AMERICAN INDIAN/ALASKA NATIVE (AI/AN) HIGH SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2021

The Healthy Kids Colorado Survey (HKCS) is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on <u>Southwest Colorado (Region 9) only</u>.

AI/AN participants

from Southwest Colorado (Region 9)

Beginning in early 2020, the United States, along with the rest of the world, experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, schools and businesses were closed and people were required to stay at home. The COVID-19 pandemic has had a broad range of impacts on youth's daily lives which may be reflected throughout this report, not limited only to the data points that are specific to COVID-19.

| BY GENDER IDENTITY | | Female | | t reported |
|-----------------------|-------------|---------------|--------------------|------------|
| BY GRADE | 9th 12th | | .ded, other grade, | |
| | | STRENGTHS | | |
| | | AREAS OF CONC | ERN | |
| | | | | |



HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

| Been in a physical fight*** Bullied on school property*** Electronically bullied*** Missed school due to safety issues** Experienced dating violence, among students who dated*** Feel safe at school Always wears seat belt Always wears seat belt Texted or e-mailed while driving a vehicle** Al/AN WEIGHT, NUTRITION, AND PHYSICAL ACTIVITY Al/AN Met recommended physical activity guidelines Sours or more on school days Played on a sports team*** Average hours of sleep on school night SEXUAL BEHAVIOR Al/AN Have not had sexual intercourse* Used condom last time had sex Has had a sexual photo or video of themselves shared without permission*** Al/AN Alcohol use** Binge drinking** Rode in car driven by someone who had been drinking alcohol** Truve a wehicle after driving alcohol among those who drive** | PERSONAL SAFETY | AI/AN | NON-AI/AN |
|--|--|-------|-----------|
| Electronically bullied*** Missed school due to safety issues** Experienced dating violence, among students who dated*** Feel safe at school Always wears seat belt Texted or e-mailed while driving a vehicle** WEIGHT, NUTRITION, AND PHYSICAL ACTIVITY Al/AN Met recommended physical activity guidelines Non-school 'screen time' (TV, computer, phone, tablet, etc.) for 3 hours or more on school days Played on a sports team*** Average hours of sleep on school night SEXUAL BEHAVIOR Have not had sexual intercourse* Used condom last time had sex Has had a sexual photo or video of themselves shared without permission*** Binge drinking** Rode in car driven by someone who had been drinking alcohol** | Been in a physical fight*** | | |
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| SEXUAL BEHAVIOR AI/AN NON-AI/AN Have not had sexual intercourse* Used condom last time had sex Load Condom last time had sex Has had a sexual photo or video of themselves shared without permission*** AI/AN NON-AI/AN ALCOHOL USE AI/AN NON-AI/AN Alcohol use** Binge drinking** Condom last been drinking alcohol** | Played on a sports team*** | | |
| Have not had sexual intercourse* Jsed condom last time had sex Used condom last time had sex Has had a sexual photo or video of themselves shared without permission*** ALCOHOL USE AI/AN Alcohol use** Binge drinking** Binge drinking** Compone who had been drinking alcohol** | Average hours of sleep on school night | | |
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| Binge drinking** Rode in car driven by someone who had been drinking alcohol** | | 1 | |
| Rode in car driven by someone who had been drinking alcohol** | | | |
| | | | |
| | Drove a vehicle after drinking alcohol, among those who drive** | | |
| | | | |
| HOME, SCHOOL ENVIRONMENT, AND EXPERIENCES AI/AN NON-AI/AN | HOME, SCHOOL ENVIRONMENT, AND EXPERIENCES | AI/AN | NON-AI/AN |
| Student feels they 'belong' at school | Student feels they 'belong' at school | | |
| Think it is important to continue education after high school | Think it is important to continue education after high school | | |
| Involved in extracurricular activities at school | Involved in extracurricular activities at school | | |
| Skipped or "cut" school in past 4 weeks | Skipped or "cu <mark>t" sc</mark> hool in past 4 weeks | | |
| Can ask parent/guardian for help with a personal problem | Can ask parent/guardian for help with a personal problem | | |
| | | | |
| | | | |
| *Ever **Past 30 days ***Past 12 months | | | |





HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

| MENTAL HEALTH CONCERNS | | AI/AN | NON-AI/AN |
|---|---------------------|-------|-----------|
| NOTE: proportions not reported for students who id nonconforming, genderqueer, nonbinary, or questionin | | | |
| PERSISTENT SADNESS AND HOPELESSNESS FOR / | AT LEAST 2 WEEKS*** | | |
| | Overall | | |
| | Boys only | | |
| | Girls only | | |
| SERIOUSLY CONSIDERED SUICIDE*** | | | |
| | Overall | | |
| | Boys only | | |
| | Girls only | | |
| MADE A SUICIDE PLAN*** | | | |
| | Overall | | |
| | Boys only | | |
| | Girls only | | |
| ATTEMPTED SUICIDE*** | | | |
| | Overall | | |
| | Boys only | | |
| | Girls only | | |
| PURPOSEFULLY HURT SELF WITHOUT SUICIDE IN | TENT*** | | |
| | Overall | | |
| | Boys only | | |
| | Girls only | | |
| | | | |
| MARIJUANA USE | | AI/AN | NON-AI/AN |
| Marijuana use** | | | |
| Rode in car with someone who had used marijuana** | | | |
| Drove car when using marijuana, among those who c | drive** | | |
| Feel <mark>it woul</mark> d be very eas <mark>y to g</mark> et marijuana | | | |
| Believe that regular marijuana use can lead to harm | | | |
| AMONG STUDENTS THAT USED MARIJUANA IN T | HE PAST 30 DAYS: | | |
| Usually smoked it | | | |
| Usually ate it (e.g. edible, tincture, etc.) | | | |
| Usually dabbed it | | | |
| | | | |
| | | | |
| *Ever **Past 30 days ***Past 12 months | | | |





HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

| TOBACCO USE | AI/AN | NON-AI/AN |
|---|-------|-----------|
| Cigarette Use** | | |
| Used any tobacco product** | | |
| Used 2 or more tobacco products** | | |
| Electronic vapor product use (excluding marijuana)** | | |
| Exposed to second-hand smoke over the past week | | |
| DRUG USE | AI/AN | NON-AI/AN |
| Cocaine use* | | |
| Inhalant use* | | |
| Prescription drug use without a doctor's prescription* | | |
| Heroin use* | | |
| Methamphetamine use* | | |
| Ecstasy use* | | |
| Has been offered, sold, or given an illegal drug on school property*** | | |
| Used 2 or more illegal drugs* | | |
| COVID-19 | AI/AN | NON-AI/AN |
| | | |
| Experienced poor mental health during the COVID-19 pandemic | | |
| Experienced poor mental health during the COVID-19 pandemic A parent or adult in the home lost their job during the COVID-19 pandemic | | |
| | | |
| A parent or adult in the home lost their job during the COVID-19 pandemic | | |
| A parent or adult in the home lost their job during the COVID-19 pandemic Did not have enough food in the home during the COVID-19 pandemic | | |
| A parent or adult in the home lost their job during the COVID-19 pandemic Did not have enough food in the home during the COVID-19 pandemic Schoolwork was more difficult during the COVID-19 pandemic Was verbally abused by a parent or adult in the home during the COVID-19 | | |
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*Ever **Past 30 days ***Past 12 months

FOR MORE INFORMATION ON THE HKCS AND TO ACCESS OTHER HKCS REPORTS AND FACT SHEETS VISIT WWW.HEALTHYKIDSCOLO.ORG OR WWW.AASTEC.NET

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