

AMERICAN INDIAN HIGH SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2013

The Healthy Kids Colorado Survey (HKCS) is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on Southwest Colorado (Region 9) only.

participants from
Southwest Colorado
(Region 9)

BY GENDER

Male:

Female:

BY GRADE

Gender not reported:

9th:

10th:

11th:

12th:

Other:

STRENGTHS

AREAS OF
CONCERN



HEALTHY KIDS COLORADO SURVEY 2013

PERSONAL SAFETY

AI/AN

NON-AI/AN

Carried a weapon (gun, knife, club)**
 Been in a physical fight***
 Bullied on school property***
 Electronically bullied***
 Missed school due to safety issues**
 Experienced dating violence***
 Feel safe at school

WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

AI/AN

NON-AI/AN

Overweight / Obese
 Met recommended physical activity guidelines
 Watched TV for 2 hours or more on school days
 Non-school computer use for 2 hours or more on school days
 Played on a sports team***

SEXUAL BEHAVIOR

AI/AN

NON-AI/AN

Have not had sexual intercourse
 Used condom last time had sex
 Taught about HIV/AIDS in school
 Used alcohol or drugs last time had sex

ALCOHOL USE

AI/AN

NON-AI/AN

Alcohol use**
 Binge drinking (5 or more drinks in a few hours)**
 Rode in car driven by someone who had been drinking alcohol**
 Drove a vehicle after drinking alcohol**

SCHOOL ENVIRONMENT & EXPERIENCES

AI/AN

NON-AI/AN

Many chances to talk to teacher one-on-one
 Very important to attend college
 Involved in extracurricular activities at school
 Many chances for students to get involved in sports, clubs, etc.
 Many chances to be part of class discussion and activities

*Ever **Past 30 days ***Past 12 months



HKCS 2013 - HIGH SCHOOL

MENTAL HEALTH CONCERNS

AI/AN

NON-AI/AN

Persistent sadness and hopelessness for at least 2 weeks***

Overall

Boys only

Girls only

Seriously considered suicide***

Overall

Boys only

Girls only

Made a suicide plan***

Overall

Boys only

Girls only

Attempted suicide***

Overall

Boys only

Girls only

DRUG USE

AI/AN

NON-AI/AN

Marijuana use**

Used marijuana on school property**

Rode in car with someone who had used marijuana**

Drove car when using marijuana**

Believe it is very easy to get marijuana

Believe it is very wrong for students to use marijuana

Cocaine use*

Inhalant use*

Prescription drug use without a doctor's prescription*

Heroin use*

Methamphetamine use*

Ecstasy use*

Offered an illegal drug on school property***

Talked to parents about the dangers of substance abuse***

*Ever **Past 30 days ***Past 12 months



HEALTHY KIDS COLORADO SURVEY 2013

TOBACCO USE

AI/AN

NON-AI/AN

Cigarette Use**

Overall
Boys only
Girls only

Used chewing tobacco, snuff or dip**

Think people who smoke cigarettes risk harming themselves

Parents feel it is wrong for student to smoke cigarettes

AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Smoked cigarettes every day

Very easy to get cigarettes

*Ever **Past 30 days ***Past 12 months

KEY
FINDINGS



Albuquerque Area Southwest Tribal Epidemiology Center

The HKCS is supported by the Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), and Colorado Department of Human Services (CDHS). The University of Colorado Denver - Anschutz Medical Campus implemented the survey in 2013.

For more information on the HKCS and to access other HKCS reports and fact sheets visit www.healthykidscolo.org or www.aastec.net