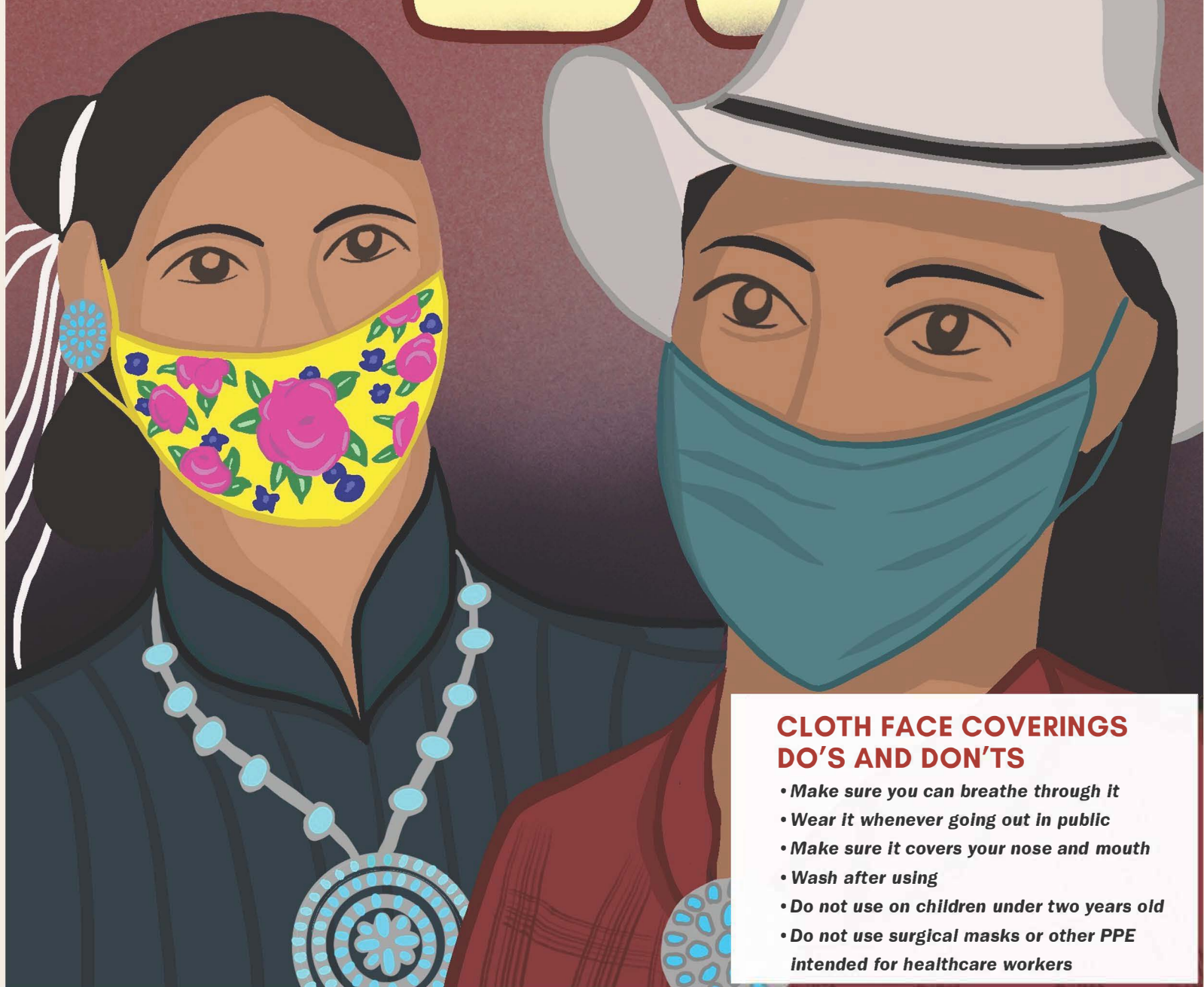


# LOVE

I wear this face mask every time I leave my home  
**TO PROTECT MY LOVED ONES**



## CLOTH FACE COVERINGS DO'S AND DON'TS

- *Make sure you can breathe through it*
- *Wear it whenever going out in public*
- *Make sure it covers your nose and mouth*
- *Wash after using*
- *Do not use on children under two years old*
- *Do not use surgical masks or other PPE intended for healthcare workers*



ALBUQUERQUE AREA SOUTHWEST  
TRIBAL EPIDEMIOLOGY CENTER

[WWW.AASTEC.NET](http://WWW.AASTEC.NET)

WHERE SHOULD I GO FOR THE MOST UP-TO-DATE INFORMATION?



[www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)



1-855-600-3453  
Coronavirus Hotline



[www.coronavirus.gov](http://www.coronavirus.gov)



[www.ih.gov](http://www.ih.gov)