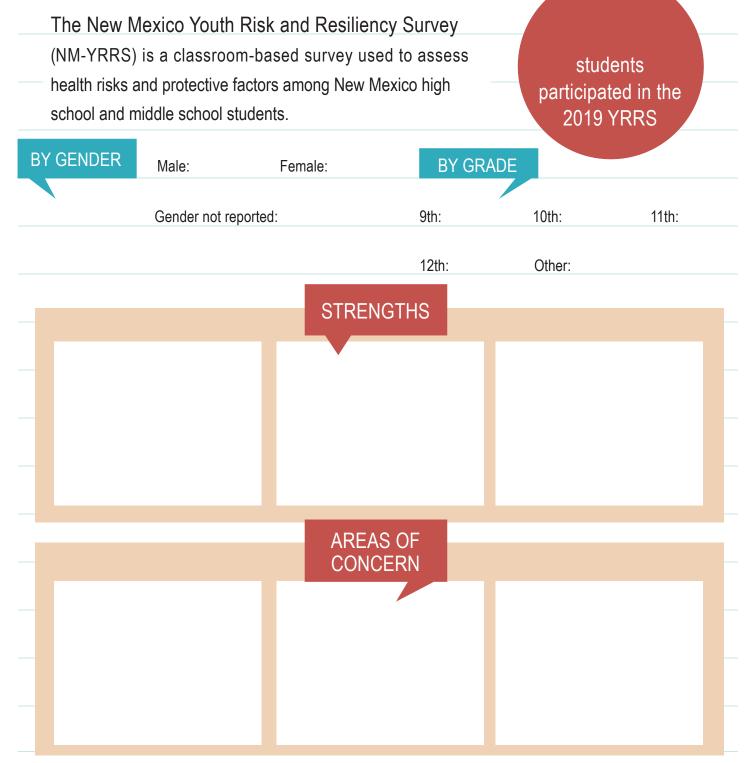
AMERICAN INDIAN HIGH SCHOOL STUDENTS





THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT	AI/AN	NM STATEWIDE
Always wears a seatbelt Bullied on school property* Electronically bullied* Missed school due to safety issues** Experienced dating violence* Texted or e-mailed while driving a vehicle** Rode in car driven by someone who had been drinking alcohol** Drove a vehicle after drinking alcohol** Drove a vehicle after using marijuana**		
OTHER HEALTH-RELATED BEHAVIOR	AI/AN	NM STATEWIDE
Overweight or Obese Met recommended physical activity guidelines Watched TV for 2 hours or more on school days Non-school computer use for 2 hours or more on school days Average number of school days with physical education per week Average hours of sleep on school night Seen a dentist in past 12 months Gambled in past 12 months Have <u>not</u> had sexual intercourse*** Used condom last time had sex Used alcohol or drugs last time had sex		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol Use** Binge drinking (5 or more drinks for boys)** Binge drinking (4 or more drinks for girls)**		
RESILIENCY	AI/AN	NM STATEWIDE
A teacher or adult at school listens to student A teacher or adult at school believes student will be a success A parent or other adult at home is interested in student's school work Student plans to go to college or some other school after high school Has a friend who really cares about student There are clear rules at school about what a student can and cannot do Involved in extracurricular activities outside of school		

* = Past 12 months **= Past 30 Days ***= Ever



П



YRRS 2019 SUMMARY

MENTAL HEALTH CONCERNS		AI/AN	NM STATEWIDE
Persistent sadness and hopelessness for at least 2 weeks*			
	Overall		
	Boys only		
	Girls only		
Seriously considered suicide*			
	Overall		
	Boys only		
	Girls only		
Made a suicide plan*			
	Overall		
	Boys only		
	Girls only		
Attempted suicide*			
	Overall		
	Boys only		
	Girls only		
Purposely cut or burned self without suicidal intent*	-		
	Overall		
	Boys only		
	Girls only		
DRUG USE		AI/AN	NM STATEWIDE
DRUGUSE		Al/AN	NW STATEWIDE
Marijuana use**			
Synthetic marijuana use (e.g. Spice, K2)**			
Cocaine use**			
Inhalant use**			
Ever used prescription pain medication improperly***			
Used prescription pain medication improperly in the past 30 days	S**		
Heroin use**			
Methamphetamine use**			
Ecstasy use***			
Injected an illegal drug***			
Used 2 or more illegal drugs**			
Offered an illegal drug on school property*			

* = Past 12 months **= Past 30 Days ***= Ever





THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE	AI/AN	NM STATEWIDE
Cigarette Use**		
Used chewing tobacco, snuff or dip**		
Smoked cigars or cigarillos**		
Smoked tobacco in a hookah**		
Used any tobacco product**		
Used 2 or more tobacco products**		
Electronic vapor product use**		
Exposed to second-hand smoke past week		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Average number of cigarettes smoked per day**		
Smoked cigarettes every day**		
Also used electronic vapor product**		
Alcohol use**		
Marijuana use**		

-

KEY FINDINGS

83% of AI/AN students who currently smoke cigarettes also use marijuana

18% of AI/AN girls attempted suicide during the past year 10% of AI/AN students slept away from home in the past month because they were kicked out, ran away, or abandoned



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net