YRRS 2015 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students
participated in the
2015 YRRS

BY GENDER	Male:	Female:	BY GRAI	DE	
	Gender not reporte	ed:	9th:	10th:	llth:
			12th:	Other:	
		STRENGT	'HS		
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THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

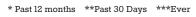
PERSONAL SAFETY AND SCHOOL ENVIRONMENT	AI/AN	NM STATEWIDE
Always wear seat belt		
Bullied on school property*		
Electronically bullied*		
Missed school due to safety issues**		
Experienced dating violence*		
Texted or e-mailed while driving a vehicle**		
WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	AI/AN	NM STATEWIDE
Overweight or Obese		
Met recommended physical activity guidelines		
Watched TV for 2 hours or more on school days		
Non-school computer use for 2 hours or more on school days		
Average number of school days with physical education per week		
Average hours of sleep on school night		
Seen a dentist in past 12 months		
SEXUAL BEHAVIOR	AI/AN	NM STATEWIDE
Have <u>not</u> had sexual intercourse		
Used condom last time had sex		
Used alcohol or drugs last time had sex		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Rode in car driven by someone who had been drinking alcohol**		
Drove a vehicle after drinking alcohol**		
Drank alcohol on school property**		
RESILIENCY	AI/AN	NM STATEWIDE
A teacher or adult at school listens to student		
A teacher or adult at school believes student will be a success		
A parent or other adult at home is interested in student's school work		
Student plans to go to college or some other school after high school		
Has a friend who really cares about student		
There are clear rules at school about what a student can and cannot do		
Involved in extracurricular activities outside of school		





YRRS 2015 SUMMARY

MENTAL HEALTH CONCERNS		AI/AN	NM STATEWIDE
Persistent sadness and hopelessness for at least 2 weeks*	k		
	Overall		
	Boys only		
	Girls only		
eriously considered suicide*			
	Overall		
	Boys only		
	Girls only		
Made a suicide plan*			
•	Overall		
	Boys only		
	Girls only		
ittempted suicide*			
mempica balciae	Overall		
	Boys only		
	Girls only		
Curposely cut or burned self without suicidal intent*	,		
arposery out of Barnea sen without saleraa intent	Overall		
	Boys only		
	Girls only		
	,		
DRUG USE		AI/AN	NM STATEWIDI
Marijuana use**		-	
Synthetic marijuana use (e.g. Spice, K2)**			
Cocaine use**			
nhalant use**			
rescription drug without a doctor's prescription***			
Ised a pain killer to get high**			
Jeroin use**			
Methamphetamine use**			
- Ecstasy use**			
Ever injected an illegal drug			
Jsed 2 or more illegal drugs**			







THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE	AI/AN	NM STATEWIDE
Cigarette Use**		
Used chewing tobacco, snuff or dip**		
Smoked cigars or cigarillos**		
Smoked tobacco in a hookah**		
Used any tobacco product**		
Used 2 or more tobacco products**		
Electronic vapor product use**		
Exposed to second-hand smoke past week		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Average number of cigarettes smoked per day**		
Smoked cigarettes every day**		
Used flavored tobacco products		
Tried to quit smoking*		
Also used electronic vapor product**		
Alcohol use**		
* Past 12 months **Past 30 Days		

1 in 4

Girls seriously considered suicide

KEY FINDINGS

22%

Currently use electronic vapor products like ecigarettes 25%

Were offered an illegal drug on school property



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net