

LOVE

I wear this face mask every time I leave my home
TO PROTECT MY LOVED ONES



CLOTH FACE COVERINGS DO'S AND DON'TS

- *Make sure you can breathe through it*
- *Wear it whenever going out in public*
- *Make sure it covers your nose and mouth*
- *Wash after using*
- *Do not use on children under two years old*
- *Do not use surgical masks or other PPE intended for healthcare workers*



ALBUQUERQUE AREA SOUTHWEST
TRIBAL EPIDEMIOLOGY CENTER
WWW.AASTEC.NET

WHERE SHOULD I GO FOR THE MOST UP-TO-DATE INFORMATION?



www.cdc.gov/coronavirus



1-855-600-3453
Coronavirus Hotline



www.coronavirus.gov



www.ihs.gov