

AMERICAN INDIAN HIGH SCHOOL STUDENTS

YRRS 2019 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students
participated in the
2019 YRRS

BY GENDER

Male:

Female:

BY GRADE

Gender not reported:

9th:

10th:

11th:

12th:

Other:

STRENGTHS

AREAS OF CONCERN



THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NM STATEWIDE

Always wears a seatbelt
 Bullied on school property*
 Electronically bullied*
 Missed school due to safety issues**
 Experienced dating violence*
 Texted or e-mailed while driving a vehicle**
 Rode in car driven by someone who had been drinking alcohol**
 Drove a vehicle after drinking alcohol**
 Drove a vehicle after using marijuana**

OTHER HEALTH-RELATED BEHAVIOR

AI/AN

NM STATEWIDE

Overweight or Obese
 Met recommended physical activity guidelines
 Watched TV for 2 hours or more on school days
 Non-school computer use for 2 hours or more on school days
 Average number of school days with physical education per week
 Average hours of sleep on school night
 Seen a dentist in past 12 months
 Gambled in past 12 months
 Have not had sexual intercourse***
 Used condom last time had sex
 Used alcohol or drugs last time had sex

ALCOHOL USE

AI/AN

NM STATEWIDE

Alcohol Use**
 Binge drinking (5 or more drinks for boys)**
 Binge drinking (4 or more drinks for girls)**

RESILIENCY

AI/AN

NM STATEWIDE

A teacher or adult at school listens to student
 A teacher or adult at school believes student will be a success
 A parent or other adult at home is interested in student's school work
 Student plans to go to college or some other school after high school
 Has a friend who really cares about student
 There are clear rules at school about what a student can and cannot do
 Involved in extracurricular activities outside of school

* = Past 12 months ** = Past 30 Days *** = Ever

YRRS 2019 SUMMARY

MENTAL HEALTH CONCERNS

AI/AN

NM STATEWIDE

Persistent sadness and hopelessness for at least 2 weeks*

Overall
Boys only
Girls only

Seriously considered suicide*

Overall
Boys only
Girls only

Made a suicide plan*

Overall
Boys only
Girls only

Attempted suicide*

Overall
Boys only
Girls only

Purposely cut or burned self without suicidal intent*

Overall
Boys only
Girls only

DRUG USE

AI/AN

NM STATEWIDE

Marijuana use**

Synthetic marijuana use (e.g. Spice, K2)**

Cocaine use**

Inhalant use**

Ever used prescription pain medication improperly***

Used prescription pain medication improperly in the past 30 days**

Heroin use**

Methamphetamine use**

Ecstasy use***

Injected an illegal drug***

Used 2 or more illegal drugs**

Offered an illegal drug on school property*

* = Past 12 months ** = Past 30 Days *** = Ever

THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE

AI/AN

NM STATEWIDE

Cigarette Use**

Used chewing tobacco, snuff or dip**

Smoked cigars or cigarillos**

Smoked tobacco in a hookah**

Used any tobacco product**

Used 2 or more tobacco products**

Electronic vapor product use**

Exposed to second-hand smoke past week

AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Average number of cigarettes smoked per day**

Smoked cigarettes every day**

Also used electronic vapor product**

Alcohol use**

Marijuana use**

* = Past 12 months ** = Past 30 Days *** = Ever

KEY FINDINGS

83% of AI/AN students who currently smoke cigarettes also use marijuana

18% of AI/AN girls attempted suicide during the past year

10% of AI/AN students slept away from home in the past month because they were kicked out, ran away, or abandoned



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net