

INFORMATION IS  
CONFIDENTIAL



TRIBAL  
PRAMS

• NEW MEXICO •

Pregnancy Risk Assessment Monitoring System

# Purpose

To improve the availability, quality, and utility of health data related to the health status, experiences, attitudes, and behaviors of Native American perinatal woman in New Mexico to facilitate tribal prioritization of strengths, needs, and leverage points for intervention.



# Key Partners

- Tribes, Bands, Pueblos and Nations in New Mexico
- AASTEC
- Navajo Nation Tribal Epidemiology Center
- New Mexico Department of Health
- Kellogg Foundation



# Key Topics

- Demographics
- Prenatal care – access, quality, timing
- Preconception care – family planning, multivitamin use
- Health status
- Stress & Intimate Partner Violence
- Commercial tobacco, alcohol, and drug use
- Health care access/insurance/barriers to care
- Provider education & intervention
- Postnatal care & service utilization
- Breastfeeding
- Infant safety



# Participant Selection

- Native American moms in New Mexico
  - Birth certificate
  - Gave birth in the past 2-6 months
  - Not randomly selected into NM PRAMS
- Invite 50% of remaining Navajo moms
- Invite 100% of remaining Pueblo & Apache moms
- Participation is voluntary



# Multimodal Survey Administration

- Mail
- Online
- Telephone
- Survey packet delivery by WIC/CHR
- Incentive = \$20 gift card



# Tribal PRAMS Flow Chart





Hello,

Just a friendly reminder to please complete and return your Tribal PRAMS survey. Your participation will help us understand the health status and specific needs of Native American mothers and babies in New Mexico.

If you did not receive the Tribal PRAMS survey in the mail, or would like to take the survey by phone, please call 1-800-658-6717.

Once we receive the completed survey from you, we will mail you a \$20 gift card to honor your time and participation.

If you would like to complete the survey online visit <http://tprams.org>

Thank you!

The Albuquerque Area Southwest Tribal  
Epidemiology Center



# Tribal Maternal Child Health Data into Action Symposium

- Years 1 & 3
- Create networking opportunities among Tribal leadership, tribal programs (WIC, CHR, head start, social services), IHS/Tribal health administrators and providers, AASTEC, Navajo TEC, NMDOH, and other relevant external partners
- Disseminate Tribal PRAMS data products
- Provide training and technical assistance
- Strategic action planning

