

AMERICAN INDIAN MIDDLE SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2013

The Healthy Kids Colorado Survey (HKCS) is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on Southwest Colorado (Region 9) only.

participants from
Southwest Colorado
(Region 9)

BY GENDER

Male:

Female:

BY GRADE

Gender not reported:

6th:

7th:

8th:

Other:

STRENGTHS

AREAS OF
CONCERN



HEALTHY KIDS COLORADO SURVEY 2013

TOBACCO USE

AI/AN

NON-AI/AN

Cigarette use**

Overall

Boys only

Girls only

Used chewing tobacco, snuff or dip**

Smoked cigars or cigarillos**

Would be very easy to get cigarettes

Parents feel it is very wrong for student to smoke cigarettes

Current use of any tobacco product**

AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Smoked cigarettes every day**

Average number of cigarettes per day**

Smoked a pack or more per day**

WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

AI/AN

NON-AI/AN

Overweight / Obese

Met recommended physical activity guidelines

Watched TV for 2 hours or more on school days

Non-school computer use for 2 hours or more on school days

Average number of days with physical education per week

Drinks non-diet soda at least daily

Ate breakfast every day past week

ALCOHOL USE

AI/AN

NON-AI/AN

Alcohol use**

Overall

Boys only

Girls only

Binge drinking (5 or more drinks in a few hours)**

Think youth drinking is very wrong

Rode in car driven by someone who had been drinking alcohol*

Would be very easy to get alcohol

*Ever **Past 30 days ***Past 12 months



HKCS 2013 - MIDDLE SCHOOL

SCHOOL EXPERIENCES

AI/AN

NON-AI/AN

Participates in extracurricular activities at school
 Thinks it is very important to attend college
 Obtains mostly A's and B's

MENTAL HEALTH CONCERNS

AI/AN

NON-AI/AN

Seriously considered suicide*

Overall
 Boys only
 Girls only

Made a suicide plan*

Overall
 Boys only
 Girls only

Attempted suicide*

Overall
 Boys only
 Girls only

DRUG USE

AI/AN

NON-AI/AN

Marijuana use**

Overall
 Boys only
 Girls only

Very easy to get marijuana
 Very wrong for students to use marijuana

Inhalant use*

Prescription drug use without a doctor's prescription*

Talked with parents about dangers of alcohol, tobacco and drug use

PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NON-AI/AN

Carried a weapon (gun, knife, club)*
 Been in a physical fight*
 Bullied on school property*
 Electronically bullied*

*Ever **Past 30 days ***Past 12 months



HEALTHY KIDS COLORADO SURVEY 2013

KEY FINDINGS



Albuquerque Area Southwest Tribal Epidemiology Center

The HKCS is supported by the Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), and Colorado Department of Human Services (CDHS). The University of Colorado Denver - Anschutz Medical Campus implemented the survey in 2013.

For more information on the HKCS and to access other HKCS reports and fact sheets visit www.healthykidscolo.org or www.aastec.net