

AMERICAN INDIAN MIDDLE SCHOOL STUDENTS NM YRRS 2021 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM YRRS) is used to assess health risks and protective factors among New Mexico high school and middle school students.

students
participated in the
2021 NM YRRS

Beginning in early 2020, the United States, along with the rest of the world, experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, schools and businesses were closed and people were required to stay at home. The COVID-19 pandemic has had a broad range of impacts on youth's daily lives which may be reflected throughout this report, not limited only to the data points that are specific to COVID-19.

BY SEX

Male _____ Female _____ Sex not reported _____

BY GRADE

6th _____ 7th _____ 8th _____

Ungraded or other grade: _____

STRENGTHS

AREAS OF CONCERN



NM YRRS 2021 SUMMARY

PERSONAL SAFETY	AI/AN	NM STATEWIDE
Carried a weapon (gun, knife, club)*		
Been in a physical fight*		
Bullied on school property*		
Electronically bullied*		
Always wears seatbelt		
Rode in a car driven by someone who had been drinking alcohol*		
OTHER HEALTH-RELATED BEHAVIORS	AI/AN	NM STATEWIDE
Overweight (self-report)		
Met recommended physical activity guidelines		
Three or more hours of non-school related screen time on school days		
Ate breakfast every day past week		
Average hours of sleep on school night		
Seen a dentist in past 12 months		
Gambled in past 12 months		
Have not had sexual intercourse*		
Used condom last time had sex		
During the past 12 months, had 1 or more concussions from playing a sport or being physically active		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Believe that drinking multiple drinks almost every day could be harmful		
Feel it would be very easy to get alcohol		
RESILIENCY	AI/AN	NM STATEWIDE
A parent or other adult at home is interested in student's school work		
Has a friend who really cares about student		
A teacher or adult at school listens to student		
There are clear rules at school about what a student can and cannot do		
Participates in extracurricular activities outside of school		

* Ever ** Past 30 Days



NM YRRS 2021 SUMMARY

MENTAL HEALTH CONCERNS	AI/AN	NM STATEWIDE
<p>SERIOUSLY CONSIDERED SUICIDE*</p> <p>Overall</p> <p>Boys only</p> <p>Girls only</p>		
<p>MADE A SUICIDE PLAN*</p> <p>Overall</p> <p>Boys only</p> <p>Girls only</p>		
<p>ATTEMPTED SUICIDE*</p> <p>Overall</p> <p>Boys only</p> <p>Girls only</p>		
<p>EXPERIENCED FREQUENT MENTAL HEALTH DISTRESS (INCLUDES STRESS, ANXIETY, AND DEPRESSION)**</p> <p>Overall</p> <p>Boys only</p> <p>Girls only</p>		
DRUG USE	AI/AN	NM STATEWIDE
<p>Marijuana use**</p> <p>Used marijuana for the first time before age 11</p> <p>Synthetic marijuana use (e.g. Spice, K2)*</p> <p>Cocaine use*</p> <p>Inhalant use*</p> <p>Used prescription pain medication improperly, ever*</p> <p>Used prescription pain medication improperly, past 30 days**</p> <p>Injected an illegal drug*</p> <p>Used 2 or more illegal drugs*</p>		

* Ever ** Past 30 Days



NM YRRS 2021 SUMMARY

TOBACCO USE	AI/AN	NM STATEWIDE
Cigarette Use**		
Used chewing tobacco, snuff or dip**		
Smoked cigars or cigarillos**		
Smoked tobacco in a hookah**		
Used any tobacco product**		
Feel they would smoke a cigarette if offered by a friend		
Electronic vapor product use**		
Exposed to second-hand smoke past week		
Used 2 or more tobacco products**		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Smoked first cigarette before age 11		
Smoked cigarettes every day		
Also used electronic vapor product**		
Marijuana use**		
Alcohol use**		

* Ever ** Past 30 Days

KEY FINDINGS

FOR MORE INFORMATION ON THE NM YRRS AND TO ACCESS OTHER NM YRRS REPORTS AND FACT SHEETS VISIT WWW.YOUTHRISK.ORG OR WWW.AASTEC.NET

The New Mexico Youth Risk and Resiliency Survey (NM YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

