# AMERICAN INDIAN HIGH SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2013

### The Healthy Kids Colorado Survey (HKCS)

is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on <u>Southwest Colorado (Region 9) only.</u>

participants from Southwest Colorado (Region 9)

BY GENDER	Male:	Female:	BY GRA	\DE	
	Gender not rep	orted:	9th:	10th:	llth:
			12th:	Other:	
		STRE	ENGTHS		
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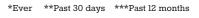
#### **HEALTHY KIDS COLORADO SURVEY 2013**

PERSONAL SAFETY	AI/AN	NON-AI/AN
Carried a weapon (gun, knife, club)**		
Been in a physical fight***		
Bullied on school property***		
Electronically bullied***		
Missed school due to safety issues**		
Experienced dating violence***		
Feel safe at school		
WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	AI/AN	NON-AI/AN
Overweight / Obese		
Met recommended physical activity guidelines		
Watched TV for 2 hours or more on school days		
Non-school computer use for 2 hours or more on school days		
Played on a sports team***		
SEXUAL BEHAVIOR	AI/AN	NON-AI/AN
Have <u>not</u> had sexual intercourse		
Used condom last time had sex		
Taught about HIV/AIDS in school		
Used alcohol or drugs last time had sex		
ALCOHOL USE	AI/AN	NON-AI/AN
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Rode in car driven by someone who had been drinking alcohol**		
Drove a vehicle after drinking alcohol**		
SCHOOL ENVIRONMENT & EXPERIENCES	AI/AN	NON-AI/AN
Many chances to talk to teacher one-on-one		
Very important to attend college		
Involved in extracurricular activities at school		
Many chances for students to get involved in sports, clubs, etc.		
Many chances to be part of class discussion and activities		



## HKCS 2013 - HIGH SCHOOL

MENTAL HEALTH CONCERNS		AI/AN	NON-AI/AN
Persistent sadness and hopelessness for at least 2 weeks	***		
	Overall		
	Boys only		
	Girls only		
Seriously considered suicide***			
	Overall		
	Boys only		
	Girls only		
Made a suicide plan***			
	Overall		
	Boys only		
	Girls only		
Attempted suicide***			
<b>-</b>	Overall		
	Boys only		
	Girls only		
DRUG USE		AI/AN	NON-AI/AN
Marijuana use**			
Jsed marijuana on school property**			
Rode in car with someone who had used marijuana**			
Drove car when using marijuana**			
Believe it is very easy to get marijuana			
Believe it is very wrong for students to use marijuana			
Cocaine use*			
nhalant use*			
Prescription drug use without a doctor's prescription*			
Prescription drug use without a doctor's prescription* Heroin use*			
Inhalant use* Prescription drug use without a doctor's prescription* Heroin use* Methamphetamine use* Ecstasy use*			
Prescription drug use without a doctor's prescription* Heroin use* Methamphetamine use*			





#### **HEALTHY KIDS COLORADO SURVEY 2013**

TOBACCO USE	AI/AN	NON-AI/AN
Cigarette Use**		
Overall		
Boys only		
Girls only		
Used chewing tobacco, snuff or dip**		
Think people who smoke cigarettes risk harming themselves		
Parents feel it is wrong for student to smoke cigarettes		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Smoked cigarettes every day		
Ever **Past 30 days ***Past 12 months		
KEY		
KEY FINDINGS		



Albuquerque Area Southwest Tribal Epidemiology Center

The HKCS is supported by the Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), and Colorado Department of Human Services (CDHS). The University of Colorado Denver - Anschutz Medical Campus implemented the survey in 2013.

For more information on the HKCS and to access other HKCS reports and fact sheets visit www.healthykidscolo.org or www.aastec.net