

# AMERICAN INDIAN MIDDLE SCHOOL STUDENTS

# YRRS 2019 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students participated in the 2019 YRRS

## BY GENDER

Male:

Female:

Gender not reported:

## BY GRADE

6th:

7th:

8th:

Other:

## STRENGTHS

## AREAS OF CONCERN



# THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

## PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NM STATEWIDE

- Carried a weapon (gun, knife, club)\*
- Been in a physical fight\*
- Bullied on school property\*
- Electronically bullied\*
- Always wears seatbelt
- Rode in a car driven by someone who had been drinking alcohol\*

## OTHER HEALTH-RELATED BEHAVIORS

AI/AN

NM STATEWIDE

- Overweight (self-report)
- Met recommended physical activity guidelines
- Watched TV for 2 hours or more on school days
- Non-school computer use for 2 hours or more on school days
- Average number of school days with physical education per week
- Ate breakfast every day past week
- Average hours of sleep on school night
- Seen a dentist in past 12 months
- Gambled in past 12 months
- Have not had sexual intercourse\*
- Used condom last time had sex

## ALCOHOL USE

AI/AN

NM STATEWIDE

- Alcohol Use\*\*
- Binge drinking (5 or more drinks in a few hours)\*\*
- Think youth drinking is very wrong
- Would be very easy to get alcohol

## RESILIENCY

AI/AN

NM STATEWIDE

- A parent or other adult at home is interested in student's school work
- Has a friend who really cares about student
- There are clear rules at school about what a student can and cannot do
- Participates in extracurricular activities outside of school
- A teacher or adult at school listens to student

\* Ever \*\* Past 30 Days

# YRRS 2019 SUMMARY

## MENTAL HEALTH CONCERNS

AI/AN

NM STATEWIDE

### Seriously considered suicide\*

Overall  
Boys only  
Girls only

### Made a suicide plan\*

Overall  
Boys only  
Girls only

### Attempted suicide\*

Overall  
Boys only  
Girls only

## DRUG USE

AI/AN

NM STATEWIDE

Marijuana use\*\*

Synthetic marijuana use (e.g. Spice, K2)\*

Cocaine use\*

Inhalant use\*

Ever used prescription pain medication improperly\*

Used prescription pain medication improperly in the past 30 days\*\*

Injected an illegal drug\*

Used 2 or more illegal drugs\*

\* Ever \*\* Past 30 Days

### KEY FINDINGS

15% of AI/AN students currently use an electronic vapor product

12% of AI/AN students have ever used a prescription pain medication improperly

1 in 4 AI/AN students have ridden in a car driven by someone drinking alcohol

# THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

## TOBACCO USE

AI/AN

NM STATEWIDE

Cigarette Use\*\*

Used chewing tobacco, snuff or dip\*\*

Smoked cigars or cigarillos\*\*

Smoked tobacco in a hookah\*\*

Used any tobacco product\*\*

Would smoke a cigarette if offered by a friend

Electronic vapor product use\*\*

Exposed to second-hand smoke past week

Used 2 or more tobacco products\*\*

### AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Smoked cigarettes every day\*\*

Also used electronic vapor product\*\*

Marijuana use\*\*

Alcohol use\*\*

\* Ever \*\* Past 30 Days



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit [www.youthrisk.org](http://www.youthrisk.org) or [www.aastec.net](http://www.aastec.net)