

YRRS 2013 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students participated in the 2013 YRRS

BY GENDER

Male:

Female:

BY GRADE

Gender not reported:

9th:

10th:

11th:

12th:

Other:

STRENGTHS

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AREAS OF CONCERN

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THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NM STATEWIDE

Carried a weapon (gun, knife, club) on school property**

Bullied on school property*

Electronically bullied*

Missed school due to safety issues**

Experienced dating violence*

Texted or e-mailed while driving a vehicle**

WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

AI/AN

NM STATEWIDE

Overweight or Obese

Met recommended physical activity guidelines

Watched TV for 2 hours or more on school days

Non-school computer use for 2 hours or more on school days

Average number of school days with physical education per week

SEXUAL BEHAVIOR

AI/AN

NM STATEWIDE

Have not had sexual intercourse

Used condom last time had sex

Used alcohol or drugs last time had sex

Taught about HIV/AIDS in school

ALCOHOL USE

AI/AN

NM STATEWIDE

Alcohol use**

Binge drinking (5 or more drinks in a few hours)**

Rode in car driven by someone who had been drinking alcohol**

Drove a vehicle after drinking alcohol**

RESILIENCY

AI/AN

NM STATEWIDE

A teacher or adult at school listens to student

A teacher or adult at school believes student will be a success

A parent or other adult at home is interested in student's school work

Student plans to go to college or some other school after high school

Has a friend who really cares about student

There are clear rules at school about what a student can and cannot do

Friends do not get into a lot of trouble

Involved in extracurricular activities outside of school

YRRS 2013 SUMMARY

MENTAL HEALTH CONCERNS

AI/AN

NM STATEWIDE

Persistent sadness and hopelessness for at least 2 weeks*

Overall
Boys only
Girls only

Seriously considered suicide*

Overall
Boys only
Girls only

Made a suicide plan*

Overall
Boys only
Girls only

Attempted suicide*

Overall
Boys only
Girls only

Purposely cut or burned self without suicidal intent*

Overall
Boys only
Girls only

DRUG USE

AI/AN

NM STATEWIDE

Marijuana use**

Synthetic marijuana use (e.g. Spice, K2)**

Cocaine use**

Inhalant use**

Ever used a prescription drug without a doctor's prescription

Used a pain killer to get high**

Heroin use**

Methamphetamine use**

Ecstasy use**

Ever injected an illegal drug

Offered an illegal drug on school property*

Know an adult who used marijuana, cocaine or other drugs*

* Past 12 months **Past 30 Days



THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE

AI/AN

NM STATEWIDE

Cigarette Use**

Used chewing tobacco, snuff or dip**

Smoked cigars or cigarillos**

Smoked tobacco in a hookah**

Used any tobacco product**

Exposed to second-hand smoke past week

AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Average number of cigarettes smoked per day**

Smoked cigarettes every day**

Smoked cigarettes on school property**

Tried to quit smoking*

* Past 12 months **Past 30 Days

KEY
FINDINGS



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net