2009 New Mexico Youth Risk and Resiliency Survey (YRRS) American Indian Middle School Students (Grades 6 - 8)

Aggregate Report

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center
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*(Individuals who served on the NM-YRRS 2009 Steering Committee are identified by an *.)
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2009 New Mexico Middle School Youth Risk and Resiliency Survey (YRRS)
American Indian Students (NM)

Introduction

This report contains aggregate results from the 2009 New Mexico Middle School Youth Risk and Resiliency Survey (YRRS) for American Indian (AI) middle school students.

The YRRS is a statewide survey of public school students in middle schools and high schools throughout New Mexico. The survey is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support, and others.

How to Read this Report

This report has two main sections, each of which consists of a set of bar charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several charts, which 1) show rates of risk behaviors for NM AI students compared to New Mexico statewide rates, 2) compare risk behaviors of AI boys to those of AI girls, and 3) make comparisons between grade levels among AI students.

The second section presents results for resiliency/protective factors. As with risk behaviors, this section contains bar charts, which 1) present rates of protective factors among NM AI students compared to New Mexico statewide rates, 2) compare protective factors among AI boys to those of AI girls, and 3) make comparisons between grade levels among AI students.

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NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.

1 Rates for New Mexico were based on the Centers for Disease Control and Prevention YRBS sample.
Understanding the Charts

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or protective factor. The height of the bars conveys the percentage of students reporting each risk or protective factor, and provides a quick visual comparison between different groups of students reporting that risk or protective factor. A label for each bar presents the actual percentage of students who reported each risk or protective factor. For instance, the chart on page 14, Personal Safety: Injury, shows that 7.2% of middle school students in New Mexico rarely or never wore seatbelts, while 8.8% of all American Indian middle school students in New Mexico rarely or never wore seatbelts.

A Word About Error Bars

The YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a sample of students, and not the entire student body, the results in this report are estimates. As with all estimates, there is some uncertainty associated with each reported estimates. On the charts in this report, the degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin ‘I’ shaped line that extends above and below the end of each bar in a chart.

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate of current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.
How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico had a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.
Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 Middle School YRRS. Of 89 districts statewide, 74 districts participated. From each participating school district, schools with students from 6th to 8th grades were selected to participate.* The probability of selection of each school was proportional to the size of its 6th-8th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

To strengthen the representation of American Indian students in the 2009 NM YRRS survey, an additional 10 middle schools with high AI student enrollment were selected to participate via a special project sponsored by AASTEC. All classrooms and students in these schools were selected for participation. In each school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 Middle School YRRS was 68%, an adequate response rate to represent the population.

* The High School YRRS was also conducted at the same time; results from that survey are published separately.
Demographic Information for AI Middle School Students

A total of 4,297 American Indian middle school students participated in the 2009 NM YRRS survey. Students were categorized as American Indian if they reported AI alone or in combination with any other racial/ethnic group. Key characteristics of AI survey participants were as follows:

<table>
<thead>
<tr>
<th>Profile of students surveyed</th>
<th>Number of students</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total</strong></td>
<td>4,297</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>2,109</td>
<td>48.9%</td>
</tr>
<tr>
<td>Boys</td>
<td>2,178</td>
<td>51.1%</td>
</tr>
<tr>
<td><strong>Grade Level</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6th</td>
<td>1,431</td>
<td>35.7%</td>
</tr>
<tr>
<td>7th</td>
<td>1,508</td>
<td>32.4%</td>
</tr>
<tr>
<td>8th</td>
<td>1,342</td>
<td>31.8%</td>
</tr>
<tr>
<td>Other:</td>
<td>6</td>
<td>0.1%</td>
</tr>
</tbody>
</table>

NOTE: Raw numbers may not add up to the total number of students because of missing data.
Data are considered missing when students refuse answering any question(s) during the survey.
Risk Behaviors
Personal Safety

Behaviors Contributing to Unintentional Injury
Behaviors Associated with Violence
Injury: Personal Safety
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Among those who rode a bicycle in the past 12 months
Injury: Personal Safety
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Among those who rode a bicycle in the past 12 months

* Among those who rode a bicycle in the past 12 months
Injury: Personal Safety
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

*Among those who rode a bicycle in the past 12 months
Injury: Violence
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever carried a weapon *</td>
<td>33.7</td>
<td>35.3</td>
</tr>
<tr>
<td>Ever been in a physical fight</td>
<td>50.4</td>
<td>51.5</td>
</tr>
<tr>
<td>Bullied on school property in the past 12 months</td>
<td>31.2</td>
<td>30.4</td>
</tr>
</tbody>
</table>

* Such as a gun, knife, or club
Injury: Violence
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

- Ever carried a weapon *
  - Female: 23.2%
  - Male: 47.0%

- Ever been in a physical fight
  - Female: 39.3%
  - Male: 63.3%

- Bullied on school property in the past 12 months
  - Female: 32.0%
  - Male: 29.0%

* Such as a gun, knife, or club
Injury: Violence
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Such as a gun, knife, or club
Mental Health
Mental Health
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever seriously thought about killing self</td>
<td>17.9</td>
<td>23.1</td>
</tr>
<tr>
<td>Ever made plan to kill self</td>
<td>10.7</td>
<td>13.5</td>
</tr>
<tr>
<td>Ever tried to kill self</td>
<td>6.8</td>
<td>10.6</td>
</tr>
</tbody>
</table>
Mental Health
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever seriously thought about killing self

Percent (%)

Female
Male

Ever made plan to kill self

Ever tried to kill self
Mental Health
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever seriously thought about killing self
- 6th: 17.8%
- 7th: 24.3%
- 8th: 27.8%

Ever made plan to kill self
- 6th: 8.7%
- 7th: 14.0%
- 8th: 18.4%

Ever tried to kill self
- 6th: 7.7%
- 7th: 11.5%
- 8th: 12.8%
Tobacco
Tobacco: Cigarettes
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever tried cigarettes *
Smoked cigarette before age 11
Smoked at least one whole cigarette in lifetime
Current smoker **
† Frequent smoker
‡‡ Smoked cigarettes on school property

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
† Smoked cigarettes on at least 20 of the past 30 days
‡‡ In the past 30 days
**Ever tried cigarettes**, even one or two puffs

**Smoked cigarettes on at least one of the past 30 days**

<table>
<thead>
<tr>
<th>Tobacco: Cigarettes by Gender, American Indian Students</th>
<th>Grades 6 - 8, 2009 NM YRRS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever tried cigarettes *</td>
<td></td>
</tr>
<tr>
<td>Smoked cigarette before age 11</td>
<td></td>
</tr>
<tr>
<td>Smoked at least one whole cigarette in lifetime</td>
<td></td>
</tr>
<tr>
<td>Current smoker **</td>
<td></td>
</tr>
<tr>
<td>† Frequent smoker</td>
<td></td>
</tr>
<tr>
<td>†† Smoked cigarettes on school property</td>
<td></td>
</tr>
</tbody>
</table>

* Ever tried cigarettes, even one or two puffs

** Smoked cigarettes on at least one of the past 30 days

† Smoked cigarettes on at least 20 of the past 30 days

†† In the past 30 days
Tobacco: Cigarettes
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th></th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever tried cigarettes *</td>
<td>18.5</td>
<td>30.1</td>
<td>47.0</td>
</tr>
<tr>
<td>Smoked cigarette before age 11</td>
<td>7.7</td>
<td>9.5</td>
<td>9.5</td>
</tr>
<tr>
<td>Smoked at least one whole cigarette in lifetime</td>
<td>10.0</td>
<td>19.0</td>
<td>33.7</td>
</tr>
<tr>
<td>Current smoker **</td>
<td>5.3</td>
<td>8.7</td>
<td>13.5</td>
</tr>
<tr>
<td>Frequent smoker †</td>
<td>0.8</td>
<td>1.1</td>
<td>0.7</td>
</tr>
<tr>
<td>Smoked cigarettes on school property ††</td>
<td>1.2</td>
<td>3.4</td>
<td>4.2</td>
</tr>
</tbody>
</table>

* Ever tried cigarettes, even one or two puffs

** Smoked cigarettes on at least one of the past 30 days

† Smoked cigarettes on at least 20 of the past 30 days

†† In the past 30 days
Tobacco: Behaviors of Current Cigarette Smokers
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Among current smokers, percent who smoked on at least 20 of the last 30 days
** In the past 30 days, among current smokers < 18 yrs old
*** In the past 12 months
Tobacco: Behaviors of Current Cigarette Smokers by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

- **Frequent smokers**: *Among current smokers, percent who smoked on at least 20 of the last 30 days*
- **Bought my own cigarettes in a store**: **In the past 30 days, among current smokers < 18 yrs old**
- **Marlboro is my regular cigarette brand**: ***In the past 12 months***
- **Tried to quit smoking**: ***In the past 12 months***
Tobacco: Behaviors of Current Cigarette Smokers by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Percent (%)

Frequent smokers *
Bought my own cigarettes in a store **
Marlboro is my regular cigarette brand
Tried to quit smoking ***

* Among current smokers, percent who smoked on at least 20 of the last 30 days
** In the past 30 days, among current smokers < 18 yrs old
*** In the past 12 months
Tobacco: Other Use and Exposure
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Current cigar use *
Current spit tobacco use **
In the same room with someone smoking cigarettes ***

* Cigars, cigarillos, or little cigars, in the past 30 days
** Chewing tobacco, snuff, or dip, in the past 30 days
*** In the past 7 days
Tobacco: Other Use and Exposure by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Current cigar use *
- Female: 7.7%
- Male: 9.4%

Current spit tobacco use **
- Female: 3.4%
- Male: 5.7%

In the same room with someone smoking cigarettes ***
- Female: 35.1%
- Male: 32.6%

* Cigars, cigarillos, or little cigars, in the past 30 days
** Chewing tobacco, snuff, or dip, in the past 30 days
*** In the past 7 days
Tobacco: Other Use and Exposure by Grade, American Indian Students Grades 6 - 8, 2009 NM YRRS

* Cigars, cigarillos, or little cigars, in the past 30 days
** Chewing tobacco, snuff, or dip, in the past 30 days
*** In the past 7 days
Exposure to Information on the Dangers of Tobacco
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

- Saw or heard commercials about the dangers of cigarette smoking *
  - NM (All students): 71.5%
  - American Indian (NM): 71.0%

- Taught in school about the dangers of tobacco use **
  - NM (All students): 47.2%
  - American Indian (NM): 52.8%

* Commercials on the TV, the Internet, or the radio
** During the school year that the survey was administered
Exposure to Information on the Dangers of Tobacco by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Saw or heard commercials about the dangers of cigarette smoking
** Taught in school about the dangers of tobacco use

* Commercials on the TV, the Internet, or the radio
** During the school year that the survey was administered
Exposure to Information on the Dangers of Tobacco by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Saw or heard commercials about the dangers of cigarette smoking *
Taught in school about the dangers of tobacco use **

* Commercials on the TV, the Internet, or the radio
** During the school year that the survey was administered
Alcohol
Alcohol
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever drank alcohol *</td>
<td>33.8</td>
<td>34.6</td>
</tr>
<tr>
<td>First drink of alcohol before age 11</td>
<td>16.5</td>
<td>16.5</td>
</tr>
<tr>
<td>Current drinker **</td>
<td>16.2</td>
<td>16.2</td>
</tr>
<tr>
<td>Binge drinker ***</td>
<td>8.6</td>
<td>9.0</td>
</tr>
</tbody>
</table>

* Other than a few sips
** Drank alcohol on at least one of the past 30 days
*** Had five or more drinks in a row, or within a couple of hours, in the past 30 days
Alcohol
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

- Ever drank alcohol *
- First drink of alcohol before age 11
- Current drinker **
- Binge drinker ***

* Other than a few sips
** Drank alcohol on at least one of the past 30 days
*** Had five or more drinks in a row, or within a couple of hours, in the past 30 days
Alcohol
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever drank alcohol *
First drink of alcohol before age 11
Current drinker **
Binge drinker ***

* Other than a few sips
** Drank alcohol on at least one of the past 30 days
*** Had five or more drinks in a row, or within a couple of hours, in the past 30 days
Alcohol: Access and Attitudes
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th></th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Easy for me to get alcohol *</td>
<td>29.4 (±4.5)</td>
<td>27.7 (±5.2)</td>
</tr>
<tr>
<td>My parents think my alcohol use would be very wrong **</td>
<td>78.9 (±0.5)</td>
<td>79.8 (±0.5)</td>
</tr>
<tr>
<td>I think youth alcohol use is very wrong **</td>
<td>63.8 (±1.4)</td>
<td>63.6 (±1.4)</td>
</tr>
<tr>
<td>People face great risk from daily alcohol use ***</td>
<td>45.3 (±3.0)</td>
<td>47.3 (±3.0)</td>
</tr>
</tbody>
</table>

* Responded "Very easy" or "Sort of easy" to get beer, wine, or hard liquor

** How wrong do "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"

*** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Access and Attitudes
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Responded "Very easy" or "Sort of easy" to get beer, wine, or hard liquor
** How wrong do "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"
*** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Access and Attitudes
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Responded "Very easy" or "Sort of easy" to get beer, wine, or hard liquor
** How wrong do "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"
*** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Drugs
**Drugs**

**New Mexico (all students) and American Indian Students**

**Grades 6 - 8, 2009 NM YRRS**

<table>
<thead>
<tr>
<th>Drug Type</th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever used marijuana</td>
<td>15.1%</td>
<td>22.7%</td>
</tr>
<tr>
<td>First marijuana use before age 11</td>
<td>4.9%</td>
<td>8.3%</td>
</tr>
<tr>
<td>Current marijuana use *</td>
<td>9.4%</td>
<td>13.0%</td>
</tr>
<tr>
<td>Ever used cocaine</td>
<td>5.7%</td>
<td>5.7%</td>
</tr>
<tr>
<td>Ever used inhalants **</td>
<td>14.2%</td>
<td>15.5%</td>
</tr>
<tr>
<td>Ever injected illegal drug</td>
<td>1.4%</td>
<td>1.7%</td>
</tr>
</tbody>
</table>

*At least once in the past 30 days*

**Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high**
Drugs
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever used marijuana
First marijuana use before age 11
Current marijuana use *
Ever used cocaine
Ever used inhalants **
Ever injected illegal drug

* At least once in the past 30 days
** Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high
Drugs
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever used marijuana
First marijuana use before age 11
Current marijuana use *
Ever used cocaine
Ever used inhalants **
Ever injected illegal drug

Percent (%)

6th 7th 8th

* At least once in the past 30 days
** Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high
Sexual Behavior
Sexual Behavior
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

### Percent (%)

- **Ever had sexual intercourse**: NM (All students) 10.8, American Indian (NM) 13.8
- **Had sexual intercourse with two or more people in lifetime**: NM (All students) 6.1, American Indian (NM) 6.2
- **Used a condom at last sexual intercourse ***: NM (All students) 68.1, American Indian (NM) 71.4
- **Ever taught about AIDS/HIV at school**: NM (All students) 56.4, American Indian (NM) 51.6

*Among those who ever had sexual intercourse*
Sexual Behavior
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Among those who ever had sexual intercourse
### Sexual Behavior
**by Grade, American Indian Students**
**Grades 6 - 8, 2009 NM YRRS**

<table>
<thead>
<tr>
<th></th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever had sexual intercourse</td>
<td>6.9</td>
<td>11.4</td>
<td>23.0</td>
</tr>
<tr>
<td>Had sexual intercourse with two or more people in lifetime</td>
<td>2.0</td>
<td>5.8</td>
<td>10.7</td>
</tr>
<tr>
<td>Used a condom at last sexual intercourse *</td>
<td>77.2</td>
<td>73.0</td>
<td>66.0</td>
</tr>
<tr>
<td>Ever taught about AIDS/HIV at school</td>
<td>39.1</td>
<td>52.7</td>
<td>63.8</td>
</tr>
</tbody>
</table>

*Among those who ever had sexual intercourse*
Body Weight and Weight Control
Body Weight and Weight Control
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

- Describes self as overweight
- Trying to lose weight
- Ever exercised to lose weight or to keep from gaining weight
Body Weight and Weight Control by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Describes self as overweight

Trying to lose weight

Ever exercised to lose weight or to keep from gaining weight

Percent (%)
Body Weight and Weight Control
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Describes self as overweight</td>
<td>22.8</td>
<td>26.6</td>
<td>28.4</td>
</tr>
<tr>
<td>Trying to lose weight</td>
<td>49.0</td>
<td>51.5</td>
<td>47.1</td>
</tr>
<tr>
<td>Ever exercised to lose weight or to keep from gaining weight</td>
<td>72.4</td>
<td>75.7</td>
<td>73.4</td>
</tr>
</tbody>
</table>
Weight Control
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

- Ever eaten less to lose weight or keep from gaining weight: 40.1%
- Ever fasted to lose weight or keep from gaining weight: 16.1%
- Ever vomited or used laxatives to lose weight or keep from gaining weight: 5.4%

American Indian Students:
- Ever eaten less to lose weight or keep from gaining weight: 43.9%
- Ever fasted to lose weight or keep from gaining weight: 19.0%
- Ever vomited or used laxatives to lose weight or keep from gaining weight: 6.5%
Weight Control
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever eaten less to lose weight or keep from gaining weight

Ever fasted to lose weight or keep from gaining weight

Ever vomited or used laxatives to lose weight or keep from gaining weight

Percent (%)

Female
Male
<table>
<thead>
<tr>
<th>Activity</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever eaten less to lose weight or keep from</td>
<td>42.5</td>
<td>47.3</td>
<td>42.1</td>
</tr>
<tr>
<td>gaining weight</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ever fasted to lose weight or keep from</td>
<td>18.0</td>
<td>18.7</td>
<td>20.0</td>
</tr>
<tr>
<td>gaining weight</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ever vomited or used laxatives to lose</td>
<td>5.6</td>
<td>6.9</td>
<td>7.1</td>
</tr>
<tr>
<td>weight or keep from gaining weight</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Physical Activity
Physical Activity
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Met recommended levels of physical activity *
Had no days with 60 minutes of physical activity **

* On each of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
Met recommended levels of physical activity *

Had no days with 60 minutes of physical activity **

* On each of the past 7 days, at least 60 minutes of physical activity per day that made “you sweat or breathe hard”

** No days of at least 60 minutes of physical activity in the past 7 days
Physical Activity by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Met recommended levels of physical activity *

- 6th grade: 37.1%
- 7th grade: 47.5%
- 8th grade: 49.8%

Had no days with 60 minutes of physical activity **

- 6th grade: 26.8%
- 7th grade: 19.1%
- 8th grade: 16.3%

* On each of the past 7 days, at least 60 minutes of physical activity per day that made “you sweat or breathe hard”
** No days of at least 60 minutes of physical activity in the past 7 days
Sedentary Activity
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Played video/computer games or used a computer for something that was not school work, on an average school day
Sedentary Activity by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Played video/computer games or used a computer for something that was not school work, on an average school day
Sedentary Activity
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Played video/computer games or used a computer for something that was not school work, on an average school day
Physical Activity: PE
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Had any physical education at school *

<table>
<thead>
<tr>
<th></th>
<th>NM (All students)</th>
<th>American Indian (NM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had any physical education at school *</td>
<td>54.5% ± 1.5%</td>
<td>57.4% ± 1.5%</td>
</tr>
<tr>
<td>Had daily physical education at school</td>
<td>39.5% ± 1.5%</td>
<td>40.2% ± 1.5%</td>
</tr>
</tbody>
</table>

* Had PE on at least one day per week
Physical Activity: PE
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Had any physical education at school *

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>55.9</td>
</tr>
<tr>
<td>Male</td>
<td>58.9</td>
</tr>
</tbody>
</table>

Had daily physical education at school

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>39.0</td>
</tr>
<tr>
<td>Male</td>
<td>41.4</td>
</tr>
</tbody>
</table>

* Had PE on at least one day per week
Physical Activity: PE
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Had PE on at least one day per week
Asthma
Asthma
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Ever diagnosed with asthma

NM (All students) 19.8%
American Indian (NM) 18.7%

Current asthma *

NM (All students) 9.9%
American Indian (NM) 8.5%

* Ever diagnosed with asthma AND still has asthma
Asthma
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Ever diagnosed with asthma AND still has asthma

* Ever diagnosed with asthma AND still has asthma
Asthma by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Ever diagnosed with asthma AND still has asthma
Other Characteristics

Food Sufficiency
Grades
Food Sufficiency
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Sometimes or often not enough food to eat in family

- NM (All students): 9.9%
- American Indian (NM): 12.4%
Academics
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

Gets mostly A's or B's

Percent (%)

NM (All students)  American Indian (NM)

75.7  72.0

Grades 6 - 8, 2009 NM YRRS

Academics
Academics by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Percent (%)

Gets mostly A's or B's

Female
Male

76.6
67.4
Academics
by Grade, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Gets mostly A's or B's

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th</td>
<td>78.4</td>
</tr>
<tr>
<td>7th</td>
<td>74.4</td>
</tr>
<tr>
<td>8th</td>
<td>62.2</td>
</tr>
</tbody>
</table>
Protective Factors
Protective Factors: Caring Relationships
New Mexico (all students) and American Indian Students
Grades 6 - 8, 2009 NM YRRS

* Responded “Very true” to each of these statements
Protective Factors: Caring Relationships
by Gender, American Indian Students
Grades 6 - 8, 2009 NM YRRS

Percent (%)

Female  Male

I have a friend about my own age who really cares about me *
Outside of my home and school, there is an adult who really cares about me *
At my school there is a teacher or some other adult who really cares about me *
In my home, there is a parent or some other adult who listens to me when I have something to say *
In my home, there is a parent or some other adult who talks with me about my problems *

* Responded “Very true” to each of these statements
I have a friend about my own age who really cares about me *
Outside of my home and school, there is an adult who really cares about me *
At my school there is a teacher or some other adult who really cares about me *
In my home, there is a parent or some other adult who listens to me when I have something to say *
In my home, there is a parent or some other adult who talks with me about my problems *

* Responded "Very true" to each of these statements
In my school, there are clear rules about what students can and cannot do *

When I am not home, one of my parents/guardians knows where I am and who I am with *

* Responded "Very true" to each of these statements
In my school, there are clear rules about what students can and cannot do *

When I am not home, one of my parents/guardians knows where I am and who I am with *

* Responded “Very true” to each of these statements
In my school, there are clear rules about what students can and cannot do *

When I am not home, one of my parents/guardians knows where I am and who I am with *

* Responded “Very true” to each of these statements
Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities *  
My friends do not get into a lot of trouble  
I often think about things before I do them  

* Responded "Very true"
Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities *

* Responded "Very true"
Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities *

My friends do not get into a lot of trouble

I often think about things before I do them

* Responded "Very true"
Appendix A
Appendix A
2009 NM Youth Risk and Resiliency Survey
Middle School Questionnaire
American Indian Students

**Personal Information**

1. How old are you?
   - A. 10 years old or younger: 18 (0.3%)
   - B. 11 years old: 930 (23.9%)
   - C. 12 years old: 1396 (31.9%)
   - D. 13 years old: 1333 (28.8%)
   - E. 14 years old: 532 (13.0%)
   - F. 15 years old: 69 (1.7%)
   - G. 16 years old or older: 8 (0.3%)

2. What is your sex?
   - A. Female: 2109 (48.9%)
   - B. Male: 2178 (51.1%)

3. In what grade are you?
   - A. 6th grade: 1431 (35.7%)
   - B. 7th grade: 1508 (32.4%)
   - C. 8th grade: 1342 (31.8%)
   - D. Other: 6 (0.1%)

4. Are you Hispanic or Latino?
   - A. Yes
   - B. No

5. What is your race? (Select one or more responses.)
   - A. American Indian or Alaska Native
   - B. Asian
   - C. Black or African American
   - D. Native Hawaiian or Other Pacific Islander
   - E. White

Note: Percentages do not equal to 100% due to rounding/missing values.
Appendix A: Questionnaire

6. During the past 12 months, how would you describe your grades in school?  
   A. Mostly A’s 26.2 (23.3 - 29.0)  
   B. Mostly B’s 33.0 (30.8 - 35.3)  
   C. Mostly C’s 15.8 (14.3 - 17.4)  
   D. Mostly D’s 4.4 (3.3 - 5.6)  
   E. Mostly F’s 2.7 (2.0 - 3.5)  
   F. None of these grades 0.3 (0.1 - 0.4)  
   G. Not sure 17.5 (15.5 - 19.6)

**Personal Safety**

The next 3 questions ask about personal safety.

7. When you ride a bicycle, how often do you wear a helmet?  
   A. I do not ride a bicycle 19.5 (17.6 - 21.3)  
   B. Never wear a helmet 55.7 (53.4 - 58.0)  
   C. Rarely wear a helmet 11.3 (9.9 - 12.7)  
   D. Sometimes wear a helmet 6.2 (4.5 - 8.0)  
   E. Most of the time wear a helmet 3.9 (2.9 - 4.9)  
   F. Always wear a helmet 3.4 (2.5 - 4.3)

8. How often do you wear a seat belt when riding in a car?  
   A. Never 2.4 (1.7 - 3.1)  
   B. Rarely 6.4 (5.3 - 7.5)  
   C. Sometimes 15.5 (13.7 - 17.3)  
   D. Most of the time 24.8 (22.8 - 26.8)  
   E. Always 50.9 (48.0 - 53.8)

9. Have you ever ridden in a car driven by someone who had been drinking alcohol?  
   A. Yes 31.9 (29.4 - 34.3)  
   B. No 54.4 (51.5 - 57.3)  
   C. Not sure 13.7 (12.2 - 15.3)

**Violence-Related Behaviors**

The next 2 questions ask about violence-related behaviors.

10. Have you ever carried a weapon, such as a gun, knife, or club?  
    A. Yes 35.3 (32.5 - 38.2)  
    B. No 64.7 (61.8 - 67.5)

11. Have you ever been in a physical fight?  
    A. Yes 51.5 (48.6 - 54.4)  
    B. No 48.5 (45.6 - 51.4)

Note: Percentages do not equal to 100% due to rounding/missing values.
The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

12. During the past 12 months, have you ever been bullied on school property?
   A. Yes 30.4 (28.4 - 32.4)
   B. No 69.6 (67.6 - 71.6)

Sadness and Attempted Suicide
The next 3 questions ask about attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide or killing themselves.

13. Have you ever seriously thought about killing yourself?
   A. Yes 23.1 (21.1 - 25.2)
   B. No 76.9 (74.8 - 78.9)

14. Have you ever made a plan about how you would kill yourself?
   A. Yes 13.5 (11.9 - 15.2)
   B. No 86.5 (84.8 - 88.1)

15. Have you ever tried to kill yourself?
   A. Yes 10.6 (9.1 - 12.1)
   B. No 89.4 (87.9 - 90.9)

Tobacco Use
The next 17 questions ask about tobacco use.

16. Have you ever tried cigarette smoking, even one or two puffs?
   A. Yes 31.4 (28.4 - 34.4)
   B. No 68.6 (65.6 - 71.6)

17. How old were you when you smoked a whole cigarette for the first time?
   A. I have never smoked a whole cigarette 78.6 (76.4 - 80.9)
   B. 8 years old or younger 2.9 (2.3 - 3.6)
   C. 9 years old 2.0 (1.4 - 2.7)
   D. 10 years old 3.9 (3.1 - 4.8)
   E. 11 years old 4.0 (3.2 - 4.9)
   F. 12 years old 4.6 (3.7 - 5.6)
   G. 13 years old or older 3.8 (2.8 - 4.8)

Note: Percentages do not equal to 100% due to rounding/missing values.
18. About how many cigarettes have you smoked in your entire life?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. None</td>
<td>68.9</td>
<td>(65.8 - 71.9)</td>
</tr>
<tr>
<td>B. 1 or more puffs but never a whole cigarette</td>
<td>10.7</td>
<td>(9.4 - 11.9)</td>
</tr>
<tr>
<td>C. 1 cigarette</td>
<td>4.1</td>
<td>(3.2 - 5.0)</td>
</tr>
<tr>
<td>D. 2 to 5 cigarettes</td>
<td>8.2</td>
<td>(6.7 - 9.7)</td>
</tr>
<tr>
<td>E. 6 to 15 cigarettes (about ½ a pack total)</td>
<td>3.0</td>
<td>(2.2 - 3.8)</td>
</tr>
<tr>
<td>F. 16 to 25 cigarettes (about 1 pack total)</td>
<td>2.1</td>
<td>(1.4 - 2.8)</td>
</tr>
<tr>
<td>G. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)</td>
<td>1.4</td>
<td>(0.9 - 1.9)</td>
</tr>
<tr>
<td>H. 100 or more cigarettes (5 or more packs)</td>
<td>1.6</td>
<td>(1.1 - 2.1)</td>
</tr>
</tbody>
</table>

19. During the past 30 days, on how many days did you smoke cigarettes?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>91.0</td>
<td>(89.5 - 92.5)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>4.4</td>
<td>(3.4 - 5.3)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>1.9</td>
<td>(1.3 - 2.5)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>1.1</td>
<td>(0.7 - 1.6)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.7</td>
<td>(0.4 - 1.1)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.3</td>
<td>(0.1 - 0.6)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.5</td>
<td>(0.1 - 0.9)</td>
</tr>
</tbody>
</table>

20. During the past 30 days, on how many days did you smoke cigarettes on school property?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>97.1</td>
<td>(96.4 - 97.8)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>1.6</td>
<td>(1.0 - 2.2)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>0.4</td>
<td>(0.2 - 0.6)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.3</td>
<td>(0.0 - 0.6)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.2</td>
<td>(0.0 - 0.4)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.1</td>
<td>(0.0 - 0.2)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.3</td>
<td>(0.1 - 0.6)</td>
</tr>
</tbody>
</table>

21. During the past 30 days, how did you usually get your own cigarettes?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke cigarettes during the past 30 days</td>
<td>89.8</td>
<td>(88.2 - 91.4)</td>
</tr>
<tr>
<td>B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station</td>
<td>0.3</td>
<td>(0.1 - 0.5)</td>
</tr>
<tr>
<td>C. I bought them from a vending machine</td>
<td>0.4</td>
<td>(0.1 - 0.7)</td>
</tr>
<tr>
<td>D. I gave someone else money to buy them for me</td>
<td>2.2</td>
<td>(1.4 - 3.0)</td>
</tr>
<tr>
<td>E. I borrowed (or bummed) them from someone else</td>
<td>1.8</td>
<td>(1.1 - 2.5)</td>
</tr>
<tr>
<td>F. A person 18 years old or older gave them to me</td>
<td>1.2</td>
<td>(0.7 - 1.7)</td>
</tr>
<tr>
<td>G. I took them from a store or family member</td>
<td>1.2</td>
<td>(0.7 - 1.7)</td>
</tr>
<tr>
<td>H. I got them some other way</td>
<td>3.2</td>
<td>(2.3 - 4.1)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
22. During the past 30 days, what brand of cigarettes did you usually smoke?

(Select only one response.)

<table>
<thead>
<tr>
<th>Brand</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke cigarettes during the past 30 days</td>
<td>88.2</td>
<td>(86.6 - 89.8)</td>
</tr>
<tr>
<td>B. I do not have a usual brand</td>
<td>1.8</td>
<td>(1.2 - 2.5)</td>
</tr>
<tr>
<td>C. Camel</td>
<td>1.7</td>
<td>(1.2 - 2.3)</td>
</tr>
<tr>
<td>D. Marlboro</td>
<td>4.9</td>
<td>(3.7 - 6.2)</td>
</tr>
<tr>
<td>E. Newport</td>
<td>0.4</td>
<td>(0.2 - 0.7)</td>
</tr>
<tr>
<td>F. Virginia Slims</td>
<td>0.2</td>
<td>(0.0 - 0.3)</td>
</tr>
<tr>
<td>G. GPS, Basic, or Doral</td>
<td>0.2</td>
<td>(0.0 - 0.4)</td>
</tr>
<tr>
<td>H. Some other brand</td>
<td>2.6</td>
<td>(1.8 - 3.3)</td>
</tr>
</tbody>
</table>

23. During the past 30 days, how many times have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>29.0</td>
<td>(27.1 - 30.9)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 30 days</td>
<td>20.9</td>
<td>(19.0 - 22.7)</td>
</tr>
<tr>
<td>C. 1 to 3 times during the past week</td>
<td>14.7</td>
<td>(12.9 - 16.5)</td>
</tr>
<tr>
<td>D. Daily or almost daily</td>
<td>17.9</td>
<td>(16.1 - 19.8)</td>
</tr>
<tr>
<td>E. More than once a day</td>
<td>17.5</td>
<td>(15.9 - 19.1)</td>
</tr>
</tbody>
</table>

24. During the past 12 months, did you ever try to quit smoking cigarettes?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke during the past 12 months</td>
<td>80.1</td>
<td>(78.0 - 82.2)</td>
</tr>
<tr>
<td>B. Yes</td>
<td>11.8</td>
<td>(10.3 - 13.4)</td>
</tr>
<tr>
<td>C. No</td>
<td>8.0</td>
<td>(6.7 - 9.4)</td>
</tr>
</tbody>
</table>

25. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>91.4</td>
<td>(90.1 - 92.7)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>5.0</td>
<td>(3.9 - 6.1)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>1.6</td>
<td>(1.0 - 2.1)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.8</td>
<td>(0.5 - 1.2)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.4</td>
<td>(0.2 - 0.7)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.3</td>
<td>(0.0 - 0.5)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.4</td>
<td>(0.2 - 0.7)</td>
</tr>
</tbody>
</table>

26. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>95.5</td>
<td>(94.5 - 96.5)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>2.5</td>
<td>(1.8 - 3.2)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>1.0</td>
<td>(0.5 - 1.4)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.4</td>
<td>(0.2 - 0.5)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.2</td>
<td>(0.0 - 0.4)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.2</td>
<td>(0.1 - 0.3)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.3</td>
<td>(0.1 - 0.5)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
27. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?  
<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>66.3</td>
<td>(64.1 - 68.4)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>16.6</td>
<td>(15.1 - 18.2)</td>
</tr>
<tr>
<td>C. 3 or 4 days</td>
<td>5.6</td>
<td>(4.5 - 6.7)</td>
</tr>
<tr>
<td>D. 5 or 6 days</td>
<td>1.5</td>
<td>(1.1 - 2.0)</td>
</tr>
<tr>
<td>E. 7 days</td>
<td>10.0</td>
<td>(8.6 - 11.3)</td>
</tr>
</tbody>
</table>

28. Do you think smoke from other people’s cigarettes is harmful to you?  
<table>
<thead>
<tr>
<th>Opinion</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Definitely yes</td>
<td>51.2</td>
<td>(48.4 - 53.9)</td>
</tr>
<tr>
<td>B. Probably yes</td>
<td>32.1</td>
<td>(29.6 - 34.6)</td>
</tr>
<tr>
<td>C. Probably not</td>
<td>9.2</td>
<td>(7.8 - 10.6)</td>
</tr>
<tr>
<td>D. Definitely not</td>
<td>7.5</td>
<td>(6.3 - 8.7)</td>
</tr>
</tbody>
</table>

29. Do you think that you will try smoking a cigarette soon?  
<table>
<thead>
<tr>
<th>Answer</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have already tried smoking cigarettes</td>
<td>15.2</td>
<td>(13.5 - 17.0)</td>
</tr>
<tr>
<td>B. Yes</td>
<td>9.4</td>
<td>(8.1 - 10.7)</td>
</tr>
<tr>
<td>C. No</td>
<td>75.4</td>
<td>(73.1 - 77.7)</td>
</tr>
</tbody>
</table>

30. Do you think you will smoke a cigarette at anytime during the next year?  
<table>
<thead>
<tr>
<th>Opinion</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Definitely yes</td>
<td>5.8</td>
<td>(4.7 - 6.9)</td>
</tr>
<tr>
<td>B. Probably yes</td>
<td>11.5</td>
<td>(9.8 - 13.2)</td>
</tr>
<tr>
<td>C. Probably not</td>
<td>18.3</td>
<td>(16.3 - 20.3)</td>
</tr>
<tr>
<td>D. Definitely not</td>
<td>64.4</td>
<td>(61.3 - 67.5)</td>
</tr>
</tbody>
</table>

31. If one of your best friends offered you a cigarette, would you smoke it?  
<table>
<thead>
<tr>
<th>Opinion</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Definitely yes</td>
<td>4.8</td>
<td>(3.8 - 5.7)</td>
</tr>
<tr>
<td>B. Probably yes</td>
<td>12.8</td>
<td>(10.8 - 14.8)</td>
</tr>
<tr>
<td>C. Probably not</td>
<td>19.4</td>
<td>(17.4 - 21.3)</td>
</tr>
<tr>
<td>D. Definitely not</td>
<td>63.1</td>
<td>(60.2 - 66.0)</td>
</tr>
</tbody>
</table>

32. During this school year, were you taught in any of your classes about the dangers of tobacco use?  
<table>
<thead>
<tr>
<th>Opinion</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Yes</td>
<td>39.0</td>
<td>(35.7 - 42.2)</td>
</tr>
<tr>
<td>B. No</td>
<td>34.8</td>
<td>(32.2 - 37.4)</td>
</tr>
<tr>
<td>C. Not sure</td>
<td>26.2</td>
<td>(24.0 - 28.5)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
Appendix A: Questionnaire

Alcohol

The next 8 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

33. Have you ever had a drink of alcohol, other than a few sips? % (95% CI)
   A. Yes 34.6 (31.4 - 37.8)
   B. No 65.4 (62.2 - 68.6)

34. How old were you when you had your first drink of alcohol other than a few sips?
   A. I have never had a drink of alcohol other than a few sips 64.7 (61.3 - 68.0)
   B. 8 years old or younger 7.8 (6.3 - 9.3)
   C. 9 years old 3.5 (2.5 - 4.4)
   D. 10 years old 5.3 (4.1 - 6.5)
   E. 11 years old 6.1 (5.0 - 7.3)
   F. 12 years old 7.0 (5.8 - 8.3)
   G. 13 years old or older 5.6 (4.2 - 7.1)

35. During the past 30 days, on how many days did you have at least one drink of alcohol?
   A. 0 days 83.8 (81.9 - 85.7)
   B. 1 or 2 days 9.8 (8.3 - 11.3)
   C. 3 to 5 days 3.0 (2.2 - 3.8)
   D. 6 to 9 days 1.7 (1.1 - 2.3)
   E. 10 to 19 days 0.7 (0.4 - 1.1)
   F. 20 to 29 days 0.4 (0.2 - 0.6)
   G. All 30 days 0.6 (0.3 - 0.9)

36. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
   A. 0 days 91.0 (89.5 - 92.4)
   B. 1 day 4.5 (3.6 - 5.5)
   C. 2 days 1.6 (1.1 - 2.0)
   D. 3 to 5 days 1.2 (0.7 - 1.7)
   E. 6 to 9 days 0.8 (0.3 - 1.3)
   F. 10 to 19 days 0.3 (0.1 - 0.6)
   G. 20 or more days 0.6 (0.3 - 0.9)

37. If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get?
   A. Very hard 57.4 (54.4 - 60.5)
   B. Sort of hard 14.9 (13.0 - 16.7)
   C. Sort of easy 15.2 (13.0 - 17.4)
   D. Very easy 12.5 (11.1 - 13.9)

Note: Percentages do not equal to 100% due to rounding/missing values.
38. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly? % (95% CI)
   A. Very wrong 79.8 (77.8 - 81.7)
   B. Wrong 14.0 (12.2 - 15.8)
   C. A little bit wrong 5.1 (4.0 - 6.2)
   D. Not wrong at all 1.2 (0.8 - 1.5)

39. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?
   A. Very wrong 63.6 (60.9 - 66.4)
   B. Wrong 21.4 (19.4 - 23.4)
   C. A little bit wrong 11.0 (9.3 - 12.6)
   D. Not wrong at all 4.0 (3.2 - 4.8)

40. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?
   A. No risk 12.6 (10.8 - 14.4)
   B. Slight risk 16.2 (14.4 - 18.0)
   C. Moderate risk 23.9 (21.5 - 26.3)
   D. Great risk 47.3 (44.8 - 49.7)

Marijuana and other Drug Use
The next 6 questions ask about marijuana use and other drug use. Marijuana also is called grass or pot.

41. Have you ever used marijuana?
   A. Yes 22.7 (19.7 - 25.6)
   B. No 77.3 (74.4 - 80.3)

42. How old were you when you tried marijuana for the first time?
   A. I have never tried marijuana 77.3 (74.4 - 80.3)
   B. 8 years old or younger 2.9 (2.1 - 3.6)
   C. 9 years old 2.1 (1.5 - 2.7)
   D. 10 years old 3.4 (2.6 - 4.1)
   E. 11 years old 4.5 (3.6 - 5.4)
   F. 12 years old 4.9 (3.6 - 6.2)
   G. 13 years old or older 4.9 (3.5 - 6.4)

43. During the past 30 days, how many times did you use marijuana?
   A. 0 times 87.0 (85.2 - 88.8)
   B. 1 or 2 times 5.6 (4.6 - 6.7)
   C. 3 to 9 times 2.5 (2.0 - 3.1)
   D. 10 to 19 times 1.8 (1.3 - 2.2)
   E. 20 to 39 times 1.3 (0.6 - 2.1)
   F. 40 or more times 1.7 (1.2 - 2.2)

Note: Percentages do not equal to 100% due to rounding/missing values.
Appendix A: Questionnaire

44. Have you ever used any form of cocaine, including powder, crack, or freebase?  
   A. Yes 5.7 (4.8 - 6.6)  
   B. No 94.3 (93.4 - 95.2)

45. Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high?  
   A. Yes 15.5 (13.6 - 17.3)  
   B. No 84.5 (82.7 - 86.4)

46. Have you ever used a needle to inject any illegal drug into your body?  
   A. Yes 1.7 (1.1 - 2.3)  
   B. No 98.3 (97.7 - 98.9)

**Sexual Behavior**  
**The next 4 questions ask about sexual intercourse.**

47. Have you ever had sexual intercourse?  
   A. Yes 13.8 (11.9 - 15.7)  
   B. No 86.2 (84.3 - 88.1)

48. How old were you when you had sexual intercourse for the first time?  
   A. I have never had sexual intercourse 86.3 (84.4 - 88.2)  
   B. 8 years old or younger 1.4 (0.9 - 1.9)  
   C. 9 years old 0.8 (0.3 - 1.2)  
   D. 10 years old 1.3 (0.6 - 1.9)  
   E. 11 years old 2.0 (1.3 - 2.8)  
   F. 12 years old 3.3 (2.5 - 4.1)  
   G. 13 years old or older 4.9 (3.7 - 6.2)

49. With how many people have you ever had sexual intercourse?  
   A. I have never had sexual intercourse 86.2 (84.3 - 88.1)  
   B. 1 person 7.6 (6.0 - 9.3)  
   C. 2 people 2.2 (1.3 - 3.0)  
   D. 3 people 0.9 (0.5 - 1.2)  
   E. 4 people 0.8 (0.3 - 1.3)  
   F. 5 people 0.4 (0.1 - 0.7)  
   G. 6 or more people 1.9 (1.3 - 2.4)

50. The last time you had sexual intercourse, did you or your partner use a condom?  
   A. I have never had sexual intercourse 86.3 (84.4 - 88.2)  
   B. Yes 9.8 (8.2 - 11.4)  
   C. No 3.9 (3.0 - 4.9)

Note: Percentages do not equal to 100% due to rounding/missing values.
Body Weight
The next 6 questions ask about body weight.

51. How do you describe your weight? % (95% CI)
   A. Very underweight 5.0 (3.8 - 6.3)
   B. Slightly underweight 14.1 (12.3 - 15.8)
   C. About the right weight 55.1 (52.5 - 57.7)
   D. Slightly overweight 22.7 (20.5 - 24.9)
   E. Very overweight 3.1 (2.4 - 3.9)

52. Which of the following are you trying to do about your weight?
   A. Lose weight 49.2 (46.8 - 51.6)
   B. Gain weight 9.0 (7.6 - 10.3)
   C. Stay the same weight 24.2 (22.2 - 26.2)
   D. I am not trying to do anything about my weight 17.6 (15.7 - 19.5)

53. Have you ever exercised to lose weight or to keep from gaining weight?
   A. Yes 73.8 (71.7 - 75.8)
   B. No 26.2 (24.2 - 28.3)

54. Have you ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?
   A. Yes 43.9 (41.5 - 46.3)
   B. No 56.1 (53.7 - 58.5)

55. Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?
   A. Yes 19.0 (17.0 - 20.9)
   B. No 81.0 (79.1 - 83.0)

56. Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?
   A. Yes 6.5 (5.3 - 7.7)
   B. No 93.5 (92.3 - 94.7)

Note: Percentages do not equal to 100% due to rounding/missing values.
Physical Activity
The next 4 questions ask about physical activity.

57. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

<table>
<thead>
<tr>
<th>Days of Activity</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 day</td>
<td>20.7 (17.5 - 24.4)</td>
</tr>
<tr>
<td>1 day</td>
<td>8.6 (7.2 - 9.9)</td>
</tr>
<tr>
<td>2 days</td>
<td>6.7 (5.3 - 8.0)</td>
</tr>
<tr>
<td>3 days</td>
<td>10.1 (8.7 - 11.6)</td>
</tr>
<tr>
<td>4 days</td>
<td>9.1 (7.7 - 10.6)</td>
</tr>
<tr>
<td>5 days</td>
<td>12.1 (10.5 - 13.7)</td>
</tr>
<tr>
<td>6 days</td>
<td>5.7 (4.5 - 7.0)</td>
</tr>
<tr>
<td>7 days</td>
<td>26.8 (24.5 - 29.0)</td>
</tr>
</tbody>
</table>

58. On an average school day, how many hours do you watch TV?

<table>
<thead>
<tr>
<th>Hours per Day</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>10.4 (9.0 - 11.8)</td>
</tr>
<tr>
<td>Less than 1</td>
<td>21.5 (19.8 - 23.3)</td>
</tr>
<tr>
<td>1 hour</td>
<td>14.8 (13.2 - 16.4)</td>
</tr>
<tr>
<td>2 hours</td>
<td>19.4 (17.6 - 21.1)</td>
</tr>
<tr>
<td>3 hours</td>
<td>14.5 (12.9 - 16.1)</td>
</tr>
<tr>
<td>4 hours</td>
<td>7.1 (6.2 - 8.0)</td>
</tr>
<tr>
<td>5 or more</td>
<td>12.4 (11.0 - 13.7)</td>
</tr>
</tbody>
</table>

59. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

<table>
<thead>
<tr>
<th>Hours per Day</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>22.0 (20.2 - 23.9)</td>
</tr>
<tr>
<td>Less than 1</td>
<td>25.5 (23.8 - 27.3)</td>
</tr>
<tr>
<td>1 hour</td>
<td>15.3 (13.7 - 16.9)</td>
</tr>
<tr>
<td>2 hours</td>
<td>14.9 (13.1 - 16.7)</td>
</tr>
<tr>
<td>3 hours</td>
<td>9.2 (8.1 - 10.3)</td>
</tr>
<tr>
<td>4 hours</td>
<td>3.6 (2.8 - 4.3)</td>
</tr>
<tr>
<td>5 or more</td>
<td>9.4 (8.2 - 10.6)</td>
</tr>
</tbody>
</table>

60. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

<table>
<thead>
<tr>
<th>Days of PE</th>
<th>Percentage (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>42.6 (38.2 - 47.1)</td>
</tr>
<tr>
<td>1 day</td>
<td>4.8 (3.6 - 6.0)</td>
</tr>
<tr>
<td>2 days</td>
<td>5.1 (3.0 - 7.1)</td>
</tr>
<tr>
<td>3 days</td>
<td>4.7 (3.7 - 5.7)</td>
</tr>
<tr>
<td>4 days</td>
<td>2.6 (1.8 - 3.4)</td>
</tr>
<tr>
<td>5 days</td>
<td>40.2 (35.9 - 44.4)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
Health-Related Topics
The next 3 questions ask about other health-related topics.

61. Have you ever been taught about AIDS or HIV infection in school?  
   A. Yes 51.6 (47.6 - 55.5)  
   B. No 26.9 (24.3 - 29.5)  
   C. Not sure 21.5 (18.9 - 24.1)

62. Has a doctor or nurse ever told you that you have asthma?  
   A. Yes 18.7 (16.8 - 20.6)  
   B. No 72.8 (70.8 - 74.9)  
   C. Not sure 8.5 (7.4 - 9.6)

63. Do you still have asthma?  
   A. I have never had asthma 66.5 (64.1 - 69.0)  
   B. Yes 11.8 (10.2 - 13.4)  
   C. No 11.5 (10.0 - 13.0)  
   D. Not sure 10.2 (8.9 - 11.4)

Resiliency Factors  
How true do you feel the following 10 statements are for you?

64. My friends get into a lot of trouble.  
   A. Not true at all 26.1 (23.7 - 28.5)  
   B. A little true 50.8 (48.5 - 53.1)  
   C. Pretty much true 16.5 (14.9 - 18.1)  
   D. Very much true 6.6 (5.5 - 7.7)

65. I often do things without thinking about what will happen.  
   A. Not true at all 29.4 (26.8 - 32.0)  
   B. A little true 42.6 (40.3 - 44.8)  
   C. Pretty much true 17.3 (15.5 - 19.0)  
   D. Very much true 10.8 (9.4 - 12.2)

66. I have a friend about my own age who really cares about me.  
   A. Not true at all 13.9 (12.3 - 15.4)  
   B. A little true 20.4 (18.7 - 22.1)  
   C. Pretty much true 22.6 (20.3 - 25.0)  
   D. Very much true 43.1 (40.6 - 45.6)

67. Outside of my home and school, there is an adult who really cares about me.  
   A. Not true at all 13.4 (11.8 - 15.0)  
   B. A little true 10.9 (9.2 - 12.5)  
   C. Pretty much true 12.4 (10.9 - 13.9)  
   D. Very much true 63.3 (61.0 - 65.6)

Note: Percentages do not equal to 100% due to rounding/missing values.
68. At my school there is a teacher or some other adult who really cares about me.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>26.0</td>
<td>(23.5 - 28.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>26.2</td>
<td>(24.2 - 28.2)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.6</td>
<td>(21.3 - 25.8)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>24.2</td>
<td>(22.2 - 26.3)</td>
</tr>
</tbody>
</table>

69. In my home, there is a parent or some other adult who listens to me when I have something to say.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>10.3</td>
<td>(8.9 - 11.8)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>15.5</td>
<td>(13.8 - 17.2)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.4</td>
<td>(21.5 - 25.3)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>50.7</td>
<td>(48.3 - 53.1)</td>
</tr>
</tbody>
</table>

70. In my home, there is a parent or some other adult who talks with me about my problems.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>18.3</td>
<td>(16.6 - 20.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>21.0</td>
<td>(19.0 - 23.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>20.9</td>
<td>(19.1 - 22.7)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>39.8</td>
<td>(37.7 - 41.9)</td>
</tr>
</tbody>
</table>

71. In my school, there are clear rules about what students can and cannot do.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>5.6</td>
<td>(4.5 - 6.6)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>9.7</td>
<td>(8.1 - 11.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.7</td>
<td>(21.6 - 25.8)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>61.0</td>
<td>(58.6 - 63.5)</td>
</tr>
</tbody>
</table>

72. When I am not at home, one of my parents/guardians knows where I am and who I am with.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>7.1</td>
<td>(6.0 - 8.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>13.3</td>
<td>(11.8 - 14.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.3</td>
<td>(21.4 - 25.1)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>56.3</td>
<td>(54.0 - 58.7)</td>
</tr>
</tbody>
</table>

73. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.  
<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>28.7</td>
<td>(26.7 - 30.6)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>14.2</td>
<td>(12.7 - 15.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>16.1</td>
<td>(14.4 - 17.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>41.0</td>
<td>(38.5 - 43.5)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
Your Family’s Food

This last question asks about the amount of food eaten by your family.

74. During the past 12 months, which of the following statements best describes the food eaten by you and your family?

<table>
<thead>
<tr>
<th>Statement</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Enough food to eat</td>
<td>87.6</td>
<td>(85.7 - 89.6)</td>
</tr>
<tr>
<td>B. Sometimes not enough food to eat</td>
<td>9.3</td>
<td>(7.6 - 10.9)</td>
</tr>
<tr>
<td>C. Often not enough food to eat</td>
<td>3.1</td>
<td>(2.4 - 3.8)</td>
</tr>
</tbody>
</table>

Note: Percentages do not equal to 100% due to rounding/missing values.
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www.YouthRisk.org  
http://nmhealth.org/ERD/HealthData/yrrs.shtml