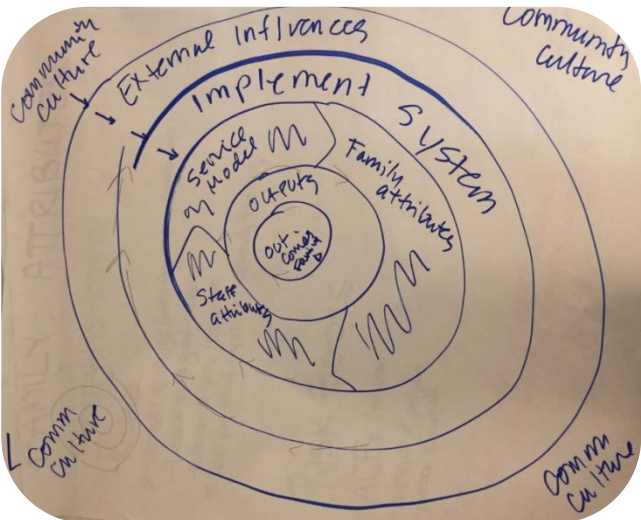
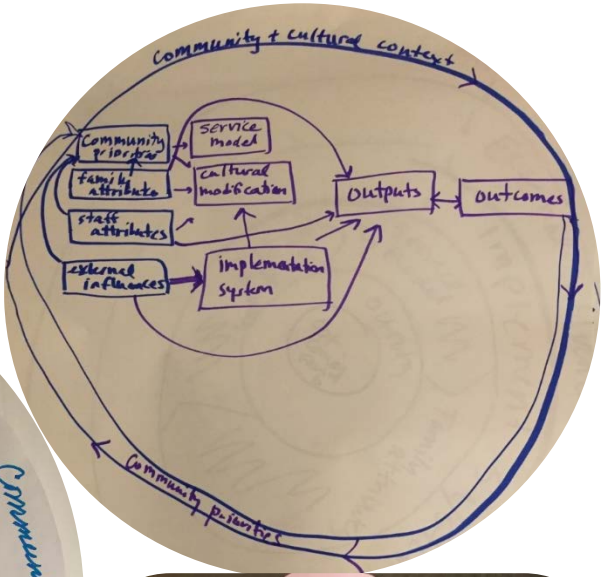
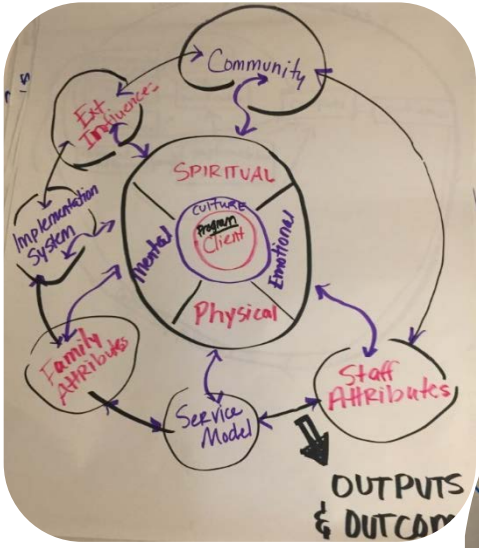


# Example 1 | Grantee and federal stakeholders came together in an interactive workshop to create 5 models of Tribal Home Visiting

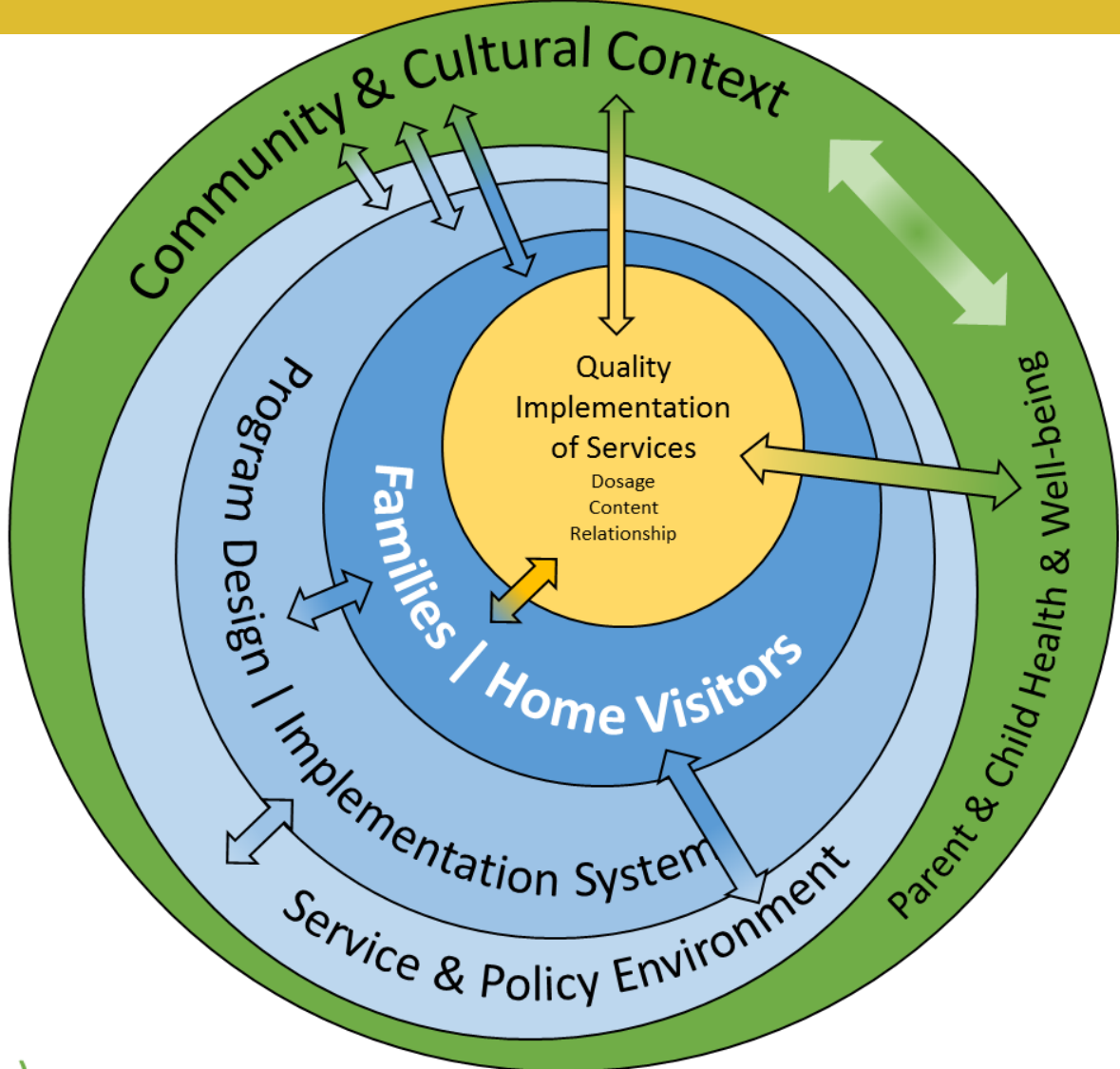
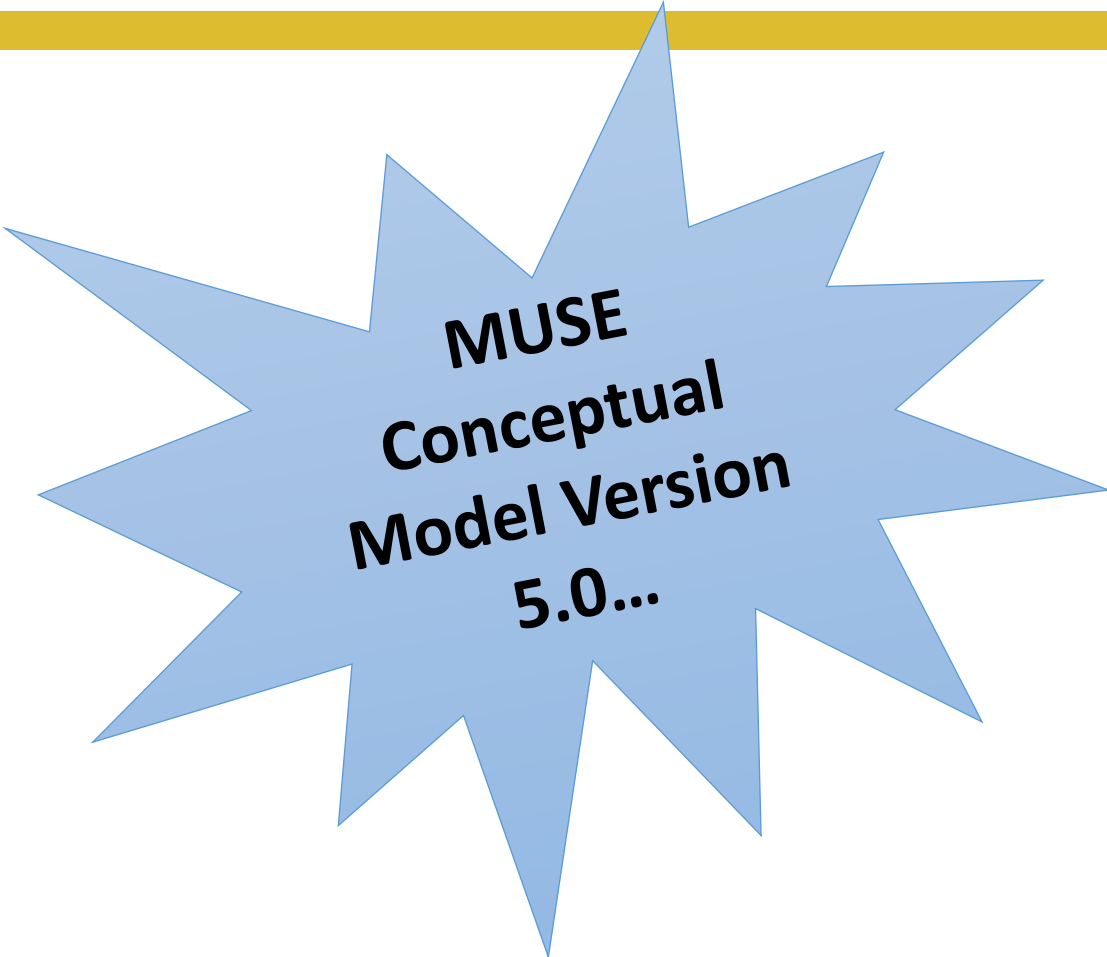




# Example 1 | Grantee and federal stakeholder conceptual models took the MUSE conceptual model in a different direction

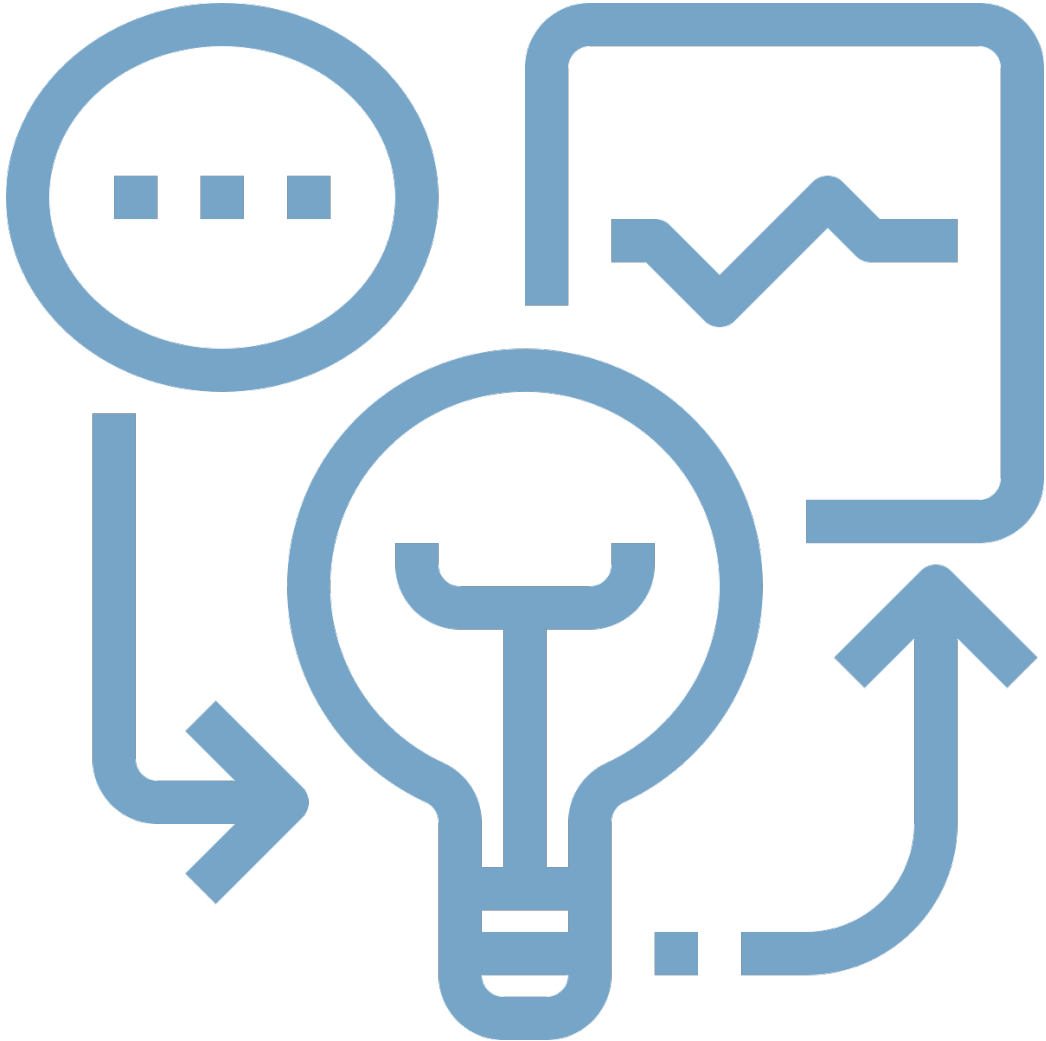


# Example 1 | We incorporated common elements from the 5 models to create a MUSE conceptual model of tribal home visiting

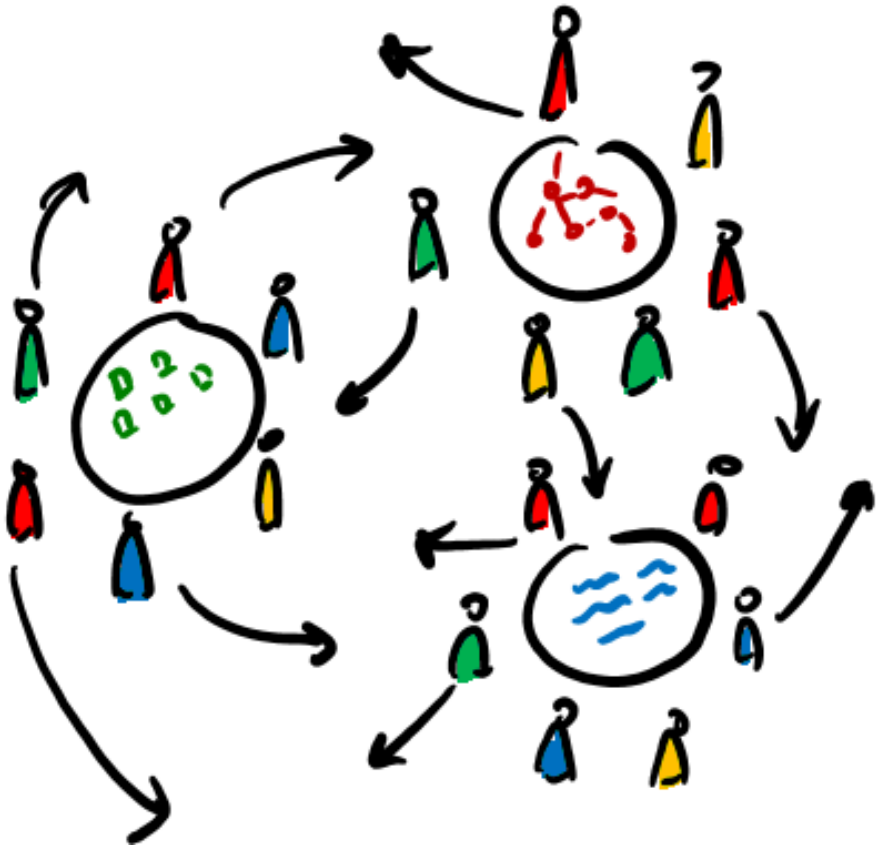


Drivers of Implementation Quality (Inputs)  
Implementation Quality (Outputs/Services)  
Parent and Child Health & Well-Being (Outcomes)

**Example 1** | This approach to co-creating a conceptual model facilitated creative thinking and discussion within and across program teams



**Example 2** | We asked grantees to participate in a Quality Café to identify indicators of successful home visiting implementation in tribal communities



**Example 2** | Quality Café table topics lined up with the elements of the conceptual model we co-created with grantees

**Q1**

When a visit is going well the interaction is.....

**Q2**

A good relationship looks like...

**Q3**

Home visit content needs to be...

**Q4**

Home visitors plan content by...

**Q5**

The right amount of home visiting is...

**Q6**

Creative ways to engage families are...

**Q7**

A home visitor needs to be able to do...

**Q8**

Home visitors feel supported when...

**Q9**

Program is a good fit for your community when...

**Q10**

Program is supported by the community when...



## Example 2 | Informed the MUSE study questions and instruments

- Helped us identify what was critical to explore about relationships, dosage, content, community fit and staff characteristics
- Generated constructs assessed in our interview protocols, staff and participant surveys and Rapid Reflect home visit questionnaire
- Caused us to reorient our overall approach to the implementation study to focus less on quality



**Example 2** | Grantee staff articulated indicators of successful home visiting that we used when designing our MUSE instruments

---

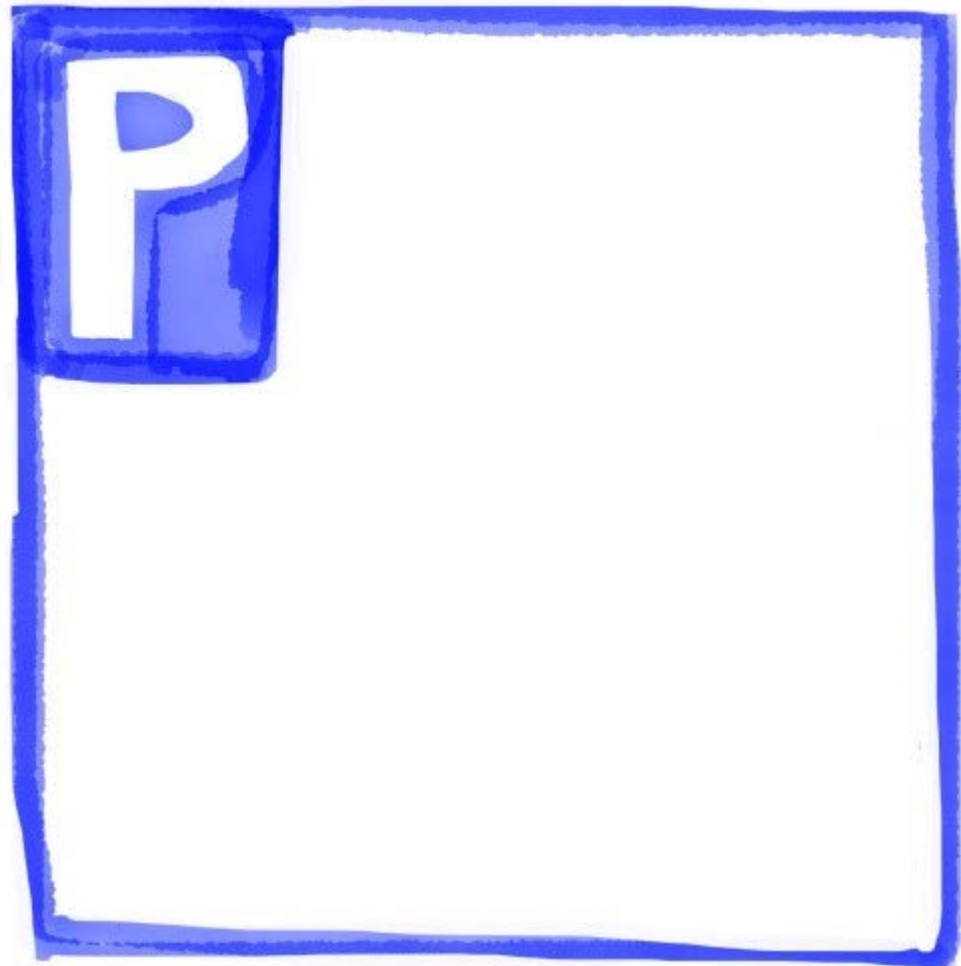
## Sample Indicators

- Strengths-based response to families' needs and challenges
- Meeting caregivers where they're at – tailoring services to fit a particular family's needs
- Being responsive and flexible in the moment
- Trusting, open communication between home visitor and caregiver

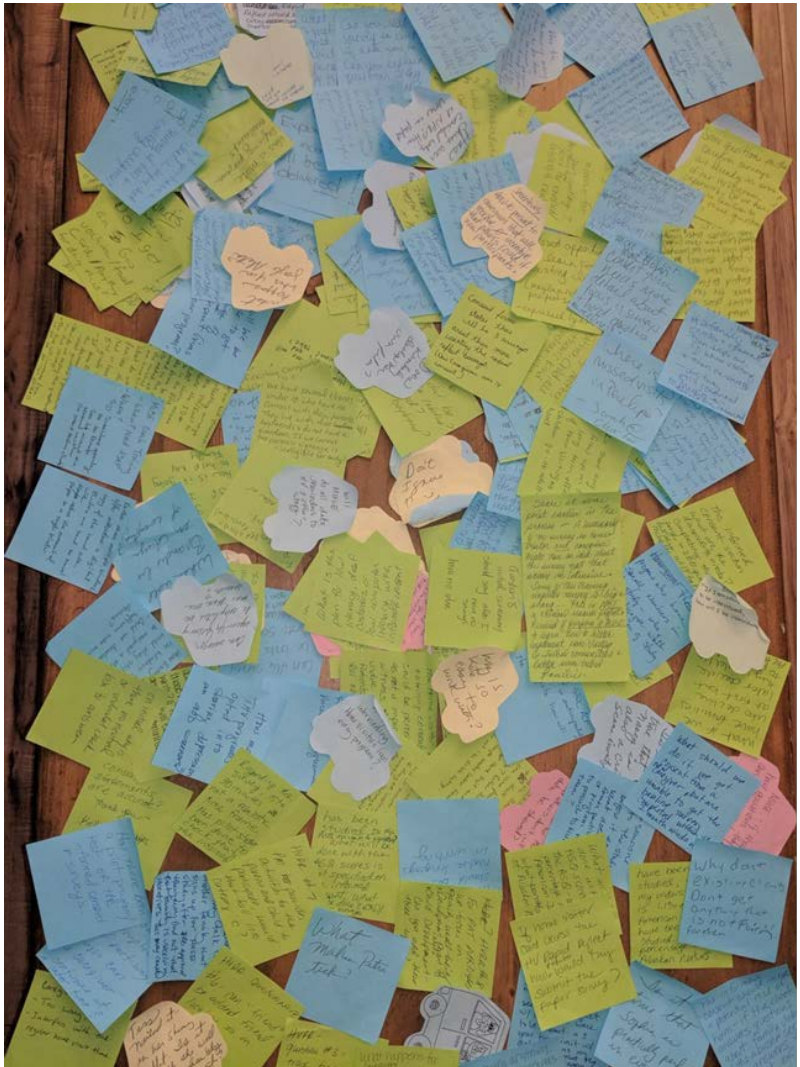
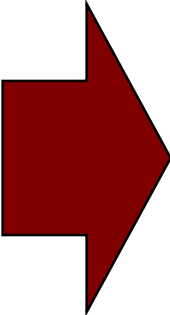
**Example 2** | Facilitated interactive discussion among grantees, generated feedback from all stakeholders, and identified constructs for measurement



**Example 3** | Hearing everyone's questions and concerns with a large group and a packed agenda using a "Sticky Note Parking Lot"

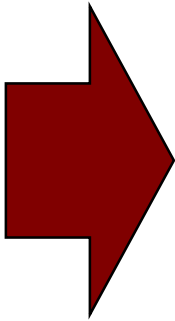
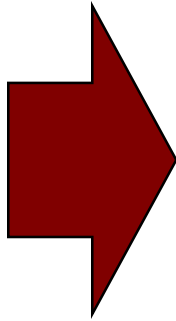
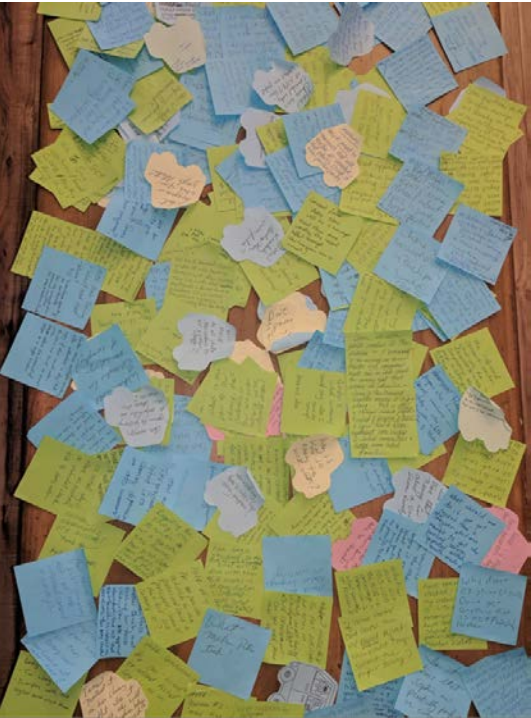


**Example 3** | We presented a 3-day data collection training to over 100 grantee staff. We knew lots of questions and site-specific queries would arise.

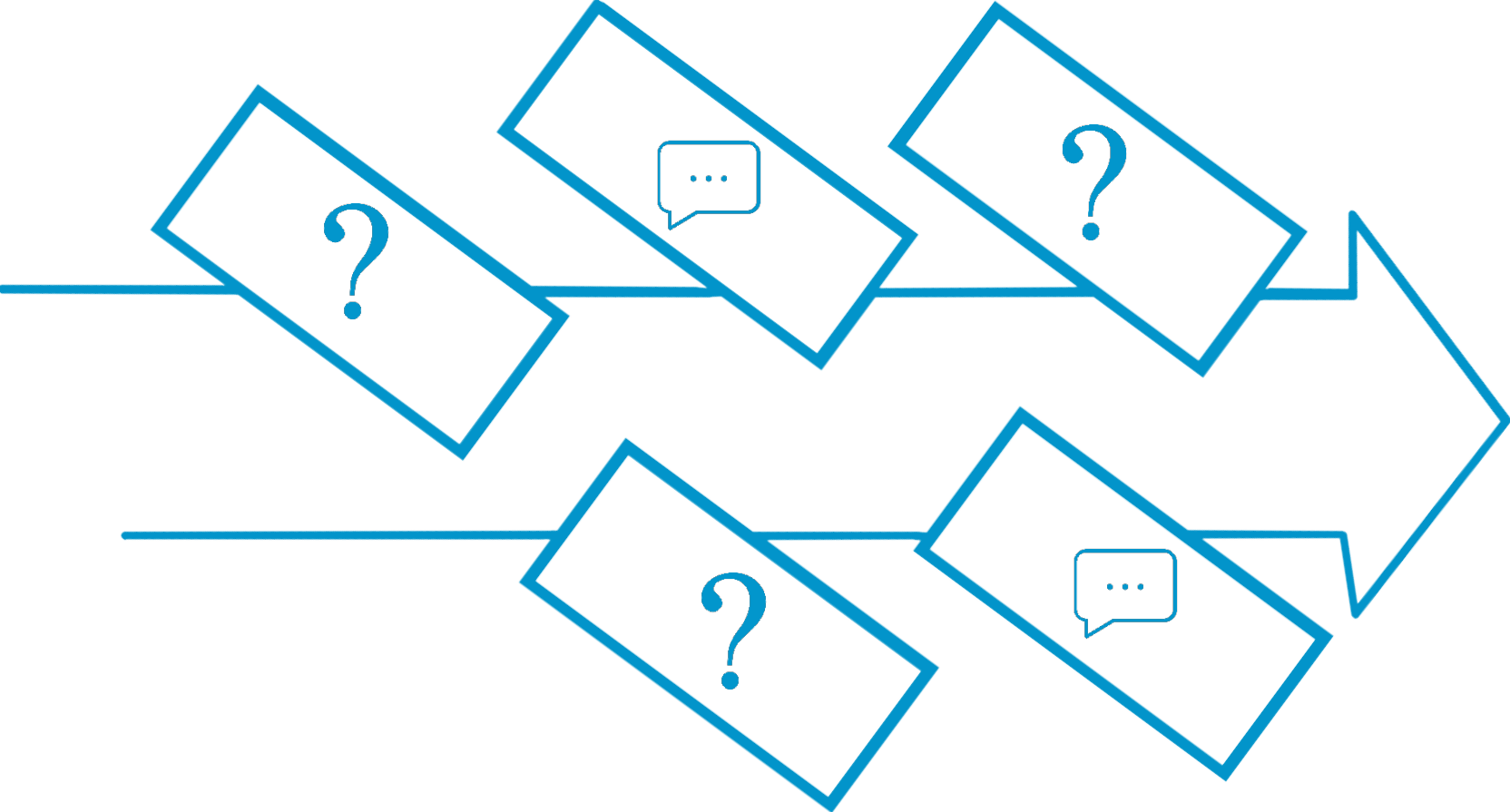




**Example 3** | We collected the sticky notes and organized them by topic, and eventually into Study area of impact (protocol, future training, FAQ, etc.).



**Example 3** | Sticky note parking lot was an efficient method of getting lots of feedback without interrupting the flow of the training





## Some Reflections on this Process

# Spoiler alert: It's not always easy

1. Striving to balance voices among stakeholders with differential levels of power – both real and perceived – within the Tribal Home Visiting program structure.
  - Grantees
  - Federal program staff
  - University researchers
2. Making sure we don't only hear from individuals who very frequently speak up.





# Spoiler alert: It's not always easy

3. Working within a structure where we have much more access to managers and evaluators than home visitors –
  - figuring out how to extend engagement efforts to home visitors in order to hear their valuable input.
4. Gathering feedback effectively via virtual platforms –
  - in person meetings always more effective but only feasible about once a year.



# Spoiler alert: It's not always easy

5. Providing ample opportunity for input during meetings while also streamlining the process for gathering feedback –
  - identifying mechanisms that ensure representative feedback
  - Identifying mechanisms that allow critical conversation and discussion to take place



# Spoiler alert: It's not always easy

6. Genuinely considering input from 17 grantees, balancing standardization with flexibility, requires thoughtful consideration of alternatives –
  - and their impact on the scientific integrity of the study.
7. Integrating grantee guidance results in a stronger study that is scientifically, culturally, and contextually rigorous –
  - but revising plans means revising timelines and has a domino effect on things like Tribal approvals.



So the  
question  
is . . .



**#WASITWORTHIT?**

We believe  
it is



# Our community-engaged approach has shaped the MUSE study in ways we didn't anticipate

---

- Conceptual model, study questions, indicators, measures, and data collection protocols look very different as a result of stakeholder engagement
- Study timeline was adjusted to accommodate substantial, iterative, ongoing input



**MUSE**

Greater contextual rigor and increased stakeholder investment in MUSE have emerged from this process

- Contextual rigor = validity of the study in the MUSE communities
- Contextual rigor is a critical consideration in community-engaged studies with populations underrepresented in research and evidence-based model testing





# Questions?



**MUSE**

**Please reach out to me  
with any questions about  
MUSE**

**Nancy Rumbaugh Whitesell**

Centers for American Indian & Alaska Native Health  
Colorado School of Public Health  
University of Colorado Anschutz Medical Campus  
[nancy.whitesell@ucdenver.edu](mailto:nancy.whitesell@ucdenver.edu)  
[www.ucdenver.edu/caianh](http://www.ucdenver.edu/caianh)

**Kate Lyon**

James Bell Associates  
[Lyon@jbassoc.com](mailto:Lyon@jbassoc.com)

**Tess Abrahamson-Richards**

James Bell Associates  
[Abrahamson-Richards@jbassoc.com](mailto:Abrahamson-Richards@jbassoc.com)  
[www.jbassoc.com/tribal-evaluation](http://www.jbassoc.com/tribal-evaluation)

thank you!