2009 New Mexico Youth Risk and Resiliency Survey (YRRS)
American Indian High School Students

Aggregate Report

New Mexico Department of Health
New Mexico Public Education Department
University of New Mexico Prevention Research Center
Albuquerque Area Southwest Tribal Epidemiology Center
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Introduction

This report contains aggregate results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS) for American Indian (AI) high school students.

The YRRS is a statewide survey of public school students in middle schools and high schools throughout New Mexico. The survey is organized into two major content areas: risk behaviors and protective (resiliency) factors, with a smaller section about academic behaviors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others.

How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. For each topic area a set of bar charts compares results for NM AI students to results for the entire state\(^1\), compares the behaviors of AI boys to those of AI girls, and makes comparisons between grade levels among AI students.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there is a comparison between the state and NM AI students, a comparison between AI boys and AI girls, and a comparison of grade levels among AI students. The third section of the report presents results for the resiliency/protective factors among AI students.

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NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.

\(^1\) Rates for New Mexico were based on the Centers for Disease Control and Prevention YRBS sample.
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each risk or protective factor, and provides a quick visual comparison between different groups of students reporting that risk or protective factor. A label for each bar presents the actual percentage of students who reported each risk or protective factor. For instance, the chart on page 17, Personal Safety: Injury, shows that 8.3% of high school students in New Mexico rarely or never wore seatbelts, while 11.8% of American Indian high school students rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. The results in this report are estimates because YRRS data are from a sample of students, and not the entire student body. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate of current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7% to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

![Current Smoking and Current Cocaine Use Chart](chart.png)

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005

<table>
<thead>
<tr>
<th></th>
<th>NM</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current cocaine use</td>
<td>7.9</td>
<td>3.4</td>
</tr>
<tr>
<td>Current smoker</td>
<td>25.7</td>
<td>23.0</td>
</tr>
</tbody>
</table>
How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.
Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.
Demographic Information of AI High School Students

A total of 3,977 American Indian high school students participated in the 2009 NM YRRS survey. Students were categorized as American Indian if they reported AI alone or in combination with any other racial/ethnic group. Key characteristics of AI survey participants were as follows:

<table>
<thead>
<tr>
<th>Profile of students surveyed</th>
<th>Number of students</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>3,977</td>
<td>100%</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>1,942</td>
<td>48.1%</td>
</tr>
<tr>
<td>Boys</td>
<td>2,021</td>
<td>51.9%</td>
</tr>
<tr>
<td>Grade Level</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9th</td>
<td>1,253</td>
<td>31.5%</td>
</tr>
<tr>
<td>10th</td>
<td>1,044</td>
<td>26.0%</td>
</tr>
<tr>
<td>11th</td>
<td>913</td>
<td>22.0%</td>
</tr>
<tr>
<td>12th</td>
<td>736</td>
<td>20.1%</td>
</tr>
<tr>
<td>Other:</td>
<td>19</td>
<td>0.4%</td>
</tr>
</tbody>
</table>

NOTE: Raw numbers may not add up to the total number of students because of missing data. Data are considered missing when students refuse answering any question(s) during the survey.
Risk Behaviors
Personal Safety: Injury
Personal Safety: Injury
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Among those who rode a bicycle in the past year

- q009. Never/rarely wore bicycle helmet
  - NM (All students): 91.3%
  - American Indian (NM): 92.7%

- q010. Never/rarely wore seat belt
  - NM (All students): 8.3%
  - American Indian (NM): 11.8%

*Among those who rode a bicycle in the past year*
Personal Safety: Injury
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Among those who rode a bicycle in the past year

q009. Never/rarely wore bicycle helmet

- Female: 91.2%
- Male: 93.7%

q010. Never/rarely wore seat belt

- Female: 9.6%
- Male: 14.0%

*Among those who rode a bicycle in the past year*
Personal Safety: Injury
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

*Among those who rode a bicycle in the past year
Personal Safety: Injury
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

q015. Carried a gun *

- Yes: 51.7%
- No: 38.7%
- Not Sure: 11.0%

q013. Have a gun in home

- American Indian (NM):
  - Yes: 51.7%
  - No: 42.9%
  - Not Sure: 11.0%

* In the past 30 days
Personal Safety: Injury
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days

q015. Carried a gun *
0 10 20 30 40 50 60 70 80 90 100
Female Male

q013. Have a gun in home

* In the past 30 days
Personal Safety: Injury
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q015. Carried a gun *
q013. Have a gun in home

* In the past 30 days
Personal Safety: Behaviors and Experiences Associated with Violence
Personal Safety: Behaviors and Experiences Associated with Violence
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Percent (%)

- q014. Carried weapon *
  - Female: 16.4
  - Male: 40.5
- q018. In a physical fight **
  - Female: 36.0
  - Male: 45.4
- q020. Hit by boy/girlfriend **
  - Female: 8.7
  - Male: 10.2
- q021. Ever forced to have sex
  - Female: 9.6
  - Male: 6.2

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Schools and Violence
Personal Safety: Violence and School
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM (All students)  American Indian (NM)

<table>
<thead>
<tr>
<th>Question</th>
<th>NM</th>
<th>American Indian</th>
</tr>
</thead>
<tbody>
<tr>
<td>q016. Carried weapon to school</td>
<td>8.1</td>
<td>8.5</td>
</tr>
<tr>
<td>q017. Missed school due to safety issues</td>
<td>7.2</td>
<td>9.3</td>
</tr>
<tr>
<td>q019. In physical fight on school property</td>
<td>15.0</td>
<td>15.2</td>
</tr>
</tbody>
</table>

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Violence and School
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q022. Bullied at school **
Female: 19.2
Male: 14.5

q016. Carried weapon to school *
Female: 6.5
Male: 10.3

q019. In physical fight on school property **
Female: 12.5
Male: 17.6

q017. Missed school due to safety issues ***
Female: 10.4
Male: 8.2

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Violence and School
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q022. Bullied at school **
q016. Carried weapon to school *
q019. In physical fight on school property **
q017. Missed school due to safety issues ***

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Mental Health
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM (All students)  American Indian (NM)

<table>
<thead>
<tr>
<th>Question</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q023. Sad or hopeless *</td>
<td>29.7</td>
<td>32.0</td>
</tr>
<tr>
<td>q024. Seriously considered suicide</td>
<td>15.9</td>
<td>19.7</td>
</tr>
<tr>
<td>q025. Made suicide plan</td>
<td>13.1</td>
<td>15.5</td>
</tr>
<tr>
<td>q026. Attempted suicide</td>
<td>9.7</td>
<td>14.4</td>
</tr>
<tr>
<td>q027. Suicide attempt resulting in injury **</td>
<td>3.2</td>
<td>4.9</td>
</tr>
</tbody>
</table>

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months

** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months
Tobacco
Tobacco: Cigarette Smoking
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
*** Smoked cigarettes on at least 20 of the past 30 days
**** Smoked at least 10 cigarettes per day on days that they smoked
***** In the past 30 days
Tobacco: Cigarette Smoking
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- q028. Ever tried cigarettes *
- q029. Smoked cigarette before age 13
- q030. Current smoker **
- q030. Frequent smoker ***
- q031. Heavy smoker ****
- q033. Smoked on school property *****

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
*** Smoked cigarettes on at least 20 of the past 30 days
**** Smoked at least 10 cigarettes per day on days that they smoked
***** In the past 30 days
Tobacco: Cigarette Smoking by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.2</td>
<td>8.4</td>
<td>7.5</td>
<td>10.2</td>
<td></td>
</tr>
</tbody>
</table>

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
*** Smoked cigarettes on at least 20 of the past 30 days
**** Smoked at least 10 cigarettes per day on days that they smoked
***** In the past 30 days
Tobacco: Behaviors of Current Cigarette Smokers
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Question</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q029. Smoked cigarette before age 13</td>
<td>39.2</td>
<td>46.9</td>
</tr>
<tr>
<td>q030. Frequent smokers *</td>
<td>30.0</td>
<td>20.2</td>
</tr>
<tr>
<td>q031. Heavy smoker **</td>
<td>4.8</td>
<td>2.0</td>
</tr>
<tr>
<td>q034. Tried to quit smoking ***</td>
<td>48.1</td>
<td>55.2</td>
</tr>
<tr>
<td>q032. Got cigarettes in store ****</td>
<td>10.3</td>
<td>10.6</td>
</tr>
</tbody>
</table>

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers < 18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- q029. Smoked cigarette before age 13
- q030. Frequent smokers *
- q031. Heavy smoker **
- q034. Tried to quit smoking ***
- q032. Got cigarettes in store ****

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers < 18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- q029. Smoked cigarette before age 13
- q030. Frequent smokers *
- q031. Heavy smoker **
- q034. Tried to quit smoking ***
- q032. Got cigarettes in store ****

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers < 18 yrs old
Tobacco: Other Use and Exposure
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q035. Current spit tobacco use *
q036. Current cigar use **
q036. Current use of any form of tobacco ***
q037. In the same room with someone smoking cigarettes ****

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days
Tobacco: Other Use and Exposure by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Female | Male
--- | ---
q035. Current spit tobacco use * | 5.1 | 15.4
q036. Current cigar user ** | 14.7 | 23.3
q036. Current use of any form of tobacco *** | 26.0 | 37.5
q037. In the same room with someone smoking cigarettes **** | 46.7 | 44.2

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days
Tobacco: Other Use and Exposure by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q035. Current spit tobacco use *
q036. Current cigar user **
q036. Current use of any form of tobacco ***
q037. In the same room with someone smoking cigarettes ****

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days

Percent (%) by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)
0 20 40 60 80 100

9th 10th 11th 12th
Tobacco: Parent and Student Attitudes
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes?
Tobacco: Parent and Student Attitudes by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes?
Tobacco: Parent and Student Attitudes by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (q039)
- How wrong do your parents feel it would be for you to smoke cigarettes? (q038)

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?
** How wrong do your parents feel it would be for you to smoke cigarettes?
Alcohol
Alcohol Use
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

**q040. First drink before age 13**
- NM (All students): 29.4%
- American Indian (NM): 31.5%

**q041. Current drinker * **
- NM (All students): 40.5%
- American Indian (NM): 39.2%

**q042. Binge drinker **
- NM (All students): 25.0%
- American Indian (NM): 25.6%

**q046. Drank on school property ***
- NM (All students): 8.0%
- American Indian (NM): 10.7%

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

**q040. First drink before age 13**
- Female: 28.7%
- Male: 33.9%

**q041. Current drinker ***
- Female: 38.9%
- Male: 39.2%

**q042. Binge drinker **
- Female: 24.5%
- Male: 26.4%

**q046. Drank on school property***
- Female: 10.7%
- Male: 10.7%

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- q040. First drink before age 13
- q041. Current drinker *
- q042. Binge drinker **
- q046. Drank on school property ***

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use Associated with Injury
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q011. Rode with driver who consumed alcohol *</td>
<td>26.4</td>
</tr>
<tr>
<td>q012. Drinking and driving *</td>
<td>9.7</td>
</tr>
</tbody>
</table>

* In the past 30 days
Alcohol Use Associated with Injury
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days
Alcohol Use Associated with Injury by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q011. Rode with driver who consumed alcohol *
q012. Drinking and driving *

* In the past 30 days
Alcohol Use: Behaviors of Current Drinkers
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

- No usual type: 11.2% (NM), 10.0% (American Indian)
- Beer: 23.4% (NM), 17.7% (American Indian)
- Malt beverages *: 13.2% (NM), 15.0% (American Indian)
- Wine coolers **: 2.1% (NM), 2.3% (American Indian)
- Wine: 2.8% (NM), 2.3% (American Indian)
- Liquor ***: 42.0% (NM), 46.4% (American Indian)
- Other: 5.3% (NM), 6.4% (American Indian)

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

- No usual type
- Beer
- Malt beverages *
- Wine coolers **
- Wine
- Liquor ***
- Other

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Alcohol Use: Behaviors of Current Drinkers by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

- No usual type
- Beer
- Malt beverages *
- Wine coolers **
- Wine
- Liquor ***
- Other

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Alcohol Use: Behaviors of Current Drinkers
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, how did you usually get the alcohol you drank?

- Bought it in a store *
- Bought it at a restaurant, bar, or club
- Bought it at a public event **
- Gave someone else money to buy it
- Someone gave it to me
- Took it from a store or family member
- Other

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Among current drinkers q044. During the past 30 days, how did you usually get the alcohol you drank?

- Bought it in a store *
- Bought it at a restaurant, bar, or club
- Bought it at a public event **
- Gave someone else money to buy it
- Someone gave it to me
- Took it from a store or family member
- Other

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Among current drinkers

q044. During the past 30 days, how did you usually get the alcohol you drank?

* Such as a liquor store, convenience store, supermarket, discount store, or gas station

** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
qu044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting even
Alcohol: Attitudes
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM (All students) | American Indian (NM)

q047. Adults think youth alcohol use is very wrong *
q048. My parents think my alcohol use would be very wrong *
q049. I think youth alcohol use is very wrong *
q050. People face great risk from daily alcohol use **

q047: 46.7 | 56.3
q048: 62.9 | 70.8
q049: 35.4 | 42.9
q050: 41.2 | 46.2

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?
** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?
Alcohol: Attitudes by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?
Alcohol: Attitudes
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?
** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?
Alcohol: Access and Use by Friends
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

- q109. Most or all close friends drink at least once/week
  - NM (All students): 12.4%
  - American Indian (NM): 12.3%

- q068. "Sort of easy" or "Very easy" to get alcohol
  - NM (All students): 64.6%
  - American Indian (NM): 59.2%
Alcohol: Access and Use by Friends by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

- q109. Most or all close friends drink at least once/week
  - Female: 11.3%
  - Male: 13.3%

- q068. "Sort of easy" or "Very easy" to get alcohol
  - Female: 60.7%
  - Male: 57.5%
Alcohol: Access and Use by Friends by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week

q068. "Sort of easy" or "Very easy" to get alcohol
Drugs
Marijuana Use
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>q051. Ever tried marijuana</th>
<th>q051. Tried marijuana before age 13</th>
<th>q052. Current marijuana use *</th>
<th>q053. Marijuana use on school property **</th>
</tr>
</thead>
<tbody>
<tr>
<td>NM (All students)</td>
<td>American Indian (NM)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>49.2</td>
<td>60.6</td>
<td>18.4</td>
<td>29.7</td>
</tr>
</tbody>
</table>

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana Use
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days

q051. Ever tried marijuana
Female: 59.5%
Male: 61.4%

q051. Tried marijuana before age 13
Female: 24.6%
Male: 34.4%

q052. Current marijuana use *
Female: 31.9%
Male: 38.1%

q053. Marijuana use on school property **
Female: 11.7%
Male: 17.6%
Marijuana Use
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q051. Ever tried marijuana
q051. Tried marijuana before age 13
q052. Current marijuana use *
q053. Marijuana use on school property **

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana: Attitudes
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

q054. My parents think my marijuana use would be very wrong*
q055. People face great risk from regular marijuana use**

* How wrong do your parents feel it would be for you to use marijuana?
** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?
Marijuana: Attitudes
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* How wrong do your parents feel it would be for you to use marijuana?
** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?
Marijuana: Attitudes by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

q054. My parents think my marijuana use would be very wrong*

q055. People face great risk from regular marijuana use**

* How wrong do your parents feel it would be for you to use marijuana?
** How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?
Current Drug Use *
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* Other than marijuana
"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
Current Drug Use *
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Other than marijuana
"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
Current Drug Use *
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Other than marijuana
"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
**Lifetime Drug Use** *

New Mexico (all students) and American Indian Students (all NM)

Grades 9 - 12, 2009 NM YRRS

- q056. Cocaine
- q059. Heroin
- q061. Methamphetamine
- q063. Ecstasy
- q066. Injection drug use (of illegal drug)

*Other than marijuana

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts
**Lifetime Drug Use**

by Gender, American Indian Students

Grades 9 - 12, 2009 NM YRRS

*Other than marijuana*

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts
**Lifetime Drug Use** *
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

*Other than marijuana

"Lifetime" use refers to at least one use of a substance in during a lifetime

Note that vertical axis extends to 50% rather than 100% as in most other charts
Access to Drugs
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q067. Offered or sold illegal drugs on school property *</td>
<td>30.9</td>
<td>32.0</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get marijuana</td>
<td>64.2</td>
<td>65.0</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get illegal drug **</td>
<td>30.2</td>
<td>26.9</td>
</tr>
</tbody>
</table>

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Access to Drugs by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th>Access to Drugs</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q067. Offered or sold illegal drugs on school property *</td>
<td>29.3</td>
<td>34.4</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get marijuana</td>
<td>65.7</td>
<td>64.2</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get illegal drug **</td>
<td>27.0</td>
<td>26.4</td>
</tr>
</tbody>
</table>

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Access to Drugs
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q067. Offered or sold illegal drugs on school property *
q068. "Sort of easy" or "Very easy" to get marijuana
q068. "Sort of easy" or "Very easy" to get illegal drug **

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Drugs: Use or Dealing by Adults
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q071. Know 1+ adults who use drugs
60.7 (NM (All students))
65.4 (American Indian (NM))

q072. Know 1+ adults who sell drugs
42.6 (NM (All students))
47.7 (American Indian (NM))
Drugs: Use or Dealing by Adults
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs
Female: 69.0, Male: 61.9

q072. Know 1+ adults who sell drugs
Female: 51.3, Male: 44.1
Drugs: Use or Dealing by Adults by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs

q072. Know 1+ adults who sell drugs
Sexual Behavior
Sexual Behavior and Related Measures
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Question</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q073. Ever had sexual intercourse</td>
<td>48.0</td>
<td>48.2</td>
</tr>
<tr>
<td>q073. Had sexual intercourse before age 13</td>
<td>7.4</td>
<td>10.1</td>
</tr>
<tr>
<td>q075. Sexually active *</td>
<td>32.6</td>
<td>30.8</td>
</tr>
<tr>
<td>q074. Had sexual intercourse with 4+ people in life</td>
<td>15.1</td>
<td>13.4</td>
</tr>
<tr>
<td>q131. Taught about AIDS/HIV at school</td>
<td>77.3</td>
<td>73.5</td>
</tr>
</tbody>
</table>

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior and Related Measures
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Female | Male
--- | ---
44.7 | 51.4
6.3 | 13.6
29.4 | 31.8
9.7 | 17.1
73.9 | 73.1

q073. Ever had sexual intercourse
q073. Had sexual intercourse before age 13
q075. Sexually active *
q074. Had sexual intercourse with 4+ people in life
q131. Taught about AIDS/HIV at school

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior and Related Measures
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior of Sexually Active Students
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>q076. Used alcohol or drugs before sex *</th>
<th>q077. Used condom *</th>
<th>q078. Used condom &amp; either BCP/Depo-Provera **</th>
</tr>
</thead>
<tbody>
<tr>
<td>23.1 (%)</td>
<td>57.5 (%)</td>
<td>5.5 (%)</td>
</tr>
<tr>
<td>26.6 (%)</td>
<td>59.2 (%)</td>
<td>7.2 (%)</td>
</tr>
</tbody>
</table>

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behavior of Sexually Active Students by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

- **q076. Used alcohol or drugs before sex**: 20.7% Female, 32.1% Male
- **q077. Used condom**: 52.4% Female, 65.1% Male
- **q078. Used condom & either BCP/Depo-Provera**: 8.6% Female, 6.0% Male

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behavior of Sexually Active Students by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
### Sexual Behavior of Sexually Active Students: Primary Birth Control Method

**New Mexico (all students) and American Indian Students (all NM)**

**Grades 9 - 12, 2009 NM YRRS**

<table>
<thead>
<tr>
<th>Method</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No method</td>
<td>15.3%</td>
<td>18.1%</td>
</tr>
<tr>
<td>Birth control pills</td>
<td>13.2%</td>
<td>10.6%</td>
</tr>
<tr>
<td>Condoms</td>
<td>47.8%</td>
<td>45.9%</td>
</tr>
<tr>
<td>Depo-Provera</td>
<td>4.4%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Withdrawal</td>
<td>10.8%</td>
<td>10.0%</td>
</tr>
<tr>
<td>Other</td>
<td>5.1%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Not sure</td>
<td>3.3%</td>
<td>5.8%</td>
</tr>
</tbody>
</table>

*Refers to the last time student had sexual intercourse*
Sexual Behavior of Sexually Active Students: Primary Birth Control Method *
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse

* Refers to the last time student had sexual intercourse
Sexual Behavior of Sexually Active Students: Primary Birth Control Method * by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Body Weight, Nutrition, and Physical Activity
Overweight and Obese
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
*Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
**Obese: BMI >= 95th percentile for age and sex, based on historical reference data
Overweight and Obese
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.

*Overweight: BMI \( \geq \) 85th percentile and < 95th percentile for age and sex, based on historical reference data

**Obese: BMI \( \geq \) 95th percentile for age and sex, based on historical reference data
Overweight and Obese
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

Body Mass Index (BMI) calculated from self-reported height and weight.

*Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data

**Obese: BMI >= 95th percentile for age and sex, based on historical reference data
Weight Control
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

- q116. Exercised to lose weight *
  - NM (All students): 64.1%
  - American Indian (NM): 70.4%

- q117. Ate less to lose weight *
  - NM (All students): 36.3%
  - American Indian (NM): 40.1%

- q118. Vomited to lose weight *
  - NM (All students): 7.7%
  - American Indian (NM): 9.2%

* Or keep from gaining weight, in the past 30 days
Weight Control
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q116. Exercised to lose weight *
q117. Ate less to lose weight *
q118. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Weight Control
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- Exercised to lose weight *
- Ate less to lose weight *
- Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q116. Exercised to lose weight *</td>
<td>72.5</td>
<td>78.0</td>
</tr>
<tr>
<td>q117. Ate less to lose weight *</td>
<td>48.5</td>
<td>52.2</td>
</tr>
<tr>
<td>q118. Vomited to lose weight *</td>
<td>11.2</td>
<td>10.2</td>
</tr>
</tbody>
</table>

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

Percent (%) by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

- q116. Exercised to lose weight *
  - Female: 72.5
  - Male: 81.8

- q117. Ate less to lose weight *
  - Female: 53.4
  - Male: 51.4

- q118. Vomited to lose weight *
  - Female: 12.1
  - Male: 8.8

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q116. Exercised to lose weight *

q117. Ate less to lose weight *

q118. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Nutrition
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

- **q119. Ate 5+ servings of fruits or vegetables daily** *
  - NM (All students): 20.9%
  - American Indian (NM): 27.3%

- **q125. Drank soda once or more daily** *
  - NM (All students): 30.4%
  - American Indian (NM): 31.9%

- **q126. Drank 3+ glasses milk daily** *
  - NM (All students): 12.8%
  - American Indian (NM): 10.9%

- **q136. Often or sometimes not enough to eat** **
  - NM (All students): 11.3%
  - American Indian (NM): 17.1%

* In the past 7 days
** "By you and your family" in the past 12 months
Nutrition by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* In the past 7 days
** "By you and your family" in the past 12 months
Nutrition
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* In the past 7 days
** "By you and your family" in the past 12 months
Physical Activity
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q127. Adequate physical activity *</td>
<td>45.8</td>
<td>42.6</td>
</tr>
<tr>
<td>q127. No days physical activity **</td>
<td>15.5</td>
<td>14.8</td>
</tr>
<tr>
<td>q128. Watched 3+ hours of TV daily ***</td>
<td>32.6</td>
<td>35.5</td>
</tr>
<tr>
<td>q129. Played video games 3+ hours daily ****</td>
<td>21.0</td>
<td>22.6</td>
</tr>
<tr>
<td>q129. Total screen time 3+ hours daily *****</td>
<td>52.4</td>
<td>55.1</td>
</tr>
</tbody>
</table>

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q127. Adequate physical activity *
q127. No days physical activity **
q128. Watched 3+ hours of TV daily ***
q129. Played video games 3+ hours daily ****
q129. Total screen time 3+ hours daily *****

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q127. Adequate physical activity *
q127. No days physical activity **
q128. Watched 3+ hours of TV daily ***
q129. Played video games 3+ hours daily ****
q129. Total screen time 3+ hours daily *****

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity: PE Class*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* During an average school week
Physical Activity: PE Class
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

*During an average school week
Physical Activity: PE Class*  
by Grade, American Indian Students  
Grades 9 - 12, 2009 NM YRRS  

* During an average school week
Other Characteristics

Asthma
English as Non-Dominant Language
US Born
Asthma
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q132. Ever diagnosed with asthma</td>
<td>25.3</td>
<td>23.7</td>
</tr>
<tr>
<td>q133. Current asthma*</td>
<td>11.4</td>
<td>9.4</td>
</tr>
</tbody>
</table>

*Ever diagnosed with asthma AND still has asthma
Asthma
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Ever diagnosed with asthma AND still has asthma
Asthma
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* Ever diagnosed with asthma AND still has asthma
Other Characteristics
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

- q134. Speaks language other than English at home > half time:
  - NM (All students): 16.5%
  - American Indian (NM): 19.6%

- q135. Foreign born:
  - NM (All students): 9.9%
  - American Indian (NM): 6.3%
Other Characteristics
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- q134. Speaks language other than English at home > half time
  - Female: 20.0%
  - Male: 19.4%

- q135. Foreign born
  - Female: 5.5%
  - Male: 7.1%
Other Characteristics by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q134. Speaks language other than English at home > half time
- 9th: 18.4%
- 10th: 19.6%
- 11th: 21.2%
- 12th: 18.7%

q135. Foreign born
- 9th: 7.6%
- 10th: 4.3%
- 11th: 6.8%
- 12th: 5.2%
Academic Measures
Academic Measures
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q008. Got mostly A's and B's</td>
<td>71.0</td>
<td>62.6</td>
</tr>
<tr>
<td>q100. Tries to do best work at school *</td>
<td>83.5</td>
<td>82.6</td>
</tr>
<tr>
<td>q101. Plans to continue education after high school **</td>
<td>86.9</td>
<td>85.3</td>
</tr>
</tbody>
</table>

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

q008. Got mostly A's and B's
q100. Tries to do best work at school *
q101. Plans to continue education after high school **

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th></th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q113. Skipped or ditched school once a week or more</td>
<td>9.6</td>
<td>10.7</td>
</tr>
<tr>
<td>q114. Sometimes or usually comes to class unprepared to write *</td>
<td>39.7</td>
<td>43.0</td>
</tr>
<tr>
<td>q115. Usually comes to class without homework finished</td>
<td>16.2</td>
<td>18.7</td>
</tr>
</tbody>
</table>

* Without paper or something to write with
Academic Measures
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

Female  Male

q113. Skipped or ditched school once a week or more
11.4    9.8

q114. Sometimes or usually comes to class unprepared to write *
34.8    51.1

q115. Usually comes to class without homework finished
16.6    20.5

* Without paper or something to write with
Academic Measures by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

- **q113. Skipped or ditched school once a week or more**
  - 9th: 9.6%
  - 10th: 10.3%
  - 11th: 11.5%
  - 12th: 10.2%

- **q114. Sometimes or usually comes to class unprepared to write**
  - 9th: 47.9%
  - 10th: 47.1%
  - 11th: 35.4%
  - 12th: 37.6%

- **q115. Usually comes to class without homework finished**
  - 9th: 19.1%
  - 10th: 18.5%
  - 11th: 16.8%
  - 12th: 18.6%

* Without paper or something to write with
Protective/Resiliency Factors
Protective Factors in the Home*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Metric</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q079. Caring relationship with parent/other adult</td>
<td>54.1%</td>
<td>44.6%</td>
</tr>
<tr>
<td>q083. High expectations</td>
<td>71.6%</td>
<td>64.0%</td>
</tr>
<tr>
<td>q096. Behavioral boundaries</td>
<td>64.3%</td>
<td>57.3%</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home* by Gender, American Indian Students Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home* by Grade, American Indian Students Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
## Protective Factors in the School*

New Mexico (all students) and American Indian Students (all NM)

**Grades 9 - 12, 2009 NM YRRS**

<table>
<thead>
<tr>
<th>Factor</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caring relationship with teacher or other adult</td>
<td>47.4</td>
<td>38.3</td>
</tr>
<tr>
<td>High expectations</td>
<td>50.5</td>
<td>46.0</td>
</tr>
<tr>
<td>Involvement in school activities</td>
<td>48.5</td>
<td>41.0</td>
</tr>
<tr>
<td>Behavioral boundaries in the school</td>
<td>55.4</td>
<td>55.0</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School* by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School* by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community* by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community* by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q089. Caring relationship w/adult in community
q092. High expectations from an adult in community
q103. Meaningful participation in community

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>64.6</td>
<td>30.8</td>
<td>26.5</td>
</tr>
<tr>
<td>57.8</td>
<td>28.0</td>
<td>25.4</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships*  
by Gender, American Indian Students  
Grades 9 - 12, 2009 NM YRRS

q093. Caring relationship w/peer  
q107. Positive peer influence  
q109. Positive peer influence (no substance use)

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships*
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits*
New Mexico (all students) and American Indian Students (all NM)
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits*
by Gender, American Indian Students
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits*
by Grade, American Indian Students
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q106. Impulsiveness

q111. Attends church/religious service once/week or more

* See Appendix B for descriptions of Protective/Resiliency Factors
Appendices
## Personal Information

**Note:** Percents may not add up to 100% because of missing responses.

<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
<th>Number</th>
<th>(%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How old are you?</td>
<td>A. 12 years old or younger</td>
<td>26</td>
<td>0.5%</td>
</tr>
<tr>
<td></td>
<td>B. 13 years old</td>
<td>16</td>
<td>0.5%</td>
</tr>
<tr>
<td></td>
<td>C. 14 years old</td>
<td>662</td>
<td>17.7%</td>
</tr>
<tr>
<td></td>
<td>D. 15 years old</td>
<td>1035</td>
<td>24.8%</td>
</tr>
<tr>
<td></td>
<td>E. 16 years old</td>
<td>1041</td>
<td>26.7%</td>
</tr>
<tr>
<td></td>
<td>F. 17 years old</td>
<td>829</td>
<td>20.8%</td>
</tr>
<tr>
<td></td>
<td>G. 18 years old or older</td>
<td>352</td>
<td>9%</td>
</tr>
<tr>
<td>2. What is your sex?</td>
<td>A. Female</td>
<td>1942</td>
<td>48.1%</td>
</tr>
<tr>
<td></td>
<td>B. Male</td>
<td>2021</td>
<td>51.9%</td>
</tr>
<tr>
<td>3. In what grade are you?</td>
<td>A. 9th grade</td>
<td>1253</td>
<td>31.5%</td>
</tr>
<tr>
<td></td>
<td>B. 10th grade</td>
<td>1044</td>
<td>26%</td>
</tr>
<tr>
<td></td>
<td>C. 11th grade</td>
<td>913</td>
<td>22%</td>
</tr>
<tr>
<td></td>
<td>D. 12th grade</td>
<td>736</td>
<td>20.1%</td>
</tr>
<tr>
<td></td>
<td>E. Ungraded or other grade</td>
<td>19</td>
<td>0.4%</td>
</tr>
<tr>
<td>4. Are you Hispanic or Latino?</td>
<td>A. Yes</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>B. No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. What is your race? (Select one or more responses.)</td>
<td>A. American Indian or Alaska Native</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>B. Asian</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>C. Black or African American</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>D. Native Hawaiian or Other Pacific Islander</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>E. White</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
6. How tall are you without your shoes on?

   Mean height in feet and inches  5' 5''
   Mean height in meters  1.68

7. How much do you weigh without your shoes on?

   Mean weight in pounds  143
   Mean weight in kilograms  64.8

8. During the past 12 months, how would you describe your grades in school?

<table>
<thead>
<tr>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Mostly A's</td>
<td>17.9 (16.1 - 19.2)</td>
</tr>
<tr>
<td>B. Mostly B's</td>
<td>35.2 (33.2 - 37.2)</td>
</tr>
<tr>
<td>C. Mostly C's</td>
<td>23.0 (20.9 - 25.0)</td>
</tr>
<tr>
<td>D. Mostly D's</td>
<td>5.9 (4.9 - 6.9)</td>
</tr>
<tr>
<td>E. Mostly F's</td>
<td>2.8 (2.2 - 3.5)</td>
</tr>
<tr>
<td>F. None of these grades</td>
<td>0.4 (0.2 - 0.6)</td>
</tr>
<tr>
<td>G. Not sure</td>
<td>14.7 (13.1 - 16.3)</td>
</tr>
</tbody>
</table>

Personal Safety
The next 4 questions ask about personal safety.

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

<table>
<thead>
<tr>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not ride a bicycle during the past 12 months</td>
<td>37.0 (34.8 - 39.2)</td>
</tr>
<tr>
<td>B. Never wore a helmet</td>
<td>54.8 (52.5 - 57.1)</td>
</tr>
<tr>
<td>C. Rarely wore a helmet</td>
<td>3.6 (2.9 - 4.3)</td>
</tr>
<tr>
<td>D. Sometimes wore a helmet</td>
<td>2.9 (2.1 - 3.7)</td>
</tr>
<tr>
<td>E. Most of the time wore a helmet</td>
<td>0.7 (0.4 - 1.1)</td>
</tr>
<tr>
<td>F. Always wore a helmet</td>
<td>1.0 (0.6 - 1.3)</td>
</tr>
</tbody>
</table>

10. How often do you wear a seat belt when riding in a car driven by someone else?

<table>
<thead>
<tr>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Never</td>
<td>3.8 (3.1 - 4.6)</td>
</tr>
<tr>
<td>B. Rarely</td>
<td>8.0 (6.7 - 9.3)</td>
</tr>
<tr>
<td>C. Sometimes</td>
<td>13.9 (12.5 - 15.4)</td>
</tr>
<tr>
<td>D. Most of the time</td>
<td>27.9 (26.1 - 29.8)</td>
</tr>
<tr>
<td>E. Always</td>
<td>46.3 (44.1 - 48.4)</td>
</tr>
</tbody>
</table>

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

<table>
<thead>
<tr>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>68.7 (66.9 - 70.4)</td>
</tr>
<tr>
<td>B. 1 time</td>
<td>10.1 (8.8 - 11.5)</td>
</tr>
<tr>
<td>C. 2 or 3 times</td>
<td>11.4 (10.1 - 12.8)</td>
</tr>
<tr>
<td>D. 4 or 5 times</td>
<td>3.0 (2.1 - 3.9)</td>
</tr>
<tr>
<td>E. 6 or more times</td>
<td>6.8 (5.7 - 7.9)</td>
</tr>
</tbody>
</table>
12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
   A. 0 times 87.7 (86.3 - 89.1)
   B. 1 time 5.9 (4.8 - 7.0)
   C. 2 or 3 times 3.0 (2.2 - 3.8)
   D. 4 or 5 times 1.4 (0.8 - 2.0)
   E. 6 or more times 2.0 (1.5 - 2.5)

Violence-Related Behaviors
The next 9 questions ask about violence-related behaviors.

13. Is there a gun in your home?
   A. Yes 46.1 (43.8 - 48.3)
   B. No 42.9 (40.7 - 45.2)
   C. Not sure 11.0 (9.7 - 12.3)

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?
   A. 0 days 71.1 (69.0 - 73.3)
   B. 1 day 7.1 (5.8 - 8.3)
   C. 2 or 3 days 7.2 (6.0 - 8.4)
   D. 4 or 5 days 3.2 (2.4 - 4.0)
   E. 6 or more days 11.4 (10.0 - 12.8)

15. During the past 30 days, on how many days did you carry a gun?
   A. 0 days 88.4 (86.9 - 89.9)
   B. 1 day 4.1 (3.2 - 4.9)
   C. 2 or 3 days 3.7 (2.8 - 4.5)
   D. 4 or 5 days 1.1 (0.6 - 1.5)
   E. 6 or more days 2.8 (2.1 - 3.5)

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
   A. 0 days 91.5 (90.3 - 92.7)
   B. 1 day 2.5 (1.8 - 3.1)
   C. 2 or 3 days 1.8 (1.3 - 2.4)
   D. 4 or 5 days 0.8 (0.4 - 1.2)
   E. 6 or more days 3.4 (2.6 - 4.1)

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?
   A. 0 days 90.7 (89.5 - 91.9)
   B. 1 day 4.1 (3.3 - 5.0)
   C. 2 or 3 days 2.8 (2.1 - 3.5)
   D. 4 or 5 days 0.8 (0.5 - 1.1)
   E. 6 or more days 1.6 (1.1 - 2.2)
18. During the past 12 months, how many times were you in a physical fight?
   A. 0 times 59.2 (57.0 - 61.3)
   B. 1 time 15.0 (13.3 - 16.8)
   C. 2 or 3 times 13.1 (11.7 - 14.5)
   D. 4 or 5 times 5.0 (4.1 - 5.9)
   E. 6 or 7 times 1.7 (1.2 - 2.3)
   F. 8 or 9 times 1.1 (0.6 - 1.6)
   G. 10 or 11 times 0.6 (0.3 - 1.0)
   H. 12 or more times 4.2 (3.3 - 5.0)

19. During the past 12 months, how many times were you in a physical fight on school property?
   A. 0 times 84.8 (83.4 - 86.2)
   B. 1 time 8.5 (7.4 - 9.6)
   C. 2 or 3 times 4.4 (3.5 - 5.2)
   D. 4 or 5 times 0.8 (0.4 - 1.1)
   E. 6 or 7 times 0.3 (0.1 - 0.5)
   F. 8 or 9 times 0.1 (0.0 - 0.3)
   G. 10 or 11 times 0.1 (0.0 - 0.2)
   H. 12 or more times 1.0 (0.6 - 1.4)

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
   A. Yes 9.5 (8.2 - 10.7)
   B. No 90.5 (89.3 - 91.8)

21. Have you ever been physically forced to have sexual intercourse when you did not want to?
   A. Yes 7.9 (6.7 - 9.2)
   B. No 92.1 (90.8 - 93.3)

The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

22. During the past 12 months, have you ever been bullied on school property?
   A. Yes 16.8 (15.1 - 18.5)
   B. No 83.2 (81.5 - 84.9)
Appendix A: Questionnaire

Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.

23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
   A. Yes 32.0 (29.7 - 34.4)
   B. No 68.0 (65.6 - 70.3)

24. During the past 12 months, did you ever seriously consider attempting suicide?
   A. Yes 19.7 (18.0 - 21.5)
   B. No 80.3 (78.5 - 82.0)

25. During the past 12 months, did you make a plan about how you would attempt suicide?
   A. Yes 15.5 (14.0 - 17.1)
   B. No 84.5 (82.9 - 86.0)

26. During the past 12 months, how many times did you actually attempt suicide?
   A. 0 times 85.6 (83.7 - 87.4)
   B. 1 time 6.5 (5.1 - 7.8)
   C. 2 or 3 times 5.2 (4.2 - 6.3)
   D. 4 or 5 times 0.9 (0.5 - 1.3)
   E. 6 or more times 1.8 (1.2 - 2.5)

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
   A. I did not attempt suicide during the past 12 months 85.4 (83.6 - 87.3)
   B. Yes 4.9 (4.0 - 5.8)
   C. No 9.7 (8.0 - 11.4)

Tobacco Use

The next 12 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?
   A. Yes 66.6 (64.2 - 69.0)
   B. No 33.4 (31.0 - 35.8)
### Questionnaire

29. How old were you when you smoked a whole cigarette for the first time?

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
<th>Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never smoked a whole cigarette</td>
<td>46.9</td>
<td>(44.5 - 49.3)</td>
</tr>
<tr>
<td>B. 8 years old or younger</td>
<td>6.0</td>
<td>(5.0 - 7.1)</td>
</tr>
<tr>
<td>C. 9 or 10 years old</td>
<td>6.6</td>
<td>(5.6 - 7.7)</td>
</tr>
<tr>
<td>D. 11 or 12 years old</td>
<td>10.9</td>
<td>(9.5 - 12.2)</td>
</tr>
<tr>
<td>E. 13 or 14 years old</td>
<td>16.6</td>
<td>(14.8 - 18.4)</td>
</tr>
<tr>
<td>F. 15 or 16 years old</td>
<td>10.5</td>
<td>(8.7 - 12.2)</td>
</tr>
<tr>
<td>G. 17 years old or older</td>
<td>2.5</td>
<td>(1.5 - 3.5)</td>
</tr>
</tbody>
</table>

30. During the past 30 days, on how many days did you smoke cigarettes?

<table>
<thead>
<tr>
<th>Days</th>
<th>Percentage</th>
<th>Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>72.7</td>
<td>(70.6 - 74.9)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>9.1</td>
<td>(7.9 - 10.3)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>5.1</td>
<td>(4.1 - 6.0)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>3.9</td>
<td>(2.9 - 4.9)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>3.6</td>
<td>(2.7 - 4.6)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>1.8</td>
<td>(1.2 - 2.4)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>3.7</td>
<td>(2.9 - 4.5)</td>
</tr>
</tbody>
</table>

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

<table>
<thead>
<tr>
<th>Cigarettes per day</th>
<th>Percentage</th>
<th>Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke cigarettes during the past 30 days</td>
<td>72.3</td>
<td>(70.1 - 74.5)</td>
</tr>
<tr>
<td>B. Less than 1 cigarette per day</td>
<td>8.7</td>
<td>(7.4 - 10.0)</td>
</tr>
<tr>
<td>C. 1 cigarette per day</td>
<td>6.4</td>
<td>(5.3 - 7.5)</td>
</tr>
<tr>
<td>D. 2 to 5 cigarettes per day</td>
<td>10.4</td>
<td>(8.6 - 12.2)</td>
</tr>
<tr>
<td>E. 6 to 10 cigarettes per day</td>
<td>1.6</td>
<td>(1.1 - 2.0)</td>
</tr>
<tr>
<td>F. 11 to 20 cigarettes per day</td>
<td>0.1</td>
<td>(0.0 - 0.3)</td>
</tr>
<tr>
<td>G. More than 20 cigarettes per day</td>
<td>0.4</td>
<td>(0.2 - 0.6)</td>
</tr>
</tbody>
</table>

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)

<table>
<thead>
<tr>
<th>Method</th>
<th>Percentage</th>
<th>Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke cigarettes during the past 30 days</td>
<td>72.4</td>
<td>(70.3 - 74.5)</td>
</tr>
<tr>
<td>B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station</td>
<td>5.1</td>
<td>(4.0 - 6.3)</td>
</tr>
<tr>
<td>C. I bought them from a vending machine</td>
<td>0.7</td>
<td>(0.3 - 1.1)</td>
</tr>
<tr>
<td>D. I gave someone else money to buy them for me</td>
<td>5.7</td>
<td>(4.6 - 6.8)</td>
</tr>
<tr>
<td>E. I borrowed (or bummed) them from someone else</td>
<td>6.3</td>
<td>(5.2 - 7.5)</td>
</tr>
<tr>
<td>F. A person 18 years old or older gave them to me</td>
<td>2.0</td>
<td>(1.5 - 2.6)</td>
</tr>
<tr>
<td>G. I took them from a store or family member</td>
<td>1.7</td>
<td>(1.1 - 2.3)</td>
</tr>
<tr>
<td>H. I got them some other way</td>
<td>6.0</td>
<td>(4.7 - 7.3)</td>
</tr>
</tbody>
</table>
33. During the past 30 days, on how many days did you smoke cigarettes on school property?

<table>
<thead>
<tr>
<th>Days</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>91.0</td>
<td>(89.7 - 92.3)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>4.9</td>
<td>(4.0 - 5.9)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>1.6</td>
<td>(1.1 - 2.1)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>0.9</td>
<td>(0.5 - 1.4)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>0.5</td>
<td>(0.3 - 0.7)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>0.4</td>
<td>(0.2 - 0.6)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>0.7</td>
<td>(0.4 - 0.9)</td>
</tr>
</tbody>
</table>

34. During the past 12 months, did you ever try to quit smoking cigarettes?

<table>
<thead>
<tr>
<th>Attempted to quit</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>60.8</td>
<td>(58.3 - 63.4)</td>
</tr>
<tr>
<td>Yes</td>
<td>21.6</td>
<td>(19.5 - 23.6)</td>
</tr>
<tr>
<td>No</td>
<td>17.6</td>
<td>(15.9 - 19.3)</td>
</tr>
</tbody>
</table>

35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

<table>
<thead>
<tr>
<th>Days</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>89.5</td>
<td>(88.0 - 91.0)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>4.4</td>
<td>(3.6 - 5.2)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>1.6</td>
<td>(1.1 - 2.1)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>0.9</td>
<td>(0.6 - 1.3)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>1.2</td>
<td>(0.7 - 1.7)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>0.5</td>
<td>(0.3 - 0.7)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>1.9</td>
<td>(1.2 - 2.5)</td>
</tr>
</tbody>
</table>

36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

<table>
<thead>
<tr>
<th>Days</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>80.7</td>
<td>(79.0 - 82.4)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>9.5</td>
<td>(8.3 - 10.7)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>4.4</td>
<td>(3.4 - 5.4)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>1.8</td>
<td>(1.3 - 2.3)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>1.5</td>
<td>(1.1 - 2.0)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>0.6</td>
<td>(0.2 - 0.9)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>1.4</td>
<td>(0.9 - 1.9)</td>
</tr>
</tbody>
</table>

37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?

<table>
<thead>
<tr>
<th>Days</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>54.4</td>
<td>(52.3 - 56.5)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>21.5</td>
<td>(19.6 - 23.4)</td>
</tr>
<tr>
<td>3 or 4 days</td>
<td>9.5</td>
<td>(8.2 - 10.7)</td>
</tr>
<tr>
<td>5 or 6 days</td>
<td>3.3</td>
<td>(2.6 - 4.1)</td>
</tr>
<tr>
<td>7 days</td>
<td>11.3</td>
<td>(9.9 - 12.7)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

38. How wrong do your parents feel it would be for you to smoke cigarettes?
   A. Very wrong 66.9 (64.5 - 69.4)
   B. Wrong 20.1 (18.0 - 22.2)
   C. A little bit wrong 8.7 (7.5 - 9.9)
   D. Not wrong at all 4.3 (3.4 - 5.1)

39. How much do you think people risk harming themselves (physically or in
other ways) if they smoke one or more packs of cigarettes per day?
   A. No risk 9.7 (8.0 - 11.4)
   B. Slight risk 9.8 (8.5 - 11.1)
   C. Moderate risk 21.0 (19.3 - 22.8)
   D. Great risk 59.5 (57.1 - 61.8)

Alcohol
The next 11 questions ask about drinking alcohol. This includes drinking beer,
wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these
questions, drinking alcohol does not include drinking a few sips of wine for
religious purposes.

40. How old were you when you had your first drink of alcohol other than a few
sips?
   A. I have never had a drink of alcohol other than a few sips 31.3 (29.1 - 33.5)
   B. 8 years old or younger 9.6 (8.3 - 10.8)
   C. 9 or 10 years old 8.6 (7.4 - 9.8)
   D. 11 or 12 years old 13.3 (11.8 - 14.8)
   E. 13 or 14 years old 21.1 (19.2 - 22.9)
   F. 15 or 16 years old 13.7 (11.8 - 15.6)
   G. 17 years old or older 2.5 (1.4 - 3.6)

41. During the past 30 days, on how many days did you have at least one drink of
alcohol?
   A. 0 days 60.8 (58.2 - 63.5)
   B. 1 or 2 days 18.5 (16.5 - 20.4)
   C. 3 to 5 days 9.6 (8.1 - 11.0)
   D. 6 to 9 days 5.4 (4.5 - 6.4)
   E. 10 to 19 days 4.0 (3.2 - 4.8)
   F. 20 to 29 days 0.8 (0.5 - 1.1)
   G. All 30 days 0.9 (0.6 - 1.2)
Appendix A: Questionnaire

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

A. 0 days 74.4 (72.2 - 76.6)
B. 1 day 10.3 (8.8 - 11.7)
C. 2 days 6.3 (5.0 - 7.5)
D. 3 to 5 days 4.9 (3.9 - 5.9)
E. 6 to 9 days 2.4 (1.8 - 3.0)
F. 10 to 19 days 1.1 (0.7 - 1.4)
G. 20 or more days 0.7 (0.4 - 0.9)

43. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)

A. I did not drink alcohol during the past 30 days 58.6 (56.3 - 61.0)
B. I do not have a usual type 4.2 (3.4 - 5.0)
C. Beer 6.9 (5.4 - 8.3)
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade 6.9 (5.6 - 8.2)
E. Wine coolers, such as Bartles & James or Seagrams 1.1 (0.7 - 1.5)
F. Wine 1.0 (0.6 - 1.4)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey 18.4 (16.6 - 20.2)
H. Some other type 2.9 (2.2 - 3.6)

44. During the past 30 days, how did you usually get the alcohol you drank?

A. I did not drink alcohol during the past 30 days 59.3 (56.7 - 61.9)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station 1.6 (0.9 - 2.3)
C. I bought it at a restaurant, bar, or club 0.4 (0.2 - 0.7)
D. I bought it at a public event such as a concert or sporting event 0.7 (0.3 - 1.0)
E. I gave someone else money to buy it for me 9.4 (8.2 - 10.7)
F. Someone gave it to me 14.0 (12.3 - 15.6)
G. I took it from a store or family member 3.2 (2.4 - 3.9)
H. I got it some other way 11.4 (10.0 - 12.9)

45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)

A. I did not drink alcohol during the past 30 days 58.7 (56.4 - 61.1)
B. At my home 9.2 (7.9 - 10.5)
C. At another person’s home 22.1 (20.3 - 23.9)
D. While riding in or driving a car 2.6 (1.8 - 3.3)
E. At a restaurant, bar, or club 0.4 (0.2 - 0.6)
F. At a public place such as a park, beach, or parking lot 2.3 (1.6 - 2.9)
G. At a public event such as a concert or sporting event 2.0 (1.4 - 2.6)
H. On school property 2.7 (1.8 - 3.7)
46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>89.3</td>
<td>(87.9 - 90.7)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>7.6</td>
<td>(6.4 - 8.8)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>1.6</td>
<td>(1.1 - 2.1)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.8</td>
<td>(0.5 - 1.2)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.2</td>
<td>(0.0 - 0.4)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.1</td>
<td>(0.0 - 0.1)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.5</td>
<td>(0.2 - 0.7)</td>
</tr>
</tbody>
</table>

47. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>56.3</td>
<td>(54.0 - 58.5)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>26.4</td>
<td>(24.5 - 28.3)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>13.5</td>
<td>(12.0 - 15.1)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>3.8</td>
<td>(3.0 - 4.6)</td>
</tr>
</tbody>
</table>

48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>70.8</td>
<td>(68.7 - 73.0)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>17.7</td>
<td>(16.0 - 19.5)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>8.6</td>
<td>(7.4 - 9.7)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>2.9</td>
<td>(2.3 - 3.5)</td>
</tr>
</tbody>
</table>

49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>42.9</td>
<td>(40.5 - 45.4)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>26.7</td>
<td>(24.5 - 28.9)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>20.8</td>
<td>(18.9 - 22.7)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>9.6</td>
<td>(8.4 - 10.7)</td>
</tr>
</tbody>
</table>

50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. No risk</td>
<td>10.4</td>
<td>(9.0 - 11.8)</td>
</tr>
<tr>
<td>B. Slight risk</td>
<td>15.4</td>
<td>(13.9 - 16.8)</td>
</tr>
<tr>
<td>C. Moderate risk</td>
<td>28.0</td>
<td>(26.3 - 29.7)</td>
</tr>
<tr>
<td>D. Great risk</td>
<td>46.2</td>
<td>(44.0 - 48.4)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

Marijuana Use
The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

51. How old were you when you tried marijuana for the first time?
   A. I have never tried marijuana 39.4 (36.8 - 42.1)
   B. 8 years old or younger 8.1 (6.8 - 9.5)
   C. 9 or 10 years old 7.9 (6.7 - 9.1)
   D. 11 or 12 years old 13.7 (12.2 - 15.2)
   E. 13 or 14 years old 18.4 (16.5 - 20.3)
   F. 15 or 16 years old 10.7 (8.8 - 12.5)
   G. 17 years old or older 1.7 (1.0 - 2.5)

52. During the past 30 days, how many times did you use marijuana?
   A. 0 times 64.8 (62.7 - 66.8)
   B. 1 or 2 times 8.8 (7.6 - 10.0)
   C. 3 to 9 times 8.3 (7.2 - 9.3)
   D. 10 to 19 times 5.3 (4.4 - 6.1)
   E. 20 to 39 times 3.9 (3.2 - 4.7)
   F. 40 or more times 8.9 (7.8 - 10.1)

53. During the past 30 days, how many times did you use marijuana on school property?
   A. 0 times 85.2 (83.5 - 87.0)
   B. 1 or 2 times 5.9 (5.0 - 6.8)
   C. 3 to 9 times 4.3 (3.4 - 5.2)
   D. 10 to 19 times 2.1 (1.5 - 2.7)
   E. 20 to 39 times 0.9 (0.5 - 1.3)
   F. 40 or more times 1.6 (0.9 - 2.2)

54. How wrong do your parents feel it would be for you to use marijuana?
   A. Very wrong 71.6 (69.6 - 73.6)
   B. Wrong 15.4 (14.0 - 16.8)
   C. A little bit wrong 7.8 (6.7 - 8.9)
   D. Not wrong at all 5.3 (4.3 - 6.2)

55. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?
   A. No risk 24.3 (22.1 - 26.5)
   B. Slight risk 21.6 (19.9 - 23.3)
   C. Moderate risk 20.5 (18.8 - 22.3)
   D. Great risk 33.5 (31.0 - 36.0)
Other Drugs

The next 12 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>84.3 (82.5 - 86.2)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>7.0 (5.7 - 8.2)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>4.4 (3.4 - 5.4)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>1.1 (0.8 - 1.5)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>1.3 (0.7 - 1.9)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>1.9 (1.3 - 2.5)</td>
</tr>
</tbody>
</table>

57. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>93.6 (92.4 - 94.7)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>3.5 (2.7 - 4.3)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>1.5 (1.0 - 2.1)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>0.4 (0.2 - 0.6)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.2 (0.0 - 0.4)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.8 (0.4 - 1.1)</td>
</tr>
</tbody>
</table>

58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>89.8 (88.4 - 91.2)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>5.3 (4.3 - 6.3)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>2.1 (1.6 - 2.7)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>1.3 (0.7 - 1.8)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.6 (0.1 - 1.1)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.9 (0.6 - 1.2)</td>
</tr>
</tbody>
</table>

59. During your life, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>94.4 (93.2 - 95.5)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>2.4 (1.6 - 3.1)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>1.6 (1.0 - 2.1)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>0.5 (0.2 - 0.8)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.5 (0.1 - 0.8)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.7 (0.5 - 1.0)</td>
</tr>
</tbody>
</table>

60. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>95.5 (94.5 - 96.5)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>1.8 (1.2 - 2.5)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>1.1 (0.6 - 1.6)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>0.5 (0.2 - 0.8)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.4 (0.1 - 0.6)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.7 (0.3 - 1.0)</td>
</tr>
</tbody>
</table>
### Appendix A: Questionnaire

61. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>92.5 (91.4 - 93.7)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>3.6 (2.8 - 4.5)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>1.4 (0.8 - 2.0)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>1.0 (0.5 - 1.4)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.6 (0.2 - 1.0)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.9 (0.6 - 1.2)</td>
</tr>
</tbody>
</table>

62. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>95.5 (94.4 - 96.5)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>1.7 (1.2 - 2.3)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>0.7 (0.4 - 1.1)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>0.6 (0.1 - 1.0)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.7 (0.3 - 1.1)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.8 (0.4 - 1.1)</td>
</tr>
</tbody>
</table>

63. During your life, how many times have you used ecstasy (also called MDMA)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>87.0 (85.1 - 88.8)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>6.4 (5.2 - 7.7)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>3.2 (2.4 - 4.0)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>1.3 (0.8 - 1.8)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.8 (0.3 - 1.2)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>1.3 (0.9 - 1.7)</td>
</tr>
</tbody>
</table>

64. During the past 30 days, how many times have you used ecstasy (also called MDMA)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>91.7 (90.3 - 93.1)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>4.7 (3.7 - 5.7)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>1.5 (1.0 - 2.0)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>0.8 (0.4 - 1.2)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.5 (0.2 - 0.8)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>0.8 (0.5 - 1.2)</td>
</tr>
</tbody>
</table>

65. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>85.7 (84.0 - 87.4)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>6.2 (5.1 - 7.4)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>4.1 (3.3 - 4.8)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>2.2 (1.6 - 2.7)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>0.7 (0.4 - 1.0)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>1.1 (0.7 - 1.6)</td>
</tr>
</tbody>
</table>
66. During your life, how many times have you used a needle to inject any illegal drug into your body?
   A. 0 times 94.7 (93.6 - 95.8)
   B. 1 time 2.7 (1.8 - 3.5)
   C. 2 or more times 2.7 (2.0 - 3.4)

67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?
   A. Yes 32.0 (29.9 - 34.1)
   B. No 68.0 (65.9 - 70.1)

Obtaining Drugs and Alcohol

If you wanted to, how hard or easy would each of the following be to get?

68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?
   A. Very hard 21.1 (19.3 - 22.9)
   B. Sort of hard 19.7 (17.9 - 21.5)
   C. Sort of easy 29.7 (27.7 - 31.8)
   D. Very easy 29.5 (27.5 - 31.4)

69. Marijuana?
   A. Very hard 21.5 (19.7 - 23.4)
   B. Sort of hard 13.4 (11.9 - 15.0)
   C. Sort of easy 20.5 (18.7 - 22.3)
   D. Very easy 44.5 (42.4 - 46.6)

70. Cocaine, LSD, methamphetamines, or other illegal drug?
   A. Very hard 53.9 (51.6 - 56.1)
   B. Sort of hard 19.2 (17.7 - 20.8)
   C. Sort of easy 13.7 (12.1 - 15.3)
   D. Very easy 13.2 (11.7 - 14.7)

71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?
   A. 0 adults 34.6 (32.4 - 36.9)
   B. 1 adult 13.9 (12.3 - 15.5)
   C. 2 adults 13.1 (11.6 - 14.6)
   D. 3 or 4 adults 11.6 (10.2 - 13.0)
   E. 5 or more adults 26.8 (24.9 - 28.7)

72. How many adults have you known personally who, in the past year, have sold or dealt drugs?
   A. 0 adults 52.3 (50.3 - 54.4)
   B. 1 adult 14.8 (13.3 - 16.4)
   C. 2 adults 11.1 (9.7 - 12.4)
   D. 3 or 4 adults 9.0 (7.6 - 10.5)
   E. 5 or more adults 12.7 (11.2 - 14.2)
Appendix A: Questionnaire

Sexual Behavior
The next 6 questions ask about sexual behavior.

73. How old were you when you had sexual intercourse for the first time?
   A. I have never had sexual intercourse 51.8 (49.1 - 54.6)
   B. 11 years old or younger 5.5 (4.5 - 6.5)
   C. 12 years old 4.6 (3.7 - 5.5)
   D. 13 years old 7.4 (6.3 - 8.4)
   E. 14 years old 11.3 (9.9 - 12.6)
   F. 15 years old 9.1 (7.8 - 10.5)
   G. 16 years old 6.7 (5.0 - 8.4)
   H. 17 years old or older 3.6 (2.4 - 4.8)

74. During your life, with how many people have you had sexual intercourse?
   A. I have never had sexual intercourse 51.7 (48.9 - 54.5)
   B. 1 person 19.1 (16.6 - 21.6)
   C. 2 people 10.1 (8.6 - 11.7)
   D. 3 people 5.7 (4.7 - 6.7)
   E. 4 people 4.4 (3.6 - 5.3)
   F. 5 people 2.1 (1.5 - 2.6)
   G. 6 or more people 6.9 (5.7 - 8.0)

75. During the past 3 months, with how many people did you have sexual intercourse?
   A. I have never had sexual intercourse 51.8 (49.0 - 54.6)
   B. I have had sexual intercourse, but not during the past 3 months 17.4 (15.7 - 19.1)
   C. 1 person 22.3 (19.9 - 24.7)
   D. 2 people 3.9 (3.1 - 4.7)
   E. 3 people 1.9 (1.4 - 2.4)
   F. 4 people 0.7 (0.3 - 1.1)
   G. 5 people 0.3 (0.1 - 0.4)
   H. 6 or more people 1.6 (1.1 - 2.2)

76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
   A. I have never had sexual intercourse 51.6 (48.8 - 54.4)
   B. Yes 12.5 (10.9 - 14.0)
   C. No 35.9 (33.4 - 38.4)

77. The last time you had sexual intercourse, did you or your partner use a condom?
   A. I have never had sexual intercourse 52.3 (49.6 - 55.0)
   B. Yes 29.5 (27.4 - 31.6)
   C. No 18.2 (16.2 - 20.2)
Appendix A: Questionnaire

78. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

A. I have never had sexual intercourse  52.4 (49.7 - 55.1)
B. No method was used to prevent pregnancy  8.5 (7.0 - 9.9)
C. Birth control pills  4.6 (3.7 - 5.6)
D. Condoms  23.5 (21.5 - 25.5)
E. Depo-Provera (injectable birth control)  2.1 (1.4 - 2.7)
F. Withdrawal  3.9 (3.1 - 4.7)
G. Some other method  1.5 (1.0 - 2.0)
H. Not sure  3.6 (2.7 - 4.5)

Resiliency Factors
The next questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult...

79. ...who is interested in my school work.
   A. Not true at all  7.4 (6.3 - 8.5)
   B. A little true  13.5 (12.0 - 15.0)
   C. Pretty much true  27.2 (25.1 - 29.4)
   D. Very much true  51.8 (49.6 - 54.0)

80. ...who talks with me about my problems.
   A. Not true at all  19.5 (17.8 - 21.2)
   B. A little true  24.2 (22.4 - 26.1)
   C. Pretty much true  26.3 (24.3 - 28.2)
   D. Very much true  30.0 (27.9 - 32.1)

81. ...who listens to me when I have something to say.
   A. Not true at all  12.7 (11.1 - 14.3)
   B. A little true  22.0 (20.3 - 23.7)
   C. Pretty much true  28.0 (25.7 - 30.4)
   D. Very much true  37.2 (35.2 - 39.2)

82. ...who expects me to follow the rules.
   A. Not true at all  7.6 (6.3 - 8.9)
   B. A little true  11.3 (9.8 - 12.8)
   C. Pretty much true  25.9 (23.7 - 28.2)
   D. Very much true  55.2 (52.8 - 57.7)

83. ...who believes that I will be a success.
   A. Not true at all  7.4 (6.1 - 8.8)
   B. A little true  10.8 (9.6 - 12.0)
   C. Pretty much true  20.0 (18.3 - 21.7)
   D. Very much true  61.8 (59.6 - 64.0)
**Appendix A: Questionnaire**

At my school, there is a teacher or some other adult...

84. ...who really cares about me.
   - A. Not true at all 15.5 (13.5 - 17.4)
   - B. A little true 21.8 (20.1 - 23.5)
   - C. Pretty much true 25.3 (23.4 - 27.2)
   - D. Very much true 37.5 (35.1 - 39.8)

85. ...who notices when I'm not there.
   - A. Not true at all 16.3 (14.6 - 18.1)
   - B. A little true 21.8 (19.8 - 23.8)
   - C. Pretty much true 27.0 (25.0 - 29.0)
   - D. Very much true 34.8 (32.7 - 36.9)

86. ...who listens to me when I have something to say.
   - A. Not true at all 17.1 (15.2 - 19.0)
   - B. A little true 23.9 (21.9 - 26.0)
   - C. Pretty much true 28.6 (26.6 - 30.7)
   - D. Very much true 30.3 (28.3 - 32.3)

87. ...who tells me when I do a good job.
   - A. Not true at all 12.7 (11.1 - 14.3)
   - B. A little true 18.6 (16.9 - 20.4)
   - C. Pretty much true 32.0 (29.7 - 34.4)
   - D. Very much true 36.6 (34.4 - 38.8)

88. ...who believes that I will be a success.
   - A. Not true at all 11.8 (10.2 - 13.3)
   - B. A little true 16.2 (14.7 - 17.6)
   - C. Pretty much true 26.6 (24.7 - 28.6)
   - D. Very much true 45.4 (43.3 - 47.5)

Outside of my home and school, there is an adult...

89. ...who really cares about me.
   - A. Not true at all 11.9 (10.3 - 13.4)
   - B. A little true 13.1 (11.5 - 14.6)
   - C. Pretty much true 22.1 (20.4 - 23.8)
   - D. Very much true 52.9 (50.8 - 55.0)

90. ...who notices when I am upset about something.
   - A. Not true at all 14.7 (13.1 - 16.4)
   - B. A little true 17.5 (15.6 - 19.3)
   - C. Pretty much true 24.6 (22.6 - 26.6)
   - D. Very much true 43.2 (40.8 - 45.6)
Appendix A: Questionnaire

91. …whom I trust.
   A. Not true at all  14.8  (13.3 - 16.4)
   B. A little true    14.4  (12.9 - 15.9)
   C. Pretty much true 21.5  (19.6 - 23.4)
   D. Very much true  49.3  (47.0 - 51.5)

92. …who tells me when I do a good job.
   A. Not true at all  14.2  (12.5 - 15.8)
   B. A little true    17.0  (15.1 - 18.9)
   C. Pretty much true 25.2  (23.3 - 27.1)
   D. Very much true  43.6  (41.6 - 45.7)

I have a friend about my own age...

93. …who really cares about me.
   A. Not true at all  8.4  (6.9 - 10.0)
   B. A little true    12.4  (10.9 - 13.9)
   C. Pretty much true 20.9  (19.1 - 22.7)
   D. Very much true  58.2  (55.7 - 60.8)

94. …who talks with me about my problems.
   A. Not true at all  13.7  (12.0 - 15.4)
   B. A little true    15.3  (13.6 - 17.0)
   C. Pretty much true 21.3  (19.2 - 23.4)
   D. Very much true  49.7  (47.2 - 52.2)

95. …who helps me when I’m having a hard time.
   A. Not true at all  12.0  (10.6 - 13.5)
   B. A little true    13.4  (11.7 - 15.2)
   C. Pretty much true 22.8  (21.0 - 24.6)
   D. Very much true  51.7  (49.2 - 54.2)

How true do you feel these statements are for you?

96. When I am not at home, one of my parents/guardians knows where I am and who I am with.
    A. Not true at all  9.7  (7.8 - 11.6)
    B. A little true    17.3  (15.5 - 19.2)
    C. Pretty much true 28.3  (26.0 - 30.6)
    D. Very much true  44.7  (42.4 - 47.0)

97. My family has clear rules about drug and alcohol use.
    A. Not true at all  9.8  (8.4 - 11.1)
    B. A little true    13.5  (12.0 - 15.1)
    C. Pretty much true 21.9  (20.0 - 23.8)
    D. Very much true  54.8  (52.5 - 57.1)
### Appendix A: Questionnaire

98. My family has clear rules and standards for my behavior.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>8.1</td>
<td>(6.4 - 9.7)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>13.4</td>
<td>(11.9 - 14.9)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>29.5</td>
<td>(27.3 - 31.6)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>49.1</td>
<td>(47.1 - 51.1)</td>
</tr>
</tbody>
</table>

99. In my school, there are clear rules about what students can and cannot do.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>5.7</td>
<td>(4.6 - 6.8)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>11.0</td>
<td>(9.6 - 12.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>28.3</td>
<td>(26.4 - 30.3)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>55.0</td>
<td>(52.9 - 57.1)</td>
</tr>
</tbody>
</table>

100. At school, I try hard to do my best work.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>5.4</td>
<td>(4.2 - 6.6)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>12.0</td>
<td>(10.6 - 13.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>31.9</td>
<td>(29.9 - 33.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>50.7</td>
<td>(48.4 - 53.1)</td>
</tr>
</tbody>
</table>

101. I plan to go to college or some other school after high school.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>6.2</td>
<td>(5.0 - 7.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>8.4</td>
<td>(7.2 - 9.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>16.3</td>
<td>(14.7 - 17.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>69.0</td>
<td>(66.7 - 71.3)</td>
</tr>
</tbody>
</table>

102. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>36.1</td>
<td>(34.0 - 38.3)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>10.0</td>
<td>(8.6 - 11.4)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>12.8</td>
<td>(11.4 - 14.3)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>41.0</td>
<td>(38.8 - 43.3)</td>
</tr>
</tbody>
</table>

103. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>42.8</td>
<td>(40.2 - 45.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>14.1</td>
<td>(12.5 - 15.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>13.1</td>
<td>(11.7 - 14.5)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>30.0</td>
<td>(27.7 - 32.3)</td>
</tr>
</tbody>
</table>

104. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>27.0</td>
<td>(25.1 - 28.9)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>14.2</td>
<td>(12.6 - 15.9)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>18.3</td>
<td>(16.4 - 20.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>40.5</td>
<td>(38.3 - 42.7)</td>
</tr>
</tbody>
</table>
105. Outside of my home and school, I help other people.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>13.8</td>
<td>(12.1 - 15.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>23.5</td>
<td>(21.8 - 25.1)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>32.3</td>
<td>(30.2 - 34.3)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>30.5</td>
<td>(28.5 - 32.5)</td>
</tr>
</tbody>
</table>

106. I often do things without thinking about what will happen.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>18.6</td>
<td>(16.8 - 20.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>33.6</td>
<td>(31.3 - 36.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>24.7</td>
<td>(22.4 - 26.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>23.1</td>
<td>(21.2 - 24.9)</td>
</tr>
</tbody>
</table>

107. My friends get into a lot of trouble.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>27.1</td>
<td>(25.0 - 29.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>45.3</td>
<td>(42.8 - 47.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>16.5</td>
<td>(14.8 - 18.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>11.1</td>
<td>(9.7 - 12.5)</td>
</tr>
</tbody>
</table>

108. My friends do well in school.

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>7.7</td>
<td>(6.3 - 9.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>25.4</td>
<td>(23.5 - 27.2)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>42.9</td>
<td>(40.7 - 45.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>24.1</td>
<td>(22.1 - 26.0)</td>
</tr>
</tbody>
</table>

Among the people you consider to be your closest friends, how many would you say do the following?

109. Drink alcohol once a week or more?

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. None</td>
<td>40.5</td>
<td>(38.4 - 42.5)</td>
</tr>
<tr>
<td>B. A few</td>
<td>32.2</td>
<td>(29.9 - 34.5)</td>
</tr>
<tr>
<td>C. Some</td>
<td>15.0</td>
<td>(13.5 - 16.5)</td>
</tr>
<tr>
<td>D. Most</td>
<td>8.7</td>
<td>(7.6 - 9.8)</td>
</tr>
<tr>
<td>E. All</td>
<td>3.6</td>
<td>(2.6 - 4.7)</td>
</tr>
</tbody>
</table>

110. Have used drugs such as marijuana or cocaine?

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. None</td>
<td>31.4</td>
<td>(29.4 - 33.4)</td>
</tr>
<tr>
<td>B. A few</td>
<td>29.0</td>
<td>(27.1 - 30.9)</td>
</tr>
<tr>
<td>C. Some</td>
<td>16.4</td>
<td>(14.7 - 18.0)</td>
</tr>
<tr>
<td>D. Most</td>
<td>14.8</td>
<td>(13.5 - 16.2)</td>
</tr>
<tr>
<td>E. All</td>
<td>8.4</td>
<td>(7.1 - 9.7)</td>
</tr>
</tbody>
</table>

Activities

The next 5 questions ask about how many times you have done the following things.

111. How often do you attend religious or spiritual services?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Every day</td>
<td>7.5</td>
<td>(6.2 - 8.8)</td>
</tr>
<tr>
<td>B. 1 to 6 times a week</td>
<td>19.7</td>
<td>(17.5 - 21.8)</td>
</tr>
<tr>
<td>C. 1 to 3 times a month</td>
<td>14.5</td>
<td>(12.7 - 16.3)</td>
</tr>
<tr>
<td>D. 3 to 11 times a year</td>
<td>14.4</td>
<td>(12.8 - 16.0)</td>
</tr>
<tr>
<td>E. Only once or twice a year</td>
<td>15.8</td>
<td>(14.3 - 17.3)</td>
</tr>
<tr>
<td>F. Never</td>
<td>28.3</td>
<td>(26.2 - 30.3)</td>
</tr>
</tbody>
</table>
112. During the school year, how many hours a week do you work at a job?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>I do not work</td>
<td>77.9%</td>
<td>(75.9 - 79.9)</td>
</tr>
<tr>
<td>1 to 4 hours per week</td>
<td>6.9%</td>
<td>(5.8 - 8.0)</td>
</tr>
<tr>
<td>5 to 9 hours per week</td>
<td>5.7%</td>
<td>(4.7 - 6.7)</td>
</tr>
<tr>
<td>10 to 20 hours per week</td>
<td>4.5%</td>
<td>(3.7 - 5.4)</td>
</tr>
<tr>
<td>Over 20 hours per week</td>
<td>4.9%</td>
<td>(3.9 - 6.0)</td>
</tr>
</tbody>
</table>

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>64.3%</td>
<td>(62.0 - 66.6)</td>
</tr>
<tr>
<td>1 day</td>
<td>11.6%</td>
<td>(10.2 - 12.9)</td>
</tr>
<tr>
<td>2 days</td>
<td>8.4%</td>
<td>(7.1 - 9.6)</td>
</tr>
<tr>
<td>3 days</td>
<td>5.1%</td>
<td>(4.2 - 6.0)</td>
</tr>
<tr>
<td>4 to 5 days</td>
<td>5.4%</td>
<td>(4.5 - 6.2)</td>
</tr>
<tr>
<td>6 to 10 days</td>
<td>2.1%</td>
<td>(1.5 - 2.8)</td>
</tr>
<tr>
<td>11 or more days</td>
<td>3.2%</td>
<td>(2.3 - 4.0)</td>
</tr>
</tbody>
</table>

114. How often do you come to classes without bringing paper or something to write with?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>57.0%</td>
<td>(54.5 - 59.6)</td>
</tr>
<tr>
<td>Sometimes</td>
<td>33.0%</td>
<td>(30.5 - 35.5)</td>
</tr>
<tr>
<td>Usually</td>
<td>10.0%</td>
<td>(8.6 - 11.3)</td>
</tr>
</tbody>
</table>

115. How often do you come to classes without your homework finished?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>18.0%</td>
<td>(16.3 - 19.8)</td>
</tr>
<tr>
<td>Sometimes</td>
<td>63.3%</td>
<td>(61.1 - 65.5)</td>
</tr>
<tr>
<td>Usually</td>
<td>18.7%</td>
<td>(17.0 - 20.4)</td>
</tr>
</tbody>
</table>

**Body Weight**

The next 3 questions ask about body weight.

116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>70.4%</td>
<td>(68.4 - 72.5)</td>
</tr>
<tr>
<td>No</td>
<td>29.6%</td>
<td>(27.5 - 31.6)</td>
</tr>
</tbody>
</table>

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>40.1%</td>
<td>(37.9 - 42.2)</td>
</tr>
<tr>
<td>No</td>
<td>59.9%</td>
<td>(57.8 - 62.1)</td>
</tr>
</tbody>
</table>

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>9.2%</td>
<td>(7.7 - 10.6)</td>
</tr>
<tr>
<td>No</td>
<td>90.8%</td>
<td>(89.4 - 92.3)</td>
</tr>
</tbody>
</table>
**Appendix A: Questionnaire**

**Food**
The next 8 questions ask about food you ate or drank during the past 7 days.
Think about all the meals and snacks you had from the time you got up until you
went to bed. Be sure to include food you ate at home, at school, at restaurants,
or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such
as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports
drinks, or other fruit-flavored drinks.)

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
<th>Lower Limit</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink 100% fruit juice during the past 7 days</td>
<td>22.2</td>
<td>(20.4 - 24.0)</td>
<td></td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>35.1</td>
<td>(32.7 - 37.5)</td>
<td></td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>16.1</td>
<td>(14.4 - 17.7)</td>
<td></td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>7.1</td>
<td>(6.0 - 8.2)</td>
<td></td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>7.4</td>
<td>(6.1 - 8.7)</td>
<td></td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>4.4</td>
<td>(3.4 - 5.4)</td>
<td></td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>7.8</td>
<td>(6.7 - 8.8)</td>
<td></td>
</tr>
</tbody>
</table>

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit
drink.)

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
<th>Lower Limit</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat fruit during the past 7 days</td>
<td>11.1</td>
<td>(9.5 - 12.6)</td>
<td></td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>36.1</td>
<td>(33.9 - 38.2)</td>
<td></td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>20.1</td>
<td>(18.3 - 22.0)</td>
<td></td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>10.3</td>
<td>(8.6 - 11.9)</td>
<td></td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>9.2</td>
<td>(7.7 - 10.7)</td>
<td></td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>5.9</td>
<td>(4.9 - 6.8)</td>
<td></td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>7.4</td>
<td>(6.2 - 8.6)</td>
<td></td>
</tr>
</tbody>
</table>

121. During the past 7 days, how many times did you eat green salad?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
<th>Lower Limit</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat green salad during the past 7 days</td>
<td>36.6</td>
<td>(34.3 - 38.9)</td>
<td></td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>36.2</td>
<td>(33.6 - 38.7)</td>
<td></td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>11.2</td>
<td>(9.8 - 12.6)</td>
<td></td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>7.6</td>
<td>(6.4 - 8.7)</td>
<td></td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>3.8</td>
<td>(3.0 - 4.5)</td>
<td></td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>1.8</td>
<td>(1.1 - 2.4)</td>
<td></td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>2.9</td>
<td>(2.2 - 3.5)</td>
<td></td>
</tr>
</tbody>
</table>

122. During the past 7 days, how many times did you eat potatoes? (Do not count
french fries, fried potatoes, or potato chips.)

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
<th>Lower Limit</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat potatoes during the past 7 days</td>
<td>21.7</td>
<td>(19.8 - 23.5)</td>
<td></td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>43.9</td>
<td>(41.8 - 45.9)</td>
<td></td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>16.1</td>
<td>(14.5 - 17.8)</td>
<td></td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>8.8</td>
<td>(7.4 - 10.1)</td>
<td></td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>3.7</td>
<td>(2.8 - 4.7)</td>
<td></td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>2.8</td>
<td>(2.1 - 3.6)</td>
<td></td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>3.0</td>
<td>(2.3 - 3.7)</td>
<td></td>
</tr>
</tbody>
</table>
123. During the past 7 days, how many times did you eat carrots?
   - A. I did not eat carrots during the past 7 days: 46.2 (44.0 - 48.4)
   - B. 1 to 3 times during the past 7 days: 31.1 (29.2 - 33.0)
   - C. 4 to 6 times during the past 7 days: 8.6 (7.2 - 9.9)
   - D. 1 time per day: 5.2 (4.1 - 6.3)
   - E. 2 times per day: 4.3 (3.3 - 5.4)
   - F. 3 times per day: 1.6 (1.1 - 2.2)
   - G. 4 or more times per day: 3.0 (2.3 - 3.7)

124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)
   - A. I did not eat other vegetables during the past 7 days: 19.7 (17.9 - 21.5)
   - B. 1 to 3 times during the past 7 days: 35.3 (33.1 - 37.6)
   - C. 4 to 6 times during the past 7 days: 19.6 (17.6 - 21.5)
   - D. 1 time per day: 10.5 (8.7 - 12.2)
   - E. 2 times per day: 7.2 (6.0 - 8.5)
   - F. 3 times per day: 3.2 (2.5 - 4.0)
   - G. 4 or more times per day: 4.4 (3.5 - 5.4)

125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)
   - A. I did not drink soda or pop during the past 7 days: 15.4 (13.8 - 17.0)
   - B. 1 to 3 times during the past 7 days: 32.5 (30.3 - 34.7)
   - C. 4 to 6 times during the past 7 days: 20.2 (18.3 - 22.1)
   - D. 1 time per day: 10.9 (9.5 - 12.3)
   - E. 2 times per day: 9.9 (8.6 - 11.2)
   - F. 3 times per day: 4.7 (3.7 - 5.6)
   - G. 4 or more times per day: 6.4 (5.3 - 7.5)

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
   - A. I did not drink milk during the past 7 days: 23.6 (21.6 - 25.6)
   - B. 1 to 3 glasses during the past 7 days: 26.9 (25.0 - 28.8)
   - C. 4 to 6 glasses during the past 7 days: 15.2 (13.8 - 16.6)
   - D. 1 glass per day: 12.3 (10.8 - 13.9)
   - E. 2 glasses per day: 11.0 (9.5 - 12.6)
   - F. 3 glasses per day: 4.8 (3.9 - 5.7)
   - G. 4 or more glasses per day: 6.1 (5.1 - 7.2)
Physical Activity

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and makes you breathe hard some of the time)

A. 0 days 14.8 (12.9 - 16.6)
B. 1 day 10.7 (9.2 - 12.2)
C. 2 days 12.2 (10.6 - 13.8)
D. 3 days 11.1 (9.8 - 12.4)
E. 4 days 8.6 (7.4 - 9.8)
F. 5 days 13.2 (11.8 - 14.5)
G. 6 days 6.8 (5.7 - 7.8)
H. 7 days 22.7 (20.8 - 24.7)

128. On an average school day, how many hours do you watch TV?

A. I do not watch TV on an average school day 12.2 (10.5 - 13.9)
B. Less than 1 hour per day 18.6 (16.8 - 20.3)
C. 1 hour per day 14.6 (13.0 - 16.2)
D. 2 hours per day 19.2 (17.2 - 21.2)
E. 3 hours per day 16.9 (14.8 - 19.1)
F. 4 hours per day 8.5 (7.3 - 9.7)
G. 5 or more hours per day 10.1 (8.7 - 11.5)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work 27.3 (25.2 - 29.4)
B. Less than 1 hour per day 21.2 (19.2 - 23.2)
C. 1 hour per day 15.9 (14.2 - 17.6)
D. 2 hours per day 13.0 (11.4 - 14.7)
E. 3 hours per day 10.1 (8.6 - 11.5)
F. 4 hours per day 4.5 (3.6 - 5.4)
G. 5 or more hours per day 8.0 (6.6 - 9.4)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A. 0 days 50.8 (47.6 - 54.0)
B. 1 day 3.9 (3.0 - 4.7)
C. 2 days 3.7 (2.9 - 4.4)
D. 3 days 8.8 (7.2 - 10.5)
E. 4 days 3.6 (2.7 - 4.4)
F. 5 days 29.3 (26.5 - 32.1)
Appendix A: Questionnaire

Health-Related Topics
The next 3 questions ask about other health-related topics.

131. Have you ever been taught about AIDS or HIV infection in school?
   A. Yes 73.5 (71.2 - 75.8)
   B. No 17.4 (15.3 - 19.4)
   C. Not sure 9.1 (8.0 - 10.3)

132. Has a doctor or nurse ever told you that you have asthma?
   A. Yes 23.7 (21.8 - 25.7)
   B. No 69.1 (67.0 - 71.2)
   C. Not sure 7.1 (6.0 - 8.3)

133. Do you still have asthma?
   A. I have never had asthma 56.0 (53.6 - 58.4)
   B. Yes 15.3 (13.8 - 16.7)
   C. No 18.7 (16.8 - 20.7)
   D. Not sure 10.1 (8.8 - 11.4)

You and Your Family
These last 3 questions ask for some information about you and your family.

134. How often do you speak a language other than English at home?
   A. Never 29.9 (27.5 - 32.3)
   B. Less than half the time 33.0 (31.0 - 35.0)
   C. About half the time 17.4 (15.0 - 19.9)
   D. More than half the time but not all of the time 8.1 (6.8 - 9.4)
   E. All of the time 11.5 (9.9 - 13.2)

135. Were you born in the USA?
   A. Yes 93.7 (92.2 - 95.1)
   B. No 6.3 (4.9 - 7.8)

136. During the past 12 months, which of the following statements best describes the food eaten by you and your family?
   A. Enough food to eat 82.9 (80.8 - 85.0)
   B. Sometimes not enough food to eat 12.9 (11.1 - 14.7)
   C. Often not enough food to eat 4.2 (3.2 - 5.2)

This is the end of the survey.
Thank you very much for your help.
Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships
Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

Parent or other adult in the family
How true do you feel these statements are for you?
In my home, there is a parent or some other adult...
...who is interested in my school work.
...who talks with me about my problems.
...who listens to me when I have something to say.

Teacher or other adult in the school
How true do you feel these statements are for you?
At my school, there is a teacher or some other adult...
...who really cares about me.
...who notices when I’m not there.
...who listens to me when I have something to say.

Adult in the community
How true do you feel these statements are for you?
Outside of my home and school, there is an adult...
...who really cares about me.
...who notices when I am upset about something.
...whom I trust.

Peers
How true do you feel these statements are for you?
I have a friend about my own age...
...who really cares about me.
...who talks with me about my problems.
...who helps me when I’m having a hard time.

Behavioral Boundaries
Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

Family
How true do you feel these statements are for you?
When I am not at home, one of my parents/guardians knows where I am and who I am with.
My family has clear rules about drug and alcohol use.
My family has clear rules and standards for my behavior.

School
How true do you feel these statements are for you?
In my school, there are clear rules about what students can and cannot do.
High Expectations

Home
In my home, there is a parent or some other adult …
...who expects me to follow the rules.
...who believes that I will be a success.

School
At my school, there is a teacher or some other adult…
...who tells me when I do a good job.
...who believes that I will be a success.

Adult in the community
Outside of my home and school, there is an adult…
who tells me when I do a good job.

Other
Positive peer influence
Youth standards for acceptable behavior are influenced by their peers and close friends.
How true do you feel these statements are for you?
My friends get into a lot of trouble.
My friends do well in school.

Positive peer influence related to substance use
Among the people you consider to be your closest friends, how many would you say do the following?
Drink alcohol once a week or more?
Have used drugs such as marijuana or cocaine?

Involvement in school activities
At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

Impulsiveness
I often do things without thinking about what will happen.

Religiosity: goes to church/religious service
How often do you attend religious or spiritual services?
Appendix C: Academic Performance and Related Behaviors

B. 1 time

- Gets mostly A's and B's (good grades)
  Answered "Mostly A's" or "Mostly B's" to the question,
  During the past 12 months, how would you describe your grades in school?

- Do my best work at school
  Answered "Very much true" or "Pretty much true" to the statement,
  At school, I try hard to do my best work

- Plans to continue education after high school
  Answered "Very much true" or "Pretty much true" to the statement,
  I plan to go to college or some other school after high school.

- Skipped school once a week or more on average
  Answered 4 or more days to the question,
  During the last four weeks, how many days of school have you missed because you skipped or ditched?

- Sometimes or usually comes to class w/out paper/pencil
  Answered "Sometimes" or "Usually" to the question,
  How often do you come to classes without bringing paper or something to write with?

- Sometimes or usually comes to class w/out homework finished
  Answered "Sometimes" or "Usually" to the question,
  How often do you come to classes without your homework finished?
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http://nmhealth.org/ERD/HealthData/yrrs.shtml