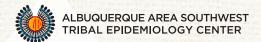
# AMERICAN INDIAN MIDDLE SCHOOL STUDENTS NM YRRS 2021 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM YRRS) is used to assess health risks and protective factors among New Mexico high school and middle school students.

**students**participated in the
2021 NM YRRS

Beginning in early 2020, the United States, along with the rest of the world, experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, schools and businesses were closed and people were required to stay at home. The COVID-19 pandemic has had a broad range of impacts on youth's daily lives which may be reflected throughout this report, not limited only to the data points that are specific to COVID-19.

BY SEX	Male	Female	Sex not reported
	6th	7th	8th
BY GRADE	Ungraded o	r other grade:	
	Wall and the second	STRENGTHS	
		AREAS OF CONCER	RN



## NM YRRS 2021 SUMMARY

PERSONAL SAFETY	AI/AN	NM STATEWIDE
Carried a weapon (gun, knife, club)*		
Been in a physical fight*		
Bullied on school property*		
Electronically bullied*		
Always wears seatbelt		
Rode in a car driven by someone who had been drinking alcohol*		
OTHER HEALTH-RELATED BEHAVIORS	AI/AN	NM STATEWIDE
Overweight (self-report)		
Met recommended physical activity guidelines		
Three or more hours of non-school related screen time on school days		
Ate breakfast every day past week		
Average hours of sleep on school night		
Seen a dentist in past 12 months		
Gambled in past 12 months		
Have not had sexual intercourse*		
Used condom last time had sex		
During the past 12 months, had 1 or more concussions from playing a sport or being physically active		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Believe that drinking multiple drinks almost every day could be harmful		
Feel it would be very easy to get alcohol		
RESILIENCY	AI/AN	NM STATEWIDE
A parent or other adult at home is interested in student's school work		
Has a friend who really cares about student		
A teacher or adult at school listens to student		
There are clear rules at school about what a student can and cannot do		
Participates in extracurricular activities outside of school		
* Ever ** Past 30 Days		





### **NM YRRS 2021 SUMMARY**

MENTAL HEALTH CONCERNS	AI/AN	NM STATEWIDE
SERIOUSLY CONSIDERED SUICIDE*		
Overall		
Boys only		
Girls only		
MADE A SUICIDE PLAN*		
Overall		
Boys only		
Girls only		
ATTEMPTED SUICIDE*		
Overall		
Boys only		
Girls only		
EXPERIENCED FREQUENT MENTAL HEALTH DISTRESS (INCLUDES STRES	SS, ANXIETY, AND DEPRESSION	<b>V</b> )**
Overall		
Boys only		
Girls only		

DRUG USE AI/AN NM STATEWIDE

Marijuana use\*\*

Used marijuana for the first time before age 11

Synthetic marijuana use (e.g. Spice, K2)\*

Cocaine use\*

Inhalant use\*

Used prescription pain medication improperly, ever\*

Used prescription pain medication improperly, past 30 days\*\*

Injected an illegal drug\*

Used 2 or more illegal drugs\*

\* Ever \*\* Past 30 Days





#### NM YRRS 2021 SUMMARY

**TOBACCO USE** AI/AN **NM STATEWIDE** Cigarette Use\*\* Used chewing tobacco, snuff or dip\*\* Smoked cigars or cigarillos\*\* Smoked tobacco in a hookah\*\* Used any tobacco product\*\* Feel they would smoke a cigarette if offered by a friend Electronic vapor product use\*\* Exposed to second-hand smoke past week Used 2 or more tobacco products\*\* AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS Smoked first cigarette before age 11 Smoked cigarettes every day Also used electronic vapor product\*\* Marijuana use\*\* Alcohol use\*\*

**KEY FINDINGS** 

## FOR MORE INFORMATION ON THE NM YRRS AND TO ACCESS OTHER NM YRRS REPORTS AND FACT SHEETS VISIT WWW.YOUTHRISK.ORG OR WWW.AASTEC.NET

The New Mexico Youth Risk and Resiliency Survey (NM YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).



\* Ever \*\* Past 30 Days

