

PROTECTION

**Protect Yourself. Protect Your Loved Ones.
GET YOUR FLU SHOT.**

This might be your most important flu shot ever

- This year, it is critical to get the flu shot to protect your family and your community.
- Flu shots save lives and can help lessen the stress on our health care systems during the COVID-19 pandemic.
- Everyone 6 months and older should get a flu shot as soon as they are available.

Flu vaccinations are available at these locations:

- Indian Health Service, tribal, or urban health clinics and doctor's offices
- Pharmacies or grocery stores

Ask your Community Health Representative for more information.



**ALBUQUERQUE AREA SOUTHWEST
TRIBAL EPIDEMIOLOGY CENTER**

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