

# YRRS 2013 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students participated in the 2013 YRRS

## BY GENDER

Male:

Female:

Gender not reported:

## BY GRADE

6th:

7th:

8th:

Other:

## STRENGTHS

## AREAS OF CONCERN



# THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

## PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NM STATEWIDE

Carried a weapon (gun, knife, club)\*

Been in a physical fight\*

Bullied on school property\*

Electronically bullied\*

## WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

AI/AN

NM STATEWIDE

Overweight (self-report)

Met recommended physical activity guidelines

Watched TV for 2 hours or more on school days

Non-school computer use for 2 hours or more on school days

Average number of school days with physical education per week

Ate breakfast every day past week

## SEXUAL BEHAVIOR

AI/AN

NM STATEWIDE

Have not had sexual intercourse

Used condom last time had sex

Taught about HIV/AIDS in school

## ALCOHOL USE

AI/AN

NM STATEWIDE

Alcohol use\*\*

Binge drinking (5 or more drinks in a few hours)\*\*

Think youth drinking is very wrong

Rode in car driven by someone who had been drinking alcohol\*

Would be very easy to get alcohol

## RESILIENCY

AI/AN

NM STATEWIDE

Always have enough food to eat

A parent or other adult at home is interested in student's school work

Has a friend who really cares about student

There are clear rules at school about what a student can and cannot do

Friends do not get into a lot of trouble

Participates in extracurricular activities outside of school

\* Ever \*\* Past 30 Days

# YRRS 2013 SUMMARY

## MENTAL HEALTH CONCERNS

AI/AN

NM STATEWIDE

Seriously considered suicide\*

Overall  
Boys only  
Girls only

Made a suicide plan\*

Overall  
Boys only  
Girls only

Attempted suicide\*

Overall  
Boys only  
Girls only

## DRUG USE

AI/AN

NM STATEWIDE

Marijuana use\*\*

Synthetic marijuana use (e.g. Spice, K2)\*

Cocaine use\*

Inhalant use\*

Prescription drug use without a doctor's prescription\*

Used a pain killer to get high\*

Injected an illegal drug\*

\* Ever \*\* Past 30 Days

### KEY FINDINGS

# THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

## TOBACCO USE

AI/AN

NM STATEWIDE

Cigarette Use\*\*

Used chewing tobacco, snuff or dip\*\*

Smoked cigars or cigarillos\*\*

Use any tobacco product\*\*

Would smoke a cigarette if offered by a friend

Exposed to second-hand smoke past week

### AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Smoked cigarettes every day\*\*

Smoked cigarettes on school property\*\*

Tried to quit smoking in the past year

\* Ever \*\* Past 30 Days



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit [www.youthrisk.org](http://www.youthrisk.org) or [www.aastec.net](http://www.aastec.net)